

The DeForest, Windsor & Vienna

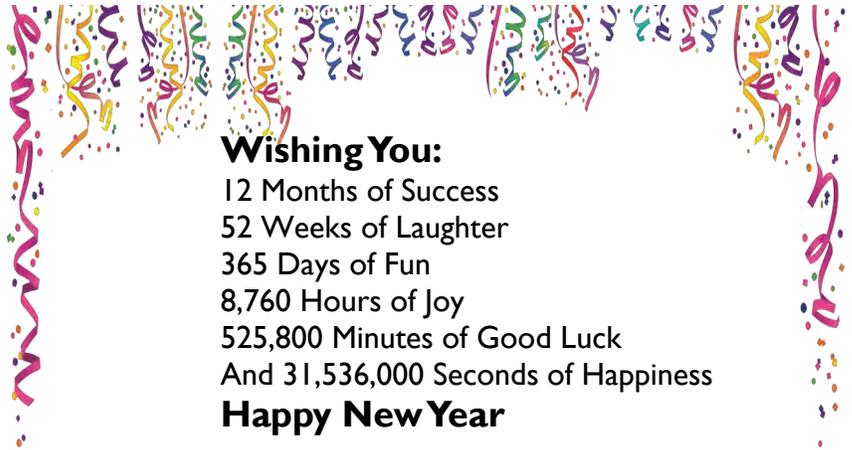


Scoop

THE DEFOREST AREA COMMUNITY AND SENIOR CENTER

Inside This Issue

Staff Wishes & Giving Matters....Pg 2
 Resources & Groups.....Pg 3
 Volunteer Views..Pg 4
 Remember.....Pg 5
 Nutrition.....Pg 6
 Birthdays.....Pg 7
 Nutrition Menu Calendar.....Pg 8
 Years in Review.....Pg 9
 Events & Activities.....Pg 10
 Remembering.....Pg 11
 Health & Fitness.....Pg 12
 Virtual Classes.....Pg 13
 Recipes & Scoop Renewal.....Pg 14
 Contacts.....Pg 15
 Information.....Pg 16



Wishing You:

12 Months of Success
 52 Weeks of Laughter
 365 Days of Fun
 8,760 Hours of Joy
 525,800 Minutes of Good Luck
 And 31,536,000 Seconds of Happiness

Happy New Year

Center Closed to Public - COVID
Phone Hours: Monday-Friday
9:00am—4:00pm 608-846-9469

Mission Statement

We are a cooperative inter-municipal Community and Senior Center providing area residents a welcoming place to meet, participate and volunteer while promoting independence, self-reliance and well-being for older adults and their families.

The "Scoop" newsletter is available for you to pick up monthly at the Center. They are located in a small plastic container to the right of the front door. Annual mail subscription is \$12.



Warm wishes from the Center's team

- * As 2020 draws to a close, the Center's staff and I strive to be optimistic and positive while navigating the current situation. In the new year, we will continue our focus and dedication to our valued community members. During the holidays stay healthy, safe and connected with loved ones in old and new ways. Together we can overcome and have a good days ahead. - Barb Cooper
- * Wishing you peace, goodwill and happiness throughout the Holidays and in the coming year. Miss you all and hope to see you soon! – Sandy Heath
- * Wishing you joy, hope, and peace along with lots of sweet treats during the holiday season! -Kristin Weinstock
- * Gifts of time and love are surely the basic ingredients of a wonderful holiday season! Natalie Raemisch
- * Greetings... I miss seeing all of you and hope everyone is doing well. I want to wish you all a wonderful holiday season and a happy and healthy new year! Take Care.. Mary Herschleb
- * May your holiday be blessed with the love and warmth of loved ones, both near and far. We miss you all and hope to see you soon. Jen Mills
- * May the spirit of the holidays fill your lives all year long. I appreciate the opportunity of hearing from you and seeing some of you these past several months. Remember we are only a phone call away! Sue Miller
- * I wish each of you moments of joy during this especially difficult time. Find your JOY! Cheryl Ksobiech
- * Warm wishes from my family to yours. Keep in mind balance and nutritional holiday snacks during these times. Jennifer Broding
- * Thinking of all of you and hoping that you are staying well and safe. Have a Happy Holiday and hope to see you all soon. Sue Bellefeuille

Giving Matters

In this season of giving...

Please consider a gift to the Center. Donations received are used to support all of our services. On behalf of those we serve, thank you to all who have donated.

Ted Arend
Marian & Francis Drake
Judy French
Vivian Greiber
Eileen Hahn
Judith Page
Kathryn Zipperer
Shellie Stassi
Juanita Thorson
Brad & Margi Wachowiak
Diane & Mel Wangerin
Dan & Jeanne Wendtland

Special thanks to the Village of Windsor for providing a new UV-C sanitizing device for cleaning the Center.



Winterfest and Santa will return in December 2021. He is working remotely this year to keep Mrs. Claus and the elves safe.

Center Re-opening:

The Center will continue to be closed to the public until Phase 3 of the Dane County Forward Plan. Our re-opening will be a phased-in approach until conditions return to "normal". We will send e-mails and automatic calls to participants when we announce our re-opening. Updates will be posted on our website—deforestcenter.org.

Resources and Groups

A message from Natalie and Kristin

What a year it has been. When the center closed down in March, we had no idea we would still be closed in December. While we are trying to stay connected to you through drive-thrus, outside appointments and phone calls, it just isn't the same as seeing your smiling faces at the center. Winter will bring on new challenges with the cold weather but remember, we are still working. We are available to help you now just like we were before March. It just looks a little different. We are available to help answer questions, apply for benefits or to lend a listening ear. Please know we miss you. Stay safe and be well.

Energy Assistance updates

It is that time of year again where people are looking to renew their Energy Assistance applications. This year, if you do not do the renewal by mail, you can call 608-333-0333 or go online to: <https://energybenefit.wi.gov/>

Medicare Part D

Medicare Part D open enrollment, which is prescription coverage, ends December 7, 2020. Up until that time you can change plans for the upcoming year if you choose. If you need assistance please contact Natalie or Kristin or go to www.medicare.gov for more information. Remember deductibles start over on January 1, 2021

Health Insurance

Open enrollment for 2021 health insurance coverage through the Marketplace ends December 15, 2020. You can enroll or change 2021 Marketplace health insurance now. If you enroll in a health insurance plan during Open Enrollment, your coverage will start January 1, 2021. See www.healthcare.gov for details.

Important Social Security News

Watch for your 2021 Social Security Award Letter coming soon in your mailbox! **Please SAVE this letter and keep it handy.** This letter will include the gross amount of your award (or the amount taken before deductions.) You will need this letter through-out the year to apply for benefits or as proof of income. The cost of living increase in 2021 will be 1.7%. and will begin January 2021.

Group Gatherings

Grief Support Group-Please call Julia at 608-640-6435 to get more information on the phone group.



Caregiver Support Group

Thursday, December 17th at 3:00 p.m. by phone conference. Call 608-846-9469 or email Natalie at raemisch@deforestcenter.org to get the phone number and code to call in.

Caregivers

Are you a Caregiver? Join our virtual Caregiver Support Group which meets every third Thursday of the month by phone. At 3:00 PM. We would love to have you! Contact Natalie for details.

A Caregiver's Pledge

- * I understand that I can't care for anyone else if I also don't care for myself.
- * I will remember that the only person I can change is myself. I cannot change my loved one who is ill, nor my family members.
- * I will get away from my caregiving duties on a regular basis, even if it is just to walk around the block.
- * I will visit a support group, either online or in person in my community. I know that I am not alone. If a support group isn't right for me, I will find a friend to talk to, call my family consultant, or attend a workshop.
- * I will say yes when people offer to help. I will make a list of things they can do and post it on the refrigerator, so that when those offers come, I'll be ready. When there are not offers, I will ask for help, even though it might be hard to do so.
- * I will use community resources such as Meals on Wheels, paratransit, adult day care programs, and volunteer respite programs to help make my caregiving duties easier.
- * I will remember that I am loved and appreciated, even when my loved one can't tell me.

—Jane Mahoney, Caregiver Support Specialist Greater Wisconsin Agency on Aging Resources

Volunteer Views



We would like to take the opportunity to thank each and every one of our volunteers that have so graciously offered their services during a time of so many uncertainties. Although we have remained closed to the general public since March, we still have been providing nutrition for our most vulnerable community members by providing curbside and home delivered meals. Thanks to YOU, we have been and continue to do just that, and we cannot thank you enough.

Sincerely,

Jen Mills – Volunteer Coordinator

Jennifer Broding – Nutrition Coordinator

Current Volunteer Opportunities



As always there are times that we may have a need for substitute Home Delivered Meal Drivers and Kitchen Helpers

As the snow starts to fly, we will be looking for volunteers that would be willing to help folks with snow removal. Please contact Jen Mills at 846-9469 ext 1606 if interested.



“Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.” – **Author Unknown**

And thank you to all of those who watch our Facebook page, as well as our Scoop wish lists that continue to donate needed items. We know we can always count on our community to come through and we thank you!!



Pen Pal Program

Do you enjoy getting mail and writing letters? It seems that actually sitting down and writing a letter has fallen by the wayside. Well if you enjoy both, we have the perfect thing for you!! With the weather turning colder and not being able to be get outside as much, one can easily become lonely and isolated. We are looking for folks to communicate by mail (or email if preferred) with others that may need a bit of friendly communication. Perhaps you do too! We will even provide stationary and stamps if needed. Contact Jen Mills 846-9469 ext 1606 if interested.



Remember



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Sienna Crest and Sienna Meadows is now providing assisted living and memory care in a small cozy home right here in DeForest! Residents receive support to maintain active and engaged lives.

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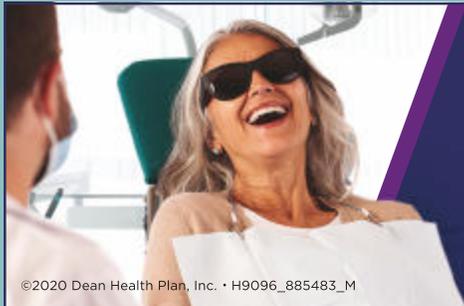
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Nutrition Information

My Meal My Way at DeForest Family Restaurant on Wednesdays: Reserve your meal before Noon on Tuesday, Pickup your ticket at the Center and Curbside pickup at DFR and Enjoy!

Date	Option #1	Option #2
Dec. 2nd	Spaghetti Meatballs, Salad & Garlic Bread	BBQ Pork Ribs Baked Potato & Dinner Roll
Dec. 9th	Deli Sandwich & Cream of Broccoli Soup w/ Side Salad	Breakfast Sandwich American Fries & Fresh Fruit
Dec. 16th	Cheeseburger American Fries & Coleslaw	Large Taco Salad, Chips, Rice Pilaf, Sour Cream & Salsa
Dec. 23rd	Liver & Onions Mashed Potato/Gravy & Veg	2 Pancakes/Scrambled Egg/Sausage/Hash browns
Dec 30th	Spaghetti Meatballs, Salad & Garlic Bread	BBQ Pork Ribs Baked Potato & Dinner Roll

Happy Holidays, my favorite thing about the holiday season is our annual cookie baking festivities we do at my Mom's house. My family gets together and we bake 100's of cookies of many varieties to share with our friends, neighbors, and send as care packages. Below is one of our easy and favorite recipes, with the red velvet coloring it also makes a very festive cookie in the trays.

Red Velvet Milky Way Cookies (from Jennifer Broding)

Ingredients:

- 1 Box Red Velvet Cake Mix
- 1/2 Cup Softened Butter (Semi melted works great)
- 1 Large Egg
- 2 Tablespoons Oil
- 4 Full Size Milky Way Bars
- 1-1/2 Cups Mini Chocolate Chips

Preheat Oven to 350 degrees and line a large baking sheet with parchment paper. Place cake mix, butter, egg, and oil into a large mixing bowl. Stir to combine. Cut up Milky Way bars into chunks and stir into dough along with chocolate chips. Scoop dough onto prepared baking sheet about 1 inch apart. Press each cooking down almost flat, about 1/2 inch thick. Bake for 11-13 minutes until baked through. Let cool on baking sheet for 10 minutes before transferring to cooling rack.



Dear Seniors,

I would like to cordially invite you to participate in our meal program. If you are age 60 or older you are able to get a hot meal Monday thru Friday. We offer our carry out curbside pickup meals daily for pickup between 11am and 11:30am. You can take a look at our menu options, our fall/winter menu offers a lot of variety and comfort foods. If you are interested in a meal contact Jennifer at ext. 1610 at the Center. We need to have our reservations into the catering company by noon the day before. You can either call the day ahead of time, week of, or reserve the meals you would like each month. The meals are 1/3 of the daily nutrition needed for Seniors. The suggested donation is \$4/meal. On Wednesdays, there is the option of a DeForest Family Restaurant meal for curbside pickup, contact me by noon on Tuesday to reserve your menu choice and pickup time for your ticket at the Center. We enjoy serving up the hot meals to our curbside pickup people and encourage you to try it out. Sometimes its nice to just have a ready to eat meal versus cooking, we also enjoy seeing our participants through the car windows. We miss you all and wish you all good health and happiness.

Sincerely,

Jennifer Broding, Nutrition Coordinator, ext. 1610

December Birthdays

12/1 Richard Olsen
 12/1 Carol Roets
 12/2 Warren Holsbo
 12/2 Gloria Haertel
 12/2 Stephen Kraak
 12/5 Marion Trieloff
 12/5 Shirley Stoltenberg
 12/5 Lawrence Spahn
 12/5 Sue Lacke
 12/6 Harland Amborn
 12/7 Char Sopha
 12/7 Al Jones
 12/7 Linda Wallisch
 12/7 Kim Henze
 12/9 Mark Snell
 12/10 Mary Ann Whitehouse
 12/12 Alta Stetka

Thank you to Wickshire-Madison for sponsoring
 December Birthday gifts and cupcakes.



12/14 Ruth Auringer
 12/15 Marty Karow
 12/15 Brenda Lockwood
 12/16 Sharon Blau
 12/16 Barb Sigmund
 12/17 Mildred Herring
 12/18 Annis Casetta
 12/19 Sharon Kittle
 12/20 Karen Wipperfurth
 12/22 Bernice Hirsch
 12/23 Mary Wendt
 12/24 Marilyn Spahn
 12/27 Marilyn Cleveland
 12/27 Hiram Shaw
 12/29 Don Wallisch
 12/31 Randy Hanson

We will be celebrating monthly birthdays on the last Wednesday of that month. This is the day that we have My Meal My Way at the DeForest Family Restaurant (DFR). Menu choices can be found on page 6 and reserve your meal before Noon on Tuesday. On Wednesday, pickup your ticket at the Center, get a birthday surprise and then curbside pickup at DFR.



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December Senior Dining Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu Guidelines: Menus for the Dane County Dining Centers are prepared to meet one third of the Daily Recommended Intake for Adults 70+ years of age. Alyce Miller, RD, reviews all menus. For comments you may fill out a consumer satisfaction form found at your meal site or contact your Nutrition Site Manager</p>	<p>1 Roast Chicken Mashed Potatoes/Gravy Broccoli BP Biscuit Pears Jell-O</p>  <p>MO: Mac N Cheese</p>	<p>2 My Meal My Way Parmesan Tilapia Cheesy Potatoes Green Beans Mandarin Oranges Rye Bread Sherbet</p> <p>MO: Veggie Lasagna</p>	<p>3 Chicken and Biscuit Peas Carrots Blushing Pears Cookie</p>  <p>MO: Veggie Burger</p>	<p>4 Turkey Mashed Potatoes/ Gravy Squash Wheat Roll Cranberries Pie</p> <p>MO: Meatless Egg Bake SO: Chicken Salad (no pasta)</p>
<p>7 Pulled Pork/Bun Calico Beans Broccoli Ambrosia</p>  <p>MO: Cheese Sandwich</p>	<p>8 Swedish Meatballs Mashed Potatoes Mixed Veggies Wheat Bread Pears Sherbet</p> <p>MO: Veggie Burger</p>	<p>9 My Meal My Way Stuffed Green Pepper Mashed Potatoes Wheat Bread Pineapple Cupcake</p> <p>MO: Rice/Beans</p>	<p>10 Lasagna Green Beans Whole Wheat Roll Fruit Medley Pudding</p> <p>MO: Veggie Lasagna</p>	<p>11 Beef Stew BP Biscuit Spinach/Tomato Wedge Balsamic Vinaigrette Banana & Cookie</p> <p>MO: Mac N Cheese SO: Taco Salad</p>
<p>14 Boneless Chicken Cacciatore Pasta Garlic Bread Carrots Applesauce</p> <p>MO: Pasta/Beans</p>	<p>15 Sloppy Joe/Bun Potato Wedges Coleslaw Orange Juice Brownie</p>  <p>MO: Cheese Sandwich</p>	<p>16 My Meal My Way Southwest Chicken Casserole Peas Wheat Roll Mandarin Oranges Ice Cream</p> <p>MO: Veggie Lasagna</p>	<p>17 Vegetable Beef Soup Ham/Swiss Sandwich Spinach Salad Peaches Pie</p> <p>MO: Cheese Sandwich/ Veggie Soup</p>	<p>18 Christmas Meal Stuffed Chicken Breast Twice Baked Potato Green Bean Casserole Dinner Roll Blueberries Cheesecake</p> <p>MO: Veggie Patty SO: Garden Salad</p>
<p>21 Beef Tips/Gravy Mashed Potatoes Glazed Carrots Wheat Roll Pineapple Jell-O</p>  <p>MO: Rice/Beans</p>	<p>22 Meatloaf Au Gratin Potatoes Green Beans Dinner Roll Strawberries Angel Food Cake</p> <p>MO: Veggie Burger</p>	<p>23 My Meal My Way Autumn Chicken Salad on Croissant Three Bean Salad Lettuce Salad Fruited Applesauce Cookie</p> <p>MO: Cheese Sandwich</p>	<p>24 Christmas Eve Closed</p> 	<p>25 Center Closed</p> 
<p>28 Swiss Steak Baked Potato Wheat Bread Mandarin Oranges Lemon Bar</p> <p>MO: Meatless Egg Bake</p>	<p>29 Pork Loin/Gravy Cubed Potatoes Squash Wheat Roll Sliced Apples</p>  <p>MO: Veggie Lasagna</p>	<p>30 My Meal My Way Chili w/ Beans Lettuce Salad Corn Muffin Peaches Yogurt</p> <p>MO: Meatless Chili</p>	<p>31 New Years Eve Closed</p> 	 <p>Curbside Pickup/Daily Nutrition: Curbside pickup meals are available at the Center Monday thru Friday. Please reserve your meal at least 24 hours ahead of time. No inside dining at this time. Suggested \$4.00 donation. Those who qualify for Home Delivered Meals will continue to receive their meal at home. Checkout the Menu and contact Jennifer to reserve your meals for October. My Meal My Way Tickets available on Wednesdays or you can reserve a Menu lunch.</p>

Years in Review



Events & Activities

Inclement Weather Policy

If the DeForest Area Schools close due to extreme weather conditions, the Center will be closed. Home delivered meals, as well as curbside pick-up meals at the Center (Wednesdays at DeForest Family Restaurant) will be cancelled. No transportation will be available, and all programming will be cancelled. To further prepare yourself for these days, remember to stock up on non-perishable foods.

Laptops Available to check-out

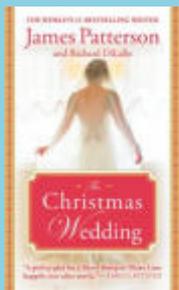
The Center now has ThinkPad laptops for participants to check out for one week. We want everyone to have access to our new RingCentral programs that will be offered as the pandemic continues. We hope this loaner program will help those who do not have video capabilities on their computers. You will need access to the internet. To reserve a laptop, call 846-9469 or e-mail ac@deforestcenter.org



Dragonwood Readers Book Club

Christmas Wedding by James Patterson and Richard DiLallo

Friday, December 11 at 9:30 a.m. and 10:45 a.m. via Zoom and at the Library



The tree is decorated, the cookies are baked, and the packages are wrapped, but the biggest celebration this Christmas is Gaby Summerhill's wedding. Since her husband died three years ago, Gaby's four children have drifted apart, each consumed by the turbulence of their own lives. They haven't celebrated Christmas together since their father's death, but when Gaby announces that she's getting married-and that the groom will remain a secret until the wedding day-she may finally be able to bring them home for the holidays.

Copies are available in large print, audio, and regular print at the DeForest Area Public Library. Call 846-5482 to arrange curbside pick-up, or stop in and get a copy. Please note: Current book club members will receive an invitation link to meet via Zoom. Ten book club members can attend in person in the Library's Community Room at each session. Social distancing will be in effect, sanitizer will be available, and masks are required. If you are not a member and would like to participate, email discussion leader Jane Henze, jhenze@deforestlibrary.org to receive the invitation.

9:30 a.m. Zoom registration: [https://us02web.zoom.us/j/88376596690?](https://us02web.zoom.us/j/88376596690?pwd=Nm1zaU9uMkhPa1JySUVUTzBMWnRiZz09)

[pwd=Nm1zaU9uMkhPa1JySUVUTzBMWnRiZz09](https://us02web.zoom.us/j/88376596690?pwd=Nm1zaU9uMkhPa1JySUVUTzBMWnRiZz09)

10:45 a.m. Zoom registration: [https://us02web.zoom.us/j/86355132415?](https://us02web.zoom.us/j/86355132415?pwd=MnNRVVdJT0MyU3lwZzI0YllncWUvZz09)

[pwd=MnNRVVdJT0MyU3lwZzI0YllncWUvZz09](https://us02web.zoom.us/j/86355132415?pwd=MnNRVVdJT0MyU3lwZzI0YllncWUvZz09)

4th Tuesday Forum: Lighthouse Keeping

Presented by David Mossner

Tuesday, December 22 at 10 a.m. via Zoom



Living in a lighthouse sounds romantic and adventurous – hear what it was like for Dave and Rhonda Mossner of Verona who spent a week running the Mission Point Lighthouse as volunteers. They will share their experience and photos they've taken in visiting nearly 100 lights on Lake Michigan, Huron, and Winnebago at this library outreach program.

This program will be presented via Zoom from David Mossner's home. You are invited to participate via Zoom. You have three options: Zoom from your home, come to The Center and watch the Zoom or come to the Library and watch the Zoom. Contact the Center or the Library to register for this.

<https://us02web.zoom.us/meeting/register/tZ0qdeysqzqgH9QqPKIDNFDksnO5ohYLuyJR>

Library Home Service Program

Dane County Library Service's Outreach program supplies books to anyone living in Dane County who has an ongoing physical condition that prevents them from coming to the library. The large print and audio books are sent postage free through the mail and may be returned the same way.



To learn more about this free service, contact Outreach Librarian Mary Driscoll at 266-4419 or driscoll@dcls.info

Remembering



“There are three stages of man: he believes in Santa Claus; he does not believe in Santa Claus; he is Santa Claus.”



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Health & Fitness

Monthly MIPPA Moment: Preventing Pneumonia

MIPPA (Medicare Improvements for Patients and Providers Act) has a goal of educating older adults on Medicare's cost-saving benefits & preventive services.

The CDC recommends that anyone over the age of 6 months get the flu vaccination. Getting vaccinated is especially important for those who are at a high risk of experiencing flu-related complications. These groups of people, among others, can include:

- Adults over the age of 65
- Those with asthma, diabetes, HIV/AIDS, and cancer
- Those with heart disease

If these people get the flu, they are at a high risk of getting other illnesses. These include pneumonia, bronchitis, and sinus infections. The flu makes chronic health problems, such as asthma and heart disease, even worse.

Medicare Part B (Medical Insurance) covers one flu shot per flu season. The flu season can run from as early as September to as late as January sometimes. For more MIPPA program information, call MIPPA Program Specialist Leilani Amundson at 608-240-7458.



When Gentle Yoga was in the Center.



Masks for sale

The Center has masks in a multitude of designs, colors and sizes. We thank our volunteer sewing gurus who have been busy these past few months helping supply our volunteers and staff with this protective equipment. Contact the Center if you need a mask (\$2 to \$3).



Chair Exercise when in was at the Center.

Outside Walking Group

What a group of dedicated walkers! Although, the group will not walk in ice or snow. They are having to adjust daily to how many layers to start with. The walks start at 10:00 a.m. in the Center parking lot for about a 1 1/2 hour walk. Feel free to turn around at any time of the walk to return to the Center if you are getting tired or have another commitment. This group walks every Monday, Tuesday and Thursday. Attend when you schedule allows or come every day. Call Sue with questions.

Finger Nail & Foot Care

Sue's Mobile Foot Care visits the Center 4 Wednesdays a month. Sue Hasey is a licensed medical nail technician providing nail care by appointment. Please see the calendar for dates. Cost: \$25 for toenails, \$12 for fingernails and \$30 for Diabetic footcare. Please bring **two hand towels** and wear a mask entering the Center for your appointment. Call the Center to schedule your appointment and transportation is available if you qualify.



When Strength Training was in Center.



Virtual Classes

Virtual Classes



It is now possible to enjoy your favorite teachers lead class, from your HOME. No more chilly mornings or hard cement for Strength Training or Gentle Yoga. Both Martha and Stephanie have agreed to record their sessions so we can offer them to participants through a private Facebook group. It seems to be a great solution for us to maintain our fitness routines even with Winter looming.



Here is some quick Q&A about the programs:

- ◇ Registration and payment still happen through the Center.
- ◇ You need to have a Facebook account and need to like The DeForest Area Community and Senior Center page in order to participate in virtual classes.
- ◇ Payment (check please) to the Center is required before we can invite you to the Facebook group. X
- ◇ The Facebook group is private. Only paid registrants and the teacher will have access to view the recorded sessions and will be able to converse via the comment section.
- ◇ Each posted class will be available for one week. Watch when your schedule allows, even more than once!
- ◇ Comments of encouragement for each other is important to keep the connection among the teacher and classmates.

If you are interested in joining either of these classes, please contact Sue at 846-9469 at Ext #1611..

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Recipes & Scoop Renewal

Homemade Caramels

Add to pot:

- 2 lbs of light brown sugar
- 1 can of Eagle Brand condensed milk
- 1 bottle of light corn syrup.
- 3 ½ sticks of butter



Butter a 9x13 pan very generously. Stir ingredients and bring to boil at 242 degrees. (Part of the deliciousness.) Pour ingredients in a 9x13 pan. Don't scrape sides of the pan. Let the caramel flow naturally. Let cool. After cooling is complete, cut into small pieces and wrap in wax paper twisting the ends to seal. Enjoy!

(from Kristin Weinstock)

Bun Bars

- 12 oz chocolate chips
- 12 oz butterscotch chips
- 18 oz creamy peanut butter
- 1 cup margarine or butter
- 2/3 c milk
- 1 3 1/8 oz pkg vanilla pudding (not instant)
- 2 lbs powdered sugar (sift)
- 1 lb dry roasted peanuts



Plenty to share with your friends.

Melt chips and peanut butter. Spread ½ of this mixture over bottom of 15x10x1 jelly roll pan. Chill. Combine margarine, milk and pudding. Boil for one minute. Add powdered sugar. Spread over chilled and set base. Add peanuts to the other half of chocolate mixture. Spread over top. Chill. Cut into tiny squares. Store in refrigerator. (from Sue Miller)

Chocolate Caramel Turtles

- 16 oz pkg light caramels
- 2 Tbl water
- ¾ pound pecans
- 6 oz pkg semi-sweet chocolate chips



Melt caramels & water in double boiler or microwave, stirring often. Grease cookie sheet. Arrange 36 groups of pecans, about 2" apart. Drop melted caramel by teaspoon on top of each group. Let cool. Melt chocolate chips in microwave. Frost top of each turtle with melted chocolate. (from Barb Cooper)

Microwave Peanut Brittle

- (from Barb Cooper)
- 1 cup sugar
- ½ cup light corn syrup
- 1 ¾ spanish peanuts
- 1 tsp butter
- 1 tsp vanilla
- 1 tsp baking soda

Grease a cookie sheet. In a 4 cup glass measuring cup, combine sugar and corn syrup. Cook on high 4 minutes. Add peanuts and cook 4 minutes. Add butter and vanilla; cook 1 minute. Quickly fold in baking soda. Spread on cooking sheet to cool. Break into pieces.

Renew Your Scoop Subscription for 2021

Please mail The Scoop to my home for \$12 per year. Due January 1, 2021 OR Please email the scoop to the address listed below at no cost.

I am including an additional \$_____ as a donation to the Center.

Name _____ Spouse/Partner _____

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City _____ State _____ Zip Code _____

Home Phone _____

Cell Phone _____ (Spouse/Partner) _____

E-mail Address _____ (Spouse/Partner) _____

Please provide your birthdate so we can send you an invitation to the monthly Birthday Celebration held the first Tuesday of your birth month.

Date of Birth: (Self) ____/____/____ (Spouse/Partner) ____/____/____

Contact Information

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DeForest Area Joint Community Center Commission

Bruce Stravinski, President
Taysheedra Allen, Vice President
Steve Ruegsegger, Secretary/Treasurer

Commissioners:

Marian Drake
Adam Hanek
Jim Johnston
Anna Lezotte
Denise Powell
Louise Valdovinos

DeForest Half Century Club, Inc.

Taysheedra Allen, President
Bruce Stravinski, Vice President
Steve Ruegsegger, Secretary/Treasurer

Directors:

Marian Drake
Adam Hanek
Jim Johnston
Anna Lezotte
Denise Powell
Louise Valdovinos

Meetings are held on the second Tuesday of the month, beginning at 4:00 p.m. at the Center. Agendas are posted at the Center. The Commission meets monthly and Half Century Club meets quarterly.

The Center uses Automated Phone Calls for reminders and invitations through My Senior. Please note, the number displayed will be a **617** area code (Massachusetts). This is a simple and effective way to get messages out.

Non-Resident Participation Fees

Financial support for the operation and management of the DeForest Area Community and Senior Center primarily comes from tax contributions from the municipalities of DeForest, Windsor and Vienna. Non-residents of these municipalities will pay an annual participation charge of \$30 or a daily fee of \$10. All Fees are pro-rated based on the date of registration and then \$30 is due each January thereafter.

Non-Resident Premium Fees

Exercise Room & Pool Room - Non-residents pay an annual premium charge of \$20 each or a daily fee of \$7.

Exemptions

Public events, tax preparation and some other activities are exempt from the participation fees. Case Management and Nutrition programs adhere to Dane County requirements, and are not included in payment structure. Volunteers who are non-residents and actively volunteer each month are exempt. Financial Assistance may be available to support participants who are unable to afford the payments. Funding will not apply to trips, card games, bingo/games or fee-based classes. Participants should speak to the Executive Director, who will confidentially determine the need, level of support and appropriateness of the request.




**DeForest Area
Community & Senior Center**

505 North Main Street
DeForest, WI 53532



Information

New Drop Off Mailbox

Do you need to drop off important documents to someone at the center? There is now a new locked black mailbox located by the front entrance attached to the building. The box is checked multiple times a day so feel free to use it!



Wish List - Help the Center and seniors!

- Individual packaged Alcohol swabs
- Hot cocoa packets
- Books, word search or crosswords
- Microfiber cloths
- 70% Isopropyl alcohol

Sign up for Amazon Smile



Enroll and shop on Amazon Smile and your purchases will benefit the Center! Amazon will donate 0.5% of the price of your eligible purchases. Amazon Smile is the same Amazon you know. Same products, same prices, same service.

Shopping can be fun and helpful too! **Go to smile.amazon.com and choose DeForest Half Century Club, Inc. as your non-profit choice.**

Incentives to Donate

The 2020 CARES Act (Coronavirus Aid, Relief, and Economic Security) encourages charitable giving from individuals.

Individuals can deduct up to \$300 of donations, even if they don't itemize on their tax return. There is a tax benefit from making charitable contributions.

Elimination of cash donation cap for individuals.

Individuals can now contribute 100% of their adjusted gross income in 2020 to public charities if they want. For more information visit forbes.com