G@LDEN YEARS

New Year's Resolutions—Senior Style

*Share a smile at least 1 time per day

*call somebody that you haven't talked to in a while *do a random act of kindness without recognition

* share a meal with someone

*write a paragraph a day about something important in your life. At the end of the year, share this with family.

- * tell someone how proud you are of them and why
- * keep an open mind and don't be judgmental
- * try something new, you're never too old to learn
- * be grateful for what you have

* strike up a conversation with someone you don't know

* share the talents you possess, if only the best song birds sang the woods would be silent.





Bucky Badger Contest :

We have hidden a Bucky Badger somewhere in this newsletter. If you have the patience to hunt for it, and are lucky enough to find it, drop a note in the box in the office. Include your name, phone

number and where the logo was located. We will have a random drawing of all correct entries to win a free lunch card to use for senior dining at Germantown Senior Center. Please submit your entries by the 9th of each month.

In December Bucky was found on page 8 behind the photo of the Santa's. The winner : Rita Flkensteen the one on page 3 was not hidden! CONTENTS

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EVENTS & TRIPS

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Senior Club Membership form

W162 N11960 Park Ave. Germantown, WI 53022 262.253.7799

CENTER OFFICE HOURS: 8:00 A.M. TO 4:30 P.M. MONDAY THROUGH FRIDAY

JANUARY 2023 VOL. 1 MMXXI11

INFORMATION

CENTER STAFF

Main Office: (262) 253-7799 Fax Number: (262) 250-1733 Park & Rec Director: Gilford Standridge Senior Coordinator: Mary Fiegel Office Assistant: Susan Tatalovich Office Aides: Jennifer Reinert, Sandra Gillespie, Jackie Shebesta, Faye Price,

SENIOR CENTER ADVISORY COMMITTEE

Trustee: Dennis Myers Trustee: Jan Miller Citizen Representative: Norine Janzen Senior Representative: Jackie Shebesta Senior Representative:: Faye Price

Wheels for Germantown

CENTER OPERATION & PROCEDURES

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Tuesday - Fridays from 9 a.m. to 2:30 p.m. On Mondays from 9-1. Call 262 -253-7799 for more information and/or to make a reservation.

Germantown Senior Dining

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before Diners must be 60 or older. A donation of \$3.75 is suggested.

Meal Reservations : (414) 380-8666 Senior Dining Site Manager: Monica Cammack

Just an FYI Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide your own assistance if needed.



Aging & Disability Resource Center of Washington County (ADRC) 1.877.306-3030 or 262.335.4497

ADRC BENEFIT SPECIALIST -

Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone. 262.335.4497 or 1.877.306.3030

Washington County Shared Ride Taxi Service 262.338.2908

Washington Co. Interfaith Caregivers Van Service 262.365.0902

Germantown Senior Van Service

262.253.7799 Monday– 9-1 Tues- Friday 9-2:30 reservation 24 hours prior to service required.

Just an FYI *****We do not provide pillows, adaptive chairs etc at the Center. If you need something special you are required to bring it with you. **********

We have deadlines for people to sign up For events because: * we need to order food for those attending and there is a deadline for the caterer * we only have so much space on the bus * or we only have so much space in a room *there are deadlines for ordering tickets for events SO PLEASE UNDERSTAND, it is your responsi-

SO PLEASE UNDERSTAND it is your responsibility to sign up by the date required or we cannot accommodate you.



The Striders Group Thursdays 1:30 pm

<u>Plan to be at the place and ready to walk at 10 am</u>, if you want to carpool please call each other directly. Kathy Landgraf needs to know who is coming each week so please email her weekly if you are participating. Please call the Senior Center if you are interested in joining this group. 262.253.7799



They meet every Thursday morning.

The Senior Center will be closed : January 2nd for the New Year Holiday

Here is the link to the ADRC of Washington County. You will find the meal menus for each month on this website. www.washcowisco.gov/adrc

How to access the Golden Years Newsletter on line:

go to the * Village of Germantown Website, * Park & Recreation Dept. *Senior Center, *Golden Years Newsletter or stop by the Senior Center to pick up a hard copy. They can also be found at Village Hall rec. Dept and the Library

<u>If instructors or the Senior Center</u> cancels a <u>class</u> people who are signed up for that class will receive a credit on their account for the missed class. If a participant misses a class a credit is not available.

Inclement Weather Policy -

The <u>Senior Center and Van</u> rides are closed when the <u>Germantown Schools are</u> <u>Closed</u>. Otherwise we are open for business. To be sure you can call to check. 262.253.7799



FYI– The Vans we use for transportation for our <u>trips are not handicapped</u> <u>accessible.</u> We cannot accommodate any walkers or wheelchairs when using these vans.

The Senior Van for transportation around

Germantown is handicapped accessible. We do not provide rides for Assisted Living or Memory Care Residents. To use the van service,



reservations must be made 24 hours in advance by calling the Center. This van is not utilized for trips, it is only utilized for booked Senior center Van Rides for appointments.

lan Gould—Irish Fest Monday March 13 at 1 pm. Irish music, Irish food, Irish humor and great Irish fun. Come and enjoy the craic. Free but you must pre-register and sign a Washco form when signing up. Sign up opens January 3, 2023.

Texas Cowboy Country trip sponsored by Mayflower. March 5– 12, 2023. 9 days 13 meals, 3 night stay at the Y.O. Ranch Pick up and drop off at your home . Come to the Center and pick up a complete brochure of the trip.

Germantown Library will again be offering programs at the Senior Center on the fourth Wednesday afternoon at 1 pm Check the bulletin board for details

Yoga Jan 10,17,24,31 Feb 7,14,21,28 \$35.00 Resident and \$40.00 for non-resident

Strength & Balance Class Thursday's for 8 weeks. January 12, 19, 26, Feb. 2, 9, 16, 23 March 2. FREE this time but must sign up to participate and sign a WASHCO FORM.

Van rides on Wednesday's for Jan., Feb., March, April and May will only be offered on the second and third Wednesdays as the driver will not be available.

TRIPS

Fireside Dinner theatre– The Music Man Friday, March 10, 2023

Cost:\$ 95.00 per person which includes transportation, your meal, the show; it does not include gratuity for your Meal or Cocktails. Please indicate your entrée of choice when you sign up. Chicken Piccata, BBQ Rib, cod. Strike up the band for Broadway's brassiest musical comedy. Enjoy those favorite songs, 76 Trombones ,Goodnight My Someone and the Wells Fargo Wagon. <u>Sign up opens Jan 3 and Closes on Feb. 3 or when full. Depart at 9:30 am and return about 5:30 pm</u>

Fireside Dinner Theatre- "Grumpy Old Men" Friday, April 21, 2023

Cost \$95.00 per person which includes transportation and your meal, the show; it does not include gratuity for your meal or cocktails. Please indicate your choice of entrée at the time that you sign up. Choices Are: Pretzel Crusted Stuffed Chicken, Grilled Pork Ribeye or Trout. This show is the story of John and Max, neighbors who have been feuding for most of their lives. Based on the 1993 film. This show has humor, great songs and a group of small towns people that make everyone feel at home. Depart at 9:30 am and return about 5:30 pm Sign up opens February 14, 2023 and closes March 7

Explore 68th Street

Thursday, April 13, 2023

Join us for a delightful afternoon experiencing Wauwatosa's 68th Street. We will start off by having lunch at Balistreri's Italian Restaurant, you order and pay for your own lunch, gratuity will be included on the bill. Then off across the street to Simma's Bakery, home of the number 1 cheesecake in Milwaukee. They offer a wide variety of bakery items to purchase. Then back across the street to Ultimate Confections, they have a decadent variety of chocolate truffles and specialty items made of chocolate. Bring along a bag to put all your goodies in. Then before coming home we will drive through Wauwatosa to see the beautiful homes. Depart at 12 noon and return about 4:30 pm. Cost \$12.00 for transportation. Sign up opens Tuesday, January 3.

AARP TAX PREPARAATION IS NOT PROVIDED AT THE GERMANTOWN SENIOR CENTER. WE ALSO DO NOT HAVE A LIST OF PLACES WHERE THEY ARE BEING DONE. PLEAE CALL THE ADRC OF WASHINGTON COUNTY or WAUKESHA COUNTY FOR INFORMATION

If you cancel out of a trip, event or class, there are no refunds unless there is a waiting list.

Chocolate Lover's Extravaganza trip. Dodge County, Fond du Lac County and Winnebago County. You will visit four different chocolate stores where they make their own delicacies. This will be Tuesday April 14,2023 <u>sign up</u> <u>opens February 1 and closes March 1.</u> \$15.00 pays for your transportation. Depart at Noon and return home about 5 pm

The Great Escape February 9, 2023

\$20.00 per person which includes your transportation and adventure. . Join us at an Escape Room in Menomonee Falls. This is the latest rage for a group activity. There are 8-12 people who enter a locked room and as a group you must figure out clues to get yourself out of the room. Don't worry after an hour if you haven't figured it out, the master of the game lets you out. You race against time. <u>Sign up opens</u> <u>January 3rd.</u> Departure time to be determined. Coffee stop after the adventure. Time slot given when you sign up.

Ho- Chunk Trips for Spring 2023 will be

Thursday February 23 and April 13. Join us for a one day get away to HO Chunk Dells.. You will receive \$25.00 in credits on your player's club card at Ho Chunk Dells. You don't have a player club card? NO problem they will sign you up when you get there and you can enjoy the free credits also. You must bring a valid ID with you and use your player's club card at all times while at the casino. Pick up for both trips is at 8 am at the Germantown Center Mall and return time about 5:30 pm.. We have 20 spots available for both trips. When you sign up you must have your player's card number and the name, phone number of a contact person who is not on the trip with you for emergency use. We do not keep that information on file.

The sign up for the March 31 Ho Chunk trip opens December 13 and closes January 17, 2023.

The sign up for the April 13 HO Chunk trip opens January 3 and closes on February 14.

Germantown Senior Center Van Rides Monday—Friday Van Service Information:

(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)

- Van operates Monday 9-1 Tuesday through Friday 9 am-2:30 pm
- Must call 24 hours in advance to book a ride (weekdays only), phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
- Must reside in the village for ride pick up
- When you make a reservation, please have the address of where you are going, where you are being picked up and your phone number.
- You are charged according to the mileage involved in the trip there and back
- We try to get as close to your desired time as possible, please be on time as we book many rides a day.
- Must be 55 years of age or older to use this service.
- Driver's cannot enter passengers home, a rider must be able to get out to the van on their own or have a caregiver with them.
- We cannot transport people home from the hospital or ER after a procedure,
- We also cannot transport large items in the van such as furniture, televisions etc.
- we cannot transport assisted living or memory care residents
- If the Center is Closed due to weather or a holiday, there is no van service.

Special Hours for January and February info in this newsletter.



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Germantown Senior Club, Germantown, WI

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Senior Club News

The next Club meeting is January 11 at 1:00 pm. You cannot get into the room until 12:40. Please be sure to wear your nametag. If you do not have a nametag, please contact the Senior Center 262.253.7799 so we can have it ready for you on the day of the meeting. Bingo will be played after the meeting for Club Members only. Make sure you have your 2023 membership dot on your badge. You may get one from the office.

All persons who were members in 2022 will receive the January edition of The Golden Years. If your membership has not been <u>renewed by January 10, 2023 you</u> <u>will not receive the newsletter for February or the following months.</u>



CLUB MEMBERSHIP: is \$20.00 per year. Membership provides that your newsletter is mailed to you; you get a reduced price on Club 5th Wednesday events, you can attend Club meetings once a month which includes Club Bingo and your birthday listed in the newsletter.

SENIOR CLUB BOARD 2023

Preisdent : Kathy Gutsch

Vice-President: Barb Schultz

Secretary: Chris Smith

Treasurer : Della Rogers

Membership/Sunshine: Renee Stuesse

Club Members Birthdays for January

1– Angela Anderson 6-Sharon Schlaefer 10– Sue Kloehn

11– Donna Jostsons 12– Laura Lee 13– Mary Ann Callen

13-John Kroll 16– Rose Witz 17– Gail Neville

20- Lorann French 21– Kendra Heagle 23– Joyce Autio

29– Doris Kroll 30– Helga Thom

Remember if your birthday is in February, Your membership needs to be renewed by January 10 or your name will not be in the February newsletter



January 4, 2023 1:00 pm Movie - "Here Today"

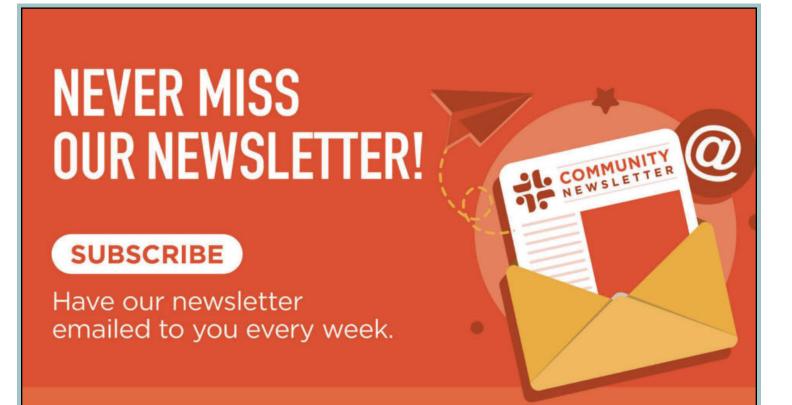


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Veteran comedy writer Charlie Burnz forms an unlikely yet hilarious and touching friendship with New York lounge singer Emma Payge. Emma unexpectedly wins a lunch with the comedy legend, but their relationship gets off to an extremely rocky start. Before long, each finds in the other a sort of soulmate, forging a deep bond that kicks the generation gap aside and redefines the meaning of friendship, love and trust.

Please call the Senior Center to sign up to attend. Snacks will be provided, please bring your own beverage.



VISIT WWW.MYCOMMUNITYONLINE.COM

"Toenail Trimmers" is at the German town Senior Center on the fourth Thursday of each month. The charge is \$31.00 per person payable at the time of service. To make an appointment please call Toenail Trimmers at <u>262.719.0336.</u> The Senior Center no longer takes the appointments for their clients. We also cannot confirm your appointments as we do not get a schedule of the appointment.

Pour Painting Class Tuesday, January 17, 2023 at 1 pm



Learn the art of pour painting and take home a beautiful one of a kind painting. This technique can be used in various creative ways. Anybody can learn this art form.

Class is full.

Just an FYI...the Senior Club has decided not to host the Easter Bunny Lunch or the Easter Bunny Trail as in previous years. The "new" Easter Bunny Bonanza will now be hosted by the Germantown Senior Center. We will be looking for volunteers to help with this event. March 25, 2023. Henna Class

Wednesday, January 18, 2023 10 am- 11:30

You have seen the art of henna painting, now come and learn about the traditions, the designs and if you wish you may have a small henna put on your hand. It is not permanent; it lasts about 10 days. FREE but you must sign up to attend.





Flower Bouquet Cri-cut Class

4 sessions to this class. Every Friday morning for 4 weeks you will be making a bouquet of flowers. You will assemble the flowers, learn how to air brush, curl score the petals. Then put it all together in your handmade garden container. January 13,20,27 and February 3. You will have 2 color choices when you sign up. \$14.00 per person. Sign up opens December 12 and closes December 27th. Sign up now open. Cash or check only Limit 8 people

Cri-cut Valentine Class

Thursday, February 9, 2023 1:00 P.M. \$3.00 Make a beautiful valentine decoration for your home. Cash or check only limit 15 people Sign up opens January 3.



Valentine Chocolate Dipped Strawberry Making

Come on in and perfect your chocolate dipping ability. You will make 1/2 dozen dipped strawberries to take home to share or enjoy all by yourself! This will be held on Monday,



February 13 at 10 am. Program is free but you must sign up to participate and fill out a special form. Sign up opens January 16 and closes on January 30. Limited to 10 participants. Free but you must sign up to participate.

Comedy Sportz Club Trip Friday May 12

The Troupe came here in 2022 now let's go to their home to see two teams compete against each other, and yes it is interactive!

Show time is 7:30 pm and if you wish you can purchase food while you are there. They also have a full service bar. You will order and pay for your own beverages. The cost for your ticket, the show and transportation is \$30.00 Depart 6 pm return about 10:30 pm Sign up opens January 3 **Eyeglass Donations-**

We are accepting eyeglass donations. If you have glasses that you cannot use any longer, donate them for the Lion's Club Vision Mission. This is on going throughout the year.

FOOD PANTRY DONATIONS ARE ACCEPTED M-F AT THE GERMANTOWN SENIOR CENTER. All donations go to the Germantown Food pantry. Non-perishable please!

Please note that if you sign up for an activity or event and are unable to show on that day, we request that you contact the Senior Center Office. We keep a waiting list of folks who would like to participate and if you do not cancel your reservation, another person is deprived of attending. We purchase food based on attendance and do not want to waste our dollars on excess.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>2</u> <u>Senior Center</u> <u>and Meal Site</u> <u>closed for New</u> <u>Year Holiday</u>	3 1:00 Tournament Sheepshead 1:00 Polish Poker 2:30 Yoga	4 1:00 Movie "Here Today" No Van Rides	5 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Striders Group 1:00 Dartball NO van Rides	6 1:00 Canasta 1:00 Hand & Foot 1:00 Farkle
9 1:00 Club Board Meeting 1:00 Corn Hole 1:00 Sheepshead 1:00 Wii Bowling	10 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	 11 10:00 Finish the Line (prizes for the winners) 1:00 Club Meeting & Club Bingo No Van RIdes 	12 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Striders Group 1:00 Dartball NO van Rides	13 Cricut Flower Class 1:00 Hand & Foot 1:00 Team Trivia Prizes for winners
16 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	17 10:00 Zumba 1:00 Tournament Sheepshead 1:00 Polish Poker 1:00 Pour Painting Class 2:30 Yoga	18 10-11:30 Henna Class 1:00 Jackpot Bingo Van rides only to Senior center	19 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Striders Group 1:00 Dartball NO van Rides	20 Cricut Flower Class 1:00 Canasta 1:00 Hand & Foot 1:00 Farkle
23 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling 1:00 Writer's Group	24 10:00 Zumba 1:00 Tournament Sheepshead 1:00 Polish Poker 1:00 Writer's Group 2:30 Yoga	25 1:00 Program sponsored by the G- town Library pre-sign up required. No van Rides	26 TNT here. 10:00 Strength & Balance Class 1:00 Striders Group 1:00 Molina Bingo /prizes No van rides	27 Cricut Floer class 1:00 Hand & Foot 1:00 Movie Trivia (prizes for winners)
30 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	31 10:00 Zumba 1:00 Polish Poker	1.7		There are no membership fees to come to the Senior Center. You do you not have to belong to the Club to come to Center activities

GERMANTOWN SENIOR CITIZEN'S CLUB, INC.					
MEMBERSHIP APPLICATION 2023					
Membership Fees \$20.00 per person	Jan 1 – Dec 31, 2023				
LAST NAME:	DATE:				
FIRST NAME:(One for	(One form per person)				
BIRTHDATE: (month/day/year) previous membr	er new member				
E-MAIL ADDRESS:					
MAILING ADDRESS:	CITY:				
STATE:ZIP:PHONE:	Cell				
IN CASE OF EMERGENCY CONTACT: Name: Phone #:Relationship to member:					
Make <u>checks</u> payable to: Mail to	: Germantown Senior Center				
"Germantown Senior Club" W	/162 N11960 Park Avenue Germantown, WI 53022				
WELCOME! There are many opportunities within the Club in which you can become involved. If volunteering is an area that interests you, please look over the list of services below and check those in which you would like to help. If you already volunteer, we thank you for your time, service and talents. Your help is appreciated					
Club Meetingsset upclean up	bingo caller				
Club 5 th Wednesday eventsserve on the committee	set upclean up				
planning/servingdecorating					
***To volunteer for the Senior Center or the Wash. Co Meal site					
(OFFICE USE ON NEW: RENEWAL:					
AMOUNT PAID:DATE:					
Check # Cash					

GOLDEN YEARS GAZETTE

GERMANTOWN SENIOR CENTER W162 N11960 Park Ave. Germantown, WI 53022

262.253.7799

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