# **APRIL 2022**





Watertown Senior & Community Center

514 SOUTH FIRST STREET • WATERTOWN, WISCONSIN 53094 • 920-262-8099

### 2022 Election Days:

April 5 August 9 November 8



\*\*Not sure where you vote? Call City Hall at 920-262-4000.\*\*

### CBD 101 Monday, April 11 @ 10:00 am

The healthcare team at Pine Hill Farms will be at the center to help you learn more about CBD, what it is and how it can help you, etc. Learn everything you need to know about CBD for your body from certified holistic cannabis practitioners. Pine Hill Farms is a licensed producer of CBD oils.



### Tackle Technology Monday, April 25 @ 10:00 am

Regina, Watertown Public Library, will be at the center to help you to understand your tablet or smartphone better. Bring your questions! Reservation required as space is limited!

### Indoor Plants/Gardening Tuesday, April 26 @ 1:00 pm

Dennis Bries will be at the center to do a presentation on how to grow plants to aid in cleaning, humidity levels, and reduce household odors.

He'll also discuss ways to help you garden in your house to an apartment/condo.

### Meals for 1 or 2 & Downsizing Tuesday, April 12 @ 1:00 pm

Dennis Bries will be at the center to do a presentation on various ways you can cook for 1 or 2. Whether you live in an apartment or in a house, he will give you tips on how you can work with various food items (cans, boxes, etc.) to make them work for your downsized household.

He'll also discuss ways to help you downsize from your house to an apartment/condo. What to keep/get rid of?

### Trip Presentation Wednesday, April 20 @ 1:00 pm

Jon Grutzner, Premier World Discovery, and Kris Hoff, Happy Times Tours, will be at the center to discuss upcoming day and extended trips. Looking to go



somewhere warm - or at least warmer than Wisconsin? They have you covered!!!

### How to Protect Your Stuff from Devasting Long-Term Care Costs Wednesday, April 27 @ 1:00 pm

Join Candie Feurstein, Elder Life Advisor from Elder Life Group, for an educational workshop to discuss "How to Protect Your Stuff" from devastating long-term care costs. They will discuss the reality of the Long-Term care crisis we face as we age and the exceptions to the "rules" laid out for us. They will identify planning options available to you that you may not be aware of! The first step in preparing for long-term care costs is education!

Please be aware programs are subject to change (COVID, weather, etc.)

### Welcome to the Watertown Senior & Community Center

514 South First Street Watertown, WI 53094 920-262-8099

The center is open Monday through Friday, 8:00 am through 4:30 pm. Anyone age 50 and older may become a member of the Watertown Senior Center.

**The 2022 new membership fees:** \$10.00 for city residents and \$15.00 for non-city residents. Fees can be paid anytime during regular office hours.

#### Make Checks Payable to: City of Watertown

Guests (>50 years old), excluding inactive members, can participate the first time at no charge before they are asked to pay a \$1.00 activity fee or the membership fee.

### Senior Center Advisory Board

Phyllis Krahn

**Becky Shult** 

Lori Fort-Hoerig

Mary Withers

### Larry Crouch

**Kim Henze,** Watertown Healthcare Center Community at Large Member

Kailey Jo Gruling, Hafemeister Funeral Home Community at Large Member

#### *Mayor* Emily McFarland, 920-262-4000

### Parks & Recreation Staff

Randy Wojtasiak, Parks & Rec Director Andrea Draeger, Senior Center Director/ Office Manager Kelli DeCoto, Aquatics Manager Megan Schwefel, Admin Assistant Rana Jenkins, Office Aide Dale Tietz, Maintenance Custodian

### Jefferson County Benefit Specialist

A Jefferson County Benefit Specialist will be at the center the 1st and 3rd Mondays of the month. Appointments are required. Assistance can be given for Medicare Part D, SeniorCare, Medicare, insurance. and more for those ages 60 and older. 920-674-8734 Call to make an appointment.



### Dodge County Benefit Specialist

A Dodge County Benefit Specialist will be at the center on the 4th Monday of the month. Assistance can be given for Medicare Part D, SeniorCare, Medicare, insurance, and more for those ages 60 and older. Call 1-800-924-6407 to make an appointment.

### **Volunteer Hours**

The Volunteer Timesheets have been moved to the Receptionist Desk. Please stop by the desk to enter your hours on the volunteer timesheets.

### The Center Is Closed

April 15—Good Friday May 30—Memorial Day July 4—Independence Day September 5—Labor Day



Fill Out the Members Ballot on Page 9 & Turn into the Senior Center Office.

### It's Back—Senior Dining Returns in April!!! See page 14 for details!!!

**Reminder:** No admittance into Conley Hall for programming until at least 12:15 pm.

### **Birthday Thursday is Back**

The center is offering Birthday Thursday on the first Thursday of your birthday month. Please call the Senior Center Office, 920-262-8099 to reserve your spot in your birthday month. This program is for Senior Center members only.

### Members Only Contest!!

Find the butterfly!! Let us know who you are and on what page you found it. Winner will be announced in next month's newsletter. **March winner is Joan Wegner. Stop by the office to get your prize.** 

## ACTIVITIES TO DO THIS MONTH...

### **Program Start Times**

Please be seated prior to the start times to avoid program delays.

### Bridge Mondays @ 1:00 pm

Bridge continues to be a popular game among the experienced bridge players. It is played at 1:00 pm on Monday afternoons.

#### **Euchre** Mondays @ 1:00 pm Sundays @ 1:00 pm (Public)

Euchre is played at 1:00 pm. Members wishing to play are encouraged to participate.

### 500

### Wednesdays @ 10:00 am

Come, learn and play 500 at 10:00 am! Whether you are a novice or an expert, evervone is welcome!

#### **4 Handed Sheepshead** Wednesday & Fridays @ 1:00 pm

Sheepshead is played at the center at 1:00 pm, arrive by 12:45 pm. Members wishing to play are encouraged to attend.

### Bingo

### Thursdays @ 1:00 pm

Bingo is played at the center in Conley Hall at 1:00 pm. Admittance begins at 12:15 pm. The cost is 50¢ per card not to exceed \$2.00. Non-members (>50) are invited, but pay a \$1.00 activity fee. Please bring \$1 bills.

#### Hand & Foot Card Game Thursdays @ 1:00 pm

You are invited to play Hand and Foot at the center! The object is to use up all the cards in your possession and to make 2 red and 3 black books. Hope to see you there!!!

### **Board Games**

We have plenty of board games to choose from. Find a spot and play. There is no fee to play.



### Mondays @ 9:00 am

Come and play Scrabble! "Tile" your competition and see how many triple words you can get! Mondays at 9 am. Bring a friend.

### Bunco

### Mondays @ 10:00 am

Bunco is a dice game played with 3 dice. Accumulate points by rolling dice for each round. It's a fun game!!!

#### **5 Handed Sheepshead** Tuesdavs @ 1:00 pm 2nd & 4th Sundays at 1:00 pm (Public)

5 Handed Sheepshead is played at the center at 1:00 pm, arrive by 12:45 pm. Members wishing to play are encouraged to attend.

### Water Color Club Wednesdays @ 1:00 pm

Need a little color in your life? The Water Color Club meets on Wednesdays at 1:00 pm. Come and learn different techniques, exchange ideas, socialize and just enjoy painting.

### Phase 10

### 2nd Wednesday of Month @ 1:00 pm

Have fun competing to make the different 'phases" or rounds. Person with the least amount of points wins!!!

#### **Beginner's Bridge** Thursdays @ 1:00 pm

If you are beginner to bridge or need to get the rust off, come and play!

### Wii Bowling

The Wii Game is available for anyone wishing to learn or practice any of the games. Instruction is available. Feel free to come in and practice anytime.

### Adult Coloring

Adult coloring books are available! Great for keeping your mind sharp and using your imagination! Feel free to stop in and color anytime, too!!

### Card game activities are the least safe during COVID.



# MORE ACTIVITIES TO DO...

### Bookworms Book Club Monday, April 11 @ 1:00 pm

Watertown Senior Center is teaming up with the Watertown Public Library for a new book club! The book club will meet every second Monday of the month. *April's book* 

*is "Orphan Train" by Christina Baker Kline.* Each month a new book will be handed out and discussed at the following meeting! We hope to see you!!!



### StoryCorps Interviews April 18-20—times vary



The Senior Center is collaborating with Bridges Library System to be part of StoryCorps, a national oral history organization, to record and preserve community stories. For 40 minutes, two

people can schedule a time to come to the Senior Center to talk together and record their conversation. Siblings, spouses, parents and children, friends... anyone is welcome to participate. If you are interested in being part of the *Gathering and Sharing Stories* project, or would like more information, *please contact us at 920-262-8099 or stop at the front desk*. For specific questions about the StoryCorps project, contact Angela Meyers at the Bridges Library System at 262-896-8245.

### **Blood Drives**

April 25—10:00 am—3:00 pm (ARC) May 3—11:00 am—5:00 pm (ARC) May 13—11:00 am-4:00 pm (Versiti) May 18—1:00-6:00 pm (ARC) May 31—1:00-6:00 pm (Versiti)

The blood drives will be held at the center in the lower level Terrace Room. Help others in need with your donation of blood or platelets!

American Red Cross (ARC)—1-800-733-2767 or online at www.redcross.org

Versiti Blood Center of WI— 1-877-232-4376 or online at www.versiti.org

### Funeral Planning Tuesday, May 10 @ 1:00 pm

Claudia Murray, Pederson-Nowatka Funeral Home, will be at the center to discuss funeral planning and pre-planning for any age young or old. Ways to save money by pre-



planning your funeral. Who to appoint to "speak" for you after your passing. Learn about what is involved in making funeral arrangements. She will also talk to you about writing your obituary, too.

### Mayor Meet Up Tuesday, May 17 @ 10:00 am

Join us for Mayor Meet Up! Meet Watertown's Mayor! Come with your questions and concerns. Please support our Mayor as they takes time out to meet with us!

### Lunch Program Volunteers Needed

Volunteers are needed to help pack for the Jefferson County's Meals on Wheels program and to help serve and clean up for in house dining when the meal site re-



sumes in April. Please contact Patti at 920-728-1210 and leave a message with your name and telephone number. Patti will get back to you as soon as possible. There are various times and days available, so we can work around your schedule.



Activities You must be seated by program start time to avoid delays.

# Movie Matinees

### "King Richard" April 19 @ 1:00 pm



Richard Williams is an undeterred father instrumental in raising two of the most extraordinarily gifted athletes of all time, who will end up changing the sport of tennis forever. Driven by a clear vision of their future and using unconventional methods. Richard has a plan that

will take Venus and Serena Williams from the streets of Compton, California to the global stage as legendary icons. This movie stars: Will Smith, Aunjanue Ellis, Saniyya Sidney, and Dylan McDermott. Movie is rated: **PG-13.** Movie runs: 2 hours 25 minutes.

### "Let Him Go" April 25 @ 1:00 pm

Following the loss of their son, retired sheriff George Blackledge and his wife Margaret leave their Montana ranch to rescue their young grandson from a dangerous family living off the grid. They soon discover that the Weboy family has no intention of letting the child go, forcing George and Margaret to



fight for their family. This movie stars: Diane Lane, Kevin Costner, Lesley Manville, and Kayli Carter. Movie is rated: **R.** Movie runs: 1 hour 54 minutes.

The movies are free to members. There is a \$1.00 activity fee for non-members. Refreshments will be available. Donations are always welcome!



For ad info. call 1-800-950-9952 • www.lpicommunities.com Watertown Senior Community, Watertown, WI A 4C 01-1332

### "Meals on Wheels"

The Jefferson County Meals on Wheels program is based out of the Watertown Senior & Community Center. It is an essential service and is still operating, delivering meals to homebound people in our community. If you would like to see if you qualify, please contact Patti at 920-728-1210.

### **Volunteer Opportunities**

With the center resuming normal schedul-



center resuming normal scheduling, we are in need of decorators, newsletter delivery, popcorn makers, and program leaders. If you are interested, please call the Senior Center office at 920-262-8099.

### **Kwik Trip Gift Cards**

The center has \$20 Kwik Trip gift cards available. The cards can be used at any Kwik Trip store for gas or any store

item. They make great gifts for any occasion. Support the center and purchase a Kwik Trip gift card in the office or at the receptionist counter. They make great gifts.



The River View is available online. Go to our City Website at *www.ci.watertown.wi.us* and download your copy today!



What's warm for one, is not for another! It is hard to maintain room temperatures to please everyone, so please bring a sweater.



### "Birthday Thursday" Happy Birthday to you! Happy Birthday to you! Happy Birthday to everyone born in April!



The following members have birthdays in April! Reach out and wish them a Happy Birthday!

Karen Baron Elaine Baumann Francine Butzine Thomas Capps Gerald Coughlin Lisa Delestiene Rex Dennv Kathi Dexter Kaye Eckert Bernice Finley John Flahive Ron Froemming Natalie Geiger Phyllis Gerth Joan Griep Harvey Hrobsky Jr Margaret Keck Barb Kofler Diane Kosanke Ronald Kuehl Allie Langer Kathy Lindemer Beverly Lorenz Janice Melcher

Dale Meyer Marianne Opperud Bonnie Orlowski Joy Parmley Dorothy Jean Pauli Louise Piller Julie Pillsburv Lois Piskula Wendy Roberts David Roehl Andrew E. Schmidt Richard Schoemann-Doris Seeber Janice Sell Mary Singer Nancy Stadler Melvin Teska Walt Voegeli Nancy VonBoeckmann Steven West Betty Jean Wolter Thomas Zimmerman Mark Zoellick

### **NEW - Open Computers**

Laptop computers are now available



for use at the center in the Library. They are available on a first come, first serve basis. No printer or computer help available.

### Watertown School Supplies & Bingo

In January, we began collecting school supplies for Watertown schools. Please bring supplies to the reception desk at each bingo. These supplies help students unable to get their own supplies.





## **Hunger Task Force Stockhox**

**Applications and Distribution** at Watertown Senior and Community Center April 6, 2022 10:00 am - 11:00 am

Stockbox **2022 Dates:** May 4 June 8 July 6 August 3 September 7 October 5 November 2 December 7

### Stockbox is still available for pickup

even though the center is closed. New and current participants should pickup their box by driving directly up to the truck in our parking lot. There is no need to enter the building.

### What is Stockbox?

Stockbox is a free program that provides a box of healthy food every month to seniors 60 years and older to help improve their diet and nutrition,

- \*Monthly income before tax deductions for 1 person in a household is \$1,316
- \*Monthly income before tax deductions for 2 people in a household is \$1,784
- \*For each additional person in the household add \$451

The box of the monthly food supplements may include items such as:

- -Cheese
- -Juice

-Peanut butter

- -Canned fruits
- -Cereal -Canned meat

- -Canned vegetables
- -Canned and dry milk
- -Rice, instant potatoes or pasta

Applications and distribution will occur monthly at the center on Wednesdays, of the first full week each month.





# Volunteer Recognition Program & Annual Members Meeting

# Tuesday, May 24 @ 11:30 am

Everyone is invited to join us on May 24th for our Volunteer Recognition Program and Annual Membership meeting to honor and support all of our volunteers who provide valuable services for the center. The Watertown Senior Center is blessed with having a wonderful group of volunteers! In 2020-2021, 32 volunteers donated their valuable time and energy to provide a superior level of service to keep the programs of our center going strong. Over 4276 hours were donated to the center, which, if paid at minimum wage, would exceed over \$31,000. Feil's will be catering a wonderful lunch.

Following our program, Fish Sticks Comedy will be performing. There is no charge. Mark your calendars to attend this great event and support our volunteers! Everyone is welcome!

Sign up at the front desk or call the office at 262-8099 to register on or before Friday, May 6th.

### Claire's Creations Mending & Alterations

Do you need some pants hemmed or a zipper fixed? Claire Heine has her own business and has offered to do mending

and alterations for our members. She will be at the center on the 2nd and 4th Tuesday of every month from 9-10:45 am. Call 262-8099 for an appointment.



### Caring Crafters 2nd & 4th

**Tuesdays** (a) **10:00 am** Enjoy knitting, crocheting? Whether you know basic stitches or are an



experienced crafter, come and join in the fun. The Caring Crafters group creates a variety of items for a variety of local charities! Bring a friend or make some new ones! You do not need to be a member of the senior center to be a member of Caring Crafters!!

### First-Come, First-Served Walking & Fitness Equipment Mondays - Fridays

Walk and exercise at the Watertown Senior & Community Center. No need to worry about the weather as you exercise inside! **NEW** Tread mill, recumbent bicycle, elliptical machine and spin bike are also available on a first come, first served basis.



### Taxi Vouchers



The Watertown Senior Center is able to provide a Taxi Voucher (valued at \$2.75) to seniors, 50 and above, that need a ride to or from the center to participate in programming. The center will

split the cost with you! If you can get here, we'll get you home. Please contact the office for more details.

#### Watertown Senior Center Advisory Board 514 S. First Street, Watertown, WI 53094

# **2022 Members Ballot**

#### Return by April 22, 2022

Two positions are available on the Watertown Senior Center Advisory Board. Please vote **one time** by choosing two (2) candidates and return the form to the center by April 22, 2022. Results will be presented at the Annual Members meeting in May.

Pick Two (2)√



#### Larry Crouch (Incumbent)

Currently serves as the chairman of the Community Outreach Committee. He has served on the board since 2021. Larry was the Director of Development and Marketing for the Boy Scouts of America and has served on boards in various communities around the Midwest and Texas. As part of Larry's Community Outreach, the Center has collaborated with the Watertown Public Library and Bridges Library System to bring StoryCorps, a national oral history organization, along with the Bookworms Book Club, to the Center. Larry would like to continue to be part of the Senior Center Advisory Board and contribute to the decisions made for the center.



#### **Beth Becket**

Beth has been a member of the center since 2021. She has lived in Watertown her whole life and is a retired Medical Lab Technician. You can find Beth volunteering at the Reception Desk and is a Wii Bowler. Beth would like to be part of the Senior Center Advisory Board and contribute to the decisions made for the center.



#### **Teddi Flahive**

Teddi joined the center in 2008. She has volunteered over the years for many fundraisers, including bake sales and rummage sales, etc. You can find Teddi playing Sheepshead or Scrabble at the center. Teddi would like to be part of the Senior Center Advisory Board and contribute to the decisions made for the center.



Write In Candidate:

Return by April 22, 2022

### TRIP PAGE!

Additional trip flyers and reservation forms are available at the Center. Trips are open to the public! You do not have to be a member of the Center to participate! Gift Certificates are available.

### A Mighty Fortress is Our Basement-Fireside Theatre Sunday, May 15

In this installment of The Church Basement Ladies Series, the year is 1960 and a reformation is underway. All the main characters have something new going on!! Against the changing tide, these "bulwarks never failing" stand strong in their faith, friendships, crazy antics, songs and more lessons learned. Included is a matinee brunch! Call Happy Times Tours at 1-414-867-2727. Cost is \$129/person.



### What Happens in Vegas The All-New Fireside Live Review-Fireside Theatre Sunday, June 15

For over 70 years, Las Vegas has been the entertainment capital of the world. Just about every great entertainer has appeared in Las Vegas over the last seven decades. The Fireside Theatre will pay tribute to many of those legendary performers in an all new

live band show featuring Steve Watts and the celebrated Fireside Band. From the early days with Frank Sinatra and the Rat Pack to the contemporary artists of today. Call Happy Times Tours at 1-414-867-2727. Cost is \$129/person.



### **Avoid Cancellations. Register Early!**

To avoid trip cancellations, please register for trips prior to the deadline printed on the trip flyer! Most trips require about 40 participants to go and have a deadline about a month prior to the actual trip date.

Please register early!!

### Stunning South Dakota May 22-27, 2022



Enjoy 2 nights at the Royal River Casino. On our trip we'll go sightseeing with a stop at Lewis & Clark Welcome Center, view "Dignity" the 50-foot Native woman who gracefully

wears a Native Dress, we'll stop at Mount Rushmore, visit Crazy Horse Memorial, drive through the Wildlife Loop of Custer State Park, see Devil's Tower and Wall Drug before heading home! Call Happy Times Tours at 1-414-867-2727. Cost is \$799/double, \$999/ single.

### Cape Cod & the Islands August 13-20, 2022

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Fly with us to Boston! Enjoy a Boston City Tour and see many historical sites including Plymouth Rock and Boston Commons. Enjoy a scenic ferry ride to Martha's Vineyard. We'll travel along the Cape Cod National Seashore which features pristine sandy beaches, pond and diverse wildlife and lighthouses. We'll visit a traditional cranberry bog and learn about harvesting. Next, we'll travel to Newport, Rhode Island. We'll drive by the Touro Synagogue (oldest synagogue in America), tour The Breakers Mansion, then follow the "Ten-Mile-Drive" along the magnificent rocky coast, which boast exquisite estates from the early 1900's. We'll also visit the Nantucket Whaling Museum before returning home! Cost is: \$2975/double, \$3725/ single. Call Happy Times Tours at 1-414-867-2727.



### **Financial Assistance**

### Watertown Family Aid available by phone ONLY

*Call 920-285-3062 on* Monday & Wednesdays 2:00-4:00 pm For assistance with food

### Salvation Army Call 920-297-0137

on Tuesdays from 10:00 am-2:00 pm For assistance with rent & utilities

### Watertown Food Pantry 204 N. 10th Street New Hours

Monday—10:00 am—12:00 pm Tuesday—1:00—3:00 pm Wednesday—12:00—2:00 pm Thursday—1:00—3:00 pm & 4:30-6:00 pm Friday—10:00 am—12:00 pm

> Bread Basket 415 S. 8th Street Monday–12:00–7:00 pm

### **Disposing of Drugs**

The Watertown Police Department, in cooperation with UW Health Partners-Watertown Regional Medical Center, has established a permanent drop-off site for unwanted or expired pharmaceutical drugs. The drop-off container is located in the lobby of the Watertown Police Department, 106 Jones Street, Watertown. Public access to the drop off containers is available 24 hours a day.

Drugs must remain in the original containers with the name and prescription number crossed off. Participants using the drop box are asked to leave the name of the drug on the container so the pharmaceutical can be disposed of properly.







### Mark Your Calendars!!

### May Bingos: 1:00 pm -

Thursday, May 3 Thursday, May 12 Thursday, May 19 Thursday, May 26



Funeral Planning: 1:00pm Tuesday, May 10

### **Blood Drives:**

Friday, May 13—11:00 am—4:00 pm Wednesday, May 18—1:00-6:00 pm Monday, May 30—1:00-6:00 pm Tuesday, June 28—10:00 am-3:00 pm

### Mayor Meet Up: 10:00 am

Tuesday, May 17 Tuesday, August 23 Tuesday, November 15

### Movies—1:00 pm:

Tuesday, May 17— TBA Tuesday, May 31— TBA

### Volunteer Awards: \*\*NEW DATE\*\*

May 24, Fish Sticks Comedy, Ent.

Holiday–Center Closed: May 30–Memorial Day

### Coffee with a Cop: 10:00 am

Tuesday, June 7 Tuesday, September 30 Tuesday, December



### Hearing Screenings: 10:00—11:00 am

Wednesday, June 11 Wednesday, July 6 Wednesday, August 3

Advisory Board Meetings: 9:00 am Wednesday, June 15

Wednesday, August 17

### Voting:

Tuesday, August 9 Tuesday, November 8



### **Available Resources**

Family Aid—920-285-3062 (food assistance) Call on Mondays & Wednesdays 2:00-4:00 pm

**Loaves & Fishes** Every non-Holiday Monday 4:15-5:30 pm Watertown Moravian Church (510 Cole Street)

**Bread & Roses** Every non-Holiday Thursday 4:30-6:30 pm Immanuel Ev. Lutheran Church (204 N. 10th Street)

> Bread Basket Mondays 12:00—7:00 pm YMCA (415 S. 8th St)

**Personal Essentials Pantry** Every non-Holiday Thursday 1-3 pm & 4-6 pm Immanuel Ev. Lutheran Church (204 N. 10th Street)

Safelink Wireless is a government supported program that provides a free cell phone and airtime each month for in-

provides a free cell phone and airtime each month for income eligible customers. www.safelink.com or 1-800-378-1684

> Social Security Office-Waukesha 1-866-220-7885

> Watertown Food Pantry Immanuel Lutheran Church 204 N. 10th Street 920-261-7226

Jefferson County Meals on Wheels 920-728-1210

Dodge County Meals on Wheels 1-800-924-6407

Senior Dining Program 920-728-1210 (call a serving day prior to dining)

Shuttle Service (Out of Watertown Only) Dodge County Residents: 920-386-3832 Jefferson County Residents: 920-674-8104 C & W Med Rides LLC: 920-397-7624 Matt: 920-285-1853

Salvation Army-920-297-0137

Assists with rent and utilities, etc. Call on Tuesdays from 10 am-2 pm

Your Friends In Action Volunteer programs for Seniors includes: shopping & errands, transportation, and friendly visits. Call 920-674-4548

**Lifeline** Puts you in touch with a Lifeline Monitor who talks to you to find out what kind of help you need. Call 920-261-7108 for more information.

Home Instead Caregivers & Companions for the Elderly and Disabled 920-219-9832

> Visiting Angels Up to 24 hour Senior Homecare 920-568-1051

Watertown Transit—TAXI 920-261-RIDE (7433)

Energy Assistance Program: 1-800-506-5596

# **Senior Dining Returns!!!**

#### In-person senior dining resumes Friday, April 1st, 2022

We are pleased to announce that the Watertown Senior Center resumes in-person senior dining on April 1, with meal service at 11:45 a.m., Monday through Friday, except days when the Jefferson County Offices are closed. Call **920.728.1210** by 11 am one day in advance to make a reservation. For Monday dining, reservations accepted by Friday at 11 am. Once we resume congregate, or in-person dining, <u>Carry Out meals will no longer be an option</u> at the Watertown Senior Center.

The purpose of the Senior Dining Program, also called Congregate Dining, is to serve healthy, well-balanced meals, provide a place for social engagement and gatherings, present information on healthy aging, connect people to programs and resources, and offer meaningful opportunities to volunteer.

Individuals eligible to receive a meal on a voluntary contribution basis at a senior dining center are:

- Aged 60 or older
- A spouse or domestic partner who attends the dining center with his or her spouse or domestic partner who is aged 60 or older
- An adult with a disability, younger than age 60, who resides with an eligible older individual participating in the program

Nutrition Program staff, guests and volunteers who meet the criteria above are eligible program participants. These individuals will be given the opportunity to contribute to the cost of the meal in accordance with usual contribution procedures.

- Meals are offered to participants 60 years and older at a suggested contribution rate, currently \$4.00 per meal.
- This rate also applies to spouses of participants as well as caregivers, or a person with a disability (of any age) who lives with the participant.
- No older adult will be turned away if unable to contribute, and all contributions are confidential. We ask that you contribute what you can afford whether it be less or more than the suggested donation rate.
- Anyone else under the age of 60, who would like to dine, will be charged the full cost of the meal of \$14.34.
- Donations will be collected in a locked donation box conveniently located in the dining center. Participants are encouraged to bring the exact cash for their intended donation and checks are also acceptable.

We understand that we serve the older adult population who are at greater risk for COVID-19. We will be following guidance from the Watertown Public Health Department and will be staying up to date with the most recent CDC guidelines and recommendations. This may mean that we will need to limit the number of diners on a given date to allow for appropriate social distancing. Your health and safety matter greatly to us!

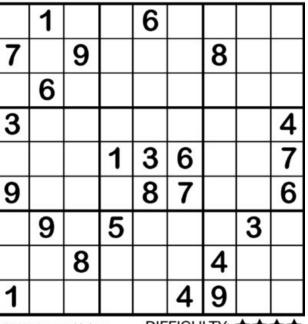
# Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

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# Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY:

Answer Page 18





Curling Event on Feb. 18 Curling Stone weighs 40 lbs!!



PROGRESSIVE 61 \$80.00



Coffee with a Cop— Police Chief Kaminski on March 8

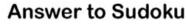


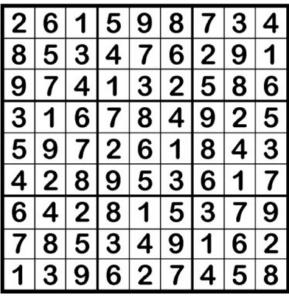
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For ad info. call 1-800-950-9952 • www.lpicommunities.com Watertown Senior Community, Watertown, WI E 4C 01-1332



# Answers

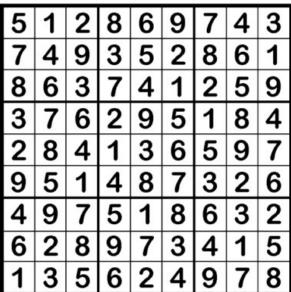








### Answer to Sudoku







# Pick Up ONLY- Call Patti at 920-728-1210 for reservation.

<b>DRC</b>	Aging & Disability Resource Center of Jefferson County	FRIDAY	<ol> <li>Breaded Fish Fillet</li> <li>Baby Red Potatoes</li> <li>Cole Slaw</li> <li>Concerned Boll</li> </ol>	Tropical Fruit Salad Sliced Bread	8 Vegetarian Lasagna Italian Blend Vegetables Orange Sherbet Petite Banana French Bread	15 Office is Closed No meals served today	22 Beef Frank on a Bun Baked Beans Corn Cantaloupe Slice Ice Cream Cup	<b>29</b> Chicken Marsala Baked Potato Carrots Petite Banana Frosted Cake Sliced Bread
JINING tice. N-F only.	<i>itice.</i> -W-F only.	THURSDAY*	<sub>Б</sub>		7 Mushroom Pork Cutlet Mashed Potatoes Carrots Birthday Cake Fruited Gelatin Dinner Roll	<ul> <li>Glazed Ham</li> <li>Sweet Potato Bake</li> <li>Health Slaw</li> <li>Tapioca Pudding</li> <li>Peach Slices</li> <li>Dinner Roll</li> </ul>	21 Pepper Steak Baby Red Potatoes Brussels Sprouts Spice Cake Tropical Fruit Salad Dinner Roll	28 Escalloped Potatoes and Ham Casserole Three Bean Salad Honeydew Melon Butterscotch Pudding Dinner Roll
April 2022 JEFFERSON COUNTY SENIOR DINING	Menu is subject to change without notice. *Ixonia & Johnson Creek receive meals M-W-F only.	WEDNESDAY	spirit of youth in everything"	- William Shakespeare-	<ul> <li>Feriyaki Chicken Brown Rice Broccoli Cuts Sugar Cookie Pineapple Tidbits Sliced Bread</li> </ul>	13 Baked Chicken Garlic Mashed Potatoes Three Bean Salad Chocolate Chip Cookie Fruit Cocktail Sliced Bread	20 Pork Jaegerschnitzel Mashed Potatoes Baby Carrots Apricots Cookie Sliced Bread	27 Baked Spaghetti Broccoli Cuts Key Lime Pie Orange French Bread
April 2022 JEFFI	Menu is subj *Ixonia & Johnsor	TUESDAY*	"April hath put a spirit	oril hath put a spirit - William Sh	<ul> <li>5 Chili Casserole Corn Cantaloupe Slice Applesauce Cake Cornbread</li> </ul>	12 Honey Mustard Meatballs Baked Potato Calif. Blend Vegetables Fudge Brownie Apple Slices Dinner Roll	19 Meatloaf Baked Potato Peas/Pearl Onions Chocolate Cloud Torte Applesauce Dinner Roll	26 Baked Chicken Twice Baked Style Potatoes Copper Penny Salad Cookie Fruit Cocktail Dinner Roll
Senior Dining	Followship, Paul & Fan	MONDAY	Part Part	NV.	4 Swiss Steak Mashed Potatoes Peas and Carrots Butterscotch Pudding Apricots Sliced Bread	11 Chopped Steak in Burg/ Mushroom Sauce Mashed Potatoes Mixed Vegetables Vanilla Pudding Pear Slices	18 Chicken Breast Mashed Potatoes Spinach Salad with Rasp. Vinaigrette Chocolate Sundae Cup Fruited Gelatin Sliced Bread	25 Cranberry/Kraut Meatballs Brown Rice Swiss Spinach Chocolate Pudding Apple Slices Sliced Bread

Activity Calendar April 2022							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
	F/G	OLS D	ANA APRIL I		1 1:00 Sheepshead		
3 1:00 Public Euchre	4 9:00 Scrabble 10:00 Bunco 10:00 Jeff Cty Benefit Specialist 1:00 Bridge 1:00 Euchre	5 7:00 Voting 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead	6 10:00 500 10:00 HT-Stockbox 10:00 Hearing Screenings 1:00 4 Handed Sheepshead 1:00 Watercolor 1:00 Woodcarvers	7 9:00 Wii Bowling Lg 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	8 1:00 Sheepshead		
10 1:00 Public Euchre 1:00 Public Sheepshead	11 9:00 Scrabble 10:00 Bunco 10:00 CBD 101 Talk 1:00 Book Club 1:00 Bridge 1:00 Euchre	12 9:00 Claire's Mending 9:30 Caring Crafters 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead 1:00 Downsizing/ Cooking for 1 or 2	13 10:00 500 1:00 4 Handed Sheepshead 1:00 Phase 10 1:00 Watercolor 1:00 Woodcarvers	14 9:00 Wii Bowling Lg 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	15 <i>Closed for Good Friday</i> No Meal Served		
17 Closed for Easter	18 9:00 Scrabble 10:00 Bunco 10:00 Jeff Cty Benefit Specialist 1:00 Bridge 1:00 Euchre	19 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead 1:00 Movie "King Richard" 5:00 Meal of Hope	20 9:00 Adv Bd Mtg 10:00 500 1:00 4 Handed Sheepshead 1:00 Trip Present. 1:00 Watercolor 1:00 Woodcarvers	21 9:00 Wii Bowling Lg 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	22 1:00 Sheepshead		
24 1:00 Public Euchre 1:00 Public Sheepshead	25 9:00 Scrabble 10:00 Blood Drive 10:00 Bunco 10:00 Dodge Cty Benefit Specialist 10:00 Tech. Talk 1:00 Bridge 1:00 Bridge 1:00 Euchre 1:00 Movie- "Let Him Go"	26 9:00 Claire's Mending 9:30 Caring Crafters 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead 1:00 Indoor Plant/ Gardening	27 10:00 500 1:00 4 Handed Sheepshead 1:00 Asset Workshop 1:00 Watercolor 1:00 Woodcarvers	28 9:00 Wii Bowling Lg 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	29 1:00 Sheepshead		