

GOLDEN YEARS

Valentine's Day...is not just for sweethearts! This special day has been around since the 15th Century. The history of this day is not just to boost card sales, that is Sweetest Day. On Valentine's Day call a friend, call members of your family, spend time with loved ones, compliment someone, make someone a card or just write a note telling special people how much you appreciate them. It is in the simple gestures of appreciation that you share the love you have for others. Donate to a homeless mission, a shelter for battered women, a children's home or any organization that assists people who are not as fortunate as you. That is the true giving heart of Valentines Day. Do something special for yourself to lift your own spirits. Think of it as day to share love with the world. We certainly need that at this time. On Valentine's Day refrain from negativity and show the world it can be better with positivity.



Bucky Badger Contest :

We have hidden a Bucky Badger somewhere in this newsletter. If you have the patience to hunt for it, and are lucky enough to find it, drop a note in the box in the office. Include your name, phone number and where the logo was located. We will have a random drawing of all correct entries to win a free lunch card to use for senior dining at Germantown Senior Center. Please submit your entries by the 9th of each month.

In January Bucky was found on page 3 behind weather closure sign The winner : Terry Cyra

CONTENTS

3

EVENTS & TRIPS

4

EVENTS & TRIPS

5

VAN INFORMATION

6

CLUB NEWS/AARP TAX
NEWS

7

VAN INFORMATION

10

ACTIVITY CALENDAR

11

Senior Club
Membership form

W162 N11960 Park Ave.
Germantown, WI 53022
262.253.7799

CENTER OFFICE HOURS:
8:00 A.M. TO 4:30 P.M.
MONDAY THROUGH FRIDAY

FEBRUARY 2023
VOL.2 MMXXII1

INFORMATION

CENTER STAFF

Main Office: (262) 253-7799
Fax Number: (262) 250-1733
Park & Rec Director: Gilford Standridge
Senior Coordinator: Mary Fiegel
Office Assistant: Susan Tatalovich
Office Aides: Jennifer Reinert, Sandra Gillespie,
Jackie Shebesta, Faye Price,

SENIOR CENTER ADVISORY COMMITTEE

Trustee: Dennis Myers
Trustee: Jan Miller
Citizen Representative: Norine Janzen
Senior Representative: Jackie Shebesta
Senior Representative: Faye Price

Wheels for Germantown

CENTER OPERATION & PROCEDURES

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Tuesday - Fridays from 9 a.m. to 2:30 p.m. On Mondays from 9-1. Call 262-253-7799 for more information and/or to make a reservation.

Germantown Senior Dining

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before. Diners must be 60 or older. A donation of \$3.75 is suggested.

Meal Reservations : (414) 380-8666
Senior Dining Site Manager: Monica Cammack

Just an FYI Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide your own assistance if needed.



Aging & Disability Resource Center of Washington County (ADRC)
1.877.306-3030 or 262.335.4497

ADRC BENEFIT SPECIALIST –
Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone.
262.335.4497 or 1.877.306.3030

Washington County Shared Ride Taxi Service
262.338.2908

Washington Co. Interfaith Caregivers Van Service 262.365.0902

Germantown Senior Van Service
262.253.7799 Monday– 9-1 Tues- Friday 9-2:30 reservation 24 hours prior to service required.

Just an FYI ***We do not provide pillows, adaptive chairs etc at the Center. If you need something special you are required to bring it with you.**

We have deadlines for people to sign up For events because:

- * we need to order food for those attending and there is a deadline for the caterer**
- * we only have so much space on the bus**
- * or we only have so much space in a room**
- *there are deadlines for ordering tickets for events**

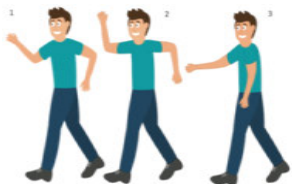
SO PLEASE UNDERSTAND it is your responsibility to sign up by the date required or we cannot accommodate you.



The Striders Group

Thursdays 1:30 pm

Plan to be at the place and ready to walk at 1 pm, if you want to carpool please call each other directly. Kathy Landgraf needs to know who is coming each week so please email her weekly if you are participating. Please call the Senior Center if you are interested in joining this group. 262.253.7799



They meet every Thursday afternoon

Here is the link to the **ADRC of Washington County**. You will find the meal menus for each month on this website.

www.washcowisco.gov/adrc

How to access the Golden Years Newsletter on line:

go to the * Village of Germantown Website, * Park & Recreation Dept. *Senior Center, *Golden Years Newsletter or stop by the Senior Center to pick up a hard copy. They can also be found at Village Hall rec. Dept and the Library

If instructors or the Senior Center cancels a class people who are signed up for that class will receive a credit on their account for the missed class. If a participant misses a class a credit is not available.

Inclement Weather Policy

The Senior Center and Van rides are closed when the Germantown Schools are Closed. Otherwise we are open for business. To be sure you can call to check. 262.253.7799



FYI– The Vans we use for transportation for our trips are not handicapped accessible. We cannot accommodate any walkers or wheelchairs when using these vans.

The **Senior Van** for transportation around Germantown is handicapped accessible. We do not provide rides for Assisted Living or Memory Care Residents .

To use the van service, reservations must be made 24 hours in advance by calling the Center. **This van is not utilized for trips, it is only utilized for booked Senior center Van Rides for appointments.**



Ian Gould—Irish Fest Monday March 13 at 1 pm. Irish music, Irish food, Irish humor and great Irish fun. Come and enjoy the craic. Free but you must pre-register and sign a WashCo form when signing up. Sign up opens January 3, 2023.

Texas Cowboy Country trip sponsored by Mayflower. March 5– 12, 2023. 9 days 13 meals, 3 night stay at the Y.O. Ranch Pick up and drop off at your home . Come to the Center and pick up a complete brochure of the trip.

Germantown Library Check the bulletin board for details

Yoga Jan 10,17,24,31 Feb 7,14,21,28
\$35.00 Resident and \$40.00 for non-resident

Strength & Balance Class Thursday's for 8 weeks. January 12, 19, 26, Feb. 2, 9, 16, 23 March 2. **Class is FULL**

Van rides on Mondays in February will not be available. All other days of the week are back open for rides.
Thank you for your patience last month.

We have a Line Dance Teacher, watch for this to start in April. No further details at this time.

TRIPS

Fireside Dinner theatre– The Music Man Friday, March 10, 2023

Cost: \$95.00 per person which includes transportation, your meal, the show; it does not include gratuity for Cocktails. Please indicate your entrée of choice when you sign up. Chicken Piccata, BBQ Rib, cod. Strike up the band for Broadway's brassiest musical comedy. Enjoy those favorite songs, 76 Trombones, Goodnight My Someone and the Wells Fargo Wagon. Sign up opens Jan 3 and Closes on Feb. 3 or when full. Depart at 9:30 am and return about 5:30 pm

Fireside Dinner Theatre- "Grumpy Old Men" Friday, April 21, 2023

Cost \$95.00 per person which includes transportation and your meal, the show; it does not include gratuity for your cocktails. Please indicate your choice of entrée at the time that you sign up. Choices Are: Pretzel Crusted Stuffed Chicken, Grilled Pork Ribeye or Trout. This show is the story of John and Max, neighbors who have been feuding for most of their lives. Based on the 1993 film. This show has humor, great songs and a group of small towns people that make everyone feel at home. Depart at 9:30 am and return about 5:30 pm Sign up opens February 14, 2023 and closes March 7

Explore 68th Street Thursday, April 13, 2023

Join us for a delightful afternoon experiencing Wauwatosa's 68th Street. We will start off by having lunch at Balistreri's Italian Restaurant, you order and pay for your own lunch, gratuity will be included on the bill. Then off across the street to Simma's Bakery, home of the number 1 cheesecake in Milwaukee. They offer a wide variety of bakery items to purchase. Then back across the street to Ultimate Confections, they have a decadent variety of chocolate truffles and specialty items made of chocolate. Bring along a bag to put all your goodies in. Then before coming home we will drive through Wauwatosa to see the beautiful homes. Depart at 12 noon and return about 4:30 pm. Cost \$12.00 for transportation. Sign up opens Tuesday, January 3.

**AARP TAX PREPARATION IS NOT PROVIDED
AT THE GERMANTOWN SENIOR CENTER. WE
ALSO DO NOT HAVE A LIST OF PLACES
WHERE THEY ARE BEING DONE. PLEASE CALL
THE ADRC OF WASHINGTON COUNTY or
WAUKESHA COUNTY FOR INFORMATION**

If you cancel out of a trip, event or class, there are no refunds unless there is a replacement

Chocolate Lover's Extravaganza trip. Dodge County, Fond du Lac County and Winnebago County. You will visit four different chocolate stores where they make their own delicacies. This will be Tuesday April 14, 2023 sign up opens February 1 and closes March 1. \$15.00 pays for your transportation. Depart at Noon and return home about 5 pm

The Great Escape February 9, 2023

Join us at an Escape Room in Menomonee Falls. This is the latest rage for a group activity. There are 8-10 people who enter a locked room and as a group you must figure out clues to get yourself out of the room. Don't worry after an hour if you haven't figured it out, the master of the game lets you out. You race against time. Departure time to be determined. Coffee stop after the adventure. Time slot given when you sign up. FREE

Ho- Chunk Trips for Spring 2023 will be Thursday February 23 and April 13.

Join us for a one day get away to HO Chunk Dells.. You will receive \$25.00 in credits on your player's club card at Ho Chunk Dells. You don't have a player club card? NO problem you can sign you up when you get there and you can enjoy the free credits also. You must bring a valid ID with you and use your player's club card at all times while at the casino. Pick up for both trips is at 8 am at the Germantown Center Mall and return time about 5:30 pm.. We have 20 spots available for both trips. When you sign up you must have your player's card number and the name, phone number of a contact person who is not on the trip with you for emergency use. We do not keep that information on file.

Watch for special events this year as we celebrate our 50th Anniversary! 1973-2023

**HAPPY
ANNIVERSARY**

Germantown Senior Center Van Rides Monday—Friday Van Service Information:

(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)

- Van operates Monday 9-1 Tuesday through Friday 9 am-2:30 pm
 - Must call 24 hours in advance to book a ride (weekdays only) , phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
 - Must reside in the village for ride pick up
 - When you make a reservation, please have the address of where you are going, where you are being picked up and your phone number.
 - You are charged according to the mileage involved in the trip there and back
 - We try to get as close to your desired time as possible, please be on time as we book many rides a day.
 - Must be 55 years of age or older to use this service.
 - Driver's cannot enter passengers home, a rider must be able to get out to the van on their own or have a caregiver with them.
 - We cannot transport people home from the hospital or ER after a procedure.
 - We also cannot transport large items in the van such as furniture, televisions etc.
 - we cannot transport assisted living or memory care residents
- If the Center is Closed due to weather or a holiday, there is no van service.

Special Hours for February info on page 10 calendar

SCHRAMKA
Funeral Homes

www.schramkafuneralhome.com
262-251-0330

 **my choice**
WISCONSIN

My Choice Wisconsin
is a managed care organization that
serves government-funded programs
to seniors and adults with disabilities
in over 50 Wisconsin counties.

Visit us today:
mychoicewi.org/LPI
1-800-963-0035

For more information on your long-term care
options, contact your local ADRC.

DHS Approved 4/22/2021



**Nancy Lawrence
Jamie Dittberner
Lawrence - Dittberner
Real Estate Team**

Shorewest Realtors, EHO

For all your real estate needs!



Buyers call
414-870-0644
jamie.shorewest.com



Sellers call
414-688-9537
nancy.shorewest.com

ADVERTISE HERE
to reach your community



Call 800-950-9952

**ADT-Monitored
Home Security**

Get 24-Hour Protection
From a Name You Can Trust

- Burglary • Flood Detection
- Fire Safety • Carbon Monoxide



SafeStreets

833-287-3502



For ad info. call 1-800-950-9952 • www.lpiconmunities.com

Germantown Senior Club, Germantown, WI

A 4C 01-1438

Germantown Senior Club

5th Wednesday Event

March 29, 2023

B I N G O				
14	24	44	53	68
7	28	31	54	73
2	26	★	51	67
3	22	39	57	75
9	20	37	50	71

Come and enjoy spring while socializing with Club Members. We will have a light luncheon and then try our luck with the 50/50 raffle and play 10 games of bingo.

Doors open at 11:30 for lunch and lunch will be served at noon. Lunch is chicken noodle soup, a ham or turkey sandwich, chips, cookies and beverage. Sign up is open now and closes on March 13. please know your sandwich choice when you sign up.

Cost: Club Member \$7.00 Non-Member \$12.00



The Germantown Senior Center does not host **AARP TAX Preparation at our facility.**
We also do not have information about what facilities they use. Thank you.



February 2023 1:00 pm
Movie - "Marry Me"
PG 13 H 1 M 52

Pop superstar Kat Valdez is about to get married before an audience of her loyal fans. However, seconds before the ceremony, she learns about her fiancé's cheating ways and has a meltdown on stage. In a moment of inspired insanity, Kat locks eyes with a total stranger in the crowd and marries him on the spot. As forces conspire to separate the unlikely newlyweds, they must soon decide if two people from such different worlds can find true love together.

Please call the Senior Center to sign up to attend.
Snacks will be provided, please bring your own beverage.

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter
emailed to you every week.



VISIT **WWW.MYCOMMUNITYONLINE.COM**



“Toenail Trimmers” is at the German town Senior Center on the fourth Thursday of each month. The charge is \$31.00 per person payable at the time of service. To make an appointment please call **Toenail Trimmers** at [262.719.0336](tel:262.719.0336). The Senior Center no longer takes the appointments for their clients. We also cannot confirm your appointments as we do not get a schedule of the appointment.

Just an FYI...the Senior Club has decided not to host the Easter Bunny Lunch or the Easter Bunny Trail as in previous years. The “new” Easter Bunny Bonanza will now be hosted by the Germantown Senior Center. We will be looking for volunteers to help with this event. March 25, 2023. If you are interested in heling make some of the items, please contact Mary or Susan

Cri-cut Valentine Class

Thursday, February 9, 2023
1:00 P.M. \$3.00

Make a beautiful valentine decoration for your home.

Cash or check only limit 15 people
Sign up opens January 3.

Comedy Sportz Club Trip Friday May 12

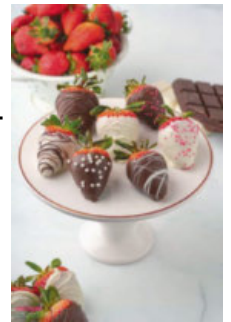
The Troupe came here in 2022 now let's go to their home to see two teams compete against each other, and yes it is interactive!

Show time is 7:30 pm and if you wish you can purchase food while you are there. They also have a full service bar. You will order and pay for your own beverages. The cost: Free Depart : about 2:30 return about 5:30 pm



Valentine Chocolate Dipped Strawberry Making

Come on in and perfect your chocolate dipping ability. You will make 1/2 dozen dipped strawberries to take home to share or enjoy all by yourself! This will be held on Monday, February 13 at 10 am. Program is free but you must sign up to participate and fill out a special form. Sign up



Is opens and closes on January 30 . Limited to 10 participants. Free but you must sign up to participate.



Help Wanted

To stuff Easter Eggs for the Germantown Egg Hunt

We will be stuffing eggs on the following days and times. Please call us to sign up if you can help out.

February 1	10 am
8	10 am
15	10 am
22	10 am and 1 pm

This will be done at the Germantown Senior Center.

Eyeglass Donations-

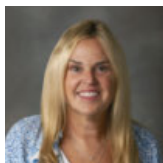
We are accepting eyeglass donations. If you have glasses that you cannot use any longer, donate them for the Lion's Club Vision Mission. This is on going throughout the year.

FOOD PANTRY DONATIONS ARE ACCEPTED M-F AT THE GERMANTOWN SENIOR CENTER. All donations go to the Germantown Food pantry. Non-perishable please!

Please note that if you sign up for an activity or event and are unable to show on that day, we request that you contact the Senior Center Office. We keep a waiting list of folks who would like to participate and if you do not cancel your reservation, another person is deprived of attending. We purchase food based on attendance and do not want to waste our dollars on excess.

Humana helps take
the mystery out of
Medicare Advantage

Humana. A more human way
to healthcare™



Call a licensed Humana sales agent

Holly Kramer

262-765-9072 (TTY: 711)

Monday – Friday, 8 a.m. – 5 p.m.

hkramer@humana.com

Y0040_GHHJ4H8EN_23_StripAd_C

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Ruth Schlitz

rschlitz@lpicommunities.com

(800) 950-9952 x2671



*Serving individuals, families, and businesses
throughout Southeastern Wisconsin*

Debbie Frydach (262) 437-0036

www.frydachinsurance.com

W175N11163 Stonewood Dr. Ste 229, Germantown, WI

**SUPPORT OUR
ADVERTISERS!**

Washington & Dodge Counties

Habitat for Humanity®

ReStore®

Shop. Donate. Volunteer.

GERMANTOWN

262-255-7470

gtrestore@hfhwashco.org

**W190N10768 Commerce Circle
Germantown, WI 53022**

Hours:

Monday-Friday: 9am-6pm

Donations from 9am-5pm

Saturday 9am-4pm

Donations from 9am-3pm

FREE HOME PICK-UP



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Germantown Senior Club, Germantown, WI

C 4C 01-1438

FEBRUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 1:00 Movie "Marry Me" Stuff Easter Eggs	2 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Striders Group 1:00 Dartball	3 10:00 Cricut Flower Class 1:00 Canasta 1:00 Hand & Foot 1:00 Farkle
6 1:00 Club Board Meeting 1:00 Corn Hole 1:00 Sheephead 1:00 Wii Bowling <u>NO Van Rides</u>	7 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheephead 2:30 Yoga	8 10:00 Stuff Easter Eggs 1:00 Club Meeting & Club Bingo (doors open at 12:45)	9 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Striders Group 1:00 Dartball 1:00 Cricut Valentine Class Escape room Trip	10 1:00 Hand & Foot 1:00 Team Trivia Prizes for winners
13 10:00 Chocolate Strawberry Dipping Class 1:00 Corn Hole 1:00 Open Sheephead 1:00 Wii Bowling <u>NO Van Rides</u>	14 10:00 Zumba 1:00 Tournament Sheephead 1:00 Polish Poker 2:30 Yoga	15 10:00 Stuff Easter Eggs 1:00 Jackpot Bingo	16 9:30 Chat N Crafts 10:00 Strength & Balance class 1:00 Striders Group 1:00 Dartball	17 1:00 Canasta 1:00 Hand & Foot 1:00 Farkle
20 1:00 Corn Hole 1:00 Open Sheephead 1:00 Wii Bowling 1:00 Writer's Group <u>NO Van Rides</u>	21 10:00 Zumba 1:00 Tournament Sheephead 1:00 Polish Poker 1:00 Writer's Group 2:30 Yoga	22 10:00 Stuff Easter Eggs 1:00 Stuff Easter Eggs	23 TNT here. 8:00 Ho Chunk Trip 10:00 Strength & Balance Class 1:00 Striders Group 1:00 Molina Bingo /prizes	24 1:00 Hand & Foot 1:00 Movie Trivia (prizes for winners)
27 1:00 Corn Hole 1:00 Open Sheephead 1:00 Wii Bowling <u>NO Van Rides</u>	28 10:00 Zumba 1:00 Tournament Sheephead 1:00 Polish Poker 2:30 Yoga			There are no membership fees to come to the Senior Center. You do you not have to belong to the Club to come to Senior Center activities

Senior Club News

Germantown Senior Club News

President- Kathy Gutsch

Vice President- Barbara Schultz

Secretary – Chris Smith

Treasurer: Della Rogers

Membership/Sunshine: Audrey Kanies

The next Club Meeting is February 8, 20at 1:00 pm. Please be sure to wear your nametag. 23 If you do not have a nametag, please stop by the front desk to get one. Each year you get a new dot on your tag for that year. The color this year is red. Make sure you pick one up after the meeting.

CLUB MEMBERSHIP : is \$20.00 per year. Membership provides that your newsletter is mailed to you; you get a reduced price on Club 5th Wednesday events, you can attend Club meetings once a month which includes Club Bingo and your birthday is listed in the Newsletter.

The 5th Wednesdays in 2023 are: March 29, May 31, August 30 (picnic), November 29 (Christmas Party) see page 6 for the March 5th Wednesday details.

Apology to Harry Reeder for missing his January Birthday: January 3

Happy Birthday February Members

3– Sue Hafert	14– Rita Falkenstein
4– Jean Brill	16– Loretta Cup
6– Earl Goetz	20– Cheryl Maderer
6– Doug Janzen	26– Ruth Zimmer
9– Norine Janzen	
11– Anne Adamec	
11– Harry Heagle	



GOLDEN YEARS GAZETTE

GERMANTOWN SENIOR CENTER

W162 N11960 Park Ave.
Germantown, WI 53022
262.253.7799

PRST STD
US POSTAGE
PAID
NEW BERLIN, WI
PERMIT NO. 188

Germantown Senior Citizens Club



FEBRUARY 2023