

ST. NICHOLAS MONTHLY NEWSLETTER

MARCH 2022

ST. NICHOLAS GREEK
ORTHODOX CHURCH
4967 FOREST PARK AVENUE
ST. LOUIS, MO 63108

ST. NICHOLAS FAMILY LIFE CENTER
12550 S. FORTY DRIVE
ST. LOUIS, MO 63141



Proistamenos: Fr. Douglas Papulis
(314) 974-4619

Parish Priest: Fr. Michael Arbanas
(314) 425-9641

Church/FLC Office: (314) 361-6924

Office Administrator: Lisa Danko
Financial Secretary: Linda Nicozisin

Email: stnicholas@sngoc.org

Website: www.sngoc.org

FOOD FOR THOUGHT:












In modern Christianity, Lent has become about deprivation. Pre-Lent is when you dread what you will deprive yourself of. Lent is when you suffer deprivation. Easter is when you celebrate the end of deprivation. And the rest of the year, you regress to what you were before Lent, happy that the experience is over.

This is not how the Lenten journey is set up in the Orthodox Church, at least ideally. The period of the Triodion is supposed to be a period of planning the changes we hope to make during Great Lent. Great Lent is the time when we enact these changes. Pascha is the time we celebrate the changes we've made. And the rest of the year is a time to maintain our spiritual changes. The cycle then should repeat each year, so that as the year's pass, we see marked spiritual growth.

*Fr. Stavros
Exerpt from Prayer Team 365
February 12, 2022*

OUR JOURNEY TO PASCHA! 2022

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 13th	 Publican and the Pharisee Epistle: 2 Timothy 3: 10-15 Gospel: Luke 18: 10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week FEBRUARY 20th	 The Prodigal Son Returns! Epistle: 1 Corinthians 6: 12-20 Gospel: Luke 15: 11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare FEBRUARY 27th FAREWELL TO MEAT TODAY	 The Last Judgement Epistle: 1 Corinthians 8: 8-9:2 Gospel: Matthew 25: 31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 6th FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY Epistle: Romans 13: 11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 13th	 SUNDAY OF ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 20th	 ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent MARCH 27th	 VENERATION OF THE HOLY CROSS HALF WAY TO PASCHA! Epistle: Hebrews 4: 14-5:6 Gospel: Mark 8: 34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent APRIL 3rd	 ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9: 17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 10th	 ST MARY of EGYPT Epistle: Hebrews 9: 11-14 Gospel: Mark 10: 32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 17th GREAT WEEK BEGINS	 ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4: 4-9 Gospel: John 12: 1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY APRIL 22nd	 GREAT AND HOLY FRIDAY JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! APRIL 24th NO FASTING!	 HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: Jan 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

St. Nicholas Servants

2022 PARISH COUNCIL

Helen Y. Carey, President 314-750-0745
 Pete Stavrides, Vice-President
 Chris Sarantakis, Secretary
 William Mastorakos, DDS, MS, Treasurer
 Carol Kamburis, Assistant Treasurer
 Adonis Chakides
 George Ellis
 Niko Georges
 Yemane Habtu
 Jonathan Hartley
 Marilyn Jemas
 Bill Nicozisin
 Joe Palazzola
 Jim Rigas
 Jim Sorbello

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Mark Vleisides, Chairperson 314-576-2898
 Roxana Couteranis

CEMETERY COMMITTEE

Bill Karides, Chairperson 314-422-1968
 Tina Paradowski

DANCE TROUPE

Georgia Johnson 314-832-0061

ELECTION COMMITTEE

Mark Vleisides, Chairperson
 Liz Glyniak
 Paul Leara
 Pat Lekich
 Demmie Nicozisin

FINANCE COMMITTEE

Dan Tarlas, Chairperson 314-713-5500

GREETERS COMMITTEE

Lyndia Finer, Director 314-960-3384

INFORMATION TECHNOLOGY (IT)

Jonathan Hartley 618-520-9569
 Bill Nicozisin

LIBRARY COMMITTEE

Elaine Coulson, Chairperson 314-991-5033
 Chris Zaharias

“THE NEXT 100”

Dan Tarlas, Chairperson 314-713-5500

PHILOTOCHOS

Christina Ginos, President 314-504-6988

PHYSICAL FACILITIES -CHURCH

Dino Pappas, Chairperson 314-707-8118
 Jonathan Hartley

PHYSICAL FACILITIES –FLC

Nick Tharenos, Chairperson 314-576-7011
 Nick Koskolos, Chairperson 636-300-0211
 Demos Argyros

PLANNED GIVING COMMITTEE

Christina Anastas 314-647-4636
 Basil Pappas 314-368-6026
 Leon Spanos 314-966-5176
 Chris Varvares 314-374-3647

PRISON MINISTRY

Clark Porter, Director 314-518-6747

SCHOLARSHIP COMMITTEE

Peter Takes, Chairperson 314-503-0358
 Amanuel Habtu
 Deb Palazzola

STEWARDSHIP COMMITTEE

Fr. Doug Papulis
 Fr. Michael Arbanas
 Mary Ann Mastorakos, Chairperson
 George Ellis, DDS
 Teddy Hart
 Rosie Hartley
 Marilyn Jemas

SUNDAY SCHOOL Director

Bess Fitzmaurice 314-602-5406
 Lexie Dendrinelis 636-542-3558

WEBSITE

Rosie Hartley 618-239-9359

2022

JANUARY \$54.00	FEBRUARY \$54.00	MARCH \$54.00
APRIL \$54.00	MAY \$54.00	JUNE \$54.00
JULY \$54.00	AUGUST \$54.00	SEPTEMBER \$54.00
OCTOBER \$54.00	NOVEMBER \$54.00	DECEMBER \$54.00

For Only \$54 A Month (less than \$2 a day) You Can Contribute To The St. Nicholas Monthly Mortgage Payment. Please contact the Church Office (314-361-6924). Ask about Auto Draft and other payment options.

For every dollar donated to “Double My Donation 2022” , an anonymous generous donor will match dollar for dollar – up to \$250,000 directly towards the principal of our loan. No donation is too SMALL or too LARGE!

TOGETHER we can make a difference!

Double My Donation

Sunday, March 13, 2022

STEWARDSHIP AWARENESS SUNDAY

Growing in Faith and Generosity Together

Stop by during the Coffee Hour to fill out your 2022 Pledge Form

Thank you

Parish Council President Notes March 2022

Dear St. Nicholas Family,

We are beginning our journey to Pascha as a Church family. I urge you to attend services, and worship with our fellow parishioners to experience the beauty of Lent as we prepare for Easter. By walking in the Lord's footsteps through our services together, we become unified and rejoice as community.

The Parish General Assembly is scheduled for Sunday, March 6th at St. Nicholas, immediately following Liturgy. Please make every effort to attend, we need your help and support to continue the great works of St. Nicholas. You are our church, without you there is no us.

I am humbled to inform you that an anonymous donor has pledged up to \$250,000 towards our debt reduction. We are beginning this debt reduction drive and pray that your generosity will help us raise at least \$250,000 that will be matched, and applied directly to our mortgage. If I may share, and those that have spoken with me, my ultimate goal is to have this mortgage debt paid in full, some will say I am obsessed, we are all working tirelessly towards this goal and I pray that we will be able to do this in the near future.

Please mark your calendars for our famous Lenten Fish Frys, held at the Family Life Center, Fridays, March 11, March 18, and March 25. As you may recall, we came in second place in the Fish Fry bracket last year – let's make it a winner this year! Please join us!

As you will notice the next time you are at church, the auditorium ceiling has been painted as well as the hallway leading to the kitchen and second floor conference room. Our next projects are to obtain bids from our roofing company, Bade Roofing, to repair the roof over the second floor Sunday School rooms and work with the tuck-pointing company to repair the west side of the church.

Father Doug's anniversary celebration of his 25 years as our beloved Proistamenos is scheduled for Friday, June 10, 2022 at the Family Life Center. A beautiful program is planned, as well as live entertainment by The Fabulous Motown Revue. Please save the date, as more details will be forth coming.

Preparation is in full swing for our annual Taste of the Greek Festival in July and the 105th annual Greek Festival over Labor Day weekend. We are grateful to our organizers and leaders that work so very hard to ensure the success of our festivals, this year we are planning and praying that we will be able to host our festivals in person. We are all so proud to have worked hard to make this the largest ethnic festival in the Midwest. The festival is vital to our budget, we hope that everyone can find an hour or two to help with the baking and prep – and of course, to volunteer at the events!

As always, please know your questions and comments are welcomed and encouraged.

In Christ's Work,
Helen Yiatras Carey



Dear St. Nicholas Parish Family,

In an effort to communicate the status of our loan for the St. Nicholas Family Life Center & renovations to St. Nicholas Church, below is a condensed timeline to recap the past 20 years.

1999: Purchased 10 acres in Town & Country for \$2,500,000

2003: Retired the land loan for a total of \$3,200,000

2010: First St. Nicholas Capital Campaign raised \$4,000,000 in pledges and construction began on the St. Nicholas Family Life Center as well as the renovations at St. Nicholas at Forest Park.

Total cost to complete construction of the St. Nicholas Family Life Center and major renovations to St. Nicholas Church on Forest Park of \$8,500,000

2012: Signed loan documents for \$5,855,024

2015: Refinanced to a lower 3% interest municipal bond loan of \$5,273,184

2020: Extended our current municipal bond loan for 5 years at the same 3% interest rate and continuing the same amortization schedule.

2021: As of February 2022, our current loan amount is \$ 3,397,571.56 . Our monthly mortgage payment is \$25,500

We have made significant strides towards paying off our debt. Thank you for your continued love and dedication to our parish

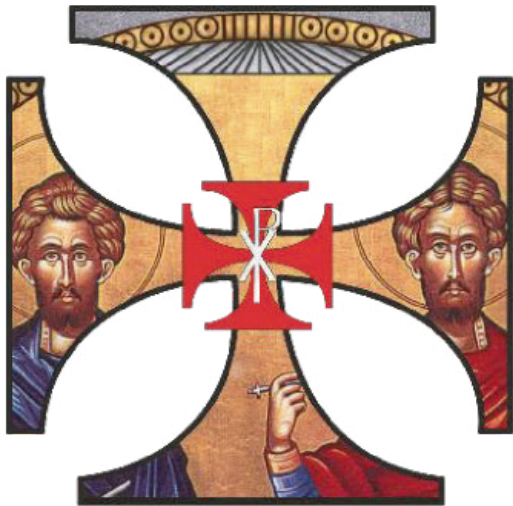
Sincerely,

Helen Carey, President



St. Nicholas Philoptochos
Invites you to
Celebrate the Beginning of the Lenten Period

**Clean Monday
“Kathari Theftera”
Annual Lenten Luncheon**



Monday, March 7th
11:00 am Compline Service
Luncheon Immediately Following
St. Nicholas Family Life Center
\$12.00 per person

**Sunday, March 6
is Mission Sunday!**



“The Orthodox Mission Team of St. Louis works to nurture an awareness within our local churches of the need to evangelize, Catechize, and support missionary efforts and programs globally”

Discover how God’s work is impacting people abroad, and in our own backyard through His missionaries.

www.ocmc.org

St. Nicholas Dancers



Practice

Everyone is Welcome!

**Sunday, March 13
Beginning at 2:00pm**

ARIADNE DANCERS: children ages 6,7,and 8 .
TIME :2:00 pm to 3:00 pm.

GARAGOUNA DANCERS:children ages 9,10,11,and 12 years old
TIME:3:00 pm to 4:00 pm.

SOULI DANCERS (Adults) 18 years old and up .
TIME:4:00 pm to 5:00pm.

CARIATIDES:Teens:13: to 18 years old.
TIME: 5:00 pm to 6:30 pm

For more information, please contact Georgia Johnson at georgiadances@gmail.com

2022 Lent & Holy Week Services

- **Saturday, March 5: 9:30 am Saturday of Souls Divine Liturgy at Family Life Center Chapel**
- **Sunday, March 6: Forgiveness Sunday – 8:15 am Orthros & 9:30 am Divine Liturgy at Church; 6 pm Forgiveness Vespers at Family Life Center Chapel**
- **Monday, March 7: First Day of Lent – Clean Monday – 11 am Service of the Hours at Family Life Center Chapel, Lenten luncheon to follow**
- **Wednesday, March 9: 6 pm Pre-Sanctified Liturgy at Family Life Center Chapel, Dinner to follow**
- **Friday, March 11: 7 pm Salutations Service at Family Life Center Chapel**
- **Saturday, March 12: 9:30 am Saturday of Souls Divine Liturgy at Family Life Center Chapel**
- **Sunday, March 13: Sunday of Orthodoxy – 8:15 am Orthros & 9:30 am Divine Liturgy at Church; 6 pm Vespers at Church, Coffee reception to follow**
- **Wednesday, March 16: 6 pm Pre-Sanctified Liturgy at Church, Dinner to follow**
- **Friday, March 18: 7 pm Salutations Service at Church**
- **Sunday, March 20: St. Gregory Palamas - 8:15 am Orthros & 9:30 am Divine Liturgy at Church**
- **Wednesday, March 23: 6 pm Pre-Sanctified Liturgy at Family Life Center Chapel, Dinner to follow**
- **Friday, March 25: Annunciation of the Theotokos – 9:30 am Divine Liturgy at Family Life Center Chapel**
- **Sunday, March 27: Sunday of the Holy Cross – 8:15 am Orthros & 9:30 am Divine Liturgy at Church**
- **Wednesday, March 30: 6 pm Pre-Sanctified Liturgy at Church, Dinner to follow**
- **Friday, April 1: 7 pm Salutations Service at Church**
- **Sunday, April 3: Sunday of St. John Climacus - 8:15 am Orthros & 9:30 am Divine Liturgy at Church**
- **Wednesday, April 6: 6 pm Pre-Sanctified Liturgy at Family Life Center Chapel, Dinner to follow**
- **Friday, April 8: 6:30 pm Akathist Service at Family Life Center Chapel**
- **Sunday, April 10: Sunday of St. Mary of Egypt - 8:15 am Orthros & 9:30 am Divine Liturgy at Church**
- **Saturday, April 16: Saturday of Lazarus – 9:30 am Divine Liturgy at Church**
- **Sunday, April 17: Palm Sunday – 8:15 am Orthros & 9:30 am Divine Liturgy at Church, Palm Sunday Brunch to follow; 7 pm Bridegroom Service at Family Life Center Chapel**
- **Monday, April 18: Holy Monday – 7 pm Bridegroom Service at Family Life Center Chapel**
- **Tuesday, April 19: Holy Tuesday – 7 pm Bridegroom Service at Family Life Center Chapel**
- **Wednesday, April 20: Holy Wednesday – 1:30 pm Holy Unction (Sacrament of Healing – With Anointing) at Family Life Center Chapel; 7 pm Holy Unction (Anointing following) at Church**
- **Thursday, April 21: Holy Thursday – 10 am Divine Liturgy at Family Life Center Chapel; 7 pm Service of the 12 Passion Gospels at Church**
- **Friday, April 22: Good Friday – 10 am The Royal Hours at Church; 1:30 pm The Descent from the Cross at Church; 7 pm The Lamentations at Church**
- **Saturday, April 23: Holy Saturday – 10 am Divine Liturgy at Church; 11 pm Canon of the Resurrection at Church**
- **Sunday, April 24: Pascha – Midnight Resurrection Service & Liturgy at Church, Resurrection Meal to follow; Noon Agape Service at Church, Easter Lamb Roast to follow at the Family Life Center**

2022 LENT AND HOLY WEEK DONATIONS

We extend to you, the beloved Faithful of St. Nicholas, the opportunity to share in making our Great Lent a Holy, inspiring and beautiful event by decoration of our Church. Please call or email the Church office if you would like to donate. Below are items needed during the Holy Season:

Jonquils for Sunday of the Cross– **donated by Mary Varvaras**

Palms for Palm Sunday-

Palm Sunday Crosses-

Palm Sunday Icon Flower Arrangement-

Lilies for Epitaphion-

Hydrangeas for Holy Week and Easter-

Hertisme (Friday night) Candles-

Levane (incense)-

Altar Candles for Holy Week Services

 Palm Sunday-

 Tuesday-

 Thursday-

 Saturday-

Flowers for the Icon of the Bridegroom (Nymphios)-

Holy Wednesday Service Holy Unction (flour, cotton balls & olive oil)- **donated by the Kamburis Family, in memory of Tharinos & Kyriaki Patakas**

Holy Thursday Icon Flower Arrangement for Divine Liturgy-

Holy Thursday Icon Flower Arrangement for Service for 12 Passion Gospels-

Holy Thursday 12 Gospel Candles-

Holy Thursday Service Wreath-

Holy Thursday Service Candles for Cross-

Good Friday Sheet for Body of Christ-

Good Friday Icon Flower Arrangement for Royal Hours-

Good Friday Icon Flower Arrangement for The Descent from the Cross-

Good Friday Icon Flower Arrangement for The Lamentations (Epitaphion)-

Good Friday Epitaphion Candles-

Good Friday Anthonero (Rosewater)-

Holy Saturday Icon Flower Arrangement for 1st Divine Liturgy-

Holy Saturday Resurrection Candles for Priests

 One Candle-

 Two Candles-

Holy Saturday Resurrection Icons-

Holy Saturday Floral Cross for Resurrection Service-

Holy Saturday Resurrection Banner- Agape Service Icon Flower Arrangement-

Easter Eggs- **donated by Dino Benos**

Olive Oil (for votive lights)- **donated by the Kamburis Family**

Olive Oil (for lent)-

12 Palm Tree Plants-

Resurrection Meal Donations-





Dear St. Nicholas Family & Friends,

This year our Festival format will change from Curbside pick-up to having our Annual Labor Day Greek Festival at St. Nicholas and Taste of the Festival at Family Life Center. Thanks to you our Curbsides were very successful!

We need your continued support and help with volunteering your services, even if its only for an hour or two, with Festival kitchen prep. Last year we had a great response from our young adults – many thanks for your help. We hope you can join us again in continuing to learn the skills of our parents and grandparents.

The following kitchen prep schedule takes us through June. There are more dates scheduled in July, August and September. Included in the schedule are other dates that will be taken care of by the Team Leader mentioned. Please feel free to contact me with any questions regarding the schedule 314.647.4636 or haca1001@aol.com.

Thanks,
Chris Anastas
Festival Food Coordinator

FESTIVAL PREPARATION SCHEDULE

March –

- Friday, March 4 at 9:00 a.m. – St. Nicholas – Crumble Feta/Walnuts – Kamburis Team
- Monday, March 21 at 8:00 a.m. – St. Nicholas – Koulouria for Philoptochos Pre-Lenten Bake Sale
- Wednesday, March 23 at 8:30 a.m. – St. Nicholas – Melting Butter for Spanakopita – Anastas Team
- Saturday, March 26 at 9:00 a.m. – St. Nicholas – Spanakopita Mixture – Ferretti Team
- Monday, March 28 at 8:00 a.m. – St. Nicholas – Spanakopita Assembly

April –

- Friday, April 8 at 9:00 a.m. – St. Nicholas – Tsourekis for Easter – Ginos Team
- Monday, April 18 at 9:30 a.m. – St. Nicholas – Easter Eggs – Maria Kamburis Team
- Saturday, April 30 at 9:00 a.m. – St. Nicholas Spanakopita Mixture – Ferretti Team

May –

- Monday, May 2 at 8:00 a.m. – St. Nicholas – Spanakopita Assembly
- Saturday, May 14 at 8:00 a.m. – St. Nicholas – Galaktoboureko Mixture – H. Souris Team
- Monday, May 16 at 8:00 a.m. – St. Nicholas – Galaktoboureko Assembly
- Monday, May 23 at 8:00 a.m. – St. Nicholas – Salad Dressing Cups
- Wednesday, May 25 at 8:00 a.m. – St. Nicholas – Salad Dressing Bottles – Anastas Team

June –

- Friday, June 17 at 1:00 p.m. – St. Nicholas – Lamb Shanks – “Manpower Needed”
- Saturday, June 18 at 7:00 a.m. – St. Nicholas – Lamb Shanks – “Manpower Needed”



FISH FRY

Greek Style



Fridays: March 11, March 18, March 25

4:00pm - 7:00pm



St. Nicholas Family Life Center

12550 S. Forty Drive, St. Louis, MO 63141

On The Menu:

Fried & Baked Fish, Spanakopita,
Greek Mac-n-Cheese, Baklava and more!

Open to the Public - Free Parking - Free Admission - Come join us!




PHILOPTOCHOS CORNER

March 2022

Membership Mimosa Brunch – We held our annual Membership Mimosa Brunch/General Meeting on Saturday, January 22nd at the Family Life Center. A warm welcome to our new St. Nicholas Philoptochos members! With 40+ ladies in attendance – we kicked off the New Year with enthusiasm to continue our mission of helping those in need. Special guest, Linda Boyland/VP of Development, joined us from one of our charity spotlights – World Pediatric Project. World Pediatric Project is an international non-profit organization bridging the gap in lack of access to advanced pediatric healthcare in the world. Since 2001, World Pediatric Project has provided thousands of children with access to life-saving and life-changing care, facilitated training for hundreds of local healthcare workers across disciplines, and worked with governments and hospitals to develop system capacity, resources and advocate for health policies.


Godparent/Godchild Sunday: February 13th – We celebrated the Divine Liturgy, and reaffirmed the commitment that was made at baptism with our Godchildren and Godparents. Thank you to Sandra Kamburis & Mary Papulis for delivering delicious cookies from Bello's Bakery to all the Sunday school children and teachers.

GK Pre-Lenten Luncheon Sale: February 13th – Thank you to Georgia Ferretti and her committee for planning another successful luncheon/bake sale. We appreciate all of the delicious homemade goodies donated by our members. All proceeds benefited the ministries of St. Nicholas Philoptochos.


First Day of Lent/Clean Monday: March 7th – We invite you to celebrate the beginning of the Lenten period at our annual Lenten Luncheon immediately following the Compline Service at the Family Life Center.

Palm Sunday Brunch: April 17th - Philoptochos is looking forward to hosting our Annual Palm Sunday Brunch. Please join us, with your family and friends, for a delicious brunch: Sautéed Lemon fish, Gourmet Omelets, Poached Salmon, Assorted Pastries, Mimosas, and more. A special buffet is planned for the children. Please make your reservations as soon as possible. See the enclosed flyer for more details.

Grecian Kitchen Spring Order Form – Treat your family and friends to home-made Grecian specialties for the Easter Holiday and summer! We are offering Koulouria, Baklava, Spanakopita, Tsoureki, Pastitsio, and more! Remember we sell our specialties year round. Please fill out the order form in this month's newsletter and mail to Dianne Zotos, 1213 Hillcrest Field Drive, Chesterfield, MO 63005.



Calendar of Events:

- 3/07 – Clean Monday Lenten Luncheon (FLC)
 - 3/13 – Sunday of Orthodoxy (St. Nicholas)
 - 3/19 – General Meeting (FLC)
 - 3/23 – Pre-Sanctified Dinner (FLC)
 - 4/17 – Palm Sunday Brunch (St. Nicholas)
 - 4/28 – Board Meeting (FLC)
- 



St. Nicholas Philoptochos Society
Grecian Kitchen/Spring Sale

Treat your Family & Friends to Home-made
Grecian Specialties for Easter!

To Place Your Order...

MAIL THE COMPLETED ORDER FORM BELOW WITH CHECK PAYABLE TO: ST. NICHOLAS PHILOPTOCHOS
C/O DIANNE ZOTOS, 1238 HILLCREST FIELD DR, CHESTERFIELD, MO 63005 OR CALL 636.541.0708

Pick-up Date...April 15th (11:00 am – 3:00 pm)

ST. NICHOLAS FAMILY LIFE CENTER, 12550 SOUTH FORTY DRIVE, ST. LOUIS, MO 63141

Items...

Pastitsio.....\$45 (HALF PAN)
GROUND BEEF, PASTA, & BECHAMEL CASSEROLE (READY TO BAKE)

Spanakopita.....\$22 (12PC PAN)
SAVORY SPINACH & CHEESE PIE (READY TO BAKE)

Galaktoboureko...\$22 (12PC PAN)
CUSTARD FILLED PASTRY (READY TO BAKE)

Baklava.....\$25 (24PC PAN)
CLASSIC GREEK FAVORITE (READY TO BAKE)

Koulouria.....\$9 PER DOZEN
BRAIDED BUTTER COOKIES

Tsoureki.....\$20
TRADITIONAL BRAIDED EASTER SWEET BREAD

“Hellenic Cuisine” Cookbook.....\$25

“OPA” Salad Dressing.....\$4

.....

Mail-in order form

NAME

ADDRESS

CITY STATE ZIP

PHONE

EMAIL

ITEM	UNIT PRICE	QUANTITY	TOTAL \$
PASTITSIO (HALF PAN)	\$45		
SPANAKOPITA (HALF PAN)	\$22		
GALAKTOBOUREKO (HALF PAN)	\$22		
BAKLAVA (HALF PAN)	\$25		
KOULOURIA (DOZEN)	\$9		
TSOUREKI	\$20		
COOKBOOK	\$25		
OPA SALAD DRESSING	\$4		
		TOTAL	\$

MAIL COMPLETED FORM & CHECK PAYABLE TO: ST. NICHOLAS PHILOPTOCHOS
C/O DIANNE ZOTOS, 1238 HILLCREST FIELD DR, CHESTERFIELD, MO 63005



St. Nicholas Philoptochos Society Palm Sunday Brunch - April 17, 2022

Immediately following Divine Liturgy

Traditional Palm Sunday Buffet

- Sautéed Lemon Fish*
- Skordalia*
- Grecian-Style Potatoes*
- Mixed Green Salad*
- Green Beans Almondine*
- Bread*

Gourmet Omelet Buffet

- Made to order omelets including feta cheese, cheddar cheese, onions, mushrooms, green peppers, and tomatoes*
- Chilled Poached Salmon with dill sauce*
- Spring Asparagus with lemon butter sauce*
- Breakfast Pastries and Croissants*
- Fresh Fruit*

Children's Buffet

- Scrambled Eggs, French Toast Sticks, Fresh Fruit, & Treats*
- Orange Juice & Milk*

- Mimosas*
- Dessert*
- Coffee Bar*



Advanced Reservations Appreciated

Traditional Palm Sunday Buffet	_____	@ \$30 per person
Gourmet Omelet Buffet	_____	@ \$30 per person
Children's Buffet	_____	@ \$10 per child (12 and under)
	\$ _____	Total

NAME: _____

**Please mail completed form with check payable to: St. Nicholas Philoptochos
c/o Sandra Kamburis, 1211 Bedford Falls Ct, Ballwin, MO 63021**

Reserved seating will be provided to those who purchase their tickets **no later than Tuesday, April 12th.** Please list on the back of this stub who you wish to be seated with. Advanced pre-paid reservations can be picked up on Sundays starting March 27th.

If you have any questions, please contact Sandra at skamburis@hotmail.com or 314.952.9958

ST. NICHOLAS EASTER LAMB ROAST

April 24, 2022

St. Nicholas Family Life Center

1:30 pm following AGAPE Service at Church

Adults \$25

Children 12 & under \$10

Traditional Easter Feast

Special menu & entertainment for the children!

For reservations, please complete form below & send with check payable to:

St. Nicholas Greek Orthodox Church

c/o Lauren Murphy Rowe

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Chesterfield, MO 63017

636.675.1606

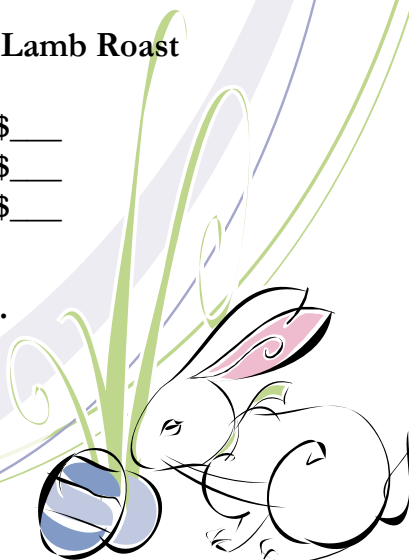
Please reserve the following for the St. Nicholas Easter Lamb Roast

___ Adult(s) at \$25 each	\$ ___
___ Children 12 & under at \$10 each	\$ ___
___ Total guests	Total \$ ___

Please seat me with the _____ party.

Name: _____

Phone: _____



Orthodox Young Adults

Please join us for an Orthodox Young Adults (for ages after college-30's) night of fellowship, discussion and faith on Tuesday, February 8, at 7 pm via Zoom. All young adults are welcome! We will be meeting via Zoom on the second Tuesday of every month. For the Zoom link and for any questions, please contact Gracie Livaditis at glivaditis251@gmail.com

AHEPA Scholarship Foundation

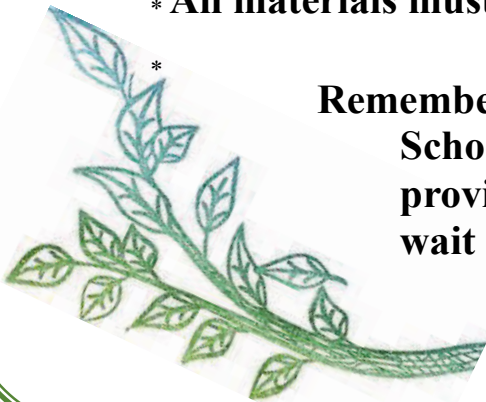
The St. Louis AHEPA Scholarship Foundation is now accepting applications for the current year.

* Please email Basil Pappas (bdpappas@yahoo.com) for an application.

* All materials must be in the hands of the foundation by **April 15, 2022.**

Remember:

Schools have been slow to provide transcripts, so do not wait until the last minute **Act Now!**



Did you know? St. Nicholas has an online Library!

Browse more than 1600 book titles in our church library from your computer or mobile device by visiting: <http://www.librarycat.org/lib/sngoclinary>. You may search by topic, book title, or author. If you would like to check out a book, email me at: sngoclinary@gmail.com.



I will deliver the book to the FLC or to the church office for you to pick up at your convenience.

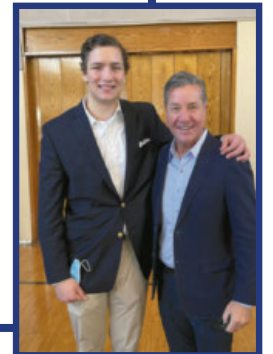
Elaine Coulson, Library Chair



Sunday School Attendance Awards



Godparent-Godchild Sunday



Family FUN!



MEMORIAL DONATIONS



<u>GENERAL FUND</u>	<u>GENERAL FUND (continued)</u>	<u>CAPITAL CAMPAIGN (continued)</u>
<p><i>In Memory of Maria Platipodis</i> John and Helen Csik Evie Erickson Efstathia Efi Young Diane and Gus Kapodistrias Jim and Terry Demos Katie Flynn Grant and Tina Eble Spiro and Evangeline Arvanitakis Nike Tsilimantos Safety International</p> <p><i>In Memory of Michael Malliotakis</i> Stephanie Chronopoulos Sophie Chronopoulos Mary Vidakis Renee Tompras Bogdanos Ellis, Karla and Jonas Denos The West Family Dimitrios and Bessie Theodorou Ron and Elaine Been Dan and Anne Kazanas and Family</p> <p><i>In Memory of Ryan Xenakis</i> Mark Buckley John Imhoff The Peter Yannakakis Family</p>	<p><i>In Memory of Dino Stavrides</i> George and Dianne Zotos</p> <p><i>In Memory of Maria Psaris</i> Nicholas Psaris Diana Psaris Dan and Anne Kazanas</p> <p><i>In Memory of Freida Maleas</i> Trigona Maleas</p> <p><i>In Memory of Katherine Siromas Rutter</i> Trigona Maleas</p> <p><u>PHILOPTOCHOS SOCIETY</u></p> <p><i>In Memory of Cynthia Milonas</i> Mary Ellen Anastas and Family</p> <p><i>In Memory of Angie Damalas</i> The Herman Team</p> <p><u>CAPITAL CAMPAIGN</u></p> <p><i>In Memory of Michael Malliotakis</i> Jeanne Tompras John Spanos Family</p> <p><i>In Memory of Ryan Xenakis</i> The Kamburis Family Dennis and Helen Carey Michael and Georgia Ferretti</p>	<p><i>In Memory of Dino Stavrides</i> Dennis and Helen Carey The Kamburis Family</p> <p><i>In Memory of Cynthia Milonas</i> John and Mimi Davis Achilles and Dorothea Karakas</p> <p><i>In Memory of Maria Vamvas</i> Achilles and Dorothea Karakas</p> <p><i>In Memory of Harry Lemakis</i> Nick Varsam</p> <p><i>In Memory of Athanasios Demitrios "Tom" Dubis</i> Elizabeth (Dubis) & Stefan Glyniias</p> <p><i>In Memory of Trifon Abatgis</i> Georgiga Prstojevich</p> <p><u>ST. NICHOLAS RENOVATION</u></p> <p><i>In Memory of Maria Vamvas</i> Leo and Despina Pashos</p> <p><i>In Memory of Katherine Siromas Rutter</i> Marie Tanurchis</p>

PARISH LIFE

MEMORIALS

- + 40 day memorial for Maria Vamvas - January 30
- + 1 year memorial for Nicholas Vazopolos - February 13
- + 3 year memorial for Spilios Papadopoulos - February 13
- + 3 year memorial for George Leontsinis - February 20
- + 3 year meorial for Maria Efstathianos - January 30
- + 4 year memorial for Tasia Millonas - Fanuary 30
- + 5 year memorial for George Demetrulias - January 30
- + 9 year memorial for Christina Vazopolos - February 13
- + 11 year memorial for Lula Leontsinis - February 20
- + 31 year memorial for John Leontsinis - February 20

FORTY DAY BLESSING

Mia Katherine, daughter of Constantinos and Grace Livaditis was blessed and churched on Sunday, January 30, 2022. Congratulations!

Purge! Purge! Purge! **Purge! Purge! Purge!**

Prison Ministry Casual Clothing Drive

The St. Nicholas Prison Ministry is collecting the following men's clothing until **March 31st!**

- Jeans size 36 and greater
- Khaki Pants size 36 and greater
- Pullover Shirts Size Large and Greater
- Button Down Casual Shirt sizes 17 or greater



Please...

- **MEN'S clothing ONLY**
- **LARGE sizes ONLY**
- **LISTED items ONLY**
- **BIG and TALL sizes especially needed!**

Call Clark Porter at (314) 518-6747 to arrange pickup!

Thank you!



AHEPA

100 Year Anniversary CELEBRATION DINNER

at the FAMILY LIFE CENTER

Saturday, May 21, 2022

Time: TBA

Please join us to celebrate and remember all of our achievements and your loved ones who worked to make both AHEPA 395 and 53 such a great part of our Greek Community.



If you have pictures to loan for the slideshow connected with this event, please contact Adonis Chakides at a.chakides@sbcglobal.net or you can send regular mail to:

Your pictures will be returned to you at your request.

Adonis Chakides
117 College Drive
St. Charles, MO 63301

March 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 7 am Men's Fellowship Family Life Center	3 10 am Kafencio Family Life Center	4	5 <i>Saturday of Souls</i> 9:30 am Divine Liturgy Family Life Center Chapel
6 <i>Forgiveness Sunday</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Fellowship Coffee Hour <i>Sunday School</i> <i>Forgiveness Vespers</i> 6 pm FLC Chapel <i>PARISH ASSEMBLY</i> <i>following Divine Liturgy</i> 6 pm GOYA Meeting - FLC 11:45 am-12:45 pm <i>Oratorical and Fine Arts Festival</i> <i>MENTORING SESSION</i> at Church - 2nd Floor Conference Room (Due to Parish Assembly)	7 <i>First Day of Lent</i> <i>Clean Monday</i> 11 am Services of the Hours Family Life Center Chapel Lenten Luncheon to Follow	8 7 PM Orthodox Young Adults via Zoom	9 7am Men's Fellowship Family Life Center <i>Pre-Sanctified Liturgy</i> 6 pm Family Life Center Chapel Dinner to Follow	10	11 <i>Salutations Service</i> 7 pm Family Life Center Chapel FISH FRY 4-7 pm at FLC	12 <i>Saturday of Souls</i> 9:30 am Divine Liturgy Family Life Center Chapel
13 <i>Sunday of Orthodoxy</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Stewardship Sunday Fellowship Coffee Hour <i>Sunday School</i> <i>Vespers</i> 6 pm at Church Coffee Reception to follow 11:45 am-12:45 pm <i>Oratorical and Fine Arts Festival</i> <i>MENTORING SESSION</i> at Church - Philoptochos Room	14	15 10 am Woman's Faith Group Family Life Center	16 7 am Men's Fellowship Family Life Center <i>Pre-Sanctified Liturgy</i> 6 pm Church Dinner to Follow	17	18 <i>Salutations Service</i> 7 pm Church FISH FRY 4-7 pm at FLC	19 10 am Philoptochos General Meeting Family Life Center
20 <i>Sunday of</i> <i>St. Gregory Palamas</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Fellowship Coffee Hour <i>Sunday School</i> 11:45 am-12:45 pm <i>Oratorical and Fine Arts Festival</i> <i>MENTORING SESSION</i> at Church - Philoptochos Room	21 8 am Koulouria Baking at Church	22	23 7 am Men's Fellowship Family Life Center <i>Pre-Sanctified Liturgy</i> 6 pm Family Life Center Chapel Dinner to Follow	24	25 <i>Annunciation</i> <i>of the Theotokos</i> 10 am Divine Liturgy Family Life Center Chapel FISH FRY 4-7 pm at FLC	26
27 <i>Sunday of the Holy Cross</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Fellowship Coffee Hour <i>Sunday School</i> <i>St. John Chrysostom</i> <i>Oratorical and Fine Arts Festival</i> <i>FINISHED WORK DUE</i>	28 8 am Spanokopita Assembly at Church	29 10 am Woman's Faith Group Family Life Center	30 7 am Men's Fellowship Family Life Center <i>Pre-Sanctified Liturgy</i> 6 pm Church Dinner to Follow	31		

Mike Fontana
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