

# The Wisdom Years



Jefferson Senior Activity Center • 859 Collins Road 920-674-7728



**\*\*FRIDAY, MAY 6, 2022\*\***

- Volunteer Appreciation Day
- 12:30 pm Annual Meeting & Awards & ACCREDITATION!
- 1 p.m.—Musician Dave Freitag Solo performance -Back 40 Band

Everyone Invited to Annual Meeting,  
Entertainment & Ice cream social after entertainment

## WE'RE CELEBRATING:

### Senior Center Volunteers

### Jefferson Senior Center 4-time Accreditation

**\*\*Only 27 Senior Centers in the state are Accredited!\*\***

### 20 years at 859 Collins Road—Jefferson 31 years as an organized Senior Center Group

“Beginning in the 1970s a group met on Thursdays for cards and potluck lunch at a city-owned building on South Main Street (where the current library is.) In time the City of Jefferson planned to expand City Hall which included removing that former building.. The group looked for a new location for their group.

When City Hall expanded, the Common Council made a resolution to allow the multi-purpose room of the Municipal Building to be designated as a Senior Citizens Center, with a limited budget and a Coordinator. Money was set aside in the City of Jefferson budget for a dedicated Senior Center building.

Altera CBRF on Collins Road closed and became available. In December 2001, the City of Jefferson allowed the money to be used towards the purchase. The new Senior Center opened in 2002, with re-modeling taking place most of 2003. The finished center re-opened in fall 2003 and Sheila was hired in June 2004.”

**Senior Center and Meals on Wheels closed Mon., May 30**

MAY 2022



“The mission of the Jefferson Senior Activity Center is to enrich the quality of life and maintain independence for older adults.”

Accredited  
by the  
Wisconsin  
Association  
of  
Senior  
Centers  
(WASC)



2006 2011 2016 2022



# FOR YOUR INFORMATION

## DIRECTORY

### Sheila Frohmader—Coordinator

859 Collins Road • Jefferson, WI 53549

Phone.....(920) 674-7728

Hours..... Monday-Friday 8 am-4:30 pm

Website ..... www.jeffersonwis.com  
(click on Departments and Senior Center)

### Jefferson County Nutrition Program

#### Joy Clark—Jefferson Site Manager

Phone.....(920) 728-0259

—Meals for those age 60+

—Meals on Wheels (for qualifying persons) within the Jefferson city limits and delivered to persons who are infirmed or can not drive. Meals delivered by volunteer drivers.

### Aging & Disability Resource Center of Jefferson County

Phone.....(920) 674-8734

Toll Free.....1-866-740-2372

Website..... www.jeffersoncountywi.gov

### Jefferson County Benefit Specialist

Phone.....(920) 674-8734

### Social Security

Phone.....1-800-772-1213

### Cab Rides for Elderly

Phone.....1-920-674-5294

### Jefferson Park & Recreation Department

Phone.....1-920-674-7720

### Jefferson Public Library

Phone.....920-674-7733

### Jefferson Food Pantry—164 Garland Ave.

Open Mondays & Thursdays 1-4:00 p.m.



### GREETING CARDS \$1 EACH

We offer a nice variety of birthday, anniversary, get well, thinking of you, sympathy and thank you cards, along with some holiday cards. Please pay at the front desk.

### SENIOR DINING GIFT CERTIFICATES

These gift certificates are available for \$4 and make a great gift for the hard-to-buy for person. These certificates can be used at Grab & Go site throughout Jefferson County or for meals-on-wheels.

### SENIOR CENTER DONATIONS

Monetary donations can be made to the Senior Center in honor of, or in memory of, someone or just to show appreciation.

Checks made out to: City of Jefferson

We can use gift cards for program supplies for: Piggly Wiggly, Bon Ton Bakery, Wal-mart

## WANT TO ADVERTISE?



CONTACT LITURGICAL  
PUBLICATIONS AT  
1-800-950-9952

## Jefferson Senior Center MAILED Subscriptions

*\$6 for 12 month subscription*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

## ADVISORY BOARD

Annual Meeting —**Fri. May 6 12:30 pm**  
Members: Jean Allen, Roland Altreuter,  
Barb Chwala Nancy Haberman, Deanna Pfeifer,  
Barb Schmitt and Doris Walker

## BINGO!

**Tuesdays at 1 p.m. Cost \$2 for 3 cards**  
**May 3, 10, 17, 24 and 31**

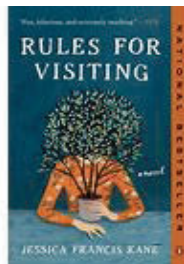
—We are looking for bingo sponsors—  
***Donate any amount of money monthly for prizes. Get your name in 800 copies of our newsletter, two local newspapers and on our Facebook page!***

May 3 caller: Shirley Wilson  
May 10 caller: Steve Adams  
May 17 callers: Shorewest Realty-Watertown  
May 24 caller: Bingo caller Ryan  
May 31 caller: Sheila


**\*\*We will be having Bingo In The Park in June, July, August and mid-September\*\***

## BOOK DISCUSSION GROUP

**Monday, May 2 10 a.m.**  
***“Rules for Visiting”*** —by  
Jessica Francis Kane  
Enjoy coffee, juice, good conversation and snack!  
(Available at your library)



## BUNCO DICE/SNACK

**Monday, May 23—1 pm—Cost \$5**   
Snack: Nathan hot dog on a bun  
—Sign up and pay by Thursday, May 19  
Easy game, no strategy. Roll the dice trying for 3 of a kind—see what comes up!  
Person with the most Buncos gets \$10  
(Prize split if there is a tie).

## DOMINOES

**Thursday, May 12 & May 26—10 a.m.**

## EUCHRE

**Thursdays 1 p.m.—Cost \$2**



## KITCHEN BAND

**The group will be back in September!**

## MAH JONGG

Any interest? Let us know!

## PEGS & JOKERS

**Wednesdays—10 a.m. Classroom #2**  
Anyone can play. New participants too!

## PICNIC LUNCH BUNCH

**Wednesdays—May 18 thru Sept. 14**  
**Wednesdays—12 noon—1 p.m.**  
**Tensfeldt Park Shelter—Tensfeldt Ave.**  
Bring a lunch, snack or a carry-out meal from a restaurant. Socialize in fresh air!  
(Restrooms are available)

## SIT & STITCH

**Wednesdays at 1 p.m.**  
Conversing, lively bunch who create!  
Bring in your own craft to work on.

## QWIXX DICE

**Mondays at 1 p.m. Anyone can play!**

## WRITE YOUR OWN STORY

**Thursday, May 6 10 a.m.**  
Topic: **“Women Who Shaped Your Life”**  
(Mom, Grandmother, Aunt, Teacher, Friend etc.)  
Join the fun whether you write something or not. Coffee, juice and a Bon Ton Bakery treat served to everyone.



**SIGN UP AHEAD OF TIME**  
**920-674-7728**



**Symbol: Sign up and pay ahead**

**MORE ACTIVITIES ON PAGE 11**

# ACCREDITATION

## WHAT IS ACCREDITATION?

The Senior Center recently underwent its Fourth Accreditation review with the WI Association of Senior Centers.

This process is done every five years. The Advisory Board and Sheila worked together on this.

Here are some of the main details:

- Administration and policies
- Budget and fiscal
- Facility
- Governing documents and organization
- Programs
- Public information and linkages
- Purpose and goals
- Records, reports and confidentiality



Only 27 Senior Centers are Accredited with the Wisconsin Association of Senior Centers (WASC) in the State of Wisconsin!

This includes free standing Senior Centers, Senior meal sites, weekly gathering places & more—27 out of 200 are Accredited!

Sheila will present the Accreditation plaque and give a small overview of the Senior Center to the Jefferson City Council on May 3.



|   |  |   |
|---|--|---|
|   | <p><b>Senior Homecare By Angels!</b><br/>Up to 24 hour care, Meal Preparation<br/>Errands/Shopping, Hygiene Assistance<br/>Light Housekeeping, Companionship<br/>Experienced Caregivers<br/>www.visitingangels.com</p> <p><b>Visiting Angels</b><br/>LIVING ASSISTANCE SERVICES</p> <p><b>920-568-1051</b><br/><small>Locally owned and operated</small></p> |  <p>My Choice Wisconsin is a managed care organization that serves government-funded programs to seniors and adults with disabilities in over 50 Wisconsin counties.</p> <p><b>Visit us today:</b><br/><b>mychoicewi.org/LPI</b><br/><b>1-800-963-0035</b></p> <p>For more information on your long-term care options, contact your local ADRC.</p> <p>DHS Approved 4/22/2021</p>   |
|   | <p><b>"It's my life and they respect that."</b></p> <p>Local long-term care supports and services delivered with a focus on Life. Defined by you.</p>  <p>inclusa.org   877-376-6113</p>  | <p><b>Do you have a disability?</b></p> <p>We can help you live independently in the community with these services.</p> <ul style="list-style-type: none"> <li>• Advocacy</li> <li>• Assistive Technology</li> <li>• Benefits Counseling</li> <li>• Peer Support</li> <li>• Home Assessments</li> <li>• Daily Living Skills Training</li> <li>• Life After High School</li> <li>• Avoiding the Nursing Home</li> </ul> <p><b>Are you on Medicaid or eligible for it?</b></p> <p>If you are living at home and need a caregiver, call us about the <b>Familiar Faces, Familiar Places</b> program.</p>  <p><b>(800) 378-9128</b><br/>Website: <a href="http://www.societysassets.org">www.societysassets.org</a><br/>Email: <a href="mailto:info@societysassets.org">info@societysassets.org</a></p> |
| <p><b>AUMANN'S SERVICE INC.</b></p> <p>Body Specialists<br/>Quality Painting<br/>24 Hr. Towing</p> <p>122 E. Dane After Hours<br/>674-2349 674-6164</p> | <p><b>LILAC SPRINGS</b><br/>ASSISTED LIVING COMMUNITY</p> <p><i>Empowering Seniors While<br/>Creating Meaningful Memories!</i></p> <p>Call to tour 920-945-0040<br/>403 O'Neil St • Lake Mills WI<br/><a href="http://lilacspringsliving.com">lilacspringsliving.com</a></p>   | <p>For ad info. call 1-800-950-9952 • <a href="http://www.lpicommunities.com">www.lpicommunities.com</a> Jefferson Area Senior Center, Jefferson, WI A 4C 01-1099</p>   |

# VOLUNTEER OPPORTUNITIES

## FOOT CARE RECEPTIONIST

- 2nd Tuesday of each month
- Time commitment 8:30—11:30 a.m.
- Duties:
  - Welcome foot care participants
  - Take payment of \$17 and make change from a \$20 bill if needed
  - Help make future appointments

## SUBSTITUTE BINGO CALLERS

- On a list—called as needed
- 12:30-2:30 p.m.
- Tuesdays as needed
- Call bingo numbers and distribute money
- 14 Games called.
- Break in the middle.

See Sheila if interested



## MEALS ON WHEELS VOLUNTEERS

The ADRC of Jefferson County (Aging & Disability Resource Center) seeks kitchen volunteers and volunteer drivers for Meals on Wheels in Jefferson (Monday thru Friday) and Johnson Creek (Monday, Wednesday and Friday).

**Drivers** use their own vehicles to pick up and deliver meals and check on the well-being of participants of the Jefferson County Senior Nutrition Program.

**Mileage reimbursement is provided at .585 cents per mile of a delivery route.**

A background check is required  
Time commitment 10:30 a.m. to 12 noon  
**Kitchen Help** arrives at 9:15 am. To help package the meals and clean up the kitchen in preparation for the next day. Volunteer one day a week or more—you choose.

Contact Kimberly Swanson 920-674-8134  
KimberlyS@Jeffersoncountywi.gov



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# STAY HEALTHY

## BICYCLE RIDING GROUP

**Thursdays, May 5 & 19 9 am**



Start at the senior center.

The group decides where and how far.

Not more than a 45 minute ride.

*BEGINNERS WELCOME!*

## FOOT CARE

**R.N. Deb Scullin of "Joyful Toes"**

**—MAY APPOINTMENTS ARE FILLED**

**—JUNE Limited appointment available.**

**\*\*Call to be put on a wait list.**

**There may be some openings.**

## **GRAB AND GO MEALS**

**JEFFERSON AREA**

**MEALS ON WHEELS**

**920-728-0259**



—Meals are catered by Feils Supper Club.

—Food delivered hot to the Senior Center and packaged up hot for pick up

—Meals are for those that are age 62+

—Jefferson County will bill you monthly

—Cost is \$4 or your affordable donation per meal

—Grab & Go Meals available Monday thru Friday

Call by noon the day prior for a meal.

Call by noon on Friday for a Monday meal.

—Meals on Wheels for qualified persons and are

delivered hot, Monday thru Friday. These meals

are delivered by wonderful, caring volunteers.

—Kindly expect to fill out initial paperwork.

**Do you ever just open your  
fridge and stare inside  
hoping something delicious  
will magically appear for you  
to snack on?**

## EXERCISE OPPORTUNITIES

—New participants are welcome!—

**Mondays 4:30-5:15 p.m.**

**Thursdays 9:30-10:15 a.m.**

**AlignWELL Exercise with Dr. Ana**

**Cost: 10 class pass \$40**

**—This class is open to the public—**

AlignWELL is a 45-minute class that will build your strength, endurance, flexibility and balance through standing and seated exercises. Modifications can be made as everyone has different capabilities.

Dr. Ana is a licensed physical therapist and certified strength and conditioning coach. Expect to have fun, listen to music, get stronger and build your confidence in balance and movement!

## Norm's Exercise Class—

**Tuesdays and Fridays at 9 am**

Toning exercise and walking class.

Bring your own hand weights. No fee.

**Fridays 10-11:30 a.m. Fee**

**Line Dance—Upbeat music and dance**

Call Nancy **920-674-6974** for information

\*\*\*\*\*

## **Great Courses Series:**

**"The Science of Natural Healing"**

**Tuesdays 10:30 a.m. Classroom #2**

May 3—"You are more than your Genes"

May 10—"Food Matters"

May 17—"Not all Foods are Created Equal"

May 24—"Natural approaches to Inflammation"

May 31—"Food Sensitivity & Elimination Diet"

You can order a Grab & Go lunch by putting in your order by the day before 920-728-0259

# LET'S GET AWAY!

## MOTOR COACH DAY TOUR

### MILWAUKEE'S GOLD COAST

**Wed., July 20, 2022 \$125**

(Checks made out to Happy Times Tours or Call Happy Times to use a credit card.)

**No refunds unless there is a wait list)**

**8:45 a.m. pickup Johnson Creek Park & Ride**

—Villa Terrace Decorative Arts Museum (overlooking Lake Michigan—Lake Shore Dr.)

—Milwaukee

River & Harbor boat tour

—Lunch at Sobelman's

Pub on St. Paul Ave.

*Choice of one entrée at sign up—*

—Classic four piece

fish fry, mac salad & fries

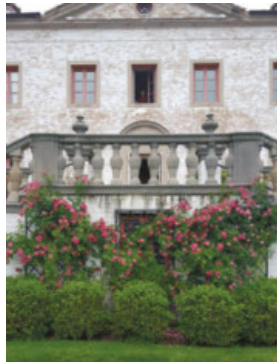
—"Famous"

cheeseburger melt & fries

—Chicken cordon Bleu

sandwich & fries

\*\*\*\*\*



### FIRESIDE THEATRE—Fort Atkinson

(Checks made out to: City of Jefferson)

Transportation on Your Own

**"What Happens in Vegas"**

**Thurs. June 9 10:30 am \$70**

*Choice of one entrée at sign up—*

—Reuben chicken breast OR Coconut cod OR Roasted pork tenderloin

—Fresh summer salad, Fireside breads, lemonade cake, milk, tea or coffee

### "Wizard of Oz"

**Thurs., August 18 10:30 am \$74**

*Choice of one entrée at sign up—*

—Pretzel chicken OR Barbecued ribs OR Shrimp

### "GREASE"

**Thurs., September 29 10:30 am \$74**

*Choice of one entrée at sign up—*

—Chicken/Ribs OR Sliced beef tenderloin OR Grilled salmon

## MAYFLOWER TOURS

### TIMELESS HOLIDAY TREASURES

Ohio

**Nov. 10-13, 2022—4 Days 8 meals**

**\$1,199 per person double \$1,498 single**

—Pickup at Johnson Creek Park & Ride

—Enjoy 3 shows: "Christmas in the Country"

A live show at the Historic Palace Theatre and A "Dazzling Diamond Variety Show".

—Visit a candy store, & country Amish bakery

—Visit a museum with Christmas movie props

—Free time shopping

**And MORE!**

### WONDERS OF AUSTRALIA AND NEW ZEALAND Airfare included!

**Feb. 15-March 2, 2023 15 Days 20 Meals**

**\$6,999 per person double \$8,928 single**

**Price includes airfare & intra country air**

—Cairns—Sydney—Melbourne—Queenstown

—Tour Sydney's famed Opera House and enjoy a dinner cruise in Sydney Harbor

—Cruise

Australia's Outer

Barrier Reef

—Experience

the majesty of

the Blue

Mountains

—Encounter

native animals at a wildlife park

—See Christchurch, New Zealand **& more!**

(Optional-4 day Extension—Continue your

experience on New Zealand's North Island.

See the flyer for more information and pricing).



### TEXAS COWBOY COUNTRY

**April 16—24, 2023 9 Days 13 Meals**

**\$1,999 per person double \$2,598 single**



—Spend 3 nights at the Texas Y.O. Ranch Hotel

—City of San Antonio, River walk & Alamo tours

—Guided tour of Fort Worth, Lyndon B. Johnson Ranch State Park, Fort Worth Stockyards


—Enjoy dinner at Coopers Old Time Pit

# MAY MENU


| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY |
|---|---|---|---|--|---|----------|
| 1   | 2<br>Salisbury steak<br>Mashed potatoes<br>Mixed veg.<br>Apricot halves<br>Chocolate<br>sundae cup<br>Bread | 3<br>Ham roll<br>Sweet potato<br>bake<br>Cole slaw<br>Applesauce<br>Tapioca pudding<br>Dinner roll                          | 4<br>Chicken<br>tetrizzini<br>casserole<br>Tossed salad<br>Cantaloupe<br>Fudge brownie<br>Bread             | 5<br>Swedish<br>meatballs<br>Mashed potatoes<br>Baby carrots<br>Apple slices<br>Dinner roll<br>"Birthday" cake | 6<br>Orange chicken<br>Baked potato<br>Green beans<br>Fruited Jello<br>Cookie<br>Bread                          | 7        |
| 8<br>     | 9<br>Pork steak<br>Mashed potatoes<br>Red cabbage<br>Peach slices<br>Butterfinger<br>torte<br>Bread         | 10<br>Lasagna<br>casserole<br>Italian salad<br>Tropical fruit<br>salad<br>Cinnamon roll<br>French bread                     | 11<br>Baked chicken<br>Garlic mashed<br>potatoes<br>3-Bean salad<br>Pear slices<br>Molasses cookie<br>Bread | 12<br>Smoked sausage<br>Baby red<br>potatoes<br>Carrots<br>Petite banana<br>Sherbet cup<br>Dinner roll         | 13<br>Breaded fish fillet<br>German potato<br>salad<br>Health slaw<br>Honeydew melon<br>Blonde brownie<br>Bread | 14       |
| 15  | 16<br>Chicken breast<br>Mashed potatoes<br>Picked beets<br>Creamsicle torte<br>An orange<br>Bread           | 17<br>Hawaiian<br>meatballs<br>Baked potato<br>Peas & carrots<br>Pineapple tidbit<br>Butterscotch<br>pudding<br>Dinner roll | 18<br>Roast turkey<br>Mashed potatoes<br>Green beans<br>Apricots<br>Pumpkin torte<br>Bread                  | 19<br>Beef stew<br>Spinach salad<br>w/ Vinaigrette<br>Cantaloupe<br>Coconut cream<br>torte<br>Cheddar biscuit  | 20<br>Mushroom pork<br>cutlet<br>Mashed potatoes<br>Mixed veg<br>Petite banana<br>Vanilla pudding<br>Bread      | 21       |
| 22  | 23<br>Meatloaf<br>Calico bean<br>casserole<br>Tossed salad<br>Pear slices<br>Cinnamon roll<br>Bread         | 24<br>Roast pork loin<br>Mashed potatoes<br>Glazed carrots<br>Cantaloupe<br>Cookie<br>Dinner roll                           | 25<br>Beef stroganoff<br>Broccoli cuts<br>Pineapple tidbit<br>Fudge brownie<br>Bread                        | 26<br>Chicken marsala<br>Baked potato<br>Wax beans<br>Fruited Jeallo<br>Carrot cake<br>Dinner roll             | 27<br>Brat on a bun<br>Baked beans<br>Corn<br>Honeydew<br>melon<br>Chocolate<br>sundae cup                      | 228      |
| 29<br> | 30<br><b>CLOSED</b><br><b>Memorial Day</b>  | 31<br>Swiss steak<br>Mashed potatoes<br>Carrots<br>Apple slice<br>Vanilla pudding<br>Dinner roll                            |                         |  | <b>HAPPY</b><br><b>MAY</b><br><b>DAY!</b>   |          |



# MAY CALENDAR


| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY |
|---|---|---|---|--|--|----------|
| 1   | 2<br>10 Book group<br>11 Meals to Go<br>1 Qwixx Dice<br>1 Sheepshead<br>4:30 Alignwell exercise | 3<br>9 Exercise class<br>10 Drop-in Ukulele group<br>11 Meals to Go<br>1 Bingo  | 4<br>9 Quilt Group<br>10 Pegs /Jokers<br>10:30 Fireside Church Basement<br>11 Meals to Go<br>1 Sit and Stitch   | 5 <b>TULIP TRIP</b><br>9 Bike Ride<br>9:30 Alignwell Exercise<br>10 Write your story<br>11 Meals to Go<br>1 Euchre | 6<br>11:30 Volunteer Appreciation<br>12:30 Annual Meeting<br>1 Dave Freitag Entertainment        | 7        |
| 8<br>     | 9<br>11 Meals to Go<br>1 Qwixx dice<br>1 Sheepshead<br>4:30 Alignwell Exercise                  | 10<br>8:30 Foot care<br>9 Exercise class<br>11 Meals to Go<br>1 Bingo           | 11<br>9 Hiking with Michele (p. 11)<br>9 Quilt Group<br>10 Pegs/Jokers<br>11 Meals to Go<br>1 Sit & Stitch  | 12<br>9:30 Alignwell Exercise<br>10 Dominoes<br>11 Meals to Go<br>1 Euchre   | 13<br>9 Exercise<br>10 Line Dance<br>11 Meals to Go  | 14       |
| 15  | 16<br>11 Meals to Go<br>1 Qwixx dice<br>1 Sheepshead<br>4:30 Alignwell Exercise                 | 17<br>9 Exercise class<br>10 Drop in Ukulele Group<br>11 Meals to Go<br>1 Bingo | 18<br>9 Quilt Group<br>10 Pegs/Jokers<br>11 Meals to Go<br>12 Picnic Lunch Bunch -Tensfeldt<br>1 Sit & Stitch   | 19<br>9 Bike Ride<br>9:30 Alignwell Exercise<br>11 Meals to Go<br>1 Euchre   | 20<br>9 Exercise<br>10 Line Dance<br>11 Meals to Go  | 21       |
| 22  | 23<br>11 Meals to Go<br>1 Bunco/Scrunch<br>1 Sheepshead<br>4:30 Alignwell Exercise              | 24<br>9 Exercise<br>11 Meals to Go<br>1 Bingo                                   | 25<br>9 Quilt group<br>10 Pegs/Jokers<br>11 Meals to Go<br>12 Picnic lunch Bunch-Tensfeldt<br>1 Sit & Stitch  | 26<br>9:30 Alignwell Exercise<br>10 Dominoes<br>11 Meals to Go<br>1 Euchre   | 27<br>9 Exercise<br>10 Line Dance<br>11 Meals to Go<br>1 High School student gadget help—Library | 28       |
| 29<br> | 30<br><b>CLOSED</b><br>Memorial Day   | 31<br>9 Exercise<br>11 Meals to Go<br>1 Bingo<br>2:30 Bilingual Aging Mastery   |  <p><b>Please patronize our advertisers. They help us GROW.</b></p> |  |  |          |

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**We're Here for You.**

## **JHS STUDENTS GADGET HELP**

**Friday, May 27 1-2:30 p.m.**

**Senior Center program at the Jefferson Library meeting room. 321 S. Main St. Elevator and handicapped parking in back lot and back entrance.**

Do you have questions about your

- cell phone,
- laptop computer,
- digital camera
- any technology?



These are high school students who can listen and try to help with your questions! This is the annual Student Giving Back Day event. Don't be shy—come by!

## **HIKING WITH MICHELE**

**Wednesday, May 11**

**Meet at Senior Center at 9 a.m.**

**Wear comfortable clothing**

Group will be going to Aztalan Park  
Group likes to go for lunch afterwards.  
Plan ahead!



## **DROP IN UKULELE GROUP**

**Tuesday, May 3 and 17—10 a.m.**

The group finished 8 weeks of lessons and still want to get together to have fun and play together.

Anyone is welcome to attend—whether you were part of the lesson group or not!



**This means sign up ahead  
920-674-7728**

## **SEVERE WEATHER PROCEDURE**



Severe thunderstorm **Watch** or tornado **Watch**—participants will be told, weather monitored.

### **Tornado Warning:**

- Activities will STOP
- Participants take shelter in East hallway
- Participants may leave if they wish
- Activities will resume as weather permits

### **Newsletters Available At:**

Cambridge Public Library  
The Drug Store (Mueller Drugs) - Jefferson  
Four Sisters Family Restaurant—Jefferson  
Jefferson City Hall  
Jefferson Public Library  
Jefferson Vet Clinic  
Piggly Wiggly—Jefferson  
St. John's Lutheran  
Church—Jefferson



Find us on Facebook:  
Jefferson Senior Center

*Thank You!*

**Volunteers and  
Participants  
Bring a friend and  
enjoy what your  
Senior Center has  
to offer.**

**Have ideas? Let us know. We will see if we can incorporate those ideas into more programs—both at the Senior Center and other locations too!**

# JEFFERSON AREA SENIOR CENTER

859 Collins Road  
Jefferson, WI 53549



“Kleenex for a Cause”  
Advisory Board helping with packing up the bags to go with Kleenex & treats.  
Top pic clockwise: Nancy H., in purple sitting, Doris W., Deanna P., Barb S., Barb C. Jean A. and Roland A. More info next month

