

JUNE 2022



THE RIVER VIEW

Watertown Senior & Community Center

514 SOUTH FIRST STREET • WATERTOWN, WISCONSIN 53094 • 920-262-8099



Coffee with a Cop June 7 @ 10:00 am

Join us for Coffee with a Cop! Meet Captain Randy Johnson! Ask him questions about the Police Department, voice your concerns, learn what they do, and get to know the men and women in blue! This presentation is free and open to the public!

Randy Says Good-Bye June 24 @ 1:00 pm

Randy Wojtasiak, director of the Watertown Park & Recreation Department, which oversees the Watertown Senior & Community Center, will be leaving us at the end of June for another position outside of the City of Watertown. We will have a goodbye celebration on June 24 at 1:00 pm in Conley Hall. Refreshments will be provided.



Bookworms Book Club

Monday, June 13 @ 1:00 pm

Watertown Senior Center is teaming up with the Watertown Public Library for a new book club! The book club will meet every second Monday of the month. **June's book is "Take My Hand" by Dolen Perkins-Valdez.** Each month a new book will be handed out and discussed at the following meeting! We hope to see you!!!



Learn Euchre

Tuesday, June 14 @ 1:00 pm



Phyllis Krahn will be at the center to teach you how to play Euchre. Learn the bowers, how to tell what suit is trump and how to score points. Need a refresher, this class is for you, too!



Blood Drives

June 28—10:00 am—3 pm (ARC)

July 26—1:00—6:00 pm (Versiti)

August 11—1:00—6:00 pm (Versiti)

August 30—10:00 am—3:00 pm (ARC)

The blood drives will be held at the center in the lower level Terrace Room. Help others in need with your donation of blood or platelets!

American Red Cross (ARC)—1-800-733-2767 or online at www.redcross.org

Versiti Blood Center of WI— 1-877-232-4376 or online at www.versiti.org

Upcoming Fundraisers...

Book Sale—July 27-29

Rummage Sale—September 8-10

Bake Sale—November 8



Please be aware programs are subject to change (COVID, weather, etc.)

Welcome to the Watertown Senior & Community Center

514 South First Street
Watertown, WI 53094
920-262-8099

The center is open Monday through Friday, 8:00 am through 4:30 pm. Anyone age 50 and older may become a member of the Watertown Senior Center.

The 2022 new membership fees: \$10.00 for city residents and \$15.00 for non-city residents. Fees can be paid anytime during regular office hours.

Make Checks Payable to: City of Watertown

Guests (>50 years old), excluding inactive members, can participate the first time at no charge before they are asked to pay a \$1.00 activity fee or the membership fee.

Senior Center Advisory Board

Phyllis Krahn

Becky Shult

Lori Fort-Hoerig

Teddi Flahive

Beth Beckett

Kim Henze,

Watertown Healthcare Center
Community at Large Member

Member at Large Vacancy,
Community at Large Member

Mayor

Emily McFarland, 920-262-4000

Parks & Recreation Staff

Randy Wojtasiak, Parks & Rec Director
Andrea Draeger, Senior Center Director/
Office Manager

Kelli DeCoto, Aquatics Manager

Megan Schwefel, Admin Assistant

Rana Jenkins, Office Aide

Dale Tietz, Maintenance Custodian

Jefferson County Benefit Specialist

A Jefferson County Benefit Specialist will be at the center the 1st and 3rd Mondays of the month. Appointments are required. Assistance can be given for Medicare Part D, SeniorCare, Medicare, insurance, and more for those ages 60 and older. Call 920-674-8734 to make an appointment.



Dodge County Benefit Specialist

A Dodge County Benefit Specialist will be at the center on the 4th Monday of the month. Assistance can be given for Medicare Part D, SeniorCare, Medicare, insurance, and more for those ages 60 and older. Call 1-800-924-6407 to make an appointment.

Volunteer Hours

The Volunteer Timesheets have been moved to the Receptionist Desk. Please stop by the desk to enter your hours on the volunteer timesheets.

The Center Is Closed

July 4—Independence Day

September 5—Labor Day

November 11—Veteran's Day

November 24-25—Thanksgiving

December 23-26—Christmas

December 30-January 2—New Year's


Activities

**You must be seated by
program start time to
avoid delays.**

Birthday Thursday is Back

The center is offering Birthday Thursday on the first Thursday of your birthday month. Please call the Senior Center Office, 920-262-8099 to reserve your spot in your birthday month. This program is for Senior Center members only.

Members Only Contest!!

 Find Andrea!! Let us know who you are and on what page you found her. Winner will be announced in next month's newsletter. **May winner is Julie Pillsbury. Stop by the office to get your prize.**

ACTIVITIES TO DO THIS MONTH...

Program Start Times

Please be seated prior to the start times to avoid program delays.

Bridge

Mondays @ 1:00 pm

Bridge continues to be a popular game among the experienced bridge players. It is played at 1:00 pm on Monday afternoons.

Euchre

Mondays @ 1:00 pm

Sundays @ 1:00 pm (Public)

Euchre is played at 1:00 pm. Members wishing to play are encouraged to participate.

Wizard Card Game

Tuesdays @ 1:00 pm

Play the card game Wizard. Whether you are a novice or an expert, everyone is welcome!

500

Wednesdays @ 10:00 am

Come, learn and play 500 at 10:00 am! Whether you are a novice or an expert, everyone is welcome!

4 Handed Sheepshead

Wednesday & Fridays @ 1:00 pm

Sheepshead is played at the center at 1:00 pm, **arrive by 12:45 pm**. Members wishing to play are encouraged to attend.

Bingo

Thursdays @ 1:00 pm

Bingo is played at the center in Conley Hall at 1:00 pm. Admittance begins at 12:15 pm. The cost is 50¢ per card not to exceed \$2.00. Non-members (>50) are invited, but pay a \$1.00 activity fee. **Please bring \$1 bills.**

Hand & Foot Card Game

Thursdays @ 1:00 pm

You are invited to play Hand and Foot at the center! The object is to use up all the cards in your possession and to make 2 red and 3 black books. Hope to see you there!!!

Card game activities are the least safe during COVID.

Scrabble

Mondays @ 9:00 am

Come and play Scrabble! "Tile" your competition and see how many triple words you can get! Mondays at 9 am. Bring a friend.

Bunco

Mondays @ 9:45 am

Bunco is a dice game played with 3 dice. Accumulate points by rolling dice for each round. It's a fun game!!!

Water Color Club

Wednesdays @ 1:00 pm

Need a little color in your life? The Water Color Club meets on Wednesdays at 1:00 pm. Come and learn different techniques, exchange ideas, socialize and just enjoy painting.

Beginner's Bridge

Thursdays @ 1:00 pm

If you are a beginner to bridge or need to get the rust off, come and play!

5 Handed Sheepshead

2nd & 4th Sundays at 1:00 pm (Public)

5 Handed Sheepshead is played at the center at 1:00 pm, **arrive by 12:45 pm**. Members wishing to play are encouraged to attend.

Wii Bowling

The Wii Game is available for anyone wishing to learn or practice any of the games. Instruction is available. Feel free to come in and practice anytime.

Adult Coloring

Adult coloring books are available! Great for keeping your mind sharp and using your imagination! Feel free to stop in and color anytime, too!!

Board Games

We have plenty of board games to choose from. Find a spot and play.



MORE ACTIVITIES TO DO...

Finding Help, Hope and Happiness in Your Time of Grief Presentation Tuesday, July 7 @ 10:00 am

Rev. Ray Bezanson will be at the center to talk about ways to find help, hope and happiness in times of grief. It's hard to deal with grief after a loved one passes. Learn ways to cope with the stages of grief and how to find happiness again!



It's Back!!! Blood Pressure Clinic Tuesdays, July 12, 19, 26 @ 9:00-11:00 am

Health care professionals associated with the Watertown Regional Medical Clinic will be at the center on the above Tuesday Mornings to do blood pressure checks on a first come, first served basis.



Senior Protection Presentation Tuesday, July 12 @ 10:00 am

Officer Stacy Schroeder, Watertown Police Dept, will be at the center to talk about ways to protect yourself from falling victim of scams. Learn about the newest scams affecting the citizens of Watertown.

Advance Care Planning, Palliative Care and Hospice: The Keys to Living Well at End-Of-Life Tuesday, July 12 @ 1:00 pm

Mike Bernhagen, Director of Community Engagement & Care Partner Relations at Rainbow Hospice, will be at the center to talk about hospice. What's involved? Expectations? End of life care? Overcoming suffering and emotions.

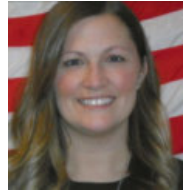
Fall Wii Bowling League Meeting Tuesday, August 16 @ 10:00 am

The center is looking for seniors interested in the Fall Wii Bowling League, beginning in early to mid-September. Once participants are registered, we will have an organizational meeting to discuss rules, schedules, and organizing teams. Come and join the league; it is a fun, relaxing competition for everyone!

Mayor Meet Up

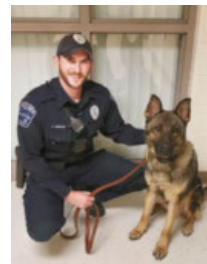
Tuesday, August 23 @ 10:00 am

Join us for Mayor Meet Up! Meet Watertown's Mayor! Come with your questions and concerns. Please support our Mayor as she takes time out to meet with us!



WPD K9 Presentation

Tuesday, September 13 @ 1:00 pm



Watertown Police Officer Luke Hensley and K9 Chance will be at the center to talk about the police departments K9 unit. What do they do? How they work? They will do a demonstration on how the K9 Unit works and how they train.

Coffee with a Cop September 20 @ 10:00 am

Join us for Coffee with a Cop! Meet Assistant Police Chief Ben Olson! Ask him questions about the Police Department, voice your concerns, learn what they do, and get to know the men and women in blue! This presentation is free and open to the public!



2022 Election Days:

August 9

November 8—Bake Sale



***Not sure where you vote?
Call City Hall at 920-262-4000.***

Lunch Program Volunteers Needed

Volunteers are needed to help pack for the Jefferson County's Meals on Wheels program and to help serve and clean up for in house dining. Please contact Patti at 920-728-1210 and leave a message with your name and telephone number. Patti will get back to you as soon as possible. There are various times and days available, so we can work around your schedule.



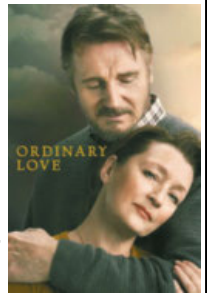
Movie Matinees

“One Night in Miami...” June 7 @ 1:00 pm



February 25, 1964, has gone down in history as the day that the brash young boxer Muhammad Ali (then known as Cassius Clay) defeated Sonny Liston, but what happened after the fight was perhaps even more incredible: Ali, civil rights leader Malcolm X, NFL great Jim Brown, and “King of Soul” Sam Cooke all came together at a Miami motel. Movie stars: Kingsley Ben-Adir, Aldis Hodge, Eli Goree, Leslie Odom Jr, Beau Bridges, and Lance Reddick. Movie is rated: **R**. Movie runs: 1 hour 50 minutes.

“Ordinary Love” June 28 @ 1:00 pm



Joan and Tom have been married for many years. An everyday couple with a remarkable love, there is an ease to their relationship which only comes from spending a lifetime together. When Joan is diagnosed with breast cancer, the course of her treatment shines a light on their enduring devotion, as they must find the humor and grace to triumph over a year of adversity. This movie stars: Lesley Manville, Liam Neeson, David Wilmot and Amit Shah. Movie is rated: **R**. Movie runs: 1 hour 32 minutes.

*The movies are free to members.
There is a \$1.00 activity fee for non-members.
Refreshments will be available. Donations are always welcome!*

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TREE SERVICE DIVISION • REMOVAL • TRIMMING • STORM DAMAGE

“Meals on Wheels”

The **Jefferson County Meals on Wheels program** is based out of the Watertown Senior & Community Center. It is an essential service and is still operating, delivering meals to home-bound people in our community. If you would like to see if you qualify, please contact Patti at 920-728-1210.

Volunteer Opportunities

With the center resuming normal scheduling, ***we are in need of decorators, newsletter delivery, popcorn makers, and program leaders.*** If you are interested, please call the Senior Center office at 920-262-8099.



Kwik Trip Gift Cards

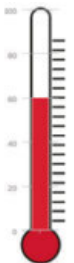
The center has \$20 Kwik Trip gift cards available. The cards can be used at any Kwik Trip store for gas or any store item. They make great gifts for any occasion. Support the center and purchase a Kwik Trip gift card in the office or at the receptionist counter. They make great gifts.



The River View is available online.
Go to our City Website at www.ci.watertown.wi.us and download your copy today!



***What's warm for one,
 is not for another!
 It is hard to maintain room
 temperatures to
 please everyone,
 so please bring a sweater.***



“Birthday Thursday”

**Happy Birthday to you!
 Happy Birthday to you!
 Happy Birthday to
 everyone born in June!**



The following members have birthdays this month! Reach out and wish them a Happy Birthday!

Charles Bartz
 Rich Block
 Mary Bockhorst
 Randy Bohmsack
 Lurae Bohn
 Lorraine Buska
 Chris Demetropoulos
 Suzanne Draeger
 Richard Dunham
 Carol Erickson
 Loren Fleischfresser
 Jo Lynn Hoeft
 Rosemary Joas
 Jean Jones
 James Keep
 Jean Kohlmetz
 Fred Kosanke
 Sarah Kottwitz
 Joan Kreuziger
 Daniel Kreuziger
 Emily Krueger
 Deborah Lenz
 Cheryl Leu
 Jeanne Lord
 Thomas Luetzow
 Belva Marshman
 Gloria Meyer
 Joyce Morgan



Mary Mueller
 Emily Pantely
 Ardys Ramey
 Lyann Reichert
 Cathleen Sanders
 Wallace Scheiber
 Diane Schluter
 Donna Schmutzler
 Paula Schoenike
 Beverly Schuenke
 Anthony Scola
 Rosemarie Shulenburg
 Colleen Sindermann
 Karen Smith
 Wilmer Streblov
 Beth Stuart
 Patricia Stuehler
 Charles Sukow
 Barbara Tabat
 Roger Tremaine
 Debbie Uttech
 John Wanke
 Barbara Warner
 Wayne Winter
 John Yelich
 Christine Yelich
 Martin Zabel
 Carleen Zook



Watertown School Supplies & Bingo

In January, we began collecting school supplies for Watertown schools. Please bring supplies to the reception desk at each bingo. These supplies help students unable to get their own supplies.





Hunger Task Force Stockbox

Applications and Distribution
at Watertown Senior and Community Center
June 8, 2022
10:00 am – 11:00 am

**Stockbox
2022 Dates:**
July 6
August 3
September 7
October 5
November 2
December 7

Stockbox is still available for pickup

even though the center is closed. New and current participants should pickup their box by driving directly up to the truck in our parking lot. There is no need to enter the building.

What is Stockbox?

Stockbox is a free program that provides a box of healthy food every month to *seniors 60 years and older* to help improve their diet and nutrition,

- *Monthly income before tax deductions for 1 person in a household is \$1,316
- *Monthly income before tax deductions for 2 people in a household is \$1,784
- *For each additional person in the household add \$451

The box of the monthly food supplements may include items such as:

- Cheese
- Canned fruits
- Canned vegetables
- Juice
- Cereal
- Canned and dry milk
- Peanut butter
- Canned meat
- Rice, instant potatoes or pasta



Applications and distribution will occur monthly at the center on Wednesdays, of the first full week each month.

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Claire's Creations Mending & Alterations

Do you need some pants hemmed or a zipper fixed? Claire Heine has her own business and has offered to do mending and alterations for our members. She will be at the center on the 2nd and 4th Tuesday of every month from 9-10:45 am. Call 262-8099 for an appointment.



Caring Crafters 2nd & 4th

Tuesdays @ 10:00 am

Enjoy knitting, crocheting? Whether you know basic stitches or are an experienced crafter, come and join in the fun. The Caring Crafters group creates a variety of items for a variety of local charities! Bring a friend or make some new ones! You do not need to be a member of the senior center to be a member of Caring Crafters!!



First-Come, First-Served Walking & Fitness Equipment Mondays - Fridays



Walk and exercise at the Watertown Senior & Community Center. No need to worry about the weather as you exercise inside! **NEW** Tread mill, recumbent bicycle, elliptical machine and spin bike are also available on a first come, first served basis.

Taxi Vouchers



The Watertown Senior Center is able to provide a Taxi Voucher (valued at \$2.75) to seniors, 50 and above, that need a ride to or from the center to participate in programming. The center will split the cost with you! If you can get here, we'll get you home. Please contact the office for more details.

Tornado Shelter

In the event of a tornado, the following areas are designated tornado shelters:

Main Level

- Health Room (during business hours)
- Service Room (during business hours)
- Interior Bathrooms

Lower Level

- Fitness Center (during business hours)
- Interior Bathrooms



HELP WANTED

Help is needed at that Watertown Health Department for the Community Garden.

Planting, Weeding, Watering, Harvesting, & Distributing the Harvest.

All produce goes to seniors in need and the senior center.

Interested? Contact the Watertown Senior & Community Center, 920-262-8099.



Watertown Senior Center 2020/2021 Volunteer Recognition Program

The Watertown Senior and Community Center held its Volunteer Recognition Program on May 24, 2022 honoring its 2020/2021 volunteers. In 2020/2021, 32 people volunteered 4,276 hours of their time and energy to help support the center and its programs. At minimum wage of \$7.25, this time is valued at \$31,001.00. Without the help of our wonderful volunteers, we would not be able to provide the level of services and activities to which we have become accustomed. Thank you to all our volunteers for their dedication and service to the Watertown Senior and Community Center and its programs. Mayor Emily McFarland and Director Andrea Draeger presented Milestone awards to 15 of the volunteers of the center who have reached their volunteer milestones in 2020/2021.



Milestone Awards



100 Hours Level

Schneidwind, Kathy	101.00
Metzger, Rae	101.50
Beckett, Beth	110.25
Kofler, Barb	137.50
Burchardt, Janette	156.75

200 Hours Level

Tabat, Barb	218.00
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400 Hours Level

Schumann, Carol	466.00
Brown, Peggy	495.50

500 Hours Level

Bachler, Pat	505.50
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600 Hours Level

Snider, Mark	677.00
Sell, Bonnie	605.50

2,500 Hours Level

Marthaler, Elmer	2,544.50
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3,500 Hours Level

Wegner, Joan	3,596.75
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6,000 Hours Level

Krahn, Phyllis	6,315.50
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6,500 Hours Level

Prochazka, Mary Lee	6,532.00
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Watertown Senior Center 2020/2021 VOLUNTEER OF THE YEAR



The Volunteer of the Year is awarded each year to the member who has volunteered the most time during the year at the Watertown Senior Center. Our 2020/2021 Volunteer of the Year was awarded to Peggy Brown for volunteering over 211 hours in 2020/2021. Mayor Emily McFarland and Director Andrea Draeger presented her with the award.

2020/2021 PRESIDENTIAL AWARDS

In February 2010, the Watertown Senior and Community Center applied for and received recognition as a National Volunteer Service Organization. This recognition allows volunteers meeting certain criteria to be recognized on a national level. Individuals volunteering over 500 hours a year are awarded a Presidential Volunteer Service Award which includes a lapel pin, certificate, and a personalized letter from the President of the United States. Due to COVID-19, we were closed from March 2020 to April 2021. Unfortunately, no one was able to volunteer over 500 hours to earn the Presidential Award.

BOOK & PUZZLE SALE

**JULY 27–29, 2022
8:00 AM – 4:30 PM**

**Donations Accepted
July 25–26 from 8:00 am–4:30 pm**

**WATERTOWN SENIOR & COMMUNITY CENTER
514 S. FIRST STREET**



Financial Assistance

Watertown Family Aid

Call 920-285-3062

Monday In Person 2:00-4:00 pm
 Wednesdays By Phone 3:00-5:00 pm
 For assistance with food

Salvation Army

Call 920-297-0137

on Tuesdays
 from 10:00 am-2:00 pm
 For assistance with rent & utilities

Watertown Food Pantry 209 N. 9th Street (new address) Hours

Monday—10:00 am—12:00 pm
 Tuesday—1:00—3:00 pm
 Wednesday—12:00—2:00 pm
 Thursday—1:00—3:00 pm & 4:30-6:00 pm
 Friday—10:00 am—12:00 pm

Bread Basket

415 S. 8th Street

Monday—12:00—7:00 pm

Disposing of Drugs

The Watertown Police Department, in cooperation with UW Health Partners-Watertown Regional Medical Center, has established a permanent drop-off site for unwanted or expired pharmaceutical drugs. The drop-off container is located in the lobby of the Watertown Police Department, 106 Jones Street, Watertown. Public access to the drop off containers is available 24 hours a day. Drugs must remain in the original containers with the name and prescription number crossed off. Participants using the drop box are asked to leave the name of the drug on the container so the pharmaceutical can be disposed of properly.



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This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

Toll-free Helpline:
 888-818-2611

Email: smp-wi@gwaar.org

www.smpwi.org

WisconsinSeniorMedicarePatrol



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Call 262-560-6960 or email jmilaeger@lho.org to learn more.

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TRIP PAGE!

Additional trip flyers and reservation forms are available at the Center. Trips are open to the public! You do not have to be a member of the Center to participate! Gift Certificates are available.

Military Salute— Virginia & Washington DC September 19-25, 2022



We'll make our way to Occoquan, Virginia. Our first stop today is at the National Museum of the Marine Corps at Quantico. Experience what it means to be a Marine! Next, we tour the National Museum of the United States Army at Fort Belvoir. This museum celebrates over 240 years of Army history and honor our nation's soldiers. Our next stop will be at Arlington National Cemetery and take a tram tour to see President John F. Kennedy gravesite, U.S. Coast Guard Memorial, the U.S. Army John J. Pershing's gravesite, the Tomb of the Unknown Soldier, Arlington House and the U.S. Marine Corps War Memorial. We'll see the Pentagon 9/11 Memorial Park, Air Force Memorial and U.S. Navy Memorial Visitor Center. We'll visit other monuments and memorials before we see the White House and other museums. Cost is: \$2159/double, \$2498/single. Call Happy Times Tours at 1-414-867-2727.

Autumn in Asheville October 9-15, 2022



Edgy, artsy & inviting, Asheville South Carolina is one of the most welcoming vibrant cities in America. We'll tour the Museum of Appalachia, Biltmore Estate, Winery, and Gardens; Blue Ridge Opry Dinner Show, Village Potters Clay Center and much more to see and do! Cost is: \$2359/double, \$2889/single. Call Happy Times Tour & Experiences at 1-414-867-2727.

Avoid Cancellations. Register Early!

To avoid trip cancellations, please register for trips prior to the deadline printed on the trip flyer! Most trips require about 40 participants to go and have a deadline about a month prior to the actual trip date.

Please register early!!

Great Trains & Grand Canyons October 23-28, 2022

Fly with us to Phoenix! We'll take a coach bus to Sedona for our stay! We'll take a trolley tour of Sedona, including the Chapel of the Holy Cross and Airport Mesa. We'll drive to the amazing Oak Creek Canyon, board the Grand Canyon Railway for a 2-hour train journey that will deliver you to the South Rim of Grand Canyon National Park. Our next stop will be the Montezuma Castle National Monument which contains ruins of a cliff dwelling built in the 12th and 13th centuries by the Sinagua Indians. Visit the old mining town of Jerome and then take a trip on the Wilderness Train. Cost is: \$3020/double, \$3795/single. Call Premier World Discover at 1-877-953-8687.



Holy Lands & Aegean Majesty (Jerusalem to Rome) October 6—17, 2023

Fly with us to Jerusalem, Israel! We visit the land of miracles—Galilee, the Jordan River, etc.; Limassol, Cyprus, to explore the ancient riches of Cyprus, see ruins, mountains, etc.; Ephesus, Turkey, to meander through the ancient ruins and marvel at the Library of Celsus; Athens, Greece, tour the Parthenon; Naples/Pompeii, Italy; to explore the ruins of ancient Pompeii or Herculaneum and take a boat trip to the Isle of Capri and so much more!!! Cost varies depending on cabin rental. Call Grand American Tours & Cruises at 1-800-423-0247.



Mark Your Calendars!!

Holiday—Center Closed:

July 4—Independence Day
September 5—Labor Day

Hearing Screenings: 10:00—11:00 am

Wednesday, July 6
Wednesday, August 3
Wednesday, September 7

July Bingos: 1:00 pm -

Thursday, July 7
Thursday, July 14
Thursday, July 21
Thursday, July 28



Movies—1:00 pm:

Tuesday, July 12 — TBA
Tuesday, July 19 — TBA

Blood Drives:

Tuesday, July 26—1:00-6:00 pm
Thursday, Aug. 11—1:00-6:00 pm
Tuesday, Aug. 30—10:00 am-3:00 pm

Voting:

Tuesday, August 9
Tuesday, November 8-Bake Sale

Fall Wii Bowling Meeting: 10:00 am

Tuesday, August 16

Advisory Board Meetings: 9:00 am

Wednesday, August 17
Wednesday, October 19

Mayor Meet Up: 10:00 am

Tuesday, August 23
Tuesday, November 15

WPD K9 Presentation: 1:00 pm

Tuesday, September 13

Lifeline Screening:

September 24



Coffee with a Cop: 10:00 am

Tuesday, September 20
Tuesday, December 13

Daylight Savings:

Sunday, November 6-fall behind 1 hour

Available Resources

Family Aid—920-285-3062 (food assistance)

In Person Mondays 2:00-4:00 pm
Call on Wednesdays 2:00-4:00 pm

Loaves & Fishes

Every non-Holiday Monday 4:15-5:30 pm
Watertown Moravian Church (510 Cole Street)

Bread & Roses

Every non-Holiday Thursday 4:30-6:30 pm
Immanuel Ev. Lutheran Church (209 N. 9th Street)

Bread Basket

Mondays 12:00—7:00 pm
YMCA (415 S. 8th St)

Personal Essentials Pantry

Every non-Holiday Thursday 1-3 pm & 4-6 pm
Immanuel Ev. Lutheran Church (209 N. 9th Street)

Safelink

Safelink Wireless is a government supported program that provides a free cell phone and airtime each month for income eligible customers.

www.safelink.com or 1-800-378-1684

Social Security Office-Waukesha

1-866-220-7885

Watertown Food Pantry

Immanuel Lutheran Church
204 N. 10th Street 920-261-7226

Jefferson County Meals on Wheels

920-728-1210

Dodge County Meals on Wheels

1-800-924-6407

Senior Dining Program

920-728-1210 (call a serving day prior to dining)

Shuttle Service (Out of Watertown Only)

Dodge County Residents: 920-386-3832
Jefferson County Residents: 920-674-8104
C & W Med Rides LLC: 920-397-7624
Matt: 920-285-1853

Salvation Army-920-297-0137

Assists with rent and utilities, etc.
Call on Tuesdays from 10 am-2 pm

Your Friends In Action

Volunteer programs for Seniors includes:
shopping & errands, transportation, and friendly visits.
Call 920-674-4548

Lifeline

Puts you in touch with a Lifeline Monitor who talks to you to find out what kind of help you need.
Call 920-261-7108 for more information.

Home Instead

Caregivers & Companions for the Elderly and Disabled
920-219-9832

Visiting Angels

Up to 24 hour Senior Homecare
920-568-1051

Watertown Transit—TAXI

920-261-RIDE (7433)

Energy Assistance Program:

1-800-506-5596

CROSSWORD PUZZLE

Answer Page 18

ACROSS

- 1 Sayings (suf.)
- 5 Afr. cotton garment
- 9 Stupid person
- 12 Molding
- 13 Seed coat
- 14 Capture
- 15 Husky (2 words)
- 17 Cost of living index (abbr.)
- 18 Son of Shem
- 19 Halt
- 21 Weaverbird
- 24 Rear
- 27 Generation
- 30 Branchi
- 32 Cleopatra's attendant
- 33 Salt (Fr.)
- 34 Medieval sword
- 36 Amer. Broadcasting Corp. (abbr.)
- 37 Belt
- 39 Hall (Ger.)
- 40 Nat'l

Endowment for the Arts (abbr.)

- 41 Trio
- 43 Idea (pref.)
- 45 Tiber tributary
- 47 Down with (Fr., 2 words)
- 50 Classic car
- 52 Anime
- 56 Eastern church chalice veil
- 57 Jot
- 58 Skin eruption
- 59 Before common era (abbr.)
- 60 Unable to hear
- 61 Sacred (pref.)



DOWN

- 1 Hawaiian frigate bird
- 2 Irish sweetheart
- 3 Death (pref.)
- 4 At the age of (Lat.)
- 5 Tactical Air

Command (abbr.)

- 6 US military fort
- 7 Biology (abbr.)
- 8 "Pomp and Circumstances" composer
- 9 Persia (2 words)

- 10 Mulberry of India
- 11 Federal Bureau of Investigation (abbr.)
- 16 Likeness
- 20 Fr. month
- 22 Express disapproval
- 23 Asian mountains
- 25 Kemo _____
- 26 Black measles
- 27 Assistant (abbr.)
- 28 Toothed wheel
- 29 Hamlet's castle
- 31 Burden
- 35 Pellucid
- 38 Have (Scot.)
- 42 Mechanical man
- 44 W. Indian magic
- 46 Medicinal herb
- 48 Spore sacs
- 49 Trigonometric function
- 50 Mortar beater
- 51 Eur. Economic Community (abbr.)
- 53 Greek letter
- 54 Clod
- 55 Grandfather of Saul

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15				16						17		
	18						19		20			
			21		22	23		24			25	26
27	28	29		30			31		32			
33				34				35		36		
37			38		39					40		
41				42		43			44			
		45			46		47		48	49		
50	51			52		53	54					55
56				57						58		
59				60						61		

1

#4 - Medium

1	3					8	4	5
		4	5	1				
2			3			1		
			7					8
7	5			8			1	2
4					1			
		9			6			4
				5	2	3		
5	6	2					8	7

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2

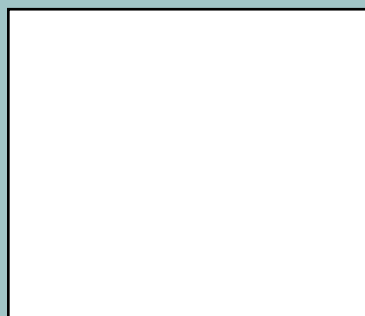
#3 - Hard

			6		5			
	2	3				1		4
	5	7		1				
3	4	1			2	6	7	
	6	5	1			2	9	3
				7		9	8	
5		9				3	6	
			9		1			

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Answer Page 18

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WWW.AVIDRISK.COM

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Watertown Senior &
Community Center

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June 10 - July 29
9-10am



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jparkinson@lpicommunities.com
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920.261.7795 | tkasten@wtnhsg.org

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Family Housing

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920.262.2176 | www.riversidedent.com



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doubting how far you can go,
just remember how far you
have come. Remember
everything that you have faced,
all the battles you have won
and all the fears you have
overcome.



Join us in
Watertown

Wisconsin Parkinson Association presents:
**Movement & Music:
Parkinson Disease Exercise**

Weekly on Tuesdays | 10:45 am
Starting in January 2022

Instructor Joy Cochran will lead this FREE class for people with Parkinson disease. The class incorporates stretches, strength training, posture, balance and walking drills, as well as vocal exercises. Manage your Parkinson's symptoms and improve the quality of your daily life while having fun! Modifications will be provided to ensure a safe and effective setting for all participants.

To register, email
joyexplorations@gmail.com
or call 307-631-3414



Classes held at:
Watertown Senior & Community Center
514 S. First Street | Watertown, WI 53094



Providing hope, community, support, and resources for people with Parkinson's and their loved ones.
wiparkinson.org | (414) 312-6990

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- Enjoy Holiday Activities
- Cheerful Attentive Staff

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Fax: 920-699-1277

www.SunsetRidgeJohnsonCreek.com



816 Reinel Drive
Jefferson, WI 53549
Phone: 920-541-3536
Fax: 920-541-3538

www.SunsetRidgeMemoryCare.com



Answers

1

#4 - Medium - Solution

1	3	6	2	9	7	8	4	5
9	7	4	5	1	8	2	3	6
2	8	5	3	6	4	1	7	9
6	2	1	7	3	5	4	9	8
7	5	3	4	8	9	6	1	2
4	9	8	6	2	1	7	5	3
3	1	9	8	7	6	5	2	4
8	4	7	9	5	2	3	6	1
5	6	2	1	4	3	9	8	7

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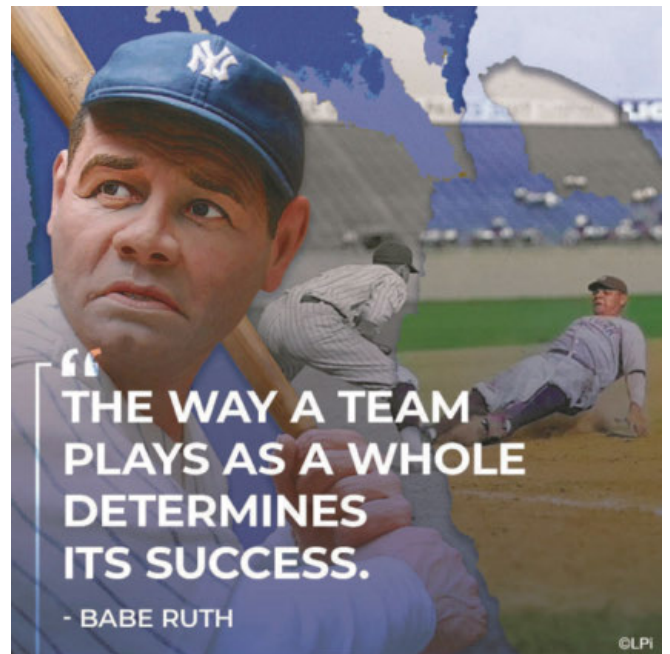
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O	G	E	E		A	R	I	L		N	A	B
A	R	C	T	I	C	D	O	G		C	L	I
	A	R	A	M			L	A	M	E		
			T	A	H	A		R	A	I	S	E
A	G	E		G	I	L	L		I	R	A	S
S	E	L		E	S	T	O	C		A	B	C
S	A	S	H		S	A	A	L		N	E	A
T	R	I	A	D		I	D	E	O			
		N	E	R	A			A	B	A	S	
R	E	O		O	L	E	O	R	E	S	I	N
A	E	R		I	O	T	A		A	C	N	E
B	C	E		D	E	A	F		H	I	E	R

2

#3 - Hard - Solution

1	8	4	6	3	5	7	2	9
6	2	3	7	8	9	1	5	4
9	5	7	2	1	4	8	3	6
3	4	1	8	9	2	6	7	5
7	9	2	3	5	6	4	1	8
8	6	5	1	4	7	2	9	3
4	1	6	5	7	3	9	8	2
5	7	9	4	2	8	3	6	1
2	3	8	9	6	1	5	4	7

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JUNE 2022 JEFFERSON COUNTY SENIOR DINING

Menu is subject to change without notice.

***Ixonnia & Johnson Creek receive meals M-W-F only.**



MONDAY

Welcome

Summer!

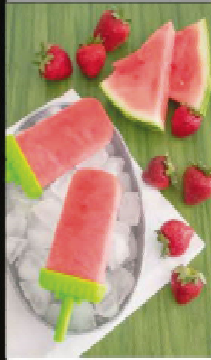
6 BBQ Pork Cutlet
White Bean Salad
Broccoli Cuts
Chocolate Cloud Torte
Tropical Fruit Salad
Sliced Bread

13 Glazed Ham
Squash
Cole Slaw
Frosted Cake
Applesauce
Sliced Bread

20 Swiss Steak
Mashed Potatoes
Mixed Vegetables
Applesauce Cake
Pear Slices
Sliced Bread

27 Chicken Breast
Mashed Potatoes
Baby Carrots
Fruited Gelatin
Cookie
Sliced Bread

TUESDAY*



7 Roast Beef
Mashed Potatoes
Carrots
Butterscotch Pudding
Peach Slices
Dinner Roll

14 Honey Mustard Meatballs
Baked Potato
Peas and Carrots
Raspberry Sherbet
Fruited Gelatin
Dinner Roll

21 Baked Chicken
Garlic Mashed Potatoes
Three Bean Salad
Pineapple Tidbits
Oatmeal-Raisin Cookie
Dinner Roll

28 Cranberry & Kraut
Meatballs
Baked Potato
Corn
Key Lime Pie
Orange & Dinner Roll

WEDNESDAY

1 Baked Chicken
Twice Baked Style Potatoes
Copper Penny Salad
Peach Slices
Cookie
Sliced Bread

8 Baked Spaghetti
California Blend Vegetables
Applesauce Cake
Pineapple Tidbits
French Bread

15 Salisbury Steak
Mashed Potatoes
Swiss Spinach
Spice Cake
Apple Slices
Sliced Bread

22 Meatloaf
Sweet Potato Bake
Health Slaw
Tapioca Pudding
Tropical Fruit Salad
Sliced Bread

29 Smoked Sausage
Calico Bean Casserole
German Cole Slaw
Butterscotch Pud.
Honeydew Melon
Sliced Bread

THURSDAY*

2 Chili Casserole
Spinach Salad with Rasp.
Vinaigrette
Birthday Cake
Petite Banana
Cornbread

9 Chicken Teriyaki
Brown Rice
Tossed Salad
Orange
Sugar Cookie
Dinner Roll

16 Beef Frank on a Bun
Baked Beans
Corn
Vanilla Pudding
Cantaloupe Slice

23 Chicken Cacciatore
Baby Red Potatoes
Mixed Italian Salad
Red Velvet Cake
Apple Slices
Dinner Roll

30 Hamburger on a Bun
German Pot. Salad
Peas and Carrots
Fudge Brownie
Petite Banana

FRIDAY

3 Pepper Steak
Baby Red Potatoes
Three Bean Salad
Chocolate Pudding
Fruited Gelatin
Sliced Bread

10 Country Fried Steak
Mashed Potatoes
Corn
Chocolate Sundae Cup
Fruit Cocktail
Sliced Bread


17 Chicken, Broccoli & Rice
Casserole
Tossed Salad
Chocolate Chip Cookie
Petite Banana
Sliced Bread

24 Pork Jaegerschnitzel
Mashed Potatoes
Pickled Beet Salad
Apricots
Cinnamon Roll
Sliced Bread

JULY 2022						
M	T	W	Th	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
						31

Activity Calendar

June 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1</p> <p>10:00 500 10:00 Hearing Screenings</p> <p>1:00 4 Handed Sheepshead 1:00 Watercolor</p>	<p>2</p> <p>1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot</p> <p>7:00 Public Euchre</p>	<p>3</p> <p>1:00 Sheepshead</p> 
<p>5</p> <p>1:00 Public Euchre</p> 	<p>6</p> <p>9:00 Scrabble 9:45 Bunco 10:00 Jeff Cty Benefit Specialist</p> <p>1:00 Bridge 1:00 Euchre</p>	<p>7</p> <p>10:00 Coffee w Cop 10:30 Parkinson's Exercise</p> <p>1:00 Movie - "One Night in Miami" 1:00 Wizard</p>	<p>8</p> <p>10:00 500 10:00 HT-Stockbox</p> <p>1:00 4 Handed Sheepshead 1:00 Watercolor</p>	<p>9</p> <p>1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot</p> <p>7:00 Public Euchre</p> 	<p>10</p> <p>1:00 Sheepshead</p>
<p>12</p> <p>1:00 Public Euchre 1:00 Public Sheepshead</p>	<p>13</p> <p>9:00 Scrabble 9:45 Bunco</p> <p>1:00 Book Club 1:00 Bridge 1:00 Euchre</p> 	<p>14</p> <p>9:00 Claire's Mending 9:30 Caring Crafters 10:00 Learn Euchre 10:30 Parkinson's Exercise</p> <p>1:00 Wizard</p>	<p>15</p> <p>9:00 Adv Bd Mtg 10:00 500</p> <p>1:00 4 Handed Sheepshead 1:00 Watercolor</p>	<p>16</p> <p>1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot</p> <p>7:00 Public Euchre</p>	<p>17</p> <p>1:00 Sheepshead</p> 
<p>19</p> <p>1:00 Public Euchre</p> 	<p>20</p> <p>9:00 Scrabble 9:45 Bunco 10:00 Jeff Cty Benefit Specialist</p> <p>1:00 Bridge 1:00 Euchre</p>	<p>21</p> <p>10:30 Parkinson's Exercise</p> <p>1:00 Wizard 5:00 Meal of Hope</p>	<p>22</p> <p>10:00 500</p> <p>1:00 4 Handed Sheepshead 1:00 Watercolor</p> 	<p>23</p> <p>1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot</p> <p>7:00 Public Euchre</p>	<p>24</p> <p>1:00 Randy Goodbye 1:00 Sheepshead</p> 
<p>26</p> <p>1:00 Public Euchre 1:00 Public Sheepshead</p>	<p>27</p> <p>9:00 Scrabble 9:45 Bunco 10:00 Dodge Cty Benefit Specialist</p> <p>1:00 Bridge 1:00 Euchre</p>	<p>28</p> <p>9:00 Claire's Mending 9:30 Caring Crafters 10:00 Blood Drive 10:30 Parkinson's Exercise</p> <p>1:00 Movie - "Ordinary Love" 1:00 Wizard</p>	<p>29</p> <p>10:00 500</p> <p>1:00 4 Handed Sheepshead 1:00 Watercolor</p>	<p>30</p> <p>1:00 Begin Bridge 1:00 Bingo 1:00 Hand & Foot</p> <p>7:00 Public Euchre</p> 	

