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MARQUETTE

# Sacred Heart Church

110 W. Jewell St., P.O. Box 99  
Munising, Michigan

## St. Therese Mission

AuTrain, Michigan

### SACRED HEART PARISH

Rev. Michael Ocran..... Pastor  
Cindy Ryan..... Secretary/Bookkeeper  
Barbara Hermann  
..... Faith Formation Coordinator  
Dan Theoret..... Maintenance

### PARISH TELEPHONES

Rectory..... 387-4900  
Religious Ed./LaMothe Hall..... 387-4901  
St. Vincent de Paul..... 387-3496/4470  
Care Clinic/Pregnancy Resource Center  
..... 906-228-2273  
Prayer Line..... 387-3225/202-1086

### Parish Office Hours

Monday-Friday..... 9:00 am - 4:00 pm  
Closed Weekends

E-Mail Fr. Mike  
kwekuocran@gmail.com  
E-Mail Deacon Tom  
twmoseley56@gmail.com  
E-Mail Cindy Ryan  
bullofc@shofjmunising.com  
E-Mail Barbara Hermann  
bhermann@shofjmunising.com

Website: [www.sacredheartmunising.org](http://www.sacredheartmunising.org)

### WEEKEND MASSES

SATURDAY..... 4:00 pm  
SUNDAY..... 10:00 am

### CONFESSIONS

FRIDAY..... 11:00 am-NOON  
SATURDAY..... 2:30 pm - 3:30 pm

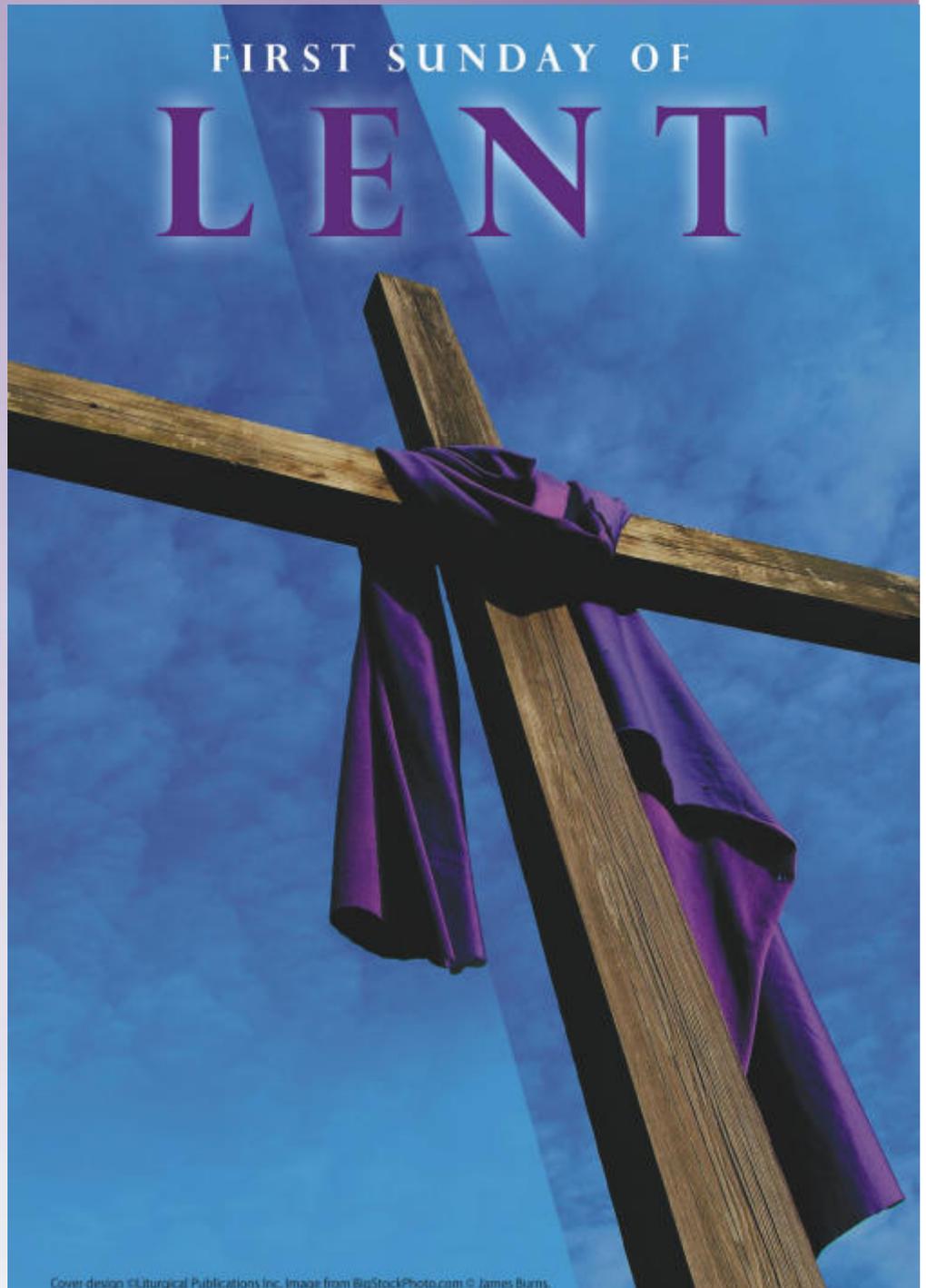
### ADORATION

TUESDAY..... 9:00 am - 6:00 pm

### ST. THERESE CATHOLIC MISSION

Rev. Michael Ocran..... Pastor  
Michelle Coleman..... Faith Formation

Parish Telephone..... (906) 387-4900  
Weekend Mass..... Sunday 12:00 Noon  
Confessions..... Sunday following Mass



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FEBRUARY 21, 2021 • FIRST SUNDAY OF LENT

# Liturgies for the Week



## FEBRUARY 21 - FEBRUARY 28

### 1st Sunday of Lent

Sun 10:00 am Colleen Rodman - Janet Lezotte & Doris Bateson  
*The Chair of St. Peter the Apostle*

Mon 12:10 pm Jerry Kinnunen - Marilyn Cook  
 Tue 12:10 pm Henry "Zank" Negilski - Randy & Tari Johnson  
 Wed 12:10 pm Dolly Revord - Trina and John Carr  
 Thu 12:10 pm NO Mass  
 Fri 12:10 pm Barry Johnson - Norm and Linda Balko

### 2nd Sunday of Lent

Sat 4:00 pm Eleanore Arrieri - Mark and Maryann Arrieri  
 Sun 10:00 am Lorraine Vertz - Janet Lezotte

## This Week's Calendar

### SACRED HEART PARISH

February 22 - February 28

Mon	Pray the Rosary	Church	11:30 am
Tue	Pray the Rosary	Church	11:30 am
	Adoration	Church	9 am - Noon 1:00 pm - 6:pm
	Benediction	Church	6 pm
Wed	Pray the Rosary	Church	11:30 am
Fri	Confessions	LaMothe Hall	11 am - Noon
	Pray the Rosary	Church	11:30 am
	Stations of the Cross	Church	6:00 pm
Sat	Confessions	LaMothe Hall	2:30 - 3:30 pm
	Pray the Rosary	Church	3:30 pm
Sun	Pray the Rosary	Church	9:30 am



### SACRED HEART

Fridays at 6:00 p.m.  
 Benediction following

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1st SUNDAY OF LENT



SACRED HEART 4:00 O'Clock	SACRED HEART 10:00 O'Clock
<b>Ushers</b> Romaldo Nevarez Mike Dugas John Carr Bob Beauchine	<b>Ushers</b> Sonny Vardon Wayne Dausey David Martin
<b>Communion Ministers</b> Bunny Heyrman	<b>Communion Ministers</b> Greg Beatty
<b>Lector</b> Mark Arrieri	<b>Lector</b> Barb Hermann
<b>Altar Servers</b> Mary Korpela	<b>Altar Servers</b> Cindy Moseley

## FAST AND ABSTINENCE DURING LENT

1. Ash Wednesday and Good Friday are days of fast and abstinence. Abstinence is also to be observed on the Fridays of Lent.
2. Fasting is required of all the faithful in good health from the age of 18 to the beginning of their 60th year. Abstinence binds everyone over the age of 14.
3. Fasting usually is interpreted to mean one full meal and, if necessary, two other small meals. One should not eat between meals, but milk, fruit juices, and other liquids are permitted.
4. Abstinence means no meat should be eaten during the entire day.
5. Anyone unable to observe the fast or abstinence obligations because of health or other serious reasons should substitute another penance.



## Stewardship

Stewardship is what we do after we say "WE BELIEVE!"

<b>Our monetary response last week</b> .....	<b>\$4,874.45</b>
Adults.....	\$3,669.65
Visitors.....	\$612.45
Fuel.....	\$260.00
Parish Improvement.....	\$115.00
Votive.....	\$64.35
Initial Offering.....	\$3.00
Diocesan Catholic Schools.....	\$100
Mission Collection.....	\$50.00
<b>St. Theresa's - AuTrain</b> .....	<b>\$175.00</b>
Adults.....	\$145.00
Fuel.....	\$10.00
Catholic Schools.....	\$20.00

# Happenings In Our Parish



*After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."*—Mk 1:14-15

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**Temptation**". A temptation is anything that inclines a person to commit sin, that's what makes temptation so dangerous, it can lead to alienation from God. Some temptations arise from within ourselves, (Jam 1:14f), from our passions and emotions, while we experience other

temptations from the world. Persons, places and things can be occasions of sin to us, as they were to Jesus in today's Gospel. Temptations and struggles are part of life, even Jesus faced them. We should not expect a carefree life just because we have faith in Jesus but because of our faith God will be there for us at our most difficult times if only we ask. Remember, "God is faithful and will not let you be tried beyond your strength; but with the trial he will also provide a way out, so that you may be able to bear it" (1 Cor 10:12)

## WORDS OF WISDOM FROM BISHOP FREDERIC BARAGA

The greater the trouble in a good work, the greater the merit before God. If the work frightens you, think of the reward.

—Bishop Frederic Baraga



## LIVE THE LITURGY

### *Inspiration for the week*

Throughout history God has given His people signs. Our season of Lent offers us God's sign that it is time to stop the ordinary routines of our lives, create some desert space, and listen more attentively for God to reveal His presence. We are asked to unplug from our attachments, compulsions, obsessions, addictions, routines, and busyness to clear the slate and take stock in who we have become. We are asked to remember the ancient sign of God's covenant with humanity in which He vowed to nurture, sustain, and protect the relationship He has with His people. Once we slow down a bit and clear away some of the clutter, we can see how the journey of our life is unfolding. We can see what brings us in and out of tune with God's love and how we can better imitate God's loving fidelity in our relationship with Him. Even though some good solid self-denial is the order of the day, greater happiness and wholeness will be the fruit of our labors. Pleasant journey through the desert!

## En Theos

At times, temptation seems so powerful that is almost impossible to resist. How can I be stronger in my resolve to avoid sin and temptation?

Temptation is powerful because it appeals to our human weakness and our desire for power, wealth, control, or personal satisfaction. Evil disguises itself as something good and we are enticed to make a choice. Our will is weakened each time we give in to something for selfish reasons, especially things we do not wish to choose. It is not something we can totally avoid, because temptation is not something we create or sometimes recognize, but rather it comes from evil. But it would be a mistake to think of temptation only in terms of things that are really sinful. Temptation gains its strength by wearing down our will to choose good. If we fail in the small choices, we are all the more likely to fail in the bigger ones.

Herein lies the wisdom of the church in encouraging us to make small sacrifices and to do Lenten penance. In these practices of self-denial, we strengthen our will to choose, our ability to recognize good, and our desire to avoid evil. The balance of power shifts from evil to good, from temptation to resistance. We then overcome evil in the small struggles of daily life and are more attuned to the prompting our conscience to choose good.

## All Invited to Virtual Parish Mission March 7-8

All parishioners across the U.P. are invited to join the members of St. Michael Parish, Marquette for a free virtual parish mission. Dominick Albano, Catholic author, speaker and consultant, will present "Choosing Hope: A Lenten Parish Mission mon Making Godly Choices" Sunday and Monday, March 7th and 8th, at 6:30 p.m. The live-streaming link, "St. Michael Parish Mission," will be posted at: [StMichaelMqt.com](http://StMichaelMqt.com) and [Facebook.com/StMikesMqt](https://www.facebook.com/StMikesMqt). Those without internet access are invited to view the live-stream at St. Michael's parish center by calling (906) 228-8180 before March 5th to reserve your space at the parish, which is located at 401 W. Kaye Ave. in Marquette. Masks must be worn.

## Suggested Daily Lenten Penance

**Sunday** - Spend ten minutes reading the Bible.

**Monday** - Do something concrete to help the poor.

**Tuesday** - Spend ten minutes slowly meditating on the Our Father.

**Wednesday** - Sacrifice some ordinary comfort or convenience today.

**Thursday** - Pray with special insistence for the most pressing petitions in your life.

**Friday** - Make a gesture of reconciliation with someone from whom you are alienated.

**Saturday** - Do something kind for someone who does not like you.

# Readings



## FOR THE WEEK OF FEBRUARY 21, 2021

- Sunday: Gn 9:8-15; Ps 25:4-5, 6-7, 8-9  
[cf. 10]; 1 Pt 3:18-22; Mk 1:12-15
- Monday: 1 Pt 5:1-4; Ps 23:1-3a, 4, 5, 6 [1];  
Mt 16:13-19
- Tuesday: Is 55:10-11; Ps 34:4-5, 6-7, 16-17,  
18-19 [18b]; Mt 6:7-15
- Wednesday: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19  
[19b]; Lk 11:29-32
- Thursday: Est C:12, 14-16, 23-25; Ps 138:1-2ab,  
2cde-3, 7c-8 [3a]; Mt 7:7-12
- Friday: Ez 18:21-28; Ps 130:1-2, 3-4, 5-7a,  
7bc-8 [3]; Mt 5:20-26
- Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8 [1b];  
Mt 5:43-48
- Next Sunday: Gn 22:1-2, 9a, 10-13, 15-18;  
Ps 116:10, 15, 16-17, 18-19 [9];  
Rom 8:31b-34; Mk 9:2-10

## SPIRIT LIFTERS

**February 21** - The Church teaches us that mercy belongs to God. Let us implore him to bestow on us the spirit of mercy and compassion, so that we are filled with it and may never lose it....Extend mercy toward others, so that there is no one in need whom we meet without helping. For what hope is there for us if God should withdraw mercy from us? —**St. Vincent de Paul**

**February 22** - Live in such a way that all may know that you bear outwardly as well as inwardly the image of Christ crucified, the model of all gentleness and mercy.

—**St. Paul of the Cross**

**February 23** - The person failing to comprehend God's grace is blind. After receiving a pearl, he throws it away as a common pebble, thereby freely depriving himself of its possession by his ignorance of the beautiful. —**St. Gregory of Nyssa**

**February 24** - God, the Creator of all things, is so full of mercy and compassion that whatever may be the grace for which we stretch out our hands, we shall not fail to receive it.

—**St. Bernard of Clairvaux**

**February 25** - Only by the means of grace can nature be liberated from its imperfections, restored to its purity, and made free to receive divine life. And this divine life itself is the inner driving power from which acts of love come forth.

—**St. Teresa Benedicta of the Cross**

**February 26** - It is obvious that mercy destroys stains more effectively than well water, because well water only cleanses the skin of the body, while the bounty of mercy purifies the interior regions of the soul.

—**St. Maximus of Turin**

**February 27** - God will not deny his mercy to anyone. Heaven and earth may change, but God's mercy will never be exhausted.

—**St. Faustina Kowalska**



# Cycles of Faith



## 1st Sunday of Lent

St. Oscar Romero said, "Aspire not to have more, but to be more." These powerful words provide the perfect framework for a conversion oriented Lenten experience. God is giving us this Lenten sign to stop being concerned about what you have and focus on who you are. This requires that we create a desert space and listen more attentively for God to reveal His presence. It is all so wonderfully simple on the one hand and so incredibly challenging on the other. The message is simple: love God, neighbor, and self. Those simple words make great sense, but we struggle translating them into reality. Our attachments, compulsions, obsessions, addictions, routines, and busyness all anchor us to the "idol of the self," keeping us mired in our compulsive need for self-aggrandizement. It's not about us!

God vowed, long ago, to nurture, sustain and protect the relationship He has with His people. He called us into being, nurtures us in being, and sustains us in being. Without the Loving Divine Presence, all life would cease. Once we slow down a bit and clear away some of the clutter, we can see how the journey of our life is unfolding. We can see what brings us in and out of tune with God's love and how we can better imitate God's loving fidelity in our relationship with Him. In short, we will see our myopic short sightedness and figure out how we can better share the Divine Fire within with others. Lent isn't just about giving stuff up for forty days and indulging again at Easter. We need to push things much farther and wrestle with the question of how we can be more. "Being more" means becoming more fully alive and in touch with the holiness of life and the divinity that lives in and empowers all beings and things. It is realizing that the "quality" of our presence is crucial to being an effective witness and herald of God's unconditional love.

The illusion we have bought into causes us to believe that the wrong things and systems matter. We tirelessly fight to keep things the way they are, to return to the former ways of doing things or restore some nostalgic fantasy memory of "life in the good old days." Lent isn't about maintaining what we have or returning to something that is gone. It's about becoming something new. It's about being more focused, centered, convicted, and grounded so that we can be a person who truly loves and treasures being made in the image of God. The secret to Gospel living is not found in accumulating anything for ourselves, even merit points for heaven. Gospel living means learning how to live with less so that others can live with more. The thought of permanently giving something up makes us feel uncomfortable. Truth often does.

## Sacraments

### SACRED HEART/ST. THERESE

#### **Baptism**

Please call Father Mike to schedule Baptisms. Parents are required to attend a pre-baptism meeting.

#### **Marriage**

Initial pastoral assessment is required before the wedding date is set. Minimum pre-nuptial period is six months throughout Michigan.

#### **Funerals**

The Mass of the Resurrection is the preferred Catholic liturgical celebration. Please contact your funeral director to make arrangements.

#### **Nursing Homes**

Holy Mass is celebrated at the MediLodge facility on the 2nd Tuesday of the month at 2:30 p.m. Fr. Mike or Communion Minister will bring Holy Communion upon request of the family.



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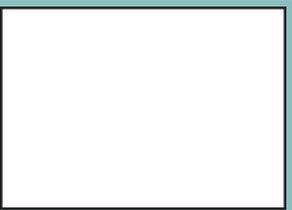
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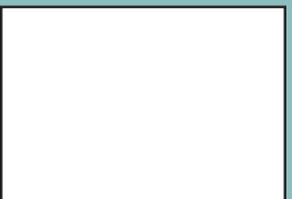
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