



Possibilities

“The Age of
Endless Opportunities”



January 2022

CENTER INFORMATION:

100 East Jackson St.
Ripon, WI 54971
(920) 748-6225

seniorcenter@cityofripon.com

MEAL PICK UP 11:00—11:30

Inside this issue

Services/ activities - Page 2
Pictures — Page 3
Activities — Page 4
Pictures — Page 5
Menu — Page 6
Word find — Page 7

STAFF

Senior Center Director

Noreen Johnson

County Benefits Specialist

Melissa Chase

(920)929-3521

FdL Aging and Disability

Center 920-929-3466

FdL County Grab and Go meals

920-748-6225

Like us on **Facebook.**

Find the newsletter at

www.cityofripon.com

Welcome.

Happy New Year! The Ripon Senior Activity Center, as well as ALL City of Ripon buildings is under a mask request. For the time being, all activities will continue however, masks are suggested but not required .

2022 is the year. We should be in our new building by this December. Prepared meals, instead of potlucks will continue as we traverse the unknown of this pandemic.

Sincerely, *Noreen Johnson, Director*

HAPPY NEW YEAR!

**Wishing you a healthy, happy, safe,
and enjoyable 2022!**

We look forward to seeing you.



Drive thru party

Wednesday, January 19th

**11:00—11:30 for those that
order grab and go meals;**

11:30—12:15 all other;

**Hot chocolate, a smile, treats
You may stay in your vehicle or
come inside to chat.**

Regular Activities

The Sharing Table—FREE

Enjoy time with friends (meet new friends) in person meals are also being served every **2nd Tuesday** at Grace Lutheran Church. 5:00—6:00 PM

Drive through **Ripon**

Community Dinner every 4th

Tuesday at 1st Congregational Church. 220 Ransom St 5:30 – 6:00 PM Drive thru box meal, enter on Ransom, exit on Elm St Thank you the members of these churches that volunteer and provide funds for these meals. (Meals not affiliated with the senior center.)

Transportation

Please call the Ripon Taxi, 920-748-5599.

For out of town medical transportation call (920)929-3936. Please schedule as early as possible.

Stock Box January 26

Shelf stable food for Wisconsin seniors 60 or older. Noon to 1:00 PM, Truck is parked in front of the senior center. Please drive up next to the truck. We'll put the box in your car.

January 26, 2022

February 23, 2022

March 30, 2022

April 27, 2022

May 25, 2022

June 29, 2022

July 27, 2022

August 24, 2022

Services

Fond du Lac county Grab and Go meals.

Nutritious noon meals for seniors are served each weekday for residents 60 or over and their spouse. Recommended donation of \$3 per meal. Reservations are needed. Call the center before noon at 920.748.6225 a day ahead. Meals are provided by Feils Supper Club. Menus are available at the senior center. Listen to KFIZ for Cancellations.

Mobile Meals for homebound residents are available. Call 920-929-3937 for initial sign up.

Weather Alerts!

Please listen to KFIZ for weather information. When meals are cancelled for Fond du Lac, they are cancelled for Ripon. This information will also be on the Ripon Senior Center Facebook page as soon as we have heard from the FdL County senior services.

Government Benefit Programs for Seniors—

- Call 920-929-3521 for more information. Information about homebound meal deliveries 920-920-3113

Aging and Disability Resource Center of Fond Du Lac County (ADRC)

Call 920-929-3466 or 1-888-435-7335

- Providing information and assistance to connect with a variety of long term care services
- Questions on household help
- Information on Home Healthcare
- Information about disabled or elderly transportation needs
- Aging concerns

Foot Care Clinic— appointment system

Appointments can be made by calling Keren @

920-637-0754 . The cost is \$30 (\$35 for initial visit), please remember bring a towel (to dry your feet). Appointments are the 1st and 3rd Wednesday of the month. 2022 dates are Jan 5, 19, February 2, 16. March 2, 16, April 6, 20, May 4, 11, June 1, 15, July 6, 20, August 3, 17, September 7,21, October 5,19, November 2, 16, December7, 21.

In order to minimize exposure to other people, Keren may be meeting clients at the door at your scheduled appointment time. Thank you for planning accordingly. Mask is required. Cash or check accepted.

Thank you to the Ripon High School Jazz Band for playing at our party.
 Thank you to Kristy Sadlon at Divine Passage for helping and Door Prizes.



Butzin-Marchant Funeral Home and Crematory



MELLISA WIPIJEWSKI
CHRISTOPHER BJORNSTAD
 Funeral Directors

Rolanda (Goheen) Bjornstad
 Office Administrator

www.butzinmarchant.com

Continuing to provide comfort in times of need.

Oshkosh St. & Mayparty Drive
 P.O. Box 371 - Ripon, WI 54971

(920) 748-2623 • (Toll Free) 888-801-8111




Rehabilitation | Assisted Living | Skilled Nursing
 Memory Care | In-home Care | Respite & Hospice Care

"Caring through a Continuum"

1130 N. MARGARET STREET, MARKESAN, WI 53946
 920-398-2751 




Yellow House Realty, LLC

Lyn Herriot
 Broker/Owner

 (920) 291-6666 



RIPON
 Hwy 23 West
 (920) 748-3360

WAUTOMA
 983 East Plaza Road
 (920) 787-4911



"It's my life and they respect that."

Local long-term care supports and services delivered with a focus on Life. Defined by you.



inclusa.org | 877-376-6113



920-748-5498
 Highway 23 West
 Ripon

webstersmarketplace.com

CALL KATIE FOR A TOUR!



VILLAGE OF RIPON
 ASSISTED LIVING & MEMORY CARE
www.copperleafcare.com | (920) 896-0440





Happenings

Water Aerobics—Monday, Wednesday, and Friday at either 8:00 or 9:00 AM.

\$1.00 per person per session.

Please wear a mask when walking through the Willmore Center into the Locker Rooms.

55ish and older welcome.

This is subject to change as a new semester and instructor/lifeguard availability is subject to change. There is a phone tree for info.

Tone and Stretch

Tuesday and Thursday

9:15 in the Activity room at the Senior Activity Center.

Bring your own stretch band and hand weights or borrow some of ours.

There will be **NO AARP taxes** done at Ripon, Berlin or fond du Lac centers in 2022. Sorry for the inconvenience. Energy Assistance is not available at the center this year.

Hawaii trip— Sign up by January 5th. Info at center

Snowshoeing at the ABA/ GLCC
Weather Permitting, we will be going snow shoeing at the Green Lake Conference center on January Thursday, January 13th. Call for more info.



Cardio Drumming in person, in the Senior Activity Center's Activity room (The bright yellow one.)

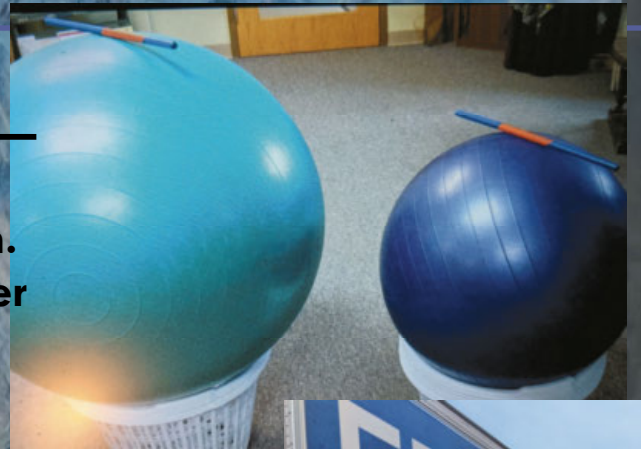
Tuesday afternoon's 1:00 P.M.

Join us. We have several yoga balls to drum on. We have fewer but some drum sticks and wooden spoon drum sticks.

Please bring your own, if possible.

Cardio drumming is exercise that is fun and set to music. It can be adapted to your speed and endurance. Leaders will offer both seated and standing examples.

Join us to get a good workout and hopefully laughter. Feel free to stay afterwards for fellowship or just exercise and head out.

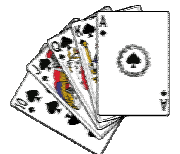


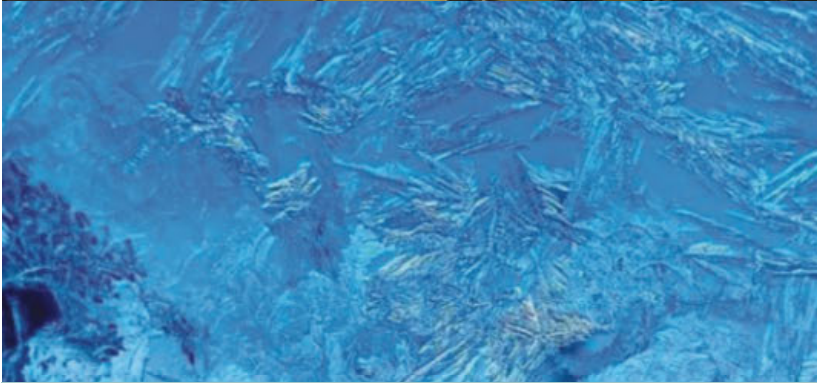
Looking for more up to date and current information? Follow us on Facebook, Ripon Senior Activity Center. Listen on most Monday morning at 8:40ish AM on WRPN the WAVE 1600.

Classes, activities, pictures, trips. Feel free to ask questions, give suggestions and ideas.

Sheepshead— every Monday from 9:00 A.M. To noon. All invited.

This is a Great group of mostly guys. Women have been known to show up and play a mean hand.






- + Companion Care
- + Personal Hygiene Support
- + Light Housekeeping
- + Appointment & Medication Reminders
- + Meal Planning & Prep
- + Appointment & Errand/ Grocery Shopping Transport
- + Life Enrichment Activities

Always There Home Care



920-260-1246

"Supporting Seniors Living Independently"

1130 N. MARGARET STREET, MARKESAN, WI 53946
920-260-1246

New in 2021

20 to 40%
lower prices
on select items.



the CBD Store
Ripon

Your Locally Owned CBD Store - 301 Watson St in Downtown Ripon

**Concerned about Medicare fraud?
Give us a call...**

PROTECT your personal information

DETECT suspected fraud, abuse, or errors

REPORT suspicious claims or activities

Toll-free Helpline:
888-818-2611
Email: smp-wi@gwaar.org
gwaar.org/senior-medicare-patrol
f [WisconsinSeniorMedicarePatrol](https://www.facebook.com/WisconsinSeniorMedicarePatrol)




**GOLDEN YEARS.
GOLDEN OPPORTUNITY.**



Ask how you can become an exclusive Gliding Free Club member. **HORICON BANK** Member FDIC

400 Watson St • Ripon | Inside Webster's Marketplace • Ripon
Call 888.343.3040 or visit HoriconBank.com for more details!

This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

Grab and Go meals may be picked up by a friend or neighbor. Call to order or for more information. Call 920.748.6225 to order or stop by the Ripon Senior Activity Center. Call at least by noon the weekday before. Open to ALL Fond du Lac County residents that are 60 or older or their spouse is 60 or older. Order daily or just when the mood hits you. Make checks out to Fond du Lac County senior meals.

Senior Dining



Fellowship. Food Fun

January 2022

Fond du Lac County Senior Dining

Donations may be made by cash or check.
Make checks out to Fond du Lac senior meals

Is Money Tight?

You might be eligible for a Food Share Wisconsin (Quest) Card

To contact the Food Share Wisconsin Help Line call 1-877-366-3635

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
3 Orange glazed chicken breast Mustard Sauce Baked Potato Baby Carrots Chocolate Pudding Pineapple Tidbits Sliced Bread XXXXXXXXXXXXXXXXXXXX	4 Swiss Steak Mashed Potatoes Corn Chocolate Pudding Pear Slices Dinner Roll	5 Ham Roll Baked Beans Health Slaw Cinnamon Roll Pineapple Tidbits Sliced Bread foot clinic	6 Chicken Breast Mashed Potatoes Mixed Vegetable Birthday Cake Apple Slices Dinner Roll	7 Beef Stroganoff Casserole Tossed Salad Choc. Chip Cookie Petite Banana Sliced Bread																																																																																																		
10 Meatball in Honey Mustard Sauce Brown Rice Broccoli Cuts Ice Cream Cup Peach Slices Sliced Bread	11 Liver and Onions Garlic Mashed Pot. Carrots Coconut Cream Pie Applesauce Dinner Roll	12 Chili Casserole Green Beans Sugar Cookie Cantaloupe Slice Cornbread Bingo	13 Pork Steak Mashed Potatoes Red Cabbage Applesauce Cake Apricot Halves Dinner Roll Snow shoe	14 Chicken, Broccoli & Rice Casserole Spinach Salad with Raspberry Vin. Butterscotch Pud. Fruited Gelatin Sliced Bread																																																																																																		
17 Pepper Steak Baked Potato Peas and Carrots Cinnamon Roll Pear Slices Sliced Bread	18 Lasagna Casserole Mixed Italian Salad Alexander Torte Apple Slices French Bread	19 Baked Chicken Twice Bk Style Pot. Pickled Beet Salad P-Nut Butter Cook. Tropical Fruit Salad Sliced Bread Foot clinic	20 BBQ Meatballs Calico Bean Cass. Cole Slaw Fudge Brownie Petite Banana Dinner Roll	21 Chicken Marsala Baby Red Potatoes Calif. Blend Veg. Spice Cake Pineapple Tidbits Sliced Bread																																																																																																		
24 Roast Pork Loin Mashed Potatoes Baby Carrots Oatmeal-Raisin Cookie Applesauce Sliced Bread	25 Meatloaf Baked Potato Wax Beans Vanilla Pudding Fruited Gelatin Dinner Roll Birthday party	26 Chicken and a Biscuit Casserole Tossed Salad Raspberry Sherbet Apricot Halves Bingo stock box- noon	27 Bratwurst on a Bun German Pot. Salad Corn Choc. Banana Torte Cantaloupe Slice	28 Mush. Pork Cutlet Mashed Potatoes Three Bean Salad Snickersdoodle Petite Banana Sliced Bread Fish Fry																																																																																																		
31 Baked Chicken Garlic Mashed Pot. Copper Penny Sal. Molasses Cookie Pineapple Tidbits Sliced Bread	<table border="1"> <thead> <tr> <th colspan="7">Dec 2021</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> <td></td> </tr> </tbody> </table>		Dec 2021							M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			<table border="1"> <thead> <tr> <th colspan="7">Feb 2022</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		Feb 2022							M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28					
Dec 2021																																																																																																						
M	T	W	T	F	S	S																																																																																																
		1	2	3	4	5																																																																																																
6	7	8	9	10	11	12																																																																																																
13	14	15	16	17	18	19																																																																																																
20	21	22	23	24	25	26																																																																																																
27	28	29	30	31																																																																																																		
Feb 2022																																																																																																						
M	T	W	T	F	S	S																																																																																																
		1	2	3	4	5																																																																																																
6	7	8	9	10	11	12																																																																																																
13	14	15	16	17	18	19																																																																																																
20	21	22	23	24	25	26																																																																																																
27	28																																																																																																					

HAPPY NEW YEAR!

7

Dreamstime.com

Name: _____

Created with TheTeachersCorner.net Word Search Maker

January 2022

X M G M N C O D G H J R S O E S T O K N
F K Y Q Q L T C N I L M N T S T A Y G U
R L J S N E T T I M C L O W I O H T D V
R J A N U A R Y K S Y E W E C O U R W A
D F R A C S V O R L U H M Q R B F A V U
W D A E H S P E E H S H A E E Q E P L E
F X E H X B E S H N A I N X X B M Y T G
T O N E A N D S T R E T C H E J R A E C
S S P J S O B D U F C W J E W G L D V F
H N V V N E H N L Y I W B Y Z O C H B Q
A O A U O Z M E N O I R L U C H J T G I
N W P V P L H I I L P D E O I I E R Q E
D F W Y M I B R T D E N H P S L F I M K
W L K Y A K V F R G D C F S L B D B A P
A A F S R X E R A D T G A S Y A Y I D M
R K Z Y C C P U M O C B I N G O C M N H
M E Z G A G C E H X F O F A B X P E O G
E W Y K A G T O G N I D D E L S G O D P
R S N O W A T E R A E R O B I C S Z U X
S Z H Y A D S G N I K E E R H T O U T C

BINGO
COZY
EXERCISE
HANDWARMERS
ICE
MITTENS
SHEEPSHEAD
SNOWMAN
WATERAEROBICS

BIRTHDAYPARTY
CRAMPONS
FIREPLACE
HAT
JANUARY
NEWBUILDING
SNOW
THREEKINGSDAY

BOOTS
DOGSLEDDING
FRIENDS
HOTCHOCOLATE
MARTINLUTHERKING
SCARF
SNOWFLAKE
TONEANDSTRETCH

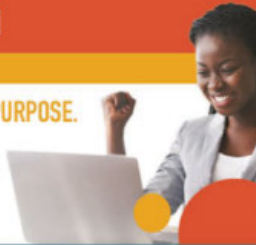


WE'RE HIRING

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.

- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community
- Paid Training
- Some Travel



Contact us at: careers@4lpi.com | www.4lpi.com/careers

"So you can enjoy life to the fullest"



Kenwood
SENIOR LIVING

1479 Pleasant Street, Ripon
1 & 2 bedroom apartments
920-896-0095

kenwood@accmanagementgroup.com • www.accmanagementgroup.com



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

1-855-225-4251

MAPLECREST AT HOME

The Details Make All the Difference

COMPANION & SUPPORTIVE HOME CARE

920-748-7300

150 DOUGLAS ST - RIPON



RUSSELL MANOR APARTMENTS

Senior Living at its Best for Anyone 55 and over! Very affordable, with some rental assistance available

504 Russell Dr., Ripon, WI 54971

920-748-2350

www.russellmanor.com

AVAILABLE FOR A LIMITED TIME!

ADVERTISE HERE NOW!

Contact **Jeff Parkinson** to place an ad today!
jparkinson@lpicommunities.com
or (800) 950-9952 x5887



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Ripon Senior Center, Ripon, WI

C 4C 01-1387