

# **Fourth Sunday of Lent**

# ST. CATHERINE OF ALEXANDRIA

## **Mass Intentions**

Lenten Weekday

MON 3/28/22

8:00 am † Frank and Hattie Romanowski (Barb Lancelle)

Lenten Weekday

TUES 8 3/29/22

THURS 3/31/22

FRI

4/1/22

8:00 am † Dennis Griswold (Barb and Ralph Hasler)



# **Financial Stewardship**

### **THROUGH MARCH 20, 2022**

	Lenten Weekday	COLLECTIONS	LAST WEEK	YEAR TO DATE
WED		Budget Offerings	\$  12,125.00 \$   4,180.50	\$ 540,625.00
3/30/22	10:00 am Mass at St. Joan of Arc	Online	\$ 2,235.50	
		ACH Credit Card	\$    3,892.00 \$      20.00	
	Lenten Weekday	Total Actual	<u>\$ 10,328.00</u>	<u>\$ 535,079.18</u>
		(Shortfall)	(\$ 1,797.00)	(\$ 5,545.82)

YOUR ASSISTANCE IS NEEDED

It would be greatly appreciated if parishioners would use one of the available alternatives to send us contributions. Please consider mailing your contribution to the Parish Office (checks only please), using the online giving system available through our cluster app, or setting up ACH for direct payments through the Parish Office. You may also drop off envelopes in the locked box outside of the Parish Office. Thank you for whatever assistance you can provide.

Update your email with us! Contact Cindy Birkel, 920-474-7000, email: <u>cbirkel@scsjcluster.org</u> or turn in the below to the parish office.

Name:\_\_\_\_\_

Email:\_\_\_\_\_

SAT 4/2/22

5:00 pm Mass at St. Joan of Arc

**FIFTH SUNDAY OF LENT** 

**Lenten Weekday** 

SUN 4/3/22

10:00 am †Mike Czemierys (Teri Czemierys)

8:00 am Mass at St. Joan of Arc

# ST. JOAN OF ARC

# **Mass Intentions**

**Lenten Weekday** 

MON 3/28/22

8:00 am Mass at St. Catherine's

**Lenten Weekday** 

TUES 3/29/22 8:00 am Mass at St. Catherine's

# **Financial Stewardship THROUGH MARCH 20, 2022**

	Lenten Weekday	COLLECTIONS	LAST WEEK	YEAR TO DATE
WED		Budget	\$ 16,550.00	\$ 653,934.00
WED	10:00 am † Carl Patrinos	Offerings	\$ 4,758.36	
3/30/22		Online	\$ 2,313.00	
		ACH	\$ 8,001.00	
	Lenten Weekday	Total Actual	<u>\$ 15,072.36</u>	<u>\$ 614,781.88</u>
	•	(Shortfall)	(\$ 1,477.64)	(\$ 39,152.12)
THURS				
3/31/22		Debt Reduction: \$ 76.00	Flowers: \$ 30.00	

**Lenten Weekday** 

FRI 4/1/22

#### **FIFTH SUNDAY OF LENT**

SAT 4/2/22

5:00 pm For the People

SUN 4/3/22

8:00 am + Suhal Hapka families 10:00 am Mass at St. Catherine's Debt Reduction: \$ 76.00 Flowers: \$ 30.00

Ukrainian Collection: \$100.00 YTD \$ 5,565.81

Urgent Roof Replacement! Cost - \$85,000

Last week's collection was \$ 2,335 YTD - \$ 104,465 Pledged amount: \$3,000

Update your email with us! Contact Leisha Smith at 262-646-8078, email: <a href="https://www.userscorg.com">lsmith@scsjcluster.org</a> or turn in the below to the parish office.

Name:\_\_\_\_\_ Email:

# WEEKLY CALENDAR

## **MONDAY, MARCH 28, 2022**

## **TUESDAY, MARCH 29, 2022**

3:00 pm Play Practice (SJ) 7:00 pm Exploring the Gospel (Zm)

## WEDNESDAY, MARCH 30, 2022

3:00 pm Children's Choir (SJ)
4:30 pm First Reconciliation (SJ)
6:00 pm Individual Reconciliation
6:00 pm RCIA Faith Sharing (SJ)
6:30 pm Home and School Parent Night

## THURSDAY, MARCH 31, 2022

7:30 am Exploring the Gospel (Zm) 7:00 pm Choir Practice (SJ) (SC)

## FRIDAY, APRIL 1, 2022

3:00 pm Play Practice (SJ)

## SATURDAY, APRIL 2, 2022

## SUNDAY, APRIL 3, 2022

8:15 am Family Program (SC)

<b>READINGS FOR THE VVEEK OF MARCH 27, 2022</b>		
Sunday:	Jos 5:9a, 10-12/Ps 34:2-3, 4-5, 6-7 [9a]/2 Cor 5:17-21/Lk 15:1-3, 11- 32	
Monday:	Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b/Jn 4:43-54	
Tuesday:	Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9/ Jn 5:1-16	
Wednesday:	ls 49:8-15/Ps 145:8-9, 13cd-14, 17-18/Jn 5:17-30	
Thursday:	Ex 32:7-14/Ps 106:19-20, 21-22, 23/Jn 5:31-47	
Friday:	Wis 2:1a, 12-22/Ps 34:17-18, 19- 20, 21 and 23/Jn 7:1-2, 10, 25-30	
Saturday:	Jer 11:18-20/Ps 7:2-3, 9bc-10, 11- 12/Jn 7:40-53	
Next Sunday:	ls 43:16-21/Ps 126:1-2, 2-3, 4-5, 6 [3]/Phil 3:8-14/Jn 8:1-11	

READINGS FOR THE WEEK OF MARCH 27 2022



St. Catheríne of Alexandría ínvítes you to an Ecumenical evening of song and prayer led by the Adult Choir and instrumentalists

WEDNESDAY EVENING

APRIL 6, 2022

7:00 PM



May green pastures bring peace to all;
May clean, pure water bring refreshment to all;
May clear air greet us in the morning and fresh air kiss us good night.
May honest, steadfast work bring reward to all;
May our care of creation inspire all and be pleasing to God.

In today's Gospel the prodigal son repents and finds mercy in the heart of his father. Know that your penance during Lent can give the poor the grace of finding the merciful heart of God the Father.



In the month of March, through your gifts, the Society of St. Vincent de Paul was able to assist families by providing financial support for food, utilities, rent, etc. Thank you!

# 🗱 Palm Sunday Commemoration

**THE OPENING** of the Palm Sunday Mass is a vivid expression of public worship. Catholic Churches offer a procession to begin the liturgy, and the faithful are invited to take an active part.

This opening is called "The Commemoration of the Lord's Entrance into Jerusalem." The word *commemoration* implies more than a historical lesson. People are to do more than remember. They are to partake in the entry of the Lord.

The commemoration takes one of three different forms. The first is the procession, which begins outside the place where the Mass will be celebrated and moves toward the church. The second form takes place inside the church when an outdoor procession is not possible. Both these forms include the blessing of palm branches and the proclamation of the Gospel of Jesus' triumphant entry into Jerusalem. One of these two forms must be used at every parish church. If the first form is used at one Mass, it should not be repeated at other Masses. The second form, however, may be done as often as the parish wishes.

The third form is a simplified beginning that does not include the blessing of branches nor the proclamation of the Gospel of Palm Sunday. Mass begins in the usual way, and the entrance antiphon for the day is the only mention of the triumphal entry into Jerusalem. It is designed for Masses where insufficient number of ministers or a lack of time demands a simpler, shorter service. As long as one Mass includes the first or second form of the commemoration, others may observe the third. However, most Catholics take a strong interest in participating in a procession, which creates a bond among themselves and with their Lord and Christ, who enters as king of their hearts.

Bulletin Inserts for the Liturgical Life of the Parish: The Liturgical Year © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner. **Washing Feet** 

Paul Turner

"No shirt, no shoes, no service."

Restaurants often display this sign to show who's not welcome at their table.

A sign at the Last Supper could have read, "No shirt, no shoes = service." It would have shown who was welcome at the table.

One of the most striking scenes at the Last Supper happens when Jesus pulls off his tunic, has the disciples remove their sandals, and begins a service like none other — washing feet. The episode, which occurs only in John's Gospel, comes where we expect to find Jesus' most famous line from the Last Supper. "This is my body. This is my blood." Instead of pointing at the bread and wine, he gives an example of service. We begin to see that Eucharist involves more than food and drink — it involves commitment, community, faith and selflessness. Other New Testament writers tell us Jesus said, "Do this," in reference to the celebration of the Eucharist. John's Jesus says it in reference to the service of washing feet.

For this reason, the liturgy of Holy Thursday invites us to imitate literally the example of Jesus. The presider may wash the feet of members of the community. In this act, the local church witnesses the selfless service of Christ and sees an example of faith in action. If we are believers, if we share in the bread and the cup, then we also share in service.

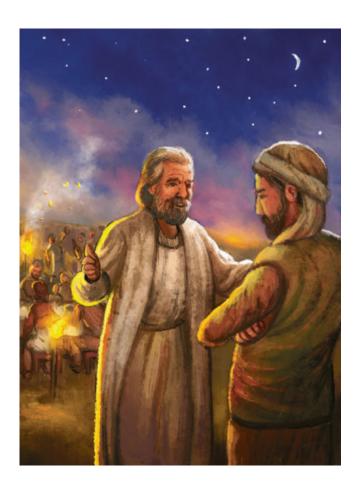
Sometimes we hear the complaint that the washing of the feet is too old-fashioned, that it doesn't fit our modern culture. Sometimes we search for a more meaningful adaptation washing hands, or shining shoes! But it's hard to beat the shocking humility of the original gesture. It didn't fit Jesus' culture very well either. Peter objected to the whole idea. The service to which Jesus calls us also doesn't fit the culture. Businesses may call it service, but they charge us even if it's self-service. The service of the Gospel is freely given.

Holy Thursday invites us to the table not as guests who dine and run, but as hosts who eat and serve. The meal isn't over till the cleanup.

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# FOURTH SUNDAY OF LENT



## **Returning to You**

Loving God, you are compassionate and forgiving, showing us mercy through all time. We bless you, God of goodness, for you hear our cry, and reach out in our distress. As your holy people, we ask that you hear our prayer for a clean heart and a renewed spirit, so that we may turn back to you and receive your everlasting peace. Through Christ our Lord. Amen.

# Sunday, March 27, 2022 Lavish and Bountiful Mercy

Today's readings: Joshua 5:9a, 10-12; Psalm 34:2-3, 4-5, 6-7; 2 Corinthians 5:17-21; Luke 15:1-3, 11-32. A loving father with property and some wealth. A son who is stead-fast but jealous. A son who is unsettled and wanders. In today's language, the family in the Gospel parable might be called "dysfunctional."

This family is not very different from today's families whose members exhibit a mix of jealousy, misbehavior, and mercy. After the younger son squanders his inheritance, he returns to his home with humility. The father greets the son, pouring out his love and mercy, and the son's return is celebrated with much feasting. However, the older son, because of his jealousy, is blinded to his father's goodness, and selfishly questions the father's decisions. This son who has worked hard for his father does not realize what has been right in front of him for his entire life. The father in the story wants to share his wealth and life and love with both of his children, but pride gets in the way for the older son. With humility, the younger son accepts his father's forgiveness.

At times in our lives any of us might act as the younger son, at other times as the older son, and sometimes like the father. God is consistent, always offering unending love and mercy. He always seeks to find the lost and offer life to those once dead to sin.



# THIS WEEK AT HOME

#### Monday, March 28 Seek the Miracle

With faith, the royal official asked Jesus to heal his son. Upon the son's healing, the whole household came to believe. Do you have a request for God? Realize that God is awaiting your petition. Look for Jesus today, for God is creating new heavens and a new earth at every moment. Find a miracle that unfolds for you today, however small, and share that with someone. *Today's readings: Isaiah 65:17–21; Psalm 30:2 and 4, 5–6, 11–12a and 13b; John 4:43–54. Optional for any day this week: Micah 7:7–9; Psalm 27:1, 7–8a, 8b–9abc, 13–14; John 9:1–41.* 

#### **Tuesday, March 29** You Are Near

"The Lord of hosts is with us; our stronghold is the God of Jacob," we pray with the psalmist today. The psalm tells of the "astounding things" God has wrought on the earth. In the Gospel, the Lord certainly was with the sick man who had been unable to enter the pool. There we see the God of mercy who restores the man to wholeness. Trusting in God's presence, pray the refrain of today's psalm throughout the day. *Today's readings: Ezekiel 47:1–9, 12; Psalm 46:2–3, 5–6; 8–9; John 5:1–16.* 

#### Wednesday, March 30 So Also the Son

In today's Gospel, Jesus states that "a son cannot do anything on his own, but only what he sees his father doing." Jesus, the Son, does not do anything except through the power of God. What Jesus knows and sees the Father doing, Jesus will do. Who has taught you how to live as a Christian? Write a letter or call the person to acknowledge and thank them for their example. *Today's readings: Isaiah 49:8–15; Psalm 145:8–9, 13cd–14, 17–18; John 5:17–30.* 

### **Thursday, March 31** Whom Do You Believe?

Many words and images come at us daily. Social media, news outlets, conversations with colleagues and friends flood us with messages. Jesus describes the many witnesses to his identity and power, but his listeners still don't trust all that he has to offer. What helps you believe that Jesus is the Savior? What keeps you focused on his message of truth? Make a point to name and claim that this week. *Today's readings: Exodus 32:7–14; Psalm 106:19–20, 21–22, 23; John 5:31–47.* 

### Friday, April 1 Ever Close

Have you ever felt brokenhearted? Do you know someone who is? Today's psalm reminds us that God is always close to those in need, to those struggling, and to anyone in distress. Be especially attentive to show kindness to people you meet. Many people are struggling silently. Your compassionate presence will be a sharing of your faith in our loving and merciful God. *Today's readings: Wisdom 2:1a*, *12–22; Psalm 34:17–18, 19–20, 21 and 23; John 7:1–2, 10, 25–30.* 

#### Saturday, April 2 Unite in Christ

In today's Gospel, we hear of a division occurring as people argued over whether Jesus is the Christ. Today, many people hostilely debate matters of Christianity. A visible sign of the reign of God is unity, which can be sometimes hard to achieve even in a parish. Talk about unity with your family or a friend and make a commitment to help unite people as the people of God rather than create any further divisions. *Today's readings: Jeremiah 11:18–20; Psalm 7:2–3, 9bc–10, 11–12; John 7:40–53.* 



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Greetings from Mary Sue Reutebuch -Director of Christian Formation: Family and Youth Programs

Children and their parents come together for a Saturday morning retreat as the children prepare for their First Reconciliation.

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**Stories of Forgiveness and Reflection** 





**Reconciliation begins** within the Family!

# Greetings from Mrs. Holly Cerveny Principal of St. Joan of Arc School

#### Dear Friends,

I was recently at the grocery story with my children. My younger two children immediately start listing off the things they wanted me to buy, to which I generally answer that they are welcome to use their birthday money to pay for it. I have experienced tantrums, crying, and more from my children early on, but I rarely have those responses from my children these days. I believe that is because I generally say, "No."

It is so hard. We can afford the couple of dollars a small toy costs, and I want my child to be happy. That said, I learned a long time ago the need for us to sometimes say no just for the sake of a child hearing that they cannot have everything they want. In teaching the children to cope with unhappiness, we do more for their learning to be grateful for what they have and long-term, ultimate happiness and contentment in life.

Below is an excerpted article by Robin Berman, MD called Unhappiness: The Key to Raising Happy Kids that offers advice on raising truly happy children:

When I give parenting lectures around the country, I always ask the audience: "What do you want most for your children?" I have yet to hear the answer that I am looking for. The nearuniversal response I do get is: "I just want my kids to be happy."

Sorry, but trying to make our kids happy all of the time has been a bust. Think of Veruca Salt in *Charlie and The Chocolate Factory* and her famous refrain, "I want it now, Daddy!" as a cautionary tale. The faster her dad tap danced to please her, the more her tantrums escalated. We've become a generation of Mr. Salts—placaters and pacifiers, parents who unintentionally become their child's first co-dependent relationship. Here's the secret: To have happy kids, you must teach them to tolerate being unhappy. I would tell Veruca's dad he would have been better served to teach her to work through her big emotions—feelings like anger, frustration, and, yes, disappointment—rather than trying to protect her from them.

When you become a parent, you sign up to be an emotion coach, the personal trainer of your kid's feelings. But why does this essential parenting task get such little airtime? Wellmeaning parents devote eons of time to helping their children master new skills, ignoring the truth that, just like soccer and piano, teaching kids to manage their feelings is a skill that must be taught and practiced.

One of the best gifts we can give our children is to show them how to install and turn on their emotional thermostats. This thermostat will serve them well throughout their lives. Children and grown-ups who are at home with their emotions are more at home with themselves, and have an easier time navigating work, friendships, and love. Conversely, adults and teens who can't regulate their feelings more often turn outside of themselves to self-soothe. They self-medicate with food, drugs, alcohol, they cling to bad relationships, become codependent, etc.

Here is my short list for how to teach a child to manage big emotions:

1. Tolerate your child's negative feelings without rushing in to fix them or piling on your own. If your child is crying about a bad grade, don't say, "I can't stand that teacher." Resist the urge to stop the tears by saying that you are going to talk to the teacher (you are robbing them of their own agency). Instead, try: "I can see you are upset. What are your going to do? What would you do differently the next time?" We don't want to teach them to look to us to solve every problem...when we as parents over-function, our children under-function. To build inner strength and resilience in our offspring, parents must become good at tolerating their own big emotions, and resist the knee-jerk urge to rescue our kids from their negative feelings. Working through feelings is a great life skill. They only get good at it when they are allowed to practice. Allow your child the amazing gift of working through his feelings on his own.

2. If you treat your kids like they are "fragile," they might just stay fragile. Talk to your children's strength, not their weakness: "I know it is difficult to tell your friend that you are upset about what happened, but I am confident that you can do it, and I bet you will feel closer to her once you have." Allow your kids to practice jumping these little emotional fences so when they get older, they can scale the bigger ones.

3. You have to BE the lesson before you can TEACH the lesson. This one is tough. It requires self-reflection on the parent's part. We need to look closely at what we are modeling for our children. Parents often ask me if I believe in time-outs. I do—but not for the kids—for the parents! Walk away before you say something you will regret in the heat of the moment. Teaching our children to manage their feelings requires that we first learn to regulate our own. Parenting is a great opportunity to raise ourselves so we can better raise our child.

**4. Empathize with your child's feelings—don't deny them.** Denying feelings never makes them go away. Saying things like: "Stop crying, that didn't hurt," or "Don't be scared, that movie was not that scary," doesn't make the feelings go away, but it might send authentic feelings underground. Step one as parents should always be a statement that says, "I see you, I get you, I hear you." Your empathy helps them decode and manage their own emotions. Say to your son or daughter: "I know you want to stay up honey—I get it—but bedtime is 8pm." In a loving way, you are holding both her feelings and the line. As parents we often skip the empathy part and go straight to teaching: "Give him back the Lego," versus, "I can see you want the Lego, but Jack was playing with it."

**5.** Ask yourself what does it mean to you? Don't confuse your needs with theirs. Often, an inability to handle our kid's sadness has everything to do with our own childhood. When your child is upset and you start feeling anxious or sad, ask yourself: "What does this mean to me?" What are your child's tears or disappointment bringing up for you? If you find yourself crying hysterically because your child has been cut from a team, is it because you got cut from a team? If it really bugs you when your child is always asking for things, is it because you were not allowed to have needs or a voice as a kid? Use your charged feelings as an opportunity for your own growth.

6. Don't trade feelings for food, presents, or electronic devices. If we don't want our kids turning outside themselves to soothe their feelings then we have to stop saying, "If you stop crying, I will get you a cookie," or, "You're bored, you're upset, you can play games on my phone." You might stop their tears in the short-term, but I promise that you will be much better off in the long-term letting your kid practice feeling their feelings. A big part of mental health is feeling at home with your emotions, knowing that you will not have to avoid feelings, or numb them, but knowing that you have the emotional flexibility and emotional resilience to feel safe with yourself.

Imagine if all of us learned to manage our emotions. We'd build a society where couples could have their needs met and co-workers could problem solve together smoothly, a world where violence would be diminished and relationships less fraught. We'd still have our disappointments and our frustrations, but we'd have an emotional tool box to handle the challenges.

# **Parish Contact Information**

## **Pastoral Ministers**

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#### **Sacraments**

Individual Reconciliation Wednesdays, 6 pm at St. Joan of Arc Baptism Preparation and RCIA: Contact Ellen Heitman Marriage Preparations: Please make arrangements with pastor at least 6 months prior to tentative marriage date

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