

GOLDEN YEARS



I get asked why do you mention Valentines Day in our newsletter that is for young people. Consider this, do you have a son or a daughter, a grandchild or great grandchild? A niece, a nephew, a good friend or anyone in your life that you appreciate? If so then consider them your Valentine, they bring special meaning to your life. Valentine's day is not just for the young or all about romance. It is about sharing your appreciation for those special in your life. Happy Valentine's Day.

You are my best friend; you belong in my heart.
We go through ups and downs, but still nothing can tear us apart.
I know you as a sister, and I will always care.
Love, respect, and trust are the things we share.

I know you as a person; I especially know you as a friend.
Our friendship is something that will never end.
Right now, this second, this minute, this day,
Our sisterhood is here, is here to stay.

My friendship with you is special and true.
When we are together, we stick like glue.
When I'm in the darkness that needs some light,
When you're by my side, I know things are all right.

Our friendship is so strong; it breaks down bars.
Our friendship is also bright, like the sun and the stars.
If we were in a competition for friendships, we would get a gold,
Because responsibility and cleverness are the keys we hold.

I met you as a stranger, took you as a friend.
I hope our long friendship will never end.
Our friendship is like a magnet; it pulls us together,
Because no matter where we are, our friendship will last forever!

Mizscorpio. "Best Friend." Family Friend Poems, May 22, 2015. <https://www.familyfriendpoems.com/poem/best-friend-4>

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Club INFORMATION

W162 N11960 Park Ave.
Germantown, WI 53022
262.253.7799

CENTER OFFICE HOURS:
8:00 A.M. TO 4:30 P.M.
MONDAY THROUGH FRIDAYS
FEBRUARY 2024
VOL.2 MMXXIV

INFORMATION

CENTER STAFF

Main Office: (262) 253-7799
Fax Number: (262) 250-1733
Park & Rec Director: Gilford Standridge
Senior Coordinator: Mary Fiegel
Office Manager: Susan Tatalovich
Office Aides: Jennifer Reinert, Sandra Gillespie,
Jackie Shebesta, Faye Price,

SENIOR CENTER ADVISORY COMMITTEE

Trustee: Jan Miller
Citizen Representative: Norine Janzen
Senior Representative: Jackie Shebesta
Senior Representative:: Faye Price

CENTER OPERATION & PROCEDURES

Wheels for Germantown

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Tuesday - Fridays from 9 a.m. to 2:30 p.m. On Mondays from 9-1. Call 262253-7799 for more information and/or to make a reservation.

Germantown Senior Dining

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before. Diners must be 60 or older. A contribution of \$5.00 is suggested.

Meal Reservations : (414) 380-8666

Senior Dining Site Manager: Monica Cammack

Here is the link to the ADRC of Washington County. You will find the meal menus for each month on this website.

www.washcowisco.gov/adrc.org



Aging & Disability Resource Center of Washington County (ADRC)
1.877.306-3030 or 262.335.4497

ADRC BENEFIT SPECIALIST –
Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone.
262.335.4497 or 1.877.306.3030

Washington County Shared Ride Taxi Service
262.338.2908

Washington Co. Interfaith Caregivers Van Service 262.365.0902

Germantown Senior Van Service
262.253.7799 Monday– 9-1 Tues- Friday 9-2:30 reservation 24 hours prior to service required. We cannot pick up persons in an Assisted Living Facility or Memory care.

How to access the Golden Years Newsletter on line:
go to the * Village of Germantown Website, * Park & Recreation Dept. *Senior Center, *Golden Years Newsletter or stop by the Senior Center to pick up a hard copy. They can also be found at Village Hall Rec. Dept and the Library

Just an FYI Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide someone to assist you if needed.

The Senior Center has a Van Service that will bring you to the center and back home again for a nominal fee. You need to make your reservations at least 24 hours in advance. Seniors who attend events at the Center should have prior arrangements for rides before attending events. No other Senior should feel obligated to take anyone home from the Center and if you do it is at your own risk when giving others rides.

“Toenail Trimmers”

is at the German town Senior Center on the fourth Thursday of each month. The charge is \$35.00 per person payable at the time of service. To make an appointment please call Toenail Trimmers at 262.719.0336.

The Senior Center no longer takes the appointments for their clients. We also cannot confirm your appointments as we do not get a schedule of the appointment.



YOGA

The cost:
Residents: \$35.00
non-residents: \$40.00
Yoga class dates: Jan 9, 16, 23, 30 Feb. 6, 13, 20, 27
The next session begins March 5



Strength & Balance Class

Please wear comfortable clothing and if you own 2 lb. weights, please bring them along. .Strength & Balance Classes Thursday Mornings(Two choices)
Class A 9 am-10 am Class B 10:15 am to 11:15 am(22 people per class) \$25.00 per person/ for 8 weeks Min: 12 Max: 30 per class we are now offering the two time slots to accommodate more people. Both are the same class. Just offered twice. next sign up will be: February 15, 2024 for the next session., which starts March 7–ends April 25



ZUMBA– next session TBD

Max: 25 Min 10
\$20.00 resident & non-resident
Fridays March 15– April 29
1:45 pm– 2:30 pm
Carmen Bond –Instructor
Sign up is open now.



FYI– The Vans we use for transportation for our trips are not handicapped accessible.

We cannot accommodate any walkers or wheelchairs when using these vans.



The Senior Van for transportation around Germantown is handicapped accessible. We do not provide rides for Assisted Living or Memory Care Residents . To use the van service, reservations must be made 24 hours in advance by calling the Center. This van is not utilized for trips, it is only utilized for booked Senior center Van Rides for appointments.

Line Dancing

10 am to 11:00. (limited to 30 people) **The cost of either session is: \$45.00** per person. Classes will resume January 15, 22, 29 Feb.5, 12, 19, 26, March 4
Min: 10 Max: 20 If we do not have the minimum amount required, classes will be cancelled. \$45.00 per person



Food Pantry Collection at Senior Center /Jackpot Bingo

We have a collection bin year round at the Senior Center for Germantown’s food pantry. During January, February and March donations to the food pantry are very low. So, in order to help them out we will be collecting a canned good from everyone who attends Jackpot Bingo. This is in addition to your \$3.00 to play. If you can’t bring a canned good, then donate a dollar each of these months to the pantry. Collected when you enter the room. Thank you for sharing.

The Park & Recreation Brochure is no longer printed, available on line. We will have a printed copy at the Senior Center. Next brochure: Spring available March 22

Fireside

Fiddler on The Roof Friday, March 15

Fiddler is celebrating its 60th year! Enjoy this brand new revival of one of the most popular shows in history. The universal theme touches everyone, leaving audiences crying tears of both joy and sadness. Entrée choices: Beef Tenderloin, Chicken Cordon Bleu or almond cod Sign up opens January 8 and closes February 12. \$95.00 per person includes show, transportation and gratuities. Min: 10 Max :13

Beautiful-The Carole King Musical Friday, May 3

Before she was hit-maker Carole King, she was Carole Klein..a spunky young songwriter from Brooklyn with a unique voice. From the Chart topping hits she wrote for the biggest acts in music to her own life-changing, trailblazing success with Tapestry. Beautiful: the musical takes you back to where it all began. Entrée Choices: Rainbow Trout, Hanger Steak, Supreme Cut Chicken \$98.00 per person includes transportation, show, meal and gratuities. Min: 10 Max: 13 sign up opens March 4 and closes April 1

Spotlight Productions Presents: "Four Old Breads and the Miss Magnolia Senior Citizen Beauty Pageant."

Thursday, February 29, 2024

Last year you met the Four Old Breads at their Senior Living Community. They were hysterical. Well, the comedy continues as they enter the MMSC Beauty Pageant. Don't miss out on seeing these four at it again. Cost: \$19.00 per person, includes show ticket and transportation.

The performance is at UWWC in West Bend
Max: 18 Min:12

Sign up opens: December 1, 2023 Depart from The Germantown Senior Center at 6:30 pm. Return about 10:00 pm

2024 Premier World Discovery Trip To Cape Cod & The Islands June 8-June 14, 2024

5 nights in Cape Cod, 1 night in Boston 7 days-flight to Boston with home pick up. Get a brochure at the Senior Center. Flight to the east coast and then motorcoach tour. Pick up a brochure at the Senior Center.

2024 Premier World Discovery Trip to Albuquerque Balloon Fiesta October 4-Oct 9, 2024

Home pick up, flight to Arizona 6 days on motorcoach tour. Get a brochure at the Senior Center.

2024 Trip offered through Collette- "Ireland" October 31- November 9, 2024

Pick up a brochure at the Senior Center
Flight and motorcoach.

Trip offered through Collette: The "Pacific Northwest & California."

September 8-12, 2024 Get a brochure at the Senior Center. flight and motorcoach. Home pick up. Pick up a brochure t the Senior Center

2024 Mayflower Value Tour Myrtle Beach Melodies

March 2024 8 Days -12 Meals 7 breakfasts 1 lunch and 4 dinners. Free home or local pick up and return
Cost per person double room: \$2,199.00
single room add \$649.00
Pick up the complete brochure at Senior Center

We currently have all the above trip brochures available in the brochure rack. Stop by and pick one up at the Senior Center.

HO-Chunk Wisconsin Dells

Thursday, February 22, 2024 min: 12 max: 20
Join us for a one day get away to HO Chunk. You will receive \$25 in credits on your players club card. NO card, no problem, you can get one when you get there. You must bring a valid ID with you and use your players card at all times while at the casino. Pick up is at the Germantown enter Mall parking lot at 8 am When you sign up you must have your players card number and the name and phone number of a contact person who is not on the trip with you, in case of an emergency. Transportation is via a motorcoach. Sign up opens on Jan 8th.

Germantown Senior Center Van Rides Monday—Friday Van Service Information:

(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)

- Van operates Monday 9-1 Tuesday through Friday 9 am-2:30 pm
- Must call 24 hours in advance to book a ride (weekdays only) , phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
- Must reside in the village for ride pick up
- When you make a reservation, please have the address of where you are going, where you are being picked up, time of pick up and your phone number.
- You are charged according to the mileage involved in the trip there and back
- We try to get as close to your desired time as possible, please be on time as we book many rides a day. We cannot do same day rides.
- Must be 55 years of age or older to use this service. We do not assist you with shopping.
- Driver's cannot enter passengers home, a rider must be able to get out to the van on their own or have a caregiver with them.
- We cannot transport people home from the hospital or ER after a procedure.
- We also cannot transport large items in the van such as furniture, televisions etc. (riders must be able to carry what they purchase)
- we cannot transport assisted living or memory care residents
- We cannot transport persons who are inebriated.

If the Center is Closed due to weather or a holiday, there is no van service.

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Germantown Senior Club, Germantown, WI

A 4C 01-1438

**AARP TAX ASSISTANCE HELP IS
NOT OFFERED AT THE
GERMANTOWN SENIOR
CENTER.**

Easter Cricut Projects

There will not be a Bunny Trail this year so Susan is sharing her cricut projects with you. Cost is \$ 8.00. You will be given the materials to make the projects but you must put them together yourself March 28 from 1 pm—3 pm. Min: 5 max: 10

Easter Treats to Make and Eat

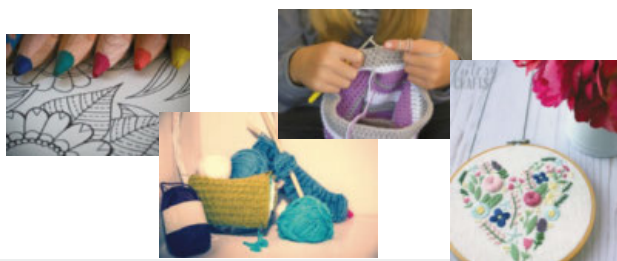
Join Jenny as she teaches you how to make chocolate treats and eats for Easter. The items that you are making are a surprise! No asking, but you will be delighted with your results! March 22, 2024 9:30– 11:30 am \$10.00 per person and you will take home everything that you make.

Tricks/Shortcuts/Hacks

The Class will teach you ways to cook differently. You won't believe what you can do in a short time frame and with little ingredients. You will be making the items as a group and have a sampling of everything you have made. Complete with recipes. March 14 1 pm to 3 pm \$8.00 per person. You will receive a list of what to bring after you sign up.

**Craft Circle Thursdays:
9:30 a.m. -11:30 a.m.**

Drop in between those times and bring your craft project to work on while you socialize with other crafters. No need to sign up to attend.



Continue your Creative Art Journey

In this class you will be selecting your own subject matter to paint. Small, large or medium, you decide. This will be exciting to see what each person picks to paint. Explore your inner talent in this class. April 2,9,16,23,30 May 7, 14, 21 Sign up opens March 4 and closes on March 25 \$45.00 per person



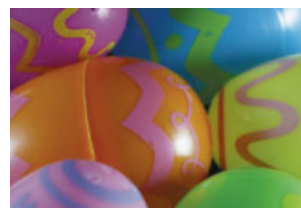
Mahjongg - is anybody interested in playing, we have an instructor available. If interested please call the center and get your name on a list to learn and play.



Easter Egg Filling Dates:

We help out the Easter Bunny by putting candy into plastic eggs. Your help is needed. If you would like to help, please call and sign up for the best time that works for you. 262.253.7799

February 7, 14, 21, 28 at 10 am
March 6,13, at 10 am



Are there activities or trips that you would like offered at the Center, please give your suggestions to Mary.



Movie
February 7 2024
1:00 pm
"Barbie"

Starring Ryan Gosling and Margot Robbie
1 H 54 M PG-13

Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans...

Bring your own beverage we furnish the snack. Please call the center to reserve your spot.



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This project was supported, in part by grant number 90MPPG0102-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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CONTACT ME
Ruth Schlitz

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Germantown Senior Club, Germantown, WI B 4C 01-1438

THRIVE
LOCALLY

New Exercise Room Waiver needed-we are updating our records. Everyone who uses the exercise room needs to stop at the office to fill out a waiver to use the room. Everyone needs an updated sheet for 2024. No exceptions!

LOST AND FOUND



Lost and Found– we have many items in our lost and found at this time. Items are located near the front desk by the coat rack. If you have recently lost something , please look there. You might find what you lost. Items that are currently there will be removed at the end of March.

Beverage Machine Just an FYI

We have had a few issues with the beverage machine.

At the current time it is back up and running. When you are at the Center and have a problem with the machine please ask Mary to assist you.



Sign in Sheets-

Just a reminder that there are sign in sheets located at the front desk for all activities. When you come into the Center you should sign in for the activity that you are going to participate in. We have to account for every person who participates in activities.

Winter Weather Advisory

When the Germantown Schools are closed due to weather, so is the Senior Center. That also means that there are no van rides on those days. Watch the news for when the Washington County meal programs are closed due to weather, or call Monica's phone (NOT the Senior Center) for an updated closing message from Washington County.





Erin Go Brough
Thursday, March 21, 2024
1:00 pm.

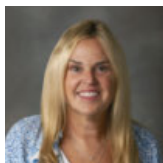


\$10.00 per person to reserve your spot. Refundable when you show up at the door. Please pay by check.

Join us for a fun afternoon with Ian Gould originally from Belfast Ireland.
Music, humor, laughter, food and time to enjoy the Craic!

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Germantown Senior Club, Germantown, WI

C 4C 01-1438

FEBRUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 9:00 Strength & Bal 9:30 Crafters Circle 10:15 Strength & Balance 1:00 Dartball	2 1:00 Hand & Foot 1:00 Canasta
5 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii bowling	6 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	7 1:00 Movie "Barbie"	8 9:00 Strength & Bal 9:30 Crafters Circle 10:15 Strength & Balance 1:00 Dartball	9 1:00 Hand & Foot
12 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead 1:00 Wii Bowling 1:00 Senior Club Board Meeting	13 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	14 1:00 Club Meeting & Bingo Must wear your name tag and get a new dot for 2024.	15 9:00 Strength & Bal 9:30 Crafters Circle 10:15 Strength & Balance No Dartball	16 1:00 Hand & Foot 1:00 Canasta
19 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead	20 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 Yoga	21 1:00 Jackpot Bingo \$3.00 per person and a canned good for the food pantry	22 8:00 HO Chunk Trip 9:00 Strength & Bal 9:30 Crafters Circle 10:15 Strength & Balance 1:00 Dartball	23 1:00 Hand & Foot
26 10:00 Line Dancing 1:00 Corn Hole 1:00 Open Sheepshead	27 1:00 Polish Poker 1:00 Tournament Sheepshead 2:30 yoga	28	29 9:00 Strength & Balance 9:30 Crafters Circle 10:15 Strength & Balance 1:00 Dartball	

Senior Club News

Germantown Senior Club News

President:	Kathy Gutsch
Vice President:	Barbara Schultz
Secretary :	Jackie Shebesta
Treasurer:	Lorann French
Membership/Sunshine:	Deb Turtenwald

The next Club Meeting is February 14, 2024 1:00 pm. Please be sure to wear your nametag. If you do not have a nametag, please stop by the front desk to get one. Each year you get a new dot on your tag for that year.

CLUB MEMBERSHIP : is \$20.00 per year. Membership provides that your newsletter is mailed to you; you get a reduced price on Club 5th Wednesday events, you can attend Club meetings once a month which includes Club Bingo and your birthday is listed in the Newsletter. Membership form is on page 8.

The Club Picnic in 2024 will be held on July 31 and the Christmas Party will be held on December 11. *All other 5th Wednesday events are discontinued.*

February Birthdays

2024 Members

3– Sue Hafert

4– Jean Brill

6 -Earl Goetz

6– Doug Janzen

9– Norrine Janzen

11– Anne Adamec

14– Rita Falkenstein

16– Loretta Cup



If you have not yet signed up to be a 2024 Club Member please ask for a form at the receptionist's desk.

GOLDEN YEARS GAZETTE

GERMANTOWN SENIOR CENTER

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