SAINT LOUIS CATHOLIC CHURCH

DIOCESE OF PEORIA ~ PRINCETON, ILLINOIS

SUNDAY, JANUARY 30, 2022

4TH SUNDAY IN ORDINARY TIME

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[He said to them], "Today this Scripture passage is fulfilled in your hearing." And all spoke highly of him and were amazed at the gracious words that came from his mouth. They also asked, "Isn't this the son of Joseph?" - Lk 4:21-22

PASTOR NOTE

I hope that all of you are staying warm and healthy. The Church has always had concern for the health of people. There are many blessings for those who are sick, most especially, the anointing of the sick for those who are serious ill.

Later this week, on February 3rd, the Church celebrates the feast of St. Blaise. I have always loved this feast day because it demonstrates the Church's love for the sick in a very specific way. On this day the Church for centuries has blessed people's throats asking for the intercession of St. Blaise to prevent any ailments of the throat.

St. Blaise was a bishop in modern-day Turkey and was martyred in 316. While he served as a bishop, he was at a dinner party. A young boy began choking on a fish bone. St. Blaise miraculously saved the little boy. Over time a great devotion to St. Blaise spread throughout the whole Church. The Church for centuries has provided a special blessing of throats on his feast day. The priest touches the person's throat with crossed candles, while saying:

> Through the intercession of St. Blaise, bishop and martyr, may God release you from all diseases of the throat and from every other illness.

On Thursday, February 3rd, I will bless throats during the regular 5:15pm Mass. For those unable to attend Mass, I encourage you to ask God to bestow this blessing upon you by simply reciting the traditional prayer above.

I also love the feast of St. Blaise because it reminds me of the Church's rich tradition of using sacramentals. Sacramentals are sacred signs by which effects, especially spiritual effects, are signified in some imitation of the sacraments and are obtained through the intercession of the Church. In other words, sacramentals are pious devotions that, drawing from the power of the seven sacraments, give grace. Sacramentals include all of the various blessings of the Church, such as: throats, consecrated religious, church buildings, and religious articles. Sacramentals also include pious activities, such as: the rosary, the Liturgy of the Hours, the Chaplets, grace before meals, and the Stations of the Cross. Sacramentals also include time honored rituals: funeral rites, visiting cemeteries, advent wreaths, and creches. The list of sacramentals is almost endless.

Sacramentals draw each person into deeper holiness of life by acts of piety that provide actual graces which draw from the grace of the sacraments through the intercession of the Church. I encourage you to fill your life with the sacramentals of the Church which will bring you many blessings.

NOURISHED IN SPIRIT BY MSGR. KRUSE

Actual grace is available through personal prayer, meditating on the scriptures, obeying the magisterium, doing works of charity, reading about the saints, going on retreats, making pilgrimage, attending Catholic school, and so on. But, most of all, His gifts of actual grace are bestowed through the sacraments, especially the Holy Eucharist. The Eucharist is actual grace, par excellence. Whenever, we participate in the Mass or other activities of the Church, we receive actual grace. It strengthens our relationship with God and enables us to be holy and avoid evil. So, it only makes sense: the more we choose to participate in the life of the Church, the more actual grace we receive and the greater our opportunity for growing in holiness. Through the Church, Jesus drenches us with the loving gifts of God. He freely chooses to fill His Church with actual graces. Abundant grace is there waiting for us to choose it!

Our Lord's clearest moments of bestowing actual grace are through the life and activity of the Church. However, He can give us gifts throughout our day. Many times these gifts may not immediately appear to be His gift of actual grace. Only later, may be recognize the presence of grace. During moments of temptation, He may stir our memory reminding us about right and wrong. He may interrupt our plans by placing people or things in our path that may stir our hearts to choose the good. He may give us an opportunity to do something good for someone. He may help us find a lost article. He may give us the right words when we give correction or advice. He may inspire a sense of guilt prompting us to repent. He may empower us to forgive. He may allow us to endure sufferings. God is constantly giving us actual grace and waits for us to use it.

Open your eyes and start observing the gifts of actual grace. They are most present in His Church and also available throughout the day. You can ask for actual grace. Prayer is really the request for actual grace. God wants so much to help us. Most gifts, He will give us without our asking. But, many things, He will only give us gifts if we take the time to ask, or take the time to participate in the life of His Church. Remember that Jesus said, "Ask and you shall receive. Seek and you shall find. Knock and the door will be opened to you." (Mt. 7:7).

I think all of today's discussion can be summarized in my conversation with a good friend of mine. She once told me that each day she offers a prayer to God: "Lord, Jesus, you love me so much. Spoil me today!" Such simplicity! Such trust! Such child-like love! We can be the same. Open your heart and start reaching out to the abundant presence of actual grace. Let God spoil you!

Parish Staff		Mass Intentions	
Pastor	Msgr. James E. Kruse, JCL		
	jameskruse1996@gmail.com	Monday, Janua	ary 31 St. John Bosco, Priest
Deacon	cell: 309-634-5822 John Murphy	7:00 am	+Anthony Carr by Chris & Brenda Carr
Deacon	Wk: 664-1155/Hm: 646-4723		
Trustees	Dan Legner	Tuesday Febr	uary 1 <u>Weekday</u>
	Mary Paula Schmitt	5:15 pm	+Lori Biggs by Tim & Julie Puhr
Admin Assistant Business Manager	Paula Lough Renee Toomey	4-5:00 pm	Holy Hour
Dusiness Manager	Kenee Toomey	4 - 3.00 pm	Tioly Hou
Special Projects/	Susanna Prushinski		
RCIA Coordinator	stl.susannaprushinski@gmail.com	Wednesday, Fe	ebruary 2 <u>The Presentation of the Lord;</u> World Day for Consecrated Life
Religious Ed Coordinator	Rebekah Mead	7:00 am	+ Josephine King
Maintenance	stl.rebekahmead@gmail.com		by Tim & Kathy Hermeyer
Janitor	Tim Hermeyer Emily Smith		
·		*Thursday, February 3 St. Blaise, Bishop and Martyr;	
<u>Parish Office</u>			St. Ansgar, Bishop
	Blvd., Princeton, IL 61356	5:15 pm	+Christine Jordan Kalil
	Monday—Friday 8am-1pm	erre più	by Tim and Julie Puhr
Phone: (815) 879-0181 E-mail: stlparishoffice@gmail.com		4-5:00 pm	Holy Hour
Website: w	ww.stlouisprinceton.org	4-5.00 pm	Hory Hou
YouTube Channel: youtube.com/user/stlouisprinceton		Friday, February 4 <i>First Friday</i>	
FaceBook Page: www.facebook.com/stlouisprinceton			
Keep in touch with us via email or text Text SLP To 84576 or Connect with us online at stlouiscatholicchurch.flocknote.com		7:00 am	+Mary Miller by Bill & Sue Phalen
			Vigil of the 5th Sunday in Ordinary Time
		4:00 pm	+Bill Simon by Family
Readings for the week of January 30, 2022		Sunday, February 6 5th Sunday in Ordinary Time	
Sunday: Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17/		7:30 am	+Marie Uher by Joann Bowman
1 Cor 12:31—13:13/Lk 4:21-30		9:00 am	+ Joan Kunkel by Family
Monday: 2 Sm 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5, 6-7/Mk 5:1		10:30 am	People of the Parish
-20 Turanda a 2 Gaz 190 10 14h 24 25h 20 - 10/2/Da 96/1 2 2 4		*Blessing of th	ne Throats will take place at Mass on
Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Ps 86:1-2, 3-4,		Thursday, Febr	ruary 3rd
5-6/Mk 5:21-43 Wednesday: Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-			-
40		SEM	INARIAN SPOTLIGHT
Thursday: 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a,			
12bcd/Mk 6:7-13			Thommy Williams
Friday: Sir 47:2-11/Ps 18:31, 47 and 50, 51/Mk 6:14-29			Born 3-21-02. Class of 2028
Saturday: 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34			Immaculate Heart of Mary Seminary
Next Sunday: Is 6:1-2a, 3-8/Ps 138:1-2, 2-3, 4-5, 7-8 [1c]/1 Cor		1 25	750 Terrace Heights, Winona,
15:1-11/Lk 5:1-11			MN 55987 Background: He grew up in Wataga.
			He is a lifeguard and likes scuba
TIADDV ANNIVEDGADV			diving. Immediately after high



CONGRATULATIONS to Thomas and Peggy Carr celebrating their 50th Wedding Anniversary Married on February 2,1972



school, he entered the seminary. He says, "I first felt called to the priesthood in second grade. That same desire has struck me to this

day as I continue to pursue and discern God's will for me."



Please remember to pray for Vocations to the Priesthood and Religious Life especially from St. Louis Parish!

St. Therese, Patroness of Vocations, pray for us!

Liturgical/Volunteer Roles	ST. LOUIS PARISH SCHEDULE		
4:00 pm: Saturday, February 5th Altar Servers Gretchen & Gabby Carden Lectors Mary Paula Schmitt Sacristan Mandy Robinson Ushers Dan & Cynthia Tracy (Ushers needed—please contact parish office to vol- unteer)	MASS SCHEDULEMON,WED, FRI7:00 AMTUE, THR5:15 PMSAT4:00 PMSUN7:30, 9:00, 10:30 AM(SUN 9:00AM Live-streamed on YouTube & FaceBook)		
 7:30 am: Sunday, February 6th Altar Servers Brady Peach Lectors Margaret Martinkus Sacristan Lori Atilano Ushers Tom Ballard & Tom Tracey 9:00 am: Sunday, February 6th Altar Server Jessica Carlone, Sydney Scully Camera Operators Marty Makransky Lectors Tim Kunkel Sacristan Susanna Prushinski Ushers Tom Giehl, Dan Legner 	OUTDOOR DISTRIBUTION OF HOLY COMMUNION (AT ANDERSON ST ENTRANCE) SAT 5:00—5:15 PM SUN 10:00—10:15 AM RECONCILIATION TUE, THR 4:30—4:50 PM SAT 3-3:45 PM Or, by appointment. Call or email Msgr. Kruse to make an appointment. In order to maintain privacy, he will be in the confessional a few moments before the arranged time. 309-634-5822 jameskruse1996@gmail.com HOLY HOUR		
10:30 am: Sunday, February 6th Altar Server Emily Jaeger, Brennan Roden Lectors Patty Daluga Sacristan Tim Smith Ushers Ken Lough, Pat Mason (Additional Ushers	TUE, THR4:00 PM PRIVATE PRAYER: The Chapel is open for Private Prayer— if you need the access code please contact the parish office.		
needed—please contact parish office to volunteer)	STEWARDSHIP		
EMHC for Homebound: Chris Williams, Rita Tracey, Mary Beth Crowe, Linda Carter, Dave Lawrence, Patty Daluga	Church Monetary Support Through January 23, 2022		
Adult Funeral Server Training - Friday, February 4th at 10am. Please come if you are interest- ed in offering your time and talent to serve at funerals.	Amount Budgeted Amount Received\$ 6,500.00 \$ 6,796.00Amount Over (Under)\$ 278.00		
Parish Greenhouse We are getting ready for the 2022 growing season & wish to invite anyone interested in helping with the greenhouse operations: planting seeds, transplanting, growing maintenance, sales, & planting flowers on the Parish grounds. Meeting is planned for Saturday, Feb. 12th @ 9am in Harkrader Hall.	Fiscal Period July 1, 2021 – June 30, 2022 Amount needed to date: \$195,000.00 Amount Received to date: \$192,685.00 Over/(Under) budget to date: (\$ 2,315.00)		
Welcome to the newest members of our Catholic Christian family who were baptized on January 23rd! Mylee Sue Meusel, daughter of Jasmine Kunkel and Johnathon Meusel Ariella Marie Nowatka, daughter of Jasmine Kunkel and Matthew Nowatka	End of Year Contribution Statements BY REQUEST ONLY, 2021 contribution statements are now available. If you desire a statement to prepare your personal income tax return, please call or email the parish office, and one will be pro- vided to you. Please indicate if you would like the statement mailed to your residence, or provided electronically via email. Note: contributions made to the Annual Diocesan Appeal (ADA) will receive a separate statement directly from the Catholic Dio- cese of Peoria, in compliance with IRS require- ments for charitable giving. The faithful sharing of your "treasure" is sincerely appreciated!		

Rachel's Vineyard Retreat for healing after abortion February 25-27, 2022

Rachel's Vineyard is an extraordinary opportunity for any person who struggles with emotional and spiritual pain of past abortion(s). The weekend is a unique and effective process designed specifically to help you experience the mercy and compassion of God. There are many exercises to help you grieve your loss and an opportunity to understand and release the deep feelings of anger, shame, guilt, and grief that frequently accompanies an abortion experience. This process is extremely helpful for those who struggle with forgiving themselves or others. The weekend will help your soul find a voice, and transform the pain of the past into hope. Rachel's Vineyard is a "therapy for the soul" which combines a unique and creative process for psychological and spiritual healing. To learn more about it online go to <u>www.rachelsvineyard.org</u> or call 1-309-264-1489; to register go to <u>www.cdop.org/</u> <u>rachels-vineyard</u>. All requests are strictly confidential.

Eucharistic Adoration will be held at St. Louis Parish ALL HOURS during the weekend of February 25-27, beginning at 7p.m. on Friday and ending at 7a.m. on Sunday. This extended period of adoration will coincide with the **Rachel's Vineyard Retreat** for healing after abortion that will be taking place during the same hours, at a separate location. Please consider spending an hour with our Lord in prayer asking for God's healing graces for the men and women attending this retreat. Signup sheets are available in the foyer of Harkrader Hall and on FlockNote at

stlouiscatholicchurch.flocknote.com/signup/80072

Please sign up early so that we can fill all the hours! For more information, please call the parish office at 815-879-0181.

WINE AND CHEESE PARTY

HARKRADER HALL SATURDAY, FEBRUARY 5TH 7PM

All are invited including non-parishioners to join us for fellowship. A time to renew old friendships and make some new ones. Appetizers, wine, beer and soda will be provided.



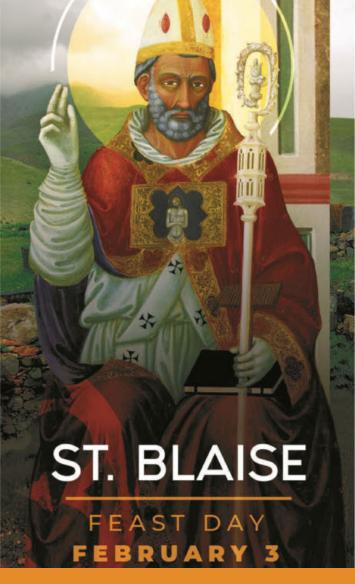
(must be 21 or older to attend)

CATHOLIC Forum - Q&A



Please join us for the next Catholic Forum on <u>Sunday, February 6th at</u> <u>6:30pm at Harkrader Hall.</u> Everyone is invited to meet for a Question/ Answer session about any faith topic. Individuals ask their questions and

Msgr. Kruse attempts to provide an answer.



The Blessing of Throats will take place at the regular 5:15pm Mass on Thursday, February 3rd

A Holy Hour for Vocations: Saint Valentine's Church in Peru on Monday, February 7th 6:30pm. The Blessed Sacrament will be exposed, the Sacrament of Reconciliation will be available, and we will close with Benediction.



For ad info. call 1-800-950-9952 • www.4lpi.com