



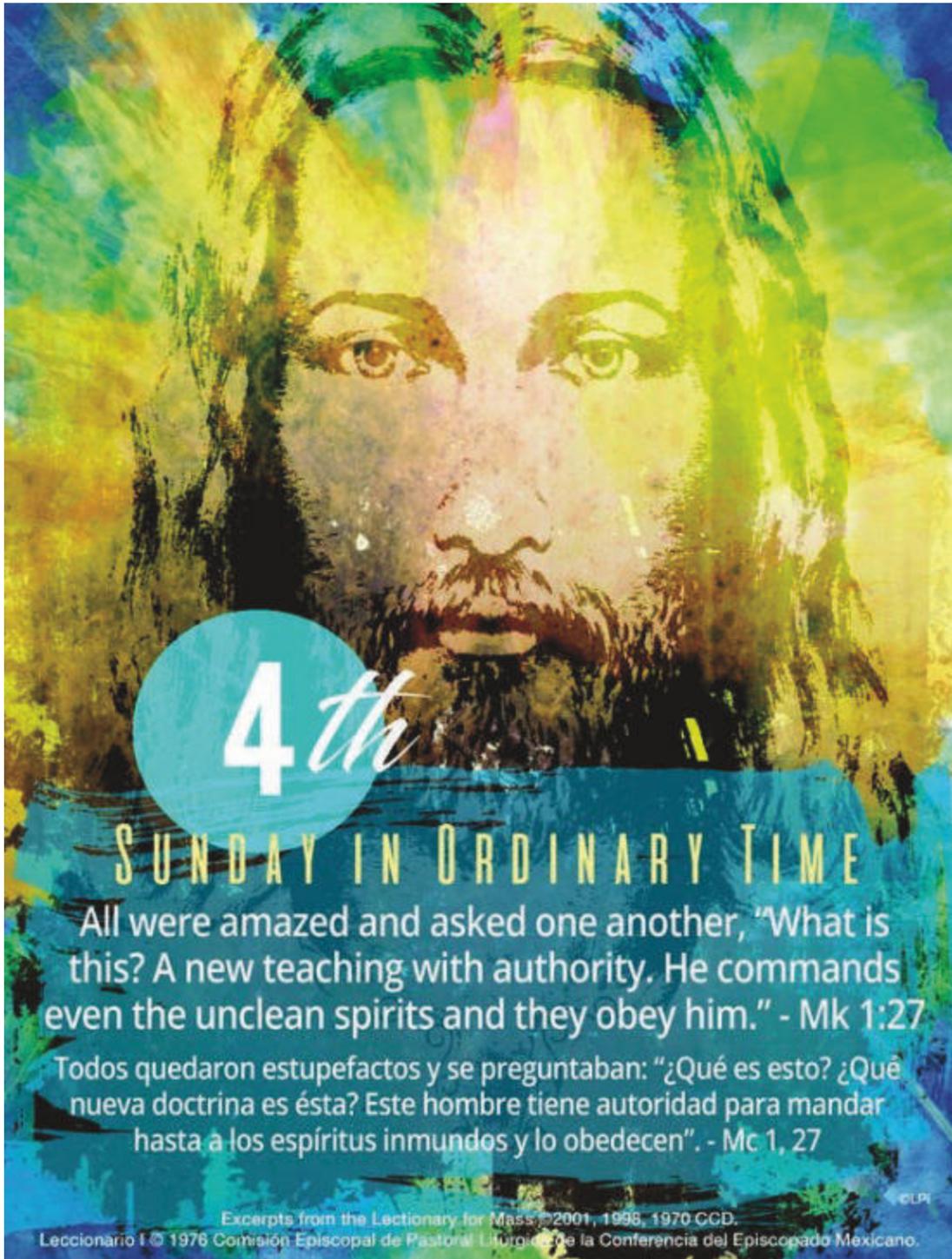
Drawing our life from the Eucharist, our parish family will live the mission of Jesus Christ through prayer, faith formation, and service.



Rev. Swaminatha Pothireddy, Pastor  
Deacon Placido Zavala  
Deacon Scot Berkley

4th Sunday in Ordinary Time

January 31, 2021



Due to COVID-19, our Mass times are now as follows: Daily Mass is Tuesday through Friday at 7:15 am. Mass on Saturday is at 5 pm. On Sunday, Mass in English is at 8 am and 10 am and in Spanish at 12 pm.

## A WORD FROM FR. SWAMY



### Jesus Taught with Authority

Do you believe that God's word has power to set you free and to transform your life? When Jesus taught he spoke with authority. He spoke the word of God as no one had spoken it before. When the Rabbis taught they supported their statements with quotes from other authorities. The prophets spoke with delegated authority—"Thus says the Lord." When Jesus spoke he needed no authorities to back his statements. He was authority incarnate—the Word of God made flesh.

When he spoke, God spoke. When he commanded even the demons obeyed. Faith works through love and abounds in hope. Augustine of Hippo (354-430 AD) remarked that "faith is mighty, but without love it profits nothing. The devils confessed Christ, but lacking charity it availed nothing. They said, 'What have we to do with you' (Mark 1:24)? They confessed a sort of faith, but without love. Hence they were devils." Faith is powerful, but without love it profits nothing (1 Corinthians 13). Scripture tells us that true faith works through love (Galatians 5:6) and abounds in hope (Romans 15:13). Our faith is made perfect in love because love orients us to the supreme good which is God himself as well as the good of our neighbor who is created in the image and likeness of God (Genesis 1:26,27). Hope anchors our faith in the promises of God and purifies our desires for the things which will last for eternity. That is why the word of Christ has power to set us free from all that would keep us bound up in sin, deception, and despair. Bede the venerable abbot of an English monastery (672-735) contrasted the power and authority of Jesus' word with the word of the devil: "The devil, because he had deceived Eve with his tongue, is punished by the tongue, that he might not speak". Faith must be nourished with the Word of God. Faith is both a free gift of God and the free assent of our will to the whole truth that God has revealed. To live, grow, and persevere in the faith to the end, we must nourish it with the word of God. The Lord gives us his Holy Spirit to enlighten our minds that we may grow in his truth and in the knowledge of his great love for each of us. If we approach God's word with trust and submission, and with an eagerness to do what the Lord desires for us, then we are in a much better position to learn what God wants to teach us through his word. Are you eager to be taught by the Lord and to conform your mind, heart, attitude, and intentions according to his word of truth, goodness, and love?

## NOTICIAS DE LA COMUNIDAD EN ESPAÑOL



### Los Bautismos

Mario Alexander Ortiz

Hijo de Antonio Ortiz y Maria del Carmen Ortiz

El 23 de Enero de 2021

"Crea en mí, Dios mío, un corazón puro, y renueva la firmeza de mi espíritu." -Salmos 51, 12



### Aceptando el Cambio en Cristo

Oficialmente ha pasado un mes desde que abrimos el champán, brindamos por 2021 y escribimos una lista de resoluciones. Este suele ser el momento en el que empezamos a mirarnos detenidamente en el espejo para evaluar lo que hemos hecho, o no hemos hecho, en el primer mes de este nuevo año.

Los años nuevos pueden dar miedo, ¿no? Llenos de promesas, seguro, pero también llenos de espacio para el fracaso. Llenos de espacio para nuestro viejo equipaje, viejos miedos y la continuación de viejos errores.

Lo mismo se puede decir de Cristo y de la nueva vida que nos ofrece, si somos lo suficientemente valientes para aceptarlo. Oportunidades como esa pueden resultar intimidantes. En ese momento, podríamos encontrarnos como el hombre con el espíritu inmundo que gritaba: "¿Qué tienes que ver conmigo, Jesús de Nazaret? ¿Has venido a destruirnos?"

Jesús es un consolador de los afligidos; es una figura consoladora, pero también desafiante. A veces nos hemos apegado a nuestras aflicciones. La idea de corregir malos hábitos o formar nuevos es francamente aterradora para nosotros. Tenemos una voz en el fondo que ve a Cristo y su invitación al arrepentimiento, y grita de miedo: "¡Sé quién eres!"

Cuando vivimos en el presente, renegando del equipaje del pasado o del miedo al futuro, nos sometemos a la promesa de la redención. Seamos corresponsables valientes todos los días e invitemos el poder sanador de Cristo a nuestras vidas. No nos arrepentiremos, estoy seguro de que el endemoniado nunca lo hizo. -Tracy Earl Welliver, MTS ©LPI

## OUR FAITH COMMUNITY

### A Word from the Holy Father

"May we be profoundly shaken by what is happening all around us: the time has come to eliminate inequalities, to heal the injustice that is undermining the health of the entire human family!" -Pope Francis

### Ash Wednesday and Stations of the Cross

We will soon turn our attention to the Lenten Journey towards Easter. Ash Wednesday is February 17 with Masses at 7 am 5:30 pm in English and 7 pm in Spanish. Due to the pandemic, the Vatican has issued directives for the priest and assisting ministers to wear masks and sprinkle ashes on each person's head and not forehead, without saying anything. Lectors and Cantors are encouraged to lead Stations of the Cross. Stations of the Cross will be every Friday during Lent at 5:15 pm in English and 6:30 pm in Spanish. Please see Deacon Scott or Garrick for more information.

### Eucharistic Adoration: Thursdays from 8 am-7 pm



"Our own belief is that the renovation of the world will be brought about only by the Holy Eucharist." -Pope Leo XIII

### Saint of the Day—St. John Bosco

"Fly from bad companions as from the bite of a poisonous snake. If you keep good companions, I can assure you that you will one day rejoice with the blessed in Heaven; whereas if you keep with those who are bad, you will become bad yourself, and you will be in danger of losing your soul." -St. John Bosco



### Baptisms

Mario Alexander Ortiz

Child of Antonio Ortiz and Maria del Carmen Ortiz

January 23, 2021

"A clean heart create for me, God;  
renew within me a steadfast spirit" -Psalms 51:12

*In Remembrance*

Amalia Vela Schweim

"For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life." -John 3:16

## EVERYDAY STEWARDSHIP—RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

### Embracing Change in Christ

It's officially one month since we popped the champagne, toasted 2021 and wrote down a list of resolutions. This is usually the time when we start to take a good, hard look in the mirror to assess what we have done—or have not done—with the first month of this brand-new year.

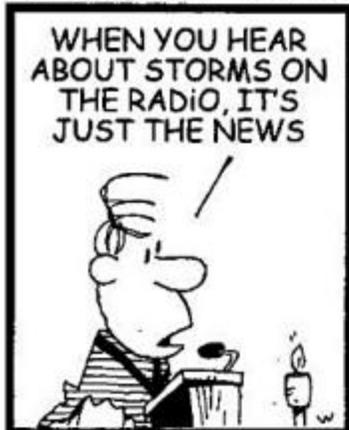
New years can be scary, can't they? Full of promise, sure, but also full of room for failure. Full of space for our old baggage, old fears and the continuation of old mistakes.

The same can be said of Christ, and the new life he offers us, if we are brave enough to accept it. Opportunities like that can be intimidating. In that moment, we might find ourselves like the man with the unclean spirit crying out: "What have you to do with me, Jesus of Nazareth? Have you come to destroy us?"

Jesus is a comforter of the afflicted; he is a consoling figure, but he is also a challenging one. Sometimes we have grown attached to our afflictions. The idea of correcting bad habits or forming new ones is frankly terrifying to us. We have a voice deep inside who sees Christ and his invitation to repentance, and it cries out in fear: "I know who you are!"

When we live in the present, disavowing the baggage of the past or fear of the future, we submit ourselves to the promise of redemption. Let us be brave everyday stewards and invite Christ's healing power into our lives. We won't regret it—I'm sure the demoniac never did. -Tracy Earl Welliver, MTS ©LPi

### 4<sup>th</sup> SUNDAY IN ORDINARY TIME



## NEWS AND EVENTS IN OUR FAITH COMMUNITY

### The Search: Parish-wide Study for Lent

This Lenten season, we will be participating in the Formed video series: The Search. The sessions will begin the week of February 14. You will have the option to sign up as individuals, families, form your own group, or join a group. Watch for further details on times/dates and how to sign up in next week's bulletin. Why are we here? What is life all about? What happens when we die? These are some of life's deepest questions, rooted in the human heart's deepest desires: happiness, love, beauty, meaning. Where can we find the answers to these questions and these desires? Until satisfied, we are left questioning, longing, and searching. The Search video series guides viewers through an arc of seven episodes, examining the great big story of everything—life and death, sorrow and happiness, science and faith—as astrophysicists, psychologists, astronauts, neuroscientists, professors, athletes, artists, and the beauty of the cosmos all point to one big (and perhaps surprising) conclusion: that Jesus Christ and the Catholic Church have the best and most satisfying answers to every one of the questions and desires of the human heart. Embark on the adventure, discover the purpose, and begin The Search.

### Scam Alert

If you receive calls, emails, or texts claiming to be from one of the churches or priests asking for money, gift cards, etc. please know we would never make requests of this kind. Disregard any such communications as they are scams.

### Mass Cancellations due to weather

If the weather requires us to cancel Mass, we will make an announcement on KRFO 104.9, KOWZ 100.9, and KRUE Country 92.1. It will also be on KAAL TV and our Facebook page. Stay safe and God bless!

### St. Vincent de Paul

January 24—Third Sunday in Ordinary Time: In the Gospel today we read that because Jesus spoke with authority his reputation spread throughout the surrounding region of Galilee. As his disciples, we can also speak with authority when we put our faith into actions by helping the poor and suffering. This month, through your gifts, the Society of St. Vincent de Paul was able to assist 13 adults and 5 children, providing \$1,350 in rent, \$512 in utilities, \$25 in food and \$575 in assistance for furniture from Furnishing Hope, during the first 2 weeks of January. We also handed out 84 meals at Vincent's Table on Tuesday evening. May God Bless You! Membership: We meet the 1st and 3rd Monday of each month at St. Joseph's at 6:30 pm. If you would like further information on growing your spiritual life and serving those in need in our community, please join us at a meeting or contact Deb McManimon at dmcmannon72@gmail.com. Our phone is 507-676-5508.

### World Day for Consecrated Life

World Day for Consecrated Life will be celebrated in the Church on February 2 and in parishes on the weekend of February 6-7. Please pray for all those who have made commitments in the consecrated life and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's call. Here's a prayer you may say every day:

God our Father, we thank You for calling men and women to serve in Your Son's Kingdom as priests, deacons, religious, and consecrated persons. Send Your Holy Spirit to help us respond generously and courageously to Your call. May our community of faith support vocations of sacrificial love in our youth. We ask this through our Lord Jesus Christ who lives and reigns with You and the Holy Spirit, one God for ever and ever, Amen.



### What is Cenacles of Life?

Can you help us protect the unborn? Do you want to preserve the sanctity of life? Cenacles of Life is a prayer group that meets each Friday at 12:00 pm at Sacred Heart to pray for an end to abortion and for a greater respect for all life. We pray two rosaries: one at 12:00 pm and one at 12:25 pm. Please join us for one or both rosaries.

### Celebrating Mass Safely during COVID-19

- Wearing a mask is required by all over the age of 5 unless medical or other health concerns prevents it.
- Those over age 65 are strongly encouraged not to attend.  
**Anyone showing symptoms of sickness or has a sick household member should not come to church.**
- Seating is limited. Only sit in open pews and reserve your seat beforehand at <https://bookapew.com/app/mn/shc/>
- Continue following all social distance guidelines.
- Obligation to attend Mass is dispensed until further notice
- Receive Communion only on the hand. No one's obliged to receive Communion.
- Collection baskets are in the entrances of the church. No collection will be taken during Mass.
- The nursery is closed until further notice. We ask that you do not let your children in the nursery.

## ST. MARY'S SCHOOL AND REP



Twenty years ago, Saint Pope John Paul II said to an audience of Catholic educators in New Orleans, "Yours is a great gift to the Church, a great gift to your nation."

Countless people in our country have been blessed by the many gifts of Catholic schools. They have carried what they have learned and witnessed with them; however, many have lost touch with our local Catholic school communities.

As a non-profit organization St. Mary's School depends on generous contributions to secure the future of our school and offerings. This year more than ever we sincerely appreciate the generosity of those who make a difference at SMS.

It is with this recognition in mind that St. Mary's School is pleased to participate in Many Gifts, One Nation: A Day of Giving to Catholic Schools. Scheduled for February 2, 12 pm EST to February 3, 12 pm EST, this is a time for individuals to give to their local Catholic school. Visit [www.NCEA.org/csw/manygifts](http://www.NCEA.org/csw/manygifts) to find the giving page link and search for St. Mary's School—Owatonna.

Thank you for your consideration and support as we focus on the importance of Catholic Education and celebrate Catholic Schools Week.

Many Gifts, One Nation is made possible by NCEA and Facts Management.



# ST. MARY'S SCHOOL

## VIRTUAL OPEN HOUSE

### JANUARY 31ST AT 1:00 PM

Join us for this live, interactive event that includes small group sessions with our teachers.

Pre-register at <https://stmarys-owatonna.org> >  
Open House OR Scan the QR Code



## 2021-22 Preschool - 8th Grade Enrollment Open NOW!

## NEWS AND EVENTS IN OUR FAITH COMMUNITY

### Cemetery Board Meeting

The Sacred Heart Cemetery Annual Board Meeting will be held on February 1 at 6 pm at St. Joseph's Parish.

### Join our Email List!

Sacred Heart sends out emails to keep parishioners up to date on news and events in our Parish Community. If you are not on our list but would like to be, call the office at 507-451-1588 or email [Office@sacredheartowatonna.org](mailto:Office@sacredheartowatonna.org) to be added to it. We want everyone to feel included!

### About AmazonSmile

AmazonSmile.com, a website operated by Amazon, has the same products, prices, and features as Amazon.com. When you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice. You can also access AmazonSmile on your mobile Amazon App in the settings section. Please consider using AmazonSmile.com and choosing Sacred Heart as the beneficiary. No extra cost to you! Thanks for thinking of us. Contact the office with any questions.

### Keep Us Up to Date

Did you move or change your phone number or email address? Make sure Sacred Heart has your new info! We send out letters and emails and want to make sure you keep getting news from your parish family!

### Listening Device

Do you find it hard to hear during Mass? You can purchase a personal listening device so that you can hear the Mass better. The price is \$100. Contact the Garrick at 507-451-1588 if you are interested in purchasing one.

### Amazing Parish Prayer

Heavenly Father, you have gathered us together as a parish to be Your visible life in our world. Here we unite in worship, proclaim Your word, celebrate the Eucharist, and are sent forth to share Your love and make disciples. Lord, we take your Great Commission seriously and long for our parish to be so on-fire that we draw people to You. Help us in that endeavor, as we strive to work together—ordained, religious, and laity. Please make our parish amazing, through Your power and Your grace. Amen.

## VOLUNTEER SECTION

### Ash Wednesday Masses: Volunteers Needed

The following volunteers are needed for our Ash Wednesday Masses on February 17:

-7 am Mass: Ushers, Greeters

-5:30 pm Mass: Altar Server, Reader 2, Usher, Greeter, Communion Minister, Ash Minister

Contact Jordan at [office@sacredheartowatonna.org](mailto:office@sacredheartowatonna.org) or 507-451-1588 to volunteer. Thank you!

### New Sacristans Needed

We're in need of more Sacristans for our 10 am weekend Mass. Sacristans help prepare before Mass and make sure there are adequate supplies available for use by the priest. If you're interested, contact Jordan at 507-451-1588 or at [office@sacredheartowatonna.org](mailto:office@sacredheartowatonna.org).

### Become an Usher!

We are in need of more Ushers. If you're interested in serving in this ministry, please contact Jordan at [office@sacredheartowatonna.org](mailto:office@sacredheartowatonna.org) or 507-451-1588.

### Sanitizing Pews Between Masses

In order to help keep our parishioners safe from COVID-19, we are sanitizing the pews between all Masses. If you are able to help with this task, please stay after Mass and join in with the other volunteers. Thank you!

### What's an EMHC?

EMHC stands for Extraordinary Minister of Holy Communion. EMHCs assist the priest in distributing Holy Communion during Mass. We are always looking for more volunteers for this ministry. If you have received the Sacrament of Confirmation and want to become an EMHC, please contact Jordan in the office at 507-451-1588 or at [office@sacredheartowatonna.org](mailto:office@sacredheartowatonna.org).

### Prayer Chain Ministry

The Prayer Chain Ministry is a ministry where a "chain" of people constantly pray for those individuals who are in need of prayers. Prayer requests can come from anyone and the prayer intention may be for any reason for which one believes prayer will be beneficial, bearing in mind the place of our faith in answer to our prayers.

Mary Tenda has generously given her time to serve as our prayer chain coordinator for many years. She is stepping back and has offered to help someone new get started with this ministry. If interested in coordinating the Prayer Chain, email [office@sacredheartowatonna.org](mailto:office@sacredheartowatonna.org) or call the office at 507-451-1588.

### Become a Greeter!

We're in need of more Greeters, especially at the 5 pm Mass. If you're interested in being the smiling face people meet when they come to Sacred Heart, contact Jordan at [office@sacredheartowatonna.org](mailto:office@sacredheartowatonna.org) or 507-451-1588.



February 6-7, 2021

### Sacristans

Lead: Becky Berkley  
5:00 pm Dennis Kelm, Becky Kelm  
8:00 am Gerry Gunderson  
10:00 am Tricia Johnson

### Altar Servers

5:00 pm Matthew Larson  
8:00 am Nathan Kubicek, Charles Tucker  
10:00 am Kaelyn Smith

### Readers

5:00 pm Dale Springer  
8:00 am Ron Kubicek, Tiffany Lempiainen  
10:00 am Holly Guenther, Camryn Smith

### Eucharistic Ministers

5:00 pm Ron Starman, Grady Strand  
8:00 am Eric Tucker, Kristin Tucker  
10:00 am Dan Deml, Joe Stiles

### Greeters

5:00 pm Tracey Lindholm, Jay Lindholm  
8:00 am Tom Jirele, VOLUNTEER  
10:00 am Todd Valento, Julie Valento

### Rosary Leaders

5:00 pm Grady Strand  
8:00 am F. Wayne Starman  
10:00 am Peggy Keller

### February Ushers

5:00 pm Craig Wencil, Thomas Pfeifer, Mark Pfeifer, Terry Fisher, Trayton Fisher  
8:00 am Stacey Hannover, Terry Prokopec, Kim Tarpinning, Daren Tarpinning, Mike Schroeder  
10:00 am Tom Schmitt, Gerald Wacek, Gene Simon, Dan Glaser

### Church Dusters

Week of January 31: Dennis Kelm, Becky Kelm  
Week of February 7: Tiffany Lempiainen, Hannah Lempiainen

### Become an Adoration Guardian

"One thing I have asked of the Lord, this I seek: To dwell in the house of the Lord all the days of my life, that I may gaze in the loveliness of the Lord and contemplate His temple" (Psalm 27:4). Prayer before the Blessed Sacrament is nothing less than a close, private conversation with a living person who is the Risen Jesus Christ in the Eucharist. It's about as close as we can come in this life to talking with God face to face. You're so important to the Lord. To spend your special hour with Him, call Diane at 507-363-2814.



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Readings for the Week of January 31, 2021

Monday: Heb 11:32-40/Ps 31:20, 21, 22, 23, 24 [25]/Mk 5:1-20  
 Tuesday: Mal 3:1-4/Ps 24:7, 8, 9, 10 [8]/Heb 2:14-18/Lk 2:22-40 or 2:22-32  
 Wednesday: Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a [cf. 17]/Mk 6:1-6  
 Thursday: Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11 [cf. 10]/Mk 6:7-13  
 Friday: Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29  
 Saturday: Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/Mk 6:30-34  
 Next Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 [cf. 3a]/1 Cor 9:16-19, 22-23/Mk 1:29-39

Las lecturas de la semana del 31 de Enero de 2021

Lunes: Heb 11, 32-40/Sal 30, 20. 21. 22. 23. 24 [25]/Mc 5, 1-20  
 Martes: Mal 3, 1-4/Sal 23, 7. 8. 9. 10 [8]/Heb 2, 14-18/Lc 2, 22-40 o 2, 22-32  
 Miércoles: Heb 12, 4-7. 11-15/Sal 102, 1-2. 13-14. 17-18 [cfr. 17]/Mc 6, 1-6  
 Jueves: Heb 12, 18-19. 21-24/Sal 47, 2-3. 3-4. 9. 10-11 [cfr. 10]/Mc 6, 7-13  
 Viernes: Heb 13, 1-8/Sal 26, 1. 3. 5. 8-9 [1]/Mc 6, 14-29  
 Sábado: Heb 13, 15-17. 20-21/Sal 22, 1-3. 3-4. 5. 6 [1]/Mc 6, 30-34  
 Domingo siguiente: Job 7, 1-4. 6-7/Sal 146, 1-2. 3-4. 5-6 [cfr. 3]/1 Cor 9, 16-19. 22-23/Mc 1, 29-39

My Own Church

Want to be able to view your Sacred Heart contributions before the end of the year? Want to be able to download your tax statement as soon as it's ready instead of waiting for it in the mail? You can by creating a My Own Church account. Visit the Sacred Heart Website, click "Log In-My Own Church" (the tab at the top right), and click "New User" to get started. It's completely free to use! Once our office reviews and approves your registration, you'll have access to your family information (address, email, phone numbers, etc.) and giving history (not include donations to the church refurbishment campaign or Catholic Ministries Appeal). You can make changes to your information and track contributions (updated approximately every week).

Upcoming Mass Intentions

- Tuesday, February 2 ● Presentation of the Lord  
7:15 am Dylan Lattery †
- Wednesday, February 3 ● St. Blaise, St. Ansgar  
7:15 am Don Nechville †
- Thursday, February 4 ● Weekday  
7:15 am Jim Wagner †
- Friday, February 5 ● St. Agatha  
7:15 am Katherine Haberman †
- Saturday, February 6 ● St. Paul Miki and Companions  
5:00 pm Michael H. Wesely †
- Sunday, February 7 ● 5th Sunday in Ordinary Time  
8:00 am John Nechanicky †  
10:00 am Richard Vaith †  
12:00 pm Parishioners

PARISH DIRECTORY

Sacred Heart Office

810 S. Cedar Ave, Owatonna, MN 55060  
 Phone .....(507) 451-1588  
 Website..... www.sacredheartowatonna.org

Bulletin Deadline: Tuesdays by noon

Holidays may affect deadline. We may edit articles for content and length.  
 Send articles to: Office@sacredheartowatonna.org  
 Announcements are also due Tuesdays by noon.

Parish Staff

- Pastor:** Fr. Swaminatha Pothireddy
- Deacons:** Dcn. Placido Zavala and Dcn. Scot Berkley
- Parish Administrator:** Sandy Strand
- Parish Admin. Assistant:** Jordan Gutierrez
- Music/Pastoral Ministries:** Garrick Comeaux
- Custodian:** Dennis Paulson
- Religious Education:** Courtney Taylor 303-941-3082
- St. Mary's School:** 507-446-2300
- St. Mary's School Principal:** Jennifer Swanson

Office Closed to Foot Traffic. To Contact Us:

Call 507-451-1588 or Email Office@sacredheartowatonna.org

Need Help?

Financial Assistance:

St. Vincent de Paul Society: 507-676-5508 (Gas, Rent, Utilities)

Repair Assistance:

Repairs for the Poor Ministry: 507-390-4785

Suicide Prevention:

- Crisis Response Team: 844-CRISIS2 (844-274-7472)
- South Central Mobile Crisis Team: 877-399-3040
- National Suicide Prevention/Veterans Crisis Line: 800-273-8255
- Crisis Text Hotline: Text MN to the number 741741
- Farmer's Suicide Line: 1-800-600-2670
- Spanish: 1-888-628-9454
- LGBTQ: 1-866-488-7386

Family Violence:

- Crisis Resource Center, Steele County: 507-451-1202
- Minnesota Coalition for Battered Women: 866-223-1111
- National Domestic Violence Hotline: 1-800-799-7233

Substance Abuse:

Substance Abuse & Mental Health Services: 800-662-HELP (4357)

Church Social Services:

- Catholic Charities, Owatonna: 507-455-2008
- Catholic Charities, Diocese of Winona: 507-454-2270
- Lutheran Social Service, Owatonna: 507-451-4520

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