

SERVING OLDER ADULTS OF SOUTHEAST WISCONSIN, INC.

May 2024



THE CONNECTION

Bring Your Own Device (BYOD) Day

Each center hosts one-on-one workshops where you can bring your device (phone, iPad, laptop), and your questions to work with one of our knowledgeable tech trainers. Speak with center staff to schedule an appointment. **Registration is required for Tech Connect classes and BYOD sessions.**

Clinton Rose

Mon. 8:30 - 12:00
Wed. 1:00 - 4:30

Kelly

Mon. 8:30 - 12:00
Tue. 1:00 - 4:30

McGovern

Mon. 1:00 - 4:30
Tue. 8:30 - 12:00

Washington

Tue. 1:00 - 4:30
Wed. 8:30 - 12:00

Wilson

Mon. 1:00 - 4:30
Tue. 8:30 - 12:00

SOA CLOSURES

Washington Park Senior Center:
May 13-17 for Cleaning Week

May 27 for Memorial Day

HOURS

Monday - Friday, 8:30 - 4:30
SOA General Line: 414-704-3343
www.servingolderadults.org

Wellness Coordinator Schedule

The Wellness Coordinator is available at each center every week by appointment to help with proper exercise machine use and to answer any health-related questions. See below for your center's day and hours. Speak with center staff to schedule an appointment.

Clinton Rose

Fri. 9:30 - 11:30

Kelly

Thu. 9:30 - 11:30

McGovern

Tue. 9:30 - 11:30

Washington

Wed. 9:30 - 11:30

Wilson

Mon. 9:30 - 11:30

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Aging Well

TOGETHER

Serving Older Adults of Southeast Wisconsin's goal is to positively impact the health and well-being of older adults through quality health and wellness programming, continuous learning opportunities, community engagement, and a variety of socialization outlets.

SERVING OLDER ADULTS ADMINISTRATION

President/CEO *Cathy Wood*
Controller *Antresia Smith*
Director of Programs *Miriam Kaja*
Director of Development & Marketing *Marsha Bukofzer*
Human Resources Manager *Angel Schroeder*

SUGGESTED CONTRIBUTIONS FOR CLASSES

Some classes are listed with a suggested contribution amount. Your generous contribution helps ensure programs can continue as our funding only covers a portion of the costs. Please register at least two weeks before the start date in the center's office. Activities will be canceled if minimum registrations are not met. For accommodations, please let staff know at time of sign-up.

USE GOOD JUDGMENT

Participants assume the risk of taking part in activities. Serving Older Adults of Southeast Wisconsin, Inc. and Milwaukee County are held harmless from all claims resulting from taking part in any activity at the senior center.

GET INVOLVED TODAY!

1. Complete participation form.
2. Register for the Dining Program.
3. Sign-up for a Fitness Center Orientation.
4. Pick up your touch screen card and log-in daily.
5. Enjoy the centers!



ADMINISTRATIVE OFFICE

4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 704-3343

CLINTON & BERNICE ROSE SENIOR CENTER

Manager: *Sheila Carter*
3045 N Dr. Martin Luther King Jr. Dr
Milwaukee, WI 53212
Main: (414) 263-2255

KELLY SENIOR CENTER

Manager: *Bob Best*
6100 S Lake Dr
Cudahy, WI 53110
Main: (414) 481-9611

MCGOVERN PARK SENIOR CENTER

Manager: *Angela Wright*
4500 W Custer Ave
Milwaukee, WI 53218
Main: (414) 527-0990

WASHINGTON PARK SENIOR CENTER

Manager: *Diane Chilinski*
4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 933-2332

WILSON PARK SENIOR CENTER

Manager: *Shannon Downie*
2601 W Howard Ave
Milwaukee, WI 53221
Main: (414) 282-5566

About Serving Older Adults

These senior centers are managed by Serving Older Adults of Southeast Wisconsin and funded through Milwaukee County DHHS Aging & Disabilities Services and other generous donors.

Highlighted Events

CLINTON & BERNICE ROSE SENIOR CENTER

(New) Milton House - Suggested Contribution: \$70
Led by Out & About Travel Committee

Wednesday, May 22, 9:00 - 5:00

Enjoy lunch at Milton's Family Restaurant. The Milton House is certified as an Underground Railroad site and was granted the designation of a National Historic Landmark due to its role on the Underground Railroad.
Register by May 10.

Spring Rummage Sale, Car Wash, and Food for Sale

Saturday, May 4, 9:00 - 1:00

Clinton Rose will be hosting our annual Spring Rummage Sale. Come enjoy great deals, delicious food for sale, or pay to get your car washed. All proceeds go to support the senior center. **Registration required.**

KELLY SENIOR CENTER

MKE Urban Stables and Castillos
Suggested Contribution: \$35

Monday, May 13, 11:30 - 2:30 -

Visit the home of the MKE Police's Mounted Patrol. Learn how horses think, how equine therapy works, and how to groom and lead a horse. Try it yourself! You may get dirty. Includes van, lunch, and a donation to the stables. **Registration required.**

Life is a Painting: The Life & Work of Joe Stanke
Presented by Joe Stanke

Thursday, May 9, 1:30

Come to this inspiring presentation and learn how local artist Joe Stanke first got interested in art and how he sustained his vision. **Registration recommended.**

MCGOVERN PARK SENIOR CENTER

Sip N' Paint!

Friday, May 10, 9:00 - 2:00

Join us for this Mother's Day Sip N' Paint social event. We will have light refreshments for you to enjoy.

Mother's Day Manicure

Presented by Empire Beauty School

Friday, May 10, 10:00 - 1:00

The Empire Beauty School students will be here to give their time and service to all mothers who want a manicure.

Movie at McGovern

Friday, May 17, 12:00 - 1:30

Relax and enjoy watching the movie *The Woman King*. Popcorn and soda for sale for only \$2.00.

WASHINGTON PARK SENIOR CENTER

CPR Training (Hands On Only)

Thursday, May 9, 12:30 - 1:30

The Milwaukee Fire Department will provide information and training in CPR. This session will provide training only, and no CPR certifications will be issued.

2nd Annual Art Show

Thursday, May 30, 10:00 - 12:00

Join our participants as they showcase their beautiful artwork — featuring local artist Ras 'Ammar Nsoroma. Participate in a Sip & Paint project sponsored by Working on Refining Communities (WORC). Enjoy soft piano music from Jack Serwe and hors d'oeuvres.

WILSON PARK SENIOR CENTER

Mother's Day Tea Party

Friday, May 10, 10:00

This is a time for mothers and daughters to dress in their Sunday best and enjoy delicious tea, light refreshments, and great company.



Swing Fore Seniors

June 24, 2024



Join us for a day of golf and fun to benefit programming and services for adults 50 and better. This scramble format golf event will take place at **Tuckaway Country Club located at 6901 W. Drexel Avenue, Franklin, Wisconsin.**

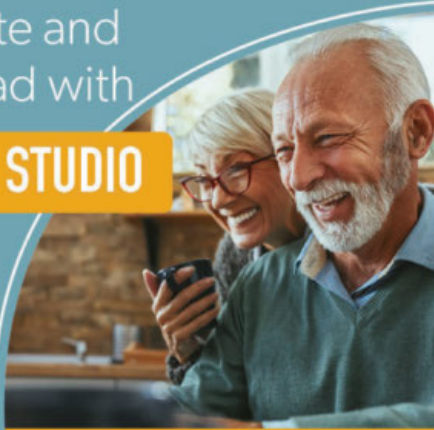
- ◆ \$200 registration includes green fees, cart, range balls, swag bag, box lunch and dinner
- ◆ Prizes, games and activities on the course
- ◆ Raffle and silent auction items and awards

**** Visit us online at www.servingolderadults.org to learn more and sign up! ****

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Engaging, ad-supported print and digital newsletters to reach your community.

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Scan to contact us!

Tech Connect for Older Adults

A Program of Serving Older Adults

Everyday Uses of AI

Everyone is talking about AI. Come to this class to see how AI is part of everyday life.

Washington Park Senior Center - Tuesday, May 7, 1:00-2:30
Clinton & Bernice Rose Senior Center - Monday, May 13, 9:30-11:00
McGovern Park Senior Center - Monday, May 13, 1:00-2:30
Kelly Senior Center - Thursday, May 16, 10:30-12:00
Wilson Park Senior Center - Thursday, May 16, 1:00-2:30



Digital Coupon Tools

Learn how digital coupon tools can help you save money!

Clinton & Bernice Rose Senior Center - Monday, May 20, 9:30-11:00
McGovern Park Senior Center - Monday, May 20, 1:00-2:30
Washington Park Senior Center - Tuesday, May 28, 1:00-2:30
Kelly Senior Center - Thursday, May 30, 10:30-12:00
Wilson Park Senior Center - Thursday, May 30, 1:00-2:30



**Registration is required for Tech Connect classes and BYOD sessions.
Please call your center for easy sign up!**

Visit us online at www.servingolderadults.org

Clinton & Bernice Rose Senior Center

Movie Watchers Club

Led by Yvonne Thomas

Friday, May 3, 9:00 - 11:00

Come watch a movie then enjoy having fun discussions afterwards. Popcorn and hot dogs are available for purchase.

Spring Rummage Sale, Car Wash, and Food for Sale Saturday, May 4, 9:00 - 1:00

Clinton Rose will be hosting our annual Spring Rummage Sale. Come enjoy great deals, delicious food for sale, or pay to get your car washed. All proceeds go to support the senior center. **Registration required.**

Morning Blend w/Hot Topics

Led by Doris Hopkins-Brown

Monday, May 6, 9:30 - 10:30

Discuss the daily hot topic with your peers.

(NEW) Junk Journal Workshop

Hosted by Center for Leadership of AFRIKAN Women's Wellness

Monday, May 6 & 13, 12:00 - 2:00

Capture memories and thoughts, and discover the joy of self-expression. Join us for creativity, nostalgia, and endless inspiration.

Mothers Day Canvas Paint & Sip

Hosted Art Gallery Erico Ortiz

Tuesday, May 7, 12:00 - 2:00

Toast to all the wonderful mothers and grandmothers. Paint and sip non-alcoholic drinks and enjoy cookies. **Registration ends May 2nd.**

Mother's Day Brunch

Hosted by Eras Senior Network

Wednesday, May 8, 9:30 to 11:00

Mother's Day Brunch and fashion show. Drink hot tea and enjoy some talented poetry. For more information please call the front desk. **Registration required.**

ADS Outreach

Presented by MKE Co Dept. of Health & Human Services

Thursday, May 9, 10:00 - 12:00

Meet with outreach social worker Andrew Bethke for up-to-date information about a wide array of resources and community based services available for seniors.

Special Bingo

Hosted by 5 Point & Safe & Sound

Friday, May 10, 12:00-2:00

Come play Bingo and win fun prizes and gift cards. Refreshments included. **Registration required.**

Everyday Uses of AI

Monday, May 13, 9:30 - 11:00

Learn how AI is already present in everyday tasks across multiple industries. Discuss ways you can take advantage of this technology. **Registration required.**

Women of the Rose Meeting

Wednesday, May 15, 12:00 - 2:00

Join this group of strong and independent women as they meet to discuss ways to help the young women of society and empower all women.

Cooking Demonstration w/Chef Marvin - "The Unsalted Chef"

Presented by HEAL (Healthy Eating Active Living)

Thursday, May 16, 11:00 - 12:00

Learn how to prepare delicious, low-sodium meals. Enjoy a sample.

Digital Coupon Tools

Monday, May 20, 9:30-11:00

Learn about digital couponing and a variety of tools including coupon websites, apps, and databases as well as tips for getting the best deals. **Registration required.**

Advisory Committee Meeting

Tuesday, May 21, 10:30 - 11:00

Learn about what's going on at Clinton Rose Senior Center. If you would like access via Zoom, please contact 414-263-2255 for details.

(New) Milton House - Suggested Contribution: \$70

Led by Out & About Travel Committee

Wednesday, May 22, 9:00 - 5:00

Enjoy lunch at Milton's Family Restaurant. The Milton House is a certified Underground Railroad site with the National Parks Service, Network to Freedom program, and received the designation of a National Historic Landmark due to its role on the Underground Railroad. **Register by May 10.**

Memories in the Making

Sponsored by the Alzheimer's Association

Thursday, May 23, 10:00 - 12:00

This is a unique art program that allows individuals with Alzheimer's disease and related dementias to express themselves through art and storytelling. Supplies are included. **Registration required.**

Speak Your Mind

Monday - Friday, 8:30 - 4:30

Don't miss this opportunity to share what's on your mind with fellow participants.

Library Area

Monday - Friday, 8:30 - 3:30

Enjoy a peaceful area where you can get lost in a great book.

Billiards Room

Monday - Friday, 8:30 - 3:30

Come on in and chase the eight ball around the table. There are always plenty of friendly faces ready for a pool game.

Clinton & Bernice Rose Senior Center

Computer Lab

Monday - Friday, 8:30 - 4:30

Do you need access to the internet or a computer? Our computer lab is here for all our participants!

Open Sewing -

Suggested Contribution: \$8 (4 weeks)

Mondays, Tuesdays & Fridays, 9:00 - 3:30

Come to our open sewing room. A sewing room orientation is required. Open Sewing & Miss Daisy's Sewing are two different groups. If interested in doing both, the total suggested contribution is \$16.

Senior Striders

Led by Evelyn Merriett

Mondays & Wednesdays, 10:00 - 11:00

Reap the benefits of seated exercises. This class will help those with limited mobility to improve their flexibility and circulation while strengthening their bodies.

Walk Easier

Led by Charlotte Lewis

Mondays, Wednesdays & Fridays, 12:00 - 1:00

Take an easy stroll while listening to R&B music.

Wisdom Studies

Led by Clifton Joseph

Tuesdays, 9:30 - 10:30

Embark on a spiritual journey.

Wisdom Counselor

Presented by Prophetess Willie Seward-Fowlkes

Tuesdays, 12:15 - 1:15

Do you need someone to talk to or pray with you? Mother Fowlkes is available for support.

Roselettes Dance Group

Tuesdays & Thursdays, 9:00 - 10:30

Get your feet moving! Join our dancing group for some fun and community involvement.

Bingo

Sponsored by Eras Senior Network & WestCare

Wednesdays, 9:00 - 10:00

Eras & WestCare will be hosting Bingo and providing prizes. They will also be sharing resources and answering questions.

Soulful Coloring

Facilitated by Shami L.

Wednesdays, 10:00 - 11:00

Love coloring and listening to music? This class is a perfect blend of both.

Bid Whist

Led by Willie Rogers

Thursdays, 12:00 - 3:00

Let's hang out and play a game of Bid Whist.

Open Art Therapy Workshops (8-week program)

Provided by Bloom Art & Integrated Therapies

Fridays, 9:00 - 11:00

This is an open art studio that will run for 8 weeks. There will be an art show at the end of the program to showcase the artworks.

Friday Bingo

Hosted by Charlotte Lewis

Fridays, 12:00 - 1:00

Spend the afternoon relaxing and playing Bingo with fellow participants.

<p>Monday 9:30-10:30 Morning Blend 10:00-11:00 Senior Striders 12:00-1:00 Walk Easier 12:00-1:00 Birthday Committee Meeting (2nd Monday) 12:00-2:00 Junk Journal</p>	<p>Tuesday 9:00-10:30 Roselettes Dance Group Practice 9:30-10:30 Wisdom Studies 12:15-2:15 Praise & Worship</p>	<p>Wednesday 9:00-10:00 Bingo 10:00-11:00 Danceworks 10:00-11:00 Senior Striders 12:00-1:00 Walk Easier 12:15-1:15 Women of the Rose Meeting (3rd Wednesday)</p>
<p>Thursday 9:00-10:30 Roselettes Dance Group Practice 12:00-1:00 Walk Aerobics 12:15- 2:15 Out and About Travel Committee Meeting (4th Thursday) 1:00-4:00 Bid Whist</p> <p>* Has a suggested contribution</p>	<p>Friday 9:00-11:00 Movie Watchers Club (1st Friday) 9:00-11:00 Open Art Therapy Workshops 12:00-1:00 Walk Easier 12:00-1:00 Bingo</p>	<p>Daily 8:30-3:30 Fitness Center 8:30-4:30 Speak Your Mind 8:30-3:30 Billiards Area (includes pool games, cards, chess, checkers & dominoes) 8:30-3:30 Library Area 8:30-3:30 Computer Lab 10:00-3:30 Open Sewing * 10:00-2:00 Miss Deborah's Gift Shop</p>

Kelly Senior Center

Bingo

Sponsored by Allay Home and Hospice

Wednesday, May 1, 1:00

Join us for an afternoon of Bingo! **Registration recommended.**

Cinco de Mayo Cooking Demo

Sponsored by Moments Hospice

Friday, May 3, 1:30

Learn to make taco tortellini salad. Enjoy a sample!
Registration required.

Kentucky Derby Party

Sponsored by Talem Home Care

Monday, May 6, 2:00

"Bet" on some recorded horse races and enjoy non-alcoholic mint juleps! Big hats encouraged. **Registration recommended.**

Memories in the Making

Presented by Alzheimer's Association

Tuesday, May 7, 12:00 - 2:00

Painting provides a chance to engage socially and reminisce. As stories are shared, a trained facilitator documents these memories. **Registration recommended.**

Life is a Painting: The Life & Work of Joe Stanke

Presented by Joe Stanke

Thursday, May 9, 1:30

Local Artist Joe Stanke has been creating art his entire life. Come to this inspiring presentation and learn how he first got interested in art and how he sustained his vision. **Registration recommended.**

Flowers for Mothers

Sponsored by Moments Hospice

Friday, May 10, While Supplies Last

If you are a mother or you act the role of a mother, join us near the front desk to receive a carnation! While supplies last.

MKE Urban Stables and Castillos -

Suggested Contribution: \$35

Monday, May 13, 11:30 - 2:30

Visit the home of the MKE Police's Mounted Patrol. Learn how horses think, how equine therapy works, and how to groom and lead a horse. Try it yourself! You may get dirty. Includes van, lunch, and a donation to the stables. **Registration required.**

Luncheon Club Planning Meeting

Tuesday, May 14, 10:00

Luncheon club will meet to plan the upcoming luncheon outings! New members welcome.

Acoustic Music Meetup

Tuesday, May 14 & 28, 10:30

Bring your instrument and enjoy playing with a fun group of musicians!

Card Making Class

Tuesday, May 14, 11:00 - 1:00

Learn to make two beautiful greeting cards and take them home afterwards! Supplies and instructions will be provided. **Registration required.**

Memory Cafe: Pencil and Paper Games

Wednesday, May 15, 2:30 - 4:00

Memory Cafés are comfortable social gatherings that allow people experiencing memory loss and their loved ones to socialize. This month's theme is "Pencil and Paper Games." Re-live the fun of all those games you played on road trips as a child! **Registration required.**

Toe Nail Trimmers, LLC Appointments

Presented by Toe Nail Trimmers, LLC

Thursday, May 16

Toe Nail Trimmers, LLC will be taking appointments at Kelly for trimming and foot care. Contact the front desk to make an appointment.

ADS Resource Table

Thursday, May 16, 10:00 - 12:00

Meet with outreach social worker Andrew Bethke for up-to-date information about a wide array of resources and community based services available for seniors.

Everyday Uses of AI

Thursday, May 16, 10:30 - 12:00

Learn how AI is already present in everyday tasks across multiple industries. Discuss ways you can take advantage of this technology. **Registration required.**

Women's Club: Online Scams

Presented by Mike A. Sass and Sons

Monday, May 20, 1:30

Protect yourself! In the age of technology, more seniors are falling prey to scammers. Speaker Mike Scasny is a retired Milwaukee County Sheriff Deputy who spent over 25 years serving. **Registration recommended.**

Bingo

Sponsored by ePlatinum Health

Tuesday, May 21, 1:00

Join us for an afternoon of Bingo! **Registration recommended.**

Kelly Advisory Meeting

Wednesday, May 22, 1:00

Get the inside scoop on upcoming Kelly events and make your voice heard!

Papercrafting

Wednesday, May 22, 1:30 - 3:00

Put together a paper birdhouse that holds an electric tealight that glows through the windows. Directions, demo, and supplies provided. **Registration required.**

Dance and Concert: North Cape Express -

Suggested Contribution: \$8

Thursday, May 23, 2:30 - 4:30

Come and dance, or just listen and enjoy! **Registration recommended.**

Digital Coupon Tools

Thursday, May 30, 10:30

Learn about digital couponing and a variety of tools including coupon websites, apps, and databases as well as tips for getting the best deals. **Registration required.**

Kelly Senior Center

Morning Exercise

Mondays & Fridays, 8:45 - 10:00

Balance, strength, and flexibility exercises. Monday sessions are followed by chair dancing. Friday sessions include low-impact cardio.

Art Exploration

Presented by Bloom Art and Integrated Therapies

Mondays, 10:30 - 12:30

Curious about art but don't know where to begin? Drop by and let the facilitators lead you in a project, or simply explore the available art materials on your own.

Movement & Music: Parkinson Disease Exercise

Presented by Wisconsin Parkinson Association

Mondays, 11:30

Manage your Parkinson's symptoms while having fun! This class incorporates stretches, strength training, posture, balance, walking drills, and vocal exercises.

Quilting - Suggested Contribution: \$20 (April - June), Various Days

Learn new techniques and patterns to plan or complete your sewing projects. Volunteer leaders are available to help you on your own machines or train you on shared equipment. **Registration required.**

Morning Fitness

Tuesdays & Thursdays, 8:30 - 9:30

Start your day with video fitness and a great group of people!

Ceramics Studio - Suggested Contribution: \$20 (April - June)

Tuesdays & Thursdays, 9:00 - 12:00

Use ceramic molds, paints, and glazes to create artful objects for your home and garden. Contribution includes use of the kiln for finishing your ceramics pieces.

Registration required.

Adaptive Chair Yoga

Tuesdays, 10:00 & Thursdays, 1:00

Our experienced yoga teacher guides students through poses using a chair for comfort and accessibility.

Take Off Pounds Sensibly (TOPS)

Wednesdays, 9:30 - 11:00

TOPS can help you reach your weight-loss goals by providing the tools, support, and accountability you need to be successful. Come join Cudahy Chapter 33's weekly meeting. Former, current, and new TOPS members are welcome. **Registration required.**

Line Dancing

Wednesdays, 11:00 - 12:00

Dance away your Wednesday mornings with our experienced volunteer instructor. Some line dance experience required.

Open Art Studio

Wednesdays, 10:00 - 12:00

Join the fun and get assistance with painting and drawing from experienced artists. Open to all skill levels.

Technology Help

Wednesdays & Thursdays, 1:00 - 4:30

Need help with a gadget? Volunteer Phil will be available to help. **Walk-ins only.**

Nature Walks

Thursdays, 9:00

Enjoy a walking group in nearby Warnimont Park. Meet in the lobby and wear your walking shoes!

Cardio Drumming

Suggested Contribution: \$3

Thursdays, 2:30

Get fit and enjoy the rhythm! This exercise class incorporates drumming to make getting fit fun!

ASAHI Exercise Program

Fridays, 10:00

ASAHI is an exercise method similar to Tai Chi developed to provide a safe practice almost anyone can do. It is a simple, effective routine to improve health and quality of life.

Monday 8:30 Tech Connect 8:45 Morning Exercise 10:00 Tai Chi 10:30 Art Exploration 11:30 Parkinson's Exercise 12:30 Mahjong 1:00 Dartball 1:00 Dominoes 1:00 Quilting	Tuesday 8:30 Morning Fitness 9:00 Birdwatching Club 9:00 Ceramics 9:00 Quilting 10:00 Chair Yoga 12:30 Tech Connect	Wednesday 9:30 TOPS 10:00 Open Art Studio 10:00 Sheepshead 11:00 Line Dancing 12:30 Canasta 1:00 Dominoes 1:00 Tech Help 1:00 Quilting
Thursday 8:30 Morning Fitness 9:00 Ceramics 9:00 Knit & Crochet 9:00 Nature Walks 9:30 Fitness Ctr. Orientation 10:00 Sheepshead 12:00 Balance & Stretch 1:00 Quilting 1:00 Tech Help 1:00 Chair Yoga 2:30 Cardio Drumming	Friday 8:45 Morning Exercise 9:30 Bridge 10:00 ASAHI	Daily 8:30-10:30 Social Club 8:30-4:30 Billiards 8:30-4:30 Computer Lab 8:30-4:30 Fitness Center 8:30-4:30 Library 8:30-4:30 Tabletop Games 11:00-11:30 Lunch

Healthy Eating Active Living - Cooking Demonstration

Presented by Chef Marvin

Thursday, May 2, 12:00 - 1:30

Chef Marvin will demonstrate how to prepare a healthy dish using items from the Stockbox. Enjoy a delicious sample afterwards.

Blood Pressure Check

Presented by Milwaukee Career College

Monday, May 6, 10:00

Having your blood pressure checked regularly can help you keep it at a healthy level.

Canning Workshop

Presented by Maxwell Farms

Mondays, May 6, 13 & 20, 12:00

Gardening is financial freedom. The more stuff you grow, the healthier you become. Get back to your roots and produce your own vegetables.

How to Choose and Use a Fire Extinguisher

Presented by The Milwaukee Fire Department

Monday, May 6, 12:30

It's important to understand that with proper training and education, fire extinguishers can save lives and property. Many adults might not know how or when to use them. Fire departments can help with proper training and answer any questions that seniors may have.

Mother's Day Manicure

Presented by Empire Beauty School

Friday, May 10, 10:00 - 1:00

The Empire Beauty School students will be here to give their time and service to all mothers who would love to have a manicure. Please stop in for this special Mother's Day event.

Sip N' Paint!

Friday, May 10, 9:00 - 2:00

Join us for this Mother's Day Sip N' Paint social event. We will have light refreshments for you to enjoy.

Pest 2 Rest Pest Control

Monday, May 13, 12:30

In this presentation, you will learn how to keep pests out of your home no matter what type or time of year.

Everyday Uses of AI

Monday, May 13, 1:00 - 2:30

Everyone is talking about AI. Come to this class to see how AI is a part of everyday life.

Advisory Meeting

Thursday, May 16, 9:00

Learn what's happening with SOA and McGovern Park Senior Center. This is a time to ask questions and voice your concerns.

Bingo

Thursday, May 16, 12:30

Are you ready to play Bingo? You will have a chance to win exciting prizes and household items.

Book Club

Thursday, May 16, 12:30

Book Title: *The Niger Wife*

Author: Vanessa Walters

You may purchase this book or check your local library.

Movie Day

Suggested Contribution: \$2

Friday, May 17, 12:00 - 1:30

Relax and enjoy watching the movie *The Woman King*. Popcorn and soda for sale for only \$2.00.

Digital Coupon Tools

Monday, May 20, 1:00 - 2:30

Learn how digital coupon tools can help you save money!

ADS Outreach

Presented by MKE Co Dept. of Health & Human Services

Thursday, May 30, 12:00

Meet with outreach social worker Andrew Bethke for up-to-date information about a wide array of resources and community based services available for seniors.

Billiards

Monday - Friday, 8:30 - 4:30

Join your peers in a friendly game of pool.

TOPS

Mondays, 9:00 - 10:00

Take Off Pounds Sensibly can help you effectively shed those unwanted pounds. Best of all, you'll learn health options from supportive TOPS members.

McGovern Park Senior Center

Dance For Fun & Fitness

Monday, Wednesday, Friday

10:00 - 11:00 or 11:30 - 12:30

Shake up your fitness routine with line dancing. This workout is something you are sure to enjoy.

Upper Body Exercise

Monday, Wednesday & Friday

11:00 - 11:30

This is an upper body workout using hand weights.

Lapidary

Suggested Contribution: \$20 (April - June)

Tuesdays, 8:30 - 3:00

Lapidary is the cutting and polishing of stone or rocks to bring out its inner beauty.

Metalsmithing

Suggested Contribution: \$20 (April - June)

Tuesdays, 11:00 - 3:00

Metalsmithing uses wire and sheets of metal to create jewelry.

Open Crafts & Quilting

Wednesdays, 8:30 - 4:30

This is a group of crafters who love quilting, sewing, knitting, and sharing their individual expertise with one another.

Bible Study

1st, 2nd & 4th Friday, 10:00

If you are interested in spiritual growth, you will enjoy this study group.

Spades Card Game

Fridays, 1:00 - 3:00

Hang out with your peers in a friendly game of spades.

Bid Whist Card Game

Fridays, 1:00 - 3:00

Join your peers in an afternoon of fun playing Bid Whist.



<p>Monday 9:00 TOPS 9:00 Walking Group 10:00 Billiards for Beginners 10:00 Dance for Fun & Fitness 11:00 Upper Body Exercise 1:00-4:30 Bring Your Own Device (BOYD) Day</p>	<p>Tuesday 8:30 Lapidary 8:30-12:00 Fitness & Nutrition 8:30-12:00 Bring Your Own Device (BOYD) Day 8:30 Fitness Center Orientation 10:00 Exercise for Seniors 11:00 Metalsmithing</p>	<p>Wednesday 8:30 Quilting 8:30 Open Crafts 10:00 Billiards for Beginners 10:00 Dance for Fun & Fitness</p>
<p>Thursday 9:00 Advisory Meeting (every 3rd Thursday) 10:00 Exercise for Seniors 12:30 Bingo (every 3rd Thursday)</p>	<p>Friday 9:00 Walking Group 10:00 Dance for Fun & Fitness 10:00 Bible Study (every 1st, 2nd & 4th Friday) 11:00 Upper Body Exercise 1:00 Spades 1:00 Bid Whist</p>	<p>Daily 8:30 Billiards 8:30 Fitness Center 8:30 Coffee Bar 8:30 Computer Lab 8:30 Puzzle Table 9:00-1:00 Re-Gift Shop 11:00 - 12:00 Lunch</p>

Washington Park Senior Center

Joy Comes in the Morning

Presented by Gloria Webster

Wednesdays, May 1 & 22, 9:30 - 10:30

This is a safe space to talk about loss, depression, and guidance.

ADS Resource Table

Tuesday, May 7, 9:30 - 10:30

Meet with outreach social worker Andrew Bethke for up-to-date information about a wide array of resources and community based services available for seniors.

CPR Training (Hands On Only)

Thursday, May 9, 12:30 - 1:30

The Milwaukee Fire Department will provide information and training in CPR. This session will provide training only. No CPR certifications will be issued.

Advisory Meeting

Tuesday, May 21, 10:00 - 11:00

Learn more about what's happening with SOA, Washington Park Senior Center, and Milwaukee County Aging Services. We encourage all participants to attend.

Please note change of date.

Cooking Demonstration w/Chef Marvin - "The Unsalted Chef"

Thursday, May 9, 11:30 - 12:30

Learn how to make a simple, delicious, and low-sodium meal. Recipe and samples will be available.

Straight Talk With Minister Glenn

May 23, 10:00 - 11:00

Come and be informed about preventive measures to take regarding prostate cancer. All are welcome.

Health Equity Lunch & Learn Workshop

Sponsored by The Center for Leadership

Thursday, May 23, 12:00 - 1:30

Learn how to advocate for yourself when speaking with doctors.

Washington Park Senior Center 2nd Annual Art Show

Thursday, May 30, 10:00 - 12:00

Washington Park participants showcase their beautiful artwork — featuring local artist Ras 'Ammar Nsoroma. Participate in a Sip & Paint project sponsored by Working on Refining Communities (WORC). Enjoy piano music from Jack Serwe and hors d'oeuvres.

Yoga - Suggested Contribution: \$6/class

(Pay by the month)

Mondays, 9:00 - 10:00

Yoga classes use gentle movements to improve flexibility, balance, strength, and posture.

Billiards

Mondays, 9:00 - 10:00 (lessons)

Tuesday - Friday, 9:00 - 3:00 (open play)

Learn to play pool with an instructor or work on your skills individually.

Open Sew

Mondays, 9:00 - 11:00

Learn basic sewing skills and how to mend clothes. Bring your projects and creative ideas.

Knitting & Crochet

Mondays, 9:00 - 11:00

Learn how to knit or crochet. Please bring your own basic supplies (we do have some to share).

Chair Arthritis

Mondays, 10:00 - 11:00

Reduce joint pain and improve overall flexibility while sitting and exercising at your own pace.

Hand Weights

Mondays, Wednesdays & Fridays, 10:30 - 11:30

Stay active with this class that will give you a full body workout. All skill levels are welcome.

Wii Bowling

Monday - Friday, 9:00 - 1:00

Wii Bowling is a great way to get moving while having fun with others in the lobby.

Woodshop

Suggested Contribution: \$25/month

Monday - Friday, 9:00 - 3:00

New participants must attend an orientation prior to registration. Sign up for an orientation in the office.

Table Tennis (Ping Pong)

Monday - Friday, 1:00 - 4:00

Playing a friendly game of table tennis is a fun way to get daily exercise and increase eye-hand coordination.

Open Art Therapy Workshops

Provided by Bloom Art & Integrated Therapies

Tuesdays, 9:30 - 11:30

A free open art studio. There will be an art show at the end of the program to showcase the artwork.

(New) Cardio Drumming -

Suggested Contribution: \$3/class

Wednesdays, 9:45 - 10:15

Get an upper-body cardiovascular workout while listening to your favorite music.

Silver Steppers

Tuesdays & Thursdays, 10:00 - 11:00

Get moving and into shape with this upbeat line dance class while grooving to fun tunes.

Guitar/Stringed Instruments

Tuesdays, 10:00 - 11:00

Open jam session. All stringed instruments and singers are welcome and encouraged to come!

Gospel Choir

Tuesdays, 10:00 - 11:00

Lift every voice and sing! Join the WSPC Gospel Choir and sing songs of praise and worship.

Scrapbooking

Tuesdays, 10:30 - 1:30

Get creative by designing one-of-a-kind pages. All skill levels are welcome!

Chess

Tuesdays, 10:00 - 1:00

Join the Washington Park Chess Players for a friendly game of chess. All levels are welcome.

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Washington Park Senior Center

Game Day

Tuesdays, 12:00 - 2:00

Play a variety of card and board games with friends. New games will include Spades and Bid Whist.

Bid Whist

Tuesdays, 1:30 - 2:30

Join us every Tuesday for Bid Whist. Bring your game and play for fun.

Quilting - Suggested Contribution: \$20 (April - June) Wednesdays, 9:00 - 12:30

Bring your creativity! Quilting support is provided by our knowledgeable leader.

Shuffleboard

Wednesdays, 9:30 - 10:30

Join this WPSC favorite! Get some exercise and have lots of fun. All levels are welcome.

Bocce Ball

Wednesdays, 10:00 - 11:00

Enjoy a game of bocce ball outside on the west lawn, weather permitting.

Tai Chi Prime - Suggested Contribution: \$6

Wednesdays, 12:30 - 1:30

This instructor-led class will allow you to energize your mind and body, lower stress, improve sleep, and reduce falls.

Phase 10

Wednesdays, 12:30 - 2:00

Phase 10 is an exciting and challenging card game. We hope you will join us.

Matinee at Washington

Wednesdays, 12:30

Each week will feature a different movie genre.

Bible Study

Thursdays, 10:30 - 11:30

Enjoy a short lesson and some good conversation along with handouts you can take home.

Detroit Style Ballroom Dance

Suggested Contribution: \$4/class

(Pay by the month)

Thursdays, 12:30 - 1:45

This instructor-led class will start with basic techniques and then advance from there.

Having Fun w/Art

Thursdays, 12:30 - 1:30

Do you love to sketch, doodle, or color? Supplies will be provided. All levels are invited to join.

Stained Glass - Suggested Contribution: \$25 (April - June)

Fridays, 9:00 - 11:00

Create beautiful projects with guided instruction from a highly experienced and creative instructor.

Piano

Suggested Contribution: \$8/week

(Pay by the month)

Fridays, 9:00 - 3:00

Learn to play the piano with individual instruction. Come to the office to reserve a spot. All skill levels are welcome.

Tennis (Indoors)

Fridays, 9:30 - 10:30

Join others in a friendly game of tennis with our WPSC Tennis group. Get in shape and have fun too.

Bingo

Fridays, 12:30 - 1:45 (dining hall)

Play Bingo and win prizes!

Washington Park Senior Center is closed for cleaning from May 13 – May 17. No activities or lunches will be served during that week.

WPSC Travel Club seeking volunteer driver to drive 14-passenger van for local day trips. Please contact Debbie or Diane.

<p>Monday 9:00-10:00 Yoga * 9:00-10:00 Billiards (lessons) 9:00-11:00 Knitting & Crochet 9:00-11:00 Open Sew 10:00-11:00 Chair Arthritis Exercise 10:30-11:30 Hand Weights</p>	<p>Tuesday 9:30-11:30 Art Therapy 10:00-1:00 Chess 10:00-11:00 Gospel Choir 10:00-11:00 Stringed Instruments/ Vocals 10:00-11:00 Silver Steppers 10:30-1:30 Scrapbooking 12:00-2:00 Game Day 12:30-1:30 Salsa Dance* 1:30-2:30 Bid Whist</p>	<p>Wednesday 9:00-12:30 Quilting * 9:30-10:30 Shuffleboard 9:45-10:15 Cardio Drumming * 10:00-11:00 Bocce Ball 10:30-11:30 Hand Weights 12:30 Movie Matinee 12:30-1:30 Tai Chi* 12:30-2:00 Phase 10</p>
<p>Thursday 10:00-11:00 Silver Steppers 10:30-11:30 Bible Study 12:30-1:30 Having Fun w/Art 12:30-1:45 Ballroom Dancing *</p> <p>* Has a suggested contribution & requires Registration</p>	<p>Friday 9:00-11:00 Stained Glass * 9:00-3:00 Piano * 9:30-10:30 Tennis 10:30-11:30 Hand Weights 12:30-1:45 Bingo</p>	<p>Daily Fitness Center Walking Group Library Computer Lab Chit-Chat Club (lobby) Wii Bowling 9:00-1:00 Gift Shop 9:00-3:00 Billiards 9:00-3:00 Woodshop * 1:00-4:00 Table Tennis</p>



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C 4C 01-2067

Wilson Park Senior Center

Tap Dance - Suggested Contribution: \$40
Thursdays, March 21 – May 23
Advanced, 9:00; Intermediate, 9:45; Beginners, 10:30

Tap your way to fitness and fun! Three sessions of continuing tap instruction are available.

Quilting Classes
Suggested Contribution: \$25 (10 Weeks)
Mondays, 9:00 - 11:00 (April - June)
Tuesdays, 1:00 - 3:00 (April - June)
Thursdays, 9:30 - 11:30 (April - June)
Fridays, 9:00 - 11:30 (April - June)

Sharpen your skills with instructor-led techniques. There are four classes that offer unique experiences.

Open Sew Classes
Suggested Contribution: \$20 (10 weeks)
Mondays, 11:00 - 2:00 (April - June)
Tuesdays, 9:00 - 12:00 (April - June)
Wednesdays, 12:00 - 3:00 (April - June)

Learn new techniques for your projects. There are three classes that offer unique experiences.

Ceramics Studio
Mondays, Wednesdays & Fridays
April 1 - June 28, 8:45 - 4:00

Join us in using your creativity to hand mold pieces of clay into works of art. Suggested contribution includes use of the kiln.

Hot/Fused Glass - Suggested Contribution: \$25
Mondays & Wednesdays
April 1 - June 26, 9:00 - 4:00

Create beautiful works of art utilizing various glass fusion techniques.

Beginners Yarn Group -
Suggested Contribution: \$10
Tuesdays, April 2 - June 25, 10:00 - 11:30

Looking to learn knit or crochet? Learn the basics to bring your future projects to life! Materials are included.

Beginners Stained Glass -
Suggested Contribution: \$25
Tuesdays, April 2 - June 27, 10:00 - 12:00

Learn all you need to get you started on your creative glass journey. This instructor-led class will guide you through each step of the process as you make your first masterpiece. Materials for your first project are included.

Stained Glass - Suggested Contribution: \$25
Tuesdays & Thursdays
April 2 - June 27, 8:30 - 4:00

Create projects using patterns or your own designs.

Paper-crafting - Suggested Contribution: \$15
Tuesdays, April 2 - June 25, 9:00 - 11:00

Join this group and stamp on to create one-of-a-kind projects.

Weaving - Intermediate
Suggested Contribution: \$15
Thursday & Friday, April 4 - June 27, 9:00 - 2:00

The weaving group is back at it again. Experienced weavers are encouraged to join as well.

ADS Resource Table
Tuesday, May 7, 9:30

Stop by the Aging and Disability Services (ADS) resource table and meet with outreach social worker Andrew Bethke for information about an array of resources and community-based services. Walk-ins welcome!

Mother's Day Tea Party
Friday, May 10, 10:00

This is a time for mothers and daughters to dress in their Sunday best and enjoy delicious tea, light refreshments, and great company.

Advisory Meeting
Wednesday, May 15, 10:00 - 11:00

Learn more about what's happening with SOA, Wilson Park Senior Center, and Milwaukee County Aging Services. We encourage all participants to attend.

Everyday Uses of AI
Thursday, May 16, 1:00 - 2:30

Everyone is talking about AI. Come to this class to see how AI is part of everyday life.

National Strawberries & Cream Day
Tuesday, May 22, 1:00
Stop by the lounge for a tasty treat while supplies last!

Digital Coupon Tools
Thursday, May 30, 1:00 - 2:30

Learn about digital couponing and a variety of tools including coupon websites, apps, and databases as well as tips for getting the best deals. **Registration required.**

Morning Exercise
Mondays, Wednesdays & Fridays, 9:15 - 10:00
Enjoy low-impact exercise that will improve your range of motion and overall health.

Low-Impact Aerobics
Mondays & Thursdays, 1:00 - 2:00
Enjoy working out without putting stress on your joints.

Sojourn Bears
Tuesdays & Wednesdays, 12:30 - 3:00
Join a group of folks looking to make a difference in the lives of patients with cancer by creating one of a kind bears that are delivered to local hospitals to brighten the day of someone special. No sewing experience is needed.

Cornhole League
Tuesdays, 1:00 - 2:00
Play indoors with the Cornhole League and show off your bean bag tossing skills.

Woodcarvers & Burners
Wednesdays, 8:30 - 11:30
Create your next masterpiece with fellow woodworking enthusiasts. Beginners are encouraged to join in the fun. Materials will be supplied for your first project!

Bible Study
Wednesdays, 10:15 - 11:15
Come join us as we dig deeper into the word and learn more about scripture.

Wilson Park Senior Center

Gentle Yoga

Wednesdays, 2:00

This low-impact exercise can be adapted to improve anyone's fitness level, starting right where you are now.

Open Art Studio

Sponsored by Bloom Center for Art and Integrated Therapies

Thursdays, 9:00 - 11:00

Open your creative side through guided projects or enjoy the environment as you work on your own masterpieces.

Dartball - Suggested Contribution: \$15

Thursdays, 12:30

Play dartball with other participants. Beginners welcome.

Recorder Ensemble

Thursdays, 1:00

Now accepting new members of all experience levels. There are loaner instruments available as you learn.

Ukulele

Thursdays, 1:30 - 2:30

Bring your ukulele, sing along or just listen to the relaxing sounds of this fun Hawaiian instrument.

Mahjong

Fridays, 9:00

Come enjoy this popular tile game while sharing friendly conversations with others.

Guitar Jam

Fridays, 9:30 - 12:00

Jam with folks who love to play guitar. All levels are welcome to join the fun.

Bridge

Fridays, 12:00 - 3:00

The Bridge group meets to share in their love of the game, conversation and more. If you are an avid Bridge player looking to play, please join in on the fun.



<p>Monday 8:45 Ceramic Studio * 9:00 Scrabble 9:00 Hot/Fused Glass * 9:00 Quilting * 9:15 Morning Exercise 10:30 Intermediate Line Dancing * 11:00 Open Sew * 12:00 Sheepshead 1:00 Low Impact Aerobics 1:30 Big Band Dance (2nd)</p>	<p>Tuesday 9:00 Paper Crafting * 9:00 Stained Glass Studio * 9:00 Open Sew * 9:00 Chess 10:00 Garden Club (2nd/4th) 11:00 Coin & Stamp (3rd) 11:30 Guided Art Studio * 12:30 Sojourn Bear Group 1:00 Beginner Crochet 1:00 Cornhole 1:00 Bingo (2nd)</p>	<p>Wednesday 8:45 Ceramic Studio * 9:00 Wood Carving & Burning 9:00 Scrabble 9:00 Hot/Fused Glass * 9:15 Morning Exercise 10:00 Advisory Meeting (3rd) 10:00 Book Club (Last of month) 10:00 Knit & Crochet 10:15 Bible Study 10:30 Hot/Fused Glass * 12:00 Open Sew * 12:00 Sheepshead 12:30 Sojourn Bear Group 1:00 Model Railroad 1:00 Fused Glass * 2:00 Gentle Yoga</p>
<p>Thursday 9:00 Weaving * 9:00 Adv. Beg. Tap Dance * 9:00 Plastic Canvas 9:00 Stained Glass * 9:45 Int./Adv./ Tap Dance * 10:30 Beg. Tap Dance * 11:30 Guided Art Studio 12:30 Dartball * 1:00 Low Impact Aerobics 1:00 Model Railroad 1:00 Guitar Lessons 1:00 Recorder Ensemble 1:30 Ukulele</p>	<p>Friday 8:45 Ceramic Studio * 9:00 Weaving * 9:00 Mahjong 9:00 Open Glass Studio * 9:00 Scrabble 9:00 Quilting * 9:00 Guitar Jam Session 9:15 Morning Exercise 12:30 Bridge 1:00 Movie & Popcorn</p>	<p>Daily 8:30 Fitness Center, Billiards, Library, Computer Lab, Walking Group 9:00-3:00 Wood Shop * 10:00-2:00 ReGift Shop 11:00-12:00 Lunch</p> <p>* Has a suggested contribution/ Registration required (Classes have a start and end time)</p> <p>**Registration required</p>

National Senior Health & Fitness Day

May 29, 2024

CLINTON & BERNICE ROSE SENIOR CENTER

10:00-10:30 - Senior Striders
10:30-11:00 - Fitness Bingo
11:00-11:30 - Cooking Demo
11:30-12:15 - AARP Walk with a DOC

KELLY SENIOR CENTER

10:00-10:30 - AARP Walk with a DOC
10:00-2:00 - Memory Screenings
10:00-2:00 - Chair Massages
10:30-11:00 - Cooking Demo
12:00-12:30 - ASahi
1:00-1:30 - Brain Workshop

MCGOVERN PARK SENIOR CENTER

10:00-10:30 - AARP Walk with a DOC
10:30-11:00 - Fitness Bingo
11:00-11:30 - Cooking Demo
12:00-1:00 - Tai Chi

WASHINGTON PARK SENIOR CENTER

10:00-10:30 - AARP Walk with a DOC
10:30-11:30 - Hand Weights
11:45-12:15 - Cooking Demo
12:30-1:00 - Tai Chi

WILSON PARK SENIOR CENTER

9:15-10:15 - Morning Exercise
10:30am-11:00am - AARP Walk with a DOC
11:00-11:30 - Cooking Demo
12:30-1:00 - Evidence-Based Classes

***Blood pressure screenings also available at each center.**

Call your local senior center to sign up!



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Spring 2024 Guided Tours for Older Adults

Milwaukee County Aging & Disabilities Services is sponsoring free guided tours of the Milwaukee Art Museum, America's Black Holocaust Museum, the MSOE Grohmann Museum, and Boerner Botanical Gardens this spring for older adults (60+).

Milwaukee Art Museum

April 24 at 11 a.m. (Exhibition Feature)
May 16 at 11 a.m. (Highlights Collection)
June 5 at 11 a.m. (Highlights Collection)



America's Black Holocaust Museum

Tuesdays at 10 a.m.
April 9
May 21
June 25

MSOE Grohmann Museum

Mondays at 10 a.m.
April 15
May 13



Boerner Botanical Gardens

Thursdays at 10 a.m.
May 9
June 13

SIGN UP FOR A TOUR

To reserve your spot contact Julie Lara at **(414) 289-6531** or julie.lara@milwaukeecountywi.gov. Reservations will be made on a first come first serve basis, with limited available spots. Reservations must be made at least one week in advance of the tour date.



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May is Older Americans Month!

SOA is proud to recognize and honor older Americans this month and beyond. The theme for this year is “Powered by Connection,” which focuses on the significant impact relationships and social connections have on our well-being. Here are some ideas to create new social connections, strengthen the bonds you already have built, and connect with your community:

- ◆ Read “The Connection” and find exciting programs like Cardio Drumming, Line Dancing, Memory Cafes, and Tech Connect classes
- ◆ Learn a new hobby by attending a beginner’s class and learn from skilled instructors
- ◆ Get your tech questions answered by attending a Bring Your Own Device (BYOD) workshop and connect with your family via texting, video chat, and more
- ◆ Sign up for a travel trip and explore new or undiscovered places with friends

Community Resources



Senior Dining

We are open for in-person dining at all five centers. There is a suggested \$3 donation for adults 60+ and \$8 cost for guests under 60. A reservation by 11:00 am the day prior is required for all diners.

Clinton Rose	414-263-2255
Kelly	414-481-9611
McGovern Park	414-527-0990
Washington Park	414-933-2332
Wilson Park	414-282-3284

Advisory Committee Meetings

This is a great opportunity to get involved in your senior center. Help us plan, provide feedback on existing and new programs, hear updates, stay informed, and ask questions.

Clinton Rose	Tuesday, May 21, 10:30
Kelly	Wednesday, May 22, 1:00
McGovern Park	Thursday, May 16, 9:00
Washington Park	Tuesday, May 21, 10:00
Wilson Park	Wednesday, May 15, 10:00

Stockbox

A Stockbox is a box of healthy foods that Hunger Task Force provides to low-income seniors free of charge. Contact a senior center for more information.

Clinton Rose	Thursday, May 9, 11:00
Kelly	Thursday, May 23, 12:30
McGovern Park	Thursday, May 30, 12:00
Washington Park	Tuesday, May 7, 9:30
Wilson Park	Tuesday, May 21, 10:00

Community Partners

Our community partners are a large part of how we are able to provide services to older adults. Whether it is through furthering education, giving donations, sponsoring events, or spreading awareness, our community partners have stepped up to support older adults in our community.



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 Aggies Bakery
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 Cudahy Health Department
 Einstein Bagels
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 Groundcorp
 Groundworks MKE
 Harbour Village
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 Historic 41 Business Association

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 Milwaukee Women's Center
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 Molina Healthcare
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 Northside Side Community Development Cooperation
 Park People
 Pete's Supermarket
 Pick N Save/Metro Market
 Safe and Sound

Salvation Army
 Senior Helpers
 Sorenson
 Soul to the Polls
 Southeastern Wisconsin Deaf Senior Citizens
 St. Croix Hospice
 Syngery Homecare
 The Power of Change
 University of WI-Madison
 Urban Ecology Center
 VA
 Villa St. Francis
 Walgreens
 Westcare
 Wildcats-Lincoln Middle School
 Williamstown Bay
 Wilson Commons
 Wisconsin Health Literacy
 Wisconsin Institute on Aging
 Wisconsin Parkinson Association
 YMCA Milwaukee

Thank you to our many partners!

We wish to thank all of our partners. Without your support we would not be able to provide vital programs and services to older adults in our community. This list represents all who donated from April 2023 - March 2024. We made every attempt to recognize all donors. If your name was missed, please contact us at 414-933-2332 ext. 1004 or email Development@servingolderadults.org.

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Direct Supply
Milwaukee Parks Foundation
RRF Foundation for Aging
James Sheridan
Spectrum

\$5,000 - \$9,999

Anonymous (1)
Anthem Blue Cross and Blue Shield
Emory T. Clark Foundation
The Every Day Good Foundation
Green Bay Packers Foundation
Health Connections, Inc.
Mindy & Steve Anderson
Francie Luke Silverman Foundation

\$2,000 - \$4,999

Anonymous (3)
Gigaflight Connectivity Inc.
Heartland Properties, Inc.
HOPE Study
Jordan & Renee Luhr
Stephanie & Paul Mares
PPC Foundation
David & Melissa Stauber

\$1,000 - \$1,999

Anonymous (2)
Preston Alvadj
Alzheimer's Association of Wisconsin
Harvinder Ahuja
CMG Life, Annuity & Health Insurance Solutions
Bridgette & Kevin Frommell

\$1,000 - \$1,999 (continued)

Operose Advisors
Point After Pub & Grille
Max A. Sass & Sons Funeral Home
Cindy Sheridan
Robertson Ryan & Associates
Target Corporation
We Energies Foundation

\$500 - \$999

Anonymous (1)
Borgman Capital
Patricia Buente
CaptionCall by Sorenson
Dorene Drumel
Greg & Jill Gardetto
James & Cheryl Hempel
Humana
Diane Jandron
Sherry Kulhanek
LSS /Connections
John C. Lapinski
Dennis Lech
Mechele Lewis - SimpliCare Insurance
Jaime J. Maliszewski
Master Printwear
Roy & Lynn Meythaler
Tim & Katie Moersfelder
Daniel & Nicole Renouard
Max A. Sass & Sons Funeral Service
Dan Shaykevich State Farm Insurance
Suburban Asphalt
Uzelac Industries Inc.
Phyllis Veerhaalen

\$250 - \$499

Anonymous (4)
Ascension Living St. Francis Place
AZH Management, LLC
Elizabeth Baren
Raymond Berg
Board of Aging & Long Term Care
Frank Brindza

\$250 - \$499 (continued)

Marsha & Paul Bukofzer
Castle Hospice
Jo Cross
Lynn Crawford & Tim Willmes
Cudahy Lions Club
Eras Senior Network
Nita Farrow
First Lutheran Church of West Allis
Mary Ann Fortin
Mark & Kellie Foster
Don & Christine Gardner
Greater Wisconsin Agency on Aging Resources
Ronald & Betty Hayes
Howard Village Senior Living
Del Januchowski
Kendall Kelly
Carol & Brian Kellogg
Jeanne Kennedy
Sharon Lewek
Love Thy Neighbor Foundation
Frances May
Bart Kocha & Carol Marefka
Peter & Dorothy Majchrzak
Walter & Katie McCoy
Jerry & Mary Ellen Mikulay
J. Misorski & P. Garrity
Pointer Financial Group
Michael R. Prudhom
Mike & Sally Radka
Charlie Rush
Rick & Kris Skaar
Andrew Stark State Farm
Althea Stover
Lawrence Taylor & Michele Taylor EvansYvonne Thomas
TOPS 0033
Vernestine Varnado
Villa St. Francis
Wilson Commons
Tom & Cathy Wood
Charles Woodward



Our GEMs (Give Every Month) - You Help Us Shine!

Anonymous (1)
Mindy & Steve Anderson
Marsha & Paul Bukofzer
Pat Ehlert
Eva Eiseman
Mark & Kellie Foster

Bridgette & Kevin Frommell
John & Janice Gardetto
Stephanie Mares
Pamela Miller
Lynne Grages & Paul Neymeyr
Mike Prudhom

Rachel Ritchhart
Barbara Toles
Roxann Tolliver
Tom & Cathy Wood
Charles Woodward

What is a GEM?

A GEM is a member of a dedicated community who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

How do I become a GEM?

You can set up a recurring donation by visiting our website, servingolderadults.org/donate, and selecting "Donation - Recurring" under Donation Type. Your credit card will be charged on the same date every month as the original charge.

You can also send a check or set up a recurring bill

payment on your bank account and have your bank send payment to:

Serving Older Adults, Attn: Development
4420 W Vliet St, Milwaukee, WI 53208

Your payment can be changed or stopped at any time by contacting development@servingolderadults.org.

Partners to \$249

Anonymous (22)
 Ted & Mariane
 Allen Sr.
 Annie Anderson
 Sharon Anderson
 Linda E. Stueven
 Mary Ard
 Ernice Austin
 Jean Badura
 Mary Ann Bagemehl
 Anne Balistreri
 Linda Barikmo
 Christine I Beck
 Janice L Behnke
 Bonita Biba
 Gary Bird
 Douglas Blackwell
 Carolyn Blackwood
 Sue Blaustein
 Joan Blaustein
 Jim & Holli Bohn
 Mirian Boyd Organ
 Vanessa Brice
 Pharis Brooks
 Carolyn Brown
 Katie Brown
 Pat and Frank Bruce
 Chris Buckley
 Laurie Burns
 Barbara Cameron
 Alton Campbell
 Marie Campos
 Sheila Carter
 Wendy Cetera
 Charlie
 Diane Chilinski
 Jason Christ
 Gaye Clark
 Michael Coffey
 Salvatore Corrao
 Lynn Crawford
 Patricia Cronce
 Constance Crooks
 John Crowley
 CW
 Jerry & Arlene Davey
 Jaquelyn Tolbert
 Jeff and Laura Dawson
 Linda Demarias
 Anton & Sonja Devcic
 Linda & Patrick Devitt
 Nancy & Joseph Di
 Giacinto
 Dennis Dillon
 Kelsey & Gurvir
 Dosanjh
 Friday Bridge
 Shannon Downie
 Kandy and Krista
 Pat Ehlert
 Eva Eiseman
 Dianne Ertel
 Anne Fagan
 Frank Filardi
 Eplatinum Health
 Sharron Fitak
 Vera F Ford
 Lewis Franklin
 Rosemarie Fridrick

George Frison
 Jacqueline Fryer
 Richard & Joan Gaeth
 Pamela Galasinski
 Ruth Gaura
 Sylvia Gear
 Jim Glembin
 Marsha Godfrey
 Dick Goldberg
 Dan Goodmann
 Perry Griffin Jr.
 Michael Gronitz
 Linda Groth
 Raymie & Bee
 Grundhoefer
 Colleen Grundy
 Belle Guild
 Rita Gutowski
 David Haase
 William J. Hable
 Thomas Haliburton
 Minnie Harmon
 Hannah Harris
 Steven & Nancy
 Harwood



Hear Wisconsin
 Linda Heintz
 Diane Hellrung
 Steve Henry
 Lenore Hernandez
 Richard & Linda Hintz
 Doris Hopkins-Brown
 Dennis Horrigan
 Ms. Shirley
 Dennis & Cindy
 Horzewski
 Maureen Hurley
 Janet Ibitoye
 JBG
 Julie Jacobson
 Thomas Janczak
 Rick
 Audrey Jansen
 Jean K.
 Lue Jemison-Spivey
 David & Vicki Jensen
 Stephen Jerde
 Apollonia & Raymond
 Johann
 Barbara Johnson
 Verna Johnson
 Lola Jones
 Cindy Juds
 Debra Jupka

Bob Kabella
 Joan Kadow
 Judith Kaiser
 Shannon Kantowski
 Jim Kimble
 Trina
 Barbara Kogutkiewicz
 Richard & Regina
 Koronkowski
 Edward & Kathaleen
 Kosanke
 Lucille Kozelek
 Kathryn Krieg
 Cynthia Kroll
 Edward Krueger &
 Carla Staab
 Carl Lacy
 Alexander & Sharon
 Rae Landergott
 Durtka, Jr.
 Mel Larsen
 Roberta Larson
 Janice Lee
 Nhia Lee
 Charlotte Lewis

Pamela Miller
 Patricia Mims
 Josephine Misiewicz
 Dorothy Mitchell
 Stephanie Momon
 Rosanne & Harry
 Moore
 Bettye Morgan
 Sharon Morris
 Donald Mueller
 Sharon Multani
 Ms. W. Nash
 Mary Neitzel
 Rick Nelson
 Susan Nelson
 Stephanie Netzel
 Lynne Grages & Paul
 Nymeyr
 John & Peggy Niemer
 Norma Nonneman
 Mary Ann Panevska
 Anita
 Tyrone Pennington
 Pert
 Alice Peterson
 Barbara Peterson
 Mr. & Mrs. Jerome H.
 Peterson
 Muriel Plichta
 John Podsedly
 Veretta Porter
 Ron Portz
 Christine Prevettti
 Jan Pritzl & Karen
 A'Rowan
 Stephen & Susan
 Ragatz
 Isabel Ray
 Jean Rehse
 Inez Rembert
 Carol Renier
 Lorie Rieden
 Michele Rinka
 Rachel Ritchhart
 Thelma Roberson
 Cordelia Robinson
 Florine Robinson
 Maria Rodriguez
 William Roepke
 Willie Rogers
 Rose Hill Missionary
 Baptist Church, Inc.
 William T. Rossi
 Judith A Roth
 Jo Ann Rucker
 Michael & Janette
 Rupinski
 Ron Sager
 Caroline & Robert
 Sanderson
 Kathy & John Schauer
 Stuart & Gayle Schenk
 Ron & Renee Scherr
 Valanee Schmitz
 Sharon Schneck
 Jim & Barb Schroeder
 Mary Ann Schroedl
 Brad & Amy Schultz
 Larry & Darlene

Schwartz
 Carol Scott
 Jerro Scott
 Bruce Seiden
 Barbara Semons
 Marge Senger
 Mary Jane Sericati
 Willie Seward-Fowlkes
 Adele Shaw
 Dan and Jill Sheridan
 Tanya Sheriff
 Jacquelyn Sierlecki
 Zelma Simmons
 Nancy & Theodore
 Sipowicz
 Louis & Henrietta
 Smith
 Paulette Smith
 Marie Sobiech
 Lee Sprengel
 John & Eileen Stewart
 Peggy Stewart
 Susan Stewart
 Alice Stokes
 Carol Stolpa
 Janet M. Strom
 Patricia Suchla
 Chuck & Nikki Sunn
 Family of Chuck Sunn
 Jeffrey Sweetland &
 Margaret Murphy
 Mary Tetzlaff
 Dorothea Thesfeld
 Angela Thomas
 Ed & Judy Thomas
 Shirley Tiedjen
 Margaret Todd
 Barbara Toles
 Roxann Tolliver
 Connie Trapp
 Natalie Traylor
 Rick and Agatha Tsao
 Mary Tschannen
 Christopher Turek
 Harold Turner
 Sandra Underwood
 Andrea Urbaniak
 Jose Valdehuesa
 Alice Voith
 Mary W.
 Warren Walifeild
 Margaret Wallace
 David J. Wardynski
 Georgette Watkins
 Gloria Webster
 Andrew E. White
 Iona Whittley
 Pat and Marty Wilke
 David Wilkerson
 John Williams
 Gerald & Mary
 Williquette
 Larry Windhom
 Judith & Winton Wood
 Tina Zaffiro
 Dawn Zakian
 Sue Zwolinski

DONATION FORM

I/We wish to make a contribution to SOA in support of services for older adults in our community.

Please use my donation at:

- | | |
|---|--|
| <input type="checkbox"/> Where need is greatest | <input type="checkbox"/> McGovern Park Senior Center |
| <input type="checkbox"/> Clinton Rose Senior Center | <input type="checkbox"/> Washington Park Senior Center |
| <input type="checkbox"/> Kelly Senior Center | <input type="checkbox"/> Wilson Park Senior Center |

MY DONATION:

- | | |
|--|---|
| <input type="checkbox"/> \$25 - Supporter | <input type="checkbox"/> \$500 - Advocate |
| <input type="checkbox"/> \$50 - Associate | <input type="checkbox"/> \$1,000 - Connector |
| <input type="checkbox"/> \$100 - Friend | <input type="checkbox"/> \$5,000 - Benefactor |
| <input type="checkbox"/> \$250 - Companion | <input type="checkbox"/> \$10,000 - Champion |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Become a *GEM: _____ |

*What is a GEM (Give Every Month)?

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Full Name: _____

Name(s) (how you would like to be acknowledged)

Street Address _____

City, State, Zip Code _____

Email Address _____

I/We wish to remain anonymous

Donation in honor of in memory of

Payment Method

One time donation Monthly

Cash _____ Check # _____
(Please Make Check Payable to SOA)

Credit Card Number: _____

Exp. Date _____ CVV# _____

Signature _____

Telephone: _____

Please charge my credit card for my one-time donation of
\$ _____

Please charge my card \$ _____

Per: Month Quarter _____ Number of Times

For a Total Donation of \$ _____



Let's age well together!

Our Partnership Program allows you to partner with SOA to help fulfill our vision of a community where every adult 50 and better will be connected to the resources they need and the opportunities that interest them throughout the entire aging process.

The Partnership Program gives you the opportunity to place your donation with the center you value, with a center that needs help, or where the need is the greatest. Please consider partnering with SOA by filling out this form and returning it to the front desk of your senior center, or mail to:

SOA Partnership Program
4420 W Vliet St
Milwaukee WI, 53208

See our Partnership pages for a complete list of partners.

Donors will be recognized each month on the Partnership pages of "The Connection" and in our annual report.

thank
you!

FOR OFFICE USE ONLY

Date Received: ____/____/____ Receipt# _____

Location: _____ Init: _____