aint tanislaus Kostka Polish Catholic Parish

Open Doors * Open Minds * Open Communion

August Sierpień Agosto

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1413 North 20th Street Saint Louis, MO 63106

www.saintstan.org

🖂 office@saintstan.org 🕾 314.620.7894

Office Hours/Biuro czynne/Horario de Oficina Monday, Wednesday, Friday: 12:00 p.m.-2:00 p.m.

Mass Schedule/Msze Święte/Horario de Misas

Saturday: 4:00 p.m. English

Sunday: 10:00 a.m. English, Polish, Spanish

Wednesday: 11:30 a.m. Latin

Morning Prayer is streamed live on facebook.com/stanstl

Monday, Wednesday, Friday: 9:00 a.m.

Sunday School/Katecheza/Clases de Catecismo Sunday: 11:15 a.m.-11:45 a.m. (September-June)

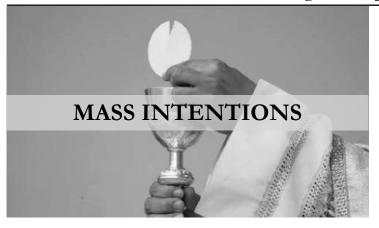
Sacrament of Reconciliation/Spowiedź/Confesión By appointment/Po wcześniejszym umówieniu

Polish Heritage Library/Biblioteka parafialna/Biblioteca By appointment/Po wcześniejszym umówieniu

Free Food Fridays/Bank żywności/Despensa de alimentos Friday: 9:30 a.m.-10:30 a.m.

PASTOR/PROBOSZCZ/PÁRROCO Rev. Przemysław (Przemek) Cichosz pastor@saintstan.org, 314.457.3478

CLERGY/DUCHOWNI
Associate Pastor, Rev. Jonathan Batchelor 314.882.4609
Assisting Priest, Rev. Isaac Martin Higgins, OSB 314.458.9389
Deacon, Rev. Lori Fremder
Deacon, Rev. Chad Ingold
BOARD OF DIRECTORS/RADA DYREKTORÓW
Chairperson, Piotr Świetlicki
Secretary, Samantha K. Kos
Treasurer, Pam Peters
Director, Joe Vogt
Director, Carolyn Kramkowski
Director, Lisa Baumann
STAFF & VOLUNTEERS/PRACOWNICY I WOLONTARIUSZE
Polish Heritage Center, Marlon Jackson
Organist & Pianist, Pam Peters



August 2 Vigil of the 18th Sunday in Ordinary Time 4:00 p.m. For Rosie Seiler for her birthday Intention of parishioners August 3 18th Sunday in Ordinary Time | 18 Niedziela Okresu Zwykłego | XVIII Domingo Ordinario * Rosary | Różaniec | Rosario * *9:00 a.m. For Tommy Gillardi for health 10:00 a.m. Intention of Kevin & Vicki TRANSFIGURATION OF THE LORD August 6 11:30 a.m. Latin Mass | 1975 Missal August 9 Vigil of the 19th Sunday in Ordinary Time 4:00 p.m. † Quante Families

August 10
Intention of Rita
19th Sunday in Ordinary Time | 19 Niedziela
Okresu Zwykłego | XIX Domingo Ordinario
ANNUAL PARISHIONERS MEETING

10:00 a.m. For all St. Stanislaus parishioners and friends Intention of Fr. Przemek

August 16 Vigil of the 20th Sunday in Ordinary Time 4:00 p.m. † Rafalowski & Varvel Families Intention of Rita

August 17 20th Sunday in Ordinary Time | 20 Niedziela Okresu Zwykłego | XX Domingo Ordinario

10:00 a.m. For all teachers and students starting the new school year

Intention of Fr. Przemek

August 23Vigil of the 21st Sunday in Ordinary Time4:00 p.m.For the Goly & Kaemmerer FamiliesIntention of Kevin & Vicki

August 24 21st Sunday in Ordinary Time | 21 Niedziela Okresu Zwykłego | XXI Domingo Ordinario

10:00 a.m. For Robert Donze for his birthday *Intention of his Mom*

† Kazimierz Stolarz Intention of his wife Stanisława & Family

August 30 Vigil of the 22nd Sunday in Ordinary Time 4:00 p.m. † Richard Karwowski

Intention of his Family >Potluck/Tailgate Party<

August 31 22nd Sunday in Ordinary Time | 22 Niedziela Okresu Zwykłego | XXII Domingo Ordinario

10:00 a.m. Piotr Świetlicki for his birthday *Intention of parishioners*

A NOTE FROM OUR PASTOR

n July 12th, Iga Świątek made history as the first Polish woman to win Wimbledon! She triumphed over American Amanda Anisimova in two quick sets, 6-0, 6-0. "To represent Poland is a great responsibility, and I feel it," she told a monthly American lifestyle magazine "Town & Country" last year, adding, "I sometimes feel overwhelmed by this 'weight of Poland' on my shoulders because I know people have many expectations and they are used to me winning almost everything. I appreciate them supporting me and I'm trying to show them my perspective, too. My perspective on being just a human being, like themselves. Having ups and downs."

Świątek, 24, was born and raised in Warsaw, Poland. Her father, Tomasz Świątek, competed at the 1988 Seoul Olympics in rowing, and her mother, Dorota, is an orthodontist. Her older sister, Agata, briefly played tennis and now works as a dentist.

"I never even dreamt that it's going to be possible for me to play in the final," Świątek said when she made the Wimbledon finals. "I'm just super excited and just proud of myself." She added, "Tennis keeps surprising me. I thought I lived through everything, even though I'm young. I thought I experienced everything on the court. But I didn't experience playing well on grass. That's the first time."

Świątek remains the only Polish tennis player to ever win a Grand Slam title; she's won the French Open four times and the U.S. Open once. (No Polish man has ever won a Grand Slam singles title.) In 2020, Poland awarded her with the Gold Cross of Merit after her first Grand Slam victory, when she became the first Polish person to win a tennis major.

As Iga mentioned, stardom—while often appearing glamorous—can be incredibly overwhelming for individuals catapulted into the public eye. The constant scrutiny, loss of privacy, and pressure to maintain a perfect public image can take a significant toll on mental and emotional well-being. Every action, word, and appearance is subject to analysis and criticism, fostering anxiety, paranoia, and impacting self-esteem. Despite being surrounded by fans and assistants, many celebrities report feeling incredibly lonely due to the disconnect between their public persona and true self, and strained relationships caused by the demands of fame. Many fail, others try to "show their own perspective. A perspective on being just a human being, having ups and downs."

In our world flooded by social media, we are often presented with curated, idealized versions of others' lives. That leads to feelings of inadequacy and "fear or missing out" (FOMO) when comparing one's own life to these

portrayals. In moments like these, it is good to remember that Jesus does not expect us to be like other people, not even like other Christians. He wants us to be like Him. "Come as you are", says His Church.

Fr. Przemek, Pastor

OD NASZEGO PROBOSZCZA

dniu 12 lipca Iga Świątek zapisała się w historii jako pierwsza Polka, która wygrała Wimbledon! W dwóch szybkich setach pokonała Amerykankę Amandę Anisimovą 6:0, 6:0. "Reprezentowanie Polski to wielka odpowiedzialność i czuję to na co dzień", powiedziała w zeszłym roku amerykańskiemu miesięcznikowi lifestylowemu "Town & Country", dodając: "Czasami czuję się przytłoczona tym brzemieniem spoczywającym na moich barkach, ponieważ wiem, że ludzie mają wiele oczekiwań i są przyzwyczajeni do tego, że wygrywam prawie wszystko. Doceniam ich wsparcie i staram się pokazać im również moją perspektywę; perspektywę zwykłego człowieka, takiego jak oni sami, ze wzlotami i upadkami".

24-letnia Świątek urodziła się i wychowała w Warszawie. Jej ojciec, Tomasz Świątek, brał udział w Igrzyskach Olimpijskich w Seulu w 1988 roku w wioślarstwie, a jej matka, Dorota, jest ortodontką. Jej starsza siostra, Agata, przez krótki czas grała w tenisa, a obecnie pracuje jako dentystka. "Nigdy nie śniło mi się, że zagram w finale", powiedziała Świątek, kiedy dotarła do finalu Wimbledonu. "Jestem po prostu super podekscytowana i dumna z siebie". Dodała: "Tenis ciągle mnie zaskakuje. Myślałam, że przeżyłam wszystko, mimo że jestem młoda. Myślałam, że doświadczyłam wszystkiego na korcie. Ale nie doświadczyłam dobrej gry na trawie. To mój pierwszy raz".

Świątek pozostaje jedyną polską tenisistką, która kiedykolwiek wygrała Wielkiego Szlema; czterokrotnie wygrała French Open i raz US Open. (Żaden Polak nigdy nie wygrał Wielkiego Szlema w grze indywidualnej). W 2020 roku Świątek została odznaczona Złotym Krzyżem Zasługi po jej pierwszym zwycięstwie w Wielkim Szlemie.

Jak jednak wspomniała Iga, sława—choć często wydaje się olśniewać—może być niezwykle przytłaczająca dla osób, które nagle znalazły się w centrum uwagi. Kontrola, utrata prywatności i presja utrzymania idealnego wizerunku publicznego mogą znacząco wpłynąć na samopoczucie psychiczne i emocjonalne. Każde działanie, słowo i występ publiczny podlegają analizie i krytyce, co potęguje lęk, paranoję i wpływa na poczucie własnej wartości. Pomimo rzesz fanów i asystentów, wiele celebrytów przyznaje, że czuje się niezwykle samotnych z powodu rozdźwięku między ich publiczną personą a prawdziwym "ja" oraz napiętych relacji spowodowanych wymaganiami sławy. Wielu ponosi porażkę, inni próbują "pokazać swoją własną perspektywę. Perspektywę bycia po prostu człowiekiem, ze wzlotami i upadkami".

W naszym świecie zalanym przez media społecznościowe często jesteśmy bombardowani ściśle wyselekcjonowanymi, wyidealizowanymi wersjami życia innych. Prowadzi to do poczucia nieadekwatności i "strachu przed pominięciem" (FOMO), gdy porównujemy własne życie do życia innych. W takich chwilach warto pamiętać, że Jezus nie oczekuje od nas, że będziemy tacy jak inni ludzie, nawet jak inni chrześcijanie. On chce, żebyśmy byli tacy jak On. "Przyjdź tak, jak stoisz", mówi Jego Kościół.

BOARD OF DIRECTORS UPDATE

We are incredibly proud to share that our Summer Picnic returned and was a huge success! We are grateful for the joyful day filled with delicious Polish food, great company, and the energy of our Church Family that is alive, growing, and committed. This year, the Picnic Team was busy with a new generation of enthusiastic young people who have proudly stepped in to carry forward the torch of service. We are also proud to share that the Picnic brought in a profit of \$5,737.68. Successful events like this remind us that we are not bound by the past, but rather that we are building a future that is vibrant, self-sustaining, and full of opportunities. With that uplifting spirit in mind, we once again emphasize the critical importance of the upcoming Board of Directors election. Compared to previous Boards, this past year has shown what focused and united leadership can accomplish such as restoring financial health, cutting unnecessary costs, and bringing integrity, unity, and transparency back to the Church and PHC. To keep moving forward, we need to continue empowering a new generation of leaders who are committed to serving and protecting the well-being of our Church. As you cast your vote this August, we encourage every Parishioner to consider how fresh perspectives and young energy will help sustain our shared vision for the future and reflect on the ongoing momentum that we have built. We are now in a strong and unified place as a Church Family, therefore, returning to conflicts and habits of the past would only disrupt the momentum that we have worked so hard to build. Let's protect it, preserve it, and continue moving forward together. As a reminder, in accordance with our Bylaws, voting and Annual Meeting attendance will be restricted to active and contributing St. Stanislaus members to ensure accurate representation of our Church. Please be prepared to show valid identification for entry into the PHC. The Annual Meeting will include the Pastor's Report, Chairman of the Board Report, Treasurer's Report, PHC Report, and the announcement of our newly elected Directors. | Board of Directors

The revival of the Summer Picnic after a one year absence was spectacular! Many THANKS to all those who volunteered their time & talents to assist in making the Picnic a profitable success! It truly was CommUnity in action! We look forward to our Fall Festival on November 9th. | Pam Peters & Lisa Baumann, Summer Picnic Co-Chairs

OD RADY DYREKTORÓW

Letni Piknik Parafialny powrócił w tym roku po przerwie i okazał się wielkim sukcesem! Szczególne podziękowania dla wszystkich nowych, młodych parafian, którzy zaangażowali się w jego przygotowanie. Zysk wyniósł \$5,737.68. Sukcesy takie jak ten pokazują, że nie powinniśmy oglądać się w przeszlość, a optymistycznie patrzeć w przyszlość, szczególnie podczas sierpniowych wyborów do Rady Dyrektorów. Nasz kościól stoi przed szansą, aby młode, dynamiczne pokolenie przejęlo stery okrętu. Przypominamy, że głosowanie i udział w zebraniu ograniczone są do aktywnych członków parafii, wspierających kościół finansowo.

NEW MINISTRY OF CARE!

We are thrilled to announce that **in late August** we will be launching a new ministry to the sick and homebound:

the Ministry of Care

As an extension of the compassionate ministry of Jesus, ministers of care (both lay and ordained) go forth from the Eucharistic celebration so that they may share the Word of God and Holy Communion with those who are sick, homebound, isolated, suffering, and cannot attend Mass.

If you know anyone in our parish or <u>outside of it</u> who cannot attend mass but wishes to receive Holy Communion, please notify us at: **office@saintstan.org**

PRAY FOR THE SICK

Please notify the church office if you become sick or hospitalized. Prosimy zgłaszać do biura parafialnego imiona osób chorych potrzebujących modlitwy.

Gary Booth, Stephenie Boardley, Theda Brahec, Gianna Deidrick, Raymond Dienherg, Wayne Gettinger, Elizabeth Groenweghe, Carol Klein, Richard Mazurek, Julie Stichnote, Elena Schulte, Evelyn Vetz, Betty Wood, Dan Metz, Kevin Kohm, Linda Garcia-Otero, Ryan Brakhane

BAPTISMS

Maria Jose Casillas was baptized on July 5, 2025

2025 PARISH MINISTRIES SCHEDULE

Coffee & Donuts

Sunday, 11:15 am

Sunday School

Sunday, 11:15 am (September-June)

Latin Mass

Wednesday, 11:30 am

Free Food Fridays

Friday, 9:30 am

Garden Committee

Saturday, 9:00 am (March-November)

Kids' Ministry

15 min. before & after every mass

Online Morning Prayer

Monday, Wednesday, Friday, 9:00 am

Rosary

First Sunday of the Month, 9:00 am

Liturgical Ministers Meeting

Third Sunday of the Month, 11:30 am

Potluck/Tailgate Party

Last Saturday of the Month, 5:00 pm

HAPPY BIRTHDAY/STO LAT

Rosalie Seiler | August 5 Leona Kaminski | August 10 Jolanta Królikiewicz | August 12 V'Anne Mydler | August 17 Carolyn Baras | August 21 Joey Mooney | August 22

BOD ELECTIONS

In accordance with our Bylaws, we plan to hold **the annual** meeting of all parishioners on the second Sunday of August:

August 10th, in the Polish Heritage Center, starting promptly at 11:30 am

Please mark your calendars, so that you can exercise your right of a Parishioner to shape the future of our faith community!

Each year at this time, we elect two members of our sevenmember Board of Directors. Listed below are individuals who have submitted their name for election: Pam Peters, Ed Poniewaz, Colleen Seematter, Joe Vogt.

According to our Bylaws, "in order to qualify for election as a Director, an individual must be a duly registered member of the church over the age of eighteen who on a regular basis attends masses at the church and contributes to the financial support of the Parish." All active and donating members of our Parish are encouraged to consider serving in this capacity.

This year voting will take place over two weekends:

Saturday, August 2nd from 3:00 p.m. until 5:30 p.m. and Sunday, August 10th from 9:00 a.m. until 11:30 a.m.

WYBORY DO RADY

Zgodnie z naszym Statutem **Doroczne Zebranie Parafian** odbędzie się w drugą niedzielę sierpnia:

10 sierpnia, w Centrum Dziedzictwa Polskiego, zaczynając się o godz. 11:30 rano

Zaznaczcie prosimy ten dzień w swoich kalendarzach, abyście mogli skorzystać z prawa wyborczego i wypowiedzieć się co do przyszłości naszej wspólnoty wyznaniowej!

Co roku **wybieramy dwie osoby** do naszej siedmioosobowej Rady Dyrektorów. W tym roku kandydują: **Pam Peters, Ed Poniewaz, Colleen Seematter, Joe Vogt.**

Zgodnie z naszym Statutem, "aby kwalifikować się do wyboru na Dyrektora, kandydat musi być zarejestrowanym członkiem kościoła powyżej osiemnastu lat, regularnie uczęszczającym na msze św. w parafii oraz wspierającym parafię finansowo". Wszystkich zaangażowanych i opłacających składki parafian zachęcamy do rozważenia posługi w takim charakterze.

W tym roku głosowanie odbędzie się w dwa weekendy:

sobota, 2 sierpnia, od 3:00 do 5:30 po południu i niedziela 10 sierpnia, od 9:00 do 11:30 rano

COMING SOON

August 2 & 10: Board Elections

This year voting will take place over two weekends: **Saturday, August 2nd** from 3:00 p.m. until 5:30 p.m. and **Sunday, August 10th** from 9:00 a.m. until 11:30 a.m.

AUGUST 10: ANNUAL PARISHIONERS MEETING

In accordance with our Bylaws, we plan to hold the annual meeting of all parishioners on the second Sunday of August, August 10th, in the Polish Heritage Center, right after the 10 am mass. As a reminder, in accordance with our Bylaws, voting and Annual Meeting attendance will be restricted to active and contributing St. Stanislaus members to ensure accurate representation of our Church. Please be prepared to show valid identification for entry into the PHC. The Annual Meeting will include the Pastor's Report, Chairman of the Board Report, Treasurer's Report, PHC Report, and the announcement of our newly elected Directors.

August 30: Potluck/Tailgate Party

Any event is incomplete without you, dear Parishioner. You are most cordially invited to join us as our guest at one of our famous Potluck/Tailgate Parties held every last Saturday of the month **right after the 4 pm mass.** In August, we will celebrate the Potluck on the last Saturday of the month **(August 30th)!** Bring your favorite food to share! It will be great having you among us.

September 21: 24th Polish Heritage Open

We are planning to hold the 24th Polish Heritage Open Golf Tournament on Sunday, September 21st at Sugar Creek Golf Course from 1 pm. The PHO benefits the preservation of historic St. Stanislaus Church and the Polish Heritage Center. For tickets and more information please contact Ed Poniewaz (314.644.2861).

September 27 & 28: Tower Grove Pride

On September 27th & 28th, St. Stanislaus will be joining Tower Grove Pride held in the beautiful Tower Grove Park. Check the family-friendly atmosphere and many colorful booths, including the St. Stanislaus Pride Booth. Please contact **Mich Sinclair (314.537.5721)** if you want to help.

JOIN OUR GARDEN TEAM!



Our GARDEN TEAM needs your help! If you like gardening, please reach out to Cynthia (314.440.9650) or Paulette (314.952.0213). The garden team meets every Saturday at 9 am. But if you like to sleep longer on your weekends, you are more than welcome to come anytime during the week.

W NAJBLIŻSZYM CZASIE

2 i 10 sierpnia: Wybory do Rady Dyrektorów

W tym roku glosowanie odbędzie się w dwa weekendy: w sobotę, 2 sierpnia, od 3:00 do 5:30 po południu i w niedzielę, 10 sierpnia, od 9:00 do 11:30 rano.

10 SIERPNIA: DOROCZNE ZEBRANIE PARAFIAN

Zgodnie ze statutem naszej Parafii coroczne zebranie wszystkich parafian planowane jest na drugą niedzielę sierpnia, 10 sierpnia, w Domu Dziedzictwa Polskiego, zaraz po mszy o godz. 10 rano. Przypominamy, że zarówno głosowanie jak i udział w zebraniu ograniczone są do aktywnych członków naszej parafii, wspierających kościół finansowo. Prosimy o zabranie dowodu osobistego, aby okazać na wejściu do PHC. Zebranie Parafian rozpocznie coroczny raport Proboszcza, a następnie: raport Przewodniczącego Rady, raport Skarbnika oraz raport z działalności PHC. Spotkanie zakończy się ogłoszeniem nowo wybranych dyrektorów.

30 sierpnia: Potluck/Tailgate Party

Żadne wydarzenie nie jest kompletne bez Ciebie, drogi Parafianinie. Serdecznie Cię zapraszamy do udziału w jednej z naszych słynnych imprez typu Potluck/Tailgate Party, które organizujemy w każdą ostatnią sobotę miesiąca zaraz po mszy o godz. 4. W sierpniu spotykamy się w ostatnią sobotę miesiąca (30 sierpnia)! Przynieście swoje ulubione jedzenie i podzielcie się nim! Będzie wspaniale móc świętować z Wami!

21 września: 24. Polish Heritage Open

24. Turniej Golfowy Polish Heritage Open odbędzie się w niedzielę, 21 września na polu golfowym Sugar Creek od godz. 1 po południu. PHO wspiera historyczne obiekty parafii św. Stanisława oraz Domu Dziedzictwa Polskiego. Wszelkie pytania oraz po zakup biletów prosimy kierować się do: Eda Poniewaz (314.644.2861).

27 i 28 września: Tower Grove Pride

27 i 28 września nasza Pride Team weźmie udział w Tower Grove Pride w pięknym Tower Grove Park. Jeśli chcecie doświadczyć rodzinnej atmosfery i odwiedzić wiele kolorowych stoisk (w tym nasze), lub jeśli chcecie pomóc, prosimy o kontakt z Mich Sinclair (314.537.5721).

BACK TO SCHOOL

This year St. Stanislaus is once again collecting

book bags & Kleenex for the school children in our neighborhood

Please consider helping with this worthy cause by picking up a box or two of tissues or a book bag and bringing them to church with you anytime until the end of August. If you have a neighbor who would like to help, collect these items from them or ask them to write a check. Thank you in advance for your support. If you have any questions or inquiries, please reach out to Carolyn (631.553.0209).

LITURGICAL ABC

The Bible in the Mass: Part Three

he Mass is not merely a religious routine—it is a sacred encounter with the living God. It is Heaven touching Earth. When we begin to see the Mass as Scripture come to life, as the heartbeat of God's love for His people, we are no longer passive attendees—we become pilgrims entering holy ground. Let us walk together through the beautiful structure of the Mass and rediscover how Scripture breathes through every word and gesture. This is an invitation to reawaken our hearts to the mystery we have received.

VII. Communion: Becoming One With the Lord

Lamb of God... You take away the sins of the world...

John 1:29—"Behold, the Lamb of God, who takes away the sin of the world!"

As we prepare to receive the Eucharist, we recognize Christ, the true Lamb who laid down His life for us. This is the moment of union. Not just remembering Jesus, but receiving Him—Body, Blood, Soul, and Divinity.

Lord, I am not worthy...

Matthew 8:8—"Lord, I am not worthy to have you enter under my roof..."

We echo the words of the Roman centurion—a humble profession of faith and love. We come to Communion not because we are perfect, but because we trust in God's mercy.

Communion Itself

John 6:51—"The bread that I will give is my flesh for the life of the world."

1 Corinthians 10:16—"The cup of blessing... is it not a participation in the blood of Christ?"

Every time we receive Jesus, we are renewed. We are strengthened to love, forgive, and serve. Communion is the closest we can come to heaven on earth.

VIII. The Dismissal: Sent Out With a Mission

Go in peace, glorifying the Lord by your life

Luke 7:50—"Your faith has saved you; go in peace."

2 Corinthians 5:20—"We are ambassadors for Christ..."

The Mass doesn't end—it continues in our lives. We are sent out, not to return to "normal," but to bring Christ to the world. Our mission is to carry His peace, light, and truth wherever we go.

Conclusion: A Living Encounter With the Living God

The Mass is not just an obligation—it is an invitation to intimacy with God. It is the place where heaven meets earth, where sinners are healed, where saints are formed. Let us not rush through it or take it for granted. Instead, let's come with hearts that are open, minds that are attentive, and spirits that are expectant. Every Mass is a miracle. Let's live like we believe it.

LITURGICZNE ABC

Biblia w liturgii Mszy św.: Część trzecia

sza nie jest tylko religijną rutyną — jest świętym spotkaniem z żywym Bogiem. To niebo schodzące na ziemię. Kiedy tylko zaczniemy postrzegać mszę jako Pismo Święte, które stało się ciałem, jako bicie serca Bożej miłości do Jego ludu, nie będziemy już dłużej biernymi uczestnikami — staniemy się pielgrzymami w ziemi świętej. Odkryjmy zatem na nowo, jak w każdym słowie i geście wybrzmiewa Pismo Święte. Ten artykuł to zaproszenie do ponownego otwarcia naszych serc na tajemnicę, którą nam powierzono.

VII. Komunia: Stajemy się jednością z Panem

Baranku Boży, który gładzisz grzechy świata...

J 1,29 — "Oto Baranek Boży, który gładzi grzech świata!"

Przygotowując się do przyjęcia Eucharystii, rozpoznajemy w Chrystusie prawdziwego Baranka, który oddał za nas swoje życie. To jest moment zjednoczenia. Nie tylko wspominamy Jezusa, ale przyjmujemy Go — Ciało, Krew, Duszę i Bóstwo.

Panie, nie jestem godzien...

Mt 8,8 — "Panie, nie jestem godzien, abyś wszedł pod dach mój..."

Przywołujemy słowa rzymskiego setnika — jego pokorne wyznanie wiary i miłości. Przystępujemy do Komunii nie dlatego, że jesteśmy doskonali, ale dlatego, że ufamy Bożemu miłosierdziu.

Sam moment Komunii

J 6,51 — "Chlebem, który Ja dam, jest moje ciało za życie świata".

1 Koryntian 10,16 — "Kielich błogosławieństwa... czyż nie jest udziałem we Krwi Chrystusa?"

Za każdym razem, gdy przyjmujemy Jezusa, jesteśmy odnawiani. On nas umacnia do tego, by kochać, przebaczać i służyć. W Komunii jesteśmy najbliżej nieba, jak to tylko możliwe tutaj na ziemi.

VIII. Rozesłanie: Zostajemy posłani z misją

Idźcie w pokoju, wielbiąc Pana swoim życiem

Łk 7,50 — "Twoja wiara cię uzdrowiła, idź w pokoju".

2 Kor 5,20 — "Jesteśmy posłami Chrystusa…"

Msza Święta nie kończy się — trwa nadal w nas. Jesteśmy posłani nie po to, by powrócić do "normalności", ale by nieść Chrystusa światu. Naszą misją jest nieść Jego pokój, światlo i prawdę, dokądkolwiek pójdziemy.

Zakończenie: Żywe spotkanie z żywym Bogiem

Msza św. to nie obowiązek — to zaproszenie do relacji z Bogiem. To tutaj niebo spotyka się z ziemią, grzesznicy są uzdrawiani, rodzą się święci. Nie pędźmy poprzez jej części, nie traktujmy jej jako czegoś oczywistego. Przyjdźmy na nią z otwartym sercem, uważnym umysłem i złaknionym Boga duchem. Każda msza to cud. Żyjmy tak, aby to było oczywiste.

THOUGHTS FROM DN. CHAD

The Most Important Light Is The Light That Is Not Seen

e often are asked, when did you get your call? When did you know? When did you see the light? Some will look puzzled; some will ponder and others will tell you right away. For me it's a journey, that probably started when I was a young child and strongly developed during COVID.

During COVID, all of us experienced the loneliness of being shut in and not able to visit. All large gathering spaces, churches, schools, and events were canceled/closed or modified with restrictions for attendance. Here at St. Stanislaus, the choir was disbanded and I found myself quickly learning to be an altar server. Restrictions were placed at only 10 people in the building at any given time. That literally restricted us to Father, Deacon, altar servers, musician, and lector. An eerie feeling to see no one in the pews. I felt a strong calling to be at church every Saturday and Sunday to keep a sense of normality and the word of God to the people.

During this time, Ryan's dad, Bob, had a surgery and suffered complications which ultimately led to hospice care. Bob was a devout Lutheran. During his time in the hospital and at home on hospice care, Bob had only been seen twice by his pastor. Ryan was concerned and asked if Father could come and see Bob and then later on, I began to bring the Eucharist to Bob and the family gathered around every Sunday. This was a very powerful moment of time and the start of seeing the light that is unseen.



Today, I was watching one of my favorite TV shows from my childhood, M*A*S*H*. The episode was with Father Mulcahy and Cardinal Ritter coming to inspect the camp. During this episode, Father Mulcahy was trying to clean up the camp and to put a halt to many of the vices going on, gambling and drinking. The Cardinal arrived and was looking to get a drink at the Officers Club. However, the bartender was passed out in front of them. This episode was also about a patient (Patrick Swayze) that was wanting to give blood to his friend. After lab work, Dr. Pierce had to break the news that Patrick had leukemia. This troubled Dr. Pierce and Father Mulcahy spent the night talking to Patrick ultimately not getting his homily written. Father was late to mass and delivered an impromptu homily based on being selfish.

As I look back, was this the switch that was installed in me 40 years ago? Is this light that I didn't see until recently? We must all keep an open mind and wait for that light! The Trinity is always there, waiting to show us that light.

Den. Chad Ingold

FROM FR. JONATHAN'S DESK

The Hidden Month of Mary

e traditionally have celebrated Mary, Our Mother in the month of May. However, there is a traditional month that up until 1969 was dedicated to the Immaculate Heart of Mary. That feast was moved in 1969 by pope Paul VI to the Saturday after the Solemnity of the Sacred Heart of Jesus celebrated on a Friday after the second Sunday of Pentecost. It makes some sense to put them together especially if you have a strong devotion to the Miraculous Medal.

August is a month full of Marian Feasts. August 5th is the Dedication of the Basilica of Saint Mary Major, August 15th is the Assumption of the Blessed Virgin Mary, August 22nd, the Queenship of Mary, August 26th, Our Lady of Częstochowa.



Even though the August 2nd Feast of the Immaculate Heart of Mary was moved and the Feast of St. Joachim, Father of the Blessed Virgin on August 16th was moved to the July Feast of Mary's mother, there are still many other Marian feasts that deserve our attention. To understand why these feasts are important we must look at why Mary, our Mother is so important.

Our Blessed Mother is integral to our faith. Mary's role shows us God's unending care and love for humankind. Born without sin, she was chosen to be the mother of Jesus. Thus, because she is the mother of Jesus, God teaches us through her, the love he has for mankind and reminds us of the importance of human relationships and connections.

Mary's significance, in August, reminds us that a spotless vessel for the Son of God is ever present in her Assumption and Coronation as Queen of Heaven. One could say she has "direct access" to the Father. Thus, we can say that she is the perfect person to offer prayers of intercession. Throughout the history of the church Marian devotion has flourished. Many are cultural, some are universal within the church. The rosary might be an example, this is a time to meditate on the 5 of the 15 mysteries changing each day.

Daily, we can pray a rosary for a sick family member, the clergy, our lawmakers, our children. While the practice may appear ancient, unnecessary and even outdated, it very much can bring us closer to our Blessed Mother and thus closer to Jesus, Our Lord and Savior. I encourage you, if you don't already, to try praying the rosary. You can start by coming to Rosary at our church at 9 am, the first Sunday of the month. If you want to get in the habit, start with once a week, then maybe

every other day. Begin to try to pray it daily, it gives you time with Our Lady and it brings you the love and unending compassion Mary demonstrated here on Earth.

Fr. Jonathan Batchelor





St. Stanislaus Day 2025 Fall Celebration

Sunday, November 9, 11:30 am-4:00 pm Ecumenical Mass starts at 10:00 am

Join us for a celebration of Polish Independence Day, Polish heritage, culture, music and food!

Polish Sampler Meal served from 11:30 am until sold out. Carry outs available.

- Polish Sampler Meal
 - Polish Beer
 - Polish Pottery
- Basket, Craft & Doll Table
 - Bakery
 - Games & LIVE MUSIC

Free admission and free parking!

Polish Heritage Center 1413 North 20th St. St. Louis, MO 63106

For more information contact: office@saintstan.org or (314) 620-7894 (M, W & F 12 pm-2 pm)

