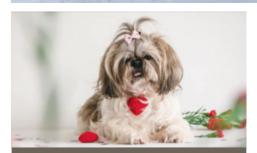
COMMUNITY CENTER JURIE

A Publication for Beaver Dam Area Community Members Vol. 25, Issue 1 | January & February 2022

Hello Winter, Let's have some fun!



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BECOME AN ACTIVE PARTICIPANT AT THE WATERMARK

We welcome new participants of all ages at any time at The Watermark. Activities include fitness, enrichment, social and recreational programs, as well as a variety of services. Please visit Customer Service during regular business hours to learn more about what we have to offer and to get your Active Participant Card.

See pages 3 & 14 for details >>





Save the date for Cabin Fever Fest, page 24 >>

WASC ACCREDITATION

The Beaver Dam Community Activities & Services Department was recently reaccredited by the Wisconsin Association of Senior Centers (WASC). Being state accredited is quite an accomplishment and this is the fifth time our organization has achieved this status. We are very proud to have a team of staff and volunteers that took on the challenge and accomplished it.

See page 15 for details >>

NEWS & ANNOUNCEMENTS



WEATHER CANCELLATIONS

Activities may be canceled in the case of inclement weather. Cancellations are announced in a variety of ways including radio, social media, email blasts and text messages.

We use the following guidelines when making weather-related decisions:

- If the Beaver Dam Unified School District closes for the day, all activities at The Watermark will be officially cancelled for the day.
- Activities may be cancelled in other situations also, depending upon weather conditions and other variables.
- City facilities, including The Watermark, will remain open in all conditions, unless closed by order of the Mayor.
- Day trips and extended tours normally depart as scheduled, unless the transportation provider or attraction cancels our plans. Refunds may not be available.
- Nutrition Site closures are determined by Dodge County and will be announced on the radio.

Please use your best judgment when deciding to drive on icy or snow-covered roads. The Watermark parking lot is usually cleared by 7:30am, Monday-Friday. Please be aware that this may not always be possible.

CONNECT WITH US



Office Hours Monday-Friday, 8:00am-4:00pm



Walkway Hours Monday-Thursday, 8:00am-6:00pm Friday, 8:00am-4:00pm



(920) 887-4639

Speak with Customer Service to get questions answered.



Monthly Newsletters

Get the latest information by viewing these newsletters online, via e-blasts, with an annual subscription or at BDCAS.



cityofbeaverdam.com/bdcas Just a click away from information and registration.



facebook.com/bdcas.dept See programs in action, get reminders and all the latest special event information.



Text BDCAS to (855) 951-5444 Opt-in for weather related cancellation information.



bdcas@cityofbeaverdam.com Give us your email address to be included in our e-blasts.

A PLACE FOR EVERYONE



THE WATERMARK 209 S. Center St., Beaver Dam, WI 53916 The Watermark is a multipurpose Community & Senior Center owned by the City of Beaver Dam and operated by the City's Community Activities & Services Department (BDCAS). The building is located at 209 S. Center Street and is where the BDCAS office, staff and volunteers are based.

We welcome new participants of all ages at any time. Please visit Customer Service during regular business hours to register for your Active Participant Card.

IN ADDITION TO OPERATING THE WATERMARK, BDCAS IS RESPONSIBLE FOR:

- Providing community events and recreation programs for all ages,
- Providing activities and services for active older adults,
- Managing Swan Pool and Crystal Lake Beach,
- Providing watercraft rentals at Waterworks Park, including canoes and kayaks,
- Providing administrative support for the Parks & Forestry Department, including park shelter reservations, ball diamond reservations and more.

FREE MASKS AVAILABLE

Thanks to a generous donation from the Walmart Distribution Center of Beaver Dam, we have disposable face masks available at The Watermark for anyone who wants them. The three-layer filter, earloop-style disposable face masks come in sealed packs of two and are freely available at our Welcome Desk during open hours. Masks are available to all community members.

WE'RE HERE FOR YOU!

The Watermark is open for walk-in customers during regular business hours. We also encourage customers to register for programs and reserve park shelters online, by mail and drop box. See page 4 for more details.

OUR MISSION

We are committed to enhancing the quality of life for residents of the Beaver Dam area through development and promotion of recreation, enrichment and community events. These programs are designed to promote the use of city parks and facilities.

OUR STAFF

Jana Stephens Administrator jstephens@cityofbeaverdam.com (920) 306-2158

Traci Gmeinder Office Administrator tgmeinder@cityofbeaverdam.com (920) 306-2178

Joan Hohenstein Recreation Supervisor jhohenstein@cityofbeaverdam.com (920) 887-4639 ext. 107

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Andy Howland Facilities Maintenance/Custodian Facility Attendants Seasonal Employees Volunteer Program Coordinators Welcome Desk Volunteers

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Cabin Fever Fest

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REGISTER NOW!



- •Visit cityofbeaverdam.com/bdcas
- •Click "Register & View Activities Online."
- •Sign-in or create an account, register, pay and print receipt.

24/7 DROP BOX

- •Enclose a note indicating what you are signing up for and place your payment in an envelope.
- •Place envelope in the drop box located at The Watermark at 209 S. Center St.
- Include your email address or a self-addressed, stamped envelope to receive a receipt.

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MAIL-IN

- •Enclose a note indicating what you are signing up for and place your payment in an envelope.
- •Mail envelope to BDCAS, 209 S. Center St., Beaver Dam, WI 53916.
- Include your email address or a self-addressed, stamped envelope to receive a receipt.



WALK-IN

•Visit Customer Service at The Watermark Monday-Friday, 8:00am-4:00pm.

•Register, pay and receive receipt.

HOW TO REGISTER

Programs and activities requiring advance registration can be done in several ways. Please see the "4 Easy Ways To Register" to the left for more information.

FORMS OF PAYMENT

Fees may be paid with cash, check or credit/debit card. Checks should be made payable to BDCAS and will require a photo ID. A \$30.00 service fee will apply to all returned checks.

PROGRAM FEES

Resident (R) and Non-Resident (NR) fees vary by program. Resident fees are offset by tax contributions. For most programs, the Non-Resident fee is 50% more or an additional \$10, whichever is less. Non-Residents are those who live outside the city limits, including Beaver Dam addresses with a fire number.

NO ONLINE SERVICE FEES

We do not charge online service fees. Customers can register online 24/7 at cityofbeaverdam.com/bdcas for no additional cost.

DEADLINES

One-time and session-based programs typically have a registration deadline listed. Registration is open until 4:00pm in the BDCAS office and 11:59pm online. Registration will not be accepted after the deadline, unless space is available and special conditions can be met. If the minimum number of participants has not been met by the deadline, the program will be canceled and refunds will be issued.

SCHOLARSHIP ASSISTANCE

Financial assistance is available to support participants who are unable to afford a program or activity. Funding will not apply to trips, prize funds, card games, bingo or other games. Assistance will be provided towards activities, programs, special events and transportation.

Special funds established for scholarships shall be awarded as guidelines allow. Participants should speak to the Administrator who will determine the need, level of support and appropriateness of the request.

PHOTOGRAPHS

Pictures/video footage of programs are used for our promotion and advertising needs. If you do not wish to have a photo/video footage taken, please notify BDCAS or the program site coordinator.

REFUNDS & CANCELLATIONS

HIGHLAND MEMORY

GARDENS CEMETERY N9782 Hwy. 151 N. Beaver Dam, WI 53916

REFUND GUIDELINES

All requests for a refund must be made with the BDCAS office. Program fees will be refunded in cash or to the original debit/credit card that was used. All requests will be handled in accordance with the following:

For programs WITH a deadline, if the request is received in the office:

- Prior to 4:00pm on the deadline A refund will be issued.
- After the deadline, but prior to 4:00pm the day before the program begins
 A credit will be issued. The credit may only be applied towards future programs with BDCAS.
- On the day the program begins or thereafter No refund, credit or transfer is issued.

For programs WITHOUT a deadline, if the request is received in the office:

- Prior to 4:00pm the day before the program begins A refund will be issued.
- On the day the program begins or thereafter No refund, credit or transfer is issued.

REFUND/CREDIT DEADLINES

Cash refunds must be picked up within 30 days of request. Credits must be used within 6 months of request. A donation will be made to our Scholarship Program for all remaining refunds and credits.

CANCELLATION POLICY

If BDCAS cancels a program, all registered participants will be notified as soon as possible and a full refund fee will be issued.

If a registered participant wants to be removed from a program, contact the BDCAS office immediately. A refund may be issued, see Refund Guidelines to the left.

If weather forces the cancellation of a program, the decision will be made 45 minutes prior to the start of the program, if possible. Programs will not be rescheduled and refunds will not be issued unless otherwise noted.

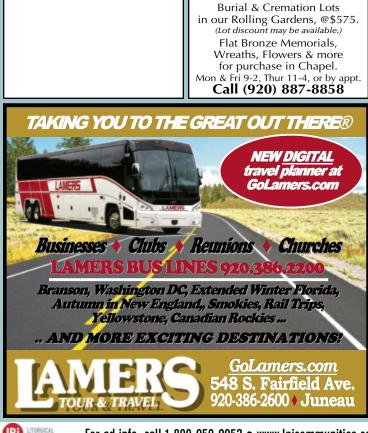
If weather deems it necessary to cancel a program, find out in any of the following ways:



1430 WBEV or 95X



Text BDCAS to (855) 951-5444 and opt-in



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



YOUTH PROGRAMS







Brought to you by the YMCA of Dodge County in partnership and collaboration with the City of Beaver Dam Community Activities & Services.

January 17 – March 12

Program Fee: \$45

Discounted Y Member Fee: \$35

Register online at: theydc.org Register in person at: YMCA of Dodge County Welcome Center Register by January 5th!

This 8-week, co-ed league offers t-shirts and will be comprised of practice one night per week and games on Friday night or Saturday morning. Volunteer coaches are needed, practice drills and coaching packets will be provided. Teamwork along with learning and improving on the fundamentals of the game is the focus of the program at all levels.

Weekly evaluation of program will take place to determine spectator and masking requirements.

Beginner

This program teaches the basics through structured drills and game play. Ages 5-6 use 8-foot hoops and a junior-sized ball. Coaches will help referee games.

Rookie

This program focuses on skill development, teamwork and most of all, fun! This league stresses the basics of the sport in a non-competitive environment. Ages 7-9 use 9-foot hoops and a junior-sized ball.

Intermediate

This program is designed for players with a firm grasp of the fundamentals and readiness for moderate competition. Ages 10-12 use 10-foot hoops and a 28.5" ball.

{YEL!} PROGRAMS

PI LITURGICAL PUBLICATIONS

Youth Enrichment League Robotics, Coding and Fencing programs were a hit last summer! Plans are in the works for more offerings this school year. Watch for details to come.



BABYSITTING CLINIC

\$38 R / \$48 NR | 1 Day The Watermark, 209 S. Center St.

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Instructor: Marshfield Medical Center—Beaver Dam Kids Care Staff

Min. 7 / Max. 9

Deadline: 1 week prior to session

Students will receive the information and skills necessary to provide safe and responsible care for children in the absence of their parents or guardian in this American Academy of Pediatrics clinic. They'll also develop skills in leadership, safety and safe play, basic care and professionalism. A textbook and a certification card are included in the fee. Bring a sack lunch.

Ages	Day	Date	Time	Session	Course #
12-14	М	1/17	9:00am-2:30pm	3 S I	ESSION FULL
12-14	F	2/18	9:00am-2:30pm	4	153.0404





FITNESS PROGRAMS FOR ALL AGES



THE WATERMARK WALKWAY—A GREAT WAY TO GET YOUR STEPS IN

Free | 7 Days a week

Enjoy indoor climate-controlled walking at The Watermark. Seventeen laps around our corridor equals one mile. Advance registration is not required.

Ages	Day	Date	Time
All Ages*	M-Th	1/3-2/28	8:00am-6:00pm
All Ages*	F	1/7-2/25	8:00am-4:00pm

*Youth under 16 must be accompanied by an adult.



ACTIVE ADULT EXERCISE

\$12 R / \$18 NR | 8 Weeks | Session 1
\$14 R / \$21 NR | 9 Weeks | Session 2
The Watermark, 209 S. Center St.
Instructors: Margaret Bennett & Mary Desjarlais, Trained Volunteers

Min. 6 / Max. 20 | Deadline: Friday prior to session

This program covers a variety of range-of-motion and endurance-building activities and relaxation techniques. Improve functional ability, decrease depression and increase confidence in one's ability to exercise. We welcome all men and women over the age of 50 who are interested in participating in this class.

Ages	Day	Date	Time	Session	Course #
50+	Tu/Th	1/4-2/24	8:30-9:30am	1	164.5424
50+	Tu/Th	3/1-4/28	8:30-9:30am	2	164.5425



CHAIR YOGA AND RELAXATION TECHNIQUES

\$24 R / \$34 NR | 4 Weeks
The Watermark, 209 S. Center St.
Instructor: Livia Schomber, 200-hr. Certified Yoga Teacher
Min. 8 / Max. 20 | Deadline: Friday prior to session

This program incorporates gentle and accessible movement and varied relaxation techniques, suitable for everyone looking for an easier way to move the body and learn ways to slow down the mind and de-stress. The class will start with Yoga moves in a chair or with the assist of a chair and continue with breathing techniques, meditation practices and mini Yoga Nidra (a powerful relaxation technique) sessions.

Ages	Day	Date	Time	Session	Course #
18+	Τυ	1/4-1/25	9:45-10:30am	1	114.2969
18+	Tu	2/1-2/22	9:45-10:30am	2	114.2970

GRACEFUL YOGA

\$24 R / \$34 NR | 4 Weeks The Watermark, 209 S. Center St.

Instructor: Livia Schomber, 200-hr. Certified Yoga Teacher Min. 8 / Max. 20 | Deadline: Friday prior to session

Yoga is a great way to stay flexible! Work on joint mobility of your spine, shoulders and hips, as well as help build overall strength and balance. This program is appropriate for all practitioners, including students with chronic conditions or limitations due to age or size. Wear comfortable workout clothes and bring your own mat or towel.

Ages	Day	Date	Time	Session	Course #
15+	W	1/5-1/26	5:30-6:30pm	1	144.2973
15+	W	2/2-2/23	5:30-6:30pm	2	144.2974

STRONG BODIES

Pi

\$14 R / \$21 NR | 9 Weeks | Session 1
\$12 R / \$18 NR | 8 Weeks | Session 2
In-Person at The Watermark & via Zoom
Instructor: Mary Anne Zimmerlee, Trained Volunteer
Min. 6 / Max. 20 (In-Person) / Max. Unlimited (via Zoom)
Deadline: Friday prior to session

Mary Anne Zimmerlee is back to teach Strong Bodies!

Strong Bodies is designed for both men and women. During this exercise program you will increase strength, muscle mass, bone density and the ability to do activities of daily living.

Join us for Strong Bodies in person or from the comfort of your own home. Equipment is provided at The Watermark. If you join us from home you will need your own equipment (mat, weights, chair, etc.) and the Zoom app installed on your device (computer, tablet or smart phone). Participants will receive an email after the registration deadline with the link to join us via Zoom for the program.

Ages	Day	Date	Time	Session	Course #
40+	M/W	1/3-3/2	9:00-10:00am	1	114.1055
40+	M/W	3/7-4/27	9:00-10:00am	2	114.1056



"I love the Strong Bodies Class on Zoom Monday and Wednesday mornings. During these times it is welcoming to exercise and socialize over Zoom with this great group of people!" — **Teresa Haack**



ADULT PROGRAMS

MASTER GARDENER PROGRAMS

Free | 1 Day The Watermark, 209 S. Center St. Presenter: Carol Shirk, UW Extension Min. 6 / Max. 30 | Deadline: 1 week prior to session

Join Certified Master Gardener, Carol Shirk, and get your hands dirty! Carol has been a Master Gardener for over 25 years and has been gardening for more than 60 years. We have three opportunities to choose from.

SQUARE FOOT GARDENING

Square foot gardening is an intensive gardening method that maximizes space and reduces work. This is a great method for people who have limited space, who want to try something new, and who want to reduce the time spent in the garden, but still have a bounty to harvest. Come learn how to build, plant and maintain a square foot garden.

Ages	Day	Date	Time	Session	Course #
18+	Th	1/27	10:00-11:00am	1	113.7901

SEED BOMBS

Seed bombs have a long history of use, from Native Americans to modern day aerial reforestation. Learn about their use in different parts of the world as well as across the United States. They are a fun and easy way to garden – just throw them in a bare spot in your garden or lawn, and nature will take over. Learn to make seed bombs, a mixture of compost, clay and seeds, to take home and "plant." Don't worry if it's not warm enough to plant, they will keep until it's time.

Ages	Day	Date	Time	Session	Course #
18+	Th	2/17	10:00-11:00am	2	113.7902

SPRING PERENNIAL VEGETABLES

Have you ever considered planting horseradish, asparagus, rhubarb, Egyptian onions, or garlic? Or do you simply have some questions about your existing beds? Learn planting tips, care and maintenance, variety choices and more about these spring perennial vegetables.

Ages	Day	Date	Time	Session	Course #
18+	Th	3/24	10:00-11:00am	3	113.7903

GEOCHEER ADVENTURES

Free | 1 Day

In-Person Watch Party at The Watermark & Via Zoom Presenter: UW-Madison Geology Museum Staff Min. 6 / Max. 20 (In-Person) / Max. Unlimited (via Zoom) Deadline: 1 week prior to session

Join the UW-Madison Geology Museum staff for some virtual experiences from the comfort of your home, or with others at The Watermark for a watch party. Virtual participants will receive an email after the registration deadline with the link to join us via Zoom for the program.

DEVIL'S LAKE VIRTUAL HIKE

See the sights on a virtual hike at Devil's Lake State Park! Enjoy the beautiful bluffs and forest while learning about the interesting geological and historical story Devil's Lake has to tell.

Ages	Day	Date	Time	Session	Course #
18+	Th	1/20	1:00-2:00pm	1	113.7904

GEOLOGY BINGO

Play Bingo while you take a virtual "tour" of the museum exhibits. The Bingo cards will feature pictures of beautiful rocks, fossils and crystals from the museum. Zoom participants will need to pick up their cards from The Watermark in advance. We can also email you a card if you want to print your own. In-person participants will be provided with a card the day of the program.

Ages	Day	Date	Time	Session	Course #
18+	Th	2/3	1:00-2:00pm	1	113.7905

FOSSIL SAFARI

IUSEUM

Take a time-traveling safari to ancient Wisconsin! You will get to see what Wisconsin looked like 450 million years ago when it was covered by a shallow, tropical sea. You'll learn about the rocks we can see in southern Wisconsin, the fossils that are found in them and what those creatures would have looked like when they were alive.

Ages	Day	Date	Time	Session	Course #
18+	Th	3/3	1:00-2:00pm	1	113.7906
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HORICON MARSH HISTORY

Free | 1 Day

The Watermark, 209 S. Center St. Presenter: Renee Wahlen, Marsh Haven Director Min. 6 / Max. 30 | Deadline: February 3

Learn about the fascinating history of the Horicon Marsh from Lake Horicon, to farmland, to a national wildlife refuge – this Wetland of International Importance has a long and storied past.

Ages	Day	Date	Time	Session	Course #
18+	Th	2/10	1:00-2:00pm	1	113.7907

Watch for these upcoming programs with Renee:

March 10	Birds, Butterflies and Your Backyard
April 14	Phenology
May 12	Nature Journaling

ARM CHAIR TRAVEL TUESDAYS

Free | 1 Day The Watermark, 209 S. Center St. | Presenter: BDCAS Staff Min. 6 / Max. 30 | Deadline: 1 week prior to session

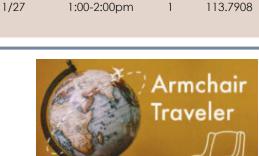
It's travel time! Come explore with BDCAS as we present the beauty of foreign lands and rich cultures from around the world. During these watch parties we will view some fun and exciting travel videos. You will be given a travel passport, and every time you attend a watch party you will be given a sticker for your passport



book. When you collect all 8 stickers, you will earn a \$5.00 gift certificate to be used on one of our upcoming trips later in 2022. We will also be offering a small gift or food item that each destination is known for at every watch party.

This is a great opportunity to travel all around the world, learning about different cultures, the people, the food, the land and much more!

Ages	Day	Date	Time	Session	Location	Course #
18+	Τυ	1/18	1:00-2:00pm	1	Germany	113.7909
18+	Τυ	1/25	1:00-2:00pm	2	Spain	113.7910
18+	Τυ	2/1	1:00-2:00pm	3	France - French Alps & Lyon	113.7911
18+	Τυ	2/8	1:00-2:00pm	4	Italy - Naples and Pompeii	113.7912
18+	Τυ	2/15	1:00-2:00pm	5	Portugal	113.7913
18+	Τυ	2/22	1:00-2:00pm	6	The Heart of England	113.7914
18+	Τυ	3/1	1:00-2:00pm	7	Basque Country	113.7915
18+	Τυ	3/8	1:00-2:00pm	8	Ireland	113.7916



Session Course #

BLUEBIRDS: A LIFE STORY

Presenter: Liz Herzman, WI DNR Educator

In-Person Watch Party at The Watermark & Via Zoom

Min. 6 / Max. 30 (In-Person) / Max. Unlimited (Via Zoom)

Liz Herzmann, will discuss the life of a bluebird and what

about the proper boxes, placement and monitoring to hopefully attract these blue beauties to your yard. Liz will present virtually from the Horicon Marsh, join us at The Watermark or watch from home. Participants will receive an email after the registration deadline with the link to join

Time

you can do to create a quality habitat for them. We'll talk

Free | 1 Day

Ages Day

18+

Th

Deadline: January 20

us via Zoom for the program.

Date



BUILD A BETTER COCKTAIL

Free | 1 Day Via Zoom Instructor: Old Hickory Golf Club Bartenders Min. 6 / Max. Unlimited | Deadline: February 10

Sign up for this virtual class with a bartender to learn the crafting skills of traditional and favorite cocktails. We'll also cover pour techniques, tools, ingredients and share tips to make your favorite cocktail. The Zoom link and ingredient lists will be emailed to you after the registration deadline. Feel free to "mix along" or simply watch and learn.

Ages	Day	Date	Time	Session	Course #
21+	Th	2/17	6:30-8:00pm	1	113.7917



LET'S TALK ABOUT THE WEATHER

Free | 1 Day The Watermark, 209 S. Center St. Presenter: Dana Fulton, WISC-TV & Ch. 3000 Meteorologist Min. 6 / Max. 30 | Deadline: February 10

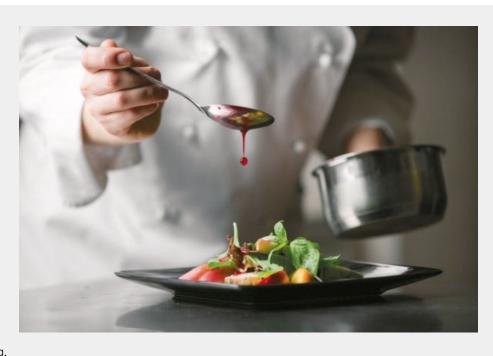
Meteorologist Dana Fulton will be here from Channel 3000 News to discuss all things weather and broadcast television. This is a fun and informative program that you don't want to miss!

Ages	Day	Date	Time	Session	Course #
18+	Th	2/17	1:00-2:00pm	1	113.7918

COOK LIKE A CHEF

Free | 1 Day Via Zoom Instructor: Chefs from Local Restaurants Min. 6 / Max. Unlimited Deadline: 1 week prior to session

Do a little restaurant-caliber cooking in your own kitchen! Learn from some of Dodge County's best head chefs from your favorite local restaurants and caterers. Recipes demonstrated will feature healthy ingredients that aren't hard to find, taste great and are easy on your wallet. An ingredient list will be emailed out a few days ahead of time so participants can cook along with our chefs, or simply watch and learn. We'll share prep tips, cooking skills and food facts from local dieticians and nutrition educators too. You must purchase your own ingredients if you want to cook along.



Participants will receive an email after the registration deadline with the link to join us via Zoom for the program.

Ages	Day	Date	Time	Session	Instructor	Title	Course #
18+	М	2/7	10:30-11:10am	1	Chef Chanse, Entrees by Chef Chanse	Flash in a Pan	113.7919
18+	М	2/14	10:30-11:10am	2	Chef Kylie, Marshfield Medical Center-BD	Heart Healthy	113.7920
					Recipes and guest chefs subject to change.		

BINGO

FREE | 8 Weeks | Session 1 FREE | 9 Weeks | Session 2 In-Person at The Watermark OR via Zoom BDCAS Staff & Volunteers run this program Min. 4 / Max. 40 (In-Person) / Max. Unlimited (via Zoom) Deadline: 1 week prior to session

Join us for some BINGO fun! Current program format is as follows:

- Participants will need to choose whether they want to play in-person at The Watermark or via Zoom.
- Prizes will include useful household items, seasonal décor, gift cards, coupons for free treats at local restaurants and more.

In-Person Participants:

- Disposable BINGO cards will be used. Each player will get two cards.
- Participants must furnish their own BINGO chips (plastic chips, pennies, corn, etc.).
- Covered beverages and snacks are allowed in the BINGO room.

Zoom Participants:

- Participants will receive an email before game day with the link to join us for BINGO on Wednesday.
- You will need the Zoom app installed on your device (computer, tablet or smart phone) or you can use your land line phone for audio-only access. If you need assistance, please give us a call prior to game day.
- Players must pick up their cards at The Watermark before the session begins. Or we can email them to you if you want to print your own.

Ages	Day	Date	Time	Session	Course #
18+	W	1/5-2/23	1:00-3:00pm	1	113.2354
18+	W	3/2-4/27	1:00-3:00pm	2	113.2355

PICKLEBALL (INDOOR)

\$10/season (not pro-rated) | 33 Weeks
Middle School Main Gym (The Pond), 108 4th St. Use Mackie St. Entrances, N3 Door
Volunteer Coordinators: Karen Bilitz & Darby Hintz
Min. 4 / Max. 30 | Deadline: Ongoing

Rules for Pickleball are simple and easy for beginners to learn, but it can develop into a quick, fast-paced, competitive game for experienced players.

Registration may be done anytime throughout the season prior to playing. If you would like to know more about the game before you sign up, come watch the group in action and try it out for yourself, we will provide the paddle. Those wishing to continue with the program will need to register and bring their own equipment. Join anytime!

Ages	Day	Date	Time	Session	Course #
18+	W	Now-5/25	6:00-8:00pm	1	615.1706



THE ART OF GROWING PEONIES

Free | 1 Day The Watermark, 209 S. Center St. Presenter: Michelle Ovans, Ovans Peony Farm Min. 6 / Max. 30 | Deadline: March 10

Have you ever wondered where your purchased flowers come from and how they are grown? Join Michelle Ovans, owner of Ovans Peony Farm, for a look at how peonies are grown for the floral industry and learn more about the Slow Flower movement to promote sustainable, farm to vase approach to fresh flowers.

Ages	Day	Date	Time	Session	Course #
18+	Th	3/17	1:00-2:00pm	1	113.7921



AGES 50+ PROGRAMS & SERVICES

BECOME AN ACTIVE PARTICIPANT AT THE WATERMARK



WHEN YOU BECOME AN ACTIVE PARTICIPANT AT THE WATERMARK, YOU HAVE ACCESS TO:

- Free and low cost card and game programs including Bridge, Dirty Board, Euchre, Five Crowns, Pepper, Scrabble and Sheepshead
- Free and low cost educational and recreational programs including Book Club, Color Escapes, Genealogy, Hooks & Needles, Meet & Eat Club, Movies, Wii Bowling, Woodburning/Woodcarving and more
- Free fitness programs including Move to the Music and Pom & Dance
- The Watermark Walkway
- Comfortable lounge for socializing with other participants
- Friendly, caring staff and volunteers to help you at anytime

HOW TO BECOME AN ACTIVE PARTICIPANT:

- City residents simply complete an Active Participant Form available at Customer Service.
- Non-Residents (those living outside the city limits) must complete an Active Participant Form and pay The Watermark Annual Non-Resident fee. The fee is pro-rated the first year, and then \$25 annually in January thereafter.
- All active participants will receive a personalized participation card. This card serves as an attendance tracking tool.
- New participants are encouraged to ask for a tour to get familiar with our facility, programs and services, and meet our staff.

FEES FOR PROGRAMS & SERVICES

Many of our programs and services for people ages 50+ are free. Others have fees associated with them. This information is noted in this bi-monthly Community Center Courier and other promotional materials. We charge Resident (R) and Non-Resident (NR) fees and these fees vary by program. Resident fees are offset by city tax contributions. For most programs, the Non-Resident fee is 50% more or an additional \$10, whichever is less. Non-Residents are those who live outside the city limits, including Beaver Dam addresses with a fire number.

ARE THERE ANY EXEMPTIONS TO THE ANNUAL NON-RESIDENT PARTICIPANT FEE?

The Watermark Annual Non-Resident Participation Fee is not required to participate in the following:

- Wednesday night Diamond Jacks Sheepshead
- Community Education Workshops (Health & Wellness, Financial and other topics)
- Guest (limit 3 free guest passes per year)
- Listening Session with the Mayor
- Meetings (participants attending meetings such as political town hall meetings and other open meetings)
- Community Meals
- Dodge County Nutrition Program
- Dodge County Aging & Disabilities (ADRC) programs and services
- AARP Tax-Aide
- Alzheimer's Association programs
- Toenail Clinic & Blood Pressure Screening
- Pool & Bowling
- Day Trips & Extended Tours
- Parties and community events such as the Summer Picnic, Christmas Party, Holiday Open House, St. Patrick's Day Party and other events. These events are either free "open house" events or events that we charge fees for. Resident and Non-Resident fees will be charged for these fee-based events.
- All other programs will be charged a Resident and Non-Resident fee consistent with BDCAS program fee guidelines. Examples include, but are not limited to, Mental Fitness, Strong Bodies, Strong Women and Active Adult Exercise.

A VIBRANT SENIOR DIVISION

WASC REACCREDITATION

The BDCAS was recently awarded state accreditation through the Wisconsin Association of Senior Centers (WASC).

The accreditation process is a quality assurance program that examines 19 different standards and requires community involvement in the self-assessment process. Standards include mission and purpose, goals and objectives, programs, administration, fiscal management, governance, evaluation, facility and other critical standards.

WASC Reaccreditation Committee members included Chairperson Ervin Munro, Eileen Goodman, Mary Morgan, Anne Pellerin, BDCAS Office Administrator, Traci Gmeinder and BDCAS Administrator, Jana Stephens.

The WASC Reaccreditation Committee was actively involved in the process. They made recommendations that went to our Senior Division Advisory Committee and the City of Beaver Dam's Administrative Committee. Their work culminated in a 667 page self-assessment manual.

This is the fifth time we have achieved WASC accreditation status. It makes a significant statement to staff, elected officials, participants, community members and funders that we offer quality programs, activities and services and provide them with accountability in a comfortable setting.

Pi

BDCAS SENIOR DIVISION ADVISORY COMMITTEE

The role of the Committee is advisory to the Administrator. The Advisory Committee meets on the 4th Tuesday of each month at 8:30am.

ELECTED MEMBERS:

Ervin Munro Eileen Goodman Vice Chairperson Mary Morgan Anne Pellerin Secretary Bob Falk Marsha Horne Jim Olson

Chairperson Treasurer



COMMON COUNCIL LIAISON:

Kay Appenfeldt Alderperson, Ward 11

PUBLIC-AT-LARGE MEMBERS:

Diane Coulter Jan Richardson Eric Williams

Dodge County ADRC Dodge County Center for the Arts Marshfield Medical Center-Beaver Dam

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ONGOING ACTIVITIES

Advance registration is not required for the ongoing activities featured on this page. Some fees may apply and can be paid at Customer Service on or before your first day of participation. See activity descriptions for details. Those who live outside the city limits are also required to pay The Watermark annual participation fee.

BOARD GAMES

DIRTY BOARD (PEGS & JOKERS)

Free | Tuesdays | 1:00-4:00pm

Dirty Board is a game of strategy and luck. Players race their pegs around the track according to the cards they're dealt. This game is similar to Parcheesi and Sorry.

SCRABBLE

Free | Fridays | 12:30-3:30pm

There are lots of good reasons why people play Scrabble: making friends, building a vocabulary or just plain competition. Whatever your reason, we hope you will join us.

CARD GAMES

Join the fun when you can! All participants who want the chance to win a prize must pay a daily fee if noted in the description below.

BEGINNING BRIDGE

Free | Thursdays | 9:00-11:00am

Beginning Bridge is a relaxed card group where you can learn and improve your bridge game. Join us for some fun and build your bridge skills at the same time.

BRIDGE

\$1 per day | Tuesdays | 1:00-4:00pm

Bridge continues to be a popular game among the experienced bridge players.

EUCHRE

\$1 per day | Mondays & Fridays | 1:00-4:00pm

This is one of our most popular card games at The Watermark. Everyone is welcome!

FIVE CROWNS

Free | Mondays | 1:00-3:30pm

Five Crowns is a five-suited rummy-style card game. It features a unique double deck that contains five suits: spades, clubs, hearts, diamonds, and stars. Five Crowns is loved by everyone, easy to play and a game that you'll want to play again and again.

PEPPER

\$2 per day | Wednesdays | 1:00-4:00pm

Pepper is a variant of Bid Euchre. Pepper uses 24 cards: 9, 10, Jack, Queen, King and Ace of each suit. If you like playing Euchre, you will probably like Pepper.

SHEEPSHEAD

\$1 per day | Tuesdays | 1:00-4:00pm

Do you enjoy playing Sheepshead? This might just be the group for you. New participants are welcome to join the fun at any time.

SHEEPSHEAD-DIAMOND JACKS

\$7 per day | Wednesdays | 6:30-9:30pm

Join us for Diamond Jacks Sheepshead at The Watermark on Wednesday nights! This program is exempt from the non-resident participation fee.

RECREATIONAL ACTIVITIES

HOOKS & NEEDLES

\$5 Annual Fee | Fridays | 9:00-11:00am

Have fun while starting or finishing your latest creation. Those wishing to volunteer are also encouraged to help us provide items for seniors, newborns and those in need. We furnish the yarn for any items you want to make for donation. New participants are welcome to join at any time.

WII BOWLING

Free | Thursdays | 9:00-11:00am

Stop by The Watermark as your schedule allows and have fun Wii Bowling. Each week participants randomly draw for team placement and bowl three games. You don't need special shoes, you don't need to keep score, and you don't have to commit to a "season". It couldn't be easier to get a bit of exercise and a LOT of laughs.

WOODBURNING/WOODCARVING

\$5 Annual Fee | Mondays | 8:00-11:00am

Calling all woodburners and woodcarvers! Join us at The Watermark to work on your latest projects and to socialize with others. New participants are always welcome to join at any time.



MENTAL FITNESS FOR OLDER ADULTS

\$8 R / \$12 NR | 8 weeks
The Watermark, 209 S. Center St.
Instructor: Ervin Munro, M.S.
Min. 5 / Max. 15 | Deadline: January 11

INTRODUCTORY COURSE

This is an introductory course to learn about the aging brain, factors that may affect the mind and mental decline, types of memories, retrieval of information, attention span, brain structure and functions, how to nourish the brain and increase performance.

Classes will include instruction, along with basic activities and exercises such as puzzles, games, and memory exercises to help sharpen the senses, improve cognitive adaptation skills, enjoy social interactions, embrace a sense of greater self-confidence, and improve an overall feeling of well-being.

Ages	Day	Date	Time	Session	Course #
50+	Τυ	1/18-3/8	9:30-10:30am	1	163.2124

ACTIVITIES & EXERCISES

This course is designed for those who choose to continue more advanced mental fitness activities and exercises aimed toward sharpening senses and improving cognitive adaptation skills while enjoying social interactions. This series will focus primarily on "Using Numbers and Spatial Relationships." Completion of Mental Fitness for Older Adults – Introductory Course is recommended.

Mental fitness skills will be improved through puzzles, games, reading, and challenging exercises (both individual and group).

Activities and exercises are designed to promote metacognitive reflections, a more brain-healthy lifestyle, deductive reasoning, coping skills, and problem-solving/ decision-making processes.

Ages	Day	Date	Time	Session	Course #
50+	Τυ	1/18-3/8	11:00am-12:00pm	1	163.2125



LET'S PLAY POOL

\$2/Day of Play | 17 Weeks Tower Lanes, 1660 N. Spring St. Volunteer Coordinator: Mary Morgan Min. 4 / Max. 30 | Deadline: Ongoing

Men and women are invited to participate in this recreational program. New participants are welcome to join at any time. Advance registration is required at BDCAS Customer Service. The player fee is due at Tower Lanes each day you play.

Ages	Day	Date	Time	Session	Course #
50+	W	Now-5/25	1:00-4:00pm	1	665.1603

FRIDAY BOWLING LEAGUE

Player Fee: \$10 per season Bowling Fee: \$10 per day of play Tower Lanes, 1660 N. Spring St. League Secretary: Betty Bortz Deadline: Ongoing

Join this non-sanctioned Friday Bowling League at Tower Lanes. Subs are needed. This program is for ages 18 and older and meets on Fridays from 1:00-4:00pm through March 2022. Contact BDCAS Customer Service for more information.

ADDITIONAL PROGRAMS COMING SOON

Watch for more details about these and other programs in the upcoming editions of the Community Center Courier, Facebook, email blasts, newspaper and radio. Or contact Customer Service with questions (920) 887-4639 ext. 103.

- CRIBBAGE
- REMINISCING & WRITING FOR SENIORS
- SEWING/QUILTING CLASSES
- BOOK CLUB

Dodge County Senior Dining Rose Newman, Site Manager

Attention current eligible participants, to reserve your meal, please call Rose at (920) 887-4639 ext. 102 by noon, one day in advance. New applicants, to determine eligibility to sign up, please call the Dodge County ADRC at (920) 386-3580 or (800) 924-6407. Suggested donation is \$3.99. Please note there is an age requirement of 60 years or older.

JANUARY MENU

Mon	3	CLOSED - New Years
Tues	4	Swiss Steak
Wed	5	Ham Roll
Thurs	6	Chicken Breast
Fri	7	Beef Stroganoff
Mon	10	Honey Mustard Meatballs
Tues	11	Liver and Onions
Wed	12	Chili Casserole
Thurs	13	Pork Steak
Fri	14	Chicken, Broccoli & Rice
Mon	17	Pepper Steak
Tues	18	Lasagna Casserole
Wed	19	Baked Chicken
Thurs	20	BBQ Meatballs
Fri	21	Chicken Marsala
Mon	24	Roast Pork Loin
Tues	25	Meatloaf
Wed	26	Chicken/Biscuit Casserole
Thurs	27	Bratwurst
Fri	28	Mushroom Pork Cutlet
Mon	31	Baked Chicken



TAXI SERVICE

The City of Beaver Dam contracts with Beaver Dam Public Transit, headquartered in Viroqua, WI, to provide taxi service to its city residents. For those 60 years of age and older, they offer a **public senior rate of \$1.50/ride**. This rate applies to all rides within the city limits for personal errands, such as to the grocery store, doctor visits, bank, etc.

If you wish to patronize The Watermark, you can purchase an **\$8 Taxi Punch** Card at The Watermark Customer Service desk at a discounted senior rate of **\$0.50/ride (16 rides).** This punch card is <u>only valid</u> for rides from your home within the city limits, to The Watermark and back home. Call (920) 885-4800 for service.

REQUEST A RIDE ONLINE!

The Public Transit has launched a new online scheduling service to better serve its customers. **It's as easy as 1, 2, 3!**



- 1. Visit <u>www.RunningInc.net</u> and click on the Beaver Dam button.
- 2. Click "Request ride online"
- 3. Fill out the form and click "Submit Request."

SERVICE HOURS:

Mon.-Thurs. 6:00am-10:00pm Fri. 6:00am-12:00am (sa. Morning) Sat. 8:00am-12:00am (su. Morning) Sun. 8:00am-8:00pm

TEMPORARY CHANGES TO SERVICE:

Due to the dynamic nature of COVID-19, Public Transit has made some temporary changes to its service:

- Face masks/coverings are mandatory (masks will be provided if you don't have one).
- Riding behind the passenger seat is preferred, if possible.
- Call (920) 885-4800 for service or if you have questions.



Join us for a broad explanation of Medicare and other resources. For Dodge County Residents who are or will be new to Medicare.







Submitted by Amanda Higgins and Jennie Farmer, Dodge County Elder Benefit Specialists

SOCIAL SECURITY ADMINISTRATION ANNOUNCES 2022 COLA

You may notice the numbers have increased for 2022 than in previous years. This corresponds to the Social Security Administration's 5.9% Costof-Living Adjustment (COLA) for 2022. The 5.9% increase is the highest COLA beneficiaries have seen in 40 years (since 1982). Social Security ties the annual COLA to the increase in the Consumer Price Index as determined by the Department of Labor's Bureau of Labor Statistics. The 2022 numbers are as follows:

	2021	2022
Federal SSI—individual	\$794/mo.	\$841/mo.
Federal SSI—couple	\$1,191/mo.	\$1,261/mo.
Quarter of coverage	\$1,470	\$1,510
	I	
SGA –non-blind person	\$1,310/mo.	\$1,350/mo.
SGA—blind person	\$2,190/mo.	\$2,260/mo.
	r	
Earnings limit (those receiving SS retirement benefits <u>under</u> full retirement age)	\$18,960 (\$1,580/mo.)	\$19,560 (\$1,630/mo.)
	\$1 in SSA benefits withheld for every \$2 above limit	\$1 in SSA benefits withheld for every \$2 above limit
Earnings limit (receiving benefits in the calendar year full retirement age is attained)	\$50,520 (\$4,210/mo.)	\$51,960 (\$4,330/mo.)
	\$1 withheld for \$3 above limit	\$1 withheld for \$3 above limit
	1	
Maximum SS benefit for worker retiring at full retirement age	\$3,148/mo.	\$3,345/mo.

2022 MEDICARE NUMBERS RELEASED

The Centers for Medicare & Medicaid Services (CMS) announced the 2022 premiums, deductibles, and coinsurance amounts for Medicare Parts A and B. Medicare Part A covers inpatient hospital stays and rehabilitation care at a skilled nursing facility. According to CMS, more than 95% of beneficiaries receive premium-free Medicare Part A because they have at least 40 work quarters payed into Medicare taxes.

MEDICARE PART A COSTS

	2021	2022
Premium with 40 work credits	\$0	\$0
Premium 30-39 work credits	\$259	\$274
Premium less than 30 work credits	\$471	\$499
Deductible (per benefit period)	\$1,484	\$1,556
Daily coinsurance in hospital days 61-90	\$371	\$389
Daily coinsurance in hospital days 91-150	\$742	\$778
Daily coinsurance in a skilled nursing facility, days 21-100	\$185.50	\$195.50

If you want more information, for residents age 60 and older, contact the Dodge County Elder Benefit Specialist at the Aging and Disability Resource Center (ADRC) at (920) 386-3580 or (800) 924-6407.

"This project was supported by the Wisconsin Department of Health Services with financial assistance, in whole or in part, by grant number 90SAPG0091, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy."

MEDICARE PART B COSTS

	2021	2022
Monthly Premium	\$148.50	\$170.10
Annual Deductible	\$203	\$233

Medicare Part B covers physician services, outpatient hospital services, durable medical equipment at home, outpatient rehabilitation therapies, and outpatient laboratory services and testing. All beneficiaries pay a Part B premium (unless qualify for a premium subsidy). Typically, Medicare Part B provides insurance coverage on an 80/20% basis. To see if you are eligible for assistance in paying the premium, call our office.

OFFICE HOURS AT THE WATERMARK

Come meet us and chat about any benefit related questions you have or get assistance on an issue. Appointments are encouraged and will be priority. Walk-ins will be taken if time permits. 1st Wednesday of each month 10:00am-12:00pm.

Published with permission from the Legal Services Team at the Greater Wisconsin Agency on Aging Resources' Elder Law & Advocacy Center.

PARK SHELTER RESERVATIONS

The Beaver Dam Community Activities & Services Department accepts reservations for park shelters and other park facilities.

Reservations will be accepted for the following dates:

- Open air shelters and other park facilities: May 1-September 31 annually.
- Tahoe Building: January 1-December 31 annually.
- Crystal Lake Beach Building: January 1-April 30 and September 1-December 31 annually.

Park shelters may be reserved up to one year in advance. Those reserving an entire park and all shelters within that park for a community event are able to secure reservations two years in advance.

Reservations are taken on a first-come, first-served basis and must be made a minimum of seven days in advance.

Contact BDCAS directly for more detailed information about ball diamond reservations and reserving facilities for community events.

Restrooms are open and drinking fountains are turned on starting in late April through mid-October each year. Reservations can be made online at cityofbeaverdam.com/bdcas, with no added service fees. Reservations can also be made by mail, drop box or in person at The Watermark.

Information is subject to change due to the COVID-19 pandemic. We will continue to follow the guidance of government and health authorities and will make decisions based upon this information.



Shelter photos are available at the Watermark or online: www.cityofbeaverdam.com/bdcas

CRYSTAL LAKE PARK

N. Crystal Lake Rd. \$25 R / \$35 NR per hour Seats 72

EAST SHELTER

Lake Hills Dr. \$30 R / \$40 NR per day Seats 35

WEST SHELTER

N. Crystal Lake K \$50 R / \$60 NR per day Seats 60

EDGEWATER PARK

HICKS OVERLOOK SHELTER

McKinley Beach Rd. \$35 R / \$45 NR per day Seats 35

MINI SHELTER

National Dr. \$30 R / \$40 NR per day Seats 35



= Shelter/Facility Has Electricity

W. Burnett St. \$50 R / \$60 NR per day Seats 90

SMYTHE COURT PARK

MINI SHELTER 😲 Smythe Ct.

\$35 R / \$45 NR per day Seats 32

TAHOE PARK

LaCrosse St. \$65 R / \$75 NR per day Seats 160

MINI SHELTER 😲

LaCrosse St. (by play area) \$35 R / \$45 NR per day Seats 40

SWAN PARK

E. Mill St. (middle of park) \$55 R / \$65 NR per day Seats 1,100

MILL ST. SHELTER 😲

E. Mill St. & S. University Ave. \$60 R / \$70 NR per day Seats 105

MINI SHELTER #1

S. University Ave. (middle of block) \$30 R / \$40 NR per day Seats 25

MINI SHELTER #2

E. Mill St. (middle of block) \$30 R / \$40 NR per day Seats 25

PARK SHELTER

South St. (middle of park) \$50 R / \$60 NR per day Seats 130

SPRINGHOUSE SHELTER 😲

S. University Ave. & E. South St. \$50 R / \$60 NR per day Seats 80

WATERWORKS PARK

Denning Ave. & Lakeshore Dr. \$50 R / \$60 NR per day Seats 90

MINI SHELTER

Denning Ave. & Lakeshore Dr. \$30 R / \$40 NR per day Seats 40



ENJOY OUR PARKS

DISC GOLF

Disc golf baskets are available all year long at **Crystal Lake Park**. Bring your own discs and play through for free. Scorecards are available at: <u>cityofbeaverdam.com/parks</u>.

Park hours are 6:00am-10:00pm.

DOG PARKS

The City of Beaver Dam has two dog-friendly parks available to use:

- **Patrick Parker Conley Park** is located at 203 Fletcher Rd. Dogs are allowed to run off leash in this fenced-in dog park.
- Edgewater Park is located at McKinley Beach Rd. & National Dr. Walk the mowed pathways with your pet. Dogs must be on a leash.

Dog park hours are 6:00am-sunset. Please make sure to cleanup after your dog. Thank you!



The City of Beaver Dam is proud to be a Tree City USA and a Bird City Wisconsin. Watch for more information about related special events this spring and summer.





ICE-SKATING & SLEDDING

When winter conditions permit, we will have groomed outdoor facilities for families to enjoy! **Crystal Lake Park** has a groomed ice rink, sledding hill and toboggan chute. **Tahoe Park** has a groomed ice rink. **Waterworks Park** has a great sledding hill.

Watch for warming house information via email and Facebook. Or contact Customer Service with any questions throughout the season, (920) 887-4639, ext. 103.



For ad info. call 1-800-950-9952 • www.lpicommunities.com City of Beaver Dam Community Center, Beaver Dam, WI E 4C 01-1074

BEAVER DAM COMMUNITY LIBRARY

311 N SPRING ST | (920) 887-4631 | CIRCDESK@BEAVERDAMLIBRARY.ORG



The library is open to the public weekdays from 9:00am — 7:00pm and Saturdays from 9:00am — 4:00pm for essential services such as browsing and check out of materials, limited public Internet, and Wi-Fi access. Alternative options continue, including contactless pickup, mailbox library service, mobile printing, and librarian selection service.

This information is subject to change due to the nature of the situation.

For updates or questions, visit www.cityofbeaverdam.com/library, call 920-887-4631, email circdesk@beaverdamlibrary.org or text 66746 (start your question with askbdcl).

UPDATE YOUR LIBRARY CARD!

IT'S TIME TO DATE YOURSELF! WHICH LIBRARY CARD DO YOU HAVE IN YOUR WALLET?



Pre-1994 **Automation**

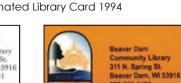


Beaver Dam's First Automated Library Card 1994





2006-2013



2014-2021

920-219-4400

unity Library

THESE FIVE CLASSIC BEAVER DAM LIBRARY CARDS EXPIRED ON DECEMBER 31, 2021.

The library joined the Monarch Catalog on September 1st and all older cards from the Beaver Dam Community Library will no longer work in 2022 after the sunset date. Visit the library with your photo ID to register for the Monarch Beaver Dam



library card if you haven't already. Library cards are free. Your NEW card will give you access to over 2.1 million items from the 31 member libraries of the shared Monarch Catalog. https://bit.ly/MonarchBD

One of the benefits of your new Monarch BD library card is this awesome app called Monarch2Go that lets you manage your account and search the catalog anywhere and anytime!

The vision of a free and public library that opens doors to lifelong learning, the exploration of new ideas and the preservation of the past remains a strong tradition in our community. Visit or contact us to learn more: by phone at 920-887-4631, email circdesk@beaverdamlibrary.org, text 66746 (start your question with askbdcl), or at www.cityofbeaverdam.com/library.

HISTORICAL FILES



An unseasonal snow storm in of 1911 covered this Beaver Dam home on North Spring Street.

- A. December
- B. January
- C. November
- D. April



This once busy grocery store is now home to this current Beaver Dam landmark?

- A. St. Katharine Drexel Parish Center
- B. Habitat for Humanity ReStore
- C. Beaver Dam Middle School Track
- D. Get Fit Health Club

COMMUNITY BLOOD DRIVES

Upcoming Blood Drive Days/Times:

- Friday, January 7 JANUARY DATE HAS BEEN CANCELED
- Friday, February 4 (7:00am to 11:30am)
- Friday, March 4 (7:00am to 11:30am)
- Friday, April 1 (7:00am to 11:30am)

Roll up your sleeves and donate blood at The Watermark! You never know whose life you might save with a visit to a Community Drive.

Appointments are recommended. Safe social distancing measures will be in place to ensure your safety. Please wear a mask and bring your photo ID.

To set up your appointment visit <u>versiti.org/beaverdam</u> or call (877) 232-4376. You can change your appointment online if necessary, or feel free to call Versiti Blood Center of Wisconsin anytime at (877) 232-4376. Friendly staff talks with donors every day and can tell you everything you need to know about the donation process!

COVID-19 Antibody Testing

Versiti is pleased to announce the SARS CoV-2 antibody test will be performed on all donations as part of our standard testing. We will be conducting this test as we continue to fight the ongoing COVID-19 pandemic with the help of our donors. For more information, please visit versiti.org/home/coronavirus-information





LEADERSHIP BEAVER DAM

The BDCAS Senior Division sponsors an active older adult to participate in Leadership Beaver Dam's (LBD) 9-month training program. Chuck Stangl was chosen as the 2021-2022 Leadership Beaver Dam participant.

Session Three of Leadership Beaver Dam 2021-2022 was held on Wednesday, November 10, 2021, at The Beaver Dam Chamber of Commerce. The title for the day's activities were Planning a Successful Community Project and Introductions to Non-Profit Organizations in Beaver Dam.

The morning session started with a presentation by Matt Hurtienne of Concordia University entitled Planning a Successful Project. He talked about what components make a good project. They included: strengths, weaknesses, opportunities and threats. Strengths and weaknesses are internal things that can have an impact on whether or not your project will be successful. Opportunities and threats are external things that exist in the community and can determine the positive or negative outcomes.

We then formed groups with people sharing similar interests and ideas about the projects discussed. The group that I worked with identified a project that will benefit Church Health Services. More on that will follow in future reports.

The morning session ended with presentations by local nonprofits. The Beaver Dam Community Foundation portion was given by Tom Heffron and Patrick Lutz. The Community Care Preschool and Daycare portion was by Renae Henning.

A delicious lunch was catered by Edith's Cakes and Catering. Everyone participated in an activity that matched nonprofit organizations and their slogans. Prizes were awarded to the two people with the most correct. The prize winners were Renae Henning and Russ Tronsen.

The afternoon session consisted of tours of Church Health Services and Green Valley Enterprises. Church Health Services is a nonprofit agency that provides some medical assistance and dental services for people meeting



Pictured: Carl (Chuck) Stangl and Matt Hurtienne of Concordia University.

economic guidelines. Green Valley is a nonprofit agency that serves the needs of developmentally disabled individuals. The tour included Observing the clients assembling and packaging materials for outside vendors.

After the tours everyone met back at the Chamber of Commerce and got time to work on their identified community projects.

Thank you to the Beaver Dam Community Activities & Services Department for sponsoring my attendance to Leadership Beaver Dam.

