

**MAY 2022**



# THE RIVER VIEW

**Watertown Senior & Community Center**

**514 SOUTH FIRST STREET • WATERTOWN, WISCONSIN 53094 • 920-262-8099**

## **Volunteer Recognition Program & Annual Members Meeting**

**Tuesday, May 24 @ 11:30 am**

Everyone is invited to join us on May 24th for our Volunteer Recognition Program and Annual Membership meeting to honor and support all of our volunteers who provide valuable services for the center. The Watertown Senior Center is blessed with having a wonderful group of volunteers! In 2020-2021, 32 volunteers donated their valuable time and energy to provide a superior level of service to keep the programs of our center going strong. Over 4,276 hours were donated to the center, which, if paid at minimum wage, would exceed over \$31,000. Feil's will be catering a wonderful lunch.

Following our program, Fish Sticks Comedy will be performing. There is no charge. Mark your calendars to attend this great event and support our volunteers! Everyone is welcome!



***Sign up at the front desk or call the office at 920-262-8099 to register on or before Friday, May 6th.***

### **Funeral Planning Tuesday, May 10 @ 1:00 pm**

Claudia Murray, Pederson-Nowatka Funeral Home, will be at the center to discuss funeral planning and pre-planning for any age young or old. Ways to save money by pre-planning your funeral. Who to appoint to "speak" for you after your passing. Learn about what is involved in making funeral arrangements. She will also talk to you about writing your obituary, too.



### **Summer Wii Bowling League Meeting Tuesday, May 10 @ 10:00 am**

The center is looking for seniors interested in the Summer Wii Bowling League, beginning in mid-May. Once participants are registered, we will have an organizational meeting to discuss rules, schedules, and organizing teams. Come and join the league; it is a fun, relaxing competition for everyone!

### **Learn Wizard the Card Game Mondays, May 9, 16, 23 @ 1:00 pm**

Harry & Cindee Lenius will be at the center to teach you to play the card game Wizard. Learn how to play Wizard, what are tricks, bidding and learn about the Jesters and Wizards!

**Please be aware programs are subject to change (COVID, weather, etc.)**

## Welcome to the Watertown Senior & Community Center

514 South First Street  
Watertown, WI 53094  
920-262-8099

The center is open Monday through Friday, 8:00 am through 4:30 pm. Anyone age 50 and older may become a member of the Watertown Senior Center.

**The 2022 new membership fees:** \$10.00 for city residents and \$15.00 for non-city residents. Fees can be paid anytime during regular office hours.

### Make Checks Payable to: City of Watertown

Guests (>50 years old), excluding inactive members, can participate the first time at no charge before they are asked to pay a \$1.00 activity fee or the membership fee.

### Senior Center Advisory Board

Phyllis Krahn

Becky Shult

Lori Fort-Hoerig

Mary Withers

Larry Crouch

Kim Henze,

Watertown Healthcare Center  
Community at Large Member

Kailey Jo Gruling,

Hafemeister Funeral Home  
Community at Large Member

### Mayor

Emily McFarland, 920-262-4000

### Parks & Recreation Staff

Randy Wojtasiak, Parks & Rec Director  
Andrea Draeger, Senior Center Director/  
Office Manager

Kelli DeCoto, Aquatics Manager

Megan Schwefel, Admin Assistant

Rana Jenkins, Office Aide

Dale Tietz, Maintenance Custodian

## Jefferson County Benefit Specialist

A Jefferson County Benefit Specialist will be at the center the 1st and 3rd Mondays of the month. Appointments are required. Assistance can be given for Medicare Part D, SeniorCare, Medicare, insurance, and more for those ages 60 and older. Call 920-674-8734 to make an appointment.



## Dodge County Benefit Specialist

A Dodge County Benefit Specialist will be at the center on the 4th Monday of the month. Assistance can be given for Medicare Part D, SeniorCare, Medicare, insurance, and more for those ages 60 and older. Call 1-800-924-6407 to make an appointment.

### Volunteer Hours

The Volunteer Timesheets have been moved to the Receptionist Desk. Please stop by the desk to enter your hours on the volunteer timesheets.

## The Center Is Closed

May 30—Memorial Day  
July 4—Independence Day  
September 5—Labor Day  
November 11—Veteran's Day

## Mayor Meet Up

**Tuesday, May 17 @ 10:00 am**

Join us for Mayor Meet Up! Meet Watertown's Mayor! Come with your questions and concerns. Please support our Mayor as she meets with us!



## Birthday Thursday is Back

The center is offering Birthday Thursday on the first Thursday of your birthday month. Please call the Senior Center Office, 920-262-8099 to reserve your spot in your birthday month. This program is for Senior Center members only.

## Members Only Contest!!



Find the falling star!! Let us know who you are and on what page you found it. Winner will be announced in next month's newsletter. **April winner is Phyllis Turke. Stop by the office to get your prize.**

# ACTIVITIES TO DO THIS MONTH...

## Program Start Times

Please be seated prior to the start times to avoid program delays.

### Bridge

**Mondays @ 1:00 pm**

Bridge continues to be a popular game among the experienced bridge players. It is played at 1:00 pm on Monday afternoons.

### Euchre

**Mondays @ 1:00 pm**

**Sundays @ 1:00 pm (Public)**

Euchre is played at 1:00 pm. Members wishing to play are encouraged to participate.

### 500

**Wednesdays @ 10:00 am**

Come, learn and play 500 at 10:00 am! Whether you are a novice or an expert, everyone is welcome!

### 4 Handed Sheepshead

**Wednesday & Fridays @ 1:00 pm**

Sheepshead is played at the center at 1:00 pm, **arrive by 12:45 pm**. Members wishing to play are encouraged to attend.

### Bingo

**Thursdays @ 1:00 pm**

Bingo is played at the center in Conley Hall at 1:00 pm. Admittance begins at 12:15 pm. The cost is 50¢ per card not to exceed \$2.00. Non-members (>50) are invited, but pay a \$1.00 activity fee. **Please bring \$1 bills.**

### Hand & Foot Card Game

**Thursdays @ 1:00 pm**

You are invited to play Hand and Foot at the center! The object is to use up all the cards in your possession and to make 2 red and 3 black books. Hope to see you there!!!

### Board Games

We have plenty of board games to choose from. Find a spot and play. There is no fee to play.



### Scrabble

**Mondays @ 9:00 am**

Come and play Scrabble! "Tile" your competition and see how many triple words you can get! Mondays at 9 am. Bring a friend.

### Bunco

**Mondays @ 10:00 am**

Bunco is a dice game played with 3 dice. Accumulate points by rolling dice for each round. It's a fun game!!!

### 5 Handed Sheepshead

**Tuesdays @ 1:00 pm**

**2nd & 4th Sundays at 1:00 pm (Public)**

5 Handed Sheepshead is played at the center at 1:00 pm, **arrive by 12:45 pm**. Members wishing to play are encouraged to attend.

### Water Color Club

**Wednesdays @ 1:00 pm**

Need a little color in your life? The Water Color Club meets on Wednesdays at 1:00 pm. Come and learn different techniques, exchange ideas, socialize and just enjoy painting.

### Phase 10

**2nd Wednesday of Month @ 1:00 pm**

Have fun competing to make the different "phases" or rounds. Person with the least amount of points wins!!!

### Beginner's Bridge

**Thursdays @ 1:00 pm**

If you are beginner to bridge or need to get the rust off, come and play!

### Wii Bowling

The Wii Game is available for anyone wishing to learn or practice any of the games. Instruction is available. Feel free to come in and practice anytime.

### Adult Coloring

Adult coloring books are available! Great for keeping your mind sharp and using your imagination! Feel free to stop in and color anytime, too!!

***Card game activities are the least safe during COVID.***



# MORE ACTIVITIES TO DO...

## Blood Drives

May 3—11:00 am—5:00 pm (ARC)

May 13—11:00 am-4:00 pm (Versiti)

May 18—1:00-6:00 pm (ARC)

May 31—1:00-6:00 pm (Versiti)

June 28—10:00 am—3 pm (ARC)

July 26—1:00—6:00 pm (Versiti)

August 11—1:00—6:00 pm (Versiti)

August 30—10:00 am—3:00 pm (ARC)

The blood drives will be held at the center in the lower level Terrace Room. Help others in need with your donation of blood or platelets!

American Red Cross (ARC)—1-800-733-2767 or online at [www.redcross.org](http://www.redcross.org)

Versiti Blood Center of WI— 1-877-232-4376 or online at [www.versiti.org](http://www.versiti.org)

## Free Memory Screening

Thursday, May 5 @ 11:00 am-1:00 pm

Tonya Runyard, Dementia Specialist ADRC of Jefferson County, will be taking appointments for **memory screenings by calling 920-675-4035 for a FREE 15 minute appointment.** Early detection is important. Treatment is possible. Stay in control of your life.

## Bookworms Book Club

Monday, May 9 @ 1:00 pm



Watertown Senior Center is teaming up with the Watertown Public Library for a new book club! The book club will meet every second Monday of the month. **May's book is "A Thousand Splendid Suns" by Khaled Hosseini.** Each month a new book will be handed out and discussed at the following meeting! We hope to see you!!!

## 2022 Election Days:

August 9

November 8—Bake Sale??

*\*\*Not sure where you vote?*

*Call City Hall at 920-262-4000.\*\**



## Coffee with a Cop June 7 @ 10:00 am

Join us for Coffee with a Cop! Meet Captain Randy Johnson! Ask him questions about the Police Department, voice your concerns, learn what they do, and get to know the men and women in blue! This presentation is free and open to the public!



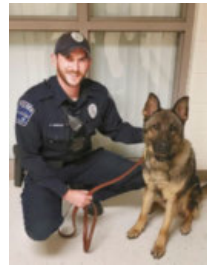
## Fall Wii Bowling League Meeting

Tuesday, August 16 @ 10:00 am

The center is looking for seniors interested in the Summer Wii Bowling League, beginning in early to mid-September. Once participants are registered, we will have an organizational meeting to discuss rules, schedules, and organizing teams. Come and join the league; it is a fun, relaxing competition for everyone!

## WPD K9 Presentation

Tuesday, September 13 @ 1:00 pm



Watertown Police Officer Luke Hensley and K9 Chance will be at the center to talk about the police departments K9 unit. What do they do? How they work? They will do a demonstration on how the K9 Unit works and how they train.



## Lunch Program Volunteers Needed

Volunteers are needed to help pack for the Jefferson County's Meals on Wheels program and to help serve and clean up for in house dining. Please contact Patti at 920-728-1210 and leave a message with your name and telephone number. Patti will get back to you as soon as possible. There are various times and days available, so we can work around your schedule.

**HELP  
WANTED**



# Movie Matinees

## “The Eyes of Tammy Faye” May 17 @ 1:00 pm

In the 1970’s and 1980’s, Tammy Faye and Jim Bakker built a burgeoning religious broadcasting network and theme park—until rivals, financial wrongdoing, and scandal toppled their empire. This movie stars: Jessica Chastain, Andrew Garfield, Cherry Jones, and Vincent D’Onofrio. Movie is rated: **PG-13**. Movie runs: 2 hours 6 minutes.



## “The Father” May 31 @ 1:00 pm

A man refuses all assistance from this daughter as he ages. As he tries to make sense of his changing circumstances, he begins to doubt his loved ones, his own mind, and even the fabric of his reality. This movie stars: Anthony Hopkins, Olivia Colman, Mark Gatiss, and Imogen Poots. Movie is rated: **PG-13**. Movie runs: 1 hour 37 minutes.



*The movies are free to members.  
There is a \$1.00 activity fee for non-members.  
Refreshments will be available. Donations are always welcome!*

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## “Meals on Wheels”

The **Jefferson County Meals on Wheels program** is based out of the Watertown Senior & Community Center. It is an essential service and is still operating, delivering meals to home-bound people in our community. If you would like to see if you qualify, please contact Patti at 920-728-1210.

## Volunteer Opportunities

With the center resuming normal scheduling, ***we are in need of decorators, newsletter delivery, popcorn makers, and program leaders.*** If you are interested, please call the Senior Center office at 920-262-8099.



## Kwik Trip Gift Cards

The center has \$20 Kwik Trip gift cards available. The cards can be used at any Kwik Trip store for gas or any store item. They make great gifts for any occasion. Support the center and purchase a Kwik Trip gift card in the office or at the receptionist counter. They make great gifts.

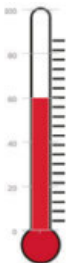


**The River View is available online.**

**Go to our City Website at [www.ci.watertown.wi.us](http://www.ci.watertown.wi.us) and download your copy today!**



***What's warm for one,  
is not for another!  
It is hard to maintain room  
temperatures to  
please everyone,  
so please bring a sweater.***



## “Birthday Thursday”

**Happy Birthday to you!  
Happy Birthday to you!  
Happy Birthday to  
everyone born in May!**



The following members have birthdays this month! Reach out and wish them a Happy Birthday!

Donna Adams  
Gerri Bauer  
Patricia Benzel  
Diana Bessel  
Varla Bishop  
Brenda Bockhorst  
Sandi Budewitz  
Dee Cantrall  
Ruth Castillo  
Palmer Christian  
Ken Cunderman  
Barb Duxstad  
Judith Erickson  
Louise Genge  
Bette Goodman  
Lance Hoff  
Debra Horack  
Vivian Howard  
Antonette Huggett  
Betty Jimenez  
Janice Julson  
Leone Kasten  
Ruth Keeser  
Susan Kotur  
Josephine Kubly

Jean Lechner  
Rita Lynch  
Mary Ann Manke  
Rae Metzger  
Judy Morris  
Beverly Nehls  
Larry Paluch  
Arlene Paluch  
Cynthia Pate  
Barbara Peter  
Ida Porzky  
Laurita Radtke  
Rachel Rasch  
Richard Reynolds  
Dale Sanders  
Betty Schuett  
Margaret Scola  
Geraldine Stark  
Joyce Stolarczyk  
Victor Tegtmeier  
Jonathan Ward  
Joan Wegner  
Dolly Wetzel  
Shaaron Wood  
Patricia Yantis



## NEW - Open Computers

Laptop computers are now available for use at the center in the Library. They are available on a first come, first serve basis. No printer or computer help available.



## Watertown School Supplies & Bingo

In January, we began collecting school supplies for Watertown schools. Please bring supplies to the reception desk at each bingo. These supplies help students unable to get their own supplies.







# Hunger Task Force Stockbox

Applications and Distribution  
at Watertown Senior and Community Center  
May 4, 2022  
10:00 am – 11:00 am

**Stockbox  
2022 Dates:**  
May 4  
June 8  
July 6  
August 3  
September 7  
October 5  
November 2  
December 7

**Stockbox is still available for pickup**  
even though the center is closed. New and current participants should  
pickup their box by driving directly up to the truck in our parking lot.  
There is no need to enter the building.

## What is Stockbox?

Stockbox is a free program that provides a box of healthy food every month to *seniors 60 years and older* to help improve their diet and nutrition,

- \*Monthly income before tax deductions for 1 person in a household is \$1,316
- \*Monthly income before tax deductions for 2 people in a household is \$1,784
- \*For each additional person in the household add \$451

The box of the monthly food supplements may include items such as:

- Cheese
- Canned fruits
- Canned vegetables
- Juice
- Cereal
- Canned and dry milk
- Peanut butter
- Canned meat
- Rice, instant potatoes or pasta



Applications and distribution will occur monthly  
at the center on Wednesdays, of the first full week each month.

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## Claire's Creations Mending & Alterations

Do you need some pants hemmed or a zipper fixed? Claire Heine has her own business and has offered to do mending and alterations for our members. She will be at the center on the 2nd and 4th Tuesday of every month from 9-10:45 am. Call 262-8099 for an appointment.



## Caring Crafters 2nd & 4th

**Tuesdays @ 10:00 am**

Enjoy knitting, crocheting? Whether you know basic stitches or are an experienced crafter, come and join in the fun. The Caring Crafters group creates a variety of items for a variety of local charities! Bring a friend or make some new ones! You do not need to be a member of the senior center to be a member of Caring Crafters!!



## First-Come, First-Served Walking & Fitness Equipment Mondays - Fridays



Walk and exercise at the Watertown Senior & Community Center. No need to worry about the weather as you exercise inside! **NEW** Tread mill, recumbent bicycle, elliptical machine and spin bike are also available on a first come, first served basis.

## Taxi Vouchers



The Watertown Senior Center is able to provide a Taxi Voucher (valued at \$2.75) to seniors, 50 and above, that need a ride to or from the center to participate in programming. The center will

split the cost with you! If you can get here, we'll get you home. Please contact the office for more details.

## Tornado Shelter

In the event of a tornado, the following areas are designated tornado shelters:

### Main Level

- Health Room (during business hours)
- Service Room (during business hours)
- Interior Bathrooms

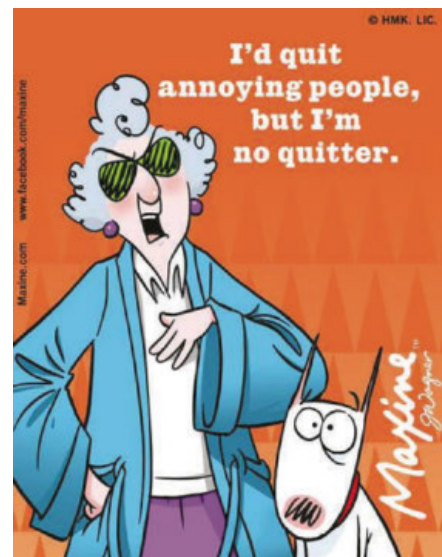
### Lower Level

- Fitness Center (during business hours)
- Interior Bathrooms



# Activities

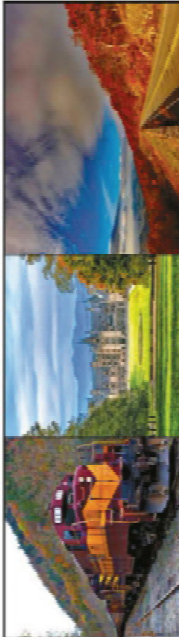
**You must be seated by  
program start time to  
avoid delays.**





## HAPPY TIMES TOURS & EXPERIENCES

### AUTUMN IN ASHEVILLE (ASHEVILLE, SC)



**Eddy, Artsy & Inviting, Asheville is one of the most welcoming, vibrant cities in America**

**7 Days: October 9 - 15, 2022**

**Day 1 B, D** - Enjoy a boxed breakfast as we travel to Harrison, Ohio. Get to know your fellow travelers and hopefully enjoy some Fall Foliage along the way. Holiday Inn Express, Harrison

**Day 2 B, L, D** - Continuing south today, take a step back in time at the nationally acclaimed living history **Museum of Appalachia**. Listen to authentic old-time music and enjoy southern cooking. We arrive in Asheville **Holiday Inn Asheville** **for 4 nights.**

**Day 3 B, L, D** - America's largest home, **Biltmore Estate** is a French Renaissance castle featuring 250 rooms, located in the heart of the Blue Ridge Mountains. The 8,000-acre estate is home to **beautiful gardens** as well as the nation's most visited winery. Discover the elegance and charm of Biltmore House on an **audio enhanced self-guided tour**. Take a stroll through meticulously manicured gardens designed by America's foremost landscape artist, Frederick Law Olmsted. At the winery you'll find more than 20 handcrafted vineyards. In addition to the winery, **Antler Hill Village** is home to the farm, the **Biltmore Legacy Museum**, the **Creamery**, shops, and **Cedric's Tavern**. **Lunch is included at the Stable Café, an award-winning restaurant.** We will experience the exceptional **Blue Ridge Mountain Opry Dinner Show** with the amazing **Branded Heart Band** offering **ice-tapping Bluegrass, Country and Mountain Music topped off with down home humor.** Enjoy some of the absolute **finest Southern-Style Barbeque** in Western NC via Award winning **Grill Master-Chef extraordinaire Dean Wertz.**

**Day 4 B, D** - A local guide joins us for a full day in the **Blue Ridge National Heritage area.** Travel the **Blue Ridge Pkwy** to the **WNC Farmer's Market** where you can find mountain crafts and more that are travel friendly. Enjoy a tour of the **Basilica St. Lawrence** and hear of its fascinating history. Visit the **Village Potter's Clay Center**, the **Southern Highland Craft Guild**, & **Charlton Memorial Chapel.**

**Day 5 B, L, D** - Nestled in one of the most botanically diverse and beautiful natural settings in America, the **North Carolina Arboretum** contains 65 acres of gardens that delight the senses. A stroll through the gardens is a perfect way to reconnect with nature. Feel like a kid again at the **Smoky Mountain Trains Museum!** With a collection of **7,000 Lionel engines**, there is something for everyone to enjoy! Take a relaxing **train ride** through the countryside to the **historic town of Dillsboro**, filled with unique shops and more before returning to Bryson City on the **Tuckasegee River Excursion.**

**Day 6 B, D** - We say farewell to Asheville. The **historic French Lick Springs Hotel** is our destination for the night. This classic American hotel has something everyone can enjoy, including bowling, swimming, shopping or the casino.

**Day 7 B** - Continuing our way north with new found friends and wonderful memories, we return home today.

- Trip Includes:**
- Home pickup in Dana, Milwaukee, Racine, Kenosha, Jefferson, Ozaukee, Washington, and Waukesha, WI Counties and Lake County, IL
  - Museum of Appalachia
  - Biltmore Estate house tour - America's Largest Home
  - Biltmore Winery
  - Biltmore Gardens
  - Antler Hill Village
  - Blue Ridge Opry Dinner Show
  - Basilica of St. Lawrence
  - Southern Highland Craft Guild
  - Locally Guided Blue Ridge National Heritage area.
  - Blue Ridge Parkway Visitor Center
  - Western NC Farmer's Market
  - Village Potters Clay Center
  - Charlton Memorial Chapel
  - North Carolina Arboretum
  - Great Smoky Mountains Railroad
  - Smoky Mountain Train Museum
  - French Lick Resort & Casino Overnight
  - 16 Meals

**Please mention you are with the Watertown Senior Center when making your reservation!**

**PER PERSON RATES:**  
Double Occupancy \$2359  
Single Occupancy \$2889  
Triple Occupancy \$3235  
Full Payment Due: 9/02/2022

**Optional Travel Protection Plan Per Person Rates:**  
Double or Triple Occupancy \$172  
Single Occupancy \$205

\*Graduates for the tour director are not included and are at the passenger's discretion. Please note that the itinerary is subject to change due to COVID-19 restrictions that may be enforced without advance notice. Please note the tour is non-refundable on final payment date.

### Happy Times Tours & Experiences

P.O. Box 14153, West Allis, WI 53214  
Phone: (414) 867-2727 | Email: [info@happytimestours.com](mailto:info@happytimestours.com) | [www.happytimestours.com](http://www.happytimestours.com)

## Memory Screening A Closer look at Memory Changes



A Memory Screen is a wellness tool that helps identify possible changes in memory and cognition; it creates a baseline of where a person is at so that future changes can be monitored.

It's Free and only takes 15 minutes!

Call the ADRC of Jefferson County for an appointment

Dementia Care Specialist:

920-675-4035

**Early detection is important**  
*Treatment is possible. Stay in control of your life.*

#### Get immediate results!

You may keep them for yourself and, if you request, we will fax them to your physician.

#### Early detection is important!

Just as blood pressure, cancer, diabetes, or stroke screening contribute to prevention and better treatments, so does a Memory Screen.

#### Memory Screening Event:

**Watertown Senior Center**  
**514 South 1st Street Watertown**  
**May 5, 2022 11:00a.m.-1:00p.m.**  
**15 Minute sessions per person**  
**Call 920-675-4035 to register**

**Treatment is possible!**  
Some types of dementia are reversible, like those caused by nutritional and vitamin deficiencies, depression, thyroid issues, and more.

**Knowledge means you have more control!**  
Dementias that are not reversible can often be treated with medications that could slow down the progress and preserve quality of life for a longer period of time.



Aging & Disability Resource Center  
of Jefferson County



# TRIP PAGE!

Additional trip flyers and reservation forms are available at the Center. Trips are open to the public! You do not have to be a member of the Center to participate! Gift Certificates are available.

## What Happens in Vegas Fireside Theatre Sunday, June 12, 2022



For over 70 years Las Vegas has been the entertainment capital of the world. Just about every great entertainer has appeared in Las Vegas! The Fireside will pay tribute to many of those legendary performers in an all new live band show featuring Steve Watts and the celebrated Fireside Band. From the early days with Frank Sinatra and the Rat Pack to the contemporary artists of today, we'll feature the work of many Las Vegas favorites in the most spectacular band show yet! Sunday Matinee Brunch is included. Cost is: \$129. Call Happy Times Tours at 1-414-867-2727.

## Lavender Fields Thursday, June 23, 2022

We'll start our day at the International Crane Foundation. This is the only place on Earth where you can see all 15 of the world's crane species. Located in Baraboo amid the farmlands of southern Wisconsin, the International Crane Foundation's headquarters is just 10 minutes from the Wisconsin Dells and surrounding Baraboo Hills. Lunch will be at the Rivers Edge Pub & Grub. This afternoon you are in for an amazing Farm to Table tour at New Life Lavender & Cherry Farm. Learn about lavender, enjoy breath-taking views of the Baraboo Bluffs, enjoy the 8 acre wildflower sanctuary for bees, walk through the Lavender Knot Garden and Secret Herbal Garden. Cost is: \$125. Call Happy Times Tours at 1-414-867-2727.



## Avoid Cancellations. Register Early!

To avoid trip cancellations, please register for trips prior to the deadline printed on the trip flyer! Most trips require about 40 participants to go and have a deadline about a month prior to the actual trip date.

**Please register early!!**

## Military Salute— Virginia & Washington DC September 19-25, 2022

We'll make our way to Occoquan, Virginia. Our first stop today is at the National Museum of the Marine Corps at Quantico. Experience what it means to be a Marine! Next, we tour the National Museum of the United States Army at Fort Belvoir. This museum celebrates over 240 years of Army history and honor our nation's soldiers. Our next stop will be at Arlington National Cemetery and take a tram tour to see President John F. Kennedy gravesite, U.S. Coast Guard Memorial, the U.S. Army John J. Pershing's gravesite, the Tomb of the Unknown Soldier, Arlington House and the U.S. Marine Corps War Memorial. We'll see the Pentagon 9/11 Memorial Park, Air Force Memorial and U.S. Navy Memorial Visitor Center. We'll visit other monuments and memorials before we see the White House and other museums. Cost is: \$2159/double, \$2498/single. Call Happy Times Tours at 1-414-867-2727.



## Great Trains & Grand Canyons October 23-28, 2022

Fly with us to Phoenix! We'll take a coach bus to Sedona for our stay! We'll take a trolley tour of Sedona, including the Chapel of the Holy Cross and Airport Mesa. We'll drive to the amazing Oak Creek Canyon, board the Grand Canyon Railway for a 2-hour train journey that will deliver you to the South Rim of Grand Canyon National Park. Our next stop will be the Montezuma Castle National Monument which contains ruins of a cliff dwelling built in the 12th and 13th centuries by the Sinagua Indians. Visit the old mining town of Jerome and then take a trip on the Wilderness Train. Cost is: \$3020/double, \$3795/single. Call Premier World Discover at 1-877-953-8687.





# Financial Assistance

## Watertown Family Aid

Call 920-285-3062

Monday In Person 2:00-4:00 pm  
Wednesdays By Phone 3:00-5:00 pm  
For assistance with food

## Salvation Army

Call 920-297-0137

on Tuesdays  
from 10:00 am-2:00 pm  
For assistance with rent & utilities

## Watertown Food Pantry 209 N. 9th Street (new address) Hours

Monday—10:00 am—12:00 pm  
Tuesday—1:00—3:00 pm  
Wednesday—12:00—2:00 pm  
Thursday—1:00—3:00 pm & 4:30-6:00 pm  
Friday—10:00 am—12:00 pm

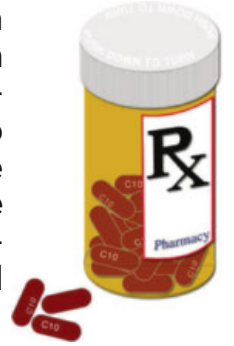
## Bread Basket

415 S. 8th Street

Monday—12:00—7:00 pm

# Disposing of Drugs

The Watertown Police Department, in cooperation with UW Health Partners-Watertown Regional Medical Center, has established a permanent drop-off site for unwanted or expired pharmaceutical drugs. The drop-off container is located in the lobby of the Watertown Police Department, 106 Jones Street, Watertown. Public access to the drop off containers is available 24 hours a day. Drugs must remain in the original containers with the name and prescription number crossed off. Participants using the drop box are asked to leave the name of the drug on the container so the pharmaceutical can be disposed of properly.



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**PROTECT** your  
personal information

**DETECT** suspected  
fraud, abuse, or errors

**REPORT** suspicious claims  
or activities



This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

Toll-free Helpline:

888-818-2611

Email: smp-wi@gwaar.org

www.smpwi.org

WisconsinSeniorMedicarePatrol



## Life@Home

Shorehaven is committed to helping seniors stay at home – right where they want to be.

Life@Home is a non-medical service which provides housekeeping, laundry, errands, shopping, grooming and dressing, personal hygiene, escorting to appointments and pet and plant care. Also serving as a referral resource, linking seniors and their families to area services.

Call 262-560-6960 or email jmilaeger@lho.org to learn more.

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shorehavenliving.org

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C 4C 01-1332

# Breakfast!

S O T A T O P M I L K P O L L S P  
M N I F F U M S T T R U G O Y T Y  
T U N O D R O N P N N N E P C I W  
W A F F L E O W S T S O G A U R T  
E E C G I T Y O A S S C N N G G S  
G E E S E I R R U A J A A C D M A  
R E R A W I O B S O E B R A Y H F  
A E E U E E A H A T L E O K H S K  
P M A G T G T S G R L S E E C P A  
E T L R C G M A E M Y D H S N E E  
F I A A I S E H A R A C Y R U F R  
R U I N D E A H U L I R F E R H B  
U C G O E T L P A U T R E I B G K  
I S A L N E U M Q S U F T L P B V  
T I A A E L A T A I F T F H L F X  
R B L R B M A P T O E C R E P E S  
M E L O N O E U C R I E C I U J Z

**Word List:**

- |           |            |         |            |
|-----------|------------|---------|------------|
| BREAKFAST | PANCAKES   | BACON   | HASHBROWNS |
| POTATOS   | HAM        | SAUSAGE | BENEDICT   |
| OMLETE    | BRUNCH     | JUICE   | ORANGE     |
| FRUIT     | PASTRY     | OATMEAL | WAFFLE     |
| TOAST     | BISCUIT    | COFFEE  | TEA        |
| CEREAL    | CREPES     | DONUT   | EGGS       |
| FRITTER   | GRAPEFRUIT | GRITS   | JELLY      |
| SYRUP     | MAMALADE   | MELON   | MILK       |
| QUICHE    | YOGURT     | GRANOLA | MUFFIN     |

## Mark Your Calendars!!

### Holiday—Center Closed:

May 30—Memorial Day  
July 4—Independence Day  
September 5—Labor Day

### June Bingos: 1:00 pm -

Thursday, June 2  
Thursday, June 9  
Thursday, June 16  
Thursday, June 23  
Thursday, June 30



### Coffee with a Cop: 10:00 am

Tuesday, June 7  
Tuesday, September 30  
Tuesday, December

### Movies—1:00 pm:

Tuesday, June 7— TBA  
Tuesday, June 28— TBA

### Hearing Screenings: 10:00—11:00 am

Wednesday, June 1  
Wednesday, July 6  
Wednesday, August 3

### Advisory Board Meetings: 9:00 am

Wednesday, June 15  
Wednesday, August 17

### Blood Drives:

Tuesday, June 28—10:00 am–3:00 pm  
Tuesday, July 26—1:00–6:00 pm  
Thursday, Aug. 11—1:00–6:00 pm  
Tuesday, Aug. 30—10:00 am–3:00 pm

### Fall Wii Bowling Meeting: 10:00 am

Tuesday, August 16

### Mayor Meet Up: 10:00 am

Tuesday, August 23  
Tuesday, November 15



### Voting:

Tuesday, August 9  
Tuesday, November 8

### WPD K9 Presentation: 1:00 pm

Tuesday, September 13

### Daylight Savings:

Sunday, November 6–fall behind 1 hour

## Available Resources

### Family Aid—920-285-3062 (food assistance)

In Person Mondays 2:00–4:00 pm  
Call on Wednesdays 2:00–4:00 pm

### Loaves & Fishes

Every non-Holiday Monday 4:15–5:30 pm  
Watertown Moravian Church (510 Cole Street)

### Bread & Roses

Every non-Holiday Thursday 4:30–6:30 pm  
Immanuel Ev. Lutheran Church (209 N. 9th Street)

### Bread Basket

Mondays 12:00—7:00 pm  
YMCA (415 S. 8th St)

### Personal Essentials Pantry

Every non-Holiday Thursday 1–3 pm & 4–6 pm  
Immanuel Ev. Lutheran Church (209 N. 9th Street)

### Safelink

Safelink Wireless is a government supported program that provides a free cell phone and airtime each month for income eligible customers.

[www.safelink.com](http://www.safelink.com) or 1-800-378-1684

### Social Security Office-Waukesha

1-866-220-7885

### Watertown Food Pantry

Immanuel Lutheran Church  
204 N. 10th Street 920-261-7226

### Jefferson County Meals on Wheels

920-728-1210

### Dodge County Meals on Wheels

1-800-924-6407

### Senior Dining Program

920-728-1210 (call a serving day prior to dining)

### Shuttle Service (Out of Watertown Only)

Dodge County Residents: 920-386-3832  
Jefferson County Residents: 920-674-8104  
C & W Med Rides LLC: 920-397-7624  
Matt: 920-285-1853

### Salvation Army-920-297-0137

Assists with rent and utilities, etc.  
Call on Tuesdays from 10 am–2 pm

### Your Friends In Action

Volunteer programs for Seniors includes:  
shopping & errands, transportation, and friendly visits.  
Call 920-674-4548

### Lifeline

Puts you in touch with a Lifeline Monitor who talks to you to find out what kind of help you need.  
Call 920-261-7108 for more information.

### Home Instead

Caregivers & Companions for the Elderly and Disabled  
920-219-9832

### Visiting Angels

Up to 24 hour Senior Homecare  
920-568-1051

### Watertown Transit—TAXI

920-261-RIDE (7433)

### Energy Assistance Program:

1-800-506-5596



# CROSSWORD PUZZLE

## ACROSS

- 1 Sinbad's bird
- 4 Niger-Congo language
- 8 Stripe
- 12 Abridged (abbr.)
- 13 Fat (pref.)
- 14 Economy (abbr.)
- 15 Stinging insect
- 16 Douse (2 words)
- 18 Unclean in Jewish law
- 20 Russ. inland sea
- 21 Ring-shaped game piece
- 23 Cover meat with bacon
- 25 Fraction of a rupee
- 26 Fillet
- 27 Compass direction
- 30 Press for payment

- 31 Goodbye (Sp.)
- 32 Europe (abbr.)
- 33 Honshu bay
- 34 Haw. goose
- 35 City in Bihar India
- 36 Irish nobleman
- 37 Leg of mutton or lamb
- 38 First principles
- 40 Wine (pref.)
- 41 Sinuous
- 44 Clod
- 47 Garden tool
- 48 Galatea's beloved
- 49 Monkey
- 50 Molding
- 51 Legislature
- 52 Belonging to (suf.)



## DOWN

- 1 Mortar mixer
- 2 Laconian clan group

- 3 Cotton fabric
- 4 Item of property
- 5 Hashish
- 6 Presidential nickname
- 7 One who is (suf.)
- 8 Whiskers
- 9 Recorded proceedings
- 10 Carol
- 11 Department of Natural Resources (abbr.)
- 17 Line
- 19 Estuary
- 21 Arabian judge
- 22 Alone (Lat.)
- 23 Salt solution
- 24 Tonic herb
- 26 Polish border river
- 27 Solan (2 words)
- 28 Betel leaf concoction
- 29 Quod \_\_\_\_\_ demonstrandum

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16				17				
		18	19					20				
21	22					23	24					
25					26				27	28	29	
30				31					32			
33				34					35			
			36					37				
	38	39					40					
41					42	43				44	45	46
47					48					49		
50					51					52		

- 31 Umbel family herb
- 35 Liquor
- 36 Afr. fruit
- 37 Alluvial deposit
- 38 Anagram (abbr.)
- 39 Roast
- 40 Migratory worker
- 41 Theater sign
- 42 Male person
- 43 Here (Fr.)
- 45 Amer. Automobile Assn. (abbr.)
- 46 Vertical airfoil

#1 - Hard

1

	2	4	7		3		8	
		8		6	4	2		
5								
6	3				7	8	1	
				4				
	4	5	6				2	3
								2
		7	4	9		1		
	5		2		8	4	7	

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#5 - Easy

2

3			8					4
				6	5		2	
4	7				2	8		
	8		1		9	3		
		6		8		1		
		1	7		6		5	
		7	3				8	5
	1		5	9				
5					8			1

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Answer Page 18

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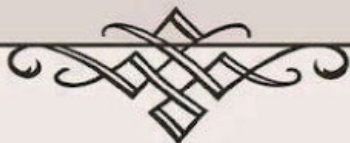






"The body heals with play,  
the mind heals with laughter  
and the spirit heals with joy."

Proverb



My boss told me  
to have a good day..  
..so I went home.



Join us in  
Watertown

Wisconsin Parkinson Association presents:  
**Movement & Music:  
Parkinson Disease Exercise**

Weekly on Tuesdays | 10:45 am  
Starting in January 2022

Instructor Joy Cochran will lead this FREE class for people with Parkinson disease. The class incorporates stretches, strength training, posture, balance and walking drills, as well as vocal exercises. Manage your Parkinson's symptoms and improve the quality of your daily life while having fun! Modifications will be provided to ensure a safe and effective setting for all participants.

To register, email  
joyexplorations@gmail.com  
or call 307-631-3414



Classes held at:  
Watertown Senior & Community Center  
514 S. First Street | Watertown, WI 53094



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wiparkinson.org | (414) 312-6990

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# Answers

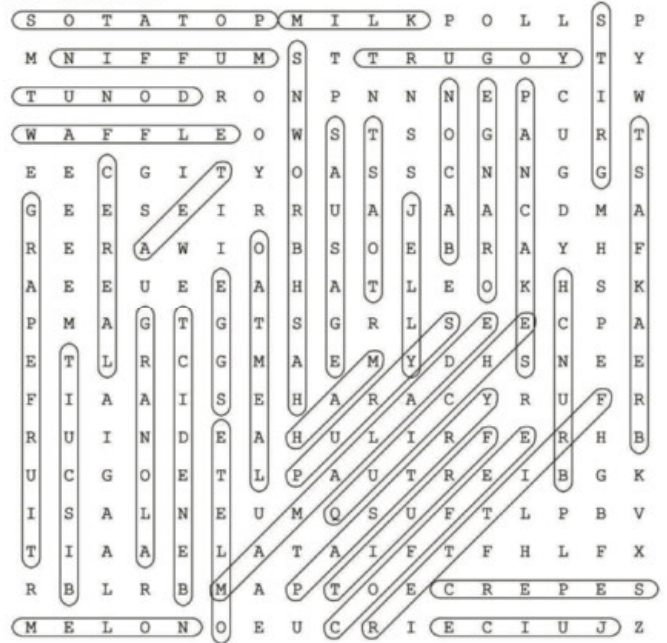
# 1

#1 - Hard - Solution

1	2	4	7	5	3	6	8	9
3	7	8	9	6	4	2	5	1
5	9	6	8	1	2	3	4	7
6	3	9	5	2	7	8	1	4
8	1	2	3	4	9	7	6	5
7	4	5	6	8	1	9	2	3
4	8	3	1	7	6	5	9	2
2	6	7	4	9	5	1	3	8
9	5	1	2	3	8	4	7	6

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Breakfast!



# 2

#5 - Easy - Solution

3	6	2	8	1	7	5	9	4
1	9	8	4	6	5	7	2	3
4	7	5	9	3	2	8	1	6
2	8	4	1	5	9	3	6	7
7	5	6	2	8	3	1	4	9
9	3	1	7	4	6	2	5	8
6	4	7	3	2	1	9	8	5
8	1	3	5	9	4	6	7	2
5	2	9	6	7	8	4	3	1

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## May 2022 JEFFERSON COUNTY SENIOR DINING



*Menu is subject to change without notice.*

**\*Ixonnia & Johnson Creek receive meals M-W-F only.**

MONDAY		TUESDAY*		WEDNESDAY		THURSDAY*		FRIDAY	
2	Salisbury Steak Mashed Potatoes Mixed Vegetables Apricot Halves Choc Sundae Cup Sliced Bread	3	Ham Roll Sweet Potato Bake Cole Slaw Applesauce Tapioca Pudding Dinner Roll	4	Chicken Tetrazzini Casserole Tossed Salad Cantaloupe Slice Fudge Brownie Sliced Bread	5	Swedish Meatballs Mashed Potatoes Baby Carrots Apple Slices Birthday Cake Dinner Roll	6	Orange Chicken Baked Potato Green Beans Fruited Gelatin Cookie Sliced Bread
9	Pork Steak Mashed Potatoes Red Cabbage Peach Slices Butterfinger Torte Sliced Bread	10	Lasagna Casserole Mixed Italian Salad Tropical Fruit Salad Cinnamon Roll French Bread	11	Baked Chicken Garlic Mashed Potatoes Three Bean Salad Pear Slices Molasses Cookie Sliced Bread	12	Smoked Sausage Baby Red Potatoes Carrots Petite Banana Raspberry Sherbet Cup Dinner Roll	13	Breaded Fish Fillet German Potato Salad Health Slaw Honeydew Melon Blonde Brownie Sliced Bread
16	Chicken Breast Mashed Potatoes Pickled Beet Salad Cream Sicle Torte Orange Sliced Bread	17	Hawaiian Meatballs Baked Potato Peas and Carrots Pineapple Tidbits Butterscotch Pudding Dinner Roll	18	Roast Turkey Mashed Potatoes Green Beans Apricots Pumpkin Torte Sliced Bread	19	Beef Stew Spinach Salad with Rasp. Vinaigrette Cantaloupe Slice Coconut Cream Pie Cheddar Biscuit	20	Mushroom Pork Cutlet Mashed Potatoes Mixed Vegetables Petite Banana Vanilla Pudding Sliced Bread
23	Meatloaf Calico Bean Casserole Tossed Salad Pear Slices Cinnamon Roll Sliced Bread	24	Roast Pork Loin Mashed Potatoes Glazed Carrots Cantaloupe Slice Cookie Dinner Roll	25	Beef Stroganoff Casserole Broccoli Cuts Pineapple Tidbits Fudge Brownie Sliced Bread	26	Chicken Marsala Baked Potato Wax Beans Fruited Gelatin Carrot Cake Dinner Roll	27	Bratwurst on a Bun Baked Beans Corn Honeydew Melon Chocolate Sundae Cup
30	Office is Closed 	31	Swiss Steak Mashed Potatoes Carrots Apple Slices Vanilla Pudding Dinner Roll			Grilling season is here! Enjoy fresh vegetables cooked on the grill.		<b>JUNE 2022</b> M T W Th F S S 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	



# Activity Calendar

# May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 1:00 Public Euchre	2 9:00 Scrabble 10:00 Bunco 10:00 Jeff Cty Benefit Specialist 1:00 Bridge 1:00 Euchre	3 10:00 Blood Drive 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead	4 10:00 500 10:00 HT-Stockbox 10:00 Hearing Screenings 1:00 4 Handed Sheepshead 1:00 Watercolor	5 9:00 Wii Bowling Lg 11:00 Memory Screening 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	6 1:00 Sheepshead 
8 1:00 Public Euchre 1:00 Public Sheepshead 	9 9:00 Scrabble 10:00 Bunco 1:00 Book Club 1:00 Bridge 1:00 Euchre 1:00 Wizard 	10 9:00 Claire's Mending 9:30 Caring Crafters 10:00 Summer Wii Bowling Lg Mtg 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead 1:00 Funeral Plan	11 10:00 500 1:00 4 Handed Sheepshead 1:00 Watercolor	12 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	13 11:00 Blood Drive 1:00 Sheepshead 
15 1:00 Public Euchre 	16 9:00 Scrabble 10:00 Bunco 10:00 Jeff Cty Benefit Specialist 1:00 Bridge 1:00 Euchre 1:00 Wizard	17 10:00 Mayor Meet 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead 1:00 Movie - "The Eyes of Tammy Faye" 5:00 Meal of Hope	18 10:00 500 1:00 4 Handed Sheepshead 1:00 Blood Drive 1:00 Watercolor	19 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	20 1:00 Sheepshead
22 1:00 Public Euchre 1:00 Public Sheepshead	23 9:00 Scrabble 10:00 Bunco 1:00 Bridge 1:00 Euchre 1:00 Wizard	24 9:00 Claire's Mending 9:30 Caring Crafters 10:30 Parkinson's Exercise 11:30 Volunteer Awards 1:00 5-Handed Sheepshead	25 10:00 500 1:00 4 Handed Sheepshead 1:00 Watercolor	26 1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot 7:00 Public Euchre	27 1:00 Sheepshead 
29 1:00 Public Euchre	30 Closed for Memorial Day No lunch served	31 10:30 Parkinson's Exercise 1:00 5-Handed Sheepshead 1:00 Blood Drive 1:00 Movie - "The Father"			