December 2021 Newsletter

The Enrichment Center

A gathering place for boomers and seniors!

400 Chapple Avenue, Ashland, WI 54806

A Note from the Executive Director

Merry Christmas and Happy New Year!

Here we are at the end of another year. This year has been quite the challenge, but we made it and we are so happy and grateful to be open and hearing your laughter is music to our ears. Here's to a ton of more laughter in 2022!

On December 9th, 2021, we will be having our Annual Holiday Meal. It is so yummy. We would like to continue on the tradition of our 3rd Annual (minus the covid year) Ugly Sweater Contest. Who will be this years winner. Prizes will be awarded for 1st, 2nd & 3rd Place. Can't wait to see all of those crazy sweaters!

Are you looking for the perfect gift for that special someone in your life. Well, I have just the idea for you. Come in an get your loved ones a membership to the center. We have lots of fun and would love to have you join us. Cost is only $20.00 per person or $30.00 for a couple. Stop in and talk to Danielle to sign up.

Just a reminder now that winter is here, if the schools in Ashland are closed due to weather then the Enrichment Center, Bargain Hut and the Ashland County Aging Unit will also be closed.

The Enrichment Center, the Bargain Hut and the Ashland County Aging Unit will be closed on December 23rd, 24th and 31st of December (Bargain Hut will be open on 31st) along with January 1st to spend the holidays with their families.

The Enrichment Center and the Bargain Hut would like to wish everyone a very Merry Christmas and Happy New Year! Well, we made it through 2021. Here's to hoping 2022 can only get better and Covid will be a thing of the past.

Until next time……

Danielle

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The Enrichment Center
400 Chapple Avenue Ashland, WI 54806
Phone: 1-715-682-2776 Fax: 1-715-682-0190
E-mail: dlgreene745@yahoo.com
Hours:
Monday—Friday 8:00am to 4:30pm
The Bargain Hut
1-715-682-8522

Mission Statement

The Enrichment Center provides a home away from home atmosphere for people 50 or older to meet new friends, participate in activities, exercise and find a comforting and caring environment.

Executive Director
Danielle Greene
Bargain Hut Supervisor
Hope Engen
Janitor
Kevin Greene

Board of Directors

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Mary Bartol	Secretary
Carllyn Dulitz	Mark Mountain
Tammy Kurtz	Glenn Samuelson
Dawn Homich	Ryan Long
Kristy Ledin	John Manno

Our meetings are bi-monthly and held on the third Wednesday of the month at 1:30pm. Everyone is invited to attend.
If you would like to become a member of the Board of Directors, please contact Danielle at 1-715-682-2776.

Membership

Anyone who is 50 or older can become a member of the Enrichment Center, Inc. for a membership fee of $20.00 a year.

Tenants of the Enrichment Center

Ashland County Aging Unit - 1-715-682-4414
Executive Director—Mel Harvey
Administrative Assistant—Mary Westlund
Clerical Assistant—Mallory Jolma
Benefit Specialist—Amy Janecek
Faith In Action Coordinator

Oops, I Goofed

Occasionally there may be an error in days, times, registration dates or fees in the newsletter. When such errors occur, we will do everything possible to correct the situation promptly. We thank you for your patience and understanding when these situations arise.

We Are On Facebook

The Enrichment Center and the Bargain Hut are on Facebook, so check us out. When you like our pages, you will be able to see photos of our recent events and updates on our activities.

Check out our Website

Check out our new and improved website at
www.ashlandenrichmentcenter.org.

Memory Café

The Memory Café is an opportunity for fellowship for people living with memory loss, Alzheimer's & other related dementias and their care partners to enjoy regular, social-interaction with others to laugh, to learn, and create community.

What You Can Expect:

- **Social connection with others having similar experiences**
- **Informal, Relaxed Environment**
- **Fun, Engagement & Laughter**

When:
3rd Tuesday of the Month
9:30 AM - 11:00 AM

RSVP:
Call Ellie
715-682-7004 x153

Join us December 21st for Christmas Stories, Hot Coco, and Winter Fun!

at The Enrichment Center
400 Chapple Ave, Ashland, WI 54806

ADRC

Laughter for All!

Dwight Nelson recently told a true story about the pastor of his church. He had a kitten that climbed up a tree in his backyard and then was afraid to come down. The pastor coaxed, offered warm milk, etc.

The kitty would not come down. The tree was not sturdy enough to climb, so the pastor decided that if he tied a rope to his car and pulled it until the tree bent down, he could then reach up and get the kitten.

That's what he did, all the while checking his progress in the car. He then figured if he went just a little bit further, the tree would be bent sufficiently for him to reach the kitten. But as he moved the car a little further forward, the rope broke.

The tree went 'boing!' and the kitten instantly sailed through the air - out of sight.

The pastor felt terrible. He walked all over the neighborhood asking people if they'd seen a little kitten. No. Nobody had seen a stray kitten. So he prayed, 'Lord, I just commit this kitten to your keeping,' and went on about his business.

A few days later he was at the grocery store, and met one of his church members. He happened to look into her shopping cart and was amazed to see cat food. This woman was a cat hater and everyone knew it, so he asked her, 'Why are you buying cat food when you hate cats so much?'
She replied, 'You won't believe this,' and then told him how her little girl had been begging her for a cat, but she kept refusing. Then a few days before, the child had begged again, so the Mom finally told her little girl, 'Well, if God gives you a cat, I'll let you keep it.' She told the pastor, 'I watched my child go out in the yard, get on her knees, and ask God for a cat. And really, Pastor, you won't believe this, but I saw it with my own eyes. A kitten suddenly came flying out of the blue sky, with its paws outspread, and landed right in front of her.'

Attending a wedding for the first time, a little girl whispered to her mother, "Why is the bride dressed in white?"
"Because white is the color of happiness, and today is the happiest day of her life," replied her mother.
The child thought about this for a moment, then said, "So why is the groom wearing black?"

Bernard, who is noted for his gracious manners, was awakened one morning at 4:40 a.m. by his ringing telephone.
"Your dog's barking, and It's keeping me awake!" yelled an angry voice.
Bernard thanked the caller and politely asked his name and number before hanging up
The next morning at precisely 4:40 a.m., Bernard called his neighbor back and said, "Good morning, Mr. Williams. I just called to say that I don't have a dog."

Happy Birthday!

Dec. 1st	Joe Hocking
Dec. 4th	Pete Bartol
Dec. 7th	Fran Steen
Dec. 9th	Jean Yoshikane
	John Radloff
	Carole Samuelson
Dec. 13th	Pete Petrin
	Debbie Meintz
Dec. 14th	Shirley Storasta
	Janelle Maday
Dec. 16th	Lloyd Orenstein
	Carllyn Dulitz
Dec 18th	Kris Sundberg
Dec 20th	July Lathe
Dec. 25th	Veronica Bebeau
	Bruce Gilles
Dec. 26th	Diane Leino
Dec. 30th	Nick Newago
	David Williams

Thank You

The Enrichment Center and the Bargain Hut would like to say a big thank you to Sam Doty who will be doing all of our snowplowing and snow shoveling this year. We are so happy to have you join our team! Here's to a great season!

Advertiser of the Month

This month we are spotlighting
Sturgal & Long, S.C.
Elder Law Attorneys
located at 522 Chapple Avenue Ste. 201
Ashland, WI 54806
For more information, please call
1-715-682-0737.

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Sturgul & Long, S.C. focuses in estate planning, nursing home planning, Medicaid planning, and asset protection. We limit our practice to these areas so we are ablt to craft sophisticated solutions to even the most complex elder law issues.

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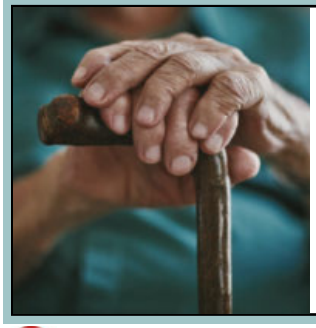

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or (800) 950-9952 x2538

COVID Policy
Effective July 1st, 2021

The Enrichment Center and the Ashland County Aging Unit serves a large population of seniors in Ashland and surrounding communities. The health and safety of our participants and staff has been the top priority throughout the pandemic and many factors were considered when determining the best procedures to help meet the needs of all of our visitors. Our participants are socially, ethnically and spiritually diverse, and some have medical disabilities, religious beliefs, or other issues that prevent them from getting vaccinated. We understand that we serve the older adult population who are at greater risk for COVID-19. We will be following guidance from Ashland County Public Health Department and will be staying up to date with the most recent recommendations and guidelines from the CDC.

The following are safety precautions we will be following at the center:

- If you are **fully vaccinated** you are not required to wear a mask when at the center. If you **have not been fully vaccinated** we ask that you wear a mask when in the building.
- Any known case of COVID-19 at the center will be reported to the Public Health Department to seek guidance and to determine further actions. Participants who may have been exposed will be contacted. If you have been **vaccinated** you will not be asked to quarantine unless you start to develop symptoms. **Unvaccinated** people will be asked to quarantine for 10 days.
- Our coffee pot is not available for use at this time and participants are asked to bring their own beverages. Participants are also asked to not bring in snacks to share at this time.
- Hand washing/sanitizing immediately before and after any activity.
- Individuals with COVID-19 symptoms will be asked to stay home and consult their doctor or local health department on recommendations on when to return.
- Hand sanitizers, masks, Clorox wipes and Kleenex will be provided at the entrance for participant's use. Of course hand washing is always your best defense against disease.
- Social distancing of 6 feet is recommended when participating in center activities.
- The center will keep track of all people attending the center each day (date, name & activity) in case there is a need for future contact tracing. If you are not a member, we ask that you leave a phone number so we have some way to get a hold of you. This will be done when you walk in the door at the sanitizing station/check in station. Attendance records will be retained for 30 days.

We want everyone coming into The Enrichment Center & Ashland County Aging Unit to be comfortable doing so. Therefore, if you are not ready, please stay home until you are.

We also want to strongly encourage an atmosphere of respect and tolerance for each other's personal beliefs and choices.

Hut Happenings!

Accomplishments for October 2021

In the month of October we had 13 volunteers who worked 287 hours with sales of $12,180.92.

Monthly Specials

Red Tag Sale—All tags with a red mark on them are 50% off December 13th through December 18th, 2021

Book Sale

All of our books will be buy one get one free (of equal or lesser value) the week of December 6th through December 11th, 2021.

Bargain Hut Gives Back Sale

Thursday, December 30th, 2021 (9:00am to 4:00pm)
Friday, December 31st, 2021 (9:00am to 1:00pm)

Due to the generous amount of donations we have received, the Bargain Hut is giving back to the community by giving select clothing & merchandise to take home at no charge. After 3 months, we are further rotating the merchandise back into the community. Whether you are a family struggling with today's economy or are just out looking for a great bargain, we have something for everyone.

What are the benefits of becoming a member of the Enrichment Center

You can take advantage of FREE GROUP PROGRAMS such as:

- Financial planning
- Avoiding identity theft
- Health insurance counseling
- Legal and estate planning consultation
- Medicare consulting
- Blood pressure and glucose screenings
- Computer security
- Home safety
- Wellness
- Programs of recreation such as bingo, card games, holiday parties, arts, and crafting.

You get special advance announcements of events, special sales, and programs.

You can access the equipment and facilities at no charge to members:

- Library
- Electronic sports equipment, e.g. Wii bowling and golf
- Pool table with pool leagues
- Wi-Fi is available
- You get a complimentary monthly newsletter highlighting health and wellness information, and other important issues, plus schedules of upcoming events.

At affordable costs you can access the following:

- Bargain Hut, which provides gently used clothing and household items (also available to non-members)
- Low cost rental equipment is available for assistance to those with physical or development disabilities

Although membership in ASCC is not required for the following, facilities on site are provided for the Ashland County Aging Unit, Inc. to conduct the following services:

- The Ashland County Aging Unit, Inc. provides available on-site information and referral to appropriate agencies, advocacy, congregate meals on site and home delivered meals, specialized transportation, benefit specialist services, counseling, and senior home repair, and caregiver information and support.
- Faith in Action support services by volunteers for senior citizens 60 years of age or older with a wide range of services designed to help them remain living independently.

If you are interested in volunteering to share your talents, opportunities to serve the Center by Board membership or for specific events are offered.

2022 The Enrichment Center
Membership Application
2022 Memberships valid January 1st, 2022 through December, 31st 2022

To join the Enrichment Center or to renew your membership, please complete this application and return it to the Enrichment Center. Membership is on-going throughout the whole year.

Please make check payable to the Senior Center.

Name(s) (both, if couple)	
Address	
City, State, Zip	
Phone Number	
Birthdate	
Emergency Contact Person	
Phone Number	
E-Mail (absolutely confi-dential)	

_____$20.00 – Single
_____$30.00 – Couple
_____$50.00 Fantastic Member

Thank you for your support of the Enrichment Center. This special membership helps with the day to day operations of the center and is very much appreciated. Your fantastic membership includes your single or couple membership along with the donation for the operations of the center.

Join or Renew by January 1st, 2022and be eligible for a chance to win a $25 Gift Certificate to the Bargain Hut!

$_____ Utility Donation

The Enrichment Center is asking for your help with the cost of utilities here at the center. Last year we spent approximately $14,500.00 in utilities We are asking for anyone willing to help, to give a donation of $25.00 or whatever you can to help with the cost of the utilities. Your donation is optional but very much appreciated.

Because the Enrichment Center is a 501(C)(3) non-profit organization, your contribution is tax deductible.

For Office Use Only

New Member _____ Renewal_____ Date Paid_____ Cash_____
Check_____ Check #_____
Utility Donation $_____ Fantastic Membership $_____

Loan Closet

The Enrichment Center's Loan Closet serves people of all ages with physical or developmental disabilities who are in need of an item for any of the following reasons:

- A person would like to try out an item before purchasing the equipment.
- A person who has a short-term need for the equipment such as a knee or hip replacement.
- A person who needs an item not covered by Medicare or Medical Assistance or private insurance and cannot afford to purchase the needed equipment at this time.

We have walkers (with or without wheels), canes (regular and 4-Prong), wheelchairs, shower chairs, bath transfer benches, raised toilet seats, commodes, crutches and extension grabbers.

Call the Enrichment Center for availability. If the item is available for rent, stop in and fill out the rental agreement and then take the equipment home with you. Please note all equipment must be returned in the condition it was rented in. The equipment is available for rent on a monthly basis for a fee of $10.00 a month for as long as you need. For more information or to rent equipment, please call 1-715-682-2776.

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A L I T E A N O L A I R E D A L E S O

R L T T G U L G D D M A L A M U T E D

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A B E W I N B A A S C U B O R G O O R

L R O P R E E L U H E O O E H W S R B

E H A E R L M N N H S P V F H I E X A

C P X M D A A A S H A E M P W I N E L

E O A O T H U C E K I U P A R E O Z C

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N P A F E L H O T A T R E I E T R J H

E N A R L E C E L E G T D P H G E U E

E E Z I R G R E Y H O U N D I C S S A

A V E D B C D N U H S H C A D K K T E

R A O P O I N T E R U G U P Y E V Q A

Word List:

SHEPHERD
HUSKY
PUG
MALTESE
CORGI
LABRADOODLE
AFGHAN
BEAGLE
MASTIFF
WHPPET
POMERANIAN
POODLE
DOBERMANN
CHOW
BOXER
PAPILLON
COCKAPOO
BLOODHOUND
MUTT
PULI
LABRADOR
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DACHSHUND
BERNESE
SCHNAUZER
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SETTER
POINTER

Fun at the Center!

Tai Chi Fun

The Enrichment Center is offering a slot for individuals interested in coming in to do their Tai Chi exercises. The room will be available on Monday, Wednesday & Fridays for the month of December from 10:00am to 11:00am. If you are interested please stop in the office and talk to Danielle. We are hoping all of the participants from the class will be excited about this. Max of 9 per class.

Cribbage

Join our Cribbage group every Tuesday at 1:30 p.m.

Pool League

Join our Pool League every Monday and Thursday afternoon at 12:30 p.m.

BINGO

- Bingo on Wednesdays & Fridays at 12:30 p.m.

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This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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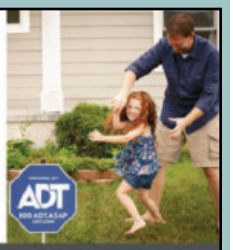

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Our services include:

- Physical, Occupational and Speech Therapy
- 24/7 RN Supervised Care
- Short Term Rehab Unit
- Wound Care Certified Nurse
- Licensed therapy staff available 7 days a week
- Respite Program
- Hospice Care
- Memory Care Unit *(Court Manor only)*

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715-682-3468 | ashlandhealthservices.com

COURT MANOR HEALTH SERVICES
911 W Third St. | Ashland, WI 54806
715-682-8172 | courtmanorhs.com

December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 10:00—Tai Chi Fun 12:30—Bingo	**2** 12:30—Pool League	**3** 10:00—Tai Chi Fun 12:30—Bingo	**4**
5	**6** 10:00—Tai Chi Fun 12:30—Pool League	**7** 1:00—Knitting Club 1:30—Cribbage	**8** 10:00—Tai Chi Fun 12:30—Bingo	**9** 12:30—Pool League	**10** 10:00—Tai Chi Fun 12:30—Bingo	**11**
12	**13** 10:00—Tai Chi Fun 12:30—Pool League	**14** 1:00—Knitting Club 1:30—Cribbage	**15** 10:00—Tai Chi Fun 12:30—Bingo	**16** 12:30—Pool League	**17** 10:00—Tai Chi Fun 12:30—Bingo	**18**
19	**20** 10:00—Tai Chi Fun 12:30—Pool League	**21** **9:30 to 11—Memory Cafe** 1:00—Knitting Club 1:30—Cribbage	**22** 10:00—Tai Chi Fun 12:30—Bingo	**23** **Closed for the Holiday!**	**24** **Closed for the Holiday!**	**25**
26	**27** 10:00—Tai Chi Fun 12:30—Pool League	**28** 1:00—Knitting Club 1:30—Cribbage	**29** 10:00—Tai Chi Fun 12:30—Bingo	**30** 12:30—Pool League **The Bargain Hut "Gives Back Sale" 9:00am to 1:00pm**	**31** **Center is Closed for the Holiday!** **The Bargain Hut "Gives Back Sale" 9:00am to 1:00pm**	

Ashland County Aging Unit Inc. 715-682-4414 x.0

Senior Nutrition Programs: *Senior Dining & Meals on Wheels*

DECEMBER 2021 MENU

MONDAY—All Sites	TUESDAY-Ashland Only	WEDNESDAY-All Sites	THURSDAY—All Sites	FRIDAY-Ashland Only
Suggested donation for age 60+ **$3.25 per meal** **Actual Cost/Guest Fee for people under 60 unless accompanied by their senior spouse is $7.00**		**1 Baked Chicken** Mashed Potatoes & Gravy Asparagus Fresh Orange WW Roll w/butter	**2 Broiled Pepper Fish** w/tartar sauce Baked Potato w/butter & sour cream Creamy Cole Slaw Cherry Crisp Whole Grain Roll w/butter	**3 Sliced Pork on a buttered Bun** Baked Yams & Apples Sweet Peas Kiwi Fruit
6 Open-Face Meatloaf in Gravy over Whole Wheat Bread Mashed Potatoes Green Beans Peaches	**7 Italian Sausage w/Linguine & Alfredo Sauce** Buttered Beets Tropical Fruit Salad Black Bean Brownie	**8 Broccoli Cheese Soup** **Tuna Salad Sandwich** on Whole Wheat Bread Tomato Spoon Salad Fresh Banana	**9 Holiday Meal** *$4.00 suggested donation* **Chicken Breast & Wing** Buttered Baby Red Potatoes Peas & Carrots Cranberries—Cheesecake Whole Wheat Roll w/butter	**10 Beef Tips Pepper Steak** w/peppers, onions & tomatoes over Steamed Rice Wax Beans Berry Fruit Salad
13 Hot Pork Sandwich on Whole Wheat Bread Mashed Potatoes & Gravy Steamed Spinach Sliced Pears	**14 Chicken Pot Pie** Peas Pineapple Rings Blueberry Lemon Trifle	**15 California Burger on a buttered Bun** w/ Lettuce, Tomato & Onion w Baked Beans Potato Salad Cherry Dessert w/Cake Topping	**16 Birthday Meal** **Boiled Ham Dinner** w/Potatoes & Carrots, Rutabagas & Cabbage Mandarin Oranges Red Velvet Birthday Cake W Wheat Roll w/butter	**17 Brunch for Lunch** **Scrambled Eggs** **Turkey Sausage Links** Company Hashbrowns Fresh Grapes or Melon Chilled Juice—Coffeecake
20 Cheesy Pepperoni Pizza Hotdish Mixed Vegetables Peach Delight	**21 Beef & Bean Tamale Pie w/ Salad Toppings** Shredded Lettuce, Diced Tomatoes, sour cream, mild picante sauce Mexicali Corn Tapioca Fruit Salad Peanut Butter Bar	**22 Baked Chicken Breast on a buttered Bun** w/romaine lettuce leaf & sliced tomato Tater Tots Peas & Cheese Salad Pumpkin Pie	**23** **CLOSED for Christmas Eve**	**24** **CLOSED for Christmas Day**
27 Hamburger Steak w/Brown Gravy Mashed Rutabagas Brussels Sprouts Sliced Pears Whole Wheat Roll w/butter	**28 Savory Tomato Basil Soup** **Egg Salad Sandwich** on Whole Wheat Bread Broccoli Salad Fresh Banana	**29 Chicken Alfredo** Steamed Asparagus Sliced Tomatoes Lime Perfection Salad	**30 Hamburger Calico Bean Casserole** Herb Sliced Potatoes Carrot Coins Peaches Marble Rye Bread w/butter	**31** **Closed for New Year's Eve**

Reservations/Cancellations required by 2:00 pm the serving day before.
Please call your local meal site OR Ashland Co. Aging Unit Main Office
Meals served Monday thru Friday @ Ashland
Kitchen serves from 11:30 a.m.—12:05 p.m., Dining Room open until 12:30 p.m.
All meals served with 1% Milk & contain at least 1/3rd of the RDA for older adults **WW = Whole Wheat**

Main Office Hours: Mon -Fri, 8:00 am-4:30 pm
400 Chapple Ave. Suite 100
Ashland, WI 54806
www.ashlandaging.org

Reducing Holiday Stress

It's time for the holidays once again; decorating, shopping, parties, family gatherings, presents, greeting cards…and the list goes on and on. While many people look forward to the hustle and bustle of the season, others see the holidays as a time of stress, chaos and sadness.

People who have experienced changes due to Alzheimer's, stroke or other medical conditions may feel a great deal of loss during the holidays. Those who are caring for these loved ones may feel overwhelmed by trying to keep up holiday traditions while continuing to provide care. They may also be uncertain about gathering with friends and family for fear the changes in physical health, behavior and personality may make others uncomfortable.

If you are experiencing anxiety over the upcoming holiday season it is important to realize that these feelings are normal, and you are not alone. There are ways to reduce stress during the holiday season. Please take a moment to contemplate what you can do to better manage your life during this busy season.

- **Adjust your expectations**. You don't have to do everything you've done in the past. Talk with your loved ones and choose a few traditions to carry out.
- **Ask for help.** Involve other family members or friends in your holiday preparations. Not only does this reduce your stress, but it provides you and your loved one with socialization. Write down what needs to be done so you can ask for something specific when people offer to help.
- **Prepare family and friends before getting together**. Update family and friends on how your loved one has changed and what they can expect during their visit. Offer suggestions on how best to communicate.
- **Suggest gift ideas**. Give friends and family ideas of useful gifts they can give such as cd's, photo albums, comfortable clothing, videos or audio books. Don't forget your own wish list, too! Gift certificates for dining, laundry or cleaning services are great ideas for busy caregivers.
- **Keep the needs of your loved one in mind**. For those with memory loss, remember that distant memory stays intact the longest and plan activities accordingly, avoiding new games or activities. Many stroke survivors have lost the ability to feed themselves and may find it uncomfortable to eat in front of guests. An afternoon of looking at old slides or photos and reminiscing might be more appropriate than sharing a meal. Schedule gatherings during the day rather than in the evening since symptoms often are worse in the evening.
- **Be good to yourself**. Make it a priority to care for yourself. Getting away with friends for lunch, a movie or a concert might be just what you need. Or perhaps some time by yourself to read, write in a journal or enjoy a bubble bath is how you recharge. Determine what rejuvenates you and take the time to do it.

Don't let the hustle and bustle of the holidays add anxiety to your life! Find ways to simplify and enjoy a stress-free holiday season filled with love, joy and good memories! For more information about caregiving and resource that can help, contact <your contact info here>. Happy Holidays!

Jane Mahoney
Older Americans Act Consultant
GWAAR

Volunteer Opportunities
At The Enrichment Center & Bargain Hut

Bargain Hut (2 to 4 hours at a time).

- Volunteers needed one or more days per week.
- Weekdays from 9:00am to 4:00pm, and Saturday from 9:00am to 1:00pm.
- Sort incoming donations.
- Price the goods
- Place clothes on racks
- Sales of clothes and other items

Senior Center Office (2 to 4 hours at a time)

- Assist in data entry
- Assist in filing
- Assist in record keeping
- Answer phone (customer questions, etc.)

Help with Fundraisers (Usually conducted in evening or on the weekend)

- Provide kitchen help for meals (2 hours at a time)
  - Cafeteria help or serve meals
  - Set up and clean up
  - Table service
- Sell tickets (on one's own schedule, over a week or two)
- Provide "pot luck" items on occasion

Help with Program Activities (about 2 hours at a time)

- Call Bingo games
- Distribute newsletters

Board of Directors Member

- Provide management skills
  - Attend bi-monthly meetings (2 hours max.)
  - Financial and technical assistance in building and grounds maintenance
  - Grant solicitation
  - Planning
  - Membership solicitation
  - Volunteer solicitation
- Assist in fundraising
- Assist in program activities

For more information contact Danielle Greene at 715-682-2776, or speak to any Board Member.