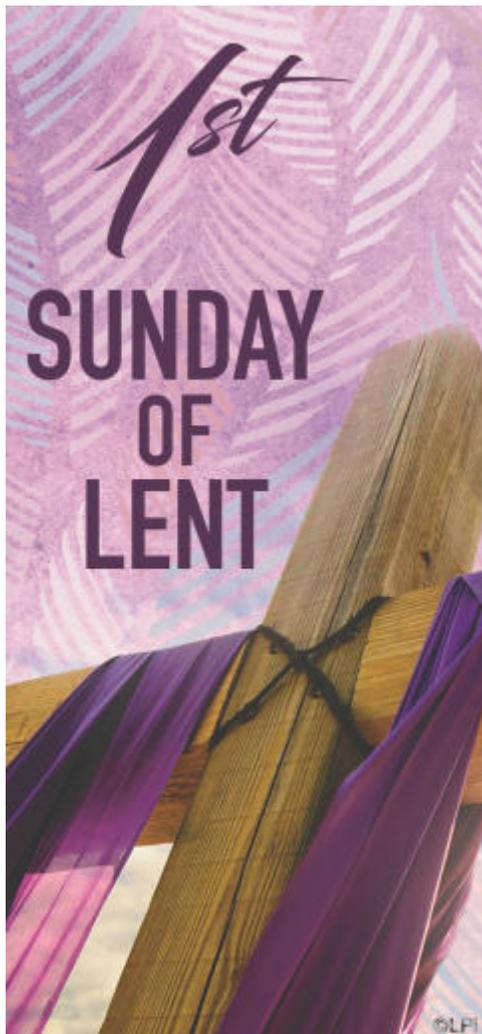


Cathedral of Raphael & St. Patrick Church

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February 20-21, 2021 | 1st Sunday of Lent | 1° domingo de la Cuaresma



Reflection Sometimes, particularly when there are many distractions, unconscious little habits can surface. I noticed a silly example for myself. I now hold my hand in an atypical (for me) way as I distribute communion. I hold the Eucharist between my thumb and forefinger, but my other three fingers are straight out. Not that it really matters, I just noticed it and it wasn't being done intentionally. Normally, I distribute the Eucharist with closed fingers. But with little extra added distractions: walking through the pews, stepping over kneelers, plotting my "path" of where people are sitting, and all the while mindful of respectfully carrying the Most Holy Eucharist, my grip takes on a different shape. Why? It took me a bit, but I figured it out: it is the shape my hand takes as I strum guitar with a pick.

There's a saying that some people can't walk and chew bubble gum at the same time. To some degree that is true for all of us. In our hubris, we fancy ourselves as great multitaskers, but it is a myth. It is why texting and driving is foolish, downright *sinful* imprudence! When there are too many distractions, our unconscious selves carry more of the load than we, by definition, realize.

Lent is a great time to be intentional. It is a time to be humble and reduce needless distractions. It is a time to make prayer a habit, something we turn to automatically, daily. It is a time to make almsgiving a habit, freely giving and sharing without great willpower. It is a time to make little sacrifices of good things (sweets, for example), so that we break the habit of taking good things for granted.

In doing these things, we become more human in the best sense. Made in the image and likeness of God, we are able to make decisions and give ourselves freely with love. We are not just reactionary animals! We are not preprogrammed machines! We open ourselves to conversion and greater holiness. The ancient theologian St. Irenaeus wrote "the glory of God is the living person", poetically translated as "the glory of God is man fully alive". May God bless your living with fullness, and may God bless your Lenten observances. *Fr. Greg*

MASS SCHEDULE

Cathedral of St. Raphael *Horario de Misa*

Mon-Fri 7:30 am
Sun 9:00 am & 5:30 pm

St. Patrick Church

Tue & Thu Noon
Sat 4:00 pm
Sun (*Mass in Spanish*) 11:00 am

OFFICE HOURS

Cathedral of St. Raphael *Horas de Oficina*

Mon-Thu 8:00 am–4:30 pm
Fri Closed

St. Patrick Church

Mon-Thu 9:00 am–12 Noon
12:30 pm–3:00 pm
Fri 9:00 am–Noon

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Stay Connected We encourage our parishioners to use the "Contact Us" feature on our website and to check our website or Facebook page often:

🌐 cathedralstpats.org

📘 StRaphaelStPatrick

📘 MinisterioHispanoDBQ

OUR MISSION "As a Eucharistic community, rich in diversity, united in our Catholic faith, we strive to live and proclaim the Gospel of Jesus Christ." **NUESTRA MISIÓN** "Como una comunidad Eucarística, ricos en diversidad, unidos en nuestra fe Católica, nos esforzamos por vivir y proclamar el Evangelio de Jesucristo."

FIRST SUNDAY OF LENT

February 21, 2021

**** Due to the high number of Covid cases, we continue to scale back on musical participation of the assembly with a priority of keeping all in our worship space safe. As the cantor only sings the texts of the liturgy, we ask you to follow along and pray them in your mind and heart. We look forward to the day when we can resume "full and active" assembly participation, the core and strength of our community worship!*

**** Please note, during the season of Lent, musical instrumentation is present only to support sung parts of the liturgy and during the reception of Holy Communion.*

Introit *Sung by Cantor Only*

Antiphon: *Show us, O Lord, your saving power.*

Introit Verse: When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

*Introit for the First Sunday of Lent, Kelly OSB
OCP Publications, copyright 2015*

Sign of the Cross|Greeting

Penitential Act A

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

striking breast: *through my fault, through my fault
through my most grievous fault;*

Therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Presider: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. All: Amen.

Presider or Deacon: Lord Have Mercy

All: Lord Have Mercy

Presider or Deacon: Christ Have Mercy

All: Christ Have Mercy

Presider or Deacon: Lord Have Mercy

All: Lord Have Mercy

Opening Prayer

LITURGY OF THE WORD

Reading Genesis 9:8-15

Psalm 25 *Sung by Cantor only*

Refrain: *Your ways O Lord, are love and truth, to those who keep your covenant.*

Verse 1: O Lord, make me know your ways. Teach me your paths. Guide me in your truth, and teach me; for you are the God of my salvation.

Verse 2: Remember your compassion, O Lord, and your merciful love, for they are from of old. In your merciful love remember me, because of your goodness, O Lord.

Verse 3: Good and upright is the Lord; he shows the way to sinners. He guides the humble in right judgment; to the humble he teaches his way.

*Lectionary for Mass, Duncan
GIA Publications, copyright 2011*

Reading 1 Peter 3:18-22

Gospel Acclamation *Sung by Cantor only*

Verse: One does not live on bread alone, but on every word that comes forth from the mouth of God.

Gospel Mark 1:12-15

Homily

QUESTION OF THE WEEK



Gospel Reading We hear about Jesus' temptation in the desert and his inaugural gospel message to those living in Galilee. Jesus saw repentance as necessary to believe his good news. As we begin the Lenten journey, what aspects of your life require repentance?

Pregunta de la Semana Evangelio Escuchamos sobre la tentación de Jesús en el desierto y su mensaje evangélico inaugural para los que viven en Galilea. Jesús vio el arrepentimiento como algo necesario para creer en su buena nueva. Al comenzar el viaje de Cuaresma, ¿qué aspectos de tu vida requieren arrepentimiento?

Next Week's Readings Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15, 16-17, 18-19; Rom 8:31b-34; Mk 9:2-10

Death Announcements St. Patrick Church and St. Raphael Cathedral communities extend prayerful sympathy to the families of Miguel Ramos (SP) and Julie Rubel (SR). May they rest in peace.

STEWARDSHIP

In Our Parishes A sincere thank you to all those parishioners from the Cathedral and St. Patrick who wrote/created Valentine greetings. A total of 446 Valentine greetings were sent out/given to our own parishioners who are homebound or are residents in senior facilities, to all the residents of Manor Care and Dubuque Initiative Care and to our neighbors who came to the Wednesday Night Meal at St. Patrick's. The Parish Life Committee also donated and provided 65 Valentine gift bags for the residents of Manor Care. Great job, everyone! You truly have a BIG heart!

Treasure Shared To Date

Cathedral	Week 33 of 20/21 FY	St. Patrick
\$295,337.14	Adult Envelopes	\$84,329.43
\$205.65	Children Envelopes	\$10.00
\$8,518.00	Offertory	\$5,807.00
\$2,180.00	Holy Days	\$2,508.00
\$11,895.00	Christmas	\$2,706.00
\$0.00	Easter	\$10.00
\$319,153.00	Budget (YTD)	\$107,055.00
\$318,135.79	Received (YTD)	\$95,370.43
\$1,017.21	Over/(Short)age	(\$11,684.57)

PASTOR'S UPDATE

Dear all, time passes so quickly. It is hard to believe that we have already begun the season of Lent. As we do, I'd like to begin by sharing a portion of the 2021 Lenten message from Pope Francis; "In our Lenten journey towards Easter, let us remember the One who "humbled himself and became obedient unto death, even death on a cross" (*Phil 2:8*). During this season of conversion, let us renew our *faith*, draw from the "living water" of *hope*, and receive with open hearts the *love* of God, who makes us brothers and sisters in Christ.

At the Easter vigil, we will renew our baptismal promises and experience rebirth as new men and women by the working of the Holy Spirit. This Lenten journey, like the entire pilgrimage of the Christian life, is even now illumined by the light of the resurrection, which inspires the thoughts, attitudes, and decisions of the followers of Christ.

Fasting, prayer and almsgiving, as preached by Jesus (cf. *Mt 6:1-18*), enable and express our conversion. The path of poverty and self-denial (*fasting*), concern and loving care for the poor (*almsgiving*), and childlike dialogue with the Father (*prayer*) make it possible for us to live lives of sincere faith, living hope and effective charity."

Reflecting upon his message, I suggest the following might be part of your Lenten journey. Pope Francis speaks of faith, hope, and love. This might be a time revisit the prayers of Acts of Faith, Hope, and love. You might consider praying them each day during Lent. Secondly this has been declared the year of St. Joseph. You might consider one of the prayers designated for this year found at <https://dbqarch.org/go-to-joseph>.

Additionally, you might identify one thing to carry out during the Lenten season in each of the areas of *Fasting, prayer, and almsgiving*.

Fasting could entail the fasting and abstinence promoted by the Church in this season. Prayer could be the examples I suggested above or something else but make a conscious choice to do something and do it.

Finally, in the area of almsgiving, deliberately reflect upon those who are in need and make a decision on what, when, where, and how, you will reach out to those in need.

May this Lenten season be a time of renewed faith, hope, and love for you!

God bless,
Fr. Tom

PARISH NEWS



Easter Flowers The Cathedral is now accepting flower donations for the entire Easter season. Please help keep our sanctuary beautiful for the great 50 days! Flower donation envelopes and a sign-up sheet can be found in the Cathedral Center. You are welcome to send donations directly to the rectory or place them in the collection basket on Sunday. Thank you for your generosity!

Catholic Charities Offers Many Services to Families Did you know that Catholic Charities offers a diverse array of programs and services throughout the Archdiocese of Dubuque, including Mental Health Counseling, Affordable Housing, Immigration Legal Services, Jail & Prison Reentry Services, Post-Adoption Search, Disaster Services, and Crisis Pregnancy and Post Abortion Counseling? We ask you to consider supporting these services with your gift to the Catholic Charities Annual Appeal. Learn more at CatholicCharitiesDubuque.org/donate.

Are you a practicing Catholic adult who for some reason was not confirmed? A program for adults interested in receiving the Sacrament of Confirmation will begin on Tuesdays during Lent, beginning on **Tuesday, February 23, 2021**. Sessions will be held from 6:30-8:00 pm. If interested, please contact one of the parish priests.

RELIGIOUS EDUCATION

No Class will be held on Wednesday, Feb. 24 due to parent teacher conferences. Classes will resume on **Wednesday, March 03**.

First Eucharist We will be studying Chapter 3 of the workbooks this week.

Confirmation Our next meeting will be held on **Sunday, March 14** at 10:30 am in the Holy Ghost church basement.

Questions? Please email Cassie at dbq059ff@dbqarch.org.

FEBRUARY 22-28 CALENDAR

SR—St. Raphael • SP—St. Patrick • CC—Cathedral Center
Church doors open 30 minutes before Mass.
Weekly Mass Intentions Are Highlighted

Monday, February 22

7:30 am Luke & Rachael Hamilton • SR

6:00 pm St. Vincent de Paul Meeting • CC

Tuesday, February 23

7:30 am Bob Varley • SR

Noon Joe & Helen O'Mara • SP

Wednesday, February 24

7:30 am Gilbert & Katherine Klein • SR

9:00 am Life Screening • CC

6:30 pm **No Religious Education Classes**

Thursday, February 25

7:30 am Paul F. Holz • SR

Noon For the People • SP

Friday, February 26

7:30 am Ray Elliot • SR

Saturday, February 27

4:00 pm Helen & Eldon Streif • SP

Sunday, February 28

9:00 am Richard & Rosella Hill • SR

11:00 am For the People • SP

5:30 pm For the People • SR

UPCOMING EVENT

Life Line Screening, the nation's leading provider of preventive health screenings, will offer affordable, non-invasive and painless health screenings at the Cathedral on **Wednesday, February 24**. A package of five screenings to identify risk for stroke, heart disease and other chronic conditions will be offered. These 5 vital screenings are offered for only \$149 and take 60-90 minutes to complete. Register by calling toll free ☎ 1-888-653-6441 or text the word "circle" to 797979.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father, through him all things were made. For us men and for our salvation he came down from heaven,

All bow: and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Universal Prayer

***** During Covid times, we do not have an offertory collection. Please place sacrificial offerings and donations in the baskets found at each entrance.**

LITURGY OF THE EUCHARIST

Preface Prayer

Sanctus

Holy, holy, holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Memorial Acclamation

Great Amen

Lord's Prayer

Lamb of God

Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

***** Please remain seated in your pew for the distribution of communion. The ministers will come to you.**

Communion Antiphon *Sung by Cantor only*

Refrain: *For you, O Lord, are my refuge.*

Verse: One does not live on bread alone, but on every word that comes forth from the mouth of God.

*Communion Antiphon for the First Sunday of Lent, Kelly OSB
OCP Publications, copyright 2015*

Solemn Blessing|Dismissal

***** For Covid safety, please lower the kneeler in your pew so that cleaning ministers may identify pews to be sanitized after mass. Please also take your bulletin and all personal belongings with you as you exit.**

Recessional

Silence

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