

MARCH 7, 2021



THIRD SUNDAY OF LENT

WELCOME TO THE PARISH OF

*Our Lady of*  
*Mount Carmel*

A CATHOLIC COMMUNITY INVITING PEOPLE TO FOLLOW CHRIST



708 West Belmont Avenue  
Chicago, IL 60657

Phone 773-525-0453 Fax 773-525-9438

Email [info@ourlmc.org](mailto:info@ourlmc.org)

Website <http://ourlmc.org>

Our Lady of Mount Carmel Academy  
720 West Belmont Avenue  
Chicago, IL 60657

Phone 773-525-8779 Fax 773-525-7810

Website [www.olmca.org](http://www.olmca.org)

Pastor: Rev. Patrick J. Lee ext 220

Associate Pastor: Rev. Michael K. Trail x218

Resident & Assistant: Rev. Jackson Colon

Deacon: Thomas Lambert x221

Deacon: Richard Johnson x223

Religious Education: Razia Khokhar x214

Principal: Shane Staszczuk x300

Liturgy Director: Stephen Palanca x222

Music Director: Paul French x217

Organist: Kelly Dobbs-Mickus

Business Mgr. Anastasia Gomez-Vazquez x224

Administrative Assist.: Denise Wagner x210

Evening Reception: Robert Kosticak x210

THE GIFT OF THE LAW



Loving God, you gave the gift of the law to Moses that the people might walk in the light of your love. In every age you call us back—heart, mind, soul, and strength turned to you, our neighbor loved as ourselves. Though we fall time and again, give us the strength to do your will, to act justly, be merciful, and walk humbly with you. We ask this through Christ our Lord. Amen.

© 2021 Liturgy Training Publications. 800-933-1800. Written by Kathryn Ball-Boruff. Permission to publish granted by the Archdiocese of Chicago, on July 6, 2020.

708 WEST BELMONT AVENUE • CHICAGO, ILLINOIS 60657

## OUR PARISH ELECT & CANDIDATES



from left: Frank Ferrato, Dakota Mann, Taylor Jones, Luke Meminger, Shannon Pesek

### Shannon Pesek

Elect who will be Baptized, Confirmed & Receive the Eucharist

### Taylor Jones, Frank Ferrato, Luke Meminger, Dakota Mann

Candidates who will be Confirmed and Received the Eucharist

Please keep them in your Lenten Prayers as they  
prepare to receive the Easter Sacrament at the  
Easter Vigil, Saturday, April 3rd.

## SUSTAINABILITY IN EL SALVADOR

Drought has become a big problem across El Salvador, making it difficult for farmers to produce enough crops to support their families. But new farming techniques—and a new generation of young farmers—are making a difference. What would you do if your livelihood was threatened? How can you support young people in your community and around the world? Visit [crsricebowl.org](http://crsricebowl.org) to learn more. Pick up your Rice Bowl from the library carts in the vestibule.



## IMAGINATIVE PRAYER THROUGH SCRIPTURE



On Tuesday, March 9<sup>th</sup> at 6:30 PM., a virtual meeting will be held on Zoom to experience Imaginative Prayer. St. Ignatius was convinced that God can speak to us surely through our imagination as through our thoughts and memories. In the Ignatian tradition, praying with the imagination is called contemplation. Ignatian contemplation is especially suited for the Gospels. As you visualize the

events in the gospels, you pay attention to the sounds, tastes, smells and feelings of the events. You use your imagination to dig deeper into the stories so that God can communicate with you in a personal way. If you are interested in learning more about the imaginative prayer experience through guided meditation, please contact Elaine Lindia at [elindia24@outlook.com](mailto:elindia24@outlook.com) or at (847)644-7382 for the Zoom link.

## SACRAMENTAL INFORMATION

### Baptism

This sacrament is generally celebrated after the 11AM Mass on Sunday. A parent baptism preparation session is required prior to the Baptism and takes place the last Monday evening of each month.

### Penance

Saturday afternoon 3:45PM - 4:20PM  
Face-to-face only for the duration.

### Matrimony

Please call the Parish Ministry Center at least **one year** in advance to make arrangements.

### Homebound & Hospitalized

If you wish to receive Holy Communion or the Anointing of the Sick, please contact the Parish Office and leave your contact information.

### \*Weekend Masses

Church doors open ½ hour before Mass or Service

Saturdays 4:30 PM

Sundays: 8:30 AM, 11 AM & 4:30 PM

11 AM Mass live-streamed via Facebook

\*Sign-Up Genius is required to attend.

### Weekday Masses

Tuesdays: 7:45 AM

Thursdays: 6:00 PM

### Children's Liturgy of the Word

Suspended for the time being.

### Holy Day Masses

Please consult the bulletin for Mass times.

## SHRINE OF OUR LADY OF PERPETUAL HELP

The Hanging Votive Candles are reserved :

In Memory of the Deceased  
Friends & Family of  
Dr. & Mrs. Richard Lee

## NEW TO THE PARISH OR NOT YET REGISTERED?

We invite you to register in the parish online at <http://ourlmc.org> or pick up a registration form in the vestibule and drop it in the collection basket.



Follow us on Facebook to receive information on current events in the Parish: @OLMCChicago



An accessible ramp is located at the main entrance as well as on the west side of the church.



This church is equipped with a hearing assistance system. Either ask an usher for assistance or come to the sacristy (enter via the door on the far right side of the sanctuary.)

PLEASE PRAY FOR THOSE ON THE FRONT LINES DURING THIS PANDEMIC

SATURDAY AFTERNOON CONFESSIONS RETURN 3:45PM - 4:20PM

No reservations required. Face-to-Face only for the duration.

### HELP OLMC by Shopping Online!

If you are an Amazon shopper, it's easy! Use [www.smile.amazon.com](http://www.smile.amazon.com) and select Our Lady of Mount Carmel as the organization you want to support. When you login, simply click on the 'Supporting' link, just below the Amazon search field!

## KEEP MY COMMANDMENTS

The Ten Commandments are often considered to be a list of rules. Even when followed with great care, a person may miss out on the broader vision they embody. What if every person chose to live in accord with God's law? What if each person strove toward this ideal?

The Ten Commandments set out the framework for a just and peaceful society. If the Commandments are approached as a vision, we can see how they help us live in right relationship with those around us. In the reading from Exodus, God proclaims a blessing that proceeds to "the thousandth generation . . . of those who love me and keep my commandments." How many receive blessing from the righteousness of the just one!

The ripple effect of sin is evident. Family patterns that are damaging are hard to break, and the actions of those around us affect the way we live in the world.

Jesus often came into conflict with the religious leaders of his day because they differed in their interpretation of what it meant to keep God's law. There was not anything wrong with their desire to obey God's Commandments. Perhaps, though, the intensity of their focus caused them to lose a sense that the law was a vision for a just and peaceful society. Pray with the Commandments. How can they help you work toward a just world?

© 2021 Liturgy Training Publications. 800-933-1800. Written by Kathryn Ball-Boruff. Scripture quotations are from the *New American Bible*, revised edition. Permission to publish granted by the Archdiocese of Chicago, on July 6, 2020.

## WEEKLY EUCHARISTIC ADORATION



Looking for a little extra prayer time during the week for the season of Lent? In addition to our weekly Thursday evening 6PM Mass we will offer a half hour of Eucharistic Adoration before the Mass. You have the option of just coming for the 1/2 hour and leaving or staying for the 6PM Mass. When arriving, just let the usher know your intentions. No registration is needed for the half hour, just for the Mass.

## STATIONS OF THE CROSS DURING COVID

As our communal gatherings are limited, our yearly weekly devotion of the Stations of the Cross is suspended this year. In its place Fr. Michael has created a video for home use. The video is posted on our Facebook page, just scroll down the page. You don't need a Facebook account to access the video (including our weekly Sunday 11AM Mass). Just go to [www.facebook.com/OLMCChicago](http://www.facebook.com/OLMCChicago). We will hold our annual Stations of the Cross at Noon on Good Friday. Reservations will be needed for our Holy Week services.





## THIS WEEK AT HOME

### Monday, March 8

#### St. John of God

St. John of God turned away from God in his youth, but returned with his whole heart and lived his life in gratitude for the great mercy he had received. He spent his life in extraordinary works of charity and love on behalf of those who were in greatest need, always with tremendous respect for those he served. God's mercy and forgiveness is always waiting for us. When have you felt God's forgiveness most fully? How can you respond with a grateful heart? *Today's readings: 2 Kings 5:1–15b; Psalm 42:2–3, 43:3–4; Luke 4:24–30.*

### Tuesday, March 9

#### Not Seven but Seventy-Seven Times

Why is it so difficult to forgive? Even though we know that holding onto our anger hurts, we brood over every small wrong. In today's parable of the unforgiving servant, the difference between the value of the two debts is enormous. This contrast shows us the tremendousness of God's love and forgiveness and startles us with our own stinginess. What would it mean for you to forgive seventy-seven times? To forgive as you have been forgiven? *Today's readings: Deuteronomy 3:25, 34–43; Psalm 25:4–5ab, 6, 7bc, 8, 9; Matthew 18:21–35.*

### Wednesday, March 10

#### Whoever Obeys and Teaches

Some people focus on following their own way, no matter the cost. We know, though, that our will often leads us astray, seeking after things that are not good for us, and that we engage in self-deception about what we really need. The Ten Commandments provide objective standards for behavior, even as complete freedom is within them. *Today's readings: Deuteronomy 4:1, 5–9; Psalm 147:12–13, 15–16, 19–20; Matthew 5:17–19.*

### Thursday, March 11

#### Miraculous Growth

Today we hear that a kingdom divided against itself cannot stand. Jesus casts out a demon, revealing a glimpse of the coming kingdom and making space for its miraculous growth. By giving up our sins and selfishness, we too make space for miraculous growth of God's love within us. Pray the Rosary today in the hope that the spirit it cultivates will cast out all that is not of God and help bring about this miraculous growth. *Today's readings: Jeremiah 7:23–28; Psalm 95:1–2, 6–7, 8–9; Luke 11:14–23.*

### Friday, March 12

#### The Summary of the Law

Today the Gospel tells us that love of God and love of neighbor are the primary principles that ought to govern our lives. What would it mean to love God with all your heart, soul, mind, and strength? How would our lives be different if we loved our neighbor as ourselves? Does this necessarily mean putting ourselves last? It says love your neighbor as yourself. How can we respect our needs so that we are able to love others more fully? *Today's readings: Hosea 14:2–10; Psalm 81:6c–8a, 8bc–9, 10–11ab, 14 and 17; Mark 12:28–34.*

### Saturday, March 13

#### O God, Be Merciful

When we look at our lives, we see how much we are in need of God's mercy and forgiveness. It is always there for us, requiring only that we seek it. People have used the words of the tax collector in today's reading from Luke, "O God, be merciful to me a sinner," in their prayers expressing contrition. Try incorporating this prayer into your daily prayer as a means of letting God's mercy act on you. *Today's readings: Hosea 6:1–6; Psalm 51:3–4, 18–19, 20–21ab; Luke 18:9–14.*



© 2021 Liturgy Training Publications. 800-933-1800. Written by Kathryn Ball-Boruff. Illustrated by Kate Cosgrove. Scripture quotations are from the *New American Bible*, revised edition. Permission to publish granted by the Archdiocese of Chicago, on July 6, 2020.



**KEEPING THE SEASONS**  
LENT AND EASTER 2021

## LITURGY SCHEDULE



**Sunday, March 7**                      **Third Sunday of Lent**  
8:30 AM    Ryan Lee/Arlene Palucchi  
11:00 AM    Matt, Jan & Matthew DiDomenico (*living*) / Zenona Carter  
4:30 PM    Corinna Gentilini/ Earl Henson

**Monday, March 8**                      **St. John of God, Religious**

**Tuesday, March 9**                      **St. Frances of Rome, Religious**  
7:45 AM    George & Florence Tafelski

**Wednesday, March 10**

**Thursday, March 11**  
5:30 PM - 6:00 PM    *Eucharistic Adoration*  
6:00 PM    Ramona Sidler

**Friday, March 12**

**Saturday, March 13**  
4:30 PM    Edmundo Lopez/Walter & Paul Forst

**Sunday, March 14**                      **Fourth Sunday of Lent/ *Laetare Sunday***  
8:30 AM    Georgia Bender/ John, James & Joel Atanasoff  
11:00 AM    Family of Hamida John/ Zef Popaj  
4:30 PM    Shirley Coniglio

## STRIKING THE BREAST

When reciting the Confiteor at Mass, all strike their breast one time when saying, “through my fault, through my fault, through my most grievous fault” (*Many people strike their breast three times*). The gesture has always been part of the post-Vatican II Mass. Prior to the Second Vatican Council, the priest and servers recited the Confiteor to each other and struck their breast three times. The gesture was reduced to a single strike.

Also before the council, people struck their breast during the Lamb of God and the “Lord, I am not worthy” before communion. However these gestures were not carried into the post-Vatican II Mass. Some people have struck their breast during the Kyrie and the Gloria, but this was never officially requested.

Today, when the priest recites Eucharistic Prayer I, he strikes his breast when saying the words, “To us, also, your servants, though sinners....” Along with the Confiteor, these are the only two instances of striking the breast in the post-Vatican II Mass. In both cases, the gesture accompanies an acknowledgement of sin.

The gesture has biblical origins. In the Old Testament, women beat their breasts as a sign of loss—for example, the maidens of Nineveh at the conquest of their city in Nahum 2:7 and the women of Jerusalem at the devastation of their pleasant fields and fruitful vines in Isaiah 32:12. The New Testament offers two references, both in the Gospel of Luke, and these probably link more directly to the later liturgical practice. The tax collector, in contrast to the Pharisee, beats his breast while praying, “O God, be merciful to me a sinner” (18:13). Those who witness the death of Jesus on the cross return home beating their breasts (23:48).

When we strike our breasts during the Confiteor, we acknowledge that we are sinners and that our sins have consequences.

Copyright © 2012 Rev. Paul Turner

## READINGS FOR THE WEEK OF 3/7/21



**Monday:** 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4  
Lk 4:24-30

**Tuesday:** Dn 3:25, 34-43/Ps 25:4-5ab, 6  
& 7bc, 8-9/Mt 18:21-35

**Wed:** Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19  
Mt 5:17-19

**Thursday:** Jer 7:23-28/Ps 95:1-2, 6-7, 8-9 /  
Lk 11:14-23

**Friday:** Hos 14:2-10/Ps 81:6c-8a, 8bc-9,  
10-11ab, 14 and 17 / Mk 12:28-34

**Saturday:** Hos 6:1-6/Ps 51:3-4, 18-19, 20-  
21ab / Lk 18:9-14

**Sunday:** 2 Chr 36:14-16, 19-23/Ps 137:1-2,  
3, 4-5, 6 / Eph 2:4-10/Jn 3:14-21

## Liturgy & Life

- 1) How do you see the commandments as being life-giving?
- 2) In the first commandment, God tells of his mercy. Why is God's mercy entwined in the commandments?
- 3) How is our parish a sign of God's mercy in the world?

## MARCH UNIVERSAL INTENTION OF THE HOLY FATHER

Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

## Lenten Regulations for This Year

1. **Abstinence** from meats is to be observed by all Catholics 14 years old and older on *Ash Wednesday* and on all the *Fridays* of Lent.

2. **Fasting** - is to be observed on *Ash Wednesday* by all Catholics who are 18 years of age but not yet 59. Those who are bound by this may take only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted. The special Paschal fast and abstinence are observed on Good Friday and encouraged for Holy Saturday.

"Lent is ordered to preparing for the celebration of Easter, since the Lenten liturgy prepares for the celebration of the Paschal Mystery both catechumens, by the various stages of Christian Initiation, and the faithful, who recall their own Baptism and do penance." (Universal Norms on the Liturgical Year, #27)

By the threefold discipline of fasting, almsgiving and prayer the church keeps Lent from Ash Wednesday until the evening of *Holy Thursday*. All of the faithful and the catechumens should undertake serious practice of these three traditions. Failure to observe penitential days totally or a substantial number of such days must be considered serious.

"(On) weekdays of Lent, we strongly recommend participation in daily Mass and self-imposed observance of fasting. In the light of grave human needs which weigh on the Christian conscience in all seasons, we urge particularly during Lent, generosity to local, national and world programs of sharing of all things needed to translate our duty to penance into a means of implementing the right of the poor to their part of our abundance." (U.S. BISHOPS STATEMENT ON PENITENTIAL OBSERVANCES, 1966.)

 <h3>WE'RE HIRING AD SALES EXECUTIVES</h3>  <ul style="list-style-type: none"><li>• Full Time Position with Benefits</li><li>• Sales Experience Preferred</li><li>• Paid Training</li><li>• Overnight Travel Required</li><li>• Expense Reimbursement</li></ul> <p>CONTACT US AT <a href="mailto:careers@4LPi.com">careers@4LPi.com</a> <a href="http://www.4LPi.com/careers">www.4LPi.com/careers</a></p>	 <p><b>We're sending you the best.</b></p> <p><i>That's the Deljo Difference.</i></p>  <p><b>THE DELJO DIFFERENCE</b></p> <p><b>773.248.1144</b> <a href="http://deljoheating.com">deljoheating.com</a></p>	<h3>SPREAD THE WORD</h3> <p>A Thriving, Vibrant Community Matters</p>  <p><b>SUPPORT OUR ADVERTISERS</b></p>	
<h3>ADT-Monitored Home Security</h3> <p>Get 24-Hour Protection From a Name You Can Trust</p>   <ul style="list-style-type: none"><li>• Burglary</li><li>• Fire Safety</li><li>• Flood Detection</li><li>• Carbon Monoxide</li></ul> <p>ADT Authorized Provider   SafeStreets   1-855-225-4251</p>		 <p><b>Lakeview Funeral Home</b></p> <p><i>Honoring the Life Traditional &amp; Cremation Services Pre-Planning Available</i></p>	<p>1458 W. Belmont Ave. Chicago, Illinois 60657</p> <p>773.472.6300 <a href="http://LakeviewFuneralHome.com">LakeviewFuneralHome.com</a></p>
 <h2>SUPPORT THE ADVERTISERS THAT SUPPORT OUR COMMUNITY</h2>			



**WE ARE HIRING FAMILY CAREGIVERS**

1-800-HOMECARE  
(773) 278-5130

MAIN OFFICE  
2619 W ARMITAGE AVE  
CHICAGO, IL 60647

SOUTHSIDE OFFICE  
2841 W CERMAK RD  
CHICAGO, IL 60623

[WWW.ASISERVICES.ORG](http://WWW.ASISERVICES.ORG)

1 - DOWNLOAD 2 - COMPLETE 3 - SUBMIT APPLICATION

GET HIRED, GET TRAINED, GET PAID

**ADVERTISE YOUR BUSINESS HERE**

*Your Community is Looking!*

Call LPi today for advertising info (800) 950-9952



REAL ESTATE  
773-697-5584



**Kathy Q Murphy**  
Broker Associate  
Parishioner  
"Lakeview Expert"  
Ask about my  
Donation Program  
2762 N. Lincoln Ave.  
[Kathy.Murphy@bairdwarner.com](mailto:Kathy.Murphy@bairdwarner.com)

**SPREAD THE WORD**

A Thriving, Vibrant  
Community Matters



SUPPORT OUR ADVERTISERS

**UPGRADE TO A**

**VIBRANT**  
ad

Contact us for details

**800-950-9952**



Restaurant and Deli

- Quality & Tradition Since 1950 -

773-477-0300  
3107 N. Broadway • Chicago  
[www.bagelrestaurant.com](http://www.bagelrestaurant.com)

**NEVER MISS A BULLETIN !**

Sign up to have our weekly parish bulletin  
emailed to you at [www.parishesonline.com](http://www.parishesonline.com)



GROW YOUR BUSINESS WHILE  
SUPPORTING YOUR LOCAL PARISH.



Purchase a bulletin ad today!



**WE'RE HIRING  
AD SALES EXECUTIVES**



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT  
[careers@4LPi.com](mailto:careers@4LPi.com)  
[www.4LPi.com/careers](http://www.4LPi.com/careers)

**Compass Dental**

Dr. Brandon R. Prusa, D.D.S

Parishioner

**Professional Dental Care**

General Dentistry

Cosmetic Dentistry • Dental Implants

In-Office Whitening • Periodontics

Hours: Mon-Wed 8am-6 pm

Fri 12:30-6pm • Sat 9am-2pm

Most major PPO

Dental Insurance accepted

**NEW PATIENTS WELCOME**

773 525-2011

415 W. Belmont | Chicago

[www.compassdentalcare.com](http://www.compassdentalcare.com)

[compassdentallakeview@gmail.com](mailto:compassdentallakeview@gmail.com)

**AVAILABLE  
FOR A LIMITED TIME**

ADVERTISE YOUR  
**BUSINESS  
HERE**

Contact **Jeff Hansen** to place an ad today!  
[jhansen@4LPi.com](mailto:jhansen@4LPi.com) or (800) 950-9952 x2683

companions for seniors

[www.companionsforseniors.com](http://www.companionsforseniors.com)

affordable non-medical in-home care

Call Sam Tatel: (773) 259-8420



B.Y.O.B.

Try Our Famous Mole & Fajitas  
Dine In • Carry Out • Delivery

3147 N. Broadway • Chicago  
773.871.5782  
[www.buenachicago.com](http://www.buenachicago.com)

**PROTECTING SENIORS NATIONWIDE  
MEDICAL ALERT SYSTEM**

**\$29.95/MO**  
BILLED  
QUARTERLY

PLUS  
SPECIAL  
OFFER



**CALL NOW!**  
1.877.801.7772

[WWW.24-7MEDALARM.COM](http://WWW.24-7MEDALARM.COM)



For ad info. call 1-800-950-9952 • [www.4lpi.com](http://www.4lpi.com)

Our Lady of Mount Carmel, Chicago, IL

A 4C 01-1067

# The Third Sunday of Lent

MARCH 7, 2021

Lord, you have the words of everlasting life.

—John 6:68c



In today's first reading, we are reminded of the Ten Commandments. Which commandment do you struggle with the most? Aim for one small improvement this week.

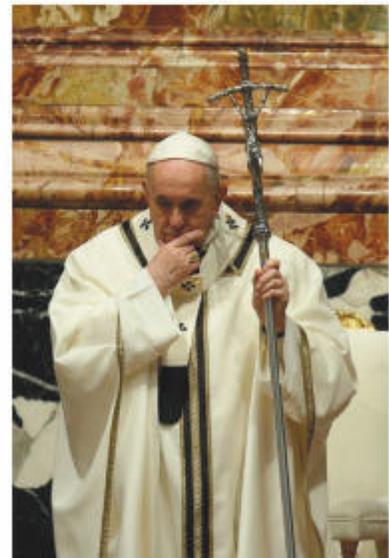
## A Prayer for Pope Francis

On March 13th, we celebrate the eighth anniversary of Pope Francis' election! Say a prayer for the Holy Father.

O God, shepherd and ruler of all the faithful,  
look favorably on your servant Francis,  
whom you have set at the head of your Church as her shepherd;

Grant, we pray, that by word and example  
he may be of service to those over whom he presides  
so that, together with the flock entrusted to his care,  
he may come to everlasting life.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the  
unity of the Holy Spirit, one God, for ever and ever.  
**Amen.**



Copyright © 2021, United States Conference of Catholic Bishops, Washington, DC. All rights reserved.  
Photo credits from top: Getty Images; CNS photo/Paul Haring

