

# GOLDEN YEARS

## Comedy Sportz Night

Friday August 12, 2022 6 pm– 9 pm

Join us for an evening of great food, great entertainment with lots of laughter and if you wish, adult beverages. Tickets for this event will go on sale the beginning of July. This event is sponsored by The Germantown Recreation Dept/Sr. Center and will be held at the Senior Center. This event is open to those age 21 +. Cost: \$22.50

Your meal will consist of two entrees, potatoes, vegetable, cole slaw, side salad, and pie for dessert



\*\*\*\*\*

**The Big Event** Wednesday August 24th Don't forget that if you signed up for the BIG Event on August 24, the doors open at 4:30, music starts at 5 and ends at 6 with food served after the music. Make sure you bring along your hand clappen, foot stopmin' and smiles. This will be a fun filled evening. Oh yes bring your appetite! Reservations are full.



### Bucky Badger Contest :

We have hidden a Bucky Badger somewhere in this newsletter. If you have the patience to hunt for it, and are lucky enough to find it, drop a note in the box in the office. Include your name, phone number and where the logo was located. We will have a random drawing of all correct entries to win a free lunch card to use for senior dining at Germantown Senior Center. Please submit your entries by the 9th of each month.

In June Bucky was found on page 3 behind the photo of people walking. The winner : Aruna Ranganathan

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Senior Club News  
Club Picnic Info

W162 N11960 Park Ave.  
Germantown, WI 53022  
262.253.7799

CENTER OFFICE HOURS:  
8:00 A.M. TO 4:30 P.M.  
MONDAY THROUGH FRIDAY

AUGUST 2022  
VOL. 8  
MMXXII

# INFORMATION

## CENTER STAFF

Main Office: (262) 253-7799  
Fax Number: (262) 250-1733  
Park & Rec Director: Gilford Standridge  
Senior Coordinator: Mary Fiegel  
Office Assistant: Susan Tatalovich  
Office Aides: Jennifer Reinert, Sandra Gillespie,  
Jackie Shebesta, Faye Price,

## SENIOR CENTER ADVISORY COMMITTEE

Trustee: Dennis Myers  
Trustee: Jan Miller  
Citizen Representative: Norine Janzen  
Senior Representative: Jackie Shebesta  
Senior Representative: Faye Price

## CENTER OPERATION & PROCEDURES

### Wheels for Germantown

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Tuesday - Fridays from 9 a.m. to 2:30 p.m. On Mondays from 9-1. Call 262-253-7799 for more information and/or to make a reservation.

### Germantown Senior Dining

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before. Diners must be 60 or older. A donation of \$3.75 is suggested.

**Meal Reservations : (414) 380-8666**  
**Senior Dining Site Manager: Monica Cammack**

**Just an FYI** Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide your own assistance if needed.



## Aging & Disability Resource Center of Washington County

1.877.306-3030 or 262.335.4497

### ADRC BENEFIT SPECIALIST –

Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone.  
262.335.4497 or 1.877.306.3030

### Washington County Shared Ride Taxi Service

262.338.2908

### Washington Co. Interfaith Caregivers Van Service 262.365.0902

### Germantown Senior Van Service

262.253.7799 Monday– 9-1 Tues- Friday 9-2:30 reservation 24 hours prior to service required.

\*\*\*\*\*

**Just an FYI \*\*\*\*\*We do not provide pillows, adaptive chairs etc at the Center. If you need something special you are required to bring it with you.**

\*\*\*\*\*

**We have deadlines for people to sign up For events because:**

- \* we need to order food for those attending and there is a deadline for the caterer**
- \* we only have so much space on the bus**
- \* or we only have so much space in a room**
- \*there are deadlines for ordering tickets for events**

**SO PLEASE UNDERSTAND it is your responsibility to sign up by the date required or we cannot accommodate you.**

# Bocce

Join us on Friday afternoons for Bocce (lawn bowling, Italian style) Teams are formed each week. Bring along a lawn chair and your own cold beverage. Game play starts at 1 pm. sharp. We have a beautiful bocce court, hope you come and enjoy it. **FREE**. No registration is needed, just drop in to play. **FREE**



## The Amazing Race...Senior Style Wednesday, September 14

Mark your calendars so that you can sign up for a challenging adventure. Teams of 2 people will be exploring the Germantown Area during the Amazing Senior Race. Yes, you must be able to drive, have a phone that takes photos and are clever so you can figure out clues. Do you fit that bill with a partner? Then don't miss this event. This event is open to those age 55 and better. . Sign up is open. . **FREE** and there are cash prizes. You can only register by calling the Senior center at 262.253.7799



## The Striders Group

Schedule for the Strider's Group Thursdays 10 am-11am

Plan to be at the place and ready to walk at 10 am, if you want to carpool please call each other directly. Kathy Landgraf needs to know who is coming each week so please email her weekly if you are participating.

- August 4 Bug Line Trail Menomonee Falls located between Custer Lane & Water Street
- August 11 Ridge Run Park- West Bend 300 South University Dr
- August 18 **TBD**
- August 25 Riverside Park West Bend Kilbourn Ave.



Please call the Senior Center if you are interested in joining this group. 262.253.7799

## Cricut Class\*\*\*\*\*

Join us on Wednesday, December 14 from 10—12:00 for a Cricut class to make a Holiday Cabin that lights up. You will need to supply a small scissors for yourself to use. All other supplies will be provided. Ask to see a sample at the receptionist desk at the Senior Center. Cost Per person is \$9.00 you must pay and register in advance for this class

## How to access the Golden Years Newsletter on line:

go to the \* Village of Germantown Website, \* Park & Recreation Dept. \*Senior Center, \*Golden Years Newsletter or stop by the Senior Center to pick up a hard copy. They can also be found at Village Hall rec. Dept and the Library

**As of August 1, 2022 we will no longer be calling to give reminders for trips or classes unless there is a change in information. Please save your receipt that gives you details of events and trips. If you miss a class or trip there are no refunds.**

Join us to see "Beauty and The Beast" at the West Bend Silver lining stage  
Spotlight Productions of B&B will be Friday, October 7, 2022. We will depart from the Germantown Senior Center at 6:30 pm. show starts at 7:30. return time about 10:00 pm Cost: \$15.00 for ticket and transportation. Sign up is now open.



\*\*\*\*\*

### 3 County Dine Around

Washington, Waukesha, Milwaukee  
Join us on Thursday, October 13, 2022 to excursion #2 of Dine Around. Cost is \$89.00 per person which pays for all meals, transportation and gratuities. It does not include any alcoholic beverages The van is not handicapped accessible.

\*\*\*\*\*

### HO-Chunk Gambling Trip ...

Thursday, November 10, 2022  
Depart G-town at 8 am return about 5:30 pm  
You will receive \$25.00 in Credits on your players card. No card, they will sign you up when you get there. Register by November 1. 20 spots available. When you sign up bring your players card number, and a person to contact in case you win 5 million and fall over! It has to be someone who is not on the trip with you. These trips fill up fast, so don't miss out, sign up as soon as possible. Depart from Germantown Center Mall at 8 am  
Cost: residents \$40. non-residents \$50.

\*\*\*\*\*

### Christmas Stocking Stuffer Tour of Milwaukee

Date time cost TBD

Information will be available in September.

# TRIPS

## "GREASE" at The Fireside

Oct. 12, 2022

Join Sandy and Danny in this wonderful musical about growing up in the 50's. Includes your transportation, your meal, the show and all gratuities. Sign up is now open  
TRIP IS FULL

\*\*\*\*\*

## Fireside Christmas "White Christmas" Wednesday, December 7, 2022

\$90.00 per person Enjoy the Music of Irving Berlin's White Christmas .  
Includes transportation, your meal, the show and all gratuities. Sign up is now open. Almost full!



\*\*\*\*\*

## Beer Tasting Event

Join us for a Brewery for a beer tasting. Your beer tasting will be led by an official beer aficionado. Cost of this event include transportation , the beer tasting and gratuities. Limit 17 people. Detail will be announced in the September newsletter.

\*\*\*\*\*

## "Late" Lunch Outing at "Old Germantown" Restaurant

October DTBD time 3:00 pm cost

Join us for a home brewed beer and the sausage sandwich of your choice. The sandwich comes with fries. Scott the owner will greet us and tell us about the farm to table restaurant. We will car pool to this event. Cost TBD per person. Please tip your driver for gasoline and your tip is not included in the meal cost. Please indicate your entrée selection when you sign up. Sign up will open in September

If you cancel out of a trip there are no refunds unless there is a waiting list.

**Germantown Senior Center Van Rides**  
**Monday—Friday Van Service Information:**



**(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)**

- **Van operates Monday 9-1 Tuesday through Friday 9 am-2:30 pm**
  - **Must call 24 hours in advance to book a ride (weekdays only)** , phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
  - **Must reside in the village for ride pick up**
  - When you make a reservation, please have the address of where you are going, where you are being picked up and your phone number.
  - You are charged according to the mileage involved in the trip there and back
  - We try to get as close to your desired time as possible, **please be on time as we book many rides a day.**
  - Must be 55 years of age or older to use this service.
  - Driver's cannot enter passengers home, a rider must be able to get out to the van on their own or have a caregiver with them.
  - **We cannot transport people home from the hospital or ER after a procedure,**
  - **We also cannot transport large items in the van such as furniture, televisions etc.**
- If the Center is Closed due to weather or a holiday, there is no van service.**

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Germantown Senior Club, Germantown, WI

A 4C 01-1438

**Library Events At Senior Center 1:00 pm**  
**August 24– Early History of Germantown**  
**with Historical Society**

**Sept 28– Painting**

**October 26 –Trivia**

**sign up is required for each event. Call the**  
**Senior Center 262.253.7799 Limited to 25**  
**people.**

\*\*\*\*\*

### **JACKPOT BINGO**

**Wednesday, August 17**

**1:00 pm**

**\$3.00 to play (please pay in 1 dollar bills)**



\*\*\*\*\*

**“The Three Grands” a wind ensemble music**  
**event. Join us for a fun filled hour of music by**  
**George Schowalter, Richard and Sheryl Peshek,**  
**A cookie social will follow the concert. Date to**  
**be confirmed.**

\*\*\*\*\*

### **Yoga– next sessions:**

**I. June 28-Aug 16**

**II. Aug 23, 30, Sept 13, 20, 27, Oct 4, 11, 18**

**III Nov 1,8,15,29 Dec 6,13, 20, Jan 3**

**IV. Jan 10,17, 24, 31, Feb. 7,14, 21, 28**

\*\*\*\*\*

### **Zumba Next sessions:**

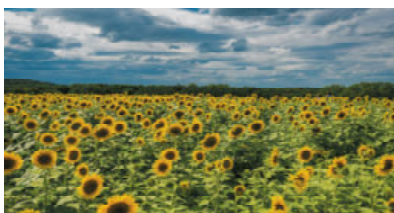
**I. Sept 6-Oct 25**

**II. Nov 22,29 Dec. 6, 13, Jan 3,10,17, 21**

\*\*\*\*\*

**FYI– The Vans we use for transportation for our**  
**trips are not handicapped accessible. We**  
**cannot accommodate any walkers or**  
**wheelchairs when using the vans.**

\*\*\*\*\*



### **Wii Bowling**

The Fall teams are now forming. 2 people per team. Play time is on Mondays at 1 pm and it is on a rotational play basis. If you would like to sign up as a two person team please call Sue K. ( 414.573.8611) and give her your information. FREE.

\*\*\*\*\*

### **Balance, Strength and Fall Prevention**

**Class October 6, 2022 1:00 pm at the Senior**  
**Center (FREE) Balance and Fall Prevention**  
**by Team Rehab is a class designed to educate**  
**you on the keys for balance, what can cause**  
**falls, ways to help rehab injuries sustained**  
**from a fall, and how to prevent a future fall at**  
**home. Casey and Jen from Team Rehab have**  
**their Doctorates in physical therapy that**  
**improves balance and prevents falls. Please**  
**call the Senior Center to register for this**  
**presentation**

\*\*\*\*\*

### **What is best? A Will, A Trust or what?**

**Jake Bogar an Attorney who specializes in**  
**preparing these items will explain the difference.**  
**You will be able to ask questions during this**  
**information session. This is a free event.**

**Date , Time to be determined**

\*\*\*\*\*

### **Exercise Class**

**Join us on TBD mornings for a “new”**  
**fitness class.: Increase your balance,**  
**strength, and breathing, This is a one hour**  
**class and will go for eight weeks. Starting:**  
**TBD and ending on TBD. Cost per**  
**participant is \$15.00. Preregistration is**  
**required and class size is limited to 20**

\*\*\*\*\*

**The Golden Tones will present their**  
**Christmas Concert on Wednesday,**  
**December 14 at 10 am at the Senior center.**  
**Please call to sign up to attend.**  
**Refreshments following the concert.**

**AUGUST 3 2022 1:00 pm**  
**Movie - "Tyson's Run"**  
**M 103 PG released March 2022**

When 15-year-old Tyson attends public school for the first time, his life changes forever. While helping his father clean up after the football team, he befriends champion marathon runner Aklilu. Never letting his autism hold him back, Tyson becomes determined to run his first marathon in hopes of winning his father's approval. With the help of an unlikely friend and his parents, he soon learns that anything is possible when you have faith in yourself and the courage to take the first step.

***True Story-Drama***

***Bring your own beverage...a snack will be served, please call 262.253.7799 to sign up to attend.***

**NEVER MISS A NEWSLETTER!**

Sign up to have our newsletter emailed to you at [www.mycommunityonline.com](http://www.mycommunityonline.com)





Walgreens pharmacist Danny will be at the G-town Senior Center for the Flu shot Clinic on Wednesday, **October 5th** from 10am to 11:30 am . Please call the Senior Center to register for a shot so that the correct number of vaccine may be ordered. **Deadline to sign up is Sept 23.**

\*\*\*\*\*

**The Washington County Meal site Program in the Germantown Area**

A meal is offered Monday– Friday at 11:30 am at the Center for those 60+. A donation of \$ 3.75 is suggested. You will receive a bill at the end of the month for the meals you sign up for. Reservations need to be made by noon the day before you wish to dine, you must call Monica at 414.380.8666. Meals are delivered to those who are unable to come to the Center. To qualify for meal delivery you must call the ADRC of Washington County at 262.335.4497 . The Senior Center is the meal distribution site but we do nothing with the reservatons. Please call the appropiate number listed in this article.

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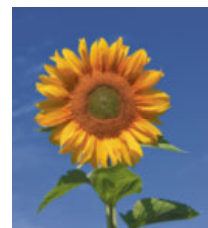
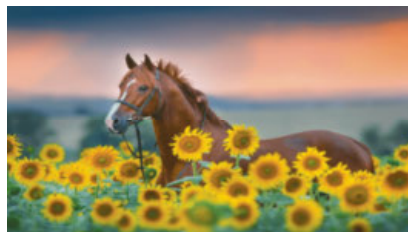
**Mahjongg, Bunko, Backgammon, Mexican Train...**if anybody would like to learn to play the following or to just patriciate please call the Senior Center and we will set up time for these activities.

\*\*\*\*\*

**Coloring Book and Crayon Collection...**we will again be collecting coloring books and crayons this November but with a twist. Instead of the books/crayons going to Children’s Hospital this year they will be donated to Toys for Tots in the local area. But we ask that with the coloring book/ crayon donation you include a \$1.00 donation to Children’s Hospital for them to purchase appropriate stuffed animals. (please do not bring stuffed animals). They have a generous supply of coloring books/crayons at this time.

\*\*\*\*\*

**“Toenail Trimmers”** is at the Germantown Senior Center on the fourth Thursday of each month. The charge is \$31.00 per person payable at the time of service. To make an appointment please call Toenail Trimmers at 262.719.0336. The Senior Center no longer takes the appointments for their clients. We also cannot confirm your appointments as we do not get a schedule of the appointment.





**Eyeglass Donations-**

We are accepting eyeglass donations. If you have glasses that you cannot use any longer, donate them for the Lion's Club Vision Mission. This is on going throughout the year.

**FOOD PANTRY DONATIONS ARE ACCEPTED M-F AT THE GERMANTOWN SENIOR CENTER. All donations go to the Germantown Food pantry. Non-perishable please!**

\*\*\*\*\*

*Please note that if you sign up for an activity or event and are unable to show on that day, we request that you contact the Senior Center Office. We keep a waiting list of folks who would like to participate and if you do not cancel your reservation, another person is deprived of attending. We purchase food based on attendance and do not want to waste our dollars on excess.*

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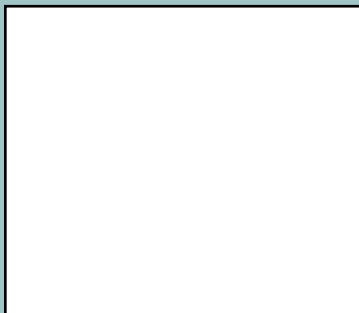
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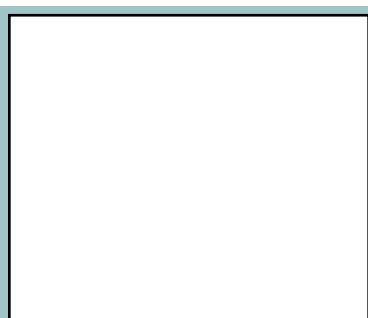
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Donations from 9am-3pm  
**FREE HOME PICK-UP**

# AUGUST 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	<b>2</b> <b>Senior Center</b> <b>Closed today</b> NO indie dining. Meal pick up only <b>Van rides not available.</b>	<b>3</b> 1:00 Movie "Ryan's Run"	<b>4</b> 9:30 Chat N Crafts 10:00 Striders group 1:00 Dartball	<b>5</b> 1:00 Bocce 1:00 Hand & Foot
1:00 Club Board Mtg 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	<b>9</b> 1:00 Tournament Sheepshead 1:00 Polish Poker 2:30 Yoga	<b>10</b> <b>12:30</b> <b>Club Meeting &amp; Club Bingo</b> (Club nametag required )	<b>11</b> 9:30 Chat N Crafts 10:00 Striders group 1:00 Dartball	<b>12</b> 1:00 Bocce 1:00 Hand & Foot <b>6 pm Comedy Sportz night must have reservation</b>
<b>15</b> 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	<b>16</b> 1:00 Tournament Sheepshead 1:00 Polish Poker 1:00 yoga	<b>17</b> 1:00 Jackpot bingo \$3.00 in \$1.00 bills only	<b>18</b> 9:30 Chat N Crafts 10:00 Striders Group 1:00 Dartball	<b>19</b> 1:00 Bocce 1:00 Hand & Foot
<b>22</b> 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	<b>23</b> 1:00 Tournament Sheepshead 1:00 Polish Poker 2:30 Yoga	<b>24</b> 1:00 Library Program sign up required-limit 20 See details on page 6  <b>4:30 -7:30 music 5-6</b> <b>"The BIG EVENT" must be pre-registered</b>	<b>25</b> 9:30 Chat N Crafts 10:00 Striders group 1:00 Dartball	<b>26</b> 1:00 Bocce 1:00 Hand & Foot
<b>29</b> 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	<b>30</b> 1:00 Sheepshead Tournament 1:00 Polish Poker 2:30 Yoga	<b>31</b> <b>Club 5th Wednesday Event "State Fair"</b> <b>Sign up required</b> <u><a href="#">Sr Center Closed for all other events</a></u> <b>**Meal service closed</b> <b>Van service available</b>		



# GOLDEN YEARS GAZETTE

GERMANTOWN SENIOR CENTER

W162 N11960 Park Ave.  
Germantown, WI 53022  
262.253.7799

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# Germantown Senior Citizens Club



**AUGUST 2022**