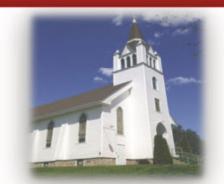
# Second Sunday of Ordinary Time January 16, 2022





SAINT MICHAEL AT INDIAN CREEK 18316 County Hwy N Tomah, WI 54660 SAINT PAUL 408 W. River Street New Lisbon, WI 53950



ST. JAMES 100 Bartell Street Camp Douglas, WI 54618

#### TOMAH DEANERY DIOCESE OF LACROSSE • IN FULL COMMUNION WITH THE HOLY SEE

#### **Parish Staff**

#### Pastor, Fr. Robert M Letona

Phone	608-562-3125
Email	fatherletona@gmail.com

#### St. Paul Parish

#### **St. Michael Parish**

#### St. James Parish

Secretary, Kristine Madejczyk		
Phone	608-427-6762	
Email	stjames@mwt.net	
Religious Ed Coordinator		
PCCW. Teri LaPorte	608-377-1211	

#### **Baptism and Marriage**

Please call the parish office to arrange a time to meet with the priest and to schedule. Allow 6 months preparation time for marriage.

#### **Sacrament of Reconciliation**

7.30 am St Paul before Friday morning Mass @ St Pauls 5.30pm St James Saturday evening Or call Parish Office to schedule your confession

Home visits & Sacrament of the Sick Please call Father Letona at 608-562-3125 for information.



# 2ND SUNDAY IN ORDINARY TIME

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There was a wedding at Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to the wedding. When the wine ran short, the mother of Jesus said to him, "They have no wine." - Jn 2:1-3

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

OLP

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# FROM THE DESK OF FATHER LETONA

Dear Brothers and Sisters,

"Last Sunday, in which we celebrated the Baptism of the Lord, the Ordinary Time of the liturgical year began. The beauty of this season lies in the fact that it invites us to live our ordinary life as a journey of holiness, that is, of faith and friendship with Jesus continually discovered and rediscovered as Teacher and Lord, the Way, the Truth and the Life of man..." (Pope Benedict XVI, January 15th, 2006).

"Today the liturgy proposes the Gospel episode of the wedding at Cana, recounted by John, an eyewitness of the event. This episode has been allocated to this Sunday which immediately follows the Christmas season because, together with the visit of the Magi from the East and the Baptism of Jesus, it forms the trilogy of the Epiphany, in other words the manifestation of Christ.

The miracle of the wedding at Cana is in fact 'the first of his signs' (Jn 2:11), that is, the first miracle that Jesus worked with which he showed his glory in public, inspiring faith in his disciples.

Let us briefly recall the events that occurred during that wedding feast in Cana of Galilee. It happened that there was not enough wine and Mary, the Mother of Jesus, pointed this out to her Son. He answered her that his hour had not yet come; but then acquiesced to Mary's request and, having had the six large jars filled with water, he transformed the water into wine, an excellent wine, better than the previous one.

With this 'sign' Jesus revealed himself as the messianic Bridegroom come to establish with his people the new and eternal covenant, in accordance with the prophets' words: 'as the bridegroom rejoices over the bride, so shall your God rejoice over you' (Is 62:5). Moreover, wine is a symbol of this joy of love; but it also alludes to the blood that Jesus was to pour out at the end to seal his nuptial pact with humanity." (Pope Benedict XVI, January 20th, 2013).

## March for Life:

Regrettably our diocese will not be able to send pilgrims to Washington DC this year because of restrictions. However, as Catholics we stand firm in our conviction that life is sacred and to be respected from the moment of conception until natural death. Let us offer our prayers for the protection of the unborn, for the conversion and healing of the hearts of those considering abortion and for reconciliation for those who have procured abortion, for generosity among Catholics to help women in times of crisis pregnancy, for children awaiting adoption, and for healing and comfort for mothers who have miscarried their unborn children. Blessed Mary, Our Mother, pray for us.

"Every human person is created in the image and likeness of God. The conviction that human life is sacred and that each person has inherent dignity that must be respected in society lies at the heart of Catholic social teaching. Calls to advance human rights are illusions if the right to life itself is subject to attack. We believe that every human life is sacred from conception to natural death; that people are more important than things; and that the measure of every institution is whether or not it enhances the life and dignity of the human person." (US Bishops: Faithful Citizenship - Civic Responsibility for a New Millennium, 1999).

God bless you all, Father Robert Letona

# Character Builds Families

How to be a MORE GENEROUS Person this year.

5. Be Friendlier and remember your manners. It doesn't take much effort to smile more, to wave to someone, to let someone go in front of you, to remember basic manners, 'Please", "Thank you" and "excuse me".

6. Notice who needs help. Who is struggling in your life? Acknowledging a person's need is sometimes all it takes, and other times there may be something tangible you can actually do to help.

7. Get involved. Maybe you do to much already and this one is not for you. But for many of us, getting involved in something is a great way to ne more generous. Whether it's a neighborhood association, a school group or at Church—lend your presence and support somewhere and you'll find that you receive more than you give.



# Please remember our Military and their Families

Capt. Benjamin Murphy USAFMaCapt. Jarrad Glasenapp ArmyCaSgt Ethan McKayMaMSgt Rick NelsonSMSSgt. Nickolas ShueSFSSgt. Natasha ShueSSLt Col. Todd Walton USAFHSSG Jason KonsitzkeCaLuca Stromberg-WindauA1MSgt Douglas CodyPILt Col Shawn Claire Baldy USAFN

Maj. Jeannette Jasinski USAF Capt. Jill Glassenapp Army Maj. Barbara Schulz SMSgt. Julie Walton USAF SFC. John Miller Army SSG Jaclyn Miller Army EM3 Joseph Haske Navy A1C Stephanie Wright USAF Capt. David M. Elsing USAF A1C Ethan Jasinski USAF PFC Jacob Haske, Army NUKE Cade Haschke Navy

#### FOR THOSE IN NEED OF OUR PRAYERS .....

Karen Caple Sam Pesta Harry Guzak Dorothy Zilinski Dorothy Jensen Joel Rivera Joanne Guess Bob Herriot Sandy Dvorak Michael Kuzdas Bill Guess Cade Haschke Gayle Mecikalski Dave Lewis Michael Haske	Laura Wagner Christi Lewis Mary Barnharst Maggie Sage Barbara Fry Bill Pfaff Parvlich Family Mike Ollendick Therese Wurzak Pat McCullough Marleen Quist Dawn Bader Terry Benson Pat Wyss Leonard Blondeau	Marty Gillan Dave Pearson Denise Doering Ron Schaub Elizabeth Kuzdas Jonnie Connor Michael LaHaye Arlene Lindstrom Mary Ann Dunn Steven Blaskey Ileen Coles Virginia Brickl John Conrardy Helen Wiora Ruth Frohmader
Michael Haske Troy Lewis Barb Mock	Leonard Blondeau Fr Clayton Elmhorst	Ruth Frohmader Bruce Quist
For our Deceased		
Clayton Hansen Marcella Hirt Sue Georgenson Please call the offi name.	Frank Machnik Wilda Paulson Francis King <b>ce if you would like</b> t	Ellen Henthorne Walt Weber Valerie Dziewior to add or remove a

# Secretary's Corner

"After concluding our Christmas season celebrations, we put away the decorations. The Nativity sets, however, stay out until Candlemas on February 2." (The Catholic All Year Compendium)

# Here are some proven ways to take care of your mind and body during these cold months.

Winter is a difficult season for a lot of people. The reduced sunlight, freezing temperatures, and cabin fever it brings can do a real number on your mental health. It's no wonder many people deal with seasonal affective disorder this time of year. If you find yourself struggling this winter, do make it a priority talk to a mental health professional for the best advice. But for milder cases of the "winter blues," we have a some simple tweaks you can make to our daily life to boost your spirits. Hopefully these 10 tips can help you to thrive and take good care of yourself in the months ahead!

GET ENOUGH SLEEP Sleeping too much or too little leaves us feeling aimless and depleted. Getting the right amount of sleep is a guaranteed way to take great care of your brain and body. If you have trouble falling asleep, some have success taking bedtime teas and putting a solid bedtime routine in place.

NOURISH YOUR SOUL WITH PRAYER Taking time to pray each day brings God's peace into our souls. You might pray the Rosary, attend Mass or watch Mass online, or engage in mental prayer and meditation.

NOURISH YOUR BODY WITH WHOLE FOODS While processed foods may leave us with a sugar crash or a tummy ache, whole and healthy foods give us energy and help regulate our moods. A nourishing diet is a great way to take care of yourself this winter.

MOVE YOUR BODY It can be hard to find the motivation to exercise, but it's a really great tool to have in your mentalhealth arsenal: Exercise has an almost magical ability to put you in a good mood (thanks, endorphins)! Check out a free fitness app (I'm partial to FitOn) or meet up with a friend for a winter hike. Even vacuuming and mopping your house or playing in the snow with your kids can work to get in more steps and be active!

WRITE DOWN ONE THING YOU'RE GRATEFUL FOR EVE-RY DAY A daily practice of gratitude helps us focus on God's good gifts in our lives, and is proven to improve our mood and sense of well-being. Taking time to thank God is part of our Christian vocation.

SET ASIDE TIME TO DO THINGS YOU LOVE Few things lift our hearts quite like diving into a fun hobby! Whether it's baking, bird watching, knitting, reading mystery novels, or anything else you enjoy, working on a hobby will do you good. LOOK FOR WAYS TO HELP OTHERS Loving and helping others fulfills our Christian vocation to serve, and lifts our spirits, too!

LIMIT MINDLESS SCREEN TIME AS MUCH AS POSSIBLE Most of us don't have a choice about using screen for work or school, but it's wise to take digital breaks as much as possible. We know too much screen time isn't good for our mental health. Mindless scrolling leaves us feeling empty. MAKE PLANS WITH FRIENDS You might organize organize a backyard bonfire with your book club Socializing is one of the best things you can do for your mental health! GET OUTSIDE Yes, the weather outside is frightful. But playing outside is so delightful! Fresh air is so good for the mind and body, even in winter. You'll feel invigorated and refreshed after a winter walk or going sledding. (Aleteia.org)

# Family Builder Idea:

Review the above list, and chose two or three activities to do with your child this week. See how many times you can go down on a sled, or fix a healthy filled meal with them. Think about how much better you feel after these activities! Attend in person 6 pm Sat. St James, Camp Douglas 8am St Michael's Indian Creek 10 am St Paul's New Lisbon

Find us on Facebook and the web Www.mjpcatholic.com

## St James Schedule Jan 22

Lector Loretta Connor

Money Counter Ruth Schroeder, John Libretti

## St. Michael's Schedule Jan 23

Wenzel Felber/ Peggy Tiber

Lector Ted Schultz

Money Counters

Ushers Rick Phillips/Bob Conant Second Sunday in Ordinary Time Father Letona Readings Is 62: 1-5 Ps 96: 1-3, 7-10 1 Cor 12: 4-11 Jn 2: 1-11

## St. Paul's Schedule Jan 23

Lector Jim Nicksic Eucharist Minister Janet Barrett

Ushers Tom Heindl/Loren Arends

Money Counter Ben Olsen

(If you can't fill your roll please notify the office two weeks before hand)

# Saint of the Day for January 17

# Saint Anthony of Egypt's Story

He lived in solitude in the desert, but he wasn't alone.

St. Anthony the Abbot (sometimes called St. Anthony of Egypt or St. Anthony the Great), was inspired by the Gospels to sell all his possessions and live a life of solitude in the Egyptian desert. He established for himself a guiet hermitage away from the world, but he wasn't able to completely escape from his most persistent enemy. The devil, knowing that St. Anthony was a very holy man and close to God, threw everything he had against him. If the devil couldn't turn Anthony away from God through the riches of the world, he would try to attack him both physically and spiritually. St. Athanasius records several of these encounters in his Life of St. Anthony. After failing to tempt him with the lure of wealth, the devil "attacked the young man, disturbing him by night and harassing him by day, so that even the onlookers saw the struggle which was going on between them." After each temptation, however, St. Anthony would "fortify his body with faith, prayers, and fasting." Frustrated, the devil tried to confront Anthony by taking on the shape of a boy and conversing with him. Anthony replied, "You are very despicable then, for you are black-hearted and weak as a child. Henceforth I shall have no trouble from you, 'for the Lord is my helper, and I shall look down on mine enemies." For a time the devil left Anthony alone, but returned again to test him, this time with a multitude of demons. The devil severely beat Anthony physically, hoping that Anthony would return to his former way of life out of fear. Remaining steadfast in his faith, Anthony called out to the devil, "Here am I, Anthony; I flee not from your stripes, for even if you inflict more nothing shall separate me from the love of Christ ... 'though a camp be set against me, my heart shall not be afraid." After each encounter Anthony was strengthened in his faith and God came to his aid. In teaching his many disciples Anthony taught them how to defeat the demons, "Sign yourselves therefore with the cross, and depart boldly, and let these make sport for themselves." And elsewhere he said to them, "But we need not fear their suggestions, for by prayer, fasting, and faith in the Lord their attack immediately fails." In whatever temptations we may encounter, Anthony teaches us that faith, prayer, fasting, and the sign of the cross is enough to defeat the snares of the Evil One. The devil may appear powerful, but the saints again and again prove that he is not and is no match for those who put their trust in God.

# **Announcements for Tri-Parish**

## **General Announcement**

On Formed.org watch

**Be Not Afraid Family Hour** 8 episodes each 1 hour or less in length

- 1 The Parent's Mission: Passing on the Faith
- 2 Jesus Exceeds Expectation
- 3 Consecration" Our Priestly Role
- 4 Four Steps to be a Great Catholic Leader

5 Prayer

- 6 Living Fully Alvie
- 7 Fitness and Faith Jared Zimmerer

8 Your Purpose is Love

Watch one a week with your family or watch one a month and grow in your faith and help your family grow in theirs as well.

## Not on Formed.org yet

Register

- 1. Go to FORMED.org/signup
- 2. Enter 53950 or mjpcatholic
- 3 Enter your name and email

## Already have an account?

- 1. Visit FORMED.org
- 2. Click Sign In
- 3. Enter your email
- 4. Click the link in your email
- 5. You're in! No more passwords!

# **ST. PAUL**

#### Intentions for our Tri-Parish Saturday Jan 15

6 pm @ St James

For the People of Sts Michael, James & Paul's Parishes

Sunday Jan 16 8.00 am @ St Michael's

+Laurie Felber by Wenzel & Jo Felber

10.00 am @ St Paul's

Living & Deceased members of the Bunker & Wyss families by Pat Wyss Monday Jan 17

NO MASS

**Tuesday Jan 18** 

Special Intention for Melissa Connor by James & Sheila Marx Wednesday Jan 19 +Ellen Tiber by Marleen Quist Thursday Jan 20 NO MASS

Friday Jan 21

NO MASS

Saturday Jan 22 (visiting Priest)

6 pm @ St James Deceased Members od the Betthauser family by Norbert & Ruth Siess Sunday Jan 23 (visiting Priest) 8.00 am @ St Michael's For the People of Sts Michael, James & Paul's Parishes 10.00 am @ St Paul's +Gervase & Cathryn Connor by James & Sheila Marx

#### **STEWARDSHIP CORNER** – Jan 9 Offertory \$ 10.00 Envelopes \$ 1305.02

Offertory \$ 10.00 Total \$1315.02

St. James

#### Sunday Jan 15

For the People of Sts Michael, James & Paul's Parishes **Sunday Jan 22** Deceased Members od the Betthauser family by Norbert & Ruth Siess

#### STEWARDSHIP CORNER - Jan 8

 Offertory
 \$ 27.00

 Envelopes
 \$ 240.00

 Total
 \$ 317.00

Improvements \$ 50.00

# St. Michael

Sunday Jan 16 +Laurie Felber by Wenzel & Jo Felber Sunday Jan 23 For the People of Sts Michael, James & Paul's Parishes

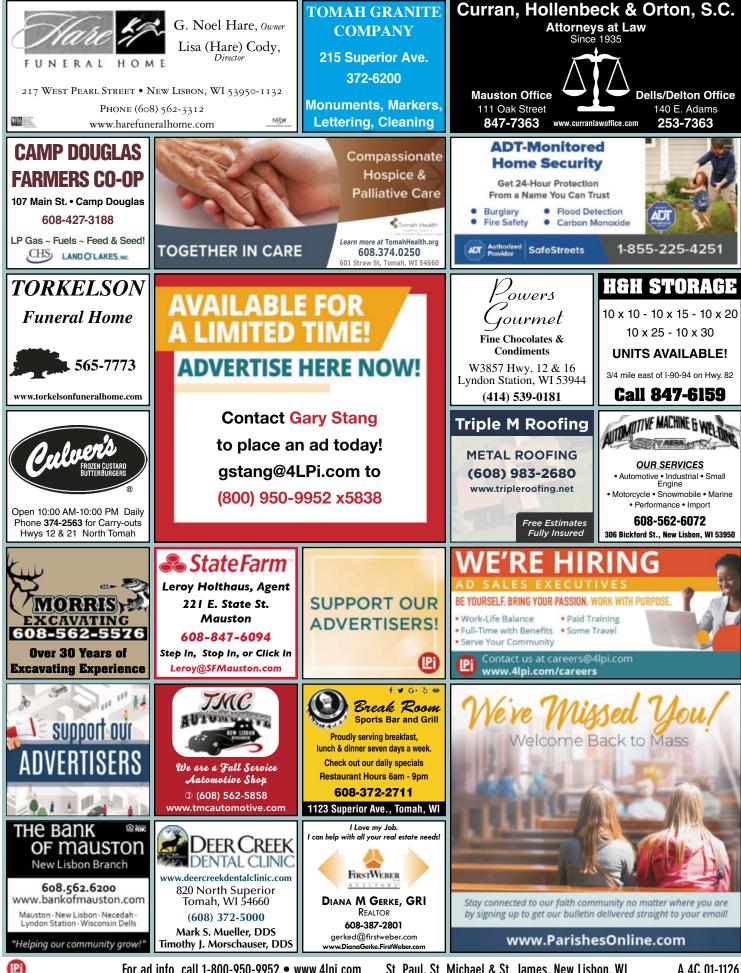
#### STEWARDSHIP CORNER - Jan 9

 Offertory
 \$ 78.00

 Improvements
 \$ 155.00

 Total
 \$ 675.00

Envelopes \$ 442.00



For ad info. call 1-800-950-9952 • www.4lpi.com St. Paul, St. Michael & St. James, New Lisbon, WI