

OCTOBER 2021

LIVING WELL IN WABASH COUNTY CoA, Inc.

(260) 563-4475



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From My Perspective

By Beverly Ferry, CEO
Living Well in Wabash County



Sometimes you just need a vacation, a break, a change of scenery, something that your mind can switch to. We all vacation differently, but the key elements remain the same. We need a break from the usual with time to recharge. We need to rest.

Sometimes it means reconnecting with family and friends or just taking a break, but either way it is a change. For the most part, people love just getting away, but sometimes sightseeing or traveling to and from the destination can be exhausting. When we get home, we need a vacation to recover from the vacation.

When our eldest son was about to turn two, I took time away to visit my college roommate in El Paso. That was the trip we went into Mexico on a Sunday with her father driving. The streets were empty and there were military on the bridges and the streets which made the nightly news. I thought it was crazy to be there. Later I found out her father drove in case we were stopped by the authorities in Mexico. It would be safer for him to go to jail than us, plus he notified his attorney before going. Nobody needed a leather bag that badly. On that trip, I was happy to go and even happier to return home.

With three boys in sports, we had a narrow window based upon work schedules and sports to get away. We had one Christmas break when no one had a winter sport and it fit work schedules. Jackpot! I looked forward to that week for years. It became our Christmas cruise, my favorite vacation ever. Everyone got what they wanted for Christmas dinner. Two had traditional turkey with the sides, one had duck, and one had kosher. I do not recall what I had. I was surprised to realize how much stress I put on myself about the food surrounding Christmas. I remember the wonderful feeling of everyone being satisfied and I was able to sit and relax at the table with them. Aside from my capsizing from a kayak into a white capped ocean, it remains my favorite trip.

Flying did not appeal to us as parents of young ones. Normally we drove to our destination. We flew with the entire family only once. On that trip flying was the adventure rather than the destination, but it can be a nightmare.

Air travel can be a challenge with flight cancellations. On one such trip we could feel the calm of the trip drain from us as our flight kept being delayed and we kept moving gate to gate.

On another trip, Nick and I ended up in Chicago with torrential rains. We considered renting a car to make the three-hour drive home, but conditions were not any better on the ground than the air. We decided to stay put. A sports bar was an easy, yet wet, walk from the hotel. We found ourselves amongst avid Chicago Cubs fans during game 7 of the World Series, their first World Series in 107 years. Though soaked through to the bone, it was a memorable, unexpected bonus to the trip.

I am reminded of the old Calgon commercial featuring a woman relaxing in a bathtub of water with the voice-over, "Calgon, take me away." I had my own version of that when the boys were young. As a stay-at-home mom for more than a decade I took a couple of vacations in my mind. Hear me out before you conclude I am crazy. I think in this case, it was pure genius.

Basic elements of vacation for me meant no laundry, housekeeping, or yardwork, escape from commitments outside the home, meals were restaurants, fast food, or just keeping mealtime and snacks basic and easy. It is time for a good book, time to play more with the kids and take them to the zoo or the children's museum without watching the clock or chores and ignore everything else for a week. It was inexpensive, a change in my routine and I was able to recharge. Like any good vacation away, the laundry and yard work would wait until the vacation was over.

My sons say that every vacation was built around a battlefield. There is some truth to that. They are a blur of forts, museums, and battlefields. To entice my husband to take a vacation where the rest of us wanted to go, we knew if we included a battlefield he would agree. Everyone got something. On a trip out west in search of more battle fields, it felt like we were on the road for ever. Somewhere in our house there is a video of our youngest son, recording the trip. What I remember most was his opening, "Family vacation day 585." I had only been 2 days.

No matter what time of year, they each brought their pillow and favorite blanket, even as teenagers. As they got older, they added books to read, and they would sleep. Our van was like a family room complete with a tv. Our favorite road trip movies were the "Burbs" starring Tom Hanks and "What

About Bob,” starring Bill Murray and Richard Dreyfus. When we did not have the video we recited the movie from heart, with everyone contributing. Those are my favorite times. I hope the person who figured out how to put a tv in cars got rich because they deserved it.

As the mother I considered camping to be more relocation than vacation. We graduated to staying at hotels after the camp stove caught fire while I was cooking supper. After that, trips provided more of what I wanted in a vacation, an actual bed, a pool, a good book, and something like arcade games to keep the guys happily occupied.

Through the years we took the boys to the amusement parks in the Midwest. The boys and I enjoyed those trips. My husband did not. Onto one such trip we added the Renaissance Fair north of Chicago, just inside Wisconsin. That was a true break from our normal every day by capturing our imaginations. There was something for everyone. We still talk about the man in stocks as he shouted out insults to individuals in the crowd. They made their money by selling tomatoes to people who would then throw them at the guy. The madder

people got, the more, especially men, spent on tomatoes. We thought that could have been a summer job our eldest would enjoy.

Sometimes the best laid plans do not work out. After saying no for years, we accepted an invitation to spend a week at a beach on the east coast with my eldest brother’s adult children and their children. The closer to the date, the more certain it became that we needed to stay home. Instead, I flew out on my own to see them later in the summer. They asked if I wanted to do anything, to go anywhere. No, I just wanted to hang out and reconnect with my great nieces and nephew. It contained my favorites, swimming pool, relaxing, and enjoying family. I reconnected with the kids and recharged with beautiful scenery. I started and even finished a book. Mission Accomplished.

Be it home or away, may you find ways to take a break from your routine and then return to it recharged and rested, mind, body, and spirit.

Beverly Ferry

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Living Well in Wabash County, Wabash, IN A 4C 01-1456

SUPPORT YOUR IMMUNE SYSTEM WITH GRAPES

Boosting immune function

through a healthy diet has become An important new focus for many people.

One key dietary recommendation is to eat more fruits and vegetables each day to improve immune function and prevent heart disease and diabetes. When looking to guide your family to healthier snacks and meals or simply trying to mix up your at-home menu, success can be as simple as rethinking the ingredients you choose to use, including your favorite produce.

Fresh grapes, for example, make for an Ideal snack because they are tasty, healthy, hydrating, and refreshing, but grapes can also be used to make good-for-you dishes that are also satisfying and delicious. Grapes of all colors, red, green, and black, are a natural source of beneficial antioxidants and other polyphenols.

Plus, they are naturally fat-free, cholesterol-free, and contain virtually no sodium.

Healthy Eating is Easy with Grapes

Grapes are prized for their taste and crisp, juicy texture, but fresh grapes are also a heart-healthy, hydrating snack choice. Grapes contain more than 1,600 natural plant compounds, including antioxidants and other polyphenols, which help protect the health and function of the body's cells.

Grapes can be paired with other healthy foods to enhance flavor and nutrition, including dark leafy greens, cauliflower, broccoli, whole grains, legumes, and lean proteins.



Cauliflower Steaks with Grapes

Servings: 4

1 large head cauliflower, remove leaves
3 TB extra-virgin olive oil, divided
2 t finely chopped rosemary
1/2 t coarse salt
1/2 t freshly ground black pepper, divided
1 cup halved grapes
1/4 cup chopped Castelvetrano olives
2 TB chopped Italian parsley
2 TB chopped, toasted pistachios

Heat oven to 450 F.

Cut stem off cauliflower and cut remaining head crosswise into four 1-inch-thick slices, keeping as intact as possible. Place on sheet pan and brush sides with 1 1/2 tablespoons olive oil. Sprinkle with rosemary, salt, and 1/4 teaspoon pepper.

Roast until browned and tender, about 25 minutes. Combine remaining olive oil, remaining pepper, grapes, olives, parsley, and pistachios. When cauliflower is roasted, transfer to serving plates and top with grape mixture.

Nutritional information per serving: 210 calories; 5 g protein; 20 g carbohydrates; 14 g fat (60% calories from fat); 2 g

saturated fat (9% calories from saturated fat); 0 mg cholesterol; 480 mg sodium; 5 g fiber. (Courtesy of Family Features & California Table Grape Commission) ©LPi



Living Well in Wabash County

Community Cupboard

239 Bond Street, Wabash
Income Based

For Low Income Wabash
County Households of
All Ages by Appointment

Call (260) 563-4475

Living Well Community Cupboard provides an abundance of fresh fruit and vegetables to help low income households get the fresh produce they need to meet their nutritional need.



Thank you to our supporters.

In the 1950's and 1960's fruit became table art at mealtime. An all time favorite is an upside down canned half pear made to look like a mouse with



Chinese egg noodles for whiskers and maraschino cherries cut up into small pieces for mouth/eyes. These dolphins with grapes are clever! Try them with grandchildren to put the fun into snack time.

HOW DO YOU LIKE TO EAT GRAPES?

- As a snack
- Individually frozen!
- Cut into halves in chicken salad
- Cut into Halves and added to a green salad in place of dressing
- Frozen and added to a glass of sparkling wine
- In a snack bag on the go

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LIVING WELL WINCHESTER SENIOR CENTER

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**OCTOBER
BIRTHDAY
PARTY***

Thurs., Oct. 14, at 1:00

Living Well Winchester
Senior Center
239 Bond Street, Wabash



Musical
Entertainment
**TWO GUYS &
A DOLL**

Ellen Mock, Bob Brown, and
Bob Urbani

Birthday Cake and
Ice Cream will be served.

RSVP: (260) 563-4475



**FRIDAY
BINGO
9:45 AM**

Living Well
Winchester
Senior Center

239 Bond Street, Wabash

Oct. 1 Dime Bingo 10 cents
1 dime per card to play

Oct. 8 Fall Bingo*

Oct. 15 No Bingo

Oct. 22 Halloween Bingo*

Oct. 22 Grocery Bingo \$1



Denotes Free

Living Well Winchester
Senior Center
239 Bond Street, Wabash

**DON'T CALL IT
FITNESS.
CALL IT
FUN.**



**LINE
DANCING***
Wednesdays
8:30 am

**LOW IMPACT*
FITNESS**

Mon. & Thurs.
9:45

Wednesday 3:00



Living Well Winchester
Senior Center
239 Bond Street, Wabash



Thursday, October 21 1:00 *

Free, Refreshments and
Prizes Provided by



At Living Well Winchester Senior Center 239 Bond Street, Wabash

Fall Time Folk Lore *

**Presented by TJ Honeycutt of
Wabash County Museum**

Thursday, October 28 at 1:00 pm

Refreshments will be served.

**Living Well Winchester Senior Center
239 Bond Street, Wabash**

RSVP: (260) 563-4475

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STAYING SAFE

Hand sanitizer and masks are available at
At All Living Well Programs & Services
Masks are required in the
Community Cupboard and on
Wabash County Public Transportation

Encouraged but Not Required at
Living Well Winchester Senior Center and
Living Well Downtown.



In 2018, the Wabash Community Band
became a part of the programming of
Living Well Winchester Center

Wabash Community Band Halloween Concert And Annual Costume Contest for All Ages

Sunday, October 24, at 2 pm
Winchester Senior Center
239 Bond Street, Wabash

Free and Open to All Ages



TUESDAYS IN OCTOBER AT 9:45 AM

Living Well Winchester Senior Center
239 Bond Street, Wabash

Tuesday, Oct. 5, 9:45
Fall Mason Jar Craft*

Tuesday, Oct. 19
Paint a Pumpkin



**Breast Cancer
Awareness Month
Coping with
Cancer***

Tues, Oct. 12, 9:45

Presented by Becky Kreps
Cancer Services of Northeast Indiana
***Denotes Free**





Wabash Community Band

Halloween Concert And Annual Costume Contest

for All Ages

Sunday,

Oct. 24, at 2

Winchester Senior Center
239 Bond Street, Wabash

Free and Open to All Ages

In 2018, the Wabash Community Band became a part of the programming of Living Well Winchester Senior Center.



Living Well Winchester

MONDAY	TUESDAY
<p>4 Winchester Senior Center</p> <p>9:45 Low Impact Fitness*</p> <p>11:00 Lunch by Reservation</p> <p>12:00 Euchre</p> <p>7:00 Community Band Practice</p>	<p>5 Winchester Senior Center</p> <p>9:45 Fall Mason Jar Craft</p> <p>Want to stay for lunch? Call 2 business days prior by</p> <p>11:00 Lunch by Reservation</p> <p>5:30 pm YOGA \$10</p> <p>Living Well Downtown</p> <p>1-4:00 "Do Drop In"*</p>
<p>11 Winchester Senior Center</p> <p>9:45 Low Impact Fitness*</p> <p>11:00 Lunch by Reservation</p> <p>12:00 Euchre \$1</p> <p>7:00 Community Band Practice</p>	<p>12 Winchester Senior Center</p> <p>9:45 Coping with Breast Cancer Services of Northeast</p> <p>Want to stay for lunch? Call 2 business days prior by</p> <p>11:00 Lunch by Reservation</p> <p>5:30 YOGA \$10</p> <p>Living Well Downtown</p> <p>1-4:00 "Do Drop In"*</p> <p>2-3:30 BYOC Bring Your Own</p>
<p>18 Winchester Senior Center</p> <p>9:45 Low Impact Fitness*</p> <p>11:00 Lunch by Reservation</p> <p>12:00 Euchre \$1</p> <p>7:00 Community Band Practice</p>	<p>19 Winchester Senior Center</p> <p>9:45 Paint a Pumpkin</p> <p>Want to stay for lunch? Call 2 business days prior by</p> <p>11:00 Lunch by Reservation</p> <p>5:30 YOGA \$10</p> <p>Living Well Downtown</p> <p>1-4:00 "Do Drop In"*</p> <p>1:30 pm Bingo* </p>
<p>25 Winchester Senior Center</p> <p>9:45 Low Impact Fitness*</p> <p>11:00 Lunch by Reservation</p> <p>12:00 Euchre \$1</p> <p>7:00 Community Band Practice</p>	<p>26 Winchester Senior Center</p> <p>9:30—10:30 Technology Assistance*</p> <p>11:00 Lunch by Reservation</p> <p>5:30 pm YOGA \$10</p> <p>Living Well Downtown</p> <p>1-4:00 "Do Drop In"*</p> <p>1-2:00 Technology Assistance</p> <p>2-3:30 BYOC Bring Your Own</p>

*Denotes Free

*Denotes Free

Winchester Senior Center and Living Well Downtown

	WEDNESDAY	THURSDAY	FRIDAY
			1 Winchester Senior Center 9:45 Dime Bingo 1 dime/card Want to stay for lunch? Call 2 business days prior by 12 pm 11:00 Lunch by reservation 12:00 Euchre \$1
Center * t* 12 pm on	6 Winchester Senior Center 8:30 Line Dancing* 11:00 Lunch by Reservation 12:00 Euchre \$1 3:00 Low Impact Fitness*	7 Winchester Senior Center 9:45 Low Impact Fitness * 11:00 Lunch by Reservation No Afternoon Event	8 Winchester Senior Center 9:45 Fall Bingo  * Want to stay for lunch? Call 2 business days prior by 12 pm 11:00 Lunch by reservation 12:00 Euchre \$1
ncer * st Indiana h? by 12 pm	13 Winchester Senior Center 8:30 Line Dancing* 11:00 Lunch by Reservation 12:00 Euchre \$1 3:00 Low Impact Fitness*	14 Winchester Senior Center 9:45 Low Impact Fitness * 11:00 Lunch by Reservation 1:00 Birthday Party *  Featuring Musical Performance by Two Guys and a Doll RSVP (260) 563-4475	15 Winchester Senior Center 9:45 No Bingo 11:00 Lunch by reservation 12:00 Euchre \$1 SENIOR BOX DISTRIBUTION *
Craft*	20 Winchester Senior Center 8:30 Line Dancing* 11:00 Lunch by Reservation 12:00 Euchre \$1 3:00 Low Impact Fitness*	21 Winchester Senior Center 9:45 Low Impact Fitness—Free 11:00 Lunch by Reservation 1:00  	22 Winchester Senior Center 9:45 Halloween  * Want to stay for lunch? Call 2 business days prior by 12 pm 11:00 Lunch by reservation 12:00 Euchre \$1
Center kin h? by 12pm on	27 Winchester Senior Center 8:30 Line Dancing* 11:00 Lunch by Reservation 12:00 Euchre \$1 3:00 Low Impact Fitness*	28 Winchester Senior Center 9:45 Low Impact Fitness—Free* 11:00 Lunch by Reservation 1:00 Halloween party *	29 Winchester Senior Center 9:45 Grocery Bingo \$1/person 11:00 Lunch by reservation 12:00 Euchre \$1
nce* wn Craft*	*Denotes Free	*Denotes Free	*Denotes Free

TECHNOLOGY TO SUPPORT A LOVED ONE IN NEED

Life sometimes presents big challenges. These are the times when we need the support of friends and family more than ever. In some cases, it is a happy occasion, other times aren't as joyful. If a friend or family member needs assistance, technology has made it easier than ever to let people know how they can help.

Getting volunteers organized can be time-consuming. Figuring out who is available to provide what type of support, and when, might be frustrating, especially if the family in need will require long-term assistance. A few apps and platforms you can explore to make things easier on everyone include:

Lotsa Helping Hands: This user-friendly platform can be set up and updated from your laptop or by downloading an app. You can create a calendar and invite people to sign up for different tasks. Ideas for what to ask for help with include transportation, meals, errands, and sitting with the care recipient while the caregiver takes a break. Both the website and the app are free to use.

Meal Train: Another organization that makes it easier for people to lend a hand to a friend, family member, or colleague, this one has both a free and a paid version. The free version allows people to sign up to deliver a meal, as well as to donate gift cards to meal delivery services. The paid version requires only a one-time \$10 fee. It has additional options that allow you to schedule volunteers for tasks such as



running errands, helping with housework, providing childcare, and offering transportation.

Lasagna Love: Described as a movement of neighbors helping neighbors, the platform helps connect volunteers with people who need a meal when they are struggling financially, physically, or emotionally. People who join this grassroots effort deliver lasagna or other main entrees to those in need.

CaringBridge: Another program along these same lines is one developed to support someone coping with a serious or life-limiting medical condition. It allows loved ones to share updates on the person's health and physician appointments, send uplifting messages, and sign up to bring meals and assist with caregiving.

While each of the platforms and apps listed above is designed to make it easier to support a person in need, another idea is to utilize Google Drive. This free cloud-based storage solution is easy to access from a phone, tablet, or computer. Many people are already familiar with it through work or school. You can share access with loved ones so they can view and edit documents and files stored there. August 9, 2021 • LPi ®

Shopping Bags...

Bring shopping bags to make it easier and cheaper for you.

Drivers can provide assistance to your door.

Riders must restrict bags or items, usually shopping, to what they or the driver can carry in one trip (up to 50 pounds total). Packages cannot be larger than the immediate area around your seat, as not to inconvenience other passengers.

The exception to this is with food pantries which limit people to once a month. We will transport what you are given by pantries.

The first four bags or single items are free.
There is a surcharge of
\$3 per bag over 4.

Transit Talk

Plan Ahead...

When scheduling rides, calling days, weeks, or even a month prior to the appointment is helpful. If you know it a month in advance you can call us, but if your plans you must call to change or cancel the ride. That frees up the spot for another rider who needs it. Calling the same day, the last minute, limits our ability to provide rides or adjust the schedule.

Flexibility...

Please tell the dispatcher if you can be flexible as to the time or even the day of the trip.



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NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



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AREA FIVE OCTOBER LUNCH MENU

Sign up by noon 2 business days in advance

			
<p>4 Meatballs in Gravy Red Skinned Potatoes Broccoli Cherry Cobbler Rolls 2% Milk</p>	<p>5 Br Chicken Patty Scalloped Potatoes Seasoned Green Beans Oatmeal Creme Pie Bun 2% Milk</p>	<p>6 Philly Steak Casserole Corn Pears Ice Cream Cup 2% Milk</p>	<p>1 Chicken Salad Baked Chips Fresh Broccoli/Cauliflower Frozen Fruit Cup Croissant 2% Milk</p>
<p>11 Chili Corn Blueberries Brownies Crackers 2% Milk</p>	<p>12 Chicken Enchiladas Black Beans Peaches Chocolate Cake 2% Milk</p>	<p>13 Breaded Tenderloin Seasoned Green Beans Fruit Cocktail Bun 2% Milk</p>	<p>7 Beef Sloppy Jo Baby Bakers Snap Peas Sugar Cookie Bun 2% Milk</p>
<p>18 Chicken Fajitas Pinto Beans Toss Salad Juice Box Tortilla 2% Milk</p>	<p>19 Chicken Burger Red Skinned Potatoes Cauliflower Dump Cake Bun 2% Milk</p>	<p>20 Ham Potato Soup California Bl Veg Marshmallow Pie Slider Bun 2% Milk</p>	<p>14 Chicken & Noodles Mashed Potatoes Key Largo Vegetables Strawberry Fruit Bar Rolls 2% Milk</p>
<p>25 Meatloaf Potatoes O' Brien Diced Carrots Cookie Rolls 2% Milk</p>	<p>26 Lasagna Roll Up Brussel Sprouts Spiced Applesauce Texas Toast 2% Milk</p>	<p>27 Pork Ribette Peas Oranges Gingerbread Cookie Bun 2% Milk</p>	<p>21 Biscuits & Gravy Scrambled Eggs Seasoned Potato Cubes Spiced Apples 2% Milk</p>
	<p>28 Orange Chicken White Rice Stir Fry Vegetables Pineapple 2% Milk</p>	<p>29 Fish Patty Augratin Potatoes Green Beans Nutty Bar Bun 2% Milk</p>	



WE WANT TO HEAR FROM YOU. LET US KNOW WHAT LIVING WELL MEANS TO YOU.

Living Well in Wabash County removes barriers, empowering people of all ages, incomes and abilities to remain connected and engaged.

Independence, living life on your own terms, is possible when you remain connected to the community.

Very few of us can predict what we would encounter if our life suddenly changed or how we will change as we age. Living Well in Wabash County CoA, Inc. stands in that gap with Winchester Senior Center, Wabash County Public Transportation and the

Community Cupboard, making Wabash County livable for a lifetime.

Independence rather than isolation.

New and old friends alike make life enjoyable. Senior Center participants cite fellowship with peers as the number one reason they attend.

Giving back to the community by Community Cupboard volunteers of all ages Wabash County residents of all ages in their battle with hunger insecurity.

Walking into Winchester Senior Center is like “coming home” to that safe and secure place with people who care.

Energy is essential to life. Living Well’s services empower people to keep mind and body active, to discover and maintain health and vitality, to give back to the community, to stay physically and mentally active, to get involved and make new friends.

Lifelong learning happens at Living Well Downtown and every day at Winchester Senior Center.

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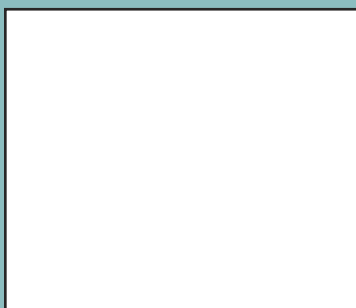
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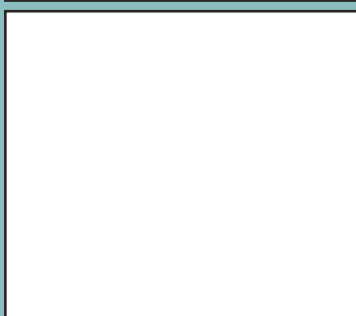
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OCTOBER—THIS DAY IN HISTORY

October 1, 1880: Thomas Edison began the commercial production of electric lamps at Edison Lamp Works in Menlo Park, NJ.

October 2, 1967: The first African-American member of the U.S. Supreme Court, Thurgood Marshall, was sworn in.

October 3, 2003: Ray Horn, of the duo “Siegfried & Roy,” was attacked by Montecore, a tiger in his first show. Roy survived the attack.

October 4, 1895: The first U.S. Open golf tournament took place in Newport, RI. Nineteen-year-old Horace Rawlins won.

October 5, 1974: American David Kunst completed the first journey around the world on foot, crossing four continents and walking 14,450 miles. It took four years and 21 pairs of shoes.

October 6, 1961: President Kennedy advised American families to build or buy bomb shelters to protect them in the event of a nuclear exchange with the Soviet Union.

October 9, 1936: The first generator at Boulder Dam (later known as Hoover Dam) began transmitting electricity to Los Angeles, CA.

October 10, 1977: Joe Namath played the last game of his National Football League career.

October 11, 1984: American Kathryn D. Sullivan became the first female astronaut to walk in space. She was aboard the space shuttle Challenger.

October 12, 1960: Soviet Premier Nikita Khrushchev pounded a shoe on his desk during a dispute at a U.N. General Assembly.

October 14, 1947: Chuck Yeager became the first person to break the sound barrier when he flew the Bell X-1 rocket plane Rogers Dry Lake in Southern California.

October 16, 1987: After being trapped 58 hours, rescuers freed Jessica McClure from an abandoned well into which she had fallen in Midland, TX.

October 17, 1989: An earthquake measuring 7.1

on the Richter scale hit the San Francisco Bay area, causing about 67 deaths, 3,000 injuries, and damages up to \$7 billion.

October 18, 1767: The boundary between Maryland and Pennsylvania officially became known as the Mason-Dixon Line.

October 19, 1959: At the age of 12, Patty Duke made her Broadway debut in “The Miracle Worker.”

October 21, 1945: Women in France were allowed to vote for the first time.

October 23, 1956: Twelve-year-old Steveland Morris Judkins, later known as Little Stevie Wonder, recorded his first single called “Thank You for Loving Me All the Way.”

October 25, 1955: The Tappan Company introduced the first microwave for home use.

October 26, 1970: “Doonesbury,” the comic strip by Gary Trudeau, premiered in 28 newspapers across the U.S. In 1975, it became the first comic strip to win a Pulitzer Prize.

October 27, 1947: “You Bet Your Life,” starring Groucho Marx, premiered on ABC radio. It was later shown on NBC television.

October 28, 1965: The Gateway Arch along the waterfront in St. Louis, MO was completed.

October 29, 1945: The first commercial ballpoint pens went on sale at Gimbels Department Store in New York at the price of \$12.50 each.

October 30, 1974: “The Rumble in the Jungle” boxing match took place between Muhammad Ali and George Foreman. Ali won by knockout in the 8th round.

October 31, 1926: Magician Harry Houdini died of gangrene and peritonitis resulting from a ruptured appendix after being unexpectedly punched in the stomach.

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Transit Talk

Food and Beverages...

Passengers are not allowed to eat or drink on the bus. Beverages with **screw top lids such as bottles of water are allowed.**

Fountain beverages and fast food cups of coffee are not allowed.

To keep the buses and vans clean, riders are prohibited from drinking or eating while riding.

Service animals are allowed without charge.

Please tell our dispatcher at the time of scheduling the ride.

WABASH COUNTY PUBLIC TRANSPORTATION (260) 563-7536



Taking Your Pet...

If you need to transport your pet by using WCT you will need to tell the dispatcher when you schedule the ride.

- You and your pet will both be charged to ride.
- Seniors still ride by donation, but pets will be charged the regular public transit rate.
- Pets must be secured in a cage/carrier. You or a companion must be able to carry your pet. Drivers will not carry them for you.

Please tell our dispatcher at the time of scheduling the ride.

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WABASH COUNTY
Transportation

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Cupboard

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Community Cupboard
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Wabash County Public Transit
239 Bond Street, Wabash

260.563.7536

Living Well Downtown
35 East Market Street, Wabash

260.563.4475



Living Well in Wabash County CoA@assistingwabashcounty

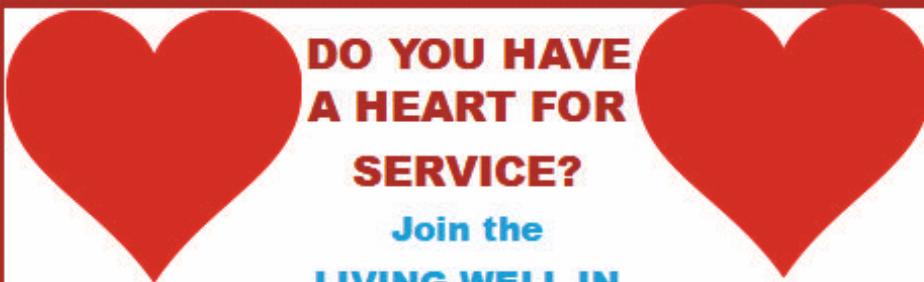


Wabash County Transit



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