

The Red Brick Agenda • March 2022

A publication of the Behring Senior Center, 1113 10th Street, Monroe, WI 53566

☘ ☘ ☘ **HAPPY** ☘ ☘ ☘
St. "PATTY'S" Day!



Watch your step!

MISSION

The Behring Senior Center of Monroe provides services, assistance, and support through cultural and recreational activities in a positive environment to individuals 55 and older.

AGE REQUIREMENT

Participants must be 55 years of age or older to attend and participate in Senior Center programs. If your spouse is 55, but you are not, you will still qualify.

HOURS

MONDAY to FRIDAY

Wellness Center
7:00am to 5:00pm

Main Door
8:00am to 4:00pm

CLOSED
WEEKENDS
& HOLIDAYS

NEWSLETTER

“The Red Brick Agenda” is the Behring Senior Center’s newsletter that is published online and mailed out once a month.

To get the newsletter by mail, please call the Senior Center at (608) 325-3173 so we can add you to our mailing list.

For electronic newsletters, go to www.ourseniorcenter.com to sign up. Type in “senior center” and “Monroe, WI” in the boxes, and hit enter. The Behring Senior Center will appear, and you need to click on it to continue.

Then, you can click “subscribe” in the upper right corner.



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Lisa Park, *Receptionist*

Mark Scheppele, *Custodian*



**THE BEHRING
SENIOR CENTER**
1113 10th Street
Monroe, WI 53566
(608) 325-3173

Hide-and-Seek



In each issue of the Red Brick Agenda, we've hidden a small illustration for you to find! Those who find it will be entered into a drawing for \$10 in "Monroe

Money" that can be used at local retailers. Simply mail your entry to us (or drop in box inside the front door) by MARCH 9th. Include your name, phone number, and the page number where you found the hidden object and if you are correct, we'll enter your name in the drawing (one entry per person).

This month you'll be searching for this **BUTTON**:



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VETERANS LUNCH

Wednesday, March 9th
11:00am ~ 1:00pm

Calling all veterans who are 55 years of age and over! Join us at the Behring Senior Center for a HOT LUNCH! We'll have Shepherd's Pie, Rolls, Desserts, and Beverages. SPOUSES ARE WELCOME!!!



PLEASE SIGN UP IN ADVANCE so we know how much food to prepare! Call us at (608) 325-3173 or stop by the Front Desk to sign up.

There is a suggested donation of \$2.00. We ask that you do not arrive before 10:45am. If you have any questions or need more information, feel free to call us or stop by!

WI Badger Honor Flight

Have you been on a Badger honor flight? If not, please consider signing up for this wonderful experience and view the memorial built in your honor.

SPRING FLIGHTS

- Thursday, April 21st
- Saturday, May 14th ~ All Women Veterans Flight
- Saturday, June 4th

Contact Bea Patterson for more information at (608) 575-0671.

WELCOME JAZMYN!

Jazmyn Thoman is the newest member of our team here at the Behring Senior Center. She is the Administrative Secretary, and will be a wonderful addition to our staff! Originally from Argyle, Jazmyn moved to Monroe and is now a home owner with her partner, Adam. She has a 2-year-old Sheepadoodle whom she adores! His name is Otis, and he is her pride and joy! Prior to the Senior Center, Jazmyn worked in the imaging department at the Monroe Clinic, and most recently at the Chalet Landhaus Inn in New Glarus. She really enjoys working with people and getting to know them, and she is looking forward to getting to know everyone at the Senior Center. We are thrilled to have her at the Senior Center, so be sure to say, "Hello" to Jazmyn the next time you stop by the Front Desk!



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New Glarus Home
welcome home.

CAPTION CALL

DATE: Wednesday, March 16th

TIME: 1:30pm

If hearing on the phone is becoming a little harder to understand, then this presentation may be for you! Caption Call is a service that allows you to hear and read what someone is saying. Join

Linda LaBerge for an informational program on caption calling and why it may be a great option for you!



Space is limited. Please call in advance at (608) 325-3173 or stop by the Front Desk to sign up.

WELLNESS PRESENTATION



DATE: Wednesday, March 2nd

TIME: 10:00am

Join us for an informative presentation done by Angie Werth. Angie is a Physical Therapist and certified Yoga instructor. She uses her knowledge to help provide physical therapy and various styles of yoga (restorative, yin, and gentle) in the home environment to help the individual achieve functional mobility with balancing the whole mind, body and spirit. Angie has over 28 years of experience caring for patients with multiple diagnosis in acute care/inpatient settings, skilled nursing and rehab centers. Check out Angie's site at: *Werth Your Wellness*. Meet Angie and to learn what she has to offer! **Call (608) 325-3173 or stop by the desk to sign up.**

Physician's Mutual presents:

MEDICARE 101

Wednesday, March 30th ~ 2:00pm

Join Nitza Pfaff at the Behring Senior Center to learn Medicare basics. It can be very overwhelming, and Nitza will be here to help you navigate through all of the confusion. She will also take time to answer your questions.

Space is limited, and reservations are required.

Please call us at (608) 325-3173 or stop by the Front Desk to register!



FLIPPO

Friday, March 25th ~ 1:30pm

Come to the Senior Center to play FLIPPO! It's a fun and easy game to learn with a lot of great prizes. Players must bring their own deck of cards. Call (608) 325-3173 or stop by the desk to sign up for FlipPO!



Bingo

Sponsored by ASTER

Friday, March 11th ~ 1:30pm

Join ASTER at the Behring Senior Center for an afternoon of BINGO! ASTER always brings great prizes, and we have a fun time!

Registration starts at 8:00am on Friday, March 4th.

COFFEE & CHAT BOOK CLUB

Monday, March 14th ~ 10:00am

Our group will meet to discuss the book, "Bettyville" by George Hodgman. If you would like to join us at the Book Club or need more information, please call us at (608) 325-3173 or stop by the Front Desk.



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B 4C 01-1178

Exercise Classes

FITNESS FIRST

This 45-minute class uses free weights, resistance bands, stretch bands, sand balls, and chairs. In each class we have a warm-up, cardio, strength, balance, and cool-down.

8:30AM - 9:15AM
MONDAY, WEDNESDAY
& FRIDAY

MEN'S EXERCISE

This class is designed for men and will last 45 minutes. We will use free weights, resistance bands, sand balls, and chairs. Each session will have a warm-up and a cool-down.

9:30AM - 10:15AM
MONDAY, WEDNESDAY
& FRIDAY

CHAIR PILATES

Chair Pilates focuses on improving physical strength, flexibility, posture, balance, and focus through low-impact exercises.

Gentle toning movements.
Modifications will be provided.

10:45AM - 11:30AM
MONDAY

FUSION

This high-intensity class will get your heart pumping and your muscles burning. Every session is different as we mix in high intensity interval training, circuit training, stability balls, balance drills, versa bar, resistance band, and free weight routines. If you are looking for a challenge and love variety, this is the class for you! Participants must be able to do floor exercises.

10:45AM - 11:30AM
WEDNESDAY & FRIDAY



YOGA

Learn foundational yoga postures and alignment, breathing practice, meditation, deep relaxation, and basic yoga teachings. This class will focus on increasing flexibility, range of motion, core strength, balance, focus, and relaxation.

11:45AM - 12:30PM
TUESDAY & THURSDAY

DANCE AEROBICS

Dance Aerobics provides a great cardio workout. Class is a dance party that begins with a warm up and ends with a cool down. Due to the popularity of this class, we offer it at two times.

8:30AM - 9:15AM
10:45AM - 11:30AM
TUESDAY & THURSDAY

BALANCE YOGA

This class combines chair yoga and balance exercises. We will focus on breathing and help with flexibility. No floor exercises are done in this class.

9:30AM - 10:15AM
TUESDAY & THURSDAY

INSTRUCTORS

Bridget cotter
Lucy whyte
shannan kaiser

All exercise classes are drop-in. NO REGISTRATION IS REQUIRED. You will need to sign a liability waiver.

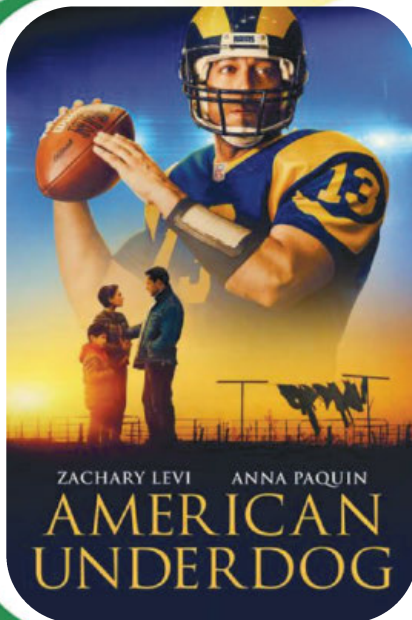
2022 EXERCISE CLASS RATES

Drop-In Class \$4.00 per class

Punch Cards 10 classes = \$30

20 classes = \$55

NOW SHOWING



AMERICAN UNDERDOG
Thursday, March 10th ~ 1:30pm

The inspirational true story of Kurt Warner, who overcomes years of challenges and setbacks to become a two-time NFL MVP, Super Bowl champion, and Hall of Fame quarterback. Just when his dreams seem all but out of reach, it's only the support of his wife Brenda, and the encouragement of his family, coaches, and teammates that Warner perseveres and finds the strength to show the world the champion that he already is.

Rated PG Run Time: 1 hour, 52 minutes

Starring Zachary Levi, Anna Paquin, Dennis Quaid

Steven Spielberg Movie

WEST SIDE STORY

Tuesday, March 29th ~ 1:30pm

This is a 2021 American musical romantic drama film directed and co-produced by Steven Spielberg from a screenplay by Tony Kushner. An adaptation of the 1957 musical, West Side Story explores forbidden love and the rivalry between the warring Jets and the Sharks -- two teenage street gangs of different ethnic backgrounds.

Rated PG-13 Run Time: 2 hours, 36 minutes

*Starring Ansel Elgort, Ariana DeBose, David Alvarez,
Mike Faist, Rita Moreno, Rachel Zegler*



**MOVIES ARE FREE AND WE SERVE FREE POPCORN & BEVERAGES.
RESERVATIONS ARE REQUIRED. PLEASE CALL US AT (608) 325-3173 TO SIGN UP.**

THROWBACK THURSDAY

ON GOLDEN POND

Thursday, March 24th ~ 1:30pm

Cantankerous retiree Norman Thayer and his conciliatory wife, Ethel spend summers at their New England vacation home on the shores of idyllic Golden Pond. This year, their adult daughter, Chelsea visits with her new fiancée and his teenage son, Billy on their way to Europe. After leaving Billy behind to bond with Norman, Chelsea returns, attempting to repair the long-strained relationship with her aging father before it's too late.

Rated PG Run Time: 1 hour, 49 minutes

Starring Katharine Hepburn, Henry Fonda, Jane Fonda, Doug McKeon, Dabney Coleman, William Lanteau



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Green County Nutrition Program

- Reservations are required.
- Reservations must be made by 12:30pm of the prior business day by calling the meal site at (608) 325-3040.
- Participants are asked to monitor their symptoms prior to coming to the meal site.
- Participants are asked to enter at the Wellness Center Entrance (lower level).
- Only nutrition program staff and volunteers are allowed in the kitchen.

If you have additional questions about the Meal Site, please contact Morgan Kennison, Aging Programs Coordinator at (608) 328-9368.

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March Menu

TUE	3/1	Baked Spaghetti
WED	3/2	Goulash
THU	3/3	Scalloped Turkey Casserole
FRI	3/4	Roast Beef with Gravy
MON	3/7	Creamed Chicken
TUE	3/8	Cabbage Rolls
WED	3/9	Turkey Slice with Gravy
THU	3/10	Tater Tot Casserole
FRI	3/11	Hot Ham Slices
MON	3/14	BBQ Beef Tips
TUE	3/15	Taco Casserole
WED	3/16	Lasagna
THU	3/17	Sage Chicken Thighs
FRI	3/18	Breaded Cod Patty
MON	3/21	Meatloaf with Gravy
TUE	3/22	Baked Fish
WED	3/23	Chicken Thighs
THU	3/24	Roast Beef with Gravy
FRI	3/25	Roast Pork with Gravy
MON	3/28	Hamburger Sloppy Joe
TUES	3/29	Breaded Fish
WED	3/30	Chicken Breast
THU	3/31	Hot Turkey Noodle Casserole



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MARCH 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 8:30 Dance 9-4 Pool 9:00 Stitch 'n Chat 9:30 Balance Yoga 10:45 Dance Aerobics 11:30 Dining 11:45 Yoga 12:30 Horse & Pepper 12:30 Canasta 1:00 Table Tennis 2:00 Pickleball 2	2 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:00 Wellness Presentation 10:45 Fusion 11:30 Dining Site 2:00 Pickleball 1 	3 8:30 Dance Aerobics 9-4 Pool 9:30 Balance Yoga 10:45 Dance Aerobics 11:30 Dining 11:45 Yoga 12:30 500 12:30 Yass 1:00 Table Tennis 2:00 Pickleball 2	4 8:30 Fitness First 9-4 Pool 9:30-1 Chair Massage 9:30 Men's Exercise 10:45 Fusion 11:30 Dining Site 2:00 Pickleball 1 
7 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:45 Chair Pilates 11:30 Dining Site 12:30 Euchre 2:00 Line Dancing 	8 8:30 Dance 9-4 Pool 9:00 Stitch 'n Chat 9:30 Balance Yoga 10:45 Dance Aerobics 11:30 Dining 11:45 Yoga 12:30 Horse & Pepper 12:30 Canasta 1:00 Table Tennis 2:00 Pickleball 2	9 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:45 Fusion 11-1 Veterans Lunch 11:30 Dining Site 1:00 Card Making Club 2:00 Pickleball 1 	10 8:30 Dance Aerobics 9-4 Pool 9:30 Balance Yoga 10:45 Dance Aerobics 11:30 Dining 11:45 Yoga 12:30 500 12:30 Yass 1:00 Table Tennis 1:30 MOVIE 2:00 Pickleball 2	11 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:45 Fusion 11:30 Dining Site 1:30 Bingo 2:00 Pickleball 1 
14 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:00 Book Club 10:45 Chair Pilates 11:30 Dining Site 12:30 Euchre 2:00 Line Dancing 	15 8-4 Foot Care 8:30 Dance Aerobics 9-4 Pool 9:00 Stitch 'n Chat 9:30 Balance Yoga 10:45 Dance Aerobics 11:30 Dining 11:45 Yoga 12:30 Horse & Pepper 12:30 Canasta 1:00 Table Tennis 2:00 Pickleball 2	16 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:45 Fusion 11:30 Dining Site 1:30 Caption Call 2:00 Pickleball 1 	17 8:30 Dance Aerobics 9-4 Pool 9:30 Balance Yoga 10:00 Board Meeting 10:45 Dance Aerobics 11:30 Dining 11:45 Yoga 12:30 500 12:30 Yass 1:00 Table Tennis 1:30 Facebook Trivia 2:00 Pickleball 2 	18 8:30 Fitness First 9-4 Pool 9:30-1 Chair Massage 9:30 Men's Exercise 10:45 Fusion 11:30 Dining Site 2:00 Pickleball 1 
21 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:45 Chair Pilates 11:30 Dining Site 12:30 Euchre 2:00 Line Dancing 	22 8-4 Foot Care 8:30 Dance Aerobics 9-4 Pool 9:00 Stitch 'n Chat 9:30 Balance Yoga 10:45 Dance Aerobics 11:30 Dining 11:45 Yoga 12:30 Horse & Pepper 12:30 Canasta 1:00 Table Tennis 2:00 Pickleball 2	23 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:00 Clock Craft 10:45 Fusion 11:30 Dining Site 2:00 Pickleball 1 	24 8:30 Dance Aerobics 9-4 Pool 9:30 Balance Yoga 10:45 Dance Aerobics 11:30 Dining 11:45 Yoga 12:30 500 12:30 Yass 1:00 Table Tennis 1:30 Throwback Movie 2:00 Pickleball 2	25 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:45 Fusion 11:30 Dining Site 1:30 Flippo 2:00 Pickleball 1 
28 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:45 Chair Pilates 11:30 Dining Site 12:30 Euchre 2:00 Line Dancing 	29 8-4 Foot Care 8:30 Dance Aerobics 9-4 Pool 9:00 Stitch 'n Chat 9:30 Balance Yoga 10:45 Dance Aerobics 11:30 Dining 11:45 Yoga 12:30 Horse & Pepper 12:30 Canasta 1:00 Table Tennis 1:30 MOVIE 2:00 Pickleball 2	30 8:30 Fitness First 9-4 Pool 9:30 Men's Exercise 10:45 Fusion 11:30 Dining Site 2:00 Medicare 101 2:00 Pickleball 1 	31 8:30 Dance Aerobics 9-4 Pool 9:30 Balance Yoga 10:45 Dance Aerobics 11:30 Dining 11:45 Yoga 12:30 500 12:30 Yass 1:00 Table Tennis 2:00 Pickleball 2	



CLOCK CRAFT

with Theresa Klemm

DATE: Wednesday, March 23rd **COST:** \$12.00
TIME: 10:00am **LIMIT:** 12 people

Let's "Spring Forward" with a new clock craft! These real working clocks will be so fun, so unique, and one of a kind. We will refurbish old charger plates and create our own special works of art! We'll have paint, wrapping paper, tissue, and glue for you to use. You can bring in photos, postcards, or anything else you want to design onto the plates. We'll add clock hands and numbers to complete the look. Let your creativity flow! This will be a fun and popular class, so sign up right away! **Call us at (608) 325-3173 or stop by the Front Desk to sign up!**

NOTE: If you want certain photos on your clocks, please bring them with you.



LINE DANCING is BACK!

DATE(S): MONDAYS: March 7, 14, 21, and 28
April 4, 11, 18, and 25

TIME: 2:00pm ~ 3:00pm

COST: \$5.00 Drop-In Fee

**Pay instructor directly*

**Please have exact amount*

PLACE: Senior Center Gym

*No need to sign up in advance!
Just drop in for a fun time!!!*





PHONE SCAMS



People lose a lot of money to phone scams - sometimes their life savings. Scammers have figured out countless ways to cheat you out of your money over the phone. In some scams, they act friendly and helpful. In others, they might threaten or try to scare you. One thing you can count on is that a phone scammer will try to get your money or your personal information to commit identity theft. Don't give it to them.

Here's how to recognize a phone scam.

THERE IS NO PRIZE The caller might say you were "selected" for an offer or that you've won a lottery. But if you have to pay to get the prize, it's not a prize.

YOU WON'T BE ARRESTED Scammers might pretend to be law enforcement or a federal agency. They might say you'll be arrested, fined, or deported if you don't pay taxes or some other debt right away. The goal is to scare you into paying. REAL law enforcement and federal agencies won't call and threaten you.

YOU DON'T NEED TO DECIDE NOW Most legitimate businesses will give you time to think their offer over and get written information about it before asking you to commit. Take your time. Don't get pressured into making a decision on the spot.

THERE'S NEVER A GOOD REASON TO SEND CASH OR PAY WITH A GIFT CARD Scammers will often ask you to pay in a way that makes it hard for you to get your money back -- by wiring money, putting money on a gift card, prepaid or cash reload card, or using a money transfer. Anyone who asks you to pay that way is a scammer.

GOVERNMENT AGENCIES WON'T CALL TO CONFIRM YOUR SENSITIVE INFORMATION It's never a good idea to give out sensitive information like your Social Security number to someone who calls you unexpectedly, even if they say they are with the Social Security Administration or the IRS.

BOTTOM LINE

- If it sounds too good to be true, it probably is.
- Don't believe it if you are unsure. Listen to your instincts.
- Call the Police Department first. They'll be glad to help you sift through this stuff.
- No law enforcement or government agency calls to get payments, nor does the IRS.
- If you didn't enter it, you can't be winning it.

We will continue to provide information on scams in future newsletters. Stay tuned!



SENIOR CENTER BOARD MEETING MINUTES

Date: Thursday, January 20, 2022 **Time:** 10:00am **Place:** Senior Center/WebEx

A. CALL TO ORDER AND ROLL CALL: The meeting was called to order by Chairman Tim Kubly. Roll - Present: Cheryl Bystry, Mary Deininger, Deb Hutchinson, Tom Kelly, Chuck Koch, Tim Kubly, Robin McLeish, Ron Spielman, Rob Jacobson, Marge Klinzing, Matt Skibba, and Elizabeth Sorn.
Absent: Mickey Beam

B. READING OF THE MINUTES: The November 2021 meeting minutes were read. Mary Deininger made a motion to approve the minutes, and Tom Kelly seconded the motion.

C. APPROVE THE FINANCIAL STATEMENT: The December 2021 financial statement was reviewed. Tom Kelly made a motion to approve the financial statement, and Chuck Koch seconded the motion.

D. APPEARANCES BY THE PUBLIC:
Larry Koschkee attended the meeting.

E. BUSINESS:

1. Presentation on Tree Ring Project by Paul Beach:

Paul Beach brought in a piece of the old tree that stood outside of the Senior Center for over 150 years. Unfortunately, the tree succumbed to disease, and we had to remove it. Paul Beach would like to create a display with a portion of the trunk of the tree. As each ring represents each year in the life of the tree, Paul would like to work with Elizabeth to create a “timeline” on the tree to show when various changes were made to the building and the land. The Board agreed that it is a great idea, and they look forward to seeing it.

2. Presentation on Space Needs Study Results by Patrick McGowan:

Patrick McGowan, of McGowan Architecture, did a presentation to the Board on the Space Needs Study results. After much discussion, the Board agreed to have Rob and Elizabeth meet with Patrick to continue working on further refinement of the plan.

F. ADJOURNMENT: Tom Kelly made a motion to adjourn, and Mary Deininger seconded the motion.

On Voice Vote Motion was carried

NOTE: The Senior Center Board of Director's February meeting took place after the March newsletter was transmitted. The February minutes will be included in the April newsletter, and they will be posted on the bulletin board at the Senior Center.

MARCH MADNESS

FACEBOOK LIVE CLASSES

Bridget is teaching classes LIVE on Facebook for the month of March! And, she'll have a special LIVE TRIVIA on St. Paddy's Day! Be sure to join her at our Facebook Page: BEHRING SENIOR CENTER CITY OF MONROE.

Exercise Class Schedule

- FITNESS FIRST - MONDAY at 8:30am
- BALANCE YOGA - TUESDAY at 9:30am
- FUSION - WEDNESDAY at 10:45am
- YOGA - THURSDAY at 11:45am

Trivia

THURSDAY,
MARCH 17th
1:30pm



17



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The Behring Senior Center offers Foot Care with Julie several Tuesdays per month from 8am to 4pm.

The cost is \$42.00, and you pay Julie at the time of your appointment. Your feet will be soaked, your toenails will be clipped, and rough areas will be exfoliated. You'll also get a mini leg & foot massage, as well as a refreshing lemon mist.

Call us at (608) 325-3173 or stop by the Front Desk to make an appointment.

If you need to cancel your appointment, PLEASE CALL 24 HOURS IN ADVANCE so we can fill your spot with someone on the waiting list.

2022 Schedule

MARCH 15, 22, 29
APRIL 5, 12, 26
MAY 10, 17, 24
JUNE 7, 21, 28
JULY 12, 19, 26
AUGUST 9, 23, 30
SEPTEMBER 6, 13
OCTOBER 4, 11, 25
NOVEMBER 1, 8, 15, 29
DECEMBER 13, 20, 27

608-325-3173

CHAIR MASSAGE

with Melissa Kieler of Healing Notes

2022

March 4, 18
April 1, 15
May 6, 20



608-325-3173

Melissa Kieler is a Massage Therapist at Healing Notes here in Monroe. She offers Chair Massage at the Senior Center on Fridays from 9:30am to 1pm. **The cost is \$20.00 for a 20-minute session, and you will pay Melissa directly the day of your appointment.**

She accepts cash or check.

Call us at (608) 325-3173 or stop by to set up a Chair Massage appointment

If you need to cancel your appointment, PLEASE CALL 24 HOURS IN ADVANCE so we can fill your spot with someone on the waiting list.

Winners!



HIDE-AND-SEEK

JOYCE FLANNERY

**Found on the Back Cover*

PUNCH CARD DRAWING

JOANNE HARE

Congrats!



TAX ASSISTANCE

AARP Tax Assistance is available through the Green County ADRG. Space is limited, and you must call to make an appointment. Please call (608) 328-9499 to set up an appointment.

NOTE: The Behring Senior Center does not handle tax appointments.

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MARCH 2022

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Behring Senior Center Endowment Fund



If you would like to learn more about making a donation to the Senior Center Endowment Fund or the Friends of the Behring Senior Center Fund, please contact the Community Foundation of Southern Wisconsin or the Behring Senior Center . The Foundation can also assist you with estate giving and gifts of stock or property. The Community Foundation is located on the West side of the square. Donations made to the “Senior Center Endowment Fund” are a great way to support the Senior Center for years to come as only the earnings from the money are used, the principle is never spent. Over the next several years the Senior Center will be focusing on growing this fund and improving the financial stability of the Senior Center.

Donations can also be made to the “Friends of the Behring Senior Center.” The Friends Group is a separate fund for the Senior Center that is not connected to the City of Monroe. The money in the Friends Group is primarily used for programs and special events at the Senior Center. Both funds are held by the Community Foundation of Southern Wisconsin.

For more information on these funds, please call Linda Gebhardt at the Community Foundation of Southern Wisconsin at (608) 325-4060 or Elizabeth Sorn at the Behring Senior Center at (608) 325-8890.