

ST. CATHERINE CHURCH

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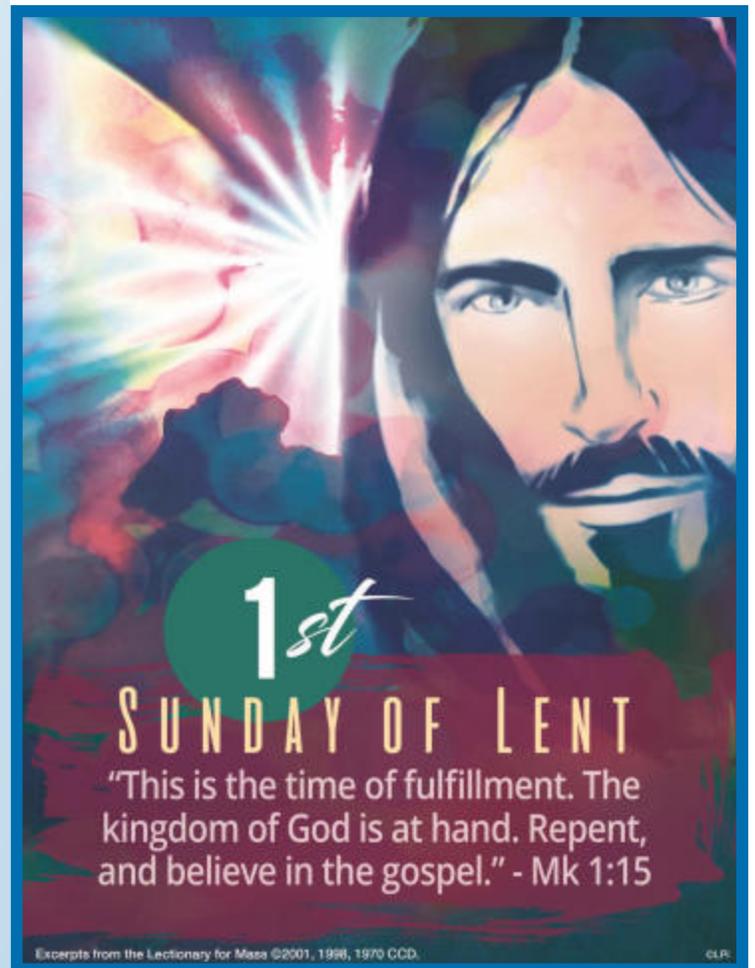
Be Connected with God

As we enter the First Sunday of Lent, we don't hear much about Jesus' temptation in the gospel of Mark—unlike the gospels of Matthew and Luke. The most important thing we ought to note is that although Jesus was tempted, he was able to overcome the temptations. Then the questions arise: Did Jesus need to be tempted? Is temptation bad? Temptations are not bad; they define who we are. Jesus was able to overcome them because he had constant connection with the Father through prayer. Lent is a time we are called to go deeper into that connection with God. I would like to share the Daily Examen of St. Ignatius of Loyola to help us to recognize the presence of God in our daily life.

- 1. Become aware of God's presence.** Look back on the events of the day in the company of the Holy Spirit. The day may seem confusing to you—a blur, a jumble, a muddle. Ask God to bring clarity and understanding.
- 2. Review the day with gratitude.** Gratitude is the foundation of our relationship with God. Walk through your day in the presence of God and note its joys and delights. Focus on the day's gifts. Look at the work you did, the people you interacted with. What did you receive from these people? What did you give them? Pay attention to small things—the food you ate, the sights you saw, and other seemingly small pleasures. God is in the details.
- 3. Pay attention to your emotions.** One of St. Ignatius' great insights was that we detect the presence of the Spirit of God in the movements of our emotions. Reflect on the feelings you experienced during the day. Boredom? Elation? Resentment? Compassion? Anger? Confidence? What is God saying through these feelings?
- 4. Choose one feature of the day and pray from it.** Ask the Holy Spirit to direct you to something during the day that God thinks is particularly important. It may involve a feeling—positive or negative. It may be a significant encounter with another person or a vivid moment of pleasure or peace. Or it may be something that seems rather insignificant. Look at it. Pray about it. Allow the prayer to arise spontaneously from your heart—whether intercession, praise, repentance or gratitude.
- 5. Look toward tomorrow.** Ask God to give you light for tomorrow's challenges. Pay attention to the feelings that surface as you survey what's coming up. Are you doubtful? Cheerful? Apprehensive? Full of delighted anticipation? Allow these feelings to turn into prayer. Seek God's guidance. Ask God for help and understanding. Pray for hope. If you are able to use this Daily Examen, then this Lent will be fruitful, and your connection with God will be stronger. Have a fruitful Lenten Season.
Fr. Peter Patrick

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We are a Christ-centered community, the vital and spiritual presence of the Catholic Church in Sherman Park and beyond. Living the Gospel, we welcome, learn, serve and celebrate.



Member of the Milwaukee Westside Catholic Parishes
with Saint Sebastian

First Sunday of Lent



February 21, 2021

Parish Office ... 445-5115 ... Fax 445-5198
9:00 am - 12:00 pm, Monday - Friday
secretary@saintcatherine.org - ppkimani@saintcatherine.org
cpoth@saintcatherine.org
St. Sebastian Office ... 453-1061

Parish Staff

Rev. Peter Patrick Kimani, *Pastor*
Ralph & Jane Kornburger, *Deacon Couple*
Jon Metz, *Adult & Young Adult Formation Minister*
Margaret Lee, *Youth Minister and Human Concerns*
Joe Sheehan, *Child Formation Minister*
Doug Scott, *Music Director*
Carole Poth, *Director of Administration and Operations*
Joann Perleberg, *Director of Finances*
Sister Pat Russell, *Parish Office Assistant*

Parish School 445-2846 Fax 445-0448
Jade Cottrell, *Principal* Office Open 7:30 am - 3:30 pm

Parish Trustees

Toni Wagner, *Secretary* - Mary Brooks, *Treasurer*

Pastoral Council

Brendan Holahan, Kathy Kent, Mary Krolikowski, Matt Melendes, James Napper, Jessica Quintanilla, Lissete Quintanilla, Kris Reck, Brenda Scharping, Becky Troy

The Week Ahead

Sunday, February 21	9:00 am Mass (Church)
Tuesday, February 23	8:30 am Mass (Church) 9:15 am Small Group, "The Search"
Thursday, February 25	6:30 pm Facing Racism - Mass Incarceration Mtg. (V)
Friday, February 26	8:30 am Mass (Church) 9:15 am Stations of the Cross
Saturday, February 27	9:00 am Food Pantry (FKCC)
Sunday, February 28	9:00 am Mass (Church)

Reconciliation During Lent Before Sunday Mass

The Sacrament of Reconciliation will be offered during Lent, 30 minutes prior to Sunday Mass when Fr. Peter Patrick is the celebrant. Please see the bulletin or the schedule online for the dates & times of Fr. Peter Patrick's Masses, starting Mar. 14

Lenten Mission: The Gift of Sunday

The Archdiocese is hosting Lenten Missions at 18 parishes on **March 3**, 7-8:30 pm. There will be a prayer service that will highlight the importance of Sunday Mass in living out our faith on a daily basis. Fr. Jim Volkert will be the presenter for the Mission to be held **at St. Sebastian**. We urge you to attend.

In Sympathy

We offer our sympathy to two archdiocesan priests, Frs. Jim & Dan Volkert, whose mother, Arlene Volkert, has passed away. May she rest in peace in the arms of her Savior and Lord.



Mass Intentions & Scripture Readings

Sunday, February 21 The First Sunday of Lent

9:00 am Living and Deceased Members of St. Catherine
Gn 9:8-15/Ps 25:4-5, 6-9 /1 Pt 3:18-22/Mk 1:12-15

Monday, February 22 The Chair of St. Peter the Apostle

8:30 am Mass at St. Sebastian
1 Pt 5:1-4/Ps 23:1-3a,4-6/Mt 16:13-19

Tuesday, February 23 St. Polycarp

8:30 am Intentions of Pope Francis
Is 55:10-11/Ps 34:4-5, 6-7, 16-19/Mt 6:7-15

Wednesday, February 24

Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32

Thursday, February 25

Est C:12, 14-16, 23-25/Ps 138:1-3, 7c-8/Mt 7:7-12

Friday, February 26

8:30 am † Bonnie Dougherty (Lieb Family)
Ez 18:21-28/Ps 130:1-4, 5-7a-8//Mt 5:20-26

Saturday, February 27

Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 /Mt 5:43-48

Sunday, February 28 The Second Sunday of Lent

9:00 am † Dave Wiesen (Annie Wiesen)
† Joey Badora & Maria Buhler (Julie Ristow)
Gn 22:1-2, 9a-18/Ps 116:10, 15-19/Rom 8:31b-34/Mk 9:2-10

Liturgical Ministers

Sunday, February 21 - Fr. Larry

Lector Brendan Holahan

Sunday, February 28 - Fr. Colman

Lector Tony Amoroso

Reflection on this Sunday's Readings

Covenants

On this First Sunday of Lent, it is good for us to be reminded of God's covenants. In its most basic understanding, covenant means agreement. Our understanding of Biblical covenant describes to us the agreement that God makes with us. God lays out this covenant over and over again. God makes this agreement in this week's reading with Noah, but God's covenant relationship is seen throughout scripture. God makes covenants with Adam and Eve, Noah, Abraham, Moses, David, and ultimately through Jesus. These agreements or relationships solidify our understanding that God will be our God and we will be God's people. This is an affirmation of the relationship between Creator and creation.

This covenant relationship provides us much comfort. This week's Gospel describes Jesus going into the desert where he is tempted. I believe it was this relationship with God the Father that gave Jesus strength during this time of temptation. Jesus endures this temptation ready to begin his public ministry. As we begin our Lenten journey this week, let us remember our covenant relationship with God. Let it bring us comfort and give us the strength to sustain us throughout this season.

- How have you prepared for your Lenten journey?
- What gives you strength when you feel tempted?
- How has God's covenant brought you comfort?

Jon Metz

Pray for Our Sick

Maryl Barrett, Michael Barton, Carol & Joe Brien, Tom Cavanaugh, Annie Coleman, Chuck Cooney, Ellie Cunningham, Barb Haig, Ernest Herre, James Krutina, Evelyn Martinez, Bev Narus, Diane Neicheril, Steve O'Connell, Andréa Olds, Tom Plakut, David Pleskatchek, Ron & Trudy Ranallo, Don Richards, Margaret Schmidt, Sr. Mary Ann Schmidt, Doug Scott, Carmel Stage, Bill Steger, Larry Teufel, Nancy & Eduardo V, Kathy Zambo

School News

Another of our eighth graders, Larissa Phipps, was accepted to join next year's freshman class at Messmer High School. We are happy to see our students getting the opportunity to continue their education in Catholic schools.

Senior Ministry

"Spiritual well-being is often defined as feeling connected to something greater than us. We develop spiritual wellness when we find meaning, purpose and connection in our lives. While it is important at every stage of development, many people find the later years to be the most fertile for spiritual growth. Many people engage in prayer and meditation. Others practice kindness and gratitude. Some people keep a journal or write poetry. Still others try to be more mindful about their connections to nature and other people. Everyone's path is unique, but we are helped and supported along the way by other people." *Robert Best*

Sustainability Tip

Shovels are inexpensive and a good way to remove snow without harmful effects on the environment, while brooms come in handy when removing smaller amounts of snow. Gasoline-powered snowblowers produce emissions that can be harmful to the air we breathe; use an electric- or battery-powered snowblower instead. While de-icing products such as rock salt will melt ice away, the chlorides in the rock salt can damage your environment and cause the paws of pets dry out and crack. Cat litter, sand or coffee grinds can be put around the wheels of a car stranded in snow to provide more traction. Read more at angieslist.com/articles/4-eco-friendly-snow-removal-tips.htm

St. Vincent de Paul ...

is sponsoring a **Lenten Food Drive**. We ask that you bring one food item for each day in Lent as a special sacrifice for Our Dear Lord who made the Ultimate Sacrifice for us. All the food will go to our Food Pantry. There will be a basket in the Gathering Area for your gifts of food. Please see the bulletin flyer for details.

Facing Racism

"You ultimately judge the civility of a society not by how it treats the rich, the powerful, the protected and the highly esteemed, but by how it treats the poor, the disfavored and the disadvantaged." *Bryan Stevenson*

Recovery Groups-All groups meet in the Community Ctr.

AA: Sunday 11:00 am AAA: Thursday 7:00 pm
Tuesday 7:00 pm
Friday 6:30 pm

Stations of the Cross - Friday Mornings

The Way of the Cross, Stations, is a prayer form that invites us to deeply reflect on the passion, crucifixion and death of Jesus. This Lent, we invite you to join us, in person or virtually, to walk the Way of the Cross. Stations will be offered in person at both Sts. Catherine and Sebastian Friday mornings of Lent in church at 9:15 a.m.



Join a Small Group Discussion of "The Search"

Lenten Small groups based on the Christmas gift book, "The Search," will begin the week after Ash Wednesday. You can join a group at any time, virtually or in person. We will be utilizing the Formed.org companion video series to aid in our discussions, so even if you weren't able to read the book, you will be comfortable participating. The groups will meet Tuesday mornings following 8:30 a.m. Mass. There's a virtual option Wednesday nights at 7 p.m. Please feel free to drop in or contact Jon Metz at jmetz@saintsebs.org for a virtual link.

Men's Retreat - March 5 - 7

The Redemptorist Retreat Center in Oconomowoc will welcome the men of the parish for a weekend of prayer and exploration of how you can be a person of hope even during days of worry. Enjoy a few days of rest in a beautiful setting with inspiring reflections *and* great food. Contact Ron Ranallo at 517-1826. Can't make that weekend? Retreats are available all year.

The Centennial Celebration

We plan to celebrate all the blessings and the entire history of our parish. We welcome stories and memories of the people of Blessed Trinity who became part of St. Catherine's history in 2011. Tell stories of some of the priests who have served at Blessed Trinity and St. Catherine; of parishioners who made a difference; of special events, current or past. Share pictures from the far past and the recent past. Send them to secretary@saintcatherine.org with the subject line, "Centennial."

Reflections of Faith

The theme is Formed/Reform. This theme was chosen because we believe that as we look at what we feel needs "reforming" in our lives, our society, our church, it is helpful to understand how we have been formed and are being formed every day.

Book Club ...

is reading "The Indigo Girl," by Suzanne Kamata, and will meet, virtually, on Friday, March 12, at 6 p.m.

Eucharistic Liturgies are celebrated on Sundays at 9:00 am. Weekday Mass is at 8:30 am in church, T & F; at St. Sebastian, 8:30 am, M.

For an **Infant's Baptism**, contact the parish office during the prenatal time to begin preparation.

Those discerning a call to **Marriage** should contact the parish office at least six months prior to the wedding date.

For **Non-Infant Baptisms, First Communion, First Reconciliation, Confirmation** and **Information about the Catholic Church**, call the parish office.

Confessions/Reconciliation -Schedule with Fr. Peter Patrick at 445-5115 for an appointment.



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