Christ the King

Catholic Church

Rev. Erik Pohlmeier, Pastor
frerik@ctklr.org

Rev. Bhaskararao Malapolu, Associate Pastor
frbhaskar@ctklr.org

Rev. Taryn Whittington, Associate Pastor
frwhittington@ctklr.org

Deacons

Matt Glover, Don Greenway, Danny Hartnedy
Bo McAllister, Richard Patterson,
and Mike Rector

Masses

Daily 12:00 Noon.
Saturday 4:00 p.m. and 5:30 p.m.
Sunday 8:00 a.m., 9:30 a.m., 11:00 a.m.,
12:30 p.m., & 6:00 p.m.

Church Office

4000 N Rodney Parham Rd, Little Rock, AR 72212
Office—501.225.6774 or Fax 501.225.7169
Hours—M-F 8:30 a.m. to 4:30 p.m.
Website: www.ctklr.org

Sixth Sunday in Ordinary Time — February 14, 2021

Welcome to Christ the King Church!

We welcome you to our parish family and hope that you will join with us as we grow in our faith. If you have not yet registered, please stop by the Church Office or complete a registration form online at www.ctklr.org.

Sacrament of Penance

Celebrated in the Church Reconciliation Room
Saturday 11:00 a.m.—12:00 Noon
Monday—Friday at 5:00 p.m.

Marriage

Contact a priest of the parish at least six months prior to the planned marriage date.

Baptism

Call the Church Office.

Morning Prayer—Liturgy of the Hours

Temporarily suspended

Visits to the Sick and Homebound

Arrangements may be made for family members who are ill or confined to receive the Eucharist on Sundays. For more information, call the Church Office.

Bulletin Deadline

The absolute deadline for all bulletin articles is 4:30 p.m. ten business days prior to the date of publication. Please send articles to parishsecretary@ctklr.org.

Adoration Chapel

To access our chapel go to: ctklr.weadorehim.com to register for the code. Our chapel is accessible 24 hours a day.

Christ the King has office space available for lease in the south Ministries Building.

Located on the 3rd floor there is approx. 10,000 s.f. of usable office space which can be divided.

For additional information or to schedule a time to view, please contact:

Teri Tribby
ttribby@ctklr.org
or
Jackie Kaufman
jkaufman@ctklr.org
(501) 225-6774

Christ the King Catholic Church

MOMS Pantry

Food Donation Program

Thank you for participating in MOMS Pantry for the poor. Simply purchase one or as many items as you would like to donate and bring them to the church the weekend of **February 20-21, 2021**

This month's collection will benefit
Helping Hand of Greater Little Rock.

Items needed:

Canned Green Beans	Canned Fruit-100% juice
Canned Corn	Canned Tuna or Chicken
Canned Soup	Peanut Butter
Canned Beans	Cereal
Diapers Sizes 4 & 5	Baby Wipes
Mac N Cheese	Individual Animal Crackers

Please use PAPER SACKS
(They are environmentally friendly and sturdier, but we will still take your donation in plastic bags.)
THANK YOU FOR YOUR HELP!

Drive Thru

KNIGHTS OF COLUMBUS®

Lenten Season Fish Fry's

The following Friday's
February 19th
February 26th
March 12th

Time: 5-7:00 p.m.
Where: CTK Family Life Center
Drive Thru and Carry out only
Cost: $10 A Plate

Benefits: Charitable works of the Knights of Columbus, Council 10167

Fish Fry

Fried Catfish
French Fries
Cole Slaw
Hushpuppies
Dessert

Carry Out

Pray for the Sick and Suffering

Let us pray that the healing power of Jesus rest on all who are in need and especially for:

Mary Drake	Hailey MacFarlane
Donna Walls	Ann Marie Doyon
Alexander Curole	Janet Davis
Katheen Jasinski	Carol Mulach
Lee Kinnebrew	Virginia Carey
Autumn Wilder	Sharon Renick
Jean West	Tim Lewallen
John Latham	Frank Pohlkamp
Marilyn Lewallen	Robert Summers
John Hennelly	Owen Murphy
Robert Bays	Elizabeth Bays
Barbara Yada	Peyton Bishop

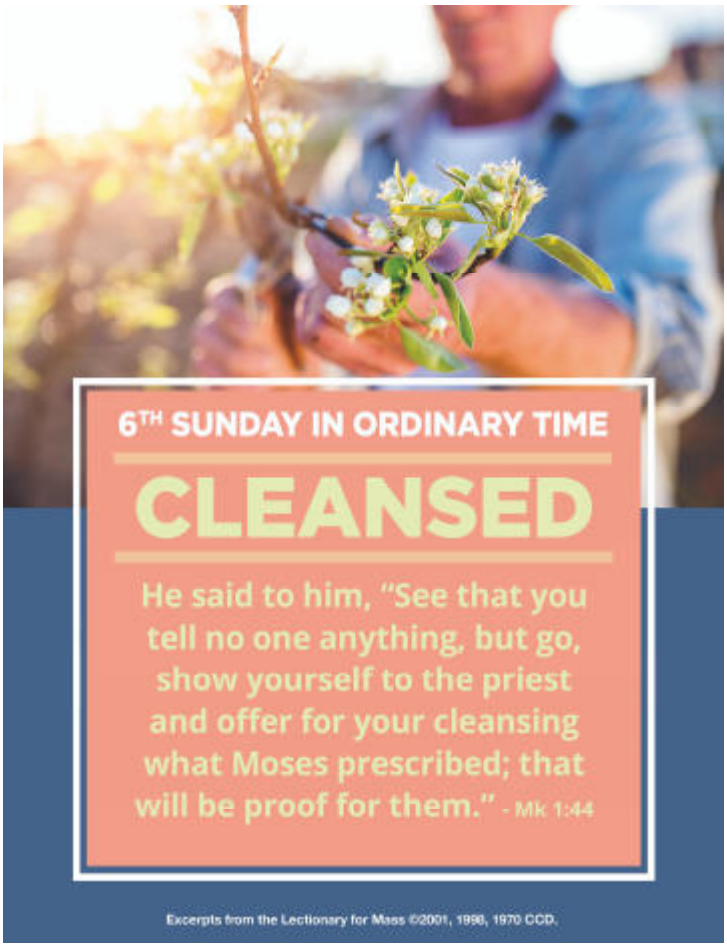
Pray for the Faithful Departed

For all those who have died, that they may see the face of God especially Sharon Beers, Jerry Scott, and Tina Selakovich

Prayer for Vocations

Today's Gospel says that: "Jesus was moved with pity, when He saw a leper," Are you moved with love or pity when you see the outcast of today's society. Who will come forward to minister Christ today?

Please pray for our Seminarians:
Deacon Brian Cundall,
Deacon Ben Riley, Daniel Wendel,
Christopher Elser and Sam Ray.



The Church will be open daily from 6:30 am until 6:30 pm. The Adoration chapel is open, please only 4 people at a time. The Mass is live streamed Monday thru Friday at Noon, Saturday at 4:00pm and Sunday at 9:30 am. Please see our website (ctklr.org) for the link to Mass and other information.

Catholic Charities of Arkansas is preparing to conduct COVID-19 vaccination clinics at 4 parishes in central Arkansas. The possible timeframe for these clinics will be late March to mid-April. In preparing for these clinics, we are seeking healthcare professionals who are licensed to give shots to volunteer to help with these clinics. If you are interested in assisting, please contact Liz Tingquist at the Diocese of Little Rock, ltingquist@dolr.org or call (501) 664-0340, ext. 333.

Christ the King Catholic Church Bookstore Is Open AGAIN!

4000 N Rodney Parham Road

located just inside our Family Life Center

Hours: Tuesday 12 noon to 5 pm

Wednesday 11 am to 4 pm

Thursday 10 am to 3 pm.

Phone: 501-228-0917

We will continue to take customer visits by appointment during non-operating hours

Please contact the church office at 225-6774

We will continue to abide by Department of Health guidelines and will ask customers to social distance and wear masks at all times.

Thank you for your patience

ONE CHURCH

UNITE ARKANSAS IN FAITH AND MISSION

The diocesan initiative One Church invests each year in a small mission church in our diocese that needs a leg up to become a thriving community. The 2020-2021 partner is St. Bartholomew Church in Little Rock.

All funds donated to One Church for the next 12 months will help the parish build a new Parish Life Center, which they currently do not have.

Please pray for this project and give today.

To give or for more information:

dolr.org/one-church

Ash Wednesday Mass Times

7:00 am

Noon

5:00 pm

7:00 pm

THE MISSION MINISTRY

Visit our Mission Website to find volunteer opportunites, donation lists, and the latest Mission News www.ctkmission.org

Thank you for your generosity!

First Saturday Mission Workday

Our next workday is March 6th

Please join us in this parish-wide day of service

ctkmission.org/firstsaturday

Volunteers Needed

Here's how you can help

- Mission Correspondence
- Abba House Liaison
- One Church Committee
- First Saturday Volunteer

Power Hour Volunteers Needed

These are ways to give an hour of your time to help our Mission Ministry

- Deliveries
- Prayer Team
- Rosary Bags
- HOPE Sack Supply Packs
- Food Inventory

For more info, please email Betty Jo at mission@ctklr.org

HOPE CART LIST February

Abba House
Canned Food

AR Pregnancy Resource Center
Diapers & Wipes

Jericho Way
Shampoo
Conditioner
Socks

Pax Christi Little Rock
Laundry Detergent
Floor Cleaner

Dorcas House
Soap & Deodorant

The complete HOPE Cart List is posted above the HOPE Carts and at ctkmission.org

One for ONE CHURCH

UNITE ARKANSAS IN FAITH AND MISSION

What's your One for One Church?

Pick up a One Church Box in the vestibule and check out the ideas inside!

Tax Letters

Tax letters for donations made to Christ the King Catholic Church during 2020 will be emailed (if we have a current email address on file) or mailed to you during the week of January 25, 2021. If you do not receive a tax letter from us, please contact the church office at 225-6774 ext. 226 to request a tax letter. We appreciate you providing to us your latest email address as this helps reduce the parish mailing costs. Thank you and God Bless.

The Nursery is Open

No reservation needed. *Please note that the nursery will be operating at a limited capacity and is first come first serve.*

4:00pm Mass: 7 children
9:30am Mass: 18 children
11:00am Mass: 7 children
6:00pm Mass: 6 children

All children must have a registration form and waiver before entering the nursery.

Please email ctknursery@ctklr.org for more information.

Little Rock Scripture Study

Lenten Scripture Study

"Season of Transformation"

Monday evenings 7:30 - 8:30 PM
February 22 – March 15
or
Wednesday mornings 9:00 -10:00 AM
February 24 – March 17

Join us on ZOOM for this 4 week Lenten Study.

To sign up or for more information contact
Fred Woell, 501-225-9287
(ftwoell@sbcglobal.net)

CRS Rice Bowls

Join our faith community—and more than 12,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family's CRS Rice Bowl from Church. During the 40 days of Lent, we will reflect on how hunger and malnutrition affect our human family, and on the need to take action to end this global injustice. Visit crsricebowl.org to learn more.

Are you interested in the Catholic faith?

The Rite of Christian Initiation of Adults (RCIA) is a journey to conversion. This is the process by which those never baptized or those baptized in another Christian tradition become members of the Catholic Church.

2020-2021 RCIA CLASS

Next Class: Wednesday, February 24
Topic: Catholic Social Teaching
Time: 6:30 PM
Where: Family Life Center Banquet Room
Questions: Contact Patty Martin
ctkrcia@ctklr.org

Invite a friend!

Monsignor Hebert Endowment Fund

Provides needs based scholarship to families in our parish whose children attend Christ the King Catholic School. To qualify for these scholarship funds, you must be an active parish family who supports Christ the King Church.

Interested applicants may find the application by accessing your CTK School FACTS account and searching for the Grant and Aid module. You should complete the online application and upload your 2020 Tax Return before the deadline of April 30, 2021. There is an application processing fee that is payable directly to FACTS. Decisions about awards are usually made by the end of May. Make sure you let us know if your financial situation has been affected by COVID 19 by indicating this in the application. If you are interested in applying, call Jackie Kaufman in the finance office at 501-225-6774 ext 224 or email jkaufman@ctklr.org for more information. Thank you.

Around the Diocese & Community

Project Rachel

This lent, make peace with your past. Come back to God, who is Love and Mercy. Project Rachel Ministry. There is Forgiveness and hope after abortion. Call or text: 501-663-0996. Confidential. Non-judgmental

Part-Time Receptionist/Switchboard Operator at St. John Catholic Center

The Diocese of Little Rock has a job opening or a part-time Receptionist/Switchboard Operator at St. John Catholic Center. The position requires fluency in English and Spanish and the availability to work 2-3 week days each week from 8:30 am to 5:00 pm. To apply, please email a cover letter and resume to Paula Lattanzi, Human Resources Specialist, at plattanzi@dolr.org.

Little Rock Career Transition Group:

Our Lady of Holy Souls Catholic Church offers a virtual career transition group for those who are unemployed or underemployed. The group is open to all denominations of faith. The group will: (1) provide a spiritual network for the unemployed/underemployed, (2) will introduce tools and techniques in the job search, and (3) will provide networking opportunities for those unemployed/underemployed. The group will meet via Zoom on the 2nd and 4th Wednesday on the month at 7:30 p.m. For those interested in joining the group, please email lrcareertransition@gmail.com.

Church & School Directory

CHURCH OFFICE — 501-225-6774

Parish Secretary/Facilities Scheduling
Catherine Cole ..... Ext. 221
Administrative Assistant to the Pastor
Patty Barnett ..... Ext. 223
Parish Data
Susanne Parker ..... Ext. 222
Parish Finance Officer
Jackie Kaufman ..... Ext. 224
Assistant Finance Officer
Carol Wold ..... Ext. 226
Director of Fundraising
Mary Catherine Burney ..... Ext. 225
Facilities Manager
Lann Smith ..... Ext. 229
Music Director
Dr. Kevin Forte ..... Ext. 261
Director of Parish Life & Outreach
Teri Tribby ..... Ext. 228
Director of Faith Formation
Greg Donaldson ..... Ext. 284
Assistant Director of Faith Formation
Nila Cassandra ..... Ext. 283
Director of Senior Ministry
Susan Baldwin ..... Ext. 250
Youth Director
Bevie Davies ..... Ext. 260
Associate Youth Director
Becky Ridgeway ..... Ext. 262
Director of Nursery/Mother's Day Out
Katherine Mentzer 225-0711

PARISH COUNCIL
Sam Harris 224-6186
Brian Provencher 868-1081
Rick Edwards 224-3605
Debbie Harris 993-4933
Shelly Quick 350-5523
Judd McDaniel 725-4960
Lori Wilbur 317-409-3114

Parish Council Meetings are held on the second Tuesday of each month at 5:30 p.m. in the CTK Ministries Building unless noted otherwise.

SCHOOL OFFICE — 501-225-7883

Principal
Kathy House 225-7883
Assistant Principal
Paige Coppola 225-7883
Pre-K Director
Vicke Kordsmeier 225-7883
Development Director
Jennifer Reynolds ..... Ext. 246
Secretaries
Diane McDaniel ..... Ext. 236
Cynthia Roberts ..... Ext. 245
After School Care
Kenzie Cundall ..... 225-6774 Ext 253
CTK School Board of Education
Eddie Carle .....

Parish Groups & Organizations

Adult/Youth Faith Formation
Greg Donaldson ..... 225-6774 Ext. 284
Boy Scouts/Girl Scouts
Steve Foley 442-6477
Bridge Marathon
Carol Mulach 851-1477
Bookstore
Sandy Petkovsek 228-0917
Building Bright Futures
Jerry Mulach 851-1477
Mike & Pam Halter 680-5541
Called to Care Orphan Ministry
Tabitha McNulty 786-7808
Candle Ministry
Sherrie Sandor 821-2158
Confirmation
Greg Donaldson ..... 225-6774 Ext 284
C.Y.M. (Catholic Youth Ministry)
Bevie Davies ..... 225-6774 Ext 260
Endowment Fund
Cooper Meeks 978-7792
Faithful Friends
Vicki Kovaleski ..... vicki.kovaleski@gmail.com
Evelyn Menz ..... ewmenz@swbell.net
Garden Angels
Patty Wingfield 352-4261
Greeters
Cynthia Brown ..... cmbsail@gmail.com
Grief Support Group
Deacon Mike Rector 501-681-8137
KAIROS & Prison Ministry
Sharon Robinette 590-4938
Knights of Columbus Council 10167
David Segovia 501-607-1184
Marriage Encounter
Tad & Annette Marvin 681-9207
Martha's Meals (Following CTK Funerals)
Teri Tribby ..... 225-6774 Ext 228
Men of Faith
Jim Drake 501-804-7724
Mission Office
Betty Jo King ..... 225-6774 Ext 282
MOMS Pantry
Deana Luyet 425-3552
Natural Family Planning
Tyler and Erin Boelkens 501-231-9153
Our House Cooks
Peggy Casey (Team 1) 227-6631
Katie Battreal (Team 2) 831-3240
Perpetual Adoration
Alison Nicholas 225-0276
Primetimers/55+ Adults
Susan Baldwin ..... 225-6774 Ext 250
R.C.I.A. (Rite of Christian Initiation for Adults)
Greg Donaldson ..... 501-225-6774 Ext 284
Respect Life Committee
Dale Flamand 501-615-5206
Rexfest
Mary Catherine Burney ..... 225-6774 Ext 225
Rosary Makers
George Toombs 247-1077
Scripture Study
Tammy & Fred Woell 225-9287
Usher Ministry
Bob Price 868-8030
Marvin Boyd 804-1284
Vocations Committee
Conrad Battreal 225-6814
Walking With Purpose
Kim Spellins 425-7221

This Week's Readings

Readings for the Week of February 14, 2021

Sunday: Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 [7]/1 Cor 10:31—11:1/Mk 1:40-45

Monday: Gn 4:1-15, 25/Ps 50:1 and 8, 16bc-17, 20-21 [14a]/Mk 8:11-13

Tuesday: Gn 6:5-8; 7:1-5, 10/Ps 29:1a and 2, 3ac-4, 3b and 9c-10 [11b]/Mk 8:14-21

Wednesday: Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17 [cf. 3a]/2 Cor 5:20—6:2/ Mt 6:1-6, 16-18

Thursday: Dt 30:15-20/Ps 1:1-2, 3, 4 and 6 [Ps 40:5a]/Lk 9:22-25

Friday: Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 [19b]/Mt 9:14-15

Saturday: Is 58:9b-14/Ps 86:1-2, 3-4, 5-6 [11ab]/Lk 5:27-32

Next Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15

@Liturgical Publications Inc

Mass Intentions

Saturday, February 13
11:00 a.m. Confessions Heard
4:00 p.m. Corky Keys
5:30 p.m. Amelia Harper

Sunday, February 14
8:00 a.m. Jim Looney
9:30 a.m. Theresa and Wuse Cara
11:00 a.m. Dr. Tony Council
12:30 p.m. For All Parishioners
6:00 p.m. Renato Gamboa

Monday, February 15
12:00 p.m. Dr. Raymond Medler
5:oo p.m. Confessions Heard

Tuesday, February 16
12:00 p.m. Mark Patrick Maguire
5:oo p.m. Confessions Heard

Wednesday, February 17
7:00 a.m. Brenda Baker
12:00 p.m. Bill Barnhouse
5:oo p.m. Edwin Barron (no confessions)
7:00 p.m. For All Parishioners

Thursday, February 18
12:00 p.m. Sam Jaeger
5:oo p.m. Confessions Heard

Friday, February 19
12:00 p.m. Rachel Rockers
5:00 p.m. *Confessions Heard*

Saturday, February 20
11:00 a.m. Confessions Heard
4:00 p.m. Beth Walters
5:30 p.m. G. Thomas Jansen

Sunday, February 21
8:00 a.m. Betty Franzetti
9:30 a.m. Carol Bricker Phillips
11:00 a.m. Jimmy Phillips
12:30 p.m. For All Parishioners
6:00 p.m. Barbara Burney

The Catholic Diocese of Little Rock is committed to protecting children and young people. If you are aware of abuse or have been abused by clerics, Church volunteers, or Church workers, please contact the State of Arkansas Hotline for Crimes against Children at 1-800-482-5964 and the Chancellor for Canonical Affairs, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. For pastoral assistance please contact the Victim Assistance Coordinator for the Diocese of Little Rock: Laura Gottsponer (501) 664-0340, ext. 425. Diocese of Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.

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They could be a sign of vein disease.
Venous reflux can cause these signs and symptoms[1]:
- Varicose Veins
- Swelling
- Itching
- Heaviness or tiredness
- Aching
- Cramping
- Restlessness
- Open skin sores

CVI Risk Factors1:
- Family History
- Lack of exercise
- Leg injury or trauma
- Prolonged sitting or standing
- Obesity or excess weight
- Current or previous pregnancies
- Smoking

If venous reflux is left untreated it may worsen over time and develop into a more serious form of vein disease called chronic venous insufficiency, or CVI.[2]
Learn more about symptoms, risk factors, and treatments at Medtronic.com/VeinDisease
References
1 Criqui MH, Denenberg JO, Langer RD, Kaplan RM, Fronek A. Epidemiology of Chronic Peripheral Venous Disease. In Bergan JJ, Bunke-Paquette N, eds. The Vein Book. New York, NY: Oxford University Press; 2013:27-36
2 Eberhardt RT, Raffetto JD. Chronic venous insufficiency. Circulation. July 22, 2014; 130(4):333-346
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