

Senior Scenario



January/February 2022

From your President, **HAPPY★NEW★YEAR**

Thank you for allowing me to serve as your President on the Board of Director's. Working with my fellow board members was enriching and entertaining. I know the new board members that are voted in will enjoy themselves as much as I did.

We have quite a few projects in the works but the materials that are needed are either on back order or sitting on a ship in the ocean.

Keep all those that are sick in your prayers. May the year ahead bring peace, good health and much happiness to you and yours. **Thank you and God Bless! Joe O'Leske-President**

IMPORTANT NOTICE

The Voting Meeting will be **Tuesday, January 18, 2022 at 1:00pm**. You will be voting for three (3) Board of Director members and one (1) Endowment Board member. Please mark this date on your calendar as your vote is very important.

Please see the office if you would like to be on the ballot for one of these positions.

The Annual Finance/Endowment Meeting will be on **Tuesday, February 15, 2022 at 1:00pm**.

Volume 30 - Issue 1

WHAT'S INSIDE

- 1.....*President*
- 2..... *Business Note*
- 3.....*From the Office*
- 4.....*Schedules*
- 5....*Activities/Newsletter Sponsors*
- 6..... *Newsletter Sponsors*
- 7.....*What's Cooking*
- 8.....*Endowment*
- 9..... *This Month*
- 10.....*Next Month*
- 11.....*Opportunities*
- 12.....*Let's Celebrate*
- 13.....*Please Remember*
- 14.....*Thank You*
- 15.....*Out & About*

Weather Closing Alert

If the Hartford Schools are closed, the Senior Center will be closed too! Listen to WTKM Radio or watch Channels 4, 6, 12 or 58 for closing information at the bottom of your TV screen.

WELCOME TO SENIOR FRIENDS, INC.

730 Highland Avenue
Hartford, WI 53027
(262) 673-4005

seniorfriendsinc@gmail.com
www.hartfordseniorcenter.com

Senior Friends is committed to fulfilling the needs of older adults regardless of race, color, creed, and disability within a 30 mile radius of Hartford through education/information, socialization, nutrition, recreation/entertainment, and wellness programs to improve the quality of life.

BOARD OF DIRECTORS

Joe O'Leske, President
John Wollersheim, 1st Vice President
Wayne Neu, 2nd Vice President
Lois Raddemann, Treasurer
Lynn Nettesheim, Secretary & Executive Director
Lorraine Boden
Dennis Carroll
Clyde Lewin
Gordon Dobbe
Stanley Mueller

FINANCE COMMITTEE

Lorraine Boden, Chairperson
Joe O'Leske, Board of Director's President
Lois Raddemann, Board of Director's Treasurer
Bill Bremer
Lynn Nettesheim, Executive Director

ENDOWMENT FUND COMMITTEE

Scott Lopas, President
Jim Bennett, Secretary/Vice President
Ken Schultz, Treasurer
Lorraine Boden, Finance Chairperson
Joe O'Leske, Board of Director's President
Lois Raddemann, Board of Director's Treasurer
Lynn Nettesheim, Executive Director
Lynn Nettesheim, Executive Director
Evie Fritche, Office Manager
Ken Schultz, Chaplain

"Senior Scenario" is the bi-monthly newsletter of Senior Friends, Inc.

Evie Fritche, Editor

A few notes from the Board.....

We have a lot of equipment issues that need work. Fixing and replacing. These are not things that can be put off.

Lunch prices will increase January 18th to \$7 on Tuesday and \$6 on Thursday. Rising prices have forced us to make a slight increase, along with beverage prices.

We have our annual voter's meeting coming up. We will elect new Board members and a new Endowment Board member. Please attend and cast your vote. We will have a special lunch that day, with a limited buffet, another step forward!

If all goes well, we are planning on having Bingo in February. Watch for more details.

The suggestion box is there for you to use, or talk with a Board member.

Voter's Meeting is January 18, 2022

Wish
List



Donations towards the purchase of:

- * Carpet in the Board Room
- * Equipment Donations
- * Flashlights (3) Heavy Duty and Bright

We appreciate all of your donations for the gift shop, however, please DO NOT leave things at the front door when we are not open. Please bring them to the office during normal business hours.



Thank you to those of you who have noticed the wish list and donated a few items. It is greatly appreciated!

A Note from Lynn....

Happy New Year! Well, we made it through another year of masks, shots, covid and isolation. We **ARE** moving forward. Steps are small, but we are going forward! Success! Now, a little New Year 's Housekeeping.....

As some of you may have noticed by the chilly temperatures in here, we are experiencing major equipment issues. We need to replace the main rooftop unit. And, with all the shipping issues lately, it may not be installed as soon as we hope. Dress warm please. We also are having major cooler/freezer issues. The outer casing of both units have aged and are leaking. We are looking at our replacement options.

Don't forget to shop the Gift Shop! It is open, well stocked, and remember, you haven't seen the items for 1 1/2 years as everything old is new again!

Check out the lunches section, page 7, for some lunch news.

BINGO....we are hoping to start in February. John needs to have some shoulder surgery in January, so, if all goes well, February it is! More details later in the month.

So yes, not all good news, but, lets focus on the fact it's a New Year and it is full of new possibilities! Let's get using our updated exercise room. Join the Writer's club or Book club, make a decision to sit with someone new at lunch. It's a new year and time to do new things!! Small steps forward is a good thing!

Success in small steps!

See you at lunch!

Lynn



From the office,

It's the New Year and many of us have already made our resolutions. Whether it's losing weight, reading more or spending more time outside, many of us have things in our lives we would like to change. This year I have made a resolution to be more healthy. I am trying to cut down on sodium, (using salt substitutes), cut down on carbs, (especially those 2-3 cookies that I just need to have before going to bed at night) and reducing my sugar intake by cutting out soda, desserts and most liquor (however, I still manage to have a shot of Red Stag now and then). Not everyone is perfect, but I am trying.

I keep hearing that exercise is good for you too. So, I will also try to walk more and fit in a class of Sit & Fit or Yoga a couple of times a week. Hey, I don't want to look like Arnold Schwarzenegger!!!

Here are some of the top fitness work outs that have trended over the years.

1. Yoga - relaxation, meditation & balance
2. Spinning - core & cardio
3. Kettlebell - butt, core, cardio
4. HIIT - intense & fast
5. Running - all over cheap cardio workout
6. Strength - adds muscle tone, burns more calories
7. Barre Fitness - ballet like dance moves that improve tone & balance
8. Walking - free & fun to do with a friend
9. Pilates - builds core and flexibility
10. Get off your butt - change the channel on the TV instead of using the remote.

I just made that one up!

Now I know what I need to do. Check back with me in a couple of months to see if I'm still alive. Happy New Year to you all !!!

Evie



WHAT'S HAPPENING

Jan. 10th	1:00pm	"Just Write" Writing Club
Jan. 17th	1:00pm	Book Club Discussion
Jan. 18th	10:30am	Outreach Librarian - center opens at 10:30am today
Jan. 18th	1:00pm	Annual Voter's Meeting
Jan. 20th	1:00pm	Board of Directors Monthly Meeting



Feb. 7th	1:00pm	"Just Write" Writing Club
Feb. 14th	1:00pm	Book Club Discussion
Feb. 15th	10:30am	Outreach Librarian - center opens at 10:30am today
Feb. 15th	1:00pm	Annual Financial Meeting
Feb. 17th	1:00pm	Board of Directors Monthly Meeting



Additional entertainment/speakers/events may be added throughout the month. Please watch the ticket sellers table for posters and listen to the announcements for details.

When this newsletter was written we were planning on opening fully. This can change at the Board of Director's discretion. Please watch the lobby for new information.

You may also be notified by mail of any important decisions regarding the center or any rules that will be required of attendees.

Thank you for your patience as restrictions change often and we are following them the best we can to remain open and keep our members, volunteers and staff safe.

MONTHLY ON-GOING SCHEDULE

FIRST MONDAY	1 p.m. Just Write Club. Writing, sharing, fun games - Write your memoirs!!
THIRD MONDAY	1 p.m. - Book Club - Discuss book selection made by the group from the previous month. Call/sign up in the office to receive a copy of the book and join the next discussion. Always the Monday before the Librarian visit. This is not always the 3 rd MONDAY. All members are welcome!
FIRST TUESDAY	9:30 a.m.- Noon - Benefit Specialist - Free service to help with benefit problems. Call Jen Fechter at 262-335-4497 to make an appointment.
THIRD TUESDAY	10:30 a.m. - 11:45 a.m.- Outreach Librarian - Free service. You can rent books, tapes & DVD's and return them the following month. Home delivery available.
FIRST WEDNESDAY (plus another Wednesday)	Community Blood Drive - Walk in or make an appointment by calling the Blood Center of Wisconsin at 877-232-4376. See calendar for times.
SECOND & FOURTH THURSDAY	BINGO will resume soon, watch for details!



**FEBRUARY OPEN DATE
TO BE DETERMINED**

**Progressive B-I-N-G-O -
(Pays BIG)**

Bingo is played at the **Senior Center** on the 2nd and 4th Thursdays of the month. Doors open at 4:30 p.m. The kitchen opens at 5:00 p.m. "Early Bird Bingo" starting at 6:30 p.m. The second session begins at 7:45p.m. Progressive Bingo starts at 9:00 p.m. Come early for a bite to eat and try your luck at a game or two of BINGO!



shutterstock · 268701821

**Senior Friends
Book Club**



The book we will be reading for January will be "*The Burgess Boys*" by Elizabeth Strout. The February book will be "*Little Fires Everywhere*" by Celeste Ng. We are meeting on the 3rd Monday at 1:00pm. See the office for a book.



Senior Friends Just Write Club

The writing club meets on the 1st Monday of the month at 1:00pm. Because we are closed on January 3rd we will meet on January 10th this month and February 7th. We practice different forms of short and long writing. No Pressure, No Judgement . Call the office for more information.

These business's sponsor our newsletter. Please patronize them if possible. Thank you.

**BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.**

Lpi is Hiring Ad Sales Executives

Full-Time with Benefits | Paid Training
Expense Reimbursement | Travel Required



Contact us at: careers@4lpi.com
www.4lpi.com/careers

INSTALLATION & SERVICE
REPAIR MOST BRANDS

673-3748 • cbheatwi.com
cbheatingandac@gmail.com



Rubicon, Wisconsin
CUSTOM HEATING
& AIR CONDITIONING



Turn to the experts

**ADT-Monitored
Home Security**

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



Authorized
Provider

SafeStreets

1-855-225-4251

SUPPORT OUR ADVERTISERS!





My Choice Wisconsin is a managed care organization that serves government-funded programs to seniors and adults with disabilities in over 50 Wisconsin counties.

Visit us today:
mychoicewi.org/LPI
1-800-963-0035

For more information on your long-term care options, contact your local ADRC.

DHS Approved 4/22/2021

P.L. Gehl Memorial Co.

Since 1915 Our Memorials Have Preserved Memories

Owners Lee & Brandon Schumacher

(800) 371-9110 • (262) 673-2460
 555 W. Sumner St.,
 (Highway 60 West), Hartford

SCHNORENBERG'S FLOOR COVERING, Inc.

Your Local Flooring & Window Treatment Center
 Carpet • Laminate • Area Rugs
 Vinyl • Wood • Bamboo • Wallcoverings
 Window Shades • Blinds
 Over 55 Years in Business
 15 Mill St., Hartford 673-4020
www.schnorenbergsfloor.com

Phillip Funeral Homes



Paradise Crematory LLC

119 Kettle Moraine Dr. S. 1420 W. Paradise Dr.
 Slinger, WI 53086 West Bend, WI 53095
262-644-5296 262-338-2050

www.phillipfuneralhome.com



1540 E. Sumner St.
 Hartford

WE DELIVER!

262-670-0555



SHIMON
 FUNERAL HOME

262-673-9500

MATT, MIKE & STEVE SHIMON
 KACEY MEYER-NIENSTEDT
 NOAH NIENSTEDT
 FUNERAL DIRECTORS

824 UNION STREET, HARTFORD, WI 53027
Independently Owned & Operated

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary • Flood Detection
- Fire Safety • Carbon Monoxide



SafeStreets

1-855-225-4251

PROTECTING SENIORS NATIONWIDE MEDICAL ALERT SYSTEM



\$29.95/MO

BILLED QUARTERLY

- No Long-Term Contract
- Price Guarantee
- Made and monitored in the USA

PLUS SPECIAL OFFER



CALL NOW! 1.877.801.5055
WWW.24-7MED.COM

SPREAD THE WORD

A Thriving, Vibrant Community Matters



SUPPORT OUR ADVERTISERS



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at

www.mycommunityonline.com



For ad info. call 1-800-950-9952 • www.lpicomunities.com

Senior Friends, Hartford, WI

A 4C 01-0836

Finally the day is here.

We are going to start a limited buffet. The CDC and health department still have Covid rules for us to follow, but we are going to move ahead in a safe manner. We are going to start having lunch with a limited buffet. Please be patient with us as we maneuver thru the next months.

Due to the increase in food and liquor costs we are raising our prices. Starting with the new year there will be a slight increase in liquor and soda bar prices and on January 18th, the first start of our buffet service, the cost of lunch will be \$7.00. When we start Thursday lunches they will be \$6.00.

We will be looking for more volunteers as we increase our food service. So, if you need to fulfill those New Year's resolutions, please stop in the office and see where we need help! Being a non-profit we rely on our volunteers to keep going.

And, as always, if you are feeling ill, please stay home. If you were ill the day before, it may not be a bad idea to stay home an extra day. We are hoping we won't have to shut down, but with the openness of our building, a case of covid closes us. So please, don't be offended if we see you coughing or looking ill, we will talk to you about it. These days, your health affects us all.

So, mark your calendars....lunch January 4th, January 11th, and then another step forward, January 18th, reopening celebration with our Annual Voter's Meeting!



Exercise & Wellness go hand-in-hand.
Here's your chance to get into shape.

On Tuesdays and Thursdays from 11:00 -11:30am you can rotate between two different exercise tapes.

If you are interested in exercising please let the office know.



We would like to get this program 'running' again.

We have a beautiful new exercise space so let's use it!



8 Senior Friends Endowment Fund, Inc.

News from your Senior Friends Endowment Fund, Inc..... Supporting the Hartford Senior Friends since 2005

*...to generate income to be used to fulfill the mission
and purpose of Senior Friends, Inc.*

ENDOWMENT FUND CONTINUES TO GROW WHILE FUNDING SENIOR FRIENDS IN 2021



Your Senior Friends Endowment Fund distributed another \$70,000 last year to your organization to supplement regular expenses and subsidize your dues to keep them as low as possible. At the same time, growth in your Endowment Fund reached record levels during the year.

This was due primarily to a very robust stock market that allowed the majority of endowment investments to ride along with that growth, as well as your continued contributions that are always very much appreciated.

To those who have been added to our donor wall, THANK YOU so very much. Please note your fellow members who have so generously given to the Senior Friends Endowment Fund this past year.

As you prepare your tax returns for the past year, it may be a good time to review your legacy planning. Whether you work with an attorney or a financial advisor, we encourage you to consider naming the **Senior Friends Endowment Fund, Inc.** as one of the areas to remember in your will or estate plan. Your involvement allows the endowment to continue to fulfill its purpose of serving the members of Senior Friends.

And, perhaps you have some creative ideas on possible programming enhancements for our members in this new year. These could be on-site or community-based activities that our members could utilize as quality-of-life opportunities for the betterment of our organization. Those ideas should be shared with the Senior Friends Board of Directors, and if there are costs involved the Endowment Fund has retained earnings available to help underwrite those activities. After all, the Endowment Fund exists to provide assistance beyond maintaining our building. As stated above, we are here “to generate income to be used to fulfill the mission and purpose of Senior Friends, Inc.” We also encourage you to consider serving on our board, as each year we have one seat that is available for new candidates to be placed on the ballot.

Here’s another heart-felt “THANK YOU” to all those who have helped us reach this point in the 17-year history of the Endowment Fund through your ongoing gifts of time, talent and treasure. All the best in 2022!

**In service to Senior Friends, Inc.
Senior Friends Endowment Fund, Inc. Board:**

Scott Lopas - President

Ken Schultz - Treasurer

Jim Bennett - Secretary

Joe O’Leske - President, Senior Friends, Inc. Board of Director’s

Lois Raddemann - Treasurer, Senior Friends, Inc. Board of Director’s

Lorraine Boden - Chair of Finance Committee, Senior Friends, Inc.



January 2022



	Mon	Tues	Wed	Thur	Fri	Sat
						1 HAPPY NEW YEAR!
2	3 CLOSED NEW YEAR HOLIDAY	4 Benefit Specialist Appt. Needed	5 Community Blood Drive 12:30-5:30pm	6	7 Members Needlework 9am - Noon	8
9	10 *Just Write Club 1:00pm	11	12 Stock Box Drive-up Dist. Noon-1pm	13	14 Members Needlework 9am - Noon	15
16	17 *Book Club Discussion 1:00pm	18 Librarian 10:30- 11:45am 1pm Annual Voters Mtg	19 Community Blood Drive 12:30-5:30pm	20 Board Mtg 1pm	21 Members Needlework 9am - Noon	22
23	24	25	26	27	28 Members Needlework 9am - Noon	29
30	31					

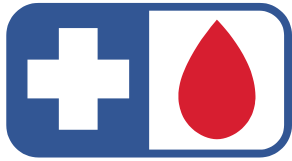
*Member's only events.....See Monthly On-Going Schedule for Times

February 2022



Sun	Mon	Tue	Wed	Thur	Fri	Sat
		1	2 Community Blood Drive 12:30- 5:30pm	3	4 Members Needlework 9am - Noon	5
6	7 *Just Write Club 1:00pm	8 Benefit Specialist Appt. Needed	9	10	11 Members Needlework 9am - Noon	12
13	14 *Book Club Discussion 1:00pm <i>Happy Valentine's Day</i>	15 Librarian 10:30 am- 11:45am Annual Financial Mtg. 1pm	16 Stock Box Drive-up Dist Noon-1pm Community Blood Drive 12:30-5:30pm	17 Board Mtg. 1pm	18 Members Needlework 9am - Noon	19
20	21	22	23	24	25 Members Needlework 9am - Noon	26
27	28					

*Member's only events.....See Monthly On-Going Schedule for Times



GIVE Blood

**Save the Date,
Donate Blood
Be Part of the
Hartford Community
Blood Drive**

You must be at least 16 and in good health. Please bring your donor card or picture ID. The blood drive is every 1st Wednesday of the month and we have added a second drive each month thru 2021.

Blood Drive Dates:

January 5
January 19
February 2
February 16

Make an appointment at
1-877-232-4376
or online at
www.bcw.edu/hartford

Sponsored by
Senior Friends, Inc.
Hartford Women's Club
Hartford Area Blood
Donors



Hunger Task Force Stock Box Program

If you are 60 years young and have a monthly income of \$1,383 (for 1 person) or \$1,868 (for 2 people), you qualify to obtain a Food Stock Box. Please come to the Hartford Senior Center at 730 Highland Avenue on **January 12th** **February 9th** from Noon to 1:00 pm to pick up the commodity box. This program is supported by the Hunger Task Force. Call Evie in the office at 262-673-4005 for more information. **(The USDA is an equal opportunity provider and employer)**

FUNERAL PHONE TREE

Would you like to be part of a team to **CALL** fellow members of a members death/funeral information? You will be given a script of what to say.

Would you like to be on the phone tree **TO BE CALLED** with information? Are you now being called and want to be removed?

**PLEASE CALL THE
OFFICE AT 262-673-4005**



We need help in the following positions at the Senior Center when we are fully open again:

1. Dish Washers/Pots and Pan Washers on all shifts on Tuesdays.
2. Coffee server on Tuesdays.
3. Work on the 2nd and/or 4th Thursday night Bingo - See John Wollersheim.
4. Bingo Kitchen Cashier
5. Greeters - direct new members every Tuesday (pick your dates)
6. **MEN** We Need Your Help every Tuesday (sign up):

BEFORE LUNCH -
Lift Heavy Pans in/out of the Oven.

AFTER LUNCH -
Empty steam table water.
Take out garbage and cardboard to dumpsters.

Please stop in or call the office and let us know where you can help out! Be a part of our fantastic volunteer team!

262-673-4005

Look Who's Having a Birthday in January

02 Adie Schellinger	26 Lou Anne Eifert
03 David Volk	27 Floyd Theis
04 Warren Hagen	29 Diane Sergio
05 Joe O'Leske	31 Keith Waltersdorf
Pat Dornacker	
09 Debra Arnold	
Jean Mead	
10 Ruth Wrubbel	
11 Joyce Greiber	
15 Delores Kilby	
16 Clyde Lewin	
17 Dennis Carroll	
Florence Steinke	
18 Sandy Constine	
21 Amber Lembke	
24 Colleen Beimel	
25 John Moscicki	



Look Who's having a Birthday in February

02 Sue Dumproff	19 Jim Bennett
Marilee Fuss	Kathy Dyszelski
04 Jean Bell	Janet Gehl
05 Sharon Lazar	21 Ervin Weiss
09 Joyce Wenzel	24 Carolyn Emmer
Connie Thoma	26 Donna Neu
10 Norman Greeb	Sandra Kelly
Karen Fischer	Roger Keepers
Sally Maas	27 Mariann Klink
11 Frances White	28 Timothy Michalak
12 Marian Kerlinske	Kim Wenninger
Joann Vojvodich	
13 Mary Gutjahr	
15 Sue Lungert	
Charlotte Moratz	
16 Mary King	
17 Shirley Theis	
18 Douglas Gordon	



On these Milestones

25 Years

Joyce Bruni
 Jeanette Braun-Schmitz
 Fran Schuck
 Ruth & Richard Wrubbel

20 Years

Dorothy Lindemann
 Carmen Dais
 Beverly Ertl
 Gerti & Harold Krebs
 Jan Wilson

15 Years

Arlene & Jim Bennett
 Sue Lungert
 Jim Tennes
 Alice Thom

10 Years

Darlene Given
 Doug Gordon
 Jim Zeller
 Myrna Schulte
 Janne Andresek
 Bill Bremer
 JoAnne Heesen
 Sally Oswald
 Barb & Ken Schulz

REMEMBER OUR SHUT-INS

GARDENS OF HARTFORD

Pat Heimerl
Charlotte Feutz

CEDAR COMMUNITY

Joyce Bruni
Joyce Wenzel

WELLINGTON PLACE

Mary Thimm
Donna Neu

SUMMIT SENIOR LIVING

Jan Wilson

HOMEBOUND

Marian Kerlinske
Shirley Henschel
Donna Beistle
Virginia Gehrke

IVY MANOR

Evie Brugger

JACKSON CROSSINGS

Carmen Dais

AUTUMN OAKS

Betty Lockwood



Please remember these former members who are shut-ins and can't get to Senior Friends:

Ingeborg Bernhof - Wellington Place
Irene Schellinger - Serenity Villa
Evelyn Horst - Gardens of Hartford
Joyce Baier - Homebound
Marty Eberl- Heritage at Deer Creek
Mary Eiche - Homebound
Ruth Newkirk - The Pavilion
Charlotte Summ - Serenity Villa
Marion Horst - Gardens of Hartford
Marcella Boden - Majestic Heights
Marian Kiefer - Jackson Crossings
Gordie Esselman - Cedar Community
Joyce Wiedmeyer - Jackson Crossings
Inga Kornbeck - Wellington Place
Carol Schmid - Forest View Manor
Harold Beine - Majestic Heights



We've Lost a Friend

**Anna Schwendimann
Larry Meils**



SYMPATHY CARDS SENT TO

**Anna Schwendimann Family
Ronna Meils - Husband
Kathy & Marty Dyszelski - Sister**



**Otto Quandt
Kathy Dyszelski
Robert (Bugsy) Frietag
Hank Sausen
Lucy Choy**



Generosity
changes everything

Thank You For Your Donations

John & Darlene Oberg - Gift Shop Items
Susan Faber - Needlecraft Supplies
Elizabeth Sullivan - Gift Shop Items
R.S. Semler Insurance & Associates



New Members for 2022

Al Bush
Chris Pugens
Brian Pugens

ENDOWMENT FUND MEMORIAL

Ronald Marx Family

ENDOWMENT FUND GIFT

Tom & Beverly Brault

Baby it's cold outside.....

What's warm/cold for one, is not for another! It is hard to maintain comfortable room temperatures to please everyone. Bring a sweater or jacket to put on and take off. Also, the ceiling fans are on for a reason. They help with the circulation of heat and air conditioning. Thank you!



IMPORTANT NOTICE

SAFETY

For your safety the kitchen is off limits at all times to members who are not scheduled to work there. No one should go into the cooler, freezer or ice machine. If you need something, i.e. a towel to wipe up water, a container for your leftovers, a carry-out dinner, refill carafes with ice water or anything else, please come to the kitchen window or to the office and ask one of us for it. The outside door into the kitchen is **ONLY** to be used by authorized kitchen personnel. Please use the front entrance. Thank you.

Slips and Falls may break your bones but asking keeps you safer.....

COME JOIN THE FUN

MORE FUN FOR YOU IN 2022

Jan 29 - Feb 6 - Southern Caribbean Cruise(*double occupancy based on cabin section), 1 night at San Juan, PR, 7 nights aboard NCL 6 port of call and much more fun in the SUN, \$2,595



February 12 - Fasching Dinner & Show, Laack's Ballroom. \$79

March 24 - Milwaukee Bucks vs Washington Wizards, Fiserv Forum, \$135 (meal included prior to game)

March 27 - Sound of Music, The Fireside, #114

May 4 - A Mighty Fortress-Church Ladies Basement, The Fireside \$114 (Matinee Show)

May 23-27 - The Arc Encounter & Creation Museum Tour, \$685*

KM Tours - 27 N. Main Street, Hartford, 53027

Email: KMTours1@gmail.com website: KMTours1.com

For information & brochures contact us at: 1-800-300-8687 or 262-223-0234

*double occupancy

Help support these non-profit organizations that we work with.

Hartford Food Pantry 262-673-5747

Tamarack Adult Day Care 262-655-7598

H.E.L.P. Corner of Washington County 262-525-8202

Memory Café

Join us at Jack Russell Memorial Library

2nd Monday of every month 1:30 - 3:00pm

Register - Call Tammy Dickman ADRC 262-335-4497



Senior Friends Inc.
730 Highland Ave.
Hartford, WI 53027



U.S. Postage
PAID
Hartford, WI
Permit No. 3
Non-Profit
Organization

Return Service Requested

January

2022

February



SENIOR FRIENDS MEMBERSHIP DUES FOR 2022 are due January 1, 2022

Please return this form with your cash/check for \$10 per person made payable to:
Senior Friends Inc., **no later than January 31, 2022.**

Name _____

Address _____

City _____ State _____ Zip Code _____

Full Birth Date _____ Telephone # _____

Email _____

Where would you like to help? We have many volunteer opportunities available.
Please let us know where you can help! (Kitchen, tickets/napkins, bingo, mailings, etc.)

Did you have a special career before retirement? i.e. flooring, carpentry, music, handyman .
Would you be willing to share your expertise if we have any questions?

Drop off in the office or mail to: Senior Friends Inc., 730 Highland Ave., Hartford, WI 53027