

FEBRUARY 2022



# THE RIVER VIEW

Watertown Senior & Community Center

514 SOUTH FIRST STREET • WATERTOWN, WISCONSIN 53094 • 920-262-8099

## Mayor Meet Up

Thursday, February 10 @ 10:00 am



Join us for Mayor Meet Up! Meet Mayor Emily McFarland! Come with your questions and concerns. Please support our Mayor as she takes time out to meet with us!

## StoryCorps Interviews

The Senior Center is collaborating with Bridges Library System to be part of StoryCorps, a national oral history organization, to record and preserve community stories. For 40 minutes, two people can schedule a time to come to the Senior Center to talk together and record their conversation. Siblings, spouses, parents and children, friends... anyone is welcome to participate. If you are interested in being part of the *Gathering and Sharing Stories* project, or would like more information, please contact us at 920-262-8099 or stop at the front desk. For specific questions about the StoryCorps project, contact Angela Meyers at the Bridges Library System at 262-896-8245

## Bookworms Book Club

Monday, February 14 @ 1:00 pm

Watertown Senior Center is teaming up with the Watertown Public Library for a new book club! The book club will meet every second Monday of the month. **February's book is *Into the Wild* by Jon Krakauer.** Each month a new book will be handed out and discussed at the following meeting! Roughly 20 people were in attendance at the first Bookworms Book Club meeting in January! We hope to see you at the next meeting!!!



## 2022 Election Days:

- February 15
- April 5
- August 9
- November 8



*\*\*Not sure where you vote?  
Call City Hall at 920-262-4000.\*\**

## Coffee with a Cop

Monday, February 21 @ 10:00 am



Join us for Coffee with a Cop! Meet Police Chief Robert Kaminiski! Ask him questions about the Police Department, voice your concerns, learn what they do, and get to know the men and women in blue! This presentation is free and open to the public!

## Tax Season Around the Corner Face Masks Will Be Required per AARP

AARP will be offering free tax assistance at the Senior Center. Trained preparers will be available to complete federal and state returns, as well as Homestead Credit. All ages are welcome. Please note that preparers are not trained to complete complex returns such as farm, business, or rental property returns. Please contact a local tax preparation service, an accounting firm, or attorney for complex returns. **You can sign up for an appointment at the front desk, or call 920-262-8099.**

Please be aware programs are subject to change (COVID, weather, etc.)

## Welcome to the Watertown Senior & Community Center

514 South First Street  
Watertown, WI 53094  
920-262-8099

The center is open Monday through Friday, 8:00 am through 4:30 pm. Anyone age 50 and older may become a member of the Watertown Senior Center.

**The 2022 new membership fees:** \$10.00 for city residents and \$15.00 for non-city residents. Fees can be paid anytime during regular office hours.

### Make Checks Payable to: City of Watertown

Guests (>50 years old), excluding inactive members, can participate the first time at no charge before they are asked to pay a \$1.00 activity fee or the membership fee.

### Senior Center Advisory Board

Phyllis Krahn

Becky Shult

Lori Fort-Hoerig

Mary Withers

Larry Crouch

Kim Henze,

Watertown Healthcare Center  
at Large Member

Kailey Jo Gruling,

Hafemeister Funeral Home  
Community at Large Member

### Mayor

Emily McFarland, 920-262-4000

### Parks & Recreation Staff

Randy Wojtasiak, Parks & Rec Director  
Andrea Draeger, Senior Center Director/  
Office Manager

Kelli DeCoto, Aquatics Manager

Megan Schwefel, Admin Assistant

Rana Jenkins, Office Aide

Dale Tietz, Maintenance Custodian

## Jefferson County Benefit Specialist

A Jefferson County Benefit Specialist will be at the center the 1st and 3rd Mondays of the month. Appointments are required. Assistance can be given for Medicare Part D, SeniorCare, Medicare, insurance, and more for those ages 60 and older. Call 920-674-8734 to make an appointment.



## Watertown Health Dept Flu Clinic

Cost is \$35/influenza and  
\$65/high-dose influenza vaccines  
Medicare accepted.

For more dates and times, contact the  
Watertown Health Department at  
920-262-8090.



**Please remember to turn  
in your 2021  
Volunteer Timesheet  
to the office  
as soon as possible!!**

## Birthday Thursday is Back

The center is offering Birthday Thursday on the first Thursday of your birthday month. Please call the Senior Center Office, 920-262-8099 to reserve your spot in your birthday month. This program is for Senior Center members only.

## WANTED:

Volunteers to decorate the Center & call bingo.  
Inquire at the Senior Center Office.



**Members Only Contest!!**  
Find the tiki!! Let us know who you are and on what page you found it. Winner will be announced in next month's newsletter. **January winner is Dale Lenius. Stop by the office to get your prize.**

# ACTIVITIES TO DO THIS MONTH...

## Program Start Times

Please arrive prior to the start times to avoid program delays.

### Bridge

**Mondays @ 1:00 pm**

Bridge continues to be a popular game among the experienced bridge players. It is played at 1:00 pm on Monday afternoons.

### Euchre

**Mondays @ 1:00 pm**

**Sundays @ 1:00 pm (Public)**

Euchre is played at 1:00 pm. Members wishing to play are encouraged to participate.

### 500

**Wednesdays @ 10:00 am**

Come, learn and play 500 at 10:00 am! Whether you are a novice or an expert, everyone is welcome!

### 4 Handed Sheepshead

**Wednesday & Fridays @ 1:00 pm**

Sheepshead is played at the center at 1:00 pm, **arrive by 12:45 pm**. Members wishing to play are encouraged to attend.

### Bingo

**Thursdays @ 1:00 pm**

Bingo is played at the center in Conley Hall at 1:00 pm. Admittance begins at 12:15 pm. The cost is 50¢ per card not to exceed \$2.00. Non-members (>50) are invited, but pay a \$1.00 activity fee.

### Hand & Foot Card Game

**Thursdays @ 1:00 pm**

You are invited to play Hand and Foot at the center! The object is to use up all the cards in your possession and to make 2 red and 3 black books. Hope to see you there!!!

### Board Games

We have plenty of board games to choose from. Find a spot and play. There is no fee to play.



### Scrabble

**Mondays @ 9:00 am**

Come and play Scrabble! "Tile" your competition and see how many triple words you can get! Mondays at 9 am. Bring a friend.

### Bunco

**Mondays @ 10:00 am**

Bunco is a dice game played with 3 dice. Accumulate points by rolling dice for each round. It's a fun game!!!

### 5 Handed Sheepshead

**Tuesdays @ 1:00 pm**

**2nd & 4th Sundays at 1:00 pm (Public)**

5 Handed Sheepshead is played at the center at 1:00 pm, **arrive by 12:45 pm**. Members wishing to play are encouraged to attend.

### Water Color Club

**Wednesdays @ 1:00 pm**

Need a little color in your life? The Water Color Club meets on Wednesdays at 1:00 pm. Come and learn different techniques, exchange ideas, socialize and just enjoy painting.

### Phase 10

**2nd Wednesday of Month @ 1:00 pm**

Have fun competing to make the different "phases" or rounds. Person with the least amount of points wins!!!

### Beginner's Bridge

**Thursdays @ 1:00 pm**

If you are beginner to bridge or need to get the rust off, come and play!

### Wii Bowling

The Wii Game is available for anyone wishing to learn or practice any of the games. Instruction is available. Feel free to come in and practice anytime.

### Adult Coloring

Adult coloring books are available! Great for keeping your mind sharp and using your imagination! Feel free to stop in and color anytime, too!!

*Card game activities are the least safe during COVID.*



# MORE ACTIVITIES TO DO...

## Lunch Program Volunteers Needed

Volunteers are needed to help pack for the Jefferson County's Meals on Wheels program and to help serve and clean up for in house dining when the meal site resumes. Please contact Patti at 920-728-1210 and leave a message with your name and telephone number. Patti will get back to you as soon as possible. There are various times and days available, so we can work around your schedule.



## Blood Drives

February 18 - 10:00 am-3:00 pm

April 25—10:00 am—3:00 pm

May 18—1:00-6:00 pm

The blood drives will be held at the center in the lower level Terrace Room. Help others in need with your donation of blood or platelets!

American Red Cross (ARC)—1-800-733-2767 or online at [www.redcross.org](http://www.redcross.org)

## Taxi Vouchers



The Watertown Senior Center is able to provide a Taxi Voucher (valued at \$2.75) to seniors, 50 and above, that need a ride to or from the center to participate in programming. The center will

split the cost with you! If you can get here, we'll get you home. Please contact the office for more details.

## The Center Is Closed

April 15—Good Friday  
May 30—Memorial Day

*If you didn't renew your membership, your name will not appear on the sign in sheet at the receptionist desk. Please remember to renew your membership to avoid any issues.*

## Shuffleboard

**Wednesdays @ 9:00 am**

Come play shuffleboard in the Terrace Room! We'll provide the sticks and pucks. Play with your friends and see who can win!! Hope to see you there!



## Caring Crafters

**2nd & 4th**

**Tuesdays @ 10:00 am**

Enjoy knitting, crocheting? Whether you know basic stitches or are an experienced crafter, come and join in the fun. The Caring Crafters group creates a variety of items for a variety of local charities! Bring a friend or make some new ones! You do not need to be a member of the senior center to be a member of Caring Crafters!!



## Claire's Creations

### Mending & Alterations

Do you need some pants hemmed or a zipper fixed? Claire Heine has her own business and has offered to do mending and alterations for our members. She will be at the center on the 2nd and 4th Tuesday of every month from 9-10:45 am. Call 262-8099 for an appointment.



## Watertown School Supplies & Bingo

In January, we began collecting school supplies for Watertown schools. Please bring supplies to the reception desk at each bingo. These supplies help students unable to get their own supplies.



# Movie Matinees

## “Dream Horse” February 8 @ 1:00 pm



Experience the inspiring true story of Dream Alliance, an unlikely racehorse bred by small-town bartender Jan Vokes. With little money and no experience, Jan convinces her neighbors to chip in their meager earnings to raise Dream and compete against the racing elites, becoming a beacon of hope in their struggling community as he rises through the ranks. This movie stars: Toni Collette, Damian Lewis, Owen Teale, and Joanna Page. Movie is rated: **PG**. Movie runs: 1 hour 53 minutes.

## “Senior Moment” February 22 @ 1:00 pm



After drag racing his vintage convertible around Palm Springs, a retired NASA test pilot loses his license. Forced to take public transportation, he meets Caroline and learns to navigate love and life again. This movie stars: William Shatner, Jean Smart, Christopher Lloyd, Esai Morales, and Don McManus. Movie is not rated. Movie runs: 1 hour 32 minutes.

*The movies are free to members.  
There is a \$1.00 activity fee for non-members.  
Refreshments will be available. Donations are always welcome!*

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## “Meals on Wheels”

The **Jefferson County Meals on Wheels program** is based out of the Watertown Senior & Community Center. It is an essential service and is still operating, delivering meals to home-bound people in our community. If you would like to see if you qualify, please contact Patti at 920-728-1210.

## Volunteer Opportunities

With the center resuming normal scheduling, ***we are in need of receptionists, decorators, newsletter delivery, popcorn makers, and program leaders.*** If you are interested, please call the Senior Center office at 920-262-8099.



## Kwik Trip Gift Cards

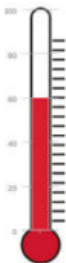
The center has \$20 Kwik Trip gift cards available. The cards can be used at any Kwik Trip store for gas or any store item. They make great gifts for any occasion. Support the center and purchase a Kwik Trip gift card in the office or at the receptionist counter. They make great gifts.



**The River View is available online.**  
**Go to our City Website at [www.ci.watertown.wi.us](http://www.ci.watertown.wi.us)**  
**and download your copy today!**



*What's warm for one,  
 is not for another!  
 It is hard to maintain room  
 temperatures to  
 please everyone,  
 so please bring a sweater.*



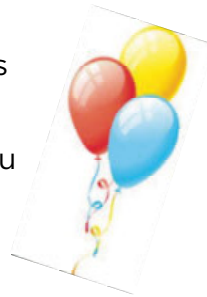
## “Birthday Thursday”

**Happy Birthday to you!  
 Happy Birthday to you!  
 Happy Birthday to  
 everyone born in February!**



The following members have birthdays in February! Reach out and wish them a Happy Birthday!

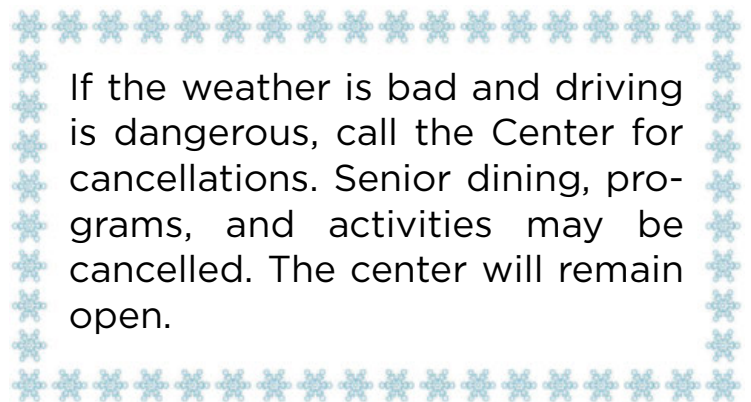
Mary Adrian  
 Rae Ambord  
 Charlotte Baars  
 Neil Coisman  
 Rose Coisman  
 Nancy Dishneau  
 Esther Else  
 Dorothy Field  
 Janet Gerbig  
 Shirley Grulke  
 Orla Guzlecki  
 Roger Herbert  
 Rosemarie Holterman  
 Margaret Illian  
 Rita Jaehrling  
 Helen Johansen  
 Lee Jones  
 Linda Kilps  
 Kate Lapin  
 Terry Lundsten  
 Margaret Marshall  
 Shirley McCallum



Ernest Omet  
 Susan Padron  
 Kap Peter  
 Duane Pitterle  
 Peggy Preinfalk  
 Kathy Reinhard  
 Robert Rupnow  
 Mary Schmidt  
 Brian Schultz  
 Diane Seeber  
 William Shier  
 Lois Streblov  
 Kathryn Tegen  
 Regina Thompson  
 Phyllis Turke  
 Porferia Uebel  
 Henry Wiedmeyer  
 Susan Worner  
 Evelyn Wrensch  
 Sherry Ybanez  
 Kathy Zimmerman



If the weather is bad and driving is dangerous, call the Center for cancellations. Senior dining, programs, and activities may be cancelled. The center will remain open.







# Hunger Task Force Stockbox

Applications and Distribution  
at Watertown Senior and Community Center  
February 2, 2022  
10:00 am – 11:00 am

**Stockbox  
2022 Dates:**  
February 2  
March 9  
April 6  
May 4  
June 8  
July 6

## Stockbox is still available for pickup

even though the center is closed. New and current participants should pickup their box by driving directly up to the truck in our parking lot. There is no need to enter the building.

## What is Stockbox?

Stockbox is a free program that provides a box of healthy food every month to *seniors 60 years and older* to help improve their diet and nutrition,

\*Monthly income before tax deductions for 1 person in a household is \$1,316

\*Monthly income before tax deductions for 2 people in a household is \$1,784

\*For each additional person in the household add \$451

The box of the monthly food supplements may include items such as:

- Cheese
- Canned fruits
- Canned vegetables
- Juice
- Cereal
- Canned and dry milk
- Peanut butter
- Canned meat
- Rice, instant potatoes or pasta



Applications and distribution will occur monthly at the center on Wednesdays, of the first full week each month.

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watertownhcc.com




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# TRIP PAGE!

Additional trip flyers and reservation forms are available at the Center. Trips are open to the public! You do not have to be a member of the Center to participate! Gift Certificates are available.

## Lights, Camera, Action MKE! March 18, 2022

Is Milwaukee the next Hollywood? Maybe not, but there have been several films and television shows that were filmed and/or set in the city. This narrated tour focuses on several movie/tv shows: Bridesmaids, The Blues Brothers, Laverne & Shirley, Happy Days, Major League, and more! We'll also see sights of the Milwaukee Art Museum, American Family Field, etc. Cost is \$95. Call Happy Times Tours at 1-414-867-2727.

## Stunning South Dakota May 22-27, 2022

Enjoy this monumental vacation experience! Highlights of the trip include: stopping at the Lewis & Clark Welcome Center to view "Dignity," the 50-foot Native woman; Deadwood, Badlands National Park, Mount Rushmore, Crazy Horse Memorial, drive through the Wildlife Loop of Custer State Park, visit Wall Drug; explore Minuteman Missile Visitors Center and more! Cost is \$799/double, \$999/single. Call Happy Times Tours at 1-414-867-2727.



## Schlemiel, Schlimazel MKE- Laverne & Shirley Milwaukee Experience April 2, 2022



Experience Milwaukee through the eyes of Laverne & Shirley. See the Polish Flags and the "Shotz" brewery. We'll stop and see Laverne's heartthrob, the Bronze Fonz Statue. Our day includes touring the Lakefront Brewery, a game of mini-bowling and top the day off with custard from Leon's Drive -In! Cost is \$89. Call Happy Times Tours at 1-414-867-2727.

## Cape Cod & the Islands August 13-20, 2022

Fly with us to Boston! Enjoy a Boston City Tour and see many historical sites including Plymouth Rock and Boston Commons. Enjoy a scenic ferry ride to Martha's Vineyard. We'll travel along the Cape Cod National Seashore which features pristine sandy beaches, pond and diverse wildlife and lighthouses. We'll visit a traditional cranberry bog and learn about harvesting. Next, we'll travel to Newport, Rhode Island. We'll drive by the Touro Synagogue (oldest synagogue in America), tour The Breakers Mansion, then follow the "Ten-Mile-Drive" along the magnificent rocky coast, which boast exquisite estates from the early 1900's. We'll also visit the Nantucket Whaling Museum before returning home! Cost is: \$2975/double, \$3725/single. Call Happy Times Tours at 1-414-867-2727.

## UW Spring Concert April 2022

While we are waiting for the details to be released, get on the interest list so you will be the first to know about our UW Spring Band Concert Trip which will include motor-coach transportation, dinner and reserved bowl seating for the UW Spring Band Concert! Cost is: TBA. Call Happy Times Tours at 1-414-867-2727.

## Avoid Cancellations. Register Early!

To avoid trip cancellations, please register for trips prior to the deadline printed on the trip flyer! Most trips require about 40 participants to go and have a deadline about a month prior to the actual trip date.

**Please register early!!**





# The Wisconsin Senior Nutrition Program turns 50 this year!!!

To celebrate, the senior nutrition program would like to hear from you!!!

Please share stories or favorite menu items with the Senior Center Office and we'll send to the Wisconsin Senior Nutrition program. These items will also be shared with the National Senior Nutrition Program, too! How exciting!!!



**SENIOR NUTRITION PROGRAM**  
CELEBRATE • INNOVATE • EDUCATE



Wisconsin Parkinson Association presents:

## Movement & Music: Parkinson Disease Exercise

Weekly on Tuesdays | 10:45 am  
Starting in January 2022

Instructor Joy Cochran will lead this FREE class for people with Parkinson disease. The class incorporates stretches, strength training, posture, balance and walking drills, as well as vocal exercises. Manage your Parkinson's symptoms and improve the quality of your daily life while having fun!

Modifications will be provided to ensure a safe and effective setting for all participants.

To register, email  
[joyexplorations@gmail.com](mailto:joyexplorations@gmail.com)  
or call 307-631-3414



In partnership with:

Classes held at:  
Watertown Senior & Community Center  
514 S. First Street | Watertown, WI 53094



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## NIAGARA FALLS

(NIAGARA FALLS, ONTARIO, CANADA)

### Trip Includes:

- 2 Nights at the Best Western Waterfront Hotel in Windsor, Ontario
- 2 Nights at the Radisson Hotel Fallsview in Niagara Falls, Ontario
- Visit Rossi Glass
- See the beautiful Floral Clock
- Option #1 Journey Behind the Falls
- Option #2 Dinner & Illumination Tower One-of-a-Kind Experience
- Option #3 "Journey to the Falls" Cruise
- Option #4 Niagara Power Plant Currents
- Option #5 Niagara Whirlpool Spanish Aero Car
- Motorcoach Transportation and the Services of a Happy Times Tour Director
- 5 Meals

### Departure Times & Locations:

5:00am Depart JCPenney East Towne Mall (estimated return at 8:15pm)  
5:30am Depart Johnson Creek P&R (estimated return at 7:45pm)

**Please mention you are with the Watertown Senior Center when making your reservation!**

### PER PERSON RATES:

Double Occupancy \$869  
Single Occupancy \$1129  
Triple Occupancy \$845

Upgrade to a Fallsview Room in Niagara Falls for \$90 per person double, \$125 single or \$80 per person triple (subject to availability).

Full Payment Due: 4/25/2022

Optional Travel Protection Plan  
Per Person Rates:

Double or Triple Occupancy: \$79  
Single Occupancy: \$113

**VALID PASSPORT OR TRAVEL CARD REQUIRED!**

Gratuities for the tour director and driver are not included in the price and are at the passengers' discretion. Please note that the itinerary is subject to change due to COVID restrictions that may be enforced without notice. Entry to Canada may require proof of vaccination and advanced COVID testing within 72 hours of arrival in Canada and will be the responsibility of the passenger.



Niagara Falls



Niagara Power Plant  
Currents



Niagara Falls  
Illumination

## Experience Niagara Falls like never before!

**5 Days: May 30 – June 3, 2022**

### Day 1 B

Enjoy a boxed breakfast as we travel through make our way to Windsor, Ontario, Canada. Valid Passport or Travel Card is required. Enjoy your first night stay at the Best Western Plus Waterfront Hotel in Windsor, Ontario.

### Day 2 B

Use your food credit for breakfast today. We will arrive in Niagara Falls in the afternoon. Our first stop will be at Rossi Glass where each piece of glass is crafted with precision and dedication by their Master Glass Blower artisans. Arrive at the Radisson Hotel Fallsview for a 2 night stay. We have City View Rooms included, but if you would like to upgrade to a Fallsview Room, please call us for availability and costs. Enjoy the rest of the day as you would like or take our first optional tour – Journey Behind The Falls – Cost Per Person \$29. Traverse the network of tunnels that take you deep through the rock behind the Canadian Horseshoe Falls arriving at an outdoor observation deck that sits at the base of the Falls. This evening we have an once-in-a-lifetime optional experience – The Illumination Tower Experience – Cost Per Person \$89. You will enjoy a delicious dinner at the Table Rock House Restaurant which is the closest you can dine to the Canadian Horseshoe Falls (entrée choice at the table of Prime Rib, Chicken Supreme, Broiled Fresh Salmon, or Wild Mushroom Ravioli). Followed by an unforgettable, one-of-a-kind experience: a visit to the Illumination Tower to change the colors of the lights in real time on the Majestic Niagara Falls.

### Day 3 B

We will start our day with an optional "Maid of the Mist" Spirit Niagara Cruise – Cost Per Person \$28. A ride into the breathtaking American and Horseshoe Falls is a thrill of a lifetime. This evening experience the Niagara Power Plant Evening Sight & Sound Show with Currents (Cost Per Person: \$35), an epic sight and sound night show inside the heart of the plant. This must-see attraction features immersive, interactive media where projected effects react to your presence. This one-of-a-kind sensory experience reawakens the machinery of this iconic power plant through imagery, color, lights, sound, and a breathtaking musical score. Walk through this historic space and explore the incredible transformation of water to power.

### Day 4 B

Once last stop in Niagara Falls is to see the beautiful Flower Clock and the location of our fourth optional tour – the Whirlpool Spanish Aero Car – Cost Per Person \$20. The antique cable car offers spectacular views of the swirling Niagara Whirlpool and the Class 6 whitewater rapids of the Niagara River. We will return to the Best Western Plus Waterfront Hotel for our final night on the tour.

### Day 5 B

Use your food credit for breakfast today. Returning home after having a barrel of fun in Niagara Falls!

## Happy Times Tours & Experiences

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# Financial Assistance

## Watertown Family Aid

available by phone **ONLY**  
**Call 920-285-3062 on**

Monday & Wednesdays 2:00-4:00 pm  
 For assistance with food

## Salvation Army

**Call 920-297-0137**

on Tuesdays  
 from 10:00 am-2:00 pm  
 For assistance with rent & utilities

# First-Come, First-Served Walking & Fitness Equipment Mondays - Fridays

Walk and exercise at the Watertown Senior & Community Center. No need to worry about the weather as you exercise inside! **NEW** Tread mill, recumbent bicycle, elliptical machine and spin bike are also available on a first come, first served basis.



## Watertown Food Pantry 204 N. 10th Street New Hours

Monday—10:00 am—12:00 pm  
 Tuesday—1:00—3:00 pm  
 Wednesday—12:00—2:00 pm  
 Thursday—1:00—3:00 pm & 4:30-6:00 pm  
 Friday—10:00 am—12:00 pm

## Rent the Center!

Do you need a place to hold a shower, graduation or birthday party? Don't want to clean for company? The Watertown Senior & Community Center has rooms available for your event. Prices start at \$30/hr. Don't hesitate. Book early! Stop by the office or call us at 920-262-8099!

## E & R Auto Body COLLISION REPAIR

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**REPORT** suspicious claims  
 or activities

**Toll-free Helpline:**  
**888-818-2611**

Email: [smp-wi@gwaar.org](mailto:smp-wi@gwaar.org)

[gwaar.org/senior-medicare-patrol](http://gwaar.org/senior-medicare-patrol)

WisconsinSeniorMedicarePatrol



This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.



## Life@Home

Shorehaven is committed to helping seniors stay at home - right where they want to be.

Life@Home is a non-medical service which provides housekeeping, laundry, errands, shopping, grooming and dressing, personal hygiene, escorting to appointments and pet and plant care. Also serving as a referral resource, linking seniors and their families to area services.

Call 262-560-6960 or email [jmilaeger@lho.org](mailto:jmilaeger@lho.org) to learn more.

*Reflecting Christ's love, we provide homes and resources for seniors.*

[shorehavenliving.org](http://shorehavenliving.org)



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# Valentine Words

E E O C D B T R A E H T E E W S H G R  
 O R J U N E R G B H G S M H R S T N A  
 E I R S P M A I C E T F Q E I O N I E  
 T S K U E I E R F A R N R R O S N L B  
 A E I O N N H D P I N K E R I P E R Y  
 L D S R D E D A E S O H E E D U C A D  
 O R S O E S D N S W C R E E T R S D D  
 C O E M A O D E Y A I B V E O R L H E  
 O S S A R S N N N M G O E M R S U G T  
 H E N E M R H D D D T T A L I E V O L  
 C S S S E I Y A I I V N T E O T C B F  
 O H G D N S T P O S C Z V A M V U F R  
 C U N M T E U N N E M B R A C E E Y E  
 H E L E R C D N O I T C E F F A D D D  
 T I E C E C A N D L E L I G H T P W V  
 A W E S D R I B E V O L T E U Q U O B  
 S S S R E W O L F K E J E W O R R A X  
 V E U D M C A R D S X F E B R U A R Y  
 R C B U R E H C Y E N O H E S R M K Z

**Word List:**

- |            |           |            |               |
|------------|-----------|------------|---------------|
| ADORE      | AFFECTION | AMOROUS    | ARROW         |
| BELOVED    | BEMINE    | BOUQUET    | CANDLELIGHT   |
| CANDY      | CARDS     | CHERISH    | CHERUB        |
| CHOCOLATE  | CUPID     | DARLING    | DEAR          |
| DESIRE     | DEVOTION  | EMBRACE    | ENDEARMENT    |
| FEBRUARY   | FLOWERS   | FOURTEENTH | FRIENDS       |
| HEART      | HONEY     | HUGS       | KISSES        |
| LOVE       | LOVEBIRDS | PINK       | POEM          |
| RED        | ROMANCE   | ROSES      | SECRETADMIRER |
| SWEETHEART | SWEETS    | TEDDYBEAR  | TENDERNESS    |

## Mark Your Calendars!!

### Mayor Meet Up: 10:00 am

Thursday, February 10  
Tuesday, May 10  
Tuesday, August 23  
Tuesday, November 15

### Voting:

Tuesday, February 15  
Tuesday, April 5  
Tuesday, August 9  
Tuesday, November 8



### Advisory Board Meetings: 9:00 am

Wednesday, February 16  
Wednesday, April 20

### Blood Drives:

Friday, Feb. 18—10:00 am-3:00 pm  
Monday, April 25—10:00 am-3:00 pm  
Wednesday, May 18—1:00-6:00 pm

### March Bingos: 1:00 pm -

Thursday, March 3  
Thursday, March 10  
Thursday, March 17  
Thursday, March 24  
Thursday, March 31



### Movies—1:00 pm:

Tuesday, March 8— TBA  
Tuesday, March 22— TBA

### Daylight Savings:

Sunday, March 13—spring ahead 1 hour  
Sunday, November 6—fall behind 1 hour

### Downsizing & Cooking: 1:00 pm

April 12

### Holiday—Center Closed:

April 15—Good Friday  
May 30—Memorial Day

### Indoor Plants Presentation: 1:00 pm

April 26

### Volunteer Awards:

May 11, Entertainment TBD



## Available Resources

**Family Aid—920-285-3062** (food assistance)  
Call on Mondays & Wednesdays 2:00-4:00 pm

### Loaves & Fishes

Every non-Holiday Monday 4:15-5:30 pm  
Watertown Moravian Church (510 Cole Street)

### Bread & Roses

Every non-Holiday Thursday 4:30-6:30 pm  
Immanuel Ev. Lutheran Church (204 N. 10th Street)

### Personal Essentials Pantry

Every non-Holiday Thursday 1-3 pm & 4-6 pm  
Immanuel Ev. Lutheran Church (204 N. 10th Street)

### Safelink

Safelink Wireless is a government supported program that provides a free cell phone and airtime each month for income eligible customers.

[www.safelink.com](http://www.safelink.com) or 1-800-378-1684

### Social Security Office-Waukesha

1-866-220-7885

### Watertown Food Pantry

Immanuel Lutheran Church  
204 N. 10th Street 920-261-7226

### Jefferson County Meals on Wheels

920-728-1210

### Dodge County Meals on Wheels

1-800-924-6407

### Senior Dining Program

920-728-1210 (call a serving day prior to dining)

### Shuttle Service (Out of Watertown Only)

Dodge County Residents: 920-386-3832  
Jefferson County Residents: 920-674-8104  
C & W Med Rides LLC: 920-397-7624  
Matt: 920-285-1853

### Salvation Army-920-297-0137

Assists with rent and utilities, etc.  
Tuesdays from 10 am-2 pm

### Your Friends In Action

Volunteer programs for Seniors includes:  
shopping & errands, transportation, and friendly visits.  
Call 920-674-4548

### Lifeline

Puts you in touch with a Lifeline Monitor who talks to you to find out what kind of help you need.  
Call 920-261-7108 for more information.

### Home Instead

Caregivers & Companions for the Elderly and Disabled  
920-219-9832

### Visiting Angels

Up to 24 hour Senior Homecare  
920-568-1051

### Watertown Transit—TAXI

920-261-RIDE (7433)

### Energy Assistance Program:

1-800-506-5596

# CROSSWORD PUZZLE

## ACROSS

- 1 Reimbursed
- 5 Free
- 8 US dam
- 12 Project
- 13 Guido's note (2 words)
- 14 Outer portion of Earth
- 15 Sleep (pref.)
- 16 Albania (abbr.)
- 17 Design
- 18 Arabian domain
- 20 Shore
- 21 Tumor (suf.)
- 22 Three (pref.)
- 23 Irish foot soldier
- 26 Block
- 27 Celsius (abbr.)
- 30 Shoe size
- 31 Fr. meat dish
- 33 Have (Scot.)
- 34 Plus
- 35 Indo-Chin. people
- 36 Voltaire play
- 38 Computer chip
- 39 Ounces (abbr.)

- 40 Wampum
- 43 Due
- 47 Gamin
- 48 Article (Fr.)
- 49 White-fleeced
- 50 Eg. skink
- 51 Mother of Hezekia
- 52 N. Caucasian language
- 53 Freedman in Kentish law
- 54 Low (Fr.)
- 55 Bare



## DOWN

- 1 Long
- 2 "Cantique de Noel" composer
- 3 Yesterday (Ital.)
- 4 Silk substitute
- 5 "Giant" ranch
- 6 He (Lat.)
- 7 Flounder
- 8 Willow
- 9 Love of Radames

- 10 This one (Lat.)
- 11 King of Israel
- 19 Amer. Sign Language (abbr.)
- 20 Swim (2 words)
- 22 Hat
- 23 "The Jungle Book" python
- 24 Belonging to

- (suf.)
- 25 Energy unit
- 26 Palestine Liberation Organ. (abbr.)
- 27 Greek letter
- 28 Fruiting spike
- 29 Civil War commander
- 32 Air-to-air missile (abbr.)
- 37 Wild ginger
- 38 Polishing material
- 39 Watering hole
- 40 Hall (Ger.)
- 41 Mother of Brunhilde
- 42 Walk through
- 43 Para-aminobenzoic acid
- 44 Foreshadow
- 45 Hole
- 46 Noun-forming (suf.)
- 48 Science class

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18				19				20				
			21					22				
23	24	25				26				27	28	29
30				31	32					33		
34				35				36	37			
			38					39				
40	41	42				43				44	45	46
47					48				49			
50					51				52			
53					54				55			



# Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

			3	9				
4			6			2		
		3	5		1			
2		5				7	4	
	1	4	7				9	
9				3				
5						4		3
		1			7			
			2	6				

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DIFFICULTY: ★☆☆☆☆

# 1

# Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

	5	4		1	8	3		
3		6						
7	1							2
	3			5		2	7	
8							5	6
	6		1					8
						6		
5	4							3
					3	4	2	5

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DIFFICULTY: ★★★★★

# 2

Answer Page 18



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 \$9.26 Lunch Buffet  
 \$10.79 Dinner/Weekend Buffet  
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\$13 Adults

\$6 Kids Ages 4-11

FREE - Kids 3 & Under

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**LINDBERG'S BY THE RIVER**

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138 Hospital Drive: Suite 100 Watertown, WI 53098 • [www.blcklaw.com](http://www.blcklaw.com)



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## Mental Exercise is Important!



There are a great number of older adults that experience a loss of cognitive skills and abilities to different degrees. Just as your body needs physical exercise to keep fit, the brain needs mental exercise to stay active and alive. Mental exercise stimulates the brain, providing long-lasting positive effects regarding thinking, reasoning skills and memory. A fun way to get your dose of mental exercise is through playing games. The Senior Center offers a wide variety of games and challenges such as: Euchre, Mahjongg, Scrabble, Bridge, Bingo and more. There is always a jigsaw puzzle waiting to be tackled in the library or shuffleboard in the Terrace Room. Please, check the calendar for dates and times. Remember you can gather a few friends and play at the center anytime.

## Disposing of Drugs

The Watertown Police Department, in cooperation with UW Health Partners-Watertown Regional Medical Center, has established a permanent drop-off site for unwanted or expired pharmaceutical drugs. The drop-off container is located in the lobby of the Watertown Police Department, 106 Jones Street, Watertown. Public access to the drop off containers is available 24 hours a day. Drugs must remain in the original containers with the name and prescription number crossed off. Participants using the drop box are asked to leave the name of the drug on the container so the pharmaceutical can be disposed of properly.



## RIVERVIEW COMMONS

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[www.SunsetRidgeMemoryCare.com](http://www.SunsetRidgeMemoryCare.com)



For ad info. call 1-800-950-9952 • [www.lpicomunities.com](http://www.lpicomunities.com) Watertown Senior Community, Watertown, WI

F 4C 01-1332



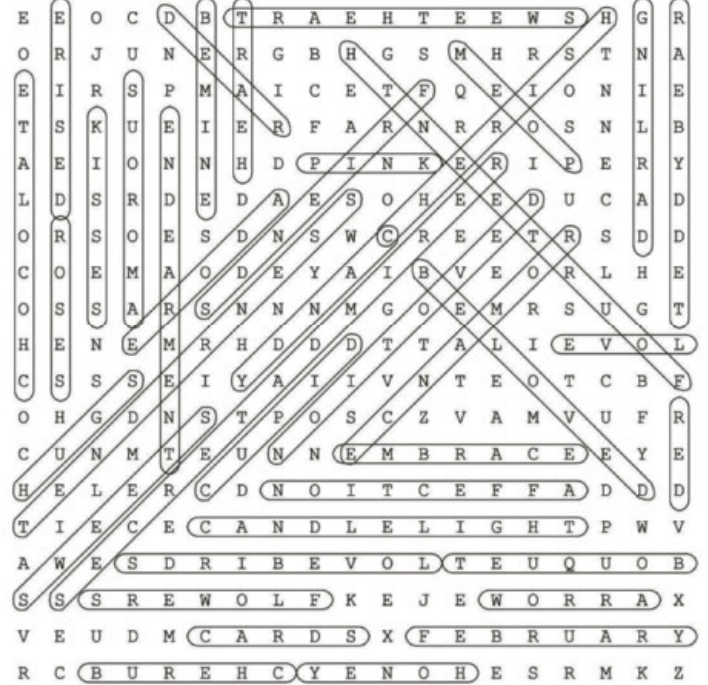
# Answers

# 1

## Answer to Sudoku

1	8	7	3	9	2	6	5	4
4	5	9	6	7	8	2	3	1
6	2	3	5	4	1	9	8	7
2	3	5	9	1	6	7	4	8
8	1	4	7	2	5	3	9	6
9	7	6	8	3	4	1	2	5
5	6	2	1	8	9	4	7	3
3	9	1	4	5	7	8	6	2
7	4	8	2	6	3	5	1	9

## Valentine Words



# 2

## Answer to Sudoku

2	5	4	7	1	8	3	6	9
3	9	6	5	4	2	7	8	1
7	1	8	6	3	9	5	4	2
1	3	9	8	5	6	2	7	4
8	7	2	3	9	4	1	5	6
4	6	5	1	2	7	9	3	8
9	2	3	4	8	5	6	1	7
5	4	7	2	6	1	8	9	3
6	8	1	9	7	3	4	2	5

PAID		RID		OAH	E
IDEA		ELA		SIAL	
NARC		ALB		IDEA	
EMIRATE				BEACH	
	OMA		TER		
KERNE		PAD		CEL	
AAA		SALMI		HAE	
AND		LAO		ZAI	RE
	RAM		OZS		
SEWAN		PAY	ABLE		
ARAB		LAS		ROAN	
ADDA		ABI		UDIC	
LAET		BAS		MERE	





Turn this menu over for locations and contact information.

Menu is subject to change without notice.

\*Ixonixia & Johnson Creek receive meals M-W-F only.



## MONDAY

**7** Pork Steak  
Mashed Potatoes  
Red Cabbage  
Coconut Cream Pie  
Applesauce  
Sliced Bread

**1** Hawaiian Meatballs  
Baked Potato  
Green Beans  
Choc. Pudding  
Pear Slices  
Dinner Roll

**2** Glazed Ham  
Squash  
Cole Slaw  
Cinnamon Roll  
Apple Slices  
Sliced Bread

**3** Chicken and a Biscuit  
Casserole  
Broccoli Cuts  
Birthday Cake  
Petite Banana

**4** Pepper Steak  
Baked Beans  
Calif. Blend Vegetables  
Sugar Cookie  
Pineapple Tidbits  
Sliced Bread

## TUESDAY\*

**8** Escalloped Potatoes and  
Ham Casserole  
Tossed Salad  
Ice Cream Cup  
Peach Slices  
Dinner Roll

**9** Baked Chicken  
Garlic Mashed Potatoes  
Three Bean Salad  
Applesauce Cake  
Pear Slices  
Sliced Bread

**10** Baked Spaghetti  
Winter Blend Vegetables  
Cream Sicle Torte  
Fruited Gelatin  
French Bread

**11** Orange Chicken  
Brown Rice  
Mixed Vegetables  
Vanilla Pudding  
Cantaloupe Slice  
Sliced Bread

## WEDNESDAY

**15** Chicken Tetrazzini  
Casserole  
Broccoli Cuts  
Peanut Butter Cookie  
Pineapple Tidbits  
Dinner Roll

**16** Swedish Meatballs  
Mashed Potatoes  
Baby Carrots  
Cinnamon Roll  
Tropical Fruit Salad  
Sliced Bread

**17** Chicken Marsala  
Calico Bean Casserole  
Spinach Salad with Rasp.  
Vinaigrette  
Cantaloupe Slice  
Fudge Brownie  
Dinner Roll

**18** Mushroom Pork Cutlet  
Mashed Potatoes  
Peas and Carrots  
Chocolate Cloud Torte  
Petite Banana  
Sliced Bread

## FRIDAY

**21** Roast Turkey  
Mashed Potatoes  
Pickled Beet Salad  
Pumpkin Torte  
Fruited Gelatin  
Sliced Bread

**22** Chili Casserole  
Calif. Blend Vegetables  
Orange Sherbet  
Peach Slices  
Cornbread

**23** Chopped Steak in Burg/  
Mush Sauce  
Mashed Potatoes  
Carrots  
Alexander Torte  
Pear Slices  
Sliced Bread

**24** Cranberry & Kraut  
Meatballs  
Baby Red Potatoes  
Brussels Sprouts  
Spice Cake  
Fruited Gelatin  
Dinner Roll

**25** BBQ Pork Cutlet  
Red Beans & Rice  
Health Slaw  
Molasses Cookie  
Applesauce  
Sliced Bread

## MONDAY

**28** Baked Chicken  
Twice Bk Style Pot.  
Copper Penny Salad  
Butterfinger Torte  
Pineapple Tidbits  
Sliced Bread

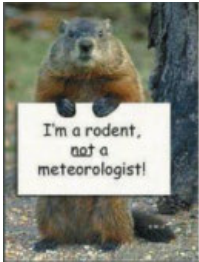









## MARCH 2022

M	T	W	Th	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# Activity Calendar

# February 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
		10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead	9:00 Shuffleboard 10:00 500 10:00 HT-Stockbox 10:00 Hearing Screenings 1:00 4 Handed Sheepshead 1:00 Watercolor 1:00 Woodcarvers	9:00 Wii Bowling Lg 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	1:00 Sheepshead 
6	7	8	9	10	11
1:00 Public Euchre 	9:00 Scrabble 10:00 Bunco 10:00 Jeff Cty Benefit Specialist 1:00 Bridge 1:00 Euchre	9:00 Claire's Mending 9:30 Caring Crafters 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead 1:00 Movie - "Dream Horse"	9:00 Shuffleboard 10:00 500 1:00 4 Handed Sheepshead 1:00 Phase 10 1:00 Watercolor 1:00 Woodcarvers	9:00 Wii Bowling Lg 10:00 Mayor Meetup 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	1:00 Sheepshead
13	14	15	16	17	18
1:00 Public Euchre 1:00 Public Sheepshead	9:00 Scrabble 10:00 Bunco 1:00 Book Club 1:00 Bridge 1:00 Euchre 	7:00 Voting 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead	9:00 Adv Bd Mtg 9:00 Shuffleboard 10:00 500 1:00 4 Handed Sheepshead 1:00 Watercolor 1:00 Woodcarvers	9:00 Wii Bowling Lg 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	10:00 Blood Drive 1:00 Sheepshead 
20	21	22	23	24	25
1:00 Public Euchre 	9:00 Scrabble 10:00 Bunco 10:00 Jeff Cty Benefit Specialist 1:00 Bridge 1:00 Euchre	9:00 Claire's Mending 9:30 Caring Crafters 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead 1:00 Movie "Senior Moment"	9:00 Shuffleboard 10:00 500 1:00 4 Handed Sheepshead 1:00 Watercolor 1:00 Woodcarvers	9:00 Wii Bowling Lg 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	1:00 Sheepshead
27	28				
1:00 Public Euchre 1:00 Public Sheepshead 	9:00 Scrabble 10:00 Bunco 10:00 Dodge Cty Benefit Specialist 1:00 Bridge 1:00 Euchre				