

# *St. Alphonsus Liguori "Rock" Catholic Church*

1118 North Grand Blvd. St Louis, MO 63106

314-533-0304 (ph) 314-533-4260 (fax) parish130@archstl.org (e-mail)

[www.stalphonsusrock.org](http://www.stalphonsusrock.org) (website)

or Like us on Facebook at St Alphonsus "Rock" Liguori Catholic Church

Rev. Stephen Benden, C.Ss.R., Pastor

Rev. Rodney Olive, C.Ss.R., Associate Pastor



## Mission

**"To Joyfully Preach, Teach, and Live the Word of God"**

## Theme

*"One Hundred Fifty Years of Standing on the Rock"*

### PASTORAL STAFF

Sharon Cooney-Smith, Dir. Religious Education  
Roberta George, Secretary  
Deborah Grant, Clerical Support  
Angela Harris, Bulletin Editor

### SUPPORT STAFF

Bro. Steve Fruge, Pastoral Staff  
Terrance Gipson, Maintenance  
Terri Schneider, Dir. Hardin Food Pantry  
Athletic Office: 314 533-0304  
Teen Ministry: 314 533-0304

### MUSIC MINISTRY

Malcolm Speed  
Danny duMaine

### REDEMPTORISTS IN RESIDENCE

Rev. Tom Donaldson, C.Ss.R.  
Rev. Dave Polek, C.Ss.R.  
Rev. Peter Schavitz, C.Ss.R.

### SACRAMENT OF RECONCILIATION

(Call for Appointment)

### SUNDAY MASSES:

10:00 a.m.

### DAILY MASSES:

Monday 5:30 p.m.

(Tu, W, Th & F.) 11:30 a.m.

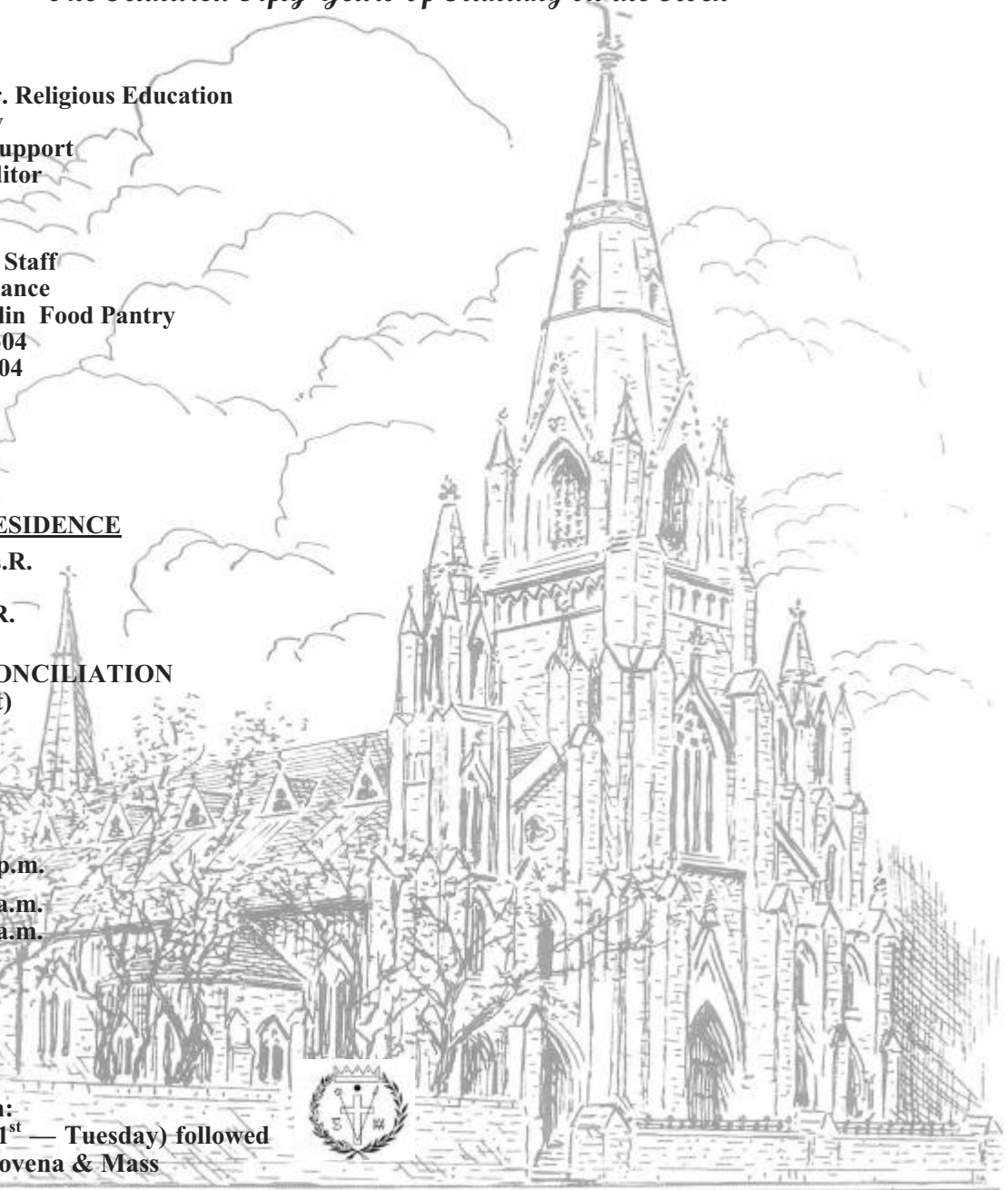
Saturdays: 9:30 a.m.

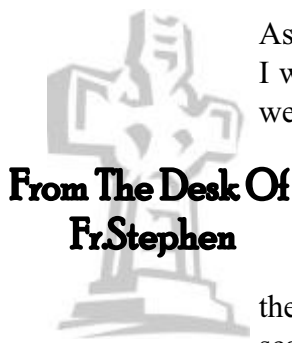
### MONDAY:

Eucharistic Adoration  
5:00 p.m.—5:30 p.m.

### TUESDAYS:

Exposition & Benediction:  
10:30 a.m.—11:30 a.m. (1<sup>st</sup> — Tuesday) followed  
by our Perpetual Help Novena & Mass





As you know, I started thinking about the priesthood when I was relatively young. In those days, 50 years ago, there were seminaries for high school students, and so when I was going into high school, I left Maryland Heights and went 400 miles north to Wisconsin to a school called St. Joseph's. At the time, there were about 80-90 of us from different parts of the Midwest going to school there. Many of the boys came from Redemptorist parishes scattered throughout the region.

I enjoyed this time of my life. At the school, we had about 100 acres of land. It was on a huge lake, we had soccer fields, baseball fields, a swimming pool, two gyms, an auditorium, tennis courts, and a barn that housed pigs. It was perfect for an energetic boy like me. Two years after I entered, Fr. Maurice Nutt entered, I have known him since our school days together. I was from a diocesan parish and he was from the Rock, and we both found a home away from home. From there, we moved on to college, also in Wisconsin, Holy Redeemer, and then on to graduate school at CTU in Chicago. It took 13 years of schooling before I became a religious and a priest. I am grateful to God for my calling, I don't think I would have been satisfied doing anything else.

Perhaps you have heard a story like this before or maybe not. But, I tell this story today because I am not only grateful to God and my parents for helping me along in my vocation, but I am also grateful for all of you who may have helped me along the way. You may wonder how you could have helped me in those days when you didn't even know me. That is a good question and so let me explain.

Fifty years ago, when I went to school, the tuition at the school was \$1000. In those days, that was a lot of money for my parents, but they were willing to make that sacrifice. Now we are talking not just about the education, but also room and board. I know it must have cost more than \$1000 for me to go to school there. We had many other boys, and they paid the same amount, but it could not have been enough. Do you know how much food eighty high school boys can eat every day? We had a group of nuns that cooked for us, and their salary was not that high, but still, it must have been pretty expensive.

In those days, there was an organization called the Co-Redemptorist Association. They helped to offset the expenses for the seminarians. We still have this group even today. Appeals have been made on behalf of our students to people like you to help with this cost. You did and always will make a difference in the education of Redemptorist students. We could not do it without your help. We need your help; your donation will help men in far off lands. Our Province helps with the education of students' in Nigeria and Brazil. On Feb. 7th, the Rock will have a collection for our seminary students, and I ask you to be generous. I would not be a Redemptorist priest today without your help. Thank You.

### Weekly Readings...

#### *Sunday:*

Is 42:1-4, 6-7/Ps 29:1-2, 3-4, 3, 9-10 [11b]/Acts 10:34-38/Mk 1:7-11 or Is 55:1-11/Is 12:2-3, 4bcd, 5-6 [3] 1 Jn 5:1-9/Mk 1:7-11

#### *Monday:*

Heb 1:1-6/Ps 97:1 and 2b, 6 and 7c, 9 [cf. 7c]/Mk 1:14-20

#### *Tuesday:*

Heb 2:5-12/Ps 8:2ab and 5, 6-7, 8-9 [cf. 7]/Mk 1:21-28

#### *Wednesday:*

Heb 2:14-18/Ps 105:1-2, 3-4, 6-7, 8-9 [8a]/Mk 1:29-39

#### *Thursday:*

Heb 3:7-14/Ps 95:6-7c, 8-9, 10-11 [8]/Mk 1:40-45

#### *Friday:*

Heb 4:1-5, 11/Ps 78:3 and 4bc 6c-7, 8 [cf. 7b]/Mk 2:1-12

#### *Saturday:*

Heb 4:12-16/Ps 19:8, 9, 10, 15 [cf. Jn 6:63c]/Mk 2:13-17

#### *Sunday:*

1 Sm 3:3b-10, 19/Ps 40:2, 4, 7-8, 8-9, 10 [8a, 9a]/1 Cor 6:13c-15a, 17-20/Jn 1:35-42

### SAINTS AND SPECIAL OBSERVANCES

#### *Sunday:*

The Baptism of the Lord



#### *Wednesday:*

St. Hilary, Bishop and Doctor of the Church

#### *Sunday:*

2nd Sunday in Ordinary Time

**INTENTIONS 12/29/20**

Bowens, Patricia  
 Burke, Terry Bro.  
 Corbett, Dan  
 Day, Jackie  
 Darden, Priscilla  
 Downs, Gwendolyn  
 Dyle, Ayrielle  
 George, Darrion  
 Grove, Nancy  
 Hearn, Zeysean  
 Hinton, Maryann  
 Jackson, Tamica  
 LeSuer, JaVaughn  
 Logan, Carlita  
 Middleton, Mary  
 Parram, Monica  
 Perry, Kameron  
 Polek, David Fr.  
 Reedy, Judy  
 Reedy, Sid  
 Samuels, Nancy  
 Serio, Coman  
 Stewart, Michael  
 Sullivan, Betty  
 Voss, Greg

**INTENTIONS 01/05/21**

Bailey, JoAnn  
 Garner, Dian  
 George, Roberta  
 Hatchett, Sylvia  
 Hutchinson, Gwen  
 Oliver, Linda & Family  
 Price, Mary  
 Scott, Clara & Family  
 Scott, Dorothea  
 Smith, Paulette  
 Stewart, Rosemary

**SICKNESS 12/29/20**

Bell, Gilbert  
 Brown, Henrene  
 Brown, Joyce  
 Collins, Tamika

Collins, Tony  
 Dye, Margaret  
 Fite, Maudelle  
 George, Betty  
 Green, Alonzo  
 Guest, Lois  
 Harris, Ashley  
 Lubinski, Tiffany  
 Massingale, Bryan Fr.  
 Miller, Antonio Jr.  
 Miller, Roy  
 Moore, Joyce  
 Klein, Mary  
 Luster, Juanita  
 Mozee, Sylvester  
 Parran, Rodrick  
 Reedy, Christian  
 Richards, Dave  
 Stamps, Arlecia  
 Valle, Jr., Robert (Bobby)  
 Watkins, Darnell (Chef D)  
 Whitfield, Edna (Mother)

**SICKNESS 01/05/21**

Atherton, Andrew  
 Atherton, Vertibe  
 Boykin, James  
 Caprese, Brittany  
 Chapman, Bonnie  
 Cooney, Gregory  
 Franke, Chuck  
 Hart, Edgar  
 Howard, Yvonne  
 Latham, Jean  
 Moore, Brenda  
 Oldani, Shirley  
 Reedy, Judith  
 Remsberg, Cory Sgt.  
 Schnelle, LaVerne  
 Smith, Melba  
 Strong, Betty  
 Thompson, Mary Ann  
 Vet, Alphonso  
 Weaver, Stephen

**SHUT-IN's**

Atherton, Andrew	McCoy, Carolyn
Bohannon, Ida	Peters, Mae
Brack, Dorothy	Thomas, Bernice
Clay, Irving	Turner, Hortense
McCoy, Bernice	



**Pray for the Deceased**



Pray for the repose of the soul of †Wilson Orphe, father of Cora(Tobey) Orphe-Harris

*Eternal rest, grant unto them, O Lord,  
 and let perpetual light shine upon them.  
 May the souls of the faithful departed  
 through the mercy of God rest in peace.  
 Amen*

**Support the Co-Redemptorists**



Co-Redemptorists are lay men and women who take an active role in helping to recruit and support young men who choose to pursue religious life as Redemptorist priests and brothers.

Co-Redemptorist are also members of a powerful community of prayer and support. Please take an opportunity to learn more about this important work.

Sign-up Sunday • February 6-7, 2021  
 To join: go to [bit.ly/CoRedeem](https://bit.ly/CoRedeem)  
 or call 312-248-8894



**THE ROSARY PRAYER**

Join us every Tuesday/Thursday  
 at 11 a.m. as we seek

Our Holy Mother's  
 intercession in prayer

**DIAL-IN NUMBER**  
 978-990-5000

**ACCESS CODE 544322#**

## LITURGY NOTES...

### *The Liturgical Calendar (part 1)*



The liturgy, or public worship, of all Christian churches is governed by a yearly calendar that commemorates the main events in salvation history. In the Catholic Church, this cycle of public celebrations, prayers, and readings is divided into six seasons, each emphasizing a portion of the life of Jesus Christ. The liturgical year begins on the First Sunday of Advent, the season of preparation for Christ's Birth. The emphasis in the Mass and the daily prayers of this season is on the threefold coming of Christ—the prophecies of His Incarnation and Birth; His coming into our lives through grace and the sacraments, especially the Sacrament of Holy Communion; and His Second Coming at the end of time. Sometimes called a "little Lent," Advent is a period of joyful expectation but also of penance, as the liturgical color of the season—purple, as in Lent—indicates.

The joyful expectation of Advent finds its culmination in the second season of the liturgical year: Christmas. Traditionally, the Christmas season extended from First Vespers (or evening prayer) of Christmas (before Midnight Mass) through Candlemas, the Feast of the Presentation of the Lord (February 2)—a period of 40 days. The Christmas season does not encompass Advent, nor end with Christmas Day, but begins after Advent ends and extends into the New Year. The season is celebrated with a special joy throughout the Twelve Days of Christmas, ending with the Epiphany of Our Lord (January 6).

On the Monday after the Feast of the Baptism of the Lord, the longest season of the liturgical year—Ordinary Time—begins. Depending on the year, it encompasses either 33 or 34 weeks, broken into two distinct portions of the calendar, the first ending on Tuesday before Ash Wednesday, and the second beginning on Monday after Pentecost and running until evening prayer I of the First Sunday of Advent. During both periods of Ordinary Time, the emphasis in the Mass and the Church's daily prayer is on Christ's teaching and His life among His disciples.

*Richert, Scott P. "The Liturgical Seasons of the Catholic Church." Learn Religions, Aug. 27, 2020, [learnreligions.com/what-are-the-liturgical-seasons-542492](https://www.learnreligions.com/what-are-the-liturgical-seasons-542492).*

**ANNOUNCEMENTS**



The Rock Peace and Justice Commission is selling T-shirts as a fundraiser for the racism education project, Teaching True Truth. Click the link below to purchase. Shirts are available in a variety of styles and colors: [www.stalphonsusrockchurch.itemorder.com/sale](http://www.stalphonsusrockchurch.itemorder.com/sale)



**45<sup>th</sup> Annual Archdiocesan Celebration on the Holiday Weekend Commemorating Dr. Martin Luther King’s Birth and Legacy**

The annual celebration is scheduled to take place on Sunday, January 17, 2021. Mass begins in the Cathedral Basilica at 2:30 p.m. and will include the in-church recognition of the 2021 MLK, Jr. Model of Justice Honorees. In light of the social distancing/restricted seating, you are invited to access the live stream available at: <http://www.cathedralstl.org/liturgy-sacraments/livestream>.

Please feel free to call the Center as needed at (314) 367-7929.

**ANNOUNCEMENTS**

*Thank You Parish Family:*

I will be forever grateful for the cards, notes, acts of kindness and thoughtfulness given to me and my family at Glenn’s passing. We must trust in God at all times and he will be with us.

*Deborah, Cory and Chris Miller*

Thank you my Rock family for your condolences, telephone calls and cards received during the loss of my mother, Vera Ellison.

*Audrey (Mike) Ellermann*

**THE SPIRITUAL LIFE**

The term The Spiritual Life is a phrase that calls to mind our relationship with God. Most people I know are not aware that God is inviting them into a deeper and more profound sense of who He is every day.

God is trying to communicate with us in varying ways, but I am not sure that most people are aware of this at all and so consequently experience little or no growth in Spirit.

Many can rattle off statistics about countless things or about what this or that person said about whatever topic, but so few can talk about their faith in any depth. Weekly attendance at Sunday mass is about all they are willing to do to enhance their spiritual life; this is unfortunate because all of us are called to a deeper relationship with God. This is not going to happen on its own. Like anything else worth pursuing, we have to take ownership of it.

Mass is celebrated in the church Mondays 5:30 p.m., Tuesday—Friday 11:30 a.m., and Saturdays at 9:30 a.m.



Eucharistic Adoration at 5:00 p.m. followed by Mass at 5:30 p.m.



Mother Of Perpetual Help Devotion and Mass each Tuesday at 11:30 a.m.

**PARISH EVENTS**

**NOVENA PRAYER TO OUR MOTHER OF PERPETUAL HELP**

ADAPTED TO BE PRAYED IN RESPONSE TO THE COVID-19 SITUATION



Mother of Perpetual Help, with the greatest confidence we come before your holy picture to beseech your intercession.

We think of you, Mother, at the foot of the Cross. Your heart must have bled to see your Son in agony. But your joy was great when He rose from the dead, victorious over the powers of evil.

Mother of Sorrows, pray for us in this time of trial. Help us not to lose heart. Intercede for your people who are afflicted with Coronavirus.

Comfort your people who are vulnerable and anxious. Protect healthcare workers who put their lives at risk. Inspire our leaders to make good decisions. Change our hearts so that we may act responsibly.

Teach us to trust in God’s love and mercy and to share with you the joy of having courageously faced up to all the challenges of Life. Amen.

**Financial Corner...**

<b>General Fund Actual Contributions Received</b>		
<b>DECEMBER/JANUARY</b>	<b>27<sup>th</sup></b>	<b>03<sup>rd</sup></b>
Envelopes	\$11,928.00	\$
Loose Donations	\$ 2,074.00	\$
Total Contributions	\$14,002.00	\$ 9,587.00
Weekly Target Amount	\$12,000.00	\$12,000.00
Under/Over Weekly Target	\$2,002.00	\$(2,413.00)

**Stewardship Prayer...**

That we work in collaboration with the Holy Spirit in discerning how God is calling us to use our gifts.

*“And a voice came from the heavens, ‘You are my beloved Son; with you I am well pleased.’” -*

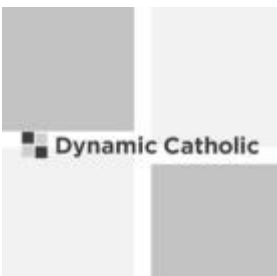
*Mark 1:11*

Through our baptism, we too, are daughters and sons of God. We are disciples of Jesus. As true disciples we are called to actively participate in our Catholic faith, not just be mere bystanders. This means working in collaboration with the Holy Spirit and discerning how we are being asked to use our gifts. Using our gifts for the benefit of others and not just for our own interests and comfort.

**Dynamic Catholic, Alive! – Our Call to Evangelize**

Through our baptism, we become adopted daughters and sons of God. We become united to Christ’s death and Resurrection, but also with the Eucharist. We become the Body of Christ, in communion with Jesus and with each other. Our baptism makes each of us a temple of the Holy Spirit and a co-worker in the priesthood of Christ. We “become a chosen race, a royal priesthood, a holy nation, God’s own people that (they) may declare the wonderful deeds of him who called (them) out of darkness into his marvelous light.” (CCC 1268) “Reborn as sons of God, (the baptized) must profess before men the faith they have received from God through the Church” and participate in the apostolic and missionary activity of the People of God. (CCC 1270).

[archstl.org/dynamic](http://archstl.org/dynamic)



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This is an organization where you can go to find many resources for free.

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**ROCK Church**

**Winners Circle Club**

New Season

October 2020—September 2021

- |                   |                           |
|-------------------|---------------------------|
| Stephanie Brown   | Donald and Joyce Jones    |
| Virginia Brown    | Mary Ellen Judge          |
| Linda Brown-Reed  | Mark and Linda Kamp       |
| Cheryl Carr       | Steve and Helene LaBerta  |
| Ann-Marie Clark   | Pamela Leong              |
| Esther Darris     | Brenda McDonnell          |
| Janice Englander  | Karen and Sylvester Mozee |
| Kurt Englander    | Barbara Jean Nashville    |
| Paul Foster       | Leo & Linda Peoples       |
| Shirley Foster    | Ben and Denise Phillips   |
| Richard Gaines    | Eugene Wallace            |
| Carl Harris       | Janis Weaver-McSpadden    |
| Kalyn Harris      | Sheila Williams           |
| Monica Huddleston | Jocelyn Woodson-Reed      |
| Deborah Jones     |                           |

**PRAY FOR OUR COMMUNITY**



## OUR LADY OF PERPETUAL HELP PRAYER MEMORIALS

Garvin Anderson, Tillie Mae Alexander, Larry Ambus, Hortense Anderson, Elizabeth Henckler Aton  
 Anita Louise Banks, Lillian Barnes, Jean Irene Becker, Herron Beckley, Mother Dorothy Granberry Bennett,  
 Deacon Morris E. Bohannon, Willie Steve Bowens, Dorothy Brady, Theodore Branch, Jr.  
 Irma King Brown, James Buford, Kenita Bush Anna Chopin, Betty Jean Colbert, Charmaine Davenport  
 Walterene Dougherty, Roger Downs, Sr., Sr. Antona Ebo, FSM, Jerome Fields, Ossie R. Foster  
 Queen E. Dunlap Fowler, Craig Franklin, Willie Goss, Ann Marie Hatchett, Rosalind Hood  
 Jamar Huffmon, Cherry Ophelia Jackson, Mark Jones, Nadine Jones, Mother Ruth Jones, Stephen LaBerta  
 Rosemary Lee, Eldwyn Lewis, Anice Mahone, Barbara McCaleb, Leon Zack McClendon  
 Eric L. McKinnie, Louis T. McKinnie, Glenn Miller, Marshall Mosley, Anne Ortwerth, Lucille Palmer  
 Kathy Lin Cheers Parran, Alton Pritchard, Drene Sanders, Eugene Sanders, Christine Slaughter  
 Irma Steen, Lorraine Fite Stewart, Susan Colbert Threats, Ralph Tyler, Robert Joseph Valle  
 Ralph Watkins Jr., Juanita West, Marlene Williams, Richard Williams, Vernie Woolfork, Clarence Zacher

### SACRAMENTAL PREPARATION

Sharon Cooney-Smith, DRE  
 314-533-0304 ext. 1001

RCIA/RCIC  
 Children's Liturgy of the Word  
 Baptism  
 First Reconciliation  
 First Communion  
 Confirmation  
 Matrimony

### COMMISSIONS & CHAIRS

Christian Formation	Jean Anthony
Christian Service	TBD
Finance & Adm.	Monica Huddleston
Liturgy	Richard Buckley
Social Life	Rose Graham
Youth & Young Adults	TBD

### COMMUNITY HELP

Wilhelmina Hardin Food Pantry  
 Terri Schneider, Dir. of Wilhelmina Hardin Food Pantry  
 (Emergency Aid) (314) 531-1040  
 St. Charles Lwanga Center (314) 367-7929  
 Community Health In Partnership Services (C.H.I.P.S.)  
 (314) 652-9231  
 Community Women Against Hardship (CWAH)  
 (314) 289-7523  
 HIV/AIDS: 314 531-0304 Ext. 1502

### PARISH PASTORAL COUNCIL

Kurt Englander President	Angela Thames Vice President	Linda Kamp Secretary
Linda Brown Reed	Ben Phillips	
Wanda Caldwell	Travis Threats	
Joy Camp	Eric Thurman	
Mike Coffman	Kevin Triggs	
Rhonda Graham		

### ATTENTION

If your telephone number, home address or email address has changed, please contact the office at 533-0304 or email [parish130@archstl.org](mailto:parish130@archstl.org). You may also put your updated information in the locked multipurpose box located on the north-side entrance ushers' table.

Bulletin announcements must be in the office by 12 noon Tuesdays. Please fax items to 314 533-4260 or e-mail to [parish130@archstl.org](mailto:parish130@archstl.org)

### ANOINTING OF THE SICK & VISITS

*"Is anyone sick among you? Call in the priests of the church and they will pray for the sick person and anoint them with oil." (James) This is the sacrament of the sick. ARE YOU SERIOUSLY SICK, GOING TO THE HOSPITAL OR HAVING AN OPERATION? Call and leave your hospital information at the office.*

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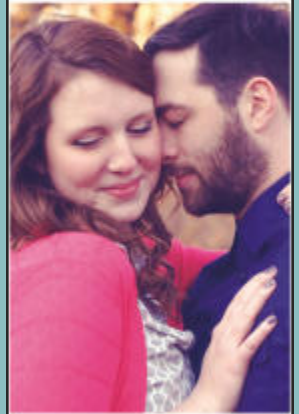
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**Carolyn Jones** – President/CEO

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carolyn@eagleglobalent.com | www.eagleglobalent.com  
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