

Kenosha Senior Center NEWSLETTER

Photo By Peggy Pontillo

Vol. 26, No. 2

February 2021



2717 - 67th Street
Kenosha, WI 53143
Phone: 262-359-6260

Senior Center Hours

Monday - Friday 9:00am—3:30m

Visit us on the web at:

www.kusd.edu/seniorcenter

See us on Facebook at:

www.facebook.com/kenoshasenior

Senior Dining 262-658-9311

Program Director

Denise Jacob
Email: djacob@kusd.edu

Newsletter Editors

Diane Raucina and Denise Jacob

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Dear Friends,

The holidays are over and the New Year is here. It's about this time that reality sets in and we realize that even though the days are getting longer & a little brighter, it's still going to be cold & wet for a while. It's tempting to hibernate during this time and not connect with others until spring. That would not be good for our well being. Self care is often associated with bubble baths, journal writing or meditation, but I think connecting with others should become one of our self care strategies.



There are several things you can do to feel connected and get you through the winter. One idea is to send a card or letter to someone. Cards and letters go a long way in saying how much we care for the people in our lives, especially those who live far away. However, when it comes right down to it, the greatest gift we have to give those we care about is our time and attention and neither of those things require a stamp. So, another suggestion is to call or video chat with family and friends. A simple call can make someone's day.

Finally, find a way to show gratitude to someone. All it takes is a moment of pure appreciation to make someone's day and help them feel connected and loved. It may even brighten your day.

Stay Safe and Stay Well,

Denise





Secret Valentine Gift Exchange



We are organizing a secret Valentine Gift Exchange event in February. If you would like to participate, please call the Senior Center at 262-359-6260 and put your name on the list.

Here's how it will work.

- ♥ Each person will buy a gift for \$5.00.
- ♥ Each person will wrap their gift and put their name inside (so your Secret Valentine will know who the gift is from).
- ♥ You will need to bring your gift to the Senior Center **no later than Wednesday February 3, 2021.**
- ♥ The event will be on Friday, February 12, 2021 at 1pm, where you will come and pick up your gift.

Valentine snacks will be available and photos will be taken of individuals opening their Secret Valentine gift.

Find The Logo Contest



We have hidden our Kenosha Senior Center Logo somewhere in this newsletter. It is a miniature version of the logo. Look carefully throughout the newsletter and if you are lucky enough to find it, call the front desk at 262-359-6260 or email djacob@kUSD.edu with your name, phone number and where the logo was located. We will do a random drawing of all the correct entries for a prize at the end of the month. Please submit your entries by the 18th of this month. You can participate every month.



Technology Lessons With Sara

Offering patient and knowledgeable technology lessons for your smart phone, laptop, tablet, smartwatch or other personal electronic device. Also offering computer repair, set up and consumer advocacy. Sara can visit you in your home or give you a remote lesson.

Fee: \$10 for a 30 Minute Session

Call Sara At 262-359-9773

To Schedule Your Remote Lesson

Foot Clinics At KVNA

Tuesdays by Appointment.

Call Kenosha Visiting Nurse Association (KVNA) at 656-8400 to make an appointment.



Foot service includes a foot soak, nail care and lotion for \$30.00.

In-home foot care by appointment for \$35.

Please bring your own washcloth and towel.



Three wonderful ladies met at the Kenosha Senior Center on December 19, 2020 to donate a handmade Afghan. Terry Hardman, who works with the Comfort For a Cause group, brought Judy Higgins and Fran Arthur together. Judy donated the yarn kit and Fran did a beautiful job crocheting the afghan. Thank you ladies for your fabulous donation. We will use it at our annual Craft Fair in November.



Judy Higgins, Terry Hardman and Fran Arthur (from left to right)



Terry Hardman is pictured on the left with a beautiful runner she made in her quilting class. Pictured below are samples of the quilt toppers she made to donate to the Comfort for a Cause group. See details about Comfort for a Cause and how you can get involved on page 5 of this newsletter.



Project Recovery



Have you or a loved one been emotionally impacted by COVID-19 and need assistance? If the answer is yes, please contact Project Recovery.

Phone: Call 2-1-1 and they will refer you to your local contact

Website: www.projectrecoverywi.org

Facebook: @[insert FB handle]

February Calendar Updates

NO February BINGO

The Movie is the 1st Friday of the month

No Yoga or Total Body Conditioning
February 15, 2021 — February 25, 2021

Closing the Senior Center Due to Inclement Weather

When the Kenosha Unified School District closes all schools, due to inclement weather, the Kenosha Senior Center will also be closed.



Kenosha public schools and the Kenosha Senior Center can be closed due to severe cold, snow or ice. The Superintendent of Schools makes the final decision regarding closures.

Listen to local area news or visit the Kenosha Unified Schools website at www.kusd.edu for school closing announcements.

Remember, during severe weather it is best to stay home and off of roads unless it is absolutely necessary.

Tax-Aide Program

Tuesdays & Thursdays beginning Feb 2, 2021

What You Need To Know

- The Kenosha Senior Center WILL NOT be taking tax calls in 2021.
- The Kenosha Senior Center WILL NOT be making tax appointments in 2021.
- Call 262-671-0848 to make an appointment.
- When you call, you will be told what to bring to your appointment.
- You will NOT be able to stay at the Senior Center for your appointment. You will DROP OFF your paperwork to the AARP volunteers. Please make arrangements to DROP OFF your paperwork and leave while the volunteers process your taxes.
- You will be told when to return to retrieve your finished paperwork.

The Tax-Aide is a free program sponsored by the IRS & AARP that provides income tax counseling, primarily to those with low to moderate income who are aged 60 and over.

The Kenosha Senior Center is one of the locations used for their program. Employees of the Kenosha Senior Center are not tax specialists and WILL NOT be able to answer any of your tax questions.

Call 262-671-0848 for a Tax Aide Appointment

Transportation Information



Care-A-Van fares are \$4 for a one-way trip.

To enroll or schedule a Care-A-Van ride, call 262-658-9093.

Western Kenosha Transit
Offers door-to-door service for a \$2 fare.
Call 888-203-3498 to schedule a pick up.

Knit, Crochet n' Stitch Group

3rd Fridays at 10am

Love to knit, crochet, embroider or do hand piecing with material? Always wanted to try something new, but never had the time? Well, we have the time now! Comfort for a Cause is hosting a new group. They invite you to bring your projects to the Kenosha Senior Center every 3rd Friday of the month. Individuals will work on their own projects while socializing and sharing ideas.

Social distancing and masks will be required. Call ahead to reserve your spot. Space is limited.

Call Kim Hemphill at 262-577-5886

Bring your projects and your questions.

All levels welcome!

Individuals who regularly attend the program need to be current Senior Center members.

Movie

Friday, February 5th at 1:00pm

- Space is limited. You **MUST** call ahead to make a reservation (262-359-6260)
- Social distancing will be observed
- Masks need to be worn at all time

The Proposal

Faced with deportation to her native Canada, high powered book editor Margaret Tate (Sandra Bullock) says she's engaged to marry Andrew Paxton (Ryan Reynolds), her hapless assistant. Andrew agrees to the charade, but imposes a few conditions of his own, including flying to Alaska to meet his eccentric family. With a suspicious immigration official always lurking nearby, Margaret and Andrew must stick to their wedding plan despite numerous mishaps.



Happy Valentine's Day



Creating Quilts and Blankets For Those In Need

Sew & Tie Meetings

1st Fridays 10-5

2nd Saturdays 10-5

3rd Wednesdays 10-5

Serenity Quilt Shop

Address: 4003 80th Street, Suite 102

Knitters Needed

Kits are available for pick-up and drop-off from Serenity Quilt Shop and the Kenosha Senior Center to help make afghans

Serenity Quilt Shop 262-577-5886

Kim Hemphill 262-914-4543

Volunteers & Supplies Donated By:
Tabitha's Sisters, Serenity Quilt Shop,
Southport Quilters Guild,
Women Of The Moose and
Pleasant Prairie Women's Club



Kenosha Senior Center

Get Active
Stay Healthy!

February Group Fitness Classes

Chair Exercise with Kat

zoom

Monday, Wednesday and Friday at 9am

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

Chair Yoga with Denise

zoom

Monday at 1pm and Wednesday at 9:00am

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

Total Body Conditioning with Denise

zoom

Tuesday and Thursday at 9:00am

This strength training class incorporates body weight resistance along with hand weights and/or resistance bands to achieve a total body workout. Combine exercises designed to increase muscular strength and endurance with flexibility, balance and core work for the perfect workout. Equipment Needed: light hand weights and/or resistance tubing.

All classes are done virtually, using Zoom

- **You will need:** An email address, smartphone, tablet or a computer with a microphone and camera to participate in each class.
- **Initial Registration:** Call the Center at 262-359-6260 to give the instructor your email address and to be added to the class roster.
- **Check your email** for a Zoom Invitation on the day of each class.

Call the Senior Center at 262-359-6260 With Questions

Kenosha Senior Center Memberships

For anyone at least 55 years old (or the spouse of a current member, if you are under 55)

Join Today

Current Membership

2020-2021 Memberships run from
July 1, 2020 thru June 30, 2021

Membership Form

Pick up a form at the Senior Center or find one online at www.kusd.edu/seniorcenter

Membership Card

Renewing Members: You already have your white *Forever Card*
No return envelope is needed.

New Members: A card will be given to you when you turn in your registration form.

Membership Payment

Fee: \$12.00 per year for those in the KUSD boundaries, \$50 if you live outside the boundaries and \$12 if you moved outside the KUSD boundaries and have a current membership or are in your renewal year (grandfathered in at the \$12 rate) .

Renewal Year

One year period after your membership expires. If you renew your membership any time during that year, your fee remains \$12

Questions? Call 262-359-6260



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Kenosha Senior Citizens Council, Kenosha, WI

A 4C 01-0850

**All Senior Dining Program Sites are Temporarily Closed as a Precautionary
measure to Protect from COVID-19/CORONAVIRUS**

Meal Options For Anyone Age 60 or Older

Frozen Meal Option

Available for pick up on rotating days at the following locations from 9:30am-11:30am.

- Tuesday - KAFASI, 7730 Sheridan Rd.
- Wednesday - Westosha Senior Center, 19200 93rd Street in Bristol
- Thursday - Parkside Baptist Church, 2620 14th Place

Orders must be placed by 10:30am the previous day. Each frozen meal order will include 5 frozen meals with beverages and crackers. There is no fee for food, but a donation of \$3.00 per meal is requested. **Call 262-658-3508 to schedule a pick-up.**

Hot and Cold Meal Option

Curbside Pick Up for the following locations from 11:30am-1:00pm.

- Wednesday and Friday - Village Pub of Silver Lake, 307 N. Cogswell Dr., Silver Lake, Call 262-358-5779.
- Thursday - Kenosha Achievement Center, 1218 79th Street in Kenosha, Call 262-658-3508.

Orders must be placed by 10:30am the previous day. Each pick up includes one hot meal and one cold meal for later. There is no fee for food, but a donation of \$4.00 per meal (a total of \$8.00) is requested.

Call 262-658-3508 to schedule a curbside pick-up.



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Kenosha Senior Citizens Council, Kenosha, WI

B 4C 01-0850

Activity Calendar		KENOSHA SENIOR CENTER				February 2021	
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
	1 9-11am Woodturning by appointment 9am Zoom Exercise With Kat 9:30am Woodcarving 1pm Zoom Yoga With Denise	2 9-11am Woodturning by appointment 9am Zoom Strength Training With Denise 9-2 AARP Tax Aide HAPPY GROUNDHOG DAY 	3 9-11am Woodturning by appointment 9am Zoom Exercise With Kat 9am Zoom Yoga With Denise	4 9-11am Woodturning by appointment 9am Zoom Strength Training With Denise 9-2 AARP Tax Aide	5 9am Zoom Exercise With Kat 1:00 Movie <i>The Proposal</i>	6 Center Closed	
7 Center Closed	8 9-11am Woodturning by appointment 9am Zoom Exercise With Kat 9:30am Woodcarving 1pm Zoom Yoga With Denise	9 9-11am Woodturning by appointment 9am Zoom Strength Training With Denise 9-2 AARP Tax Aide 1:00 pm Board Meeting	10 9-11am Woodturning by appointment 9am Zoom Exercise With Kat 9am Zoom Yoga With Denise	11 9-11am Woodturning by appointment 9am Zoom Strength Training With Denise 9-2 AARP Tax Aide	12 9am Zoom Exercise With Kat 1:00 pm Secret Valentine Event 	13 Center Closed	
14 Center Closed 	15 9-11am Woodturning by appointment 9am Zoom Exercise With Kat 9:30am Woodcarving 1pm <u>No Zoom</u> Yoga With Denise	16 9-11am Woodturning by appointment 9am <u>No Zoom</u> Strength Training With Denise 9-2 AARP Tax Aide	17 9-11am Woodturning by appointment 9am Zoom Exercise With Kat 9am <u>No Zoom</u> Yoga With Denise	18 9-11am Woodturning by appointment 9am <u>No Zoom</u> Strength Training With Denise 9-2 AARP Tax Aide	19 9am Zoom Exercise With Kat 10am Sew, Knit & Crochet Group	20 Center Closed	
21 Center Closed	22 9-11am Woodturning by appointment 9am Zoom Exercise With Kat 9:30am Woodcarving 1pm <u>No Zoom</u> Yoga With Denise	23 9-11am Woodturning by appointment 9am <u>No Zoom</u> Strength Training With Denise 9-2 AARP Tax Aide NO BINGO	24 9-11am Woodturning by appointment 9am Zoom Exercise With Kat 9am <u>No Zoom</u> Yoga With Denise	25 9-11am Woodturning by appointment 9am <u>No Zoom</u> Strength Training With Denise 9-2 AARP Tax Aide	26 9am Zoom Exercise With Kat	27 Center Closed	
28 Center Closed	<div>Senior Center Hours Monday -Friday 9:00am-3:30pm Closed Saturday and Sunday Phone: 262-359-6260 Drop In Hours: Monday -Friday 9:00am-3:00pm</div> <div></div>						

We had a **Cookies & Cocoa** drop in event on Wednesday, December 16, 2020. Over 80 people attended the event. Everyone went home with a treat bag, cookies and a 2021 calendar. The event was sponsored by The Addison of Pleasant Prairie and the Kenosha Senior Center. It was great to see everyone and wish all a Very Merry Christmas!





February Word Search

C	S	N	R	O	C	S	N	O	I	N	O	S	L	E	R	O	M
H	W	H	J	Z	H	I	Y	P	O	T	A	M	O	T	Y	Y	B
E	E	A	R	T	I	C	H	O	K	E	R	I	C	E	V	B	S
R	E	Z	A	S	L	G	R	A	P	E	F	R	U	I	T	C	T
R	T	E	L	E	E	N	V	D	C	C	E	W	D	T	R	U	T
I	P	L	M	T	S	O	E	S	O	L	Q	A	S	O	N	H	S
E	O	N	O	J	C	Y	E	B	L	B	L	I	I	A	O	S	O
S	T	U	N	A	E	P	D	E	L	I	O	B	E	K	W	A	B
T	A	T	D	K	A	Q	R	U	A	Y	E	P	E	A	B	U	C
R	T	O	C	R	Y	E	E	O	R	P	S	C	T	L	C	Q	H
A	O	A	G	T	T	B	N	R	D	U	H	E	A	K	M	S	U
W	L	R	P	N	E	I	E	I	G	E	R	C	E	H	A	W	S
B	P	E	A	R	O	B	B	A	R	M	K	Y	I	R	O	S	R
E	X	H	R	N	N	Y	R	R	E	B	E	L	K	C	U	H	E
R	C	Y	S	A	G	B	Y	L	E	S	E	O	T	A	T	O	P
R	S	W	R	C	E	E	O	R	N	A	V	Y	B	E	A	N	P
Y	H	C	A	E	P	N	R	U	S	W	I	L	D	R	I	C	E
A	R	B	T	P	U	Y	E	V	F	B	N	I	K	P	M	U	P

ALMOND

ARTICHOKE

AVOCADO

BLACKBERRY

BLACK-EYED PEAS

BLUEBERRY

BOILED PEANUTS

BUCKEYES

CHANTERELLE

CHERRIES

CHILES

CHOKECHERRY

COLLARD GREENS

CORN

CRANBERRY

GRAPEFRUIT

GRAPES

HAZELNUT

HUCKLEBERRY

MOREL

NAVYBEAN

OKRA

ONIONS

ORANGE

PEACH

PEANUT

PEAR

PECAN

PEPPERS

POTATOES

PUMPKIN

RICE

SQUASH

STRAWBERRY

SUGARBEET

SWEETPOTATO

TOMATO

VIDALIA ONION

WATERMELON

WILD RICE



Basic Directions

- ♦ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ♦ You cannot change any of the prefilled numbers.
- ♦ The puzzle is complete when all the boxes are correctly filled in.

Sudoku Puzzle #1

		1	8					
						4		2
3			2					
6	3	4		8			7	
	7					8		
1					7	3		
8		2	5				1	
	6			2	1		4	
						7		

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DIFFICULTY: ★★★★★

The answer to this puzzle is on page 19

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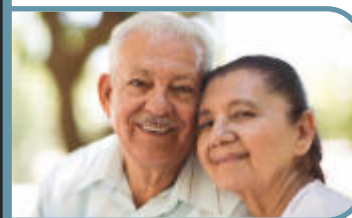
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Kenosha Senior Citizens Council, Kenosha, WI

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February Recipes

Skillet Shepherd's Pie (Taste of Home)

INGREDIENTS

- 1 pound ground beef
- 1/2 cup chopped onion
- 2 cups frozen corn, thawed
- 2 cups frozen peas, thawed
- 2 tablespoons ketchup
- 1 tablespoon Worcestershire sauce
- 1 teaspoon minced garlic
- 1 tablespoon cornstarch
- 1/2 cup beef broth
- 1/2 cup sour cream
- 3-1/2 cups mashed potatoes (prepared with milk and butter)
- 3/4 cup shredded cheddar cheese



INSTRUCTIONS

1. In a large skillet, cook beef & onion over medium heat until meat is no longer pink; drain. Stir in the corn, peas, & garlic. Reduce heat to medium low; cover & cook for 5 minutes.
2. Combine the cornstarch & beef broth until well blended; stir into beef mixture. Bring to a boil over medium heat until thickened, 2 minutes. Stir in sour cream & heat through (do not boil).
3. Spread mashed potatoes over the top; sprinkle with cheese. Cover & cook until potatoes are heated through and cheese is melted.

Strawberry Love Notes (video on delish.com)

INGREDIENTS

- 2 refrigerated pie crusts
- Flour for rolling out dough
- 1/2 cup strawberry jam
- Egg wash
- 1/4 cup granulated sugar, for sprinkling



INSTRUCTIONS

1. Preheat oven to 375°. Line a large baking sheet with parchment paper. On a lightly floured surface, roll out 1 pie crust. Using a paring knife, cut out long diamond shapes, about 4" on each side. Transfer diamonds to baking sheet. Reroll extra dough to make more diamonds. (You should have enough dough to make 6).
2. Fill each center with a small dollop of strawberry jam. Fold 3 of the corners into the center so dough looks like open envelope. Press down light on the dough to seal. Use a small heart cookie cutter to cut out six small hearts, & place a heart on center of envelope.
3. Brush envelopes with egg wash & sprinkle with sugar. Bake until golden brown, 15 Minutes.
4. Let cool for 10 minutes before transferring to cooling rack.


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Kenosha Senior Citizens Council, Kenosha, WI

D 4C 01-0850



February Birthdays

Darlene Safransky	2/1	Norma Murphy	2/12	Wendy Bastian	2/20
Debra Gitzlaff	2/2	Ellen Albrecht	2/13	Jeanne Becker	2/20
Michael (Mike) Sacco	2/2	Donna Bailey	2/13	Donna Strassburg	2/20
Robert Bruncker	2/3	Kathy Hayden	2/13	Oskar Strobel	2/20
Theresa DiCello	2/3	Nancy Honert	2/13	Karen Falkenstern	2/21
Lori Higgins	2/3	Roger Dibbles	2/14	June Salb	2/21
Helen Rodrig	2/3	Julie Nicolazzi	2/14	Betty Schlater	2/21
Eloda Birch	2/5	Arnold Zillmer	2/14	Mary Jane Weiss	2/21
Doris Colombe	2/5	Mary Frances Chachula	2/15	Kathleen Wilson	2/22
Violet Pontillo	2/5	John Kavalauskas	2/15	Linda Zanot	2/22
Judy Wade	2/5	Josephine Schmidt	2/15	Jim LaLonde	2/22
Sara Jane Khoury	2/6	Kent Cairo	2/16	Ron Karaway	2/24
Lynn Kortright	2/7	Keith Lehrke	2/16	Jean Schultz	2/24
Richard Arcia	2/8	Frances Maxwell	2/16	Sheila Shema	2/24
Sandie Horton	2/8	Robert Bastian	2/17	Mary Beth Drechsler	2/25
Krista Lichtenheld	2/8	Darlene Korpela	2/17	Kay Montalbano	2/25
Nancy Stoebe	2/8	Florence Kowalczyk	2/17	Delores O'Hanlon	2/25
Ruth Zuber	2/8	Mark Matye	2/17	Judith Reynolds	2/26
Helen Binning	2/10	Gerard Landa	2/18	Gary Kovacs	2/27
Charlene Haag	2/11	Audrey Paul	2/18	Thomas Richards	2/27
Virginia Rustia	2/11	Thomas Schmidt	2/19	Christine White	2/27
				Slava Buchkovich	2/28



Sudoku Puzzle #2

Basic Directions

- ◆ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ You cannot change any of the prefilled numbers.
- ◆ The puzzle is complete when all the boxes are correctly filled in.

							8	
		1	7	6	5	2	9	
6					9			
5	4				8	6		
		9			6	7		
	7			9	1	8		
					2	1		4
				4				
						9		

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DIFFICULTY: ★★★★★

The answer to this puzzle is on page 19



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WORDS OF WISDOM



- ⇒ You can give without loving, but you can't love someone without giving.
- ⇒ May your troubles be less and your blessings more.
- ⇒ Kind words are like honey— sweet to the soul and healthy for the body.
- ⇒ Soul-mates are people who bring out the best in you. They are not perfect but are always perfect for you.
- ⇒ For all the best that life can hold, there is none too good for you.

Kenosha Senior Center Membership

You must be at least 55 years old to join
(or the spouse of a current member,
if you are under 55)

Resident Memberships are \$12.00 per year

for those who live within the KUSD boundaries,

Non-Resident Memberships are \$50.00 per year

for those 55 & older who live outside the
KUSD boundaries.

Grandfathered Memberships are \$12.00 per year

for those who move out of the KUSD boundaries and
have a current membership

Note: All persons attending the Kenosha Senior
Center must be current members.

Exceptions: Participation in the Senior
Dining program, which is run separately,
monthly dances and public information
programs which will be indicated as
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February Jokes



What do you call a fake
woodchuck story? **A lot of
hogwash!**



How do woodchuck's greet
their parents? **With hogs &
kisses!**



What do groundhogs put on
pancakes? **Hog cabin syrup!**



What did the toast say to the
butter on Valentine's Day?
You're my butter half!



What do you call a groundhog
who drives in the center of the
road? **A road hog!**



What Valentine's Day candy is
best to give a girl? **Her-She-
Kisses!**

and all who have recently suffered a loss.
Our hearts, thoughts & prayers are with you.

Answer to Sudoku Puzzle #1 on page 13

C	S	N	R	O	C	S	N	O	I	N	O	S	L	E	R	O	M
H	W	H	J	Z	H	I	Y	P	O	T	A	M	O	T	Y	Y	B
E	E	A	R	T	I	C	H	O	K	E	R	I	C	E	V	B	S
R	E	Z	A	S	L	G	R	A	P	E	F	R	U	I	T	C	T
R	T	E	L	E	E	N	V	D	C	C	E	W	D	T	R	U	C
I	P	L	M	T	S	O	E	S	O	L	Q	A	S	O	N	H	S
E	O	N	O	J	C	Y	E	B	L	B	L	I	I	A	O	S	O
S	T	U	N	A	E	P	D	E	L	I	O	B	E	K	W	A	B
T	A	T	D	K	A	Q	R	U	A	Y	E	P	E	A	B	U	C
R	T	O	C	R	Y	E	E	O	R	P	S	C	T	L	C	Q	H
A	O	A	G	T	T	B	N	R	D	U	H	E	A	K	M	S	U
W	L	R	P	N	E	I	E	I	G	E	R	C	E	H	A	W	S
B	P	E	A	R	O	B	B	A	R	M	K	Y	I	R	O	S	R
E	X	H	R	N	N	Y	R	R	E	B	E	L	K	C	U	H	E
R	C	Y	S	A	G	B	Y	L	E	S	E	O	T	A	T	O	P
R	S	W	R	C	E	E	O	R	N	A	V	Y	B	E	A	N	P
Y	H	C	A	E	P	N	R	U	S	W	I	L	D	R	I	C	E
A	R	B	T	P	U	Y	E	V	F	B	N	I	K	P	M	U	P

2	5	1	8	4	6	9	3	7
9	8	6	7	1	3	4	5	2
3	4	7	2	9	5	1	8	6
6	3	4	1	8	9	2	7	5
5	7	9	4	3	2	8	6	1
1	2	8	6	5	7	3	9	4
8	9	2	5	7	4	6	1	3
7	6	3	9	2	1	5	4	8
4	1	5	3	6	8	7	2	9

9	2	7	1	3	4	5	8	6
4	8	1	7	6	5	2	9	3
6	5	3	2	8	9	4	7	1
5	4	2	3	7	8	6	1	9
8	1	9	4	2	6	7	3	5
3	7	6	5	9	1	8	4	2
7	3	8	9	5	2	1	6	4
1	9	5	6	4	7	3	2	8
2	6	4	8	1	3	9	5	7

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