

MT. MORRIS SENIOR CENTER

NEWSLETTER



AUGUST- SEPTEMBER 2022

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THE BEST FOOD IN OGLE COUNTY?

We are having a contest to find the best food in the county! Do you know where to find the best burger, the best pizza, or the best tacos? Do you know which place is the best family restaurant or where to find the best fish? Join us to go to your favorite places and try some new ones. Fill out a survey about each, and when we have rated each place we will present a certificate to the ones that come out on top.

Join us on the following days for what is sure to be a delicious meal...

August 16—Sam's Drive-In,
Byron at 11:00 am
August 25—Pepper Mill, Mt.
Morris at 4:30 pm
September 2—Hector's Cocina,
Oregon at 5:00 pm
September 14—Jay's Drive-In,
Oregon at 11:30 am
September 27—Sunrise, Byron
at 11:30 am
Some of these outings are part
of a larger event. All have been
recommended by someone as
"the best". Let's decide for
ourselves. Please let Melissa
know if you plan to join by
calling 815-734-6335.

FUN EVENTS FOR EVERYONE!

WELCOME!

You are amazing. You are important. You are special. You are unique. You are kind. You are precious. You are loved. Have a great day!



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TRIP TO HERITAGE FARM MUSEUM

The Byron Forest Preserve includes the Heritage Farm Museum. On September 27th we will be taking a trip to Byron to explore the Heritage Farm Museum and the Jarrett Prairie Center Museum. After we spend time at each of these museums we will go out to lunch together at Sunrise in Byron. This lunch will be a part of our new quest to find the best food in Ogle County. We will be carpooling for this trip, so we need people who are willing to drive. We will leave the Mt. Morris Senior Center at 8:30 am, so that we can arrive in Byron around 9 am. After lunch we will head back to Mt. Morris, and we should be back to the Senior Center around 1:30 pm. Please let Melissa know if you would like to attend this trip by September 20th.

JOIN US FOR THE HAGEMANN/MILLER MEMORIAL GOLF OUTING

The annual Hagemann/Miller Memorial Golf Outing is on Saturday, September 24th and we need you! We are looking for sponsors for each hole as well as items for our goodie bags and prizes for the golfers. Is your company willing to donate something, or would you like to sponsor this fundraiser personally? Just talk to Melissa, and let her know how you would like to help. Do you enjoy golfing or even just want to join us for dinner? We would love to have you and your friends join us for the day! Fill out the form below and send it in to the Mt. Morris Senior Center at 9 East Front Street, Mt. Morris, IL 61054.

Golfer Names 1. _____
2. _____
3. _____
4. _____

Phone Number: _____

Address: _____

Additional Diners? _____

Sponsorship Amount _____

Donations _____

SIGN UP TODAY BY CALLING 815-734-6335!

AN OPPORTUNITY TO SERVE

August-September 2022

CHRISTMAS IS COMING!

We will be serving the residents of Pinecrest again this year for our Senior Christmas Program. We would also like to include other seniors who need some extra love during this Christmas Season. Do you have a neighbor who is a shut in or has recently lost their partner? Do you know someone who just needs to

know that they are loved and cared for? Please contact Melissa and let her know this information about the person who could use a gift this Christmas Season.

Name _____

Address _____

Gift Ideas _____

This program will be limited to Mt. Morris residents.

Would you like to help with this program in a big way? We could use help coordinating, organizing, purchasing gifts, wrapping presents, and delivering. Please let Melissa know if you can help!



AMAZON SMILE SUPPORTS THE SENIOR CENTER!

Did you know your Amazon purchase can support a local charity at no additional cost to you? Just go to smile.amazon.com and set the Mt Morris Senior Citizens Council as your preferred Charity. For each purchase you make at smile.amazon.com the Senior Center will receive a small percentage. Thank you for your support!




HEALTH EDUCATION ■ STRETCHING ■ 45 MINUTE WALK

Second & Fourth Thursday of Each Month

Free to all community members and open to all fitness levels

From 9:00 - 10:00 am

Meeting Location:
Pinecrest Community Center
500 Evergreen Lane, Mt. Morris



Studies show:
Patients who choose hospice care live on average 29 more days than those without hospice care.



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FUN AND FOOD FOR ALL!

Page 4 Mt. Morris Senior Center Newsletter

MOVIES AT THE CENTER

August 22 @ 11:00 am—Patsy and Loretta

September 6 noon—The Best Exotic Marigold Hotel (This is also our book club book for September—read with us!)

September 19 at 11:00—Pan
We will share some time together while we eat lunch and watch a movie together. Melissa will make a delicious meal. The cost for these meals will be \$8 each.

Cook Book Club

Join the Center and the Mt. Morris Public Library for our Cook Book Club!

We will meet on the 2nd Tuesday of the month at 5:30 pm. Stop by the library to sign up, choose a recipe, prepare the dish and bring it to the Senior Center Coffee Shop on Tuesday, September 13th. We will be able to taste all of the dishes and there will be copies of the recipes for everyone.

BREAKFAST WITH THE *Mayor*

Join us for breakfast with the Mayor, and other local leaders, on the first Wednesday of each month.

We will be serving biscuits and gravy (\$2 for a half order, \$3.50 for a full), pancakes (\$1 each), and coffee.

All are welcome!

Mount Morris Senior Center

Serving Seniors Since 1976

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815-734-6335

BINGO BIRTHDAY AND JAM SESSION!

On Wednesday, August 17th (Chicken Alfredo) and Wednesday, September 21st (Grilled Cheese and Potato Soup) we will celebrate the birthdays in August and September. We hope you can join us for a \$8.00 lunch and some free bingo. Bingo will start at 10:30 am and lunch will be served at 11:30 am. See you then!

If you enjoy music you will love the Jam Sessions at the Mt. Morris Senior Center. Local musicians stop by the 4th

Wednesday of each month to play beautiful music starting at 10:30 am. Join us on August 24th and September 28th. A \$5 lunch will be served at noon after each Jam Session.

We would love to have you, but we have to plan ahead to make sure we have enough food and space for everyone. If you would like to join us for either of these meals please sign up by the Monday before by calling 815-734-6335 or emailing mmsrcenter@gmail.com Thanks to Nancy from Serenity Hospice for calling Bingo for us and to the musicians for the music!!

BISCUITS AND GRAVY

When: Every Wednesday 8-10 am

Where: Senior Center Dining Room

Who: everyone, until we run out!

Cost: \$2.00 for one biscuit, \$3.50 for two biscuits, and \$0.50 for coffee

We hope you can join us for this delicious meal. Bring



U.S. NATIONAL **STRAW SCULPTING** COMPETITION MT. MORRIS, IL 61054 SEVENTH ANNUAL • AUGUST 12-28th, 2022 StrawFest Day • Saturday, August 27th, 2022

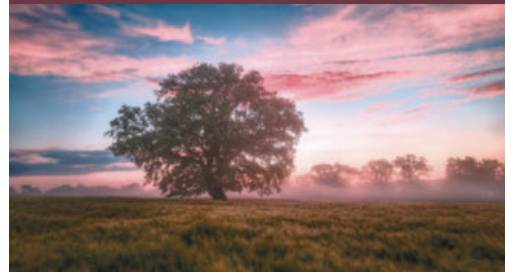
Campus in Mt. Morris. You can come and vote for your favorite straw sculpture and see winners from year's past. You can also enjoy concerts throughout the competition and StrawFest Day on

The 7th annual US National Straw Sculpting Competition will take place August 12th-28th on the

Saturday, August 27th with a bale rolling competition, music, square/line dancing, food, and much more!

HIKE WITH MELISSA


Join Melissa on Tuesday, August 30th and Thursday, September 29th for a hike at 10:00 am. Dress for the weather and get ready for some fun as we hike, chat, and spend time in God's Creation. Please meet at the Mt. Morris Senior Center, and we will head out to our hiking location together. Sometimes we may even just hike around our amazing village. Sign up today!



SUPPORT THE ADVERTISERS *that Support our Community!*



SEPTEMBER 2022

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 28	29	30	31	1	2	3	
	9:00 am Fitness 12:30 pm Hand and Foot		8-10 am B&G 9:00 am Fitness 1:00 pm Bridge	6:00 pm Alzheimer's Caregivers Support Group	9:00 am Fitness 3:00 pm Painting at Cin's Treasures 5:00 pm Hector's Cocina	U.S. Bowling League Day!	
4	5	6	7	8	9	10	
National Newspaper Carrier Day!		11:00 am Book Club, Movie, and Lunch 1:00 pm Golf	8-10 am B&G and Pancakes with the Mayor! 9:00 am Fitness 1:00 pm Bridge	National Ampersand Day!	9:00 am Fitness	National TV Dinner Day!	
11	12	13	14	15	16	17	
Grandparent's Day!	9:00 am Fitness 12:30 pm Hand and Foot	12:00 pm Potluck 1:00 pm Cribbage 5:30 pm Cook Book Club	8-10 am B&G 9:00 am Fitness 11:30 am Jay's in Oregon 1:00 pm Bridge	8:30 am Board Meeting 6:00 pm Trivia and Tacos	9:00 am Fitness 11:00 am Kraft with Kerri	National Apple Dumpling Day!	
18	19	20	21	22	23	24	
Community Block Party at Trinity Lutheran Church at 11:00 am!	9:00 am Fitness 11:00 Movie and Lunch 12:30 pm Hand & Foot	1:00 pm Golf	8-10 am B&G 9:00 am Fitness 10:30 am Bingo & Lunch 1:00 pm Bridge		9:00 am Fitness National Great American Pot Pie Day!	Hagemann/Miller Memorial Golf Outing!	
25	26	27	28	29	30	OCTOBER 1	
	9:00 am Fitness 12:30 pm Hand and Foot	8:30 am Trip to Byron Farm Heritage Museum and Lunch at Sunrise in Byron	8-10 am B&G 9:00 am Fitness 10:30 am Music & Lunch 1:00 pm Bridge	10:00 am Hike	9:00 am Fitness	Autumn On Parade!	

SOMETHING FOR EVERYONE!

A PAINTING AFTERNOON AT CIN'S TREASURES

On Friday, September 2nd at 3:00 pm we will meet at Cin's Treasures in Conover Square in Oregon to paint some projects together. The projects that are available are pictured below.

You can paint a 12x12 canvas painting of a flower, the

gourd votive, or a 6x6 mandala. The cost for each project will be \$20. Simply sign up, choose your project, and pay your \$20 by August 19th, and we will have a fun afternoon together.

Afterwards those who want to will go to Hector's Cocina for dinner.

Call 815-734-6335 to sign up!



Old Sandstone Art Gallery

One of the best things in Mt. Morris is Encore! They bring many different types of art to our little village for all to enjoy. Encore will be hosting art classes (info on page 10) and a show called Small Town Livin' August 3rd-28th. To enjoy the show simply stop by the gallery on a Wednesday (7:00-8:45 pm) or Friday (6:30-9:00 pm) or during special events.



Encore!

Painting our legacy on the canvas of history

CELEBRATE THE 100TH BIRTHDAY OF THE RECKMEYER BANDSHELL ON FRIDAY, AUGUST 12TH. THERE WILL BE FREE FOOD WHILE IT LASTS BEGINNING AT 6:00 PM. THE CONCERT WILL BEGIN AT 7:00 PM. ALL ARE INVITED!



AUTUMN FEST AT LUTHERAN OUTDOOR MINISTRIES CENTER

Saturday, October 8th

8:00 am-4:00 pm

1834 IL-2, Oregon

Enjoy crafts, fun run/walk, lunch, archery, apple cider press, craft fair, hiking, fishing, a bake sale, pumpkin carving, and wagon rides.

This is for all ages!

SERVICES AND CRAFTS FOR SENIORS

DON'T LET TRANSPORTATION STOP YOU FROM PARTICIPATING IN AN EVENT...USE ROCK RIVER CENTER OR L.O.T.S. TRANSPORTATION

At the Rock River Center there is transportation for anyone 60 years of age or older. Buses go to Rockford, Dixon, Sterling and all local locations including Polo. All they need is a couple of days notice so that they can get you on the route. Even people living in assisted living facilities can use this transportation. So if you need to go to the grocery store, post office, hair dresser or a medical appointment the Rock River Center can get you there and back.

Service Area

Rock River Center Transportation service is available in the following areas:
Monday, Wednesday, Friday to

Rockford.

Monday – Friday all local areas in Ogle County.

Tuesday to Freeport.

Thursday to DeKalb and Sycamore.

For trips to Dixon & Sterling call for availability.

Suggested donation is \$4.00 for local service and \$15.00 for roundtrip transports out of county.

Kraft with Kerri

Join Kerri from Liberty Village of Rochelle for a fun and FREE craft on August 19th at 11 am and September 16th at 11 am.

Sign up today!

WE CAN HELP!

The Mt. Morris Senior Center is happy to provide several services. We can help you apply for a license plate discount, check on your Medicare part D plan and supplement through the Senior Health Insurance Program, deliver your groceries from Sullivans, help you make new friends through our programs, send a fax, make some copies, answer some questions about the community, or even help you with most technology issues. Just give us a call at 815-734-6335!

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LEARN SOMETHING NEW!

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HIGHLAND LIFELONG LEARNING CLASSES

Encore! Mt. Morris is working with Highland Lifelong Learning to host some art classes at the Old Sandstone Gallery this October. Each class will take place at 6:00 pm at 122 Wesley Ave, Mt. Morris.

October 6—Mixed Media Collage

October 13—The Art of Zentangle

**October 20—Introduction to Jewelry Making/
Beading Basics**

October 27—Introduction to Oil Painting

**To sign up or learn more about each class go to
<https://highland.corsizio.com/>**



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When,
If Someone
Tells Me
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Mount Morris Senior Citizens Council, Mount Morris, IL

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Annual Level of Giving

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Supporting- -----\$25

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Sustaining- ----- \$50

Sponsor per individual or Organization- --\$100

Life membership levels

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Gold----- \$1000

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Amount of gift _____

Would you like to receive the Newsletter. Yes___ No___

_____ I would like to receive the newsletter by mail.

_____ I would like to receive the newsletter through email.

Email Address _____

The above levels of giving are suggestions, any support given is very welcome and appreciated. All gifts are tax deductible to the limit the law allows. Date of application: Date entered in system:

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YES, I'M A SENIOR CITIZEN!

I'm the life of the party—even if it
only lasts until 8 p.m.

I'm very good at opening child proof
caps—with a hammer.

I'm awake many hours before my
body allows me to get up.

I'm smiling all the time because I
can't hear a thing you're saying.

I'm sure everything I can't find is in a
safe, secure place, somewhere.

I'm wrinkled, saggy, lumpy, and
that's just my left leg.

I'm beginning to realize that aging is
not for wimps.

Yes, I'm a SENIOR CITIZEN and I
think I am having the time of my life!

SENIORS ON THE MOVE, SHARING, CARING, AND SERVING!

If you know someone who would like
to receive our newsletter just let us
know. The more the merrier at the
Mt. Morris Senior Center!

SUPPORT THE MT. MORRIS SENIOR CENTER!

We would like to encourage everyone
to renew your memberships for
2023 or become a member and
support the Mt. Morris Senior Center,
so that we can continue our work for
the Seniors of the Mt. Morris area for
many years to come. Thank you for all
of your support and contributions to
the Mt. Morris Senior Center!

Thank you!

The Mt. Morris Sen-
ior Center is support-
ed by many people.

Every day people do-
nate their time, mon-
ey, and resources.

Melissa and the Board
of Directors would
like to thank each and
every one of you who
supports this service
to the community.

We appreciate you!