



THE KEEN AGE CENTER


NEWS YOU CAN USE


BOONE COUNTY COUNCIL ON AGING


JULY 2022




CONTACT INFORMATION

 2141 Henry Luckow Lane
Belvidere IL, 61008

 Monday - Friday
8:00 a.m. to 4:30 p.m.

 815-544-9893

 www.keenage.org

 Facebook - KeenAgeCenter

Thank you for attending our
first annual
Jack Wolf Memorial Golf Outing!



NEWSLETTER HIGHLIGHTS

- pg. 6 Note from Kelly
- pg. 14 Annual Quilt Raffle
- pg. 16 Friends KAC Summer Events
- pg. 19 Sponsors Thank You
- pg. 23 Rivets Game - Friends KAC

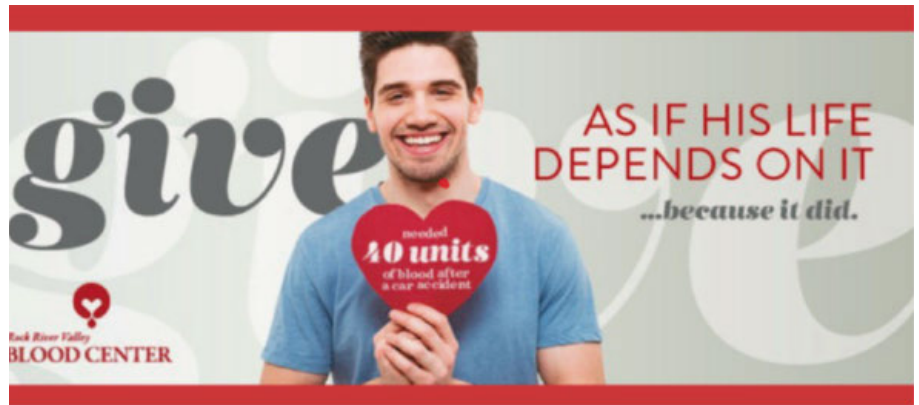
2 WELCOME

PHOTOGRAPHY POLICY



It is the policy of the Executive Board of the Boone County Council on Aging that staff can take pictures of participants who attend BCCA sponsored events. These pictures will be used for a variety of marketing materials such as newsletters, posters, other printed marketing materials, as well as online images, including social media. Images may be posted on any social media site including: Facebook, Instagram, Linked-In, Twitter, Snapchat, Pinterest or any other social media outlet. If a participant does not want his/her picture taken, they should notify the photographer before the photo is taken. Individuals under the age of 18 years old must have their parent's or legal guardian's written permission before their photograph can be used in all marketing material produced by the BCCA

Follow us on Facebook!
@KeenAgeCenter1



Keen Age Center Blood Drive

Wednesday, July 27th / 9:00 AM to 12:00 PM
2141 Henry Luckow Lane, Belvidere

To schedule a donation, email Cecilia
Hernandez at chernandez@keenage.org
scan the QR Code.



We are closed Monday, July 4th.



BCCA STAFF RECOGNITION

Robbie Freedman-
Program Coordinator
Assistant - 4 yrs



KEEN AGE CENTER WISHLIST

- Coffee
- Decaf coffee
- Powdered coffee creamer
- Paper towels
- Packages of cookies
- Handcrafted Items for Quilt Raffle

Visit our Amazon
wish list to order
online! Link is in
our website and FB.

Contact Us



There are several ways you can contact your Information & Assistance Specialist; listed below. A secure drop box is also available on the East side of the building by the staff entrance, for those who need to drop off copies of documents. You can also fax us at 815-547-7373



Susan

Phone: 779-552-7240
Text: 779-256-1477
Email: sbileto@keenage.org



Rachel

Phone: 779-552-7252
Text: 779-256-1049
Email: rachelv@keenage.org

MEDICAID MEMBERS!

During the pandemic, the Medicaid office stopped sending out redetermination forms and temporarily did not have people send in spenddown information. They will once again start sending out redetermination letters. If your address has changed, you will need to update the address with DHS. Don't take a chance on losing your benefits! The Information & Assistance staff can help you update your information. Please call us if you need assistance.

OUTREACH IN YOUR COMMUNITY

An Information & Assistance Specialist will be at the following Township Offices from 9:00-10:00 am to help anyone who would like to stop by.

BONUS TOWNSHIP

9015 Marengo Rd.
Garden Prairie
Monday, July 11th

POPLAR GROVE TOWNSHIP

Village Hall
200 Hill St
Poplar Grove
Monday, July 18th

An Information & Assistance Specialist will be at the following locations from 2:00-3:00 pm to help residents who live in the building.

SHEFFIELD MEADOWS

Tuesday, July 5th

SHADLEY APARTMENTS

Tuesday, July 12th



MEDICARE SAVINGS PROGRAM

Do you qualify to have your Medicare Part B premiums paid for? You might if you are within these guidelines.

Monthly income less than:
\$1,529 per individual

\$2,060 per couple and

Assets less than:

\$8,400 per individual

\$12,600 per couple

EXTRA HELP

Do you qualify to get help with the cost of your Medicare medications? You might if you are within these guidelines.

Monthly income less than:

\$1,699 per individual

\$2,289 per couple and

Assets less than:

\$14,010 per individual

\$27,950 per couple

BENEFIT ACCESS PROCESS

Please call your I&A Specialist to find out if you need to renew your application to get the discount.

The guidelines to the Benefit Access Program that allows you to get a discount on your license plate sticker are as follows. Based on 2021 income.

65 Years old, or 16 or older and disabled
Your income must be less than:

\$33,562 for a 1-person household

\$44,533 for a 2-person household

\$55,500 for a 3-person household

PROPERTY TAX ASSESSMENT FREEZE 2022

This program allows a qualified senior citizen to have your home's assessed value "frozen" at a base year value to prevent increases due to inflation. This does not mean that your property taxes will not increase because other factors affect your tax bill.

To qualify you must:

- Be 65
- Have household income of less than \$65,000
- Have lived in your home for two January 1st's
- Own the property
- Have the property tax bill in your name

You must have completed the Senior Exemption at the Assessor's Office

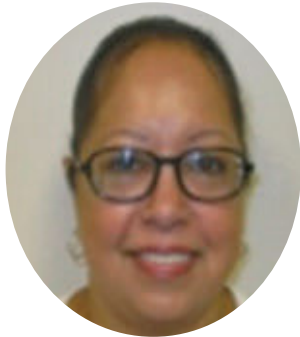
You must reapply every year with proof of your household's annual income. The deadline for filing is November 1st, 2022. The Keen Age Center will be processing applications for 2022.

NEW MEDICARE SUPPLEMENT POLICY UPDATE FOR ILLINOIS

As of January 1, 2022, persons ages 65-75 years old will be able to switch their Medicare supplement to a policy with equal or lesser benefits, under the same insurance provider, with no questions asked. This is known as the Murphy Law, Senate Bill 147. The enrollment period will begin on your birthday and the last 45 days. Call your I&A Specialist if you would like to investigate the changes that could be made.

The Boone County Council on Aging, and especially the Information & Assistance department would like to thank Marisol Rivera for her years of service. Marisol started out as a receptionist, and then transferred to I&A a couple of years ago. Marisol has been instrumental in helping with our bi-lingual community.

She has helped many people thru the Medicare process, LIHEAP and Benefit Access applications, and so much more. Marisol will be retiring as of June 30th and beginning a new chapter in her life. We wish her the best in her new endeavors. She will be missed.



— HAPPY — Retirement



<p>GROW YOUR BUSINESS BY PLACING AN AD HERE!</p> <p>CONTACT US!</p> <p>Contact Teresa Perkins to place an ad today! tperkins@lpicommunities.com or (800) 950-9952 x2611</p> 		<p>DOORMASTER Garage Door Co., LLC.</p> <p>RESIDENTIAL & COMMERCIAL FIRE DOORS • HOLLOW METAL DOORS DOCK EQUIPMENT • RESIDENTIAL DOORS</p> <p>Serving the IL Area for over 30 Years</p> <p>Steve Getzin, Owner (847) 683-0333</p> <p>"WE TREAT YOUR DOOR LIKE OUR OWN."</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------







SwedishAmerican Medical Center/Belvidere is a modern, service-oriented healthcare facility that offers 24-hour emergency care, along with convenient accessibility to outpatient testing and surgery – all connected to a Top 100 health system.

For more information, please call (815) 547-5441.

Close.
LIKE FAMILY.

SWEDISHAMERICAN
A DIVISION OF UW HEALTH

 **Medical Center/Belvidere**

From the Director

Dear Friends,

On May 23, 2022 we held the inaugural Jack Wolf Memorial Golf Outing. By all accounts, it was a huge success! We are so grateful for the life and legacy of Jack Wolf who continues to make a positive impact on his community here in Boone County. The generosity of Jack and his wife Peggy will long be remembered. It is our sincere honor to host the Jack Wolf Memorial Golf Outing for this and many years to come.

Our gratitude extends to the Kunes Auto Group of Belvidere which proved to be a wonderful partner in producing this event. Jack's legacy at Kunes makes the partnership personal and meaningful to our agency and the community at large. In addition, many business owners and individuals stepped forward to sponsor the event and make it a success. Please see the additional sponsor information on page 19.

This event would not have been possible without the dedication and hard work of the Fundraising Committee members. This is a group made up Board members Amy Gallano, Maria Gonzalez and Maren Sanders, community volunteers Naomi Schultz, Kay Davis and Dale Kaiser, along with staff member, Steve Kling.

Boone County Council on Aging is better able to meet the needs of older people in our community because of this fundraiser. Money raised supports programs at the Keen Age Center along with outreach to make sure every older adult who wants to be connected has the means to do so.

I am currently working from home. Not long after I recovered from COVID-19, I had a fall and then surgery that has reduced my mobility. Hoping to be able to see you soon at Keen Age Center!

Best Regards,
Kelly



THANK YOU

TO OUR
SPONSORS

YANKEE DOODLE DANDY

Brought to the White House to receive a Congressional Gold Medal from President Franklin Delano Roosevelt, Broadway legend George M. Cohan (James Cagney) reflects on his life. Flashbacks trace Cohan's rise, from a childhood performing in his family's vaudeville act to his early days as a struggling Tin Pan Alley songwriter to his overwhelming success as an actor, writer, director and producer known for patriotic songs like "Yankee Doodle Dandy," "You're a Grand Old Flag" and "Over There."





Movie date showings: July, 22nd/29th

Time: 1:00pm




Movies will be played in conference room.

Please Call 779-552-7251 or 779-552-7238 to register.

<p>GROW YOUR BUSINESS BY PLACING AN AD HERE!</p> <p>CONTACT US!</p> <p>Contact Teresa Perkins to place an ad today! tperkins@lpicommunities.com or (800) 950-9952 x2611</p> 	<p>ADT-Monitored Home Security</p> <p>Get 24-Hour Protection From a Name You Can Trust</p> <ul style="list-style-type: none"> • Burglary • Flood Detection • Fire Safety • Carbon Monoxide <p>ADT Authorized Provider SafeStreets 1-855-225-4251</p> 
------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>Listening to you is where we start every visit.</p> <p>Accepting new patients (815) 242-0678</p> <p>OAK STREET HEALTH Doctors for Adults on Medicare</p> 	<p>SUPPORT OUR ADVERTISERS!</p> 
------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------

MORNINGS

MON	TUE	WED	THU	FRI
				01
		Are you interested in playing chess? We are looking for a partner for someone to play chess with. Call 779-552-7238 for more information.		8:45 Yoga 9:30 Bunco 10:15 Chair Yoga
04 CLOSED	05	06	07	08
	9:00 Ladies Pool <u>10:00</u> Low Vision Skipbo	8:30 Woodcarvers 8:45 Yoga 9:00 Men's Pool 10:15 Chair Yoga 10:30 FKAC Meeting	<u>9:00</u> Bobbin Lace Diamond Art 10:30 Grief Support 11:00 Train your Brain	8:45 Yoga 9:00 Reflexology 9:30 Bunco 10:15 Chair Yoga
11	12	13	14	15
8:45 Yoga 10:15 Chair Yoga	9:00 Ladies Pool 10:00 Skipbo	8:30 Woodcarvers 8:45 Yoga 9:00 Men's Pool 10:00 Officer B 10:15 Chair Yoga	<u>9:00</u> Bobbin Lace Diamond Art 11:00 Train your Brain	8:45 Yoga 9:30 Uno 10:15 Chair Yoga 10:30 Simplify your Life Workshop
18	19	20	21	22
8:45 Yoga 9:00 Newsletter Folding 10:15 Chair Yoga	9:00 Ladies Pool 10:00 Skipbo	8:30 Woodcarvers 8:45 Yoga 9:00 Men's Pool 10:15 Chair Yoga	<u>9:00</u> Bobbin Lace Diamond Art 10:30 Grief Support 11:00 Train your Brain	8:45 Yoga 9:30 Uno 10:15 Chair Yoga
25	26	27	28	29
8:45 Yoga 10:15 Chair Yoga	9:00 Ladies Pool 10:00 Skipbo	8:30 Woodcarvers 8:45 Yoga 9:00 Men's Pool 10:15 Chair Yoga	8:30 AARP <u>9:00</u> Bobbin Lace Diamond Art 11:00 Train your Brain	8:30 AARP 8:45 Yoga 10:15 Chair Yoga

SIGN UP BY CALLING 779-552-7251 OR 779-552-7238 Please sign up ahead of time or let your group leader or instructor know you're attending. This helps us know how many seats to set up for activities and who to call if a class is cancelled.

AFTERNOONS

MON	TUE	WED	THU	FRI
				01 12:00 Grandparents Day! 12:30 Euchre Afternoon Quilters 1:00 Bingo-Sponsored by 2 Sisters Health
				04 CLOSED
11 12:30 Bridge Progressive Hand & Foot Pinochle 1:00 Knit & Crochet	12 12:30 Karaoke Hand Knee & Foot 1:00 FYOP 2:00 Stressbusters	13 12:30 Hand & Foot 1:00 Moving on Support 2:30 Vets Pool	14 12:30 Pinochle Dominos 1:00 FKAC Social	15 12:30 Euchre Afternoon Quilters
18 12:30 Bridge Progressive Hand & Foot Pinochle	19 12:30 Karaoke Hand Knee & Foot Kish Quilt Group 2:00 Stressbusters	20 12:30 Hand & Foot 1:00 Moving on Support 2:30 Vets Pool	21 12:30 Pinochle Dominos	22 12:30 Euchre Afternoon Quilters 1:00 Movie- Yankee Doodle Dandy
25 12:30 Bridge Progressive Hand & Foot Pinochle 1:00 Knit & Crochet	26 12:30 Karaoke Hand Knee & Foot 1:00 Nutrition Bingo FYOP 2:00 Stressbusters	27 12:30 Hand & Foot 1:00 Moving on Support 2:30 Vets Pool	28 12:30 Pinochle Dominos	29 12:30 Euchre Afternoon Quilters 1:00 Movie- Yankee Doodle Dandy

SIGN UP BY CALLING 779-552-7251 OR 779-552-7238

Please sign up ahead of time or let your group leader or instructor know you're attending. This helps us know how many seats to set up for activities and who to call if a class is cancelled.

COMUNÍQUESE CON SU ESPECIALISTA DE I&A

Hay varias formas de comunicarse con su especialista en información y asistencia, que se enumeran a continuación. También hay disponible un buzón seguro, en el lado este del edificio, junto a la entrada del personal, para aquellos que necesiten entregar copias de documentos. O puede enviarnos un fax al 815-547-7373.



Susan

Telefono: 779-552-7240
Texto: 779-256-1477
Email: sbileto@keenage.org



Rachel

Telefono: 779-552-7252
Texto: 779-256-1049
Email: rachelv@keenage.org



¡MIEMBROS DE MEDICAID!

Durante la pandemia, la oficina de Medicaid dejó de enviar formularios de redeterminación y temporalmente no hizo que las personas enviaran información de reducción de gastos. En abril, volverán a comenzar a enviar cartas de redeterminación. Si su dirección ha cambiado, deberá actualizar la dirección con DHS. ¡No se arriesgue a perder sus beneficios! El personal de Información y Asistencia puede ayudarle a actualizar su información. Por favor llámenos si necesita ayuda.

¿NECESITAS AYUDA Y QUIERES ESTAR CERCA DE CASA?

Un especialista en información y asistencia estará en las siguientes oficinas municipales de 9:00 a. m. a 10:00 a. m. para ayudar a cualquier persona que desee pasar por allí.

BONUS TOWNSHIP

9015 Marengo Rd. Garden Prairie
lunes, 11 de julio

POPLAR GROVE TOWNSHIP

Village Hall
200 Hill St Poplar Grove
lunes, 18 de julio

Un especialista en información y asistencia estará en los siguientes lugares de 2:00 p. m. a 3:00 p. m. para ayudar a los residentes que viven en el edificio.

SHEFFIELD MEADOWS

martes, 5 de julio

APARTAMENTOS SHADLEY

martes, 12 de julio

NUEVA ACTUALIZACIÓN DE LA POLÍTICA SUPLEMENTARIA DE MEDICARE PARA ILLINOIS

A partir del 1 de enero de 2022, las personas de 65 a 75 años podrán cambiar su suplemento de Medicare a una póliza con beneficios iguales o menores, bajo el mismo proveedor de seguros, sin hacer preguntas. Esto se conoce como la Ley Murphy, Proyecto de Ley del Senado 147. El período de inscripción comenzará en el cumpleaños y durará 45 días. Llame a su especialista en I&A si desea investigar los cambios que podrían realizarse.

PROGRAMA DE AHORROS DE MEDICARE

¿Califica para que le paguen las primas de la Parte B de Medicare? Podrías hacerlo si estás dentro de estas pautas.

Ingresos mensuales inferiores a:

\$ 1,529 por individuo

\$ 2,060 por pareja y

Activos inferiores a:

\$ 8,400 por individuo

\$ 12,600 por pareja

AYUDA EXTRA

¿Califica para recibir ayuda con el costo de sus medicamentos de Medicare?

Podrías hacerlo si estás dentro de estas pautas.

Ingresos mensuales inferiores a

\$1,699 por individual

\$2,289 por pareja

y activos inferiores a

\$14,010 por individual

\$27,950 por pareja

PROGRAMA DE ACCESO A BENEFICIOS

Ya no enviaremos recordatorios de tarjetas postales para el programa de acceso a beneficios.

Llame a su especialista en I&A para averiguar si necesita renovar su solicitud para obtener el descuento.

Las pautas del programa de acceso a beneficios que le permite obtener un descuento en la etiqueta de su placa de matrícula son las siguientes.

Sus ingresos deben ser menores a:

\$ 33,562 para un hogar de 1 persona

\$ 44,533 para un hogar de 2 personas

\$ 55,500 para un hogar de 3 personas

Empesando el 19 de abril, presentaremos los ingresos de 2021.

ADIOS MARISOL

El Consejo de Envejecimiento del Condado de Boone, y especialmente el departamento de Información y Asistencia, quisieran agradecer a Marisol Rivera por sus años de servicio. Marisol comenzó como recepcionista y luego se transfirió a I&A hace un par de años. Marisol ha sido fundamental para ayudar a nuestra comunidad bilingüe. Ha ayudado a muchas personas a través del proceso de Medicare, las solicitudes de LIHEAP y Benefit Access, y mucho más. Marisol se jubilará a partir del 30 de junio y comenzará un nuevo capítulo en su vida. Le deseamos lo mejor en sus nuevos emprendimientos. Ella será extrañada.



MON	TUE	WED	THU	FRI
				01
CHOICE A. ONLY SENT TO MEALS ON WHEELS PARTICIPANTS				A.) TROPICAL CHIX SALAD CUCUMBER SLICES WGR CROISSANT MANDARIN ORANGES B.) CHIX SAL./TOMATO
04 CLOSED	05	06	07	08
	MEATLOAF AUGRATIN POTATOES BRUSSEL SPROUTS WGR WHEAT BREAD 1 DICED PEARS	ITAL. CHIX SALAD W\GREENS CARROTS, EGGS, CUKES TOMATOES, CHEESE WGR DINNER ROLL \ BUTTER FRUIT JUICE	ITALIAN SAUSAGE W\PEPPERS ON WGR BUN RED POTATO WEDGES ITALIAN BLEND VEGGIES FRUITED JELL-O	A.) CRISPY FISH SAND. WGR WHEAT BUN MAC & CHEESE PEAS PINEAPPLE TIDBITS B.)TURKEY/ MINISTRONE
11	12	13	14	15
JUMBO HOT DOG WGR HOT DOG BUN CREAMY COLESLAW BAKED BEANS HOT CINNAMON APPLES KETCHUP/MUSTARD	SWEET/SOUR CHICKEN FLUFFY RICE STIR FRY VEGGIES WGR DINNER ROLL APRICOTS	SALISBURY STEAK SCALLOPED POTATOES GREEN BEANS WGR DINNER ROLL SLICED PEACHES	A) SOUTHWEST SALAD BLK BEANS, CORN, CHEESE CHICKEN,TOMATO, ONION WGR DINNER ROLL FRUIT JUICE B.) TUNA SAL./CHIX RICE	HOT HAM & CHEESE WGR WHEAT BUN TATOR TOTS BUTTERED CORN APPLESAUCE
18	19	20	21	22
BBQ RIBLETT WGR WHEAT BUN AUGRATIN POTATOES COUNTRY MIX VEG. DICED PEARS	CHEF SALAD W\GREENS TURKE & HAM CUKES, EGGS, TOM, CHEESE WGR DINNER ROLL \ BUTTER FRUIT JUICE	LEMON PEPPER CHIX WILD RICE BROCCOLI WGR DINNER ROLL APPLESAUCE	A.) CHEESEBURGER WGR WHEAT BUN TATOR TOTS BAKED BEANS AMBROSIA B.) HAM/VEGETABLE	VEGETABLE FRITTER SAUSAGE PATTIES CHEESY HASH BROWNS WGR APPLE MUFFIN MANDARIN ORANGES
25	26	27	28	29
BALSAMIC CHIX BREAST RICE PILAF BROCCOLI WGR DINNER ROLL DICED PEARS	TROPICAL CHIX SALAD CUCUMBER SLICES WGR CROISSANT PINEAPPLE JUICE	A.) MEATLOAF MASHED POT/GRAVY GLAZED CARROTS WGR DINNER ROLL PEACH COBBLER B.) LIVER & ONIONS	SLOPPY JOE WGR WHEAT BUN TATOR TOTS GREEN BEANS APRICOTS	LEMON TILAPIA WILD RICE PEAS WGR DINNER ROLL FRUIT COCKTAIL



FOR MORE INFORMATION

Menus are provided on a donation basis. Suggested donation for a meal is \$3.00. For reservation call 815-963-1609 before 10 a.m. the day before you want lunch. No qualified participant will be denied service because of inability to donate. We are still delivering meals. Menu is subject to change without notice. Lunch is held at 11:30am.

HEALTH HINTS WITH HEIDI

Heidi, from the UIC College of Pharmacy, will be available on Friday afternoons for one-on-one sessions. This is a great opportunity to get questions answered about your medications. This month Heidi will be here every Friday beginning at 12:30pm. Call 779-552-7251 to schedule an appointment to speak with pharmacist Heidi for any of the following reasons:

- Learn more about your medications
- Ask questions about your medications
- Learn about medical conditions
- Get a full review of your medications
- Talk about how to remember to take your medications
- Discuss medication side effects
- Learn about vitamins & supplements



www.visitingangels.com/rockford

America's Choice in Homecare
VisitingAngels
LIVING ASSISTANCE SERVICES

Visiting Angels of Rockford is a non-medical home care agency offering compassionate and experienced caregivers to seniors and anyone else needing assistance in the home.

- Alzheimer's and Dementia Support
- Assistance with Personal Care and Hygiene
- Make and Accompany you to Appointments
- Assistance with Walking
- Companionship
- Light Housekeeping
- Laundry
- Meal Preparation
- Medication Reminders
- Flexible Hourly Care

Phone: (815) 977-3452

3600 E. State Street, # 303
Rockford, IL 61108

WALK TO END ALZHEIMER'S
National Memory Screening Day

BEST of HOME CARE
LEADER in EXCELLENCE

PARK PLACE
— OF BELVIDERE —

24 Hour Nursing Care
Short Term Rehab
Long Term Care

Schedule your tour!
815-547-5451

1701 W. 5th Ave. Belvidere, IL 61008
www.parkplaceofbelvidere.com

BCCA Annual Quilt & Craft Raffle



PRICE FOR RAFFLE TICKETS:

6 TICKETS FOR \$5

OR 1 TICKET FOR \$1



**YOU CAN GET YOUR RAFFLE
TICKETS FROM THE RECEPTIONIST
AT THE KEEN AGE CENTER
STARTING
JUNE 20TH.**

*We are still accepting donations for the
quilt raffle until August 15th.*

FRIDAY, AUGUST 26TH

TIME: 1:30PM

COST: FREE

SPOTS ARE LIMITED

MUST RSVP BY AUGUST 5TH

****REGISTRATION REQUIRED****

779-552-7251 OR 779-5527238

SNAP Hotline Number

844-600-7627

For those of you experiencing issues with your LINK Card, the SNAP hotline has people directly affiliated with the Department of Human Services, who can help you with your SNAP needs. You can also apply for SNAP through this line. If they do not answer, please leave a message. Calls are generally returned within 24 hours.



Heritage Woods of Belvidere
Affordable Assisted Lifestyle Community for Adults 65 & Older of All Incomes

Affordable Assisted Living Community for Adults 65 and Older

- Private One-Bedroom Apartments
- Three Restaurant Meals Daily
- Housekeeping & Laundry Weekly
- 24-Hour Certified Nursing Assistants
- Long-Term Care Insurance Accepted
- Financial Assistance Available

4730 Squaw Prairie Road
Belvidere, Illinois 61008
815-544-9495 • www.hw-belvidere-slf.com

Managed by Gardant Management Solutions

Happy Independence Day

Veterans Assistance Commission of Boone County.

We can help with Financial Assistance, Transportation to Medical Appt. and Burial Assistance, VA Forms, Claims, IL War Bonus

Call for Appointment 815-544-6464
130 S State St, Suite 212, Belvidere, IL 60008
(2nd Floor PNC Bank Bldg)

BELVIDERE CEMETERY ASSOCIATION
"Established 1847"

- Pre-Burial Arrangements
- Cremation Burials
- Columbarium Niches
- Memorial Markers
- Affordable Prices
- Park-like Setting

belviderecemetery@comcast.net
Frank Lloyd Wright
Pettit Memorial
Chapel on Cemetery Grounds
1121 N. Main St. - Belvidere
815-547-7642



- Physical and occupational therapies provided up to three times a day seven days a week
- Wound care
- Speech therapy and language pathology
- Cardiac rehabilitation
- Specialized orthopedic and stroke rehabilitation



Symphony MAPLE CREST

4452 Squaw Prairie Road
Belvidere, IL 61008
815.547.6377
www.maplecrestcare.com

- Complex respiratory care
- Restorative nursing
- Pain management
- Dysphagia therapy
- Nutritional management
- Neuromuscular therapy
- Skilled nursing care
- Long term care
- Short term care
- Respite care

Symphony NORTHWOODS

2250 Pearl Street
Belvidere, IL 61008
815.544.0358
www.northwoodscare.com



FRIENDS want to celebrate Summer with YOU!!

Stuff the Bus- We will be collecting school supplies for area schools from July 1st through August 15th. Please drop off your donations in the front lobby of the Keen Age Center.



July 21st @ noon - Summer Lunch & Fun Join us for an outdoor lunch and surprises!!!

(If the weather is too hot or rainy, we will move indoors.) Broasted chicken will be provided . . . \$2/person. Please bring a dish to pass with a serving utensil and your own non-alcoholic beverage. Limit 50 people. To attend you MUST purchase your ticket in advance at the reception desk from July 1st through July 15th.

Remember to drop off some school supplies too!



August 18th @ 1 p.m.- Flower Arranging Demonstration

Join Denise from The Flower Bin, who will be coming to the Keen Age Center to show us the how-to of creating beautiful flower arrangements. There is no charge for this class, bring a friend!



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



**SUPPORT THE
ADVERTISERS**
*that Support
our Community!*





RIDE WITH US!

We pick clients up at their home address and drop them off at their destination. ANYONE can ride our buses. Door to Door Bus Service within Boone County with a one-day notice. Call our Transportation number at 815-975-9059

Medical Escort Van

We also have a medical escort van to help with medical rides to Winnebago county. We require at least one week's advance notice. We are limited on availability, so call early. The escort drives you to your appointment, stays with you, and when you are ready, returns you to your home. The medical car is billed by mileage, which is 50 cents per mile.

Fares

Riders ages 12-59 \$2.00 per trip
Children (under 12 years) \$1.00 per trip
Adults 60 years and over Donations gratefully accepted

Ride Service Hours

Monday-Friday between
8:00 AM - 4:30 PM.

Call to Schedule

Please call 815-975-9059.
As the service is in great demand, it's best to call in advance.

SUPPORT OUR ADVERTISERS!



Family Medicine with Compassionate Care

At **Mercyhealth Belvidere**, passion drives everything we do to help you and your family live healthier lives. Our Family Medicine physicians deliver the very best care to create outstanding patient experiences.

Mercyhealth Belvidere

1747 Henry Luckow Lane
Belvidere, IL 61008
(815) 971-3030
Monday-Friday, 8 am-5 pm
Saturday, 8 am-12 pm

mercyhealthsystem.org



Jack Wolf Memorial Golf Outing

19

THANK YOU to our GOLD Sponsors



Don Banks



THANK YOU to our SILVER Sponsors



THANK YOU to our BRONZE Sponsors

Youngberg Industries - Tom Larson
Country Financial - Dave Mace
Gallano Farms, Ltd.
State Farm - Lisa Turbyville
Mobil Quick Stop
Ollmann Ernest Architects

OTHER CONTRIBUTORS

Blain's Farm & Fleet • Jimmy Johns
Central Grain • Fixzer Construction
Mr. Goodwater • Berg Industries
Chuck & Penny Billman • Dave Severson
Medicare 411 - Yvonne Peterson
Pam Coduto for Boone County Circuit Clerk
no & Zahm - Mike Schultz, Partner • RJ Daniels
Tony & Kellie McIntire • Hamblock Ford Lincoln

THANK YOU FOR SUBSCRIBING!

To all who pay their subscription for the newsletter, we say “thank you”. Your support helps to subsidize the rising costs of mailing. This is an important way of getting information out to all our interested people. The date following your last name is the month and year that your subscription was received, not when it is to be paid. If a Supporting Member date notation appears on your mailing label, it notes when a supporting membership payment was received. Again, thank you for your continued support of the BCCA and the Keen Age Center.

READ THE NEWSLETTER ONLINE

You can get the Boone County Council on Aging / Keen Age Center’s “News You Can Use” online. Just simply go to your search engine and type in keenage.org Next, scroll down our main page until you see “newsletters”. You will then see our newest publications as well as options to view older ones. You can subscribe via email by clicking “subscribe to our publications”.

NEWSLETTER RENEWAL

If you are up for renewal you will notice a green sticker on your newsletter when it's shipped. Please fill out the renewal form down below so that you do not miss out on what is happening at the center!

THANK YOU FOR SUBSCRIBING!

NEWSLETTER SUBSCRIPTION FORM

If you would like to continue receiving this newsletter, please complete this subscription notice and mail it with your annual \$10 suggested donation to assist in mailing costs to:

**Boone County Council on Aging,
2141 Henry Luckow Lane
Belvidere, IL 61008**

New

Renewal

Change of Address

Name

Address



TRAIN YOUR BRAIN

This class uses engaging interactive and educational activities to "exercise" your brain. Each person is given a set of activity sheets which are worked on individually and in a group setting. Instructor is actively involved and helps participants through the worksheets. Challenging your brain is something you can do daily to contribute to your own brain health. Classes are every Thursday at 11:00am.



NUTRITION BINGO

Join Humana in a game of Nutrition Bingo! The objective of the game is to increase knowledge of the variety of healthy foods and suggested portion sizes and of course have fun! Games are played the last Tuesday of the month at 1pm. This month Nutrition Bingo will be held July 26th at 1pm.



AARP DRIVER SAFETY COURSE

Due to high Covid rates in our county, the class in May was cancelled. Those that were signed up in May have the opportunity to take it in July. Class will be held on Thursday and Friday, July 28th and 29th from 8:30 a.m. until 12:30 p.m. The course fee is \$25 for non-AARP Members and \$20 for AARP Members who show their AARP Card. Course fee is paid to the instructor.

GRIEF SUPPORT

In a safe, supportive, and confidential setting, Promedica offers a space for community members who have experienced the loss of a loved one to come together and explore the grief process. This group is open to the community and free of charge. Group members meet the 1st and 3rd Thursday of the month at 10:30am. Groups will not meet during holiday weeks.



ILLINOIS EXTENSION CLASS -HEALTHY LIVING

Simplify your Life by Clearing the Clutter – Tuesday, July 19 at 10:30 (one hour class) Does the clutter in your house cause you stress? Do you have at least one room that is off limits to company? Is the clutter a cause for conflict with other family members? Do you want less clutter but you are too overwhelmed to begin? Many of us struggle to keep up with the clutter in our lives. If this sounds like you or someone you know, come and learn ways to organize your life in order to de-clutter and reduce stress.



**BCCA SUPPORTING
MEMBERSHIP CAMPAIGN**

**Supporting Members
Gifts of \$5.00-\$99.00**

Marco Lenis

**John Wendell in memory
of Maxine Wendell**

**Maria Miyakawa in
memory of Fred
Countryman**

**Donor's Plaque & Gifts
of \$100 or More:**

Patricia Houpt

Elizabeth Carson

**Joyce Schmidt in memory
of Floyd Schmidt**

SUPPORTING MEMBERSHIP FORM

Name _____

Address _____

My contributions for Supporting Membership is for

_____ \$ _____

In Memory of, In Honor of _____

Please inform us if you DO NOT want your name printed in the newsletter

**Mail to: Boone County Council on Aging
2141 Henry Luckow Lane, Belvidere, IL 61008**

NON-DISCRIMINATION PUBLICATION STATEMENT

Boone County Council on Aging does not discriminate in admission to programs or activities in compliance with Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department on Aging. For more information, call 1-800-252-8966 (Voice or TTY) or contact Executive Director, Kelly Hillan at 2141 Henry Luckow Lane, Belvidere, IL 61008, 815-544-9893.

LENDING CLOSET

Do you need a wheelchair, commode, walker, toilet riser, shower chair, or a bathtub transfer seat? We've got you covered! Call 815-544-9893 and leave your name and what item you are looking for and we will check our inventory. You must call in advance before picking up any item. We want to help you save money so call us before you purchase anything new. It will save you and your insurance from paying out unnecessary dollars.



TAKE ME OUT TO THE BALL GAME!



Friends of the KAC have worked out a great deal for you!

TICKET = only \$8.00 - OR- TICKET & MEAL BASKET = \$20.00

You will receive a voucher for a burger basket, brat basket, or a hot dog basket. You may choose chips or cheese curds and either a bottle of water or a soft drink.

You are welcome to use the shaded patio area for eating and “hanging out!”

Sign up begins July 5th – July 22nd

Sign up with the receptionist and pay for the option you choose. You will receive a receipt with your name & phone #. When we receive all of the tickets we will call you and let you know that you can pick yours up.

Ask a friend or family member to join you and car pool. Parking fee is \$5.00 when you park your car on game day.



Non-Profit Org
US Postage
Paid
Belvidere, IL
Permit #15

Boone County Council on Aging
Belvidere IL 61008-1700
Return Service Requested

