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Rev. Michael Ocran ..... Pastor  
Cindy Ryan ..... Secretary/Bookkeeper  
Barbara Hermann ..... Faith Formation Coordinator  
Dan Theoret ..... Maintenance

PARISH TELEPHONES

Rectory ..... 387-4900  
Religious Ed./LaMothe Hall ..... 387-4901  
St. Vincent de Paul ..... 387-3496/4470  
Care Clinic/Pregnancy Resource Center ..... 906-228-2273  
Prayer Line ..... 387-3225/202-1086

Parish Office Hours

Monday-Friday ..... 9:00 am - 4:00 pm  
Closed Weekends

E-Mail Fr. Mike  
kwekuocran@gmail.com  
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bullofc@shofjmunising.com  
E-Mail Barbara Hermann  
bhermann@shofjmunising.com

Website: [www.sacredheartmunising.org](http://www.sacredheartmunising.org)

WEEKEND MASSES

SATURDAY ..... 4:00 pm  
SUNDAY ..... 10:00 am

CONFESIONS

FRIDAY ..... 11:00 am-NOON  
SATURDAY ..... 2:30 pm - 3:30 pm

ADORATION

TUESDAY ..... 9:00 am - 6:00 pm

ST. THERESE CATHOLIC MISSION

Rev. Michael Ocran ..... Pastor  
Michelle Coleman ..... Faith Formation  
Parish Telephone ..... (906) 387-4900  
Weekend Mass ..... Sunday 12:00 Noon  
Confessions ..... Sunday following Mass

Sacred Heart Church  
110 W. Jewell St., P.O. Box 99  
Munising, Michigan

St. Therese Mission  
AuTrain, Michigan



2<sup>ND</sup> SUNDAY OF LENT



Then a cloud came, casting a shadow over them; from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them.

- Mk 9:7-8

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCO.

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# Liturgies for the Week



**FEBRUARY 28 - MARCH 7**

**2nd Sunday of Lent**

Sun	10:00 am	Lorraine Vertz - Janet Lezotte
Mon	12:10 pm	John "Yosh" & Charlotte Wapienik - Jack and Nancy Barnes
Tue	12:10 pm	Henry "Zank" Negilski - Doug & Amorette Miron
Wed	12:10 pm	The Poor Souls in Purgatory
Thu	12:10 pm	NO Mass
Fri	12:10 pm	Clare Prunick - Toni Cowell

**First Saturday**

Sat	8:00 am	Mike Gollinger - Toni Cowell
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**2nd Sunday of Lent**

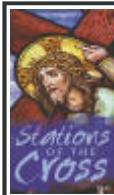
Sat	4:00 pm	Henry "Zank" Negilski - John & Trina Carr
Sun	10:00 am	Mel Montie - Julie Montie

## This Week's Calendar

### SACRED HEART PARISH

March 1 - March 7

Mon	Pray the Rosary	Church	11:30 am
Tue	Pray the Rosary	Church	11:30 am
	Adoration	Church	9 am - Noon
			1:00 pm - 6:pm
Wed	Benediction	Church	6 pm
Fri	Pray the Rosary	Church	11:30 am
	Confessions	LaMothe Hall	11 am - Noon
	Pray the Rosary	Church	11:30 am
	Stations of the Cross	Church	6:00 pm
Sat	Confessions	LaMothe Hall	2:30 - 3:30 pm
	Pray the Rosary	Church	3:30 pm
Sun	Pray the Rosary	Church	9:30 am



### SACRED HEART

Fridays at 6:00 p.m.  
Benediction following

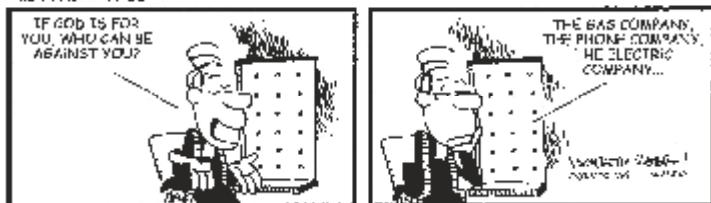
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2nd SUNDAY OF LENT



### SACRED HEART 4:00 O'Clock

**Ushers**

Bob Beauchine  
Don Pawelski  
John Carr  
Romaldo Nevarez

### SACRED HEART 10:00 O'Clock

**Ushers**

David Martin  
Wayne Dausey  
Paul Nayback

### Communion Ministers

Dianna Pray

### Communion Ministers

Heather Nayback

**Lector**

Maryann Arrieri

**Lector**

Gary Vieth

**Altar Servers**

Trina Carr

**Altar Servers**

Mike Beauchine

The Elements of Worship for this week  
are being donated in memory of  
**HENRY "ZANK" NEGILSKI**  
by Therese Palomaki.

## FAST AND ABSTINENCE DURING LENT

1. Ash Wednesday and Good Friday are days of fast and abstinence. Abstinence is also to be observed on the Fridays of Lent.
2. Fasting is required of all the faithful in good health from the age of 18 to the beginning of their 60th year. Abstinence binds everyone over the age of 14.
3. Fasting usually is interpreted to mean one full meal and, if necessary, two other small meals. One should not eat between meals, but milk, fruit juices, and other liquids are permitted.
4. Abstinence means no meat should be eaten during the entire day.
5. Anyone unable to observe the fast or abstinence obligations because of health or other serious reasons should substitute another penance.



## Stewardship

Stewardship is what we do after we say "WE BELIEVE!"

Our monetary response last week ..... \$3,131.25

Adults ..... \$1,940.00

Visitors ..... \$98.00

Fuel ..... \$370.00

Votive ..... \$68.25

Diocesan Catholic Schools ..... \$655.00

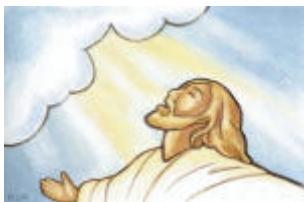
St. Theresa's - AuTrain ..... \$140.00

Adults ..... \$105.00

Fuel ..... \$25.00

Catholic Schools ..... \$10.00

# Happenings In Our Parish



*Then a cloud came, casting a shadow over them; then from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them.*

—Mk 9:7-8

\* \* \* \* \*

## 2ND SUNDAY of LENT

"Prayer". The Feast of the Transfiguration of the Lord gives us a radiant image of the transfigured Jesus. It is no small coincidence that this event occurs when Peter, John and James follow Jesus to a mountaintop to pray. While He is in deep prayer, Jesus is revealed as God's Son, His "chosen one". Luke tells us that while Jesus was praying "his face changed appearance and his clothes became dazzling white" (v29). Prayer transforms. On this feast we are reminded of the power of prayer. In his Summa St. Thomas Aquinas teaches that prayer merits graces from God and brings a certain spiritual refreshment of the mind (82,2). The more we gaze on the face of Christ in prayer, the more we are transfigured by his presence. Today, let us renew our resolve to persevere in prayer so that we may be transformed into God's radiant image and likeness each day.

## WORDS OF WISDOM FROM BISHOP FREDERIC BARAGA

Preached in French on sudden death, in the afternoon again in French on the Passion of Our Lord Jesus Christ. How nice and true these verses: With peaceful mind thy race of duty run; God nothing does or suffers to be done, but what thou wouldest thyself, if thou couldst see through all events of things as well as He. —Frederic Baraga, March 1, 1857

## LIVE THE LITURGY

### Inspiration for the week

How is your Lent going so far? In changing the circumstances and order of our lives a bit, perhaps we can hear God's voice more clearly and drink more deeply of graced moments we experience. Having God as a friend always involves several things. First, there is God's call. We become attuned to the echo of God's voice in the depth of our souls calling and beckoning us to listen. Second, there is a request. We begin to see that God asks us to do certain things, to order our lives a particular way, and become more intentional in the choices we make. Third, there is trust. Do we trust this call and request? Trust commits us to the relationship and makes a claim on who we are. Finally, we are asked to act. We find ourselves acting, not in the way we used to, but in a transformed, more enlightened way. Things seem clearer and all that is around us shines with the brilliance of God's presence. God's call came through a cloud. "This is my beloved Son. Listen to him," This is the call and the request. Can we give God our trust and do as God asks?

## En Theos

Why do we use incense at Mass?

The use of incense in religious ceremonies and worship is a practice that predates Christianity, and which is also found in many other religious traditions today.

Incense, which is made from resin infused with aromatic spices and oils, is one of those fundamentally human symbols that incorporates more than one of our senses, helping us to reflect on realities that transcend the everyday details of our lives.

The use of incense in the Church's liturgy — in the Mass, as well as in devotions to the Eucharist and the Liturgy of the Hours — is inspired by the use of incense in the Jewish tradition. In the writings of the Old Testament, we hear about incense being used in the worship of the temple, and Psalm 141 asks, "Let my prayer be incense before you; my uplifted hands an evening offering" (vs. 2). The image here is that, as the incense gently rises to heaven, our prayers also rise to God as something sweet and pleasant.

Another ancient use of incense that has also become part of our Catholic tradition is the idea that when we incense something, it's because it is something special or sacred. This is why the Book of the Gospel is incensed during the Liturgy of the Word and the bread, wine, priest celebrant, and congregation are incensed at the presentation of the gifts. To this, we can also add the incensing of the Blessed Sacrament during eucharistic adoration and benediction, and the body of the deceased at the end of the Mass of the Resurrection (the Funeral Mass).

## All Invited to Virtual Parish Mission March 7-8

All parishioners across the U.P. are invited to join the members of St. Michael Parish, Marquette for a free virtual parish mission. Dominick Albano, Catholic author, speaker and consultant, will present "Choosing Hope: A Lenten Parish Mission on Making Godly Choices" Sunday and Monday, March 7th and 8th, at 6:30 p.m. The live-streaming link, "St. Michael Parish Mission," will be posted at: [StMichaelMqt.com](http://StMichaelMqt.com) and [Facebook.com/StMikesMqt](https://Facebook.com/StMikesMqt). Those without internet access are invited to view the live-stream at St. Michael's parish center by calling (906) 228-8180 before March 5th to reserve your space at the parish, which is located at 401 W. Kaye Ave. in Marquette. Masks must be worn.

## Suggested Daily Lenten Penance

**Sunday:** Listen to someone you would otherwise pass by.

**Monday:** Do some extraordinary kindness to someone who would never expect it.

**Tuesday:** Pray and offer some sacrifice for the pope.

**Wednesday:** Serve someone today with love.

**Thursday:** Do something charitable for the homeless.

**Friday:** Spend ten minutes praying before the Blessed Sacrament.

**Saturday:** Volunteer in a shelter, a soup kitchen, or a tutorial center.

—The Magnificat Lenten Companion

# Readings



## FOR THE WEEK OF FEBRUARY 28, 2021

- Sunday: Gn 22:1-2, 9a, 10-13, 15-18;  
Ps 116:10, 15, 16-17, 18-19 [9];  
Rom 8:31b-34; Mk 9:2-10
- Monday: Dn 9:4b-10; Ps 79:8, 9 11 and 13  
[cf. 103:10a]; Lk 6:36-38
- Tuesday: Is 1:10, 16-20; Ps 50:8-9, 16bc-17, 21  
and 23 [23b]; Mt 23:1-12
- Wednesday: Jer 18:18-20; Ps 31:5-6, 14, 15-16  
[17b]; Mt 20:17-28
- Thursday: Jer 17:5-10; Ps 1:1-2, 3, 4 and 6  
[40:5a]; Lk 16:19-31
- Friday: Gn 37:3-4, 12-13a, 17b-28a;  
Ps 105:16-17, 18-19, 20-21 [5a];  
Mt 21:33-43, 45-46
- Saturday: Mi 7:14-15, 18-20; Ps 103:1-2, 3-4,  
9-10, 11-12 [8a]; Lk 15:1-3, 11-32
- Next Sunday: Ex 20:1-17 or 20:1-3, 7-8, 12-17;  
Ps 19:8, 9, 10, 11 [Jn 6:68c]; 1 Cor 1:22-  
25; Jn 2:13-25 or Ex 17:3-7;  
Ps 95:1-2, 6-7, 8-9 [8]; Rom 5:1-2, 5-8; Jn  
4:5-42 or 4:5-15, 19b-26, 39a, 40-42

### SPIRIT LIFTERS



**February 28** - There is no more excellent way to obtain graces from God than to seek them through Mary, because her divine Son cannot refuse her anything. —**St. Philip Neri**

**February 29** - Man, blinded and bowed, sits in darkness and cannot see the light of heaven unless grace with righteousness comes to his aid. —**St. Bonaventure**

**March 1** - How precious the gift of the cross, how splendid to contemplate! In the cross there is no mingling of good and evil, as in the tree of paradise: It is wholly beautiful to behold and good to taste. The fruit of this tree is not death, not darkness, but light. This tree does not cast us out of paradise but opens the way for our return. —**St. Theodore the Studite**

**March 2** - As through a tree we were made debtors to God, so through a tree we receive the cancellation of our debt. —**St. Irenaeus**

**March 3** - Under the influence of fear, we bear the cross of Christ with patience. Under the more inspiring influence of hope, we carry the cross with a firm and valiant heart. But under the consuming power of love, we embrace the cross with ardor. —**St. Bernard of Clairvaux**

**March 4** - Through the cross we are united to him who was nailed to it, our heavenly spouse. Every instant of our lives must be accepted as a favor, with all that brings of happiness and suffering. But we must accept the cross with more gratitude than anything else. Our crosses detach us from earth and therefore draw us closer to God. —**Venerable Charles de Foucauld**

**March 5** - The cross will not crush you; if its weight makes you stagger, its power will also sustain you. —**St. Padre Pio**

**March 6** - If you would understand that the cross is Christ's triumph, hear what he himself also said: "When I am lifted up, then I will draw all men to myself." Now you can see that the cross is Christ's glory and triumph. —**St. Andrew of Crete**

# Cycles of Faith



## 2nd Sunday of Lent

A pregnant woman was walking in the store and met an old friend. Her friend exclaimed, "You are absolutely beaming!" The new life God placed in her womb radiated throughout her body. It was brightly visible on her face and in her eyes. Transformation and change usually happen from the inside out. It is very rare that simply imposing structure from the outside does any good. Yes, it is true that routines and habits can change when things are done differently. But, for this change to last there has to be an interior renewal and metamorphosis as well. Simply regulating behavior and bringing someone into conformity with accepted protocols doesn't mean their heart and soul come with them.

Peter was a homeless man who lived in a very remote and rudimentary tent community. He was happy to make his daily trip to McDonald's and always welcomed a gift card or two so that he could buy some coffee and something to eat. A generous advocate worked to secure him an apartment in hopes of moving Peter out of his makeshift housing and into something safer. Peter finally got the grand tour of his new "digs," received his own key, remarked how wonderful the place was, closed the door behind him when they left and never returned. He preferred his tent. No matter how much things changed on the outside, Peter was happy where he was. A poignant lesson was learned that day.

How is your Lent going? By now you ought to have a sense of whether you're really "into it" this year and something transformational is happening. For many, it's only the stuff on the outside that changes for a few weeks and then they return to business as usual. For others, there are some real inner changes happening that are deepening their relationships with God, others, self, and creation. If we are serious about moving to a new place and radiating with the presence of new life and joy, then we have to clear the way to listen for God's call. Then, there is God's request to change things up a bit and order our lives differently. After realizing we have been called and given a mission, we have to trust that this is where we need to be. And then, after all of this hard work we are asked to act. The fruit that is revealed will indicate whether our journey is authentic. The brilliance of conversion will begin to shine on our faces as we contemplate the One to whom we are asked to listen.

## Sacraments

### SACRED HEART/ST. THERESE

#### Baptism

Please call Father Mike to schedule Baptisms. Parents are required to attend a pre-baptism meeting.

#### Marriage

Initial pastoral assessment is required before the wedding date is set. Minimum prenuptial period is six months throughout Michigan.

#### Funerals

The Mass of the Resurrection is the preferred Catholic liturgical celebration. Please contact your funeral director to make arrangements.

#### Nursing Homes

Holy Mass is celebrated at the MediLodge facility on the 2nd Tuesday of the month at 2:30 p.m. Fr. Mike or Communion Minister will bring Holy Communion upon request of the family.



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