



## Contact us

1905 Wohlert Street  
Angola, IN 46703  
P: 260-665-8191

STAR Transportation P: 260-665-9856  
[www.steubenco.org](http://www.steubenco.org)

**Like us on Facebook!**  
[@startransportationsteuben](https://www.facebook.com/startransportationsteuben)  
[@steubenco](https://www.facebook.com/steubenco)

## Hours

Monday-Friday  
8:00 am-4:00 pm

## Our mission

The Steuben County Council on Aging's mission is to keep seniors active, involved and independent! To provide access to the entire community through Public Transportation.

Heritage Club Members,

I hope you all had a wonderful holiday. All of us here miss you terribly. This building is just lonely and feels sad without you all in here with us. We know that covid is not going to go away; but myself and the board are trying to make the best choices we can for the safety of all members and staff.

We hope to be able to welcome you all back into the building soon. We will probably have stricter rules when reopening to help us prevent another shut down. We just want to see you all in here each day and keep everyone safe at the same time.

Please remember, even if closed, we are here to assist you in any way we possibly can. Please reach out if there is anything at all you may need.

Sending much love and prayers to you.

Jami Woodyard  
Executive Director

# MONTHLY CALENDAR

MON 3	TUES 4	WED 5	THURS 6	FRI 7
	9:30am Tai Chi 10am Grief Counseling 10:15am Tai Chi 12pm Bid Euchre 1pm Cardio Drumming 1pm Mah-Jongg Nail Trim/Call for App	9am Bible Study 10:15am Exercise Class 12pm Bid Euchre 12:30pm Canasta 1pm Walk Fit/Strong	9:00am Yoga 9am Party Bridge 9am Pinochle	9am Shanghai Rummy 10:15am Exercise Class 12:30pm Hand & Foot 1pm Walk Fit/Strong
10	11	12	13	14
10:15am Exercise Class 12:30pm Bingo 1pm Walk Fit/Strong  <b>11am to 1pm—            Featured Food of the            Month: Popcorn:            Courtesy of Fitt4life</b>	9:30am Tai Chi 12pm Bid Euchre 1pm Cardio Drumming 1pm Mah-Jongg	10:15am Exercise Class 11:30am Senior Advisory Mtg 12pm Bid Euchre 12:30pm Canasta 1pm Walk Fit/Strong	9:00am Yoga 9am Party Bridge 9am Pinochle	<b>8:30am 2nd Friday            Breakfast/Courtesy of            Northern Lakes Nursing            Home-Speaker: Greg            Giant</b> 9am Shanghai Rummy 10:15am Exercise Class 12:30pm Hand & Foot 1pm Walk Fit/Strong
17	18	19	20	21
10:15am Exercise Class 12:30pm Bingo 1pm Walk Fit/Strong	9:30am Tai Chi <b>9:45am DOVE/Therapy            Dog</b> 10am Grief Counseling 12pm Bid Euchre 1pm Cardio Drumming 1pm Mah-Jongg Nail Trim/Call for Appt	9:00am Bible Study <b>9:45am DOVE/Therapy            Dog</b> 10:15am Exercise Class 10:30am Book Club 12pm Bid Euchre 12:30pm Canasta 1pm Walk Fit/Strong Nail Trim/Call for Appt	9:00am Yoga 9am Party Bridge 9am Pinochle  <b>2pm Brokaw/Senior            Movie</b>	9am Shanghai Rummy 10:15am Exercise Class 12:30pm Hand & Foot 1pm Walk Fit/Strong
24	25	26	27	28
10:15am Exercise Class 12:30pm Bingo 1pm Walk Fit/Strong	9:30am Tai Chi 12pm Bid Euchre 1pm Cardio Drumming 1pm Mah-Jongg	10:15am Exercise Class 12pm Bid Euchre 12:30pm Canasta 1pm Walk Fit/Strong	9:00am Yoga 9am Party Bridge 9am Pinochle	9am Shanghai Rummy 10:15am Exercise Class 12:30pm Hand & Foot 1pm Walk Fit/Strong
31				
10:15am Exercise Class 12:30pm Bingo 1pm Walk Fit/Strong				

# SAVE THE DATE

**January's Featured Food of the Month:**

## POPCORN

Sponsored by: **Fitt 4 Life**



**Join us January 10th from 11:00am-1:00pm**  
Popcorn bar, Carmel corn, Drinks and More!

**2nd Friday Breakfast**

**Friday, January 14th, 2022**

**8:30 a.m.**

**Grand Dining Room**

**Guest Speakers: Greg Giant**

**Topic: Path to Wellness**



**TRI-STATE RETIREMENT SOLUTIONS**  
MEDICARE • LONG TERM CARE • FINAL EXPENSE • ANNUITIES

*American*  
**SENIOR BENEFITS**  
Putting people back into the people business  
Tri-State Retirement Solutions powered by American Senior Benefits

- Access to over 150 carriers for products and solutions
- Customized solutions - not a one-size fits all approach
- Face to face, in-home consultations
- No high pressure tactics
- Focus is on the best interest of our clients - We don't push just one or two products or companies
- Servicing all of Northeast Indiana

**Medicare, Long Term Care, Final Expense/Life Insurance, Annuities**

**408 S. Main St., Auburn, In 46706**  
**O: 260-333-5040      C: 260-715-2241**  
**jwatson@americanseniorbenefits.com**

LOCALLY OWNED & OPERATED SINCE 1945



**Jacob Insurance Service LLC**  
1220 S. Wayne Street, Angola, IN 46703  
(260)665-3194 | www.jacobins.biz

**Auto-Owners INSURANCE**  
LIFE • HOME • CAR • BUSINESS

**TERRACERIDGE**  
APARTMENTS

Angola's *ONLY Independent Senior Apartments for those 55 and Better!*

Utilities Included • Laundry • Hair Salon  
On Site Management & Maintenance

Call today for a tour!  
**(260) 665-9700** 

300 N. Terrace Blvd., Angola, IN

**AVAILABLE FOR A LIMITED TIME!**

**ADVERTISE HERE NOW!**

Contact **Brett Reineck** to place an ad today!  
**breineck@lpicommunities.com** or  
**(800) 950-9952 x2511**

**ADT-Monitored Home Security**

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide




**ADT Authorized Provider**    **SafeStreets**    **1-855-225-4251**



**Support our ADVERTISERS**

NEW HAPPENINGS

Introducing Party Bridge

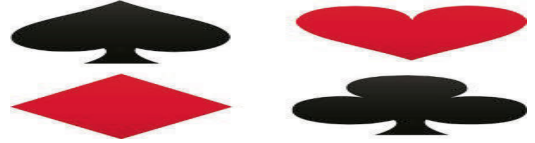


Every Thursday Morning

9:00 AM—12:00 PM

Located in the Game Room

PINOCHLE



Thursdays/All Day (9:00am to 4:00pm) Come Play a Couple of hands—Located in the Game Room

New Card Game Offered



Shanghai Rummy

Friday's from 9:00 AM—12:00 PM

Located in the Serenity Center



Tai Chi

Now Offering **TWO Classes** every Tuesday - 1st Class at 9:30 am, 2nd Class at 10:15 am—located In the Grand Dining Room



Please welcome to the COA new yoga instructor:

**Traci Rocho**

From **Be Balanced Yoga & Wellness**

Join Traci every Thursday for yoga from 9AM to 10AM Starting January 6th 2022 in the Grand Dining room.



**GRIEF SUPPORT GROUP**

Join Jonathon Jeran, RN from Heartland Home Health and Hospice every other Tuesday in the Serenity Room. Please check Newsletter Calendar for listed dates. 10:00 AM—11:00 AM

**GRIEF IS JUST LOVE WITH NO PLACE TO GO.**





# BIRTHDAYS THIS MONTH

Frank D Randol	1-Jan	Judith A Buchan	9-Jan	Rhonda A Clayton	19-Jan
Nancy G Reynolds	1-Jan	David J MacFadyen	9-Jan	Janet M Warstler	21-Jan
Jackie O Weber	1-Jan	Ronald H Snyder	10-Jan	Hariet Means	24-Jan
Maurice J Steiner	2-Jan	Barbara A Hoolihan	10-Jan	Susan J Mauk	24-Jan
David C Harpham	3-Jan	Michael H Claphan	12-Jan	Beverly Smyth	25-Jan
Ruth A Whitmer	3-Jan	Patricia L Johnson	12-Jan	Norma L Alderman	26-Jan
Denise L Burkhalter	3-Jan	Dulcine Petty	13-Jan	Donald D Didrick	26-Jan
Janet L Tinney	4-Jan	Janet S Richter	13-Jan	Kay S Walker	26-Jan
Walter E Merrick	5-Jan	MaryAtha Compton	14-Jan	Mary K Weeks	27-Jan
Susan C Skurski	5-Jan	Larry A Beaty	14-Jan	Juan J Reyes	28-Jan
Donald L Damrau	6-Jan	Margaret A Lopshire	15-Jan	Donald G Mason	28-Jan
Jeanette A Champion	7-Jan	Kathy L Moor	15-Jan	Roger L Hague	29-Jan
Vicki D Benninghoff	7-Jan	Robert G Grygienc	17-Jan	Monica L Lohmeyer	29-Jan
Kathy L Madigan	7-Jan	Beth A Koeneman	17-Jan	Karen S Shokcome	30-Jan
Mary L Brooke	7-Jan	James W W Wyatt	17-Jan	Diane L Beaty	30-Jan
Brenda Hasselschwert	8-Jan	Beverly A Knox	18-Jan	Ruth A Whitmer	31-Jan
Priscilla W DeMarco	8-Jan	Peggy Kehoe	19-Jan	Roland L Fahlsing	31-Jan
Patty Vail	9-Jan				



Integrity  
Trust  
Commitment

Farmers State Bank  
888.492.7111 GoFSB.com

**WEICHT  
FUNERAL HOME**

207 N. West Street, Angola, IN 46703

260-665-3111

[www.weichtfh.com](http://www.weichtfh.com)

SIX GENERATIONS OF  
*Compassionate Care*

**Local help with your  
Medicare questions.**



**Peggy L Mang**  
Licensed Sales Agent  
260-224-0870, TTY 711



Y0066\_SPRJ55188\_C

**AVAILABLE FOR  
A LIMITED TIME!**

**ADVERTISE HERE NOW!**

Contact **Brett Reineck** to place  
an ad today!  
[breineck@lpicommunities.com](mailto:breineck@lpicommunities.com)  
or **(800) 950-9952 x2511**





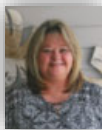
Public Transportation for the Entire Community!

To Schedule a ride call 260-665-9856. TTY: 800-743-3333 email: star@steubenco.org www.steubenco.org

STAR TRANSPORTATION

STAFF

TRANSPORTATION DIRECTOR: ONDA DALTON



TRANSPORTATION SCHEDULER: KELLY MCKEE



DRIVERS:

LARRY HOLMES GARY CRUM
PHIL KISKADEN RICK STANDER
ED RALSTON KERRY BAKER
LOIS BOYSTER PAUL ALLISON
GLEN ROGERS



Star Transportation is hiring for part time drivers.

- Monday thru Friday Hours
Flexible hours (we work with the hours you need/want)
Working with the public
Fun environment
Rewarding and satisfying job
All Training paid for
All ages 21+ welcome to apply

Transportation for Anyone any Age!



NEW TO STAR TRANSPORTATION?

ASK HOW TO GET YOUR FIRST RIDE

FREE!

CALL 260-665-9856

Offer Expires Dec. 31, 2021

For more information on STAR visit: www.steubenco.org

Transportation information for the Month of the November

Transportation Miles Driven....7,732
Total Transportation Clients Served.....106
Total Trips Made....1,063
New Transportation Clients....12

DID YOU KNOW?

STAR Public Transportation is available to everyone in Steuben County, any age.

Ridership assistance available. Call 260-665-9856 to find out more information.

Have Medicaid/Medicare? Refer to the back of your insurance card to schedule a ride. Trips for these services are done through a third party broker.



*Merry Christmas*



**NORTHERN LAKES**  
NURSING & REHABILITATION CENTER

**516 N. Williams St., Angola, IN 46703**

**Phone: 260-316-9467**

**[www.northernlakesnursing.org](http://www.northernlakesnursing.org)**

**SERVICES:**

- Post-Hospital Care
- Skilled Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Respiratory Therapy
- Memory Care
- Secure Alzheimers Unit
- 2-Tier Rehab Program
- Pain & Wound Management
- Cardiac & Stroke Recovery
- Parkinson's Therapy
- Respite Care
- Long-term Care
- Adult Day Care
- NEW Post-Discharge Home Visit Wellness Program (4-weeks)
- Hospice Services



**Trusted Skilled Nursing Care & Physical Therapy in Angola, IN**

We are extremely proud of our dedicated service to you for more than 18-years of trusted patient care, and our community leadership roles by NLNR staff that have enhanced the lives and well being of local seniors.

*“We look forward to serving you or your loved one.”*





## 5 cold-weather hacks for winter driving

As drivers bundle up to take on Old Man Winter this season, having a few tricks up your sleeve can be a big help in keeping your cool on the road. Here are five hacks for battling the elements and staying safe on the roads.

### Got stuck? Snow problem!

Hazardous winter weather requires that drivers take additional precautions. According to the latest Hankook Tire Gauge Index, 72% of drivers indicated they would not want to drive in icy conditions. Further, 84% of Americans recognize the dangers of black ice, the most dangerous weather condition for driving.

If you find yourself stuck in the snow and ice, apply a bag of cat litter or sand under your wheels to provide much-needed traction to get out of a snowy situation. As an added bonus, the additional weight over the rear axle (especially for trucks and rear-wheel-drive cars) will further add traction. Floor mats can also come in handy. Place them under your tires in the direction you're looking to travel. The mats create a mini runway of traction for your vehicle.

### Here comes the sun

When the snow starts to pile on the driveway, nearly a quarter of Americans (24%) rely on someone else to dig their vehicles out of the snow, according to the Gauge Index. In fact, 18% simply wait for the snow to melt! To help with the backbreaking chore, park your vehicle overnight facing east. The rising sun can help melt the snow before you even get out of bed.

### Raid the pantry

By using some items commonly found in your pantry, you can make your morning routines that much easier. For example, fit resealable freezer bags over your side-view mirrors to help prevent ice from forming. Other household items like cooking spray can also help melt ice. Spray it on your mirrors, let it sit for a few minutes, then wipe off the ice. You also can apply the spray to the rubber seals of your door on particularly cold nights. This will help keep your door from freezing shut or damaging the rubber seals if you force open the door.

### Right tools for the job

When the going gets rough, it's important to make sure your car is well equipped for the conditions you're driving in. As temperatures drop, so can your tire pressure, decreasing about one PSI for every 10-degree drop in temperature. If your car was built after 2000, you likely have a Tire Pressure Monitor System that will alert you when pressure drops below the manufacturer's recommended levels for your vehicle. It's also important to be able to identify the TPMS symbol, as the Hankook Gauge Index found that 1 in 3 (35%) Americans do not know what the warning symbol means.

With 13% of drivers unsure of what category tire is on their car, understanding the difference in how a snow tire performs in relation to its summer and all-season relatives can go a long way in



# New Year's celebrations all over the world

Read the text and answer the questions.



In the USA, people countdown from 10 to 0. After that, they kiss the person who is next to them. The most famous place to

do this is Times Square, in Manhattan, New York.



Italians eat lentils at their dinner. They also have to throw away old things. This tradition means good luck for the New Year.



In Spain, people have a big family dinner. At midnight they eat 12 grapes. They also wear something red to welcome the New Year.



Chinese celebrate their New Year's Eve in February. They make rituals against bad spirits using fireworks and noise.



In Brazil, people go to the beach. They sing and dance and they throw flowers into the water to honor Iemanjá, an African goddess. One of the most famous places to do this is in Copacabana beach. There is also a big

firework.



In England, people eat a typical dessert - the 'Christmas pudding'. Each family has their personal recipe of this.



In the Philippines, people open all doors and windows in the house in order to allow negative energy to leave and good energy to enter.

How do you celebrate the New Year?

## In which country does this happen.

- They throw flowers into the water.....
- They open doors and windows.....
- The New Year is in February.....
- They like eating a big dinner.....
- They eat grapes.....
- They fight the bad spirits.....
- They honor an African goddess.....
- They eat a special dessert.....
- They kiss the person next to them.....
- They go to Copacabana to watch the firework.....
- They wear something red.....

## Answer Yes or No.

- Americans throw flowers into the water ( )
- The most famous place in Brazil to celebrate the New Year is Time Square ( )
- In Italy, people eat lentils. ( )
- Chinese go to the beach. ( )
- In Brazil, people dance and sing. ( )
- People wear something red in the USA. ( )
- Iemanjá is a goddess from the Philippines. ( )
- People open the door to let good energy in. ( )

Name: \_\_\_\_\_

Date: \_\_\_\_\_



# WINTER WORDS

## Word Search Puzzle



r h p x b k g m s n o w f l a k e s f f s d  
 v h f b w y r e i j u m t o n c w t z d h d  
 s k a t i n g k l t d c f e t h z e t s d c  
 z i i v k l a g f a t r v b f i f l b f r b  
 e h j c s j s l i p p e r y b l l k z k w o  
 t r a s o w a n s a a a n x s l u c e d i o  
 c v t w h v t v g d y i t s i y r g l n n t  
 r y h x x k f e b r u a r y m q r w r r t s  
 n t o b o g g a n o f s o u c c i t b s e s  
 z a l f n h r m m f h e r w s d e c a h r h  
 m p i f g l o v e s m j w p s n s o q o v o  
 i j d w w i w v f r e e z i n g k l l t s v  
 e l a d d r g k j a n u a r y a v d y c b e  
 x m y h b s r d w f t o h u f r o s t h e l  
 r u s x c d e c e m b e r s b t h s n o w a  
 c e s l e d d i n g c a h w a p p w f c n v  
 s c a r f r s n o w m a n a i a v x c o o u  
 r z r a m j x v k b j y k y t r j m e l o i  
 o a r i l y f i r e p l a c e k f x i a a c  
 y u r p n l q d s l u s h p m a a l f t z e  
 e i c i c l e t v f b t m w e h z v n e z f  
 i d h i b l i z z a r d w t z b a w x m k e



Find these words.

fireplace  
 snowflake  
 blizzard  
 icicle  
 boots  
 parka  
 sledding  
 gloves

hat  
 ice  
 cold  
 slippery  
 chilly  
 snowman  
 December  
 toboggan

hot chocolate  
 slush  
 January  
 freezing  
 skating  
 scarf  
 holidays  
 frost

mittens  
 shovel  
 snow  
 flurries  
 February  
 winter



(The words may be hidden vertically, horizontally or diagonally.)



Please welcome to the COA new yoga instructor:

**Traci Rocho**

From Be Balanced Yoga & Wellness

Join Traci every Thursday for yoga from 9AM to 10AM Starting January 6th 2022 in the Grand Dining room.



## Calling all Artists

The COA would love to put your art or crafts on display for all to see.

Please bring any art pieces to the Heritage club and we will hang your art and after its been displayed we will return it to you for pick up.



# NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at [www.mycommunityonline.com](http://www.mycommunityonline.com)



# SPECIAL EVENTS

# THANKSGIVING 2021



FOR ADVICE, EXPERIENCE AND TRUST... SINCE 1966



**Mark Hansbarger**  
(260) 316-3192  
mark@hansbarger.com



**Norm Gajewski**  
(260) 316-0930  
norm@hansbarger.com



## Hansbarger Realty

Located on Downtown Angola's Public Square  
Trusted family-owned real estate services



**AVAILABLE FOR  
A LIMITED TIME!**

**ADVERTISE HERE NOW!**

Contact **Brett Reineck** to place  
an ad today!  
breineck@lpicomunities.com  
or **(800) 950-9952 x2511**

# STAND OUT

with a PREMIUM DIGITAL AD  
on MYCOMMUNITYONLINE.COM



CONTACT US AT 800-950-9952

## BOWEN CENTER

1-800-342-5653



# SUPPORT THE ADVERTISERS *that Support our Community!*



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Steuben County COA, Angola, IN

E 4C 01-1598



## **Leaf Raking and Snow Shoveling Services**

Provided by: Steuben County Corrections Dept.

If interested, see reception desk for form

**Leaf raking begins Saturday, November 6  
and Sunday, November 7th and then will be every  
other weekend.**

Must live in Steuben County



Many of our Members in the past few weeks have asked what items The Heritage Club might be in need of—below is a list of products that we use daily:

Paper Towels, Disinfectant Wipes, Napkins, Facial Tissue, Toilet Paper, Hand Soap, Styrofoam Coffee Cups, Paper Plates, Plastic Utensils, Large and Kitchen sized Trash Bags, Folgers Coffee (regular and decaf) Sugar & Creamer (containers or small individual packages), Dish Soap, Bottled Water, Snacks (i.e.; Little Debbie cakes, single serve nuts, raisins, crackers, etc.), Laundry Detergent and Softener Sheets.

**WE NEED  
YOUR HELP**

**ATTENTION**—PLEASE inform us if any of you are going to be away and have your mail service stopped or forwarded. It gets quite costly to have the newsletters returned to us...when this happens we are forced to pay a return postage fee. Thank You so much for your cooperation with this matter!!

STEUBEN COUNTY  
COUNCIL ON AGING, INC.

1905 Wohlert Street  
ANGOLA, IN 46703

RETURN SERVICE REQUESTED

**PRIME TIME NEWS**

NON-PROFIT ORG  
U.S. POSTAGE PAID  
PERMIT #51  
ANGOLA, IN

SENIOR SPACE REGISTRATION

If you are interested in becoming a new member to our Community Center, please contact us to see how you can take advantage of our new member rate special and get signed up for online information.

2021 - Membership Rate \$20.00



**NEED A RIDE?**

Call STAR Transportation

Weekdays 8:00 AM - 4:00 PM

We are PUBLIC TRANSPORTATION FOR ANYONE OF ANY AGE!  
Other versions of the Star Riders Guide are available to anyone w/  
disabilities.

Transportation services are funded in part through Title III B of the Older Americans Act and distributed through Aging & In-Home Services of Northeast Indiana.

**CONTACT US!**

Office: 260-665-8191

Transportation: 260-665-9856

Fax: 260-665-5247

Website: [www.steubenco.org](http://www.steubenco.org)

All COA Services are provided without regard to race, age, color, religion, sex, disability, national origin or ancestry.