

GOLDEN YEARS



The first annual Senior Amazing race was held on Sept.14, 2022. Thank you to all who participated. A big shout out to all of the businesses that allowed us to use them for this race, Bogar Law Office, The Precinct, Robert's Frozen Custard, Wendlands, Pick N Save, Germantown Chamber of Commerce, Germantown Police Dept., Germantown Fire Dept., Germantown Library, Germantown Village Hall,

Congratulations to the First Place Team of Jim & Nancy Skronski, 2nd Place: 2 teams tied for second: Marge & Mike Rusnak and Loren & Judy Doll Third place team: Barb Borkenhagen & Peggy Hicks



Celebrations around the World Facts.

How Is the Day of the Dead Celebrated? Halloween? All Saints Day?El Día de los Muertos is not, as is commonly thought, a Mexican version of Halloween, though the two holidays do share some traditions, including costumes and parades. On the Day of the Dead, it's believed that the border between the spirit world and the real world dissolve. During this brief period, the souls of the dead awaken and return to the living world to feast, drink, dance and play music with their loved ones. In turn, the living family members treat the deceased as honored guests in their celebrations, and leave the deceased's favorite foods and other offerings at gravesites or on the *ofrendas* built in their homes. *Ofrendas* can be decorated with candles, bright marigolds called *cempasuchil* and red cock's



Bucky Badger Contest :

We have hidden a Bucky Badger somewhere in this newsletter. If you have the patience to hunt for it, and are lucky enough to find it, drop a note in the box in the office. Include your name, phone number and where the logo was located. We will have a random drawing of all correct entries to win a free lunch card to use for senior dining at Germantown Senior Center. Please submit your entries by the 9th of each month.

In September Bucky was found on page 10 behind the apple picture .
The winner : Rita Falkenstein

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Senior Club News
Club Picnic Info

W162 N11960 Park Ave.
Germantown, WI 53022
262.253.7799

CENTER OFFICE HOURS:
8:00 A.M. TO 4:30 P.M.
MONDAY THROUGH FRIDAY

OCTOBER 2022
VOL. 10
MMXXII

INFORMATION

CENTER STAFF

Main Office: (262) 253-7799
Fax Number: (262) 250-1733
Park & Rec Director: Gilford Standridge
Senior Coordinator: Mary Fiegel
Office Assistant: Susan Tatalovich
Office Aides: Jennifer Reinert, Sandra Gillespie,
Jackie Shebesta, Faye Price,

SENIOR CENTER ADVISORY COMMITTEE

Trustee: Dennis Myers
Trustee: Jan Miller
Citizen Representative: Norine Janzen
Senior Representative: Jackie Shebesta
Senior Representative: Faye Price

Wheels for Germantown

CENTER OPERATION & PROCEDURES

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Tuesday - Fridays from 9 a.m. to 2:30 p.m. On Mondays from 9-1. Call 262-253-7799 for more information and/or to make a reservation.

Germantown Senior Dining

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before. Diners must be 60 or older. A donation of \$3.75 is suggested.

Meal Reservations : (414) 380-8666
Senior Dining Site Manager: Monica Cammack

Just an FYI Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide your own assistance if needed.



Aging & Disability Resource Center of Washington County

1.877.306-3030 or 262.335.4497

ADRC BENEFIT SPECIALIST –

Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone.
262.335.4497 or 1.877.306.3030

Washington County Shared Ride Taxi Service

262.338.2908

Washington Co. Interfaith Caregivers Van Service

262.365.0902

Germantown Senior Van Service

262.253.7799 Monday– 9-1 Tues- Friday 9-2:30 reservation 24 hours prior to service required.

Just an FYI ***We do not provide pillows, adaptive chairs etc at the Center. If you need something special you are required to bring it with you.**

**We have deadlines for people to sign up
For events because:**

- * we need to order food for those attending and there is a deadline for the caterer**
- * we only have so much space on the bus**
- * or we only have so much space in a room**
- *there are deadlines for ordering tickets for events**

SO PLEASE UNDERSTAND it is your responsibility to sign up by the date required or we cannot accommodate you.

The Striders Group

Thursdays 10 am-11am

Plan to be at the place and ready to walk at 10 am, if you want to carpool please call each other directly. Kathy Landgraf needs to know who is coming each week so please email her weekly if you are participating.

Sept. 8, Sept 15, Sept 22, Sept 29

Please call the Senior Center if you are interested in joining this group. 262.253.7799



Cricut Class Join us on Wednesday, December 14 from 10—12:00 for a Cricut class to make a Holiday Cabin that lights up.

Class full

How to access the Golden Years Newsletter on line:

go to the * Village of Germantown Website, * Park & Recreation Dept. *Senior Center, *Golden Years Newsletter or stop by the Senior Center to pick up a hard copy. They can also be found at Village Hall rec. Dept and the Library

Staff will no longer be calling people to give reminders for trips or classes unless there is a change in information. Please save your receipt that gives you details of events and trips. If you miss a class or trip there are no refunds.

The Senior Center will be closed for the following Holiday Times:

Thanksgiving—Closed Thursday, November 24 and Friday the 25th
Christmas— Closed Friday December 23, 26 New Year's Closed December 30, Jan2

There will not be any van service available from Dec. 21 to January 3. This is the driver's Holiday break. Thank you.

Several people have requested the recipe for the hot ham sandwiches that were served at The Big Event....here it is:

Ingredients:

1/2 cup butter, softened

1 small onion, grated

1 tablespoon poppyseed

2 teaspoons Worcestershire sauce

2 teaspoons prepared mustard

1 1/4 c finely chopped fully cooked ham (about 8 oz)

1 cup shredded Swiss Cheese

6 to 8 burger buns split or 16 to 20 mini buns

Directions:

In a large bowl combine the butter, onion, poppy seed, Worcestershire sauce and mustard until well blended. Add Ham and cheese; mix well. Divide evenly among buns. Place in shallow baking pan and cover with foil. Bake at 350 for 15-20 minutes or until heated through.

Bingo sponsored by Realty Executives Inc. November 7 at 1 pm. please call to sign up.. Treats during Bingo too.

The American Dream....

Home ownership, however, as we grow older the cost and work to maintain the home can become too much!

- Do you have a hard time maintaining your home?
- Is it still the best location to proximity to family, doctors, etc.?
- Do you have trouble finding good workers to take care of the maintenance problems?
Are finances keeping you from enjoying the home you've loved for so many years?
These are questions that the sponsors will address.

Please sign up to attend.

Here is the link to the ADRC of Washington County. You will find the meal menus for each month on this website.

www.washingtoncountyardrc.org

Join us to see "Beauty and The Beast" at the West Bend Silver lining stage
Spotlight Productions of B&B will be Friday, October 7, 2022. We will depart from the Germantown Senior Center at 6:30 pm. show starts at 7:30. return time about 10:00 pm **Trip is sold out.**

3 County Dine Around

Washington, Waukesha, Milwaukee
Join us on Thursday, October 13, 2022 for excursion #2 of Dine Around. Cost is \$89.00 per person which pays for all meals, transportation and gratuities. It does not include any alcoholic beverages The van is not handicapped accessible.

HO-Chunk Gambling Trip ...

Thursday, November 10, 2022
Depart G-town at 8 am (motor coach) return about 5:30 pm **TRIP SOLD OUT**

Early dinner Outing at "Old Germantown" Restaurant October 20 time 3:45 pm

Join us for a home brewed beer and the sausage sandwich of your choice. The sandwich comes with fries. Scott the owner will greet us and tell us about the farm to table restaurant. We will car pool to this event. Please tip your driver for gasoline. You will pay for whatever you order at the restaurant.

Cricut 3D Pumpkin Class Oct 26 10 am
\$6.00 per person, please call the Senior Center to register 262.253.7799

Coming soon...the Chocolate Lover's extravaganza trip. Dodge County, Fond du Lac County and Winnebago County. You will visit four different chocolate stores where they make their own delicacies. This will be in February of 2023.

The Senior Van for transportation around Germantown is handicapped accessible. We do not provide rides for Assisted Living or Memory Care Residents . To use the van service, reservations must be made 24 hours in advance by calling the Center.

TRIPS

"GREASE" at The Fireside
Oct. 12, 2022

Trip sold out. Depart from Germantown Senior Center at 9:30 am and return about 5:45 pm



Fireside Christmas
"White Christmas"
Wednesday, December 7, 2022 **SOLD OUT**



Beer Tasting Event

Join us for a Brewery trip for a beer tasting. Your beer tasting will be led by an official beer aficionado. Cost of this event include transportation , the beer tasting and gratuities. Limit 17 people. TBD

If you cancel out of a trip, event or class, there are no refunds unless there is a waiting list.

Christmas Stocking Stuffer Tour of Milwaukee will not be offered this year.

FYI- The Vans we use for transportation for our trips are not handicapped accessible. We cannot accommodate any walkers or wheelchairs when using these vans.

Germantown Senior Center Van Rides
Monday—Friday Van Service Information:



(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)

- Van operates **Monday 9-1 Tuesday through Friday 9 am-2:30 pm**
 - **Must call 24 hours in advance to book a ride (weekdays only)** , phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
 - **Must reside in the village for ride pick up**
 - When you make a reservation, please have the address of where you are going, where you are being picked up and your phone number.
 - You are charged according to the mileage involved in the trip there and back
 - We try to get as close to your desired time as possible, **please be on time as we book many rides a day.**
 - Must be 55 years of age or older to use this service.
 - Driver's cannot enter passengers home, a rider must be able to get out to the van on their own or have a caregiver with them.
 - **We cannot transport people home from the hospital or ER after a procedure,**
 - **We also cannot transport large items in the van such as furniture, televisions etc.**
- If the Center is Closed due to weather or a holiday, there is no van service.**

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Germantown Senior Club, Germantown, WI

A 4C 01-1438

Library Events At Senior Center 1:00 pm
Sept 28– Paint by Number
October 26 –Trivia
sign up is required for each event. Call the
 Senior Center 262.253.7799 Limited to 25
 people.

JACKPOT BINGO

Wednesday, OCTOBER 19

1:00 pm

\$3.00 to play (please pay in 1 dollar bills)



Yoga– next sessions:

I Aug 23, 30, Sept 13, 20, 27, Oct 4, 11, 18

II Nov 1, 8, 15, 29 Dec 6, 13, 20, Jan 3

III. Jan 10, 17, 24, 31, Feb. 7, 14, 21, 28

Zumba Next sessions:

I. Sept 6-Oct 25

II. Nov 22, 29 Dec. 6, 13, Jan 3, 10, 17, 21

The Germantown Senior Center is a non-partisan entity. Solicitation of political views is not acceptable in the center. We will not post political posters of any kind.

Unscramble the words and try to win a prize. Submit your answers to Mary by October 4.

Nutmanu _____

Sako _____

Reqsirlu _____

Tasb _____

Nikpumps _____

Hostsg _____

Sinbgol _____

Ysevrah _____

Houlg _____

Rccowesa _____

Wii Bowling

The Fall teams are now forming. 2 people per team. Play time is on Mondays at 1 pm and it is on a rotational play basis. If you would like to sign up as a two person team please call Sue K. (414.573.8611) and give her your information. FREE.

Balance, Strength and Fall Prevention

Class October 6, 2022 1:00 pm at the Senior

Center (FREE) Balance and Fall Prevention by Team Rehab is a class designed to educate you on the keys for balance, what can cause falls, ways to help rehab injuries sustained from a fall, and how to prevent a future fall at home. Casey and Jen from Team Rehab have their Doctorates in physical therapy that improves balance and prevents falls. Please call the Senior Center to register for this presentation

What is best? A Will, A Trust or what?

Jake Bogar an Attorney who specializes in preparing these items will explain the difference. You will be able to ask questions during this information session. This is a free event., but call the Senior Center to reserve your spot.

Wednesday, November 2, 2022 at 10 am

The Golden Tones will present their Christmas Concert on Wednesday, December 14 at 10 am at the Senior center. Please call to sign up to attend. Refreshments following the concert.

“The Three Grands” a music event. Join us for a fun filled hour of music by George Schowalter, Richard and Sheryl Peshek, all are very accomplished musicians .

A Christmas cookie social will follow the concert. Date to be confirmed. Wednesday December 7 at 1:00 pm Free. Sign up required



OCTOBER 5, 2022 1:00 pm
Movie - "Twelve Mighty Orphans"
1 H 58 M PG 13 released 2021



Based on a true story .

During the Great Depression, Rusty Russell gives up a privileged position to coach football at an orphanage in Fort Worth, Texas; whipping his young players into shape, they soon become an inspiration to their city, state and an entire nation.

Bring your own beverage...a snack will be served, please call 262.253.7799 to sign up to attend.

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Germantown Senior Club, Germantown, WI

B 4C 01-1438



Walgreens pharmacist Danny will be at the G-town Senior Center for the **Flu shot Clinic** on Wednesday, **October 5th** from 10am to 11:30 am . . Deadline to sign up was Sept 23. please arrive at 9:45 to fill out paper work. Reminder to wear short sleeves.

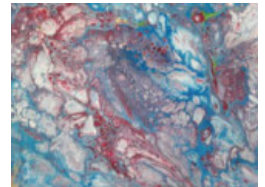
Coloring Book and Crayon Collection...we will again be collecting coloring books and crayons this November

but with a twist. Instead of the books/crayons going to Children's Hospital this year they will be donated to Toys for Tots in the local area. But we ask that with the coloring book/ crayon donation you include a \$1.00 donation to Children's Hospital for them to purchase appropriate stuffed animals. (please do not bring stuffed animals). They have a generous supply of coloring books/crayons at this time.

"Toenail Trimmers" is at the Germantown Senior Center on the fourth Thursday of each month. The charge is \$31.00 per person payable at the time of service. To make an appointment please call Toenail Trimmers at 262.719.0336. The Senior Center no longer takes the appointments for their clients. We also cannot confirm your appointments as we do not get a schedule of the appointment.

Pour Painting Class Tuesday, January 17, 2023 at 1 pm

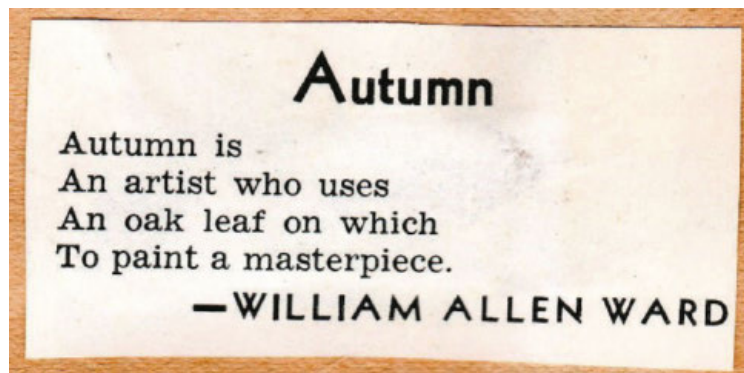
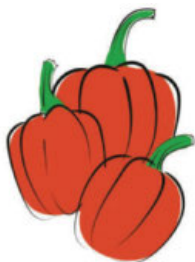
Learn the art of pour painting and take home a beautiful one of a kind painting. This technique can be used in various creative ways. Anybody can learn this art form. The class is free but you must sign up to participate. Deadline for sign up is December 15, 2022.



Henna Art Wednesday, January 18, 2023 10 am– 11:30 am

You have seen the art of henna painting, now come and learn about the traditions, the designs and if you wish you may have a small henna put on your hand. It is not permanent; it lasts about 10 days. FREE but you must sign up to attend.



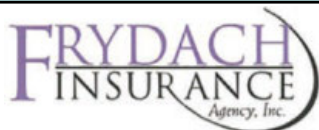


Eyeglass Donations-

We are accepting eyeglass donations. If you have glasses that you cannot use any longer, donate them for the Lion's Club Vision Mission. This is on going throughout the year.

FOOD PANTRY DONATIONS ARE ACCEPTED M-F AT THE GERMANTOWN SENIOR CENTER. All donations go to the Germantown Food pantry. Non-perishable please!

Please note that if you sign up for an activity or event and are unable to show on that day, we request that you contact the Senior Center Office. We keep a waiting list of folks who would like to participate and if you do not cancel your reservation, another person is deprived of attending. We purchase food based on attendance and do not want to waste our dollars on excess.



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Saturday 9am-4pm

Donations from 9am-3pm

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Germantown Senior Club, Germantown, WI

C 4C 01-1438

OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Branson Trip Departure Date 1:00 Corn Hole 1:00 Sheepshead 1:00 Wii Bowling	4 9:30 Deco Art 10:00 Zumba 1:00 Polish Poker 2:30 Yoga	5 10:00 Flu shots Pre-sign up was required 1:00 Movie	6 9:30 Chat N Crafts 10:00 Striders Group 1:00 Balance Class 1:00 Dartball	7 10:00 King's Corners 1:00 Canasta 1:00 Hand & Foot 6:30 Spotlight Trip
10 1:00 Corn Hole 1:00 Sheepshead 1:00 Wii Bowling	11 9:30 Deco Art 10:00 Zumba 1:00 Polish Poker 2:30 Yoga	12 9:30 Fireside Trip (GREASE) 12:30 Club Meeting & Club Bingo (Club nametag required)	13 9:30 Chat N Crafts 10:00 Striders Group 10:45 3 County Dine Around Trip 1:00 Dartball	14 10:00 Bunko \$3.00 1:00 Hand & Foot
17 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling Brewery Trip	18 9:30 Deco Art 10:00 Zumba 1:00 Tournament Sheepshead 1:00 Polish Poker 1:00 yoga	19 10:00 Decorating Cupcakes 2 to take home (free) 1:00 Jackpot Bingo \$3.00 in \$1.00 bills only	20 9:30 Chat N Crafts 10:00 Striders Group 1:00 Dartball 3:30 Old Germantown Trip	21 10:00 Farkle (prize for top scorer) 1:00 Canasta 1:00 Bocce 1:00 Hand & Foot
24 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling 1:00 Writer's Group	25 9:30 Deco Art 10:00 Zumba 1:00 Tournament Sheepshead 1:00 Polish Poker	26 10:00 Cricut 3D Pumpkin Class \$5.00 1:00 Library Program sign up required-limit 20	27 9:30 Chat N Crafts 10:00 Striders group 1:00 Dartball	28 10:00 Mexican Train 1:00 Hand & Foot
31 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling				

Senior Club News


The next Club meeting is **OCTOBER 12 at 12:30 pm**. Please be sure to wear your nametag. If you do not have a nametag, please contact Susan at the Senior Center 262.253.7799 so we can have it ready for you on the day of the meeting. Bingo will be played after the meeting for Club Members only. Make sure you have your 2022 membership dot on your badge. You may get one from the office.

Club Membership is \$18.00 per year: membership provides that your newsletter is mailed to you, you get a reduced price on Club 5th Wednesday events, you can attend Club meetings once a month which includes Club bingo and your birthday listed in newsletter. **2023 Club Membership form will only be in the December and January newsletters.**

SENIOR CLUB BOARD

President: Sue Hafert
Vice-President: Barb Schultz
Secretary: Lori Hoft
Treasurer: Della Rogers
Membership/Sunshine: Renee Stuesse

Club Members Birthdays for OCTOBER

<i>Linda Bauers-28</i>	<i>Nancy Beyerl-20</i>	<i>Richard Beyerl-14</i>		<i>Ila Black-11</i>
<i>Darlene Daley -14</i>	<i>Arline Flesch-2</i>	<i>Mary Ann Karch—24</i>		<i>Rita Nelson-14</i>
<i>Barbara Schhultz -13</i>	<i>William Schuster -23</i>	<i>Kathy Schwenk-28</i>		



Club Christmas Party— November 30, 2022

Doors open at 11:30 am at the Senior Center

Lunch served at noon Catered by Bunzel's

Lunch menu is:

Roast beef, baked ham, Mashed potatoes, green beans almandine, green salad, and holiday cake.

Special Entertainment by:

The Sweet Adeline's Chorus

Cost: Club member: \$12.00 Nonmember: \$20.00

Sign up opens: September 12, 2022 sign up closes: November 14, 2022

Cash or check only

GOLDEN YEARS GAZETTE

GERMANTOWN SENIOR CENTER

W162 N11960 Park Ave.
Germantown, WI 53022
262.253.7799

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OCTOBER 2022

