

GOLDEN YEARS



Welcome 2024!

**Resolutions to contemplate for the New Year
at the Senior Center.**

- ♦ At an event or activity sit next to someone you do not know...introduce yourself
- ♦ Take time to turn off the lights in a room if you are the last person to leave it...conserve energy!
- ♦ Please clean up after yourself! Remember to throw your garbage away.
- ♦ Compliment someone, encourage someone to try something different
- ♦ Share a smile
- ♦ Share an item each week with the food pantry
- ♦ Arrive on time for classes and events
- ♦ Say thank you more often
- ♦ Keep negativity at home, share positivity
- ♦ Enjoy and have fun in what you are doing.

We have new phones at the center, when we call you it will show as Village of Germantown on your phone

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Club INFORMATION

W162 N11960 Park Ave.
Germantown, WI 53022
262.253.7799

CENTER OFFICE HOURS:
8:00 A.M. TO 4:30 P.M.
MONDAY THROUGH FRIDAYS
JANUARY 2024
VOL.1 MMXXIV

INFORMATION

CENTER STAFF

Main Office: (262) 253-7799
Fax Number: (262) 250-1733
Park & Rec Director: Gilford Standridge
Senior Coordinator: Mary Fiegel
Office Manager: Susan Tatalovich
Office Aides: Jennifer Reinert, Sandra Gillespie,
Jackie Shebesta, Faye Price,

SENIOR CENTER ADVISORY COMMITTEE

Trustee: Jan Miller
Citizen Representative: Norine Janzen
Senior Representative: Jackie Shebesta
Senior Representative:: Faye Price

CENTER OPERATION & PROCEDURES

Wheels for Germantown

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Tuesday - Fridays from 9 a.m. to 2:30 p.m. On Mondays from 9-1. Call 262-253-7799 for more information and/or to make a reservation.

Germantown Senior Dining

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before. Diners must be 60 or older. A contribution of \$5.00 is suggested.

Meal Reservations : (414) 380-8666

Senior Dining Site Manager: Monica Cammack

Here is the link to the ADRC of Washington County. You will find the meal menus for each month on this website.



Aging & Disability Resource Center of Washington County (ADRC)
1.877.306-3030 or 262.335.4497

ADRC BENEFIT SPECIALIST –
Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone.
262.335.4497 or 1.877.306.3030

Washington County Shared Ride Taxi Service
262.338.2908

Washington Co. Interfaith Caregivers Van Service 262.365.0902

Germantown Senior Van Service
262.253.7799 Monday– 9-1 Tues- Friday 9-2:30 reservation 24 hours prior to service required. We cannot pick up persons in an Assisted Living Facility or Memory care.

How to access the Golden Years Newsletter on line:
go to the * Village of Germantown Website, * Park & Recreation Dept. *Senior Center, *Golden Years Newsletter or stop by the Senior Center to pick up a hard copy. They can also be found at Village Hall Rec. Dept and the Library

Just an FYI Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide someone to assist you if needed.

The Senior Center has a Van Service that will bring you to the center and back home again for a nominal fee. You need to make your reservations at least 24 hours in advance. Seniors who attend events at the Center should have prior arrangements for rides before attending events. No other Senior should feel obligated to take anyone home from the Center and if you do it is at your own risk when giving others rides.

“Toenail Trimmers”

is at the German town Senior Center on the fourth Thursday of each month. The charge is \$35.00 per person payable at the time of service. To make an appointment please call Toenail Trimmers at 262.719.0336.



The Senior Center no longer takes the appointments for their clients. We also cannot confirm your appointments as we do not get a schedule of the appointment.

YOGA

The cost:

Residents: \$35.00

non-residents: \$40.00

Yoga class dates: Jan 9, 16, 23, 30 Feb. 6, 13, 20, 27



Strength & Balance Class

Please wear comfortable clothing and if you own 2 lb. weights, please bring them along. .Strength & Balance



Classes Thursday Mornings(Two choices)

Class A 9 am-10 am Class B 10:15 am to 11:15 am(22 people per class) \$25.00 per person/ 8

weeks Min: 12 Max: 30 per class we are now offering the two time slots to accommodate more people. Both are the same class. Just offered twice. **10 am class is currently full, next sign up will be: February 15, 2024 for the next session. We have 3 spaces left in the 9 am class.**

ZUMBA– next session TBD

Max: 25 Min 10 \$25.00 resident
\$30 non resident

*****please note below!

Starting in January we will have new procedures for sign up for trips and classes.
There will also be a protocol procedure for trips, what is and is not allowed.

If a person does not live in your same household, they must sign up on their own for a trip or a class. No more paying for someone who does not live with you. No exceptions!

FYI– The Vans we use for transportation for our trips are not handicapped accessible. We cannot accommodate any walkers or wheelchairs when using these vans.



The Senior Van for transportation around Germantown is handicapped accessible. We do not provide rides for Assisted Living or Memory Care Residents . To use the van service, reservations must be made 24 hours in advance by calling the Center. This van is not utilized for trips, it is only utilized for booked Senior center Van Rides for appointments.

Line Dancing

10 am to 11:00. (limited to 30 people) If there are people who have never taken the line dancing classes in previous sessions you can take the “freshman” class from 11:00am to 12:00 pm. (limited to 20 people) **The cost of either session is: \$45.00 per person.** Classes will resume January 15, 22, 29 Feb.5, 12, 19, 26, March 4 Min: 10 Max: 20 If we do not have the minimum amount required, classes will be cancelled.



Food Pantry Collection at Senior Center /Jackpot Bingo

We have a collection bin year round at the Senior Center for Germantown’s food pantry. During January, February and March donations to the food pantry are very low. So, in order to help them out we will be collecting a canned good from everyone who attends Jackpot Bingo. This is in addition to your \$3.00 to play. If you can’t bring a canned good, then donate a dollar each of these months to the pantry. Collected when you enter the room.

Fireside

Fiddler on The Roof Friday, March 15

Fiddler is celebrating its 60th year! Enjoy this brand new revival of one of the most popular shows in history. The universal theme touches everyone, leaving audiences crying tears of both joy and sadness. Entrée choices: Beef Tenderloin, Chicken Cordon Bleu or almond cod Sign up opens January 8 and closes February 12. \$95.00 per person includes show, transportation and gratuities.

Min: 10 Max :13

Beautiful-The Carole King Musical Friday, May 3

Before she was hit-maker Carole King, she was Carole Klein..a spunky young songwriter from Brooklyn with a unique voice. From the Chart topping hits she wrote for the biggest acts in music to her own life-changing, trailblazing success with Tapestry. Beautiful: the musical takes you back to where it all began.

Entrée Choices: Rainbow Trout, Hanger Steak, Supreme Cut Chicken \$98.00 per person includes transportation, show, meal and gratuities.

Min: 10 Max: 13 sign up opens March 4 and closes April 1

Spotlight Productions Presents: "Four Old Broads and the Miss Magnolia Senior Citizen Beauty Pageant."

Thursday, February 29, 2024

Last year you met the Four Old Broads at their Senior Living Community. They were hysterical. Well, the comedy continues as they enter the MMSC Beauty Pageant. Don't miss out on seeing these four at it again. Cost: \$19.00 per person, includes show ticket and transportation.

The performance is at UWWC in West Bend
Max: 18 Min:12

Sign up opens: December 1, 2023 Depart from The Germantown Senior Center at 6:30 pm.
Return about 10:00 pm

2024 Premier World Discovery Trip To Cape Cod & The Islands June 8-June 14, 2024

5 nights in Cape Cod, 1 night in Boston 7 days-flight to Boston with home pick up. Get a brochure at the Senior Center. Flight to the east coast and then motorcoach tour. Pick up a brochure at the Senior Center.

2024 Premier World Discovery Trip to Albuquerque Balloon Fiesta October 4-Oct 9, 2024

Home pick up, flight to Arizona 6 days on motorcoach tour. Get a brochure at the Senior Center.

2024 Trip offered through Collette- "Ireland" October 31- November 9, 2024

Pick up a brochure at the Senior Center
Flight and motorcoach.

Trip offered through Collette: The "Pacific Northwest & California."

September 8-12, 2024 Get a brochure at the Senior Center. flight and motorcoach. Home pick up. Pick up a brochure t the Senior Center

2024 Mayflower Value Tour Myrtle Beach Melodies

March 2024 8 Days -12 Meals 7 breakfasts 1 lunch and 4 dinners. Free home or local pick up and return
Cost per person double room: \$2,199.00
single room add \$649.00

Pick up the complete brochure at Sr. Center motorcoach tour.

We currently have all the above trip brochures available in the brochure rack. Stop by and pick one up at the Senior Center.

HO-Chunk Wisconsin Dells

Thursday, February 22, 2024 min: 12 max: 20
Join us for a one day get away to HO Chunk. You will receive \$25 in credits on your players club card. NO card, no problem, you can get one when you get there. You must bring a valid ID with you and use your players card at all times while at the casino. Pick up is at the Germantown enter Mall parking lot at 8 am When you sign up you must have your players card number and the name and phone number of a contact person who is not on the trip with you, in case of an emergency. Transportation is via a motorcoach. Sign up opens on Jan 8th.

Germantown Senior Center Van Rides **Monday—Friday Van Service Information:**

(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)

- Van operates Monday 9-1 Tuesday through Friday 9 am-2:30 pm
- Must call 24 hours in advance to book a ride (weekdays only) , phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
- Must reside in the village for ride pick up
- When you make a reservation, please have the address of where you are going, where you are being picked up, time of pick up and your phone number.
- You are charged according to the mileage involved in the trip there and back
- We try to get as close to your desired time as possible, please be on time as we book many rides a day. We cannot do same day rides.
- Must be 55 years of age or older to use this service. We do not assist you with shopping.
- Driver's cannot enter passengers home, a rider must be able to get out to the van on their own or have a caregiver with them.
- We cannot transport people home from the hospital or ER after a procedure.
- We also cannot transport large items in the van such as furniture, televisions etc. (riders must be able to carry what they purchase)
- we cannot transport assisted living or memory care residents

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Germantown Senior Club, Germantown, WI

A 4C 01-1438

Amazing Race In Place

Thursday, January 18, 2024 1 pm– 2:30 pm
This race is done by yourself, not in teams. You will be staying in the Senior Center. You will get clues to find items, you will need a phone that takes pictures and a brain to try to outwit Susan. Free. Limited to 10 people. Sign up opens December 1, 2023

Easter Cricut Projects

There will not be a Bunny Trail this year so Susan is sharing her cricut projects with you. Cost is \$ 8.00. You will be given the materials to make the projects but you must put them together yourself March 28 from 1 pm—3 pm. Min: 5 max: 10

Easter Treats to Make and Eat

Join Jenny as she teaches you how to make chocolate treats and eats for Easter. The items that you are making are a surprise! No asking, but you will be delighted with your results! March 22, 2024 9:30– 11:30 am \$10.00 per person and you will take home everything that you make.

Tricks/Shortcuts/Hacks

The Class will teach you ways to cook differently. You won't believe what you can do in a short time frame and with little ingredients. You will be making the items as a group and have a sampling of everything you have made. Complete with recipes. March 14 1 pm to 3 pm \$8.00 per person.

Craft Circle Thursdays: 9:30 a.m. -11:30 a.m.

Drop in between those times and bring your craft project to work on while you socialize with other crafters. No need to sign up to attend.



Winter Weather Advisory

When the Germantown Schools are closed due to weather, so is the Senior Center. That also means that there are no van rides on those days. Watch the news for when the Washington County meal programs are closed due to weather, or call Monica's phone for an updated closing message.

Contest Day Wednesday, January 31

Join us for an hour of old fashioned fun with contests for you to participate in. Anyone can physically and mentally participate in every game. Get ready for some rip roaring laughs and so much fun! Please sign up by January 24 so we know how many to prepare for! Goodies to win! **Don't miss out on this one of a kind day!**



Intermediate

Acrylic Painting Class

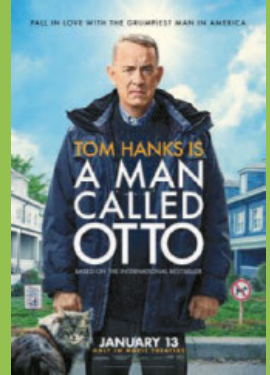
Designed to improve skill technique in composition and color use. This class is for those who have taken the beginner class or have experience in painting. This class is taught by licensed art instructor, Cindi Fusak. Jan. 16, 23, 30 Feb 6, 13, 20, 27, March 5 9:30– to 11:30 am Tuesdays. Sign up opens December 4 and Closes December 28. Cost: \$45.00 per person

Continue your Creative Art Journey

In this class you will be selecting your own subject matter to paint. Small, large or medium, you decide. This will be exciting to see what each person picks to paint. Explore your inner talent in this class. April 2, 9, 16, 23, 30 May 7, 14, 21

Movie
January 3, 2024
1:00 pm
"A Man Called Otto" PG-13 2 H 6 M

Starring : Tom Hanks



Otto Anderson is a grump who no longer sees purpose in his life following the loss of his wife. Otto is ready to end it all, but his plans are interrupted when a lively young family moves in next door, and he meets his match in quick-witted Marisol. She challenges him to see life differently, leading to an unlikely friendship that turns his world around. A heartwarming and funny story about love, loss, and life, A Man Called Otto shows that family can sometimes be found in the most unexpected places.—

Bring your own beverage, we will provide the snack..

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This project was supported, in part by grant number 90MPPG0102-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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Advertise in our Newsletter!

CONTACT ME
Ruth Schlitz

rschlitz@lpicommunities.com

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Germantown Senior Club, Germantown, WI B 4C 01-1438



GERMANTOWN SENIOR CITIZEN'S CLUB, INC.

MEMBERSHIP APPLICATION 2024

Membership Fees \$20.00 per person Jan 1 – Dec 31, 2024

LAST NAME: _____ DATE: _____

FIRST NAME: _____ **(One form per person)**

BIRTHDATE: _____ (month/day/year) previous member _____ new member _____

E-MAIL ADDRESS: _____

MAILING ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ PHONE: _____ Cell _____

IN CASE OF EMERGENCY CONTACT: Name: _____

Phone #: _____ Relationship to member: _____

Make checks payable to:
"Germantown Senior Club"

**Mail to: Germantown Senior Center
W162 N11960 Park Avenue
Germantown, WI 53022**

WELCOME! There are many **opportunities within the Club** in which you can become involved. If **volunteering** is an area that interests you, please look over the list of services below and check those in which you would like to help. If you already volunteer, we thank you for your time, service and talents. Your help is appreciated

Club Meetings _____ set up _____ clean up _____ bingo caller _____ wash tables

Club 5th Wednesday events _____ serve on the committee _____ set up _____ clean up

_____ planning/serving _____ decorating (Christmas and Picnic)

*****To volunteer for the Senior Center or the Wash. Co Meal site please contact the managers of those programs**

(OFFICE USE ONLY)

NEW: _____ RENEWAL: _____

AMOUNT PAID: _____ DATE: _____ RECEIVED BY: _____

Check # _____



Erin Go Brough
Thursday, March 21, 2024
1:00 pm.

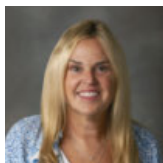


\$10.00 per person to reserve your spot. Refundable when you show up at the door. Please pay by check.

Join us for a fun afternoon with Ian Gould originally from Belfast Ireland.
Music, humor, laughter, food and time to enjoy the Craic!

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Saturday 9am-4pm

Donations from 9am-3pm

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Germantown Senior Club, Germantown, WI

C 4C 01-1438

JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <u>Senior Center Closed</u> <u>Happy New Year !</u>	2 <u>Senior Center Closed</u>	3 1:00 Movie "A Man Called Otto"	4 9:00 Strength & Bal 9:30 Fireside Trip 9:30 Crafters Circle 10:15 Strength & Balance 1:00 Dartball	5 1:00 Hand & Foot 1:00 Canasta
8 10:00 Line Dancing 11:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii bowling 1:00 Senior Club Board Meeting	9 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	10 1:00 Club Meeting & Bingo Must wear your name tag and get a new dot for 2024.	11 9:00 Strength & Bal 9:30 Fireside Trip 9:30 Crafters Circle 10:15 Strength & Balance 1:00 Dartball	12 1:00 Hand & Foot
15 10:00 Line Dancing 11:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling	16 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	17 1:00 Jackpot Bingo \$3.00 per person and a canned good for the food pantry	18 9:00 Strength & Bal 9:30 Fireside Trip 9:30 Crafters Circle 10:15 Strength & Balance No Dartball 1:00 Amazing Race In Place	19 1:00 Hand & Foot 1:00 Canasta
22 10:00 Line Dancing 11:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead	23 10:00 Zumba 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	24	25 9:00 Strength & Bal 9:30 Fireside Trip 9:30 Crafters Circle 10:15 Strength & Balance 1:00 Dartball	26 1:00 Hand & Foot
29 10:00 Line Dancing 11:00 Line Daning 1:00 Corn Hole 1:00 Open Sheepshead	30 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 yoga	31 1:00 Contest Day check the newsletter for details page 6		

Senior Club News

Germantown Senior Club News

President: Kathy Gutsch
Vice President: Barbara Schultz
Secretary : Jackie Shebesta
Treasurer: Lorann French
Membership/Sunshine:

The next Club Meeting is January 1:00 pm. Please be sure to wear your nametag. If you do not have a nametag, please stop by the front desk to get one. Each year you get a new dot on your tag for that year.

CLUB MEMBERSHIP : is \$20.00 per year. Membership provides that your newsletter is mailed to you; you get a reduced price on Club 5th Wednesday events, you can attend Club meetings once a month which includes Club Bingo and your birthday is listed in the Newsletter. Membership form is on page 8.

The Club Picnic in 2024 will be held on July 31 and the Christmas Party will be held on December 11. *All other 5th Wednesday events are discontinued .*

January Birthdays

1– Angela Anderson
3– Harry Reeder
10– Sue Kloehn
12– Laura Lee
13– Mary Ann Callen
16– Rose Witz
17– Gail Neville
20– Lorann French
21– Kendra Heagle
27– Mary Ann Oswald
28– Patricia Puhl
30– Helga Thom



If your birthday is in February and you have not renewed your membership by January 10th your name will not appear on the birthday list in the February newsletter.

GOLDEN YEARS GAZETTE

GERMANTOWN SENIOR CENTER

W162 N11960 Park Ave.
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262.253.7799

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Happy
New Year!

January 2024

