



SEPTEMBER

Golden Age Gazette

Volume 44 Issue 9

September 2021 260-347-4226



# September Day Trip

SEPT. 9 2021

## Grabill Country Fair

Noble County Council on Aging will be taking a day trip to the Grabill Country Fair on Thursday, September 9th.

Transportation will be by donation for this trip. Lunch will be at the fair. The group will leave the senior center at 10:00 AM. Reservations for this trip is due on 08/19/2021.

### Noble County Council On Aging & Noble Transit

“The mission of the Noble County Council on Aging/ Noble Transit System is to provide services and resources to the citizens of Noble County and to provide safe, responsive and efficient transportation to the general public to improve the quality of life.”

### Honor A Loved One

To honor a loved one or a friend make a contribution to the Noble County Council on Aging or Noble Transit System.

In Honor Of \_\_\_\_\_

In Memory of \_\_\_\_\_

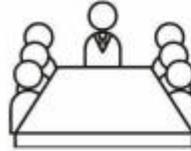
Please send an acknowledgement to: Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

*Thank you for your gift. It will support the programs of NCCOA and NTS.*



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Lesley Martin, Dispatcher  
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**Drivers:** Ken Tierney, Jennie Cramer, Bill Workman, Roger Jackson, Chuck Sweeney, Ken Olsen, Bob Tuffley, Jennifer Gerst, Greg Krueckeberg, Shane Shepherd, David Troyer, Bob Fletcher, Wanda Mitchell, Nancy O'Dell, Daniel Thomas, and Rick Edsall



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11-15 Miles	\$10
16-20 Miles	\$13
Over 20 Miles	\$1.50
	per mile

Tickets may be purchased from your driver for \$30 for a savings of \$1/ride. A ride is one stop. Round trip would be 2 stops.

If you have questions please call Noble Transit System  
260-347-4226 or 866-872-6778



# Happy Grandparents Day!!

## SEPTEMBER 12th



What are Grandparents  
Made of?



by: Teri Harrison

Hope and pride, pure joy inside  
Warm hugs and kisses, shooting star wishes  
Tickles and fun, a sprinkle of sun  
Hands to hold, hearts of gold...  
*That's what grandparents are made of*  
Tales from the past, memories to last  
Laps for reading, "I love you" greetings  
Wisdom to teach, always in reach  
Toys galore, eyes that adore...  
*That's what grandparents are made of*  
Patience and time, trees to climb  
Baby photos in frames, childhood games  
Bragging rights, sleep over nights  
Comforting arms, magical charms...  
*That's what grandparents are made of*  
Kindness and care, affection to share  
Heart to heart talks, unhurried walks  
Faith and trust, spoiling a must  
Endless love, a gift from above...  
*That's what grandparents are made of*

I have fond memories of Grandparents Day in elementary school. When I was little, my grandmother lived far away so a couple from my church came to grandparents day with me. It was fun to show them my classroom and have lunch with them in the cafeteria. Now that I am an adult, I really appreciate the gesture. Grandparents, even "adopted" ones, play such an important part in the lives of children.

My "Grammy" told such wonderful stories of family and the past. She loved unconditionally and listened patiently. Now that she is gone, Grandparents Day is bittersweet for me. I think of her often and fondly, but it makes me a little sad when September rolls around, knowing I will never buy another card, have a conversation or watch 'Wheel' with her. Tomorrow is not promised. Love your grandparents while you can. Make the time!

We are pleased to serve our community and are always looking for ways to improve and expand our service to you. Please feel free to contact me if you have any suggestions, praises or complaints. Phone: 260-347-4226 Mail: 561 S. Main St., Kendallville, IN 46755 Email: [director.nccoa@outlook.com](mailto:director.nccoa@outlook.com)



**Noble County Council on Aging and Noble Transit**  
[www.noblecountycoa.org](http://www.noblecountycoa.org)

**GOD BLESS!**

*Cheish*

## What's Cookin'

### Meatball Sub Casserole by Karen Leutz

1 large loaf of French bread  
1 (12 oz.) pkg. cream cheese  
1/2 teaspoon Italian seasoning  
1 lb. cooked meatballs  
1 (26 oz.) jar spaghetti sauce  
2 c. shredded mozzarella cheese

Slice the loaf of bread into 1 inch slices and place them in a greased 9 x 13 pan. In a small bowl mix the softened cream cheese with the Italian seasoning. Spread over the French bread. Chop meatballs and place on the bread. Spread the spaghetti sauce evenly over the meatballs. Top all with the mozzarella cheese. Bake @375° till bubbly 20-25 minutes.



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561 S. MAIN ST. KENDALLVILLE IN, 46755.

VISIT OUR WEBSITE @ [WWW.NOBLECOUNTYCOA.ORG](http://WWW.NOBLECOUNTYCOA.ORG)

### 2021 NCCOA Day Trips

Spots fill up quickly! To reserve your spot on a trip contact Noble County Council on Aging at 260-347-4226 or mail in your check with the trips you want to go on.

There will be no refunds given for canceled reservations and no credits or exchanges toward another trip.

Please contact us 260-347-4226 or [welcome.nccoa@outlook.com](mailto:welcome.nccoa@outlook.com) if you have any questions about the trips!

#### September 9th (Thursday) Grabill Country Fair

Transportation will be by donation for this trip. Lunch will be at the fair. The group will leave the senior center at 10:00 AM. Reservation/Payment for this trip is due on 08/19/2021.

#### October 12th (Tuesday) Fashion Farm Pumpkin Fantasyland

Take a tour of Fashion Farm's Pumpkin Fantasyland and enjoy lunch at their restaurant.

Transportation will be by donation for this trip. Please call our office for information on the tour price and departure time. Reservation/Payment for this trip will be due on 09/21/2021.

#### November 4th (Thursday) World Missionary Press Tour and Shopping at E&S

Transportation will be by donation for this trip. A tour of WMP will be first followed by lunch at the Blue Gate. In the afternoon the group will partake in shopping at E&S. The group will leave the senior center at 9:00 AM. Reservation/Payment for this trip is due on 10/07/2021.

#### November 30th (Tuesday) Festival of Trees & shopping at Glenbrook Mall

The cost of admission for the Festival of Trees will be \$10.00. The group will go to the Festival of Trees first and then go to the mall for an afternoon of shopping. Lunch will be at Glenbrook Mall. The group will leave the senior center at 9:00 AM. Reservation/Payment for this trip will be due on 11/09/2021.






**Available For Speaking Engagements**

**Cherish Smith, Executive Director  
Noble County Council on Aging**

**&**

**Annette Roesener, SHIP Counselor**

**Booking for your church groups, service clubs,  
senior groups or other organizations**

**Call 260-347-4226**



OUR NORMAL PHONE NUMBER 260-347-4226 IS UP AND WORKING AGAIN.

WE ALSO HAVE TWO ADDITIONAL NUMBERS

260-347-4238  
260-347-6801

IF YOU ARE EXPERIENCING A BUSY SIGNAL WHEN CALLING 260-347-4226,  
PLEASE HANG UP AND TRY ONE OF THESE OTHER PHONE NUMBERS.

WE THANK ALL OF YOU FOR YOUR SUPPORT AND PATIENCE DURING OUR  
MOVE AND GETTING SETTLED INTO OUR NEW BUILDING!



**SEPTEMBER DAY TRIP: GRABILL  
COUNTRY FAIR TRIP ON 09/09/21**

Noble County Council on Aging will be taking a day trip to the Grabill Country Fair on Thursday, September 9th.

Transportation will be by donation for this trip. Lunch will be at the fair. The group will leave the senior center at 10:00 AM. Reservations for this trip is due on 08/19/2021.

**SEPTEMBER CARRY-IN**

Our September Carry-in is cancelled due to our kitchen still undergoing construction at our new building.

CANCELLED

We will update you on the status of the October Carry-In in the next edition of the Golden Age Gazette.



**JULY 2021  
SERVICE REPORT**

Foot Clinic	29
SHIP	13
Bingo	0
Euchre	0
Carry- In Dinner	0
Trips	1,417

**WISH LIST**

- Paper Towels
- Disinfectant Wipes
- Toilet tissue
- Napkins
- Facial Tissue
- Dish Soap
- 16 oz. Cold Drink Cups
- Styrofoam Plates (Dessert)
- 13 Gallon Black Trash Bags (Unscented)
- Lt. weight 6ft. folding tables
- Folding Chairs
- Washer/Dryer
- Folgers Columbian Coffee
- Sugar
- Coffee Creamer



Please  
consider  
making a tax  
deductible gift!



Your donation  
will help in  
the  
completion of  
the activity  
center!



**"And  
people  
should eat  
and drink  
and enjoy  
the fruits  
of their  
labor, for  
these are  
gifts from  
God."**

Ecclesiastes  
3:13

# Summer Word Scramble

w l s e r f o      \_ \_ \_ \_ \_

i r a b o n w      \_ \_ \_ \_ \_

n i p i c c      \_ \_ \_ \_ \_

a n s s d a l      \_ \_ \_ \_ \_

e a e h r t w      \_ \_ \_ \_ \_

w u s n o l f e r      \_ \_ \_ \_ \_

c b u e e r a b      \_ \_ \_ \_ \_

e s l p t a      \_ \_ \_ \_ \_

a r t w e      \_ \_ \_ \_ \_

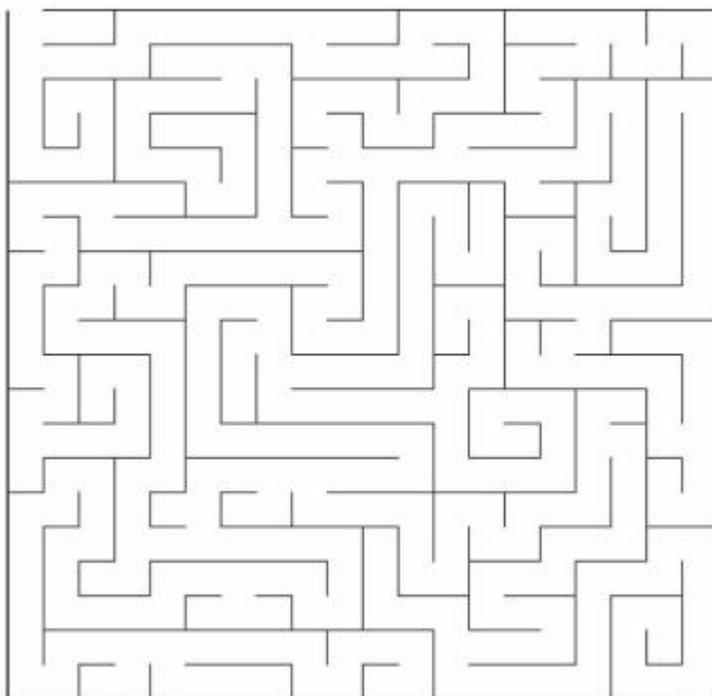
a h c b e      \_ \_ \_ \_ \_



# Maze



**Start** Help the Bee find the sunflowers to pollinate.



# Sudoku

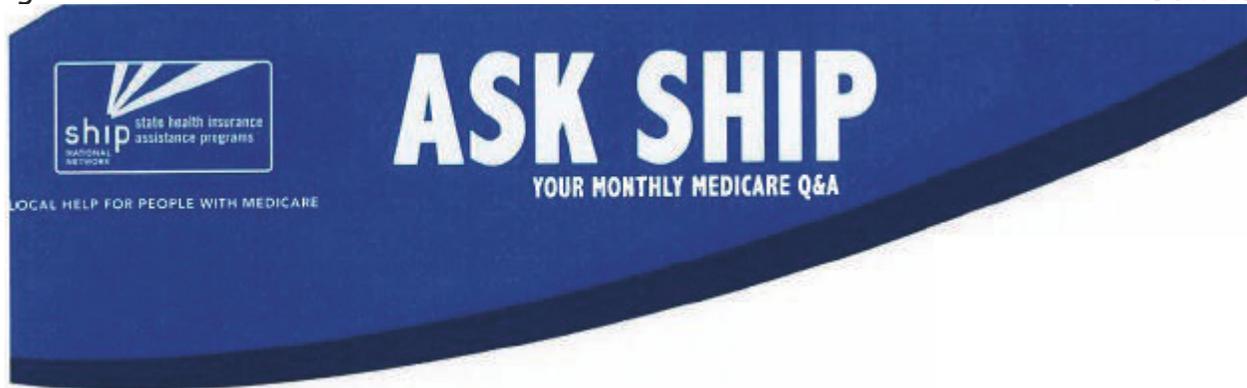
1	5				4
			1		
2	4			5	
			3		
4		1		6	
9	7	8			
	3				8
	4	1		6	9
			2	7	6

# Get to Know... Meghan Nowels

Office Assistant  
For 9 months



I LOVE MOVIES!



**Q:** I have struggled over the years with depression. I just got on Medicare. Does it cover mental health services?

**A:** Mental health is very important, and preventive care can help identify patients who are at risk for mental health problems to get them treatment sooner.

Medicare Part B fully covers many preventive services, including screenings to assess your risk for certain mental health conditions. Medicare 100% covers the following preventive benefits:

**Annual depression screening** All people with Medicare can get one free evaluation for depression per year as long as the doctor accepts Medicare assignment.

**Alcohol misuse screening** Some people with mental health problems may struggle with alcohol or drug abuse. Medicare covers one alcohol misuse screening per year. All Medicare enrollees who are not alcohol-dependent may qualify. If you're alcohol-dependent,

you may qualify for counseling '.

#### **Welcome to Medicare' visit**

This introductory preventive visit includes a review of your risk for depression. You'll need to have the exam within the first year of getting Medicare.

#### **'Wellness' visit**

During this annual visit, your doctor will evaluate your physical and mental health, and you'll have the opportunity to bring up any mental health concerns with your physician. Your doctor may make recommendations based on your risk factors or refer you for additional treatment.

After you meet your Medicare Part B deductible, you pay 20% of the Medicare-approved amount for outpatient treatment of a condition.

Medicare covers counseling services, diagnostic assessments including, but not limited to:

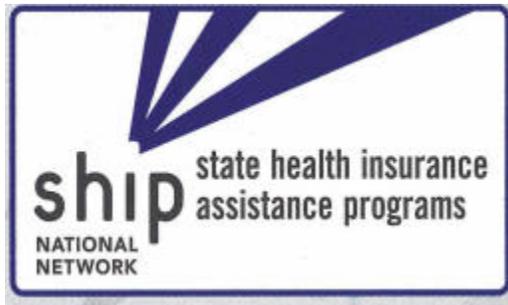
- Psychiatric evaluation and diagnostic tests
- Individual therapy

- Group therapy • Family counseling (if the goal of therapy is to help your condition)
- Alcohol abuse counseling (up to four sessions)

If you receive inpatient mental health services, Medicare Part A helps pay. These services can be either in a general hospital or in a psychiatric hospital that only cares for people with mental health conditions. There's a cap on Medicare coverage for inpatient services if you stay at a psychiatric hospital.

If you or someone you know has questions about mental health coverage by Medicare or any other Medicare questions, call SHIP at 1-800-452-4800, 1-866-846-0139 TDD or online at [www.medicare.in.gov](http://www.medicare.in.gov). You can also find us on Facebook and Twitter.

**Call Noble County Council on Aging to schedule a SHIP Appointment with Annette Roesener 260-347-4226**



A trained volunteer SHIP counselor is available one day a week by appointment to assist you with Medicare, Medicare Supplement Insurance, Managed Care Plans, Medicare Savings Program, Long-term Care Insurance, and Prescription Coverage (part D).

*Please call 260-347-4226*

Sudoku Answers

1	9	5	2	6	8	3	4	7
3	6	7	4	5	1	8	9	2
2	8	4	7	9	3	5	1	6
5	1	8	6	3	9	2	7	4
4	2	3	1	7	5	6	8	9
9	7	6	8	4	2	1	3	5
6	3	2	9	1	7	4	5	8
7	4	1	5	8	6	9	2	3
8	5	9	3	2	4	7	6	1

Word Scramble Answers:

Flowers, Rainbow, Picnic, Sandals, Weather, Sunflower, Weather, Sunflower, Barbecue, Petals, Water, Beach

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# Word Search- Labor Day



## Word List

- |           |        |           |
|-----------|--------|-----------|
| BARBECUE  | LABOR  | SEPTEMBER |
| BREAK     | MONDAY | TRIP      |
| COMMUNITY | PARTY  | VACATION  |
| COOKOUT   | RELAX  | WEEKEND   |
| CUBICAL   | SCHOOL | WORKERS   |





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with  
**Toni Mowery, LPN**  
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**the 1st full week of each month**

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*Feet are soaked and inspected.*  
*Care includes nail, corns, calluses, ingrown nails, reflexology and lotion massage.*  
**Please bring a bath towel and foot basin!**  
**For appointments please call 260-347-4226**

Notifying the Public of Rights Under Title VI

**Noble County Council on Aging/Transit**

The Noble County Council on Aging/Noble Transit operates its programs and services without regard to race, color, or national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with the Noble County Council on Aging/Noble Transit.

For more information on the Noble County Council on Aging/Noble Transit's civil rights program, and the procedures to file a complaint, contact the Executive Director at 260-347-4226, (TTY 800-743-3333); email: director.nccoa@outlook.com. Or visit our administrative office at 561 S. Main St, Kendallville, IN 46755. For more information, visit [www.noblecountycoa.org](http://www.noblecountycoa.org)

A complainant may file a complaint directly with the Federal Transit Administration by filing a complaint with the Office of Civil Rights, Attention:  
Title VI Program Coordinator, East Building, 5<sup>th</sup> Floor-TCR,  
1200 New Jersey Ave., SE Washington, DC, 20590.

If information is needed in another language, contact 260-347-4226.  
Si se necesita información en otro idioma de contacto, 260-347-4226.

Notificar al Público de los Derechos del Título VI

**Noble County Council on Aging/Transit**

El Noble County Council on Aging/Noble Transit opera sus programas y servicios, sin distinción de raza, color, identidad de género u origen nacional en conformidad con el título VI de la Ley de derechos civiles. Cualquier persona que cree que él o ella ha sido agraviada por cualquier práctica discriminatoria ilícita en virtud del Título VI puede archivar una queja con el Noble County Council on Aging/Noble Transit.

Para más información en el programa de derechos civiles de Noble County Council on Aging/Noble Transit, y los procedimientos para presentar una queja, póngase en contacto con el Director Ejecutivo al 260-347-4226, (TTY 800-743-3333); Correo electrónico: [director.nccoa@outlook.com](mailto:director.nccoa@outlook.com); o visite nuestra oficina de administración en 561 S. Main Street, Kendallville, IN 46755.  
Para obtener más información, visite [www.noblecountycoa.org](http://www.noblecountycoa.org)

Un demandante puede presentar una queja directamente con la Administración Federal de Transito por archivar una queja con la Oficina de Derechos Civiles, a la atención de:  
Title VI Program Coordinator, East Building, 5<sup>th</sup> Floor-TCR,  
1200 New Jersey Ave., SE Washington, DC, 20590.

Si se necesita información en otro idioma, comuníquese 260-347-4226.  
If information is needed in another language, contact 260-347-4226.

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# SEPTEMBER 2021

SUN	MON	TUE	WED	THU	FRI	SAT
			1 FOOT CLINIC BY APPT.	2 SHIP BY APPT.	3	4
5	6 Closed in Observance of Labor Day 	7 FOOT CLINIC BY APPT.	8 FOOT CLINIC BY APPT.	9 FOOT CLINIC BY APPT. SHIP BY APPT. GRABILL COUN- TRY FAIR TRIP	10	11 
12 	13	14	15 CARRY-IN CANCELLED	16 SHIP BY APPT.	17	18
19	20	21 SHIP BY APPT.	22 	23	24	25
26	27	28	29	30 SHIP BY APPT.		

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 561 S Main St., Kendallville, IN. 46755

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**Noble County  
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Entertainment**  
**Educational/Informational  
Programs**

*“All services are provided  
without regard to race, age,  
color, religion, sex, disability,  
national origin or ancestry.”*

ADVICE FROM A

*Sunflower:*



BE BRIGHT,  
SUNNY AND  
POSITIVE.

*Spread seeds  
of happiness*

RISE, SHINE  
AND HOLD  
YOUR HEAD  
HIGH.