

# the GATHER 'round

*Live your life & forget your age*

Volume 29 Number 6

7 1 5 C A M P U S S T . • M I L T O N W I S C O N S I N 5 3 5 6 3 6 0 8 • 8 6 8 • 3 5 0 0



## We Are Back! Hooray!

With Rock County moving to Phase 2 of their newly revised Reopening Plan, The Gathering Place moved to Phase 2 effective Monday, March 15. This means TGP will be open again (8:00 a.m. to 4:00 p.m.) for in-person programs and activities. We will expect/require everyone who enters and remains in the building to wear a mask and practice safe distancing of 6 feet or more when possible. There will be hand sanitizing stations at strategic locations within the building for use. Everyone will be encouraged to wash hands frequently and use the available hand sanitizer. The library will open during TGP operation hours. The exercise room will be available throughout the day. Two persons at a time may use the exercise room for up to 45 minutes. Individuals must call ahead for reservations. Reservation times will begin at the start of each hour allowing staff to sanitize the room after each usage. Available times begin at 9:00 a.m. with the last reservation at 3:00 p.m.



The pool room will also be open daily for two people at a time. Reservations must be made by calling ahead to reserve a time. If no one is waiting to use the pool room, participants can remain and play until the next individuals are scheduled. Available times are Monday through Thursday 8:00 a.m. to 4:00 p.m. Friday availability is 1:00 p.m. to 4:00 p.m.

There will be no coffee available and drinking fountains are closed. Bring your own beverage if you would like and the pop machine is fully stocked.

The Rock County Senior Nutrition Program continues Monday through Friday for home delivered meals and grab and go meals. For more information or to sign up for meals call 757-5474.

If you have questions, don't hesitate to call us at 868-3500. Be safe, stay healthy and make the best of everyday.

**Welcome Back!**

## Health and Safety at The Gathering Place

In order to ensure the health and safety of our members and staff while having an enjoyable time at The Gathering Place, we have implemented the following procedures:

- Keep your distance when possible.
- Wear a face mask at all times. All employees and visitors must wear a face mask.
- The Gathering Place has many hand sanitizing stations available throughout the building. Please use them.
- Wash your hands thoroughly after using the rest room.
- At this time no beverages will be served. You are welcome to bring your own beverages.
- There will be no check in monitor. Please let the receptionist know you are here and what activity you will be participating in.
- No food will be allowed to be brought in at this time.
- If you feel ill please wait for another day to visit.

Happy Easter



## GREETINGS FROM THE DIRECTOR

*“There is a wonderful mythical law of nature that the three things we most crave in life--happiness, freedom and peace of mind--are always attained by giving them to someone else”.*

*Peyton Conway March*

The Gathering Place has opened it's doors! For many



of us this has been a long time coming. We were planning a slow opening starting April 5, but were surprised to hear from the Rock County Health Department on March 2 that we could open at

50% capacity with the obvious guidelines of mask wearing and social distancing. This was a game changer for us. As stated on the front page, we resumed programs, activities and fundraisers effective Monday, March 15, 2021. Moving forward, we will adhere to the guidelines set forth by the Rock County Health Department.

FYI, The Gathering Place is planning our first fundraiser of the year on **Friday evening, June 4, 2021**. Our **Fish Boil** returns! John Bauer will again be our “boil master” with the assistance of his family crew. This event has been a TGP tradition. Cod fillets, red potatoes, carrots, onions and cherry pie make up the menu. We again will be asking for donations to purchase the main course ingredients. Anyone interested in donating please contact me at 868-3500. There will be only 100 tickets available for this fundraiser. Tickets for this event are \$40 each. Cash bar will open at 5:00 p.m. with live entertainment provided by Twice the Charm. The boil over will be at approximately 6:00 p.m. Immediately after dinner, a live auction will be held with several items available. Spread the word, bring a friend and buy your tickets early as this will sell out fast! I personally guarantee everyone will have a great time!

Stay safe and we look forward to seeing all of you soon.

Dave

## PRES SEZ

366! That is the number of days The Gathering Place was unavailable to members and friends for activities. Even now the activities are limited compared to before Covid 19. We should rejoice that we are able to gather and that the dreaded disease is somewhat under control.



I want to address one of the changes we will see as we reuse our facility. I started to participate in TGP activities in January of 2000. My mother urged (demanded) that I join the Blue Notes choir for the spring season at that time. I vividly remember that my folder number was 52. That is how many choir members there were. Over the years due to the passing of most of the original members and the failure to attract an equal number of new members the strength of the choir diminished to about 15 members for our 2019 fall season.

Now that the facility is open a decision had to be made. What does the future hold for the Blue Notes? Masks and six foot spacing is not very conducive to singing in a choir. The leadership of the Blue Notes and the director of The Gathering Place have decided to cancel the spring season of this year and wait until fall to make a decision on the future of the Blue Notes. If there is enough interest to increase the number of participants and restrictions are lifted we will again have this wonderful group representing The Gathering Place at the various senior facilities in our area. If you are willing to practice for an hour, one day a week to perfect a concert presentation please let our activity director (Sue) or the Blue Notes president Bob Rosenbaum know. If there is not enough interest then I am sorry to say that the Blue Notes will be history.

On a much lighter note, I am in cell phone contact with The Gathering Place at least weekly. One of the more exciting developments this week was a text that I received from Tree Wise Men. They are the business that removed the trees for the Gathering Green project. They have processed the black walnut trees that were removed and have offered to donate a couple slabs of the sawn wood to us. The slabs are 10 to 12 feet long, 12 to 16 inches wide and 2 inches thick. Dave and I don't know just what can be made from the wood, but I think who there are some talented woodworkers in our midst that can come up with some ideas to make some beautiful mementos of the trees that were once a part of the Gathering Green. Ideas may be given to Dave in the office.

'Till next time, Gene

# SPECIAL EVENTS

## Diamond Painting

We will have Sherilyn Aures coming in to teach us how to make a heart shaped key ring out of diamonds! She also has bookmarks, butterflies, bags, cards and more new items to choose from. Prices run between \$10 and \$20 depending on difficulty.

Diamond painting is an easy and enjoyable activity for crafters young and old. Based on the same concept as mosaics and paint-by

numbers, diamond painting uses tiny “diamond”-like facets to create colorful designs and patterns for finished designs that sparkle. This class will be on: **Thursday, April 22 at 1:00 p.m.** You need to sign up with the receptionist. Limited to 10 people. Masks are required.



## Rock County Council on Aging Begins Work on Three Year Aging Plan

The Council on Aging is currently working on its three year aging services plan. They are seeking community engagement from Rock County seniors to help design the system that will best serve them over the next three years. To take part in the survey and ensure that your voice is heard, click on the link below, or cut and paste it into your browser. Please take a few minutes to fill it out. <https://www.surveymonkey.com/r/Y9XR8CT> We are collecting public feedback through May. Sometime in May we will also be holding “listening sessions” via the ZOOM app. Watch our Facebook page for the announcement of these events. This is another chance for you to be a part of the planning process.

If you would prefer to fill out a paper survey, please pick one up at the front desk of The Gathering Place. For more information call the Rock County Council on Aging at 608-757-5472.

## Parking Lot Bingo

We will continue to play **Bingo in the Parking Lot** through the month of April. Join us on April 8, 16 and 28 at 1:30 p.m. for Bingo! All you need to do is come to our parking lot and park in a marked stall. As you come in the lot you will be given instructions and a paper Bingo sheet with games on it bring something to put under the paper Bingo sheet. You will also be given a dauber to use if you don't have one. There is no cost to play Bingo. At 1:30 we will start calling the numbers over your car radio (the radio station -90.3FM.) This information will be on your instruction sheet when you drive in. When you have a Bingo just beep your horn or wave your arms and someone will come to your car with your winnings. We will have cash winners (but don't expect any big bills!!!). You have to stay in your car the whole time so everyone stays safe. +++Bingo will be cancelled IF it is too cold or snowing. Just too tough for staff!



## Painting with Katie

Katie is going to have a small group of people work on a flower painting. You can pick whatever color you would like to paint the flowers. The class is on **Friday, April 9 from 1:00 p.m. to 3:00 p.m.** Cost is \$25 payable to Katie that day. Katie will provide all the paints, canvas, brushes, etc. that you will need.



Class will be limited to six people and everyone has to wear a mask and maintain a distance from each other. Sign up at the reception desk (608-868-3500).

## Scrabble

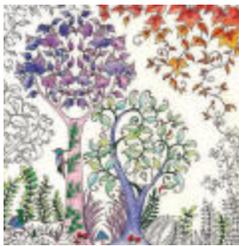
Scrabble is offered on Monday afternoons and it is open to all people. If you are a scrabble fan or you would like to learn, join us each **Monday afternoon at 12:30 p.m.** Come and play for FUN.

## Mah Jong

Do you need to challenge your mind or are you looking for something to do in the afternoon. Come join us on **Monday and Wednesday afternoons at 12:30 pm (note earlier time)** to play the Chinese tile game of Mah Jong. If you like a challenge this is the game for you. No need to sign up. The group loves to show off the game to new people and will gladly help you learn.

## Color Therapy for Adults

Our coloring book group has expanded each week. We frequently have between five and 12 people coming in with their favorite coloring book and gel pens. This group will be meeting every **Tuesday at 1:00 p.m.** Please bring your own coloring book and pencils/pens but we do have extras just in case.



*We will keep the chairs a distance apart.*

## What is Phase 10 card game?

Phase 10 is a rummy-type card game with a challenging and exciting twist! The object of the game is to be the first player to complete 10 varied Phases—two sets of three, one run of seven, seven cards of one color and more. The twist is that each Phase to be completed is specific for each hand dealt. Those who complete the Phase advance to the next, but those who don't must try again! Finish all 10 and win the game. For 2 to 6 players.



## Men's Pool!

Come join the pool players on Friday mornings at 8:00 a.m. The pool room is also open Monday through Friday from 8:00 a.m. to 4:00 p.m. **except** the first Tuesday and Thursday of each month and Fridays from 1:00 to 4:00 p.m. Stop in and get some practice. Masks are a must!

**(You do need to sign up and are limited to two people at a time).**



## Leather Tooling Class

This is a great time to learn a new craft. Andy Navarro will be here on **Mondays at 1:00 p.m.** to show you how to use leather to make a wallet, smartphone case, belt, coin pouch, key fob, coasters and more. Tooling leather is a great craft that can be picked up by even the least crafty among us. It is the process of cutting into the leather to create shapes and designs. Feel free to stop in and talk to Andy to determine if this is for you and cost of products.



## Open Art Studio

The Open Art Studio will now be offered on **Thursday** mornings. They will meet from **10:00 a.m. till noon.** Any level of painting can join the group. They do a wide variety of mediums from acrylic to pencil to chalk to watercolors. There are always other artists willing to help you with your project. There is no cost. **They will be able to put chairs and tables a distance apart.**



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The Gathering Place, Milton, WI

A 4C 01-1147

## A Taxing Issue *by Jim Atchison*

One consequence of the Covid-19 pandemic is that The Gathering Place has not been able to offer the facility for tax preparation services. For 2020 income taxes the filing deadline is May 17. But did you know that the IRS allows you to prepare and file your taxes for free on-line? And for most of us it is relatively simple, quick and, in many cases it's FREE.



Through a partnership between the Internal Revenue Service and several brand name tax preparation software companies, forms and on-line filing are available at the <https://www.IRS.gov/> website. (Make sure you use this exact website address to avoid potential internet scam sites.)

There are options including programs for those who have an adjusted gross income of less than \$72,000 per year or have simple income sources like Social Security and investment income. Under this option the programs will guide you through preparation, do the math for you and some even offer state income tax preparation for some states.

The other option is for those who make more than \$72,000 annually and need a bit more complex tax preparation. This option is not free and requires a little more knowledge of tax document preparation and some math, but will still provide step-by-step preparation. If you have more complex income like property rentals, depreciation and complicated deductions, then professional help may be in order. Unfortunately, this second option also does not offer free state tax filing, but the State of Wisconsin does offer free on-line filing at <https://www.revenue.wi.gov/>. Look for the link to on-line services and you will find the information and instructions for filing your State income taxes on-line. Both of these options offer software that provides step-by-step tax preparation that can be completed on a computer, tablet or smart phone. Tax preparation can be taxing, pun intended. But this might be the alternative that will work for you.

## Movie of the Month Knives Out

Acclaimed writer and director Rian Johnson pays tribute to mystery mastermind Agatha Christie in **KNIVES OUT**, a fun, modern-day murder mystery where everyone is a suspect. When renowned crime novelist Harlan Thrombey (Christopher Plummer) is found dead at his estate just after his 85th birthday, the inquisitive and debonair Detective Benoit Blanc (Daniel Craig) is mysteriously enlisted to investigate. From Harlan's dysfunctional family to his devoted staff, Blanc sifts through a web of red herrings and self-serving lies to uncover the truth behind Harlan's untimely death. With an all-star ensemble cast, **KNIVES OUT** is a witty and stylish whodunit guaranteed to keep audiences guessing until the very end. This is a Drama rated PG-13 (for substance abuse, some strong language, and brief violence). It runs 118 minutes. It will be shown on our large screen on **Thursday, April 15 and Friday, April 23 at 1:15 p.m.** *There is no charge, but a donation is appreciated for popcorn/snacks and beverages. **You do have to sign up for which movie you want to go to.** There will be a limit of 15 people for each movie so we are able to social distance.*



## Books and/or Puzzles

Our library will be open from 9:00 a.m. until 4:00 p.m. Monday through Friday. If you are running out of



books to read or puzzles to put together you will be able to come into our library in person and get a book or puzzle. Everyone is welcome and we have a great selection of current books available.



### The Importance of Mental Exercise!

There are a great number of older people who experience a loss of cognitive skills and abilities to different degrees. Just as your body needs physical exercise to keep fit, the brain needs mental exercise to stay active and alive. Mental exercise stimulates the brain, providing long-lasting positive effects regarding thinking, reasoning skills and memory. A fun way to get your dose of mental exercise is through playing games. Maybe check out the games online. Please see page 4 for ideas.



### Milton Food Pantry

The Milton Food Pantry located at 36 Hilltop Drive is open every Wednesday from 2:00 to 4:00 p.m. for food distribution and the first and third Monday of the month from 6:00 to 7:30 p.m. These items are needed at the food pantry. Canned spaghetti (Spaghetti O's or ravioli), granola bars, all kinds of crackers, mac & cheese, muffin mixes, cake mixes, brownie mixes, frosting, shampoo and dish soap. They can also use paper grocery bags (not plastic). You may drop off Wednesday mornings from 9-11 a.m. or Wednesday afternoons from 2:00 to 4:00 p.m.



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# HEALTHY LIVING

## Chair Exercises and Seniors

A major benefit of chair exercises is the reduced risk of falling.

It's also a great way for seniors with limited mobility to get the health benefits of exercise.



Chair exercises can be just as challenging as regular standing workouts, especially for upper body or abdominal muscles.

Another advantage is that exercising while sitting takes less effort than standing and puts less pressure on lower body joints like knees or ankles. Please search online for chair exercises. You'll be healthier for it!

**Daily caring.com chair exercises.**

Dartmouth Hitchcock easy chair exercises.

## Free Blood Pressure Screening

There will be a slight change with Blood Pressure times. On the second and fourth Wednesday of every month the blood pressure readings will start at 10:15 a.m. and last till 11:15 a.m. You can wait in line outside of the Conference Room for your turn. They will be taking Blood Pressure on **April 14 and 28.**



## Tai Chi

Sue Whitford is the instructor for the classes. They meet every **Monday at 10:00 a.m.** The cost is \$3 per session, but feel free to check out one class for free. Tai Chi can have many benefits; decreased stress and anxiety; increased energy and stamina; increased flexibility, balance and agility to name a few.



## Exercise Room

You may want to check out our exercise room because it continues to grow with new equipment. We now have eight pieces to work out on. Spend a few minutes or a few reps on each piece and then move on. This will work lots of muscles in your arms and legs.



**EXERCISE ROOM**

There is a TV set up in the room to help distract you. ***You do need to sign up ahead of time.***

## Dance Aerobics

Experience the joy of moving to music while improving your fitness and burning calories! No experience required. It is a low impact class that will work your entire body in a safe and fun way. Move at your own pace and gradually increase your movements. Come try the first class for free. Each class is \$3.00. Call Nancy at 883-2931 for more information. They will be meeting **Tuesdays and Fridays at 8:00 a.m.**

## Stretching Class

Katy O'Brien, certified Health and Wellness Coach will be having class on **Thursday at 10:45 a.m.** This class includes lying, sitting and standing stretches that will be done in a sequence that stretches all your muscles, large and small. Bring your mat and a water bottle. Cost is \$3.00 a session. No registration is required. Top five Reasons to Stretch: Increased Flexibility and Joint range of motion; Improved Circulation; Better Posture; Stress Relief; Enhanced Coordination.

## Rag Ruggers

The Rag Ruggers group meets on Mondays from 1:00 p.m. to 3:00. Bring along your current project or start a new one or just stop in to check out these beautiful and unique rugs. Nance and Fran will be there to help you along. If you have any question you can call **Nance at 868-4527.**





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The Gathering Place, Milton, WI

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**Alterations**

Janet Butler is an accomplished seamstress and is our alteration person. She owns her own business called "Sew Affordable," located in her Janesville home. Janet will be here every **Thursday from 11:30 a.m. to 12:30 p.m.** Meet with her in our library when you need your favorite slacks shortened or jacket altered.



*Returning April 8, 2021.*

**April Quilt Display**

We are hanging the quilt done by Candy Schroeder through the month of April. This time people can actually come in and see the quilt in our Conference Room. It is brightly colored and she started it about a year ago at a quilt retreat. The fabrics come from Candy's stash at home. The color choices were some of Candy's



favorite colors.

**\*\* If you have a quilt you would like to show in our conference room and have a story to go with it let Sue know. You can send her a picture and story to [tgpstaff@charter.net](mailto:tgpstaff@charter.net)**

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by  
Phil and Doris Arneson

**Given in Memory of Bette McNamara**

by  
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Kevin Larson  
Diane and Michael Pillard  
Meagan Flood  
Randy and Jackie Rice  
Patricia Wenham  
Ann Joyce

**Given in Memory of Wayne Dietz**

By  
Norman and Virginia Rusch

Please know that every effort is made to include everyone who donated in memory of loved ones to The Gathering Place. If we have inadvertently omitted a name or printed a name in error, please contact Sara to correct it.  
Thank you.

**Benefit Specialist**



This is a Federal and State mandated advocacy program through the Rock County Council on Aging, funded through the Older Americans Act and State dollars. Benefit Specialists are trained in the areas of benefit and entitlement programs as well as other issues. Great place to ask questions about Medicare. The Elder Law Center in Madison provides them in-depth, on-going training and assistance. The Benefit Specialist works with county residents 60 years of age and older, regardless of financial status. Benefit Specialist Lachel Fowler will be available here starting in May 2021 (date to be announced). If you need to schedule an appointment during that time call her at 608-757-5414 or you can just drop in.

# Calendar of Events

April  
2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> 9:15 Strong Women 10:00 Open Art Studio 10:45 Stretching Class	<b>2</b> <b>The Gathering Place is closed.</b> <b>Happy Easter</b> 
<b>5</b> 9:00 Chair Yoga 9:00 Zumba Gold 10:00 Tai Chi 12:30 Scrabble 12:30 Mah Jong 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Pinochle 1:00 Rag Ruggers	<b>6</b> 8:00 Dance Aerobics 9:00 Quilt Tying 9:15 Strong Women 1:00 Sheepshead 1:00 Bridge 1:00 Coloring Group	<b>7</b> 9:00 Chair Yoga 9:00 Zumba Gold 12:30 Mah Jong 12:30 Phase-10 Card Game 1:00 Euchre	<b>8</b> 9:15 Strong Women 10:00 Open Art Studio 10:45 Stretching Class 11:30 Alterations <b>1:30 Parking Lot BINGO!</b>	<b>9</b> 8:00 Dance Aerobics 8:00 Pool Players <b>1:00 Painting with Katie</b> 1:00 Chess
<b>12</b> 9:00 Chair Yoga 9:00 Zumba Gold 10:00 Tai Chi 12:30 Scrabble 12:30 Mah Jong 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Pinochle 1:00 Rag Ruggers	<b>13</b> 8:00 Dance Aerobics 9:00 Quilt Tying 9:15 Strong Women 1:00 Sheepshead 1:00 Bridge 1:00 Coloring Group 1:00 Quilting Club	<b>14</b> 9:00 Chair Yoga 9:00 Zumba Gold <b>10:15 Blood pressure</b> 12:30 Mah Jong 12:30 Phase-10 Card Game 1:00 Euchre	<b>15</b> 9:15 Strong Women 10:00 Open Art Studio 10:45 Stretching Class 11:30 Alterations <b>1:15 Movie: Knives Out</b>	<b>16</b> 8:00 Dance Aerobics 8:00 Pool Players 1:00 Chess <b>1:30 Parking Lot BINGO!</b>
<b>19</b> 9:00 Chair Yoga 9:00 Zumba Gold 10:00 Tai Chi 12:30 Scrabble 12:30 Mah Jong 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Pinochle 1:00 Rag Ruggers	<b>20</b> 8:00 Dance Aerobics 9:00 Quilt Tying 9:15 Strong Women 1:00 Sheepshead 1:00 Bridge 1:00 Coloring Group	<b>21</b> 9:00 Chair Yoga 9:00 Zumba Gold 12:30 Mah Jong 12:30 Phase-10 Card Game 1:00 Euchre	<b>22</b> 9:15 Strong Women 10:00 Open Art Studio 10:45 Stretching Class 11:30 Alterations <b>1:00 Diamond Painting</b>	<b>23</b> 8:00 Dance Aerobics 8:00 Pool Players 1:00 Chess <b>1:15 Movie: Knives Out</b>
<b>26</b> 9:00 Chair Yoga 9:00 Zumba Gold 10:00 Tai Chi 12:30 Scrabble 12:30 Mah Jong 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Pinochle 1:00 Rag Ruggers	<b>27</b> 8:00 Dance Aerobics 9:00 Quilt Tying 9:15 Strong Women 1:00 Sheepshead 1:00 Bridge 1:00 Coloring Group 1:00 Quilting Club	<b>28</b> 9:00 Chair Yoga 9:00 Zumba Gold <b>10:15 Blood pressure</b> 12:30 Mah Jong 12:30 Phase-10 Card Game 1:00 Euchre <b>1:30 Parking Lot BINGO!</b>	<b>29</b> 9:15 Strong Women 10:00 Open Art Studio 10:45 Stretching Class 11:30 Alterations	<b>30</b> 8:00 Dance Aerobics 8:00 Pool Players 1:00 Chess

# Café 715

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April  
2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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Due to COVID-19  
Please arrive for curbside pick-up  
meals at 11 a.m.

**1**  
Salisbury Steak w/  
Mushroom Gravy  
Mashed Potatoes  
Green Beans  
Whole Wheat Bread  
Mandarin Oranges  
Pumpkin Fluff

**2**  
The Gathering Place  
is closed.



**5**  
Swedish Meatballs  
Egg Noodles  
Stewed Tomatoes  
Peas & Carrots  
Strawberry Applesauce

**6**  
Brat Patty  
Whole Wheat Bun  
Baked Beans  
Asian Carrot Salad  
Warm Spiced Pears

**7**  
Chicken Salad  
Baby Spinach Salad w/  
Dressing  
Potato Salad  
Whole Wheat Bread  
Mandarin Oranges

**8**  
Roast Beef w/Gravy  
Mashed Potatoes  
Broccoli  
Whole Wheat Bread  
Peanut Butter  
Fresh Apple Slices  
Pudding

**9**  
Lemon Pepper Chicken  
Sweet Potatoes  
Cooked Red Cabbage  
Whole Wheat Bread  
Peaches  
Pumpkin Bar

**12**  
Meatloaf  
Au Gratin Potatoes  
Mediterranean Blend  
Whole Wheat Bread  
Pears

**13**  
Chicken & Broccoli  
Casserole  
Carrots  
Cauliflower  
Cottage Cheese  
Mandarin Oranges

**14**  
Sloppy Joe  
Whole Grain Bun  
Baked Bean Medley  
Italian Vegetables  
Peaches

**15**  
Sliced Turkey Breast w/  
Gravy  
Mashed Potatoes  
Beets  
Whole Wheat Bread  
Applesauce

**16**  
Broccoli Egg Bake  
Sausage Links  
Asparagus  
Tomato Juice  
Cinnamon Raisin Bread  
Pineapple

**19**  
Burgundy Tips  
Egg Noodles  
Stewed Tomatoes  
Cauliflower  
Pears  
Cake w/Berry Frosting

**20**  
Chicken Fajita Casserole  
Carrots  
Green Beans  
Cottage Cheese Fruit Fluff

**21**  
BBQ Pulled Pork  
Whole Wheat Bun  
Baked Beans  
Broccoli  
Cinnamon Applesauce

**22**  
Baked Salmon w/Dill  
Mashed Potatoes  
Corn  
Whole Wheat Bread  
Peaches  
Fudgy Fiber Brownie

**23**  
Spaghetti & Meatballs  
Pasta  
Italian Vegetables  
Romaine Salad w/Dressing  
Warm Fruit Salad

**26**  
Macaroni & Cheese  
Broccoli  
Cauliflower  
Cottage Cheese  
Whole Wheat Bread  
Banana

**27**  
Chicken Breast Parmesan  
Red Potatoes  
Brussels Sprouts  
Whole Wheat Bread  
Mandarin Oranges  
Pumpkin Bar

**28**  
Taco Salad  
Tomato & Bean Salad  
Corn  
Whole Wheat Bread  
Light Yogurt

**29**  
Herbed Pork Loin  
Sweet Potato  
Spinach w/Cheese  
Whole Wheat Bread  
Peaches  
Pudding

**30**  
Hamburger  
Wheat Bun  
Baked Bean Medley  
Asian Carrot Salad  
Warm Spiced Pears

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The Gathering Place, Milton, WI

C 4C 01-1147

## GIFT GIVING

### Planned Gift Giving

If you are planning a gift, whether to The Gathering Place's Memorial Fund or to the general operations of TGP, you can be assured that the long term support of this community treasure will be appreciated. Your gift will help us continue to bring quality programming and activities for all ages to the Milton area community for generations to come. Specific bequest can be made in the form of securities, a will, a trust, a life insurance policy, a gift annuity or simply cash. All gifts will ensure that Marion Allen's dream is kept alive.

For more information about planned giving contact Dave by phone at 608-868-3500 or by e-mail at [tgpdirector@charter.net](mailto:tgpdirector@charter.net).



## SERVICES

*Many services and resources are offered to participants at The Gathering Place. Check the calendar on page 11 for days and times.*

- \* Free Blood Pressure Screening
- \* Notary Public
- \* Benefit Assistance
- \* Ride to Dining Center
- \* Exercise Equipment
- \* Audio Books, Books and DVDs
- \* Facility Rental
- \* Nutritionist
- \* Alterations

### Wish List

Gallon size storage and freezer bags



*Gather 'Round is published monthly from the offices of The Gathering Place, Milton's senior activity center.*

*Individual membership is \$30 yearly and includes monthly newsletter. Couples yearly membership is \$50 and includes monthly newsletter.*

*Please indicate your preference below. Checks may be mailed to:  
The Gathering Place, 715 Campus Street, Milton, WI 53563.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

1 year individual membership

1 year couples membership

# MILTON PUBLIC LIBRARY

As of March 4, 2021, the Milton Public Library is OPEN for browsing and limited services.

## Hours of operation:

Monday – Friday: 10:00 a.m. to 6:00 p.m.

Saturday: 10:00 a.m. to 4:00 p.m.

The library is CLOSED on Sundays.

Please be aware of the following:

1. Masks are REQUIRED and must be worn over the nose and mouth.
2. Please keep your visits to 20 MINUTES OR LESS unless you're using one of the library's computers.
3. A limited number of computers are available for 60 minute sessions.
4. Anyone under 16 MUST be accompanied by an adult.
5. All the toys and most of the furniture are in storage.
6. Library materials must be returned in the drop boxes located in the lobby. Staff will not be personally accepting returns. All returns are still quarantined for at least 24 hours.

**CURBSIDE PICK UP is still an option for those wishing to use it or are unable to wear a mask.**

This April, the Milton Public Library, in collaboration with UW-Whitewater's Young Auditorium and other area libraries, will be participating in the NEA's Big Read events.

Literature to Life: The Latecomer. Wednesday, April 7 – 7:00 p.m.

Enjoy staged readings from this important work centered on the Hmong refugee experience. You must register at the following website to attend: <https://www.uww.edu/youngauditorium/2020-lit-2-life>

**The Latecomer Book Giveaway. Monday, April 5, 10 a.m. – 5 p.m.**

It's time for the NEA Big Read. Enter for a chance to win a copy of *The Latecomer* by Kao Kalia Yang. Enter via the Google Form on our website or stop by the library and fill out an entry slip. Monday, April 5 only. One entry per person.

Author Presentation: Kao Kalia Yang. Friday, April 9 – 7:00 p.m.

Join a live, virtual conversation with award-winning Hmong-American author Kao Kalia Yang. You must register at the following website to attend: <https://www.uww.edu/youngauditorium/2020-author>

**American Lives. Tues., April 13 at 6 p.m. via Zoom**

This non-traditional book group will be focusing on remarkable women who have influenced policy, practice, and the political landscape of the United States. Read any material about the assigned person and participate in the discussion. Contact the library for reading suggestions and the Zoom session link. April's topic is *Immigrants Who Made a Difference*, featuring Dolores Huerta, Mother Jones, Rose Schneiderman, and Kao Kalia Lang.

**Chalk the Walk. Mon., April 19 – Sat., April 24.**

Help us celebrate Yang's *A Map into the World* by chalking our sidewalk! Pick a square outside the library and draw something to brighten someone's day. Use our chalk or bring your own. Participants are entered into a drawing to win a copy of the picture book. All ages welcome. Remember to keep your distance and mask up if necessary.

**The Latecomer Virtual Book Discussion. Tuesday, April 27 at 6 p.m.**

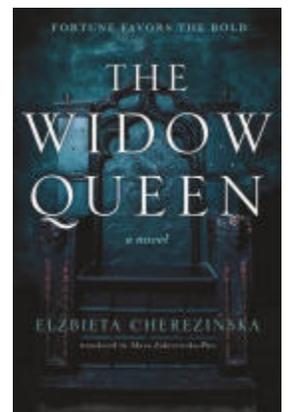
Let's chat over Zoom about this year's Big Read selection. Contact the library for the meeting link. All who have read the book are welcome to attend.

**Mystery Book Club. Tuesday, April 20 at 6 p.m. via Zoom**

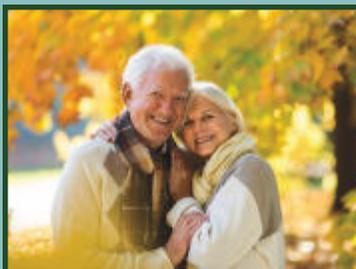
This book club meets the third Tuesday of each month for informal discussions. April's title is *A Royal Affair* by Allison Montclair. Please e-mail the library at [mpl@als.lib.wi.us](mailto:mpl@als.lib.wi.us) if interested in attending. All who have read the book are welcome to attend.

## Milton Public Library Book of the Month

Elzbieta Cherezinska's *The Widow Queen* is the epic story of a Polish queen whose life and name were all but forgotten until now. It is a sweeping saga perfect for fans of Philippa Gregory, Bernard Cornwell and the Vikings TV series.







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608-843-3544 [Teena.Monk-gerber@alzwissc.org](mailto:Teena.Monk-gerber@alzwissc.org)

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The Gathering Place, Milton, WI

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### Mask Mandate

A statewide mask mandate issued by Gov. Tony Evers is still in effect in Wisconsin as of this press time. The mandate requires face coverings in all indoor public spaces for Wisconsinites five and older.



### Parkinson's Support Group of Janesville/Beloit and Stateline Area

If you have Parkinson's Disease, are a caregiver for someone with Parkinson's, a family member or interested in learning more about Parkinson's, there is a support group here in Rock County for you! The Parkinson's Support Group meets at SOL Personal Fitness, 2100 E. Milwaukee, Janesville, WI at 2:00 p.m. the first Wednesday of the month. Different topics are covered every month with input from the participants. The support group schedules speakers throughout the year with expertise in the area of Parkinson's Disease. The group is free to attend. Support group leader is Pat Burhans. She may be contacted with any questions at 608-436-9277. We hope you will attend one of our meetings! You will find this is a very friendly and welcoming group of people! Masks are to be worn. Safety protocols due to the virus will be followed! Please join us!

### We Will Take Your Used Books!

If your library at home is getting filled to the brim, then please think about donating books to the TGP library. We will accept hard cover or paperback books in good condition that are **three years or newer**. Please wear a mask if you are entering the building. Someone is here Monday through Friday from 9:00 until 3:00 p.m.



### Rock County Emotional and Social Support Programs

for Adults and All Family Caregivers

You may register for these programs by contacting Cori Marsh at 608-921-7165 or emailing

Cori.marsh@co.rock.wi.us You may also contact Julie Seeman at caregiving@co.rock.wi.us

If you see a need that is not being met, please reach out. These support groups exist to provide services for you.

**Mondays** ~ 10:00 a.m. Caregiver Coffee Hour

**Tuesdays** ~ 1:30 p.m. Caregiver Support Group

**Tuesday Evenings** ~ 6:00 p.m. first and third Tuesday of each month Caregiver Support Group

**Wednesdays** ~ 10:00 a.m. Wacky Wednesday for Fun and Socialization

**Thursdays** ~ 10:00 a.m. Early Onset Memory Loss Caregiver Support Group

**Fridays** ~ 1:30 p.m. Afternoon Social Hour/Memory Café



Watch the Facebook page of the Aging and Disability Resource Center of Rock County or the Rock County Council on Aging for other events.

# THE GATHERING PLACE DIRECTORY

**The Gathering Place**  
715 Campus Street  
Milton, Wisconsin 53563  
608-868-3500

## STAFF

Executive Director.....Dave Fisher  
Administrative Assistant..... Sara Pickett  
Program Coordinator ..... Sue Eckert  
Events Coordinator .....Mary Jurgens-Jones  
Maintenance.....John Bauer  
Custodian.....Stan Braun

## BOARD OF DIRECTORS

President ..... Gene Wenham  
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## THE GATHERING PLACE E-MAILS

Dave Fisher.....tgpdirector@charter.net  
Sara Pickett.....tgpadmin@charter.net  
Sue Eckert .....tgpstaff@charter.net  
Mary Jurgens-Jones.....rentaltgpmjj@gmail.com  
Web site .....gatheringplacemilton.com

### *The Mission Statement:*

*The Gathering Place Supports Positive Living for All Ages.*

*Our Vision Statement is: To provide Milton area residents with a place to gather for programs, activities, and services to enhance their dignity, support their independence, and encourage their involvement with each other and the community.*

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**Please Support The Gathering Place**

## Rock County Dining Center

**Eligibility: Any person age 60+ (and a spouse of any age)**

**Reservations are required, and must be made no later than noon of the prior business day.**

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## Warning From Social Security!

Be on the lookout for fake calls, texts, and emails!

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### Be Alert

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- Suspend your Social Security number.
- Demand an immediate payment from you.
- Require payment by cash, gift card, pre-paid debit card, or wire transfer.
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Social Security may email or text you about programs and services, but will never ask for a return call to an unknown number. Social Security only sends emails or text messages if you have opted in to receive them and only in limited situations, including the following:

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- Do not return unknown calls, emails, or texts
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