



16th Sunday in Ordinary Time July 18, 2021

Rev. Swaminatha Pothireddy, Pastor
Deacon Placido Zavala
Deacon Scot Berkley

Drawing our life from the Eucharist, our parish family will live the mission of Jesus Christ through prayer, faith formation, and service.



Tuesday, July 20

7:15 am Morning Prayer

Wednesday, July 21

6:00 am Men's Bible Study

7:15 am Daily Mass

9:00 am Women's Bible Study

Thursday, July 22

7:15 am Daily Mass

8:00 am-7:00 pm Adoration

Friday, July 23

6:45 am Reconciliation

7:15 am Daily Mass

12:00 pm Cenacles of Life

Saturday, July 24

4:00 pm Reconciliation

5:00 pm Mass

Sunday, July 25

8:00 am Mass

10:00 am Mass

12:00 pm Spanish Mass

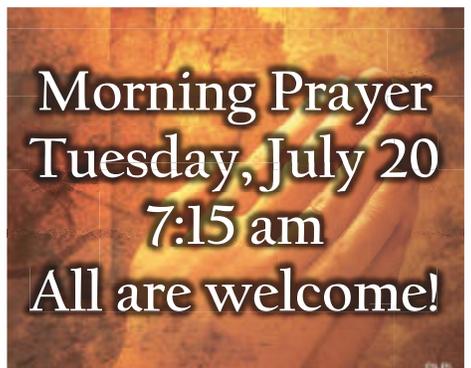


THEY WERE LIKE SHEEP WITHOUT A SHEPHERD.
- MK 6:34

16TH SUNDAY IN ORDINARY TIME

PORQUE ANDABAN COMO OVEJAS SIN PASTOR.
- MC 6, 34

16^º DOMINGO DEL TIEMPO ORDINARIO



Welcome! If you're new to our parish, call the office and register with us. We're happy you're here!
¡Bienvenido! Si es nuevo en nuestra parroquia, llame a la oficina. ¡Estamos felices de que estén aquí!

A WORD FROM FR. SWAMY



The readings for 16th Sunday in Ordinary Time explain how God, like a good shepherd, redeems His people and provides for them. They also challenge us to use our God-given authority in the family, in the church, and in society with fidelity and responsibility. Pastoral ministry includes not only the pastoral care given by those named or ordained as “pastors” but the loving service given by all Christians who follow different callings to serve and lead others. The Christian life is a continuous passage from the presence of God to the presence of people and back again.

Prayer is essentially listening to God and talking to Him. By setting aside enough time for Him to speak to us and for us to speak to God, we should allow God the opportunity to communicate with us and to recharge us with spiritual energy and strength. He speaks to us powerfully when we spend some time every day in reading the Bible devoutly and meditating on the message God gives us. We receive strength from God to do our share of preaching and healing ministry as shepherds by praying to Him individually, in the family, and as a community in the parish church, participating in the Eucharistic celebration. The image of Jesus as a Good Shepherd is reassuring us that he is always our support on our journey through life. When we encounter difficulties in our life’s path and face serious problems, the presence of Jesus, the Good Shepherd, reassures us that we are not abandoned, that Jesus is supporting and holding us up.

EVERYDAY STEWARDSHIP—RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

The Steward’s Work Is Never Done

Woe to the shepherds who mislead and scatter the flock! When you hear these strong words from the Old Testament, you’re probably thinking, thank goodness I don’t have any sheep—dodged that bullet. Nobody misled here! No flock scattered on my watch! However, we are all shepherds of a kind, called to tend our own sheep: our families, our parishes, our communities.

But it’s exhausting. Don’t we all sometimes just want to take a break from being a steward? The excuses are so familiar: we’re tired, we’ve done enough, we’ve given all we can, what more does the parish (or my spouse, or my kids, or my boss, or my friends, or my community) want? We give ourselves permission to be selfish. So, what if the flock scatters just a little?

Jesus gets that. We can just imagine him weary with exhaustion, can’t we? We see him on his boat, attempting to sneak away for a quick break—maybe just a chance to eat a bite of food in peace. He is God, but he was still human, after all. Even the most dedicated shepherds need to sleep. But people couldn’t leave him alone. They were hungry for him. They needed what he could offer, and they needed it now.

As tough as it is, that’s the example we are tasked with imitating. Everyday Stewardship demands accountability. It demands our showing up even when we are tired. It demands that we look at our lives, our time, our energies, our talents, our hearts, our bank accounts and think: where do I still have more to give? -Tracy Earl Welliver, MTS ©LPi

CHANGE TO HOW TO DONATE TO OTHER ORGANIZATIONS

Donating to other organizations: New Process

Sacred Heart is constantly trying to improve the way we handle finances and increase efficiency all while guaranteeing that your donations are safe, secure, and spent on what you have given the money for. We have just started a new fiscal year and will be implementing a new process with all this in mind.

In the past when you have made donations to outside organizations (meaning organizations other than Sacred Heart, St. Mary’s, REP, and the Cemetery), we have deposited the money. Then we wrote a check to the organization you designated. Moving forward, we will be sending your donation checks directly to these organizations.

From now on if you wish to donate to an outside organization, checks should be made payable directly to those organizations. This includes but is not limited to donations to St. Vincent de Paul, the Crisis Resource Center, the Food Shelf, Healthy Seniors, and Habitat for Humanity. Make your check payable to the organization, and we will send your check on to them. They will send you a tax statement at the end of the year instead of Sacred Heart.

Thank you for implementing this new process and helping us make Sacred Heart run smoothly. We and all these organizations greatly appreciate your generosity.

OUR FAITH COMMUNITY

New Church Hours

Sacred Heart Church will be open later on week nights during the Summer. Here is the new schedule:

Mondays: Church closed at 3 pm

Tuesdays: Church closed at 6 pm

Wednesdays: Church closed at 6 pm

Thursdays: Church closed at 7 pm after Adoration

Fridays: Church closed at 6 pm

Saturdays: Church closed at 6 pm after Mass

Sundays: Church closed at 1 pm after Spanish Mass

The Church Office hours remain unchanged.

Catholic Charities Disperses Adoption Myths

Please join us for a free, one hour training on Modern Adoption. This online course will go over the types of adoption, who birthparents are and why they choose adoption, positive adoption language, and how to support those exploring their options. It's estimated that 40% of American adults know someone who has been adopted. Our goal is to dispel some common myths about adoption and give you confidence in talking about adoption with someone who is considering their options! This course is geared toward professionals and community members who want to learn what adoption is all about. This training is offered via zoom on August 19 at 1 pm. Register at <https://www.ccsomn.org/calendar/modern-adoption/> or by emailing adoption@ccsomn.org. We are also happy to schedule this training at no cost for your entire team.

Sacred Heart Cemetery

Catholic Cemetery for the Owatonna parishes of St. Joseph and Sacred Heart. Questions or concerns regarding the cemetery? Please call St. Joseph's Parish at 507-451-4845.

Prayer Chain

Sacred Heart will pray for your intentions on our Prayer Chain. If you have a Prayer Request, please email it to Sharon Stiles at sharonstiles@msn.com



Catholic Ministries Appeal 2021

Sacred Heart Church Goal: \$45,750

Total Cash Received as of July 9: \$37,037

Amount Under Goal: \$8,713

Outstanding Pledges: \$1,508

Number of 2021 Donors: 140 (160 Donors in 2020)

PLEASE REMEMBER
THAT ANY AMOUNT
NOT RAISED WILL BE
PAID OUT OF THE
CHURCH OPERATING
BUDGET. THANK YOU!



Give a Prayer Shawl

Do you know someone who is in need of prayers? Maybe someone who is sick or struggling with something? Why not give them a prayer shawl? Here at Sacred Heart, we have a group of wonderful ladies that knit and crochet prayer shawls. These shawls are prayed over and blessed. When you give someone a prayer shawl, you let them know that there's a whole community here walking with them through their trials. Every time someone uses their prayer shawl, they are being physically wrapped in prayer. If you would like to get a prayer shawl for someone, please call us at 507-451-1588.

St. Vincent de Paul

July 18—Sixteenth Sunday in Ordinary Time: In this Sunday's Gospel, Jesus tells his disciples to "Come away by yourselves to a deserted place and rest a while." Vincent de Paul, a great man of action was also a contemplative. His contemplation of God's love overflowed into practical love for the poor. Please say a special prayer for the poor and forgotten, as you provide a gift to the Society of St. Vincent de Paul. On Tuesday, Vincent's Table served 75 take-out meals. Membership: We meet the 1st and 3rd Monday of each month at St. Joseph's at 6:30 pm. If you would like further information on growing your spiritual life and serving those in need in our community, please join us at a meeting or contact Deb McManimon at dmcmanimon72@gmail.com. Our phone is 507-676-5508.



Bible Trivia

Question: What are the names of Isaac and Rebecca's twin sons?

Stay tuned for the answer in next week's bulletin. Hint: The answer can be found in the book of Genesis.

Bulletin Advertising

Do you have a business? Are you looking for a new way to advertise? Please prayerfully consider advertising on the back of the Sacred Heart Church bulletin! By doing so, your ad will get weekly exposure to hundreds of people. If you are interested in learning more, please call Tim Browne, advertising sales executive for LPi, at 952-594-5395. You can also email Tim at tbrowne@4LPi.com. Our advertisers make our weekly bulletin a possibility. Thank you for considering advertising with us!

Catholic Fair Booth

If you have any items to donate to the Catholic Fair booth, they can be dropped off at the office at St. Joseph's through August 6. We also have a few spots open for volunteers to staff the booth. Please contact Deb McManimon at dmcmanimon72@gmail.com or 507-271-1737. Thank you and God bless.

MISSION PRIEST VISITING SACRED HEART

Basic Information on South Sudan

On July 9, 2011, South Sudan became the newest independent country. After over 50 years of civil unrest with northern Sudan, southerners had finally attained peace. But just two years after triumphantly breaking away from Sudan and becoming the world's newest nation, South Sudan plunged itself into a civil war that has been called one of the most destructive conflicts of the 21st century.

The conflict erupted in December 2013, when President Salva Kiir accused his vice president Riek Machar, a political rival, of attempting a coup. Since then, there has been mass killing, rape, looting and other atrocities that have destabilized the nation of over 12 million. Almost 4 million South Sudanese have been internally displaced, with half of them seeking refuge in neighboring nations to avoid being caught in the crossfire.

The odds are not good, but the Roman Catholic Archdiocese of Juba which is the metropolitan for the ecclesiastical province of Juba in South Sudan, finds itself in this critical juncture. The Archdiocese's 14 parishes and Terekeka Pastoral Region offers a ray of hope. The ongoing war has left a devastating impact. Yet, despite the staggering challenges in the South Sudan capital of Juba, the Archdiocese still sees a nation thirsty for spiritual growth and the sacraments to be administered.

The Archdiocese remains committed to God's call to respond for those entrusted to her care. The priests and the Religious of the Archdiocese of Juba remain central to restoring hope for the Christian community of the Archdiocese. Their compassionate care for the Christian community is the face of the church to the world.

The ongoing civil war, Covid-19 virus and food insecurity in South Sudan are causing havoc. The Priests and the religious of the Archdiocese need food and basics to carry out their mission. There are not enough Christian Community members available with the necessary resources to care for the local church.

Ultimately, the core of our communion in the church flows from our being joined by Jesus in the communion of life in the Trinity: Father, Son and Spirit, and in our baptism call to share in Jesus' mission.

(More information on next page about the Archdiocese of Juba Schools and their mission.)

GOD STORIES—PERSONAL ENCOUNTERS WITH THE LORD

Faith doesn't always come easy. Sometimes, it falters. But the thing about faith is it will endure any hardship.

I went to St. Mary's Catholic School from kindergarten to eighth grade. Then, I went to a public high school. I stopped going to church and claimed that I didn't believe in God anymore. Something was missing, though. I didn't believe those words I spoke.

My mom was religious, and she got upset with me. She said, "You don't have to be Catholic, but you need to find something. I want you to have faith. I want you to go to Heaven."

I let that simmer and started going to church again but not Catholic churches. I went to a Lutheran church. Didn't fit. I went to a Methodist church. Nope. Then my friend told me to come to her non-denominational church. I went on my 17th birthday. As we sat there, I looked around the church. While the preacher was giving his sermon, people were on phones, kids were running around, and others were talking. No one seemed to care that they were there to hear God's word. I told my friend that her church wasn't for me either.

I love to read, and I had just finished the book I'd been reading and started looking for something new. I was digging through all the books that I hadn't read yet, and I came across a Bible. It had been given to me by the Knights of Columbus as a kid. I don't think I'd ever even opened it.

I sat on my bedroom floor staring at my Bible. Something deep inside me (God maybe?) said, "You need to read this."

I sat there a little longer and finally said to myself and to that voice inside me, "Okay."

I knew reading the Bible would take awhile, but I had to read it. I don't know why, but I had to know what was inside.

Within a couple days, I was through Genesis. After a couple weeks, I was through Exodus. I kept going. By the end of the summer, I was into the New Testament. It took a long time, but I finished in less than a year... barely.

At some point during my journey through the Bible's pages, I ended up in Sacred Heart Catholic Church. It was a Saturday evening Mass. I sat in the back, alone.

A few weeks later, I went to Confession. I couldn't even say how long it had been since my last confession. While I poured out my sins, I said, "I haven't been going to church, and I've been doubting and struggling for a long time."

The priest said, "You are here now. You knew something was missing, and you came here. That's all that matters." When he said those words, a calmness settled over my spirit. I knew I was where I was meant to be. I was home.

-Jordan, age 25

If you have a God story that you would like to share, please email it to office@sacredheartowatonna.org. Thank you!

MISSION PRIEST VISITING SACRED HEART (CONT.)

Archdiocese of Juba Schools

The school provides children with the strength of our community's faith, the power of our prayer and the living witness of our belief and values. At the Archdiocese of Juba, children achieve academic excellence while growing in faith and love of Jesus Christ and developing pride in their Archdiocesan heritage.

Students begin each day with prayer and grow academically while learning respect and compassion for others. Because most families live in poverty, we depend on generous supporters to help our school provide a quality Catholic education for our students.

The Archdiocese of Juba schools strive to carry out the mission of Christ by building a just, loving and Christian Community in the Archdiocese. By planting the Gospel in the rich values of our community's culture, we hope to enrich all of our lives as a church that aspires to be "Catholic".

If you can ignite faith, inspire hope and empower love, you can change the world! Thank you!

-Fr. John L. Lasuba

Fr. John L. Lasuba will be visiting Sacred Heart the weekend of July 24-25. He will speak more about his mission and inform you on ways you can help. There will be a second collection as well for his mission.



NEWS AND EVENTS IN OUR FAITH COMMUNITY

Litomysl Summer Festival

The 49th annual Litomysl Summer Festival at Holy Trinity Catholic Church at Litomysl, rural Owatonna, will be July 25, beginning with a Polka Mass at 10 am by the Litomyslaneous Polka Band. Food and refreshment stands outdoors 11 am to 3 pm. Many Adult and Children's Games. Raffle with many prizes. Something for everyone! Prizes Galore (Over 4000 prizes to be won in the popular Root Beer Barrel Game)! Country Store, Used a Bit Sale, and a Silent Auction in the St. Isidore Parish Center. Live musical entertainment by the Owatonna KC Choir, The Klecker Band, Dan Stursa Band, and Hans Hohrman. Free Shuttle. Prune, poppyseed, and apricot biscuits (buchty) go on sale at 11 am in the church basement. Pie and ice cream served in the church basement. Holy Trinity Church is Handicapped Accessible and Air Conditioned. Litomysl is located 5 miles north of Blooming Prairie on Hwy 218 to Bixby, then 4-1/2 miles west on Co. Rd. 4 (SE 98th St.) to 9946 24th Avenue SE; or east on Hwy 30 from Ellendale to Co. Rd. 45, then 5 miles north on Co. Rd. 45 to Co. Rd. 4 (SE 98th St.), then 2 miles east to 9946 24th Avenue SE; or 6 miles south of Owatonna on Interstate 35 to the Hope exit #32 then left on Co. Rd. 4 to Co. Rd. 3, go 1/2 mile south, then 3 miles east on SW 98th St. to SE 9946 24th Avenue.

BetterLife Lodge 127 Walk To End Hunger

BetterLife, the former Western Fraternal Life Association Lodge #127, is sponsoring a signature event, a Walk To End Hunger, on August 8 from 2 to 4 pm. The Walk is in partnership with the Steele County Community Pathways Marketplace. To register or donate, go online at betterlifewalktoendhunger.dojiggy.io/lodge127/campaign or contact Gege Abraham at 507-475-1755. The event starts with a short ceremony in front of the Community Partnership building in Owatonna at 155 Oakdale St, continues to Kaplan Woods Parkway Trail on 18th St. to the Mosher Ave parking lot and loops back to the start. You are welcome to continue farther on the trail if you would like to complete a longer walk. Register your family or a group of friends as a team and enjoy a pleasant afternoon outdoors. Our organization is not new to Steele County. Our roots go back to Lodge 127 of the ZCJB, founded in Owatonna in 1902 as a fraternal organization to provide insurance and financial security to immigrants of Czech heritage and to preserve the Czech heritage. Perhaps you remember the lodge hall on the KOA Road (SW 28th St) south of Owatonna. In recent years, we were known as Lodge Owatonna 127 WFLA. On January 1, 2021, the Western Fraternal Life Association (WFLA) and National Mutual Benefit combined. The fraternal activities and donations of this organization will continue to help support a better community.

VOLUNTEER SECTION

Attention Volunteers: New Schedules

Jordan will have the new schedules out soon that will run from August 7-November 30. Please watch your email for them so you know when you are scheduled. If you cannot serve on a particular day, please line up a substitute for yourself. Thanks for serving in our ministries!

Volunteer Spotlight

Lori Jerpbak

Thank you for your dedication and service!
You are a blessing to Sacred Heart!

Calling all young musicians!

Calling all young musicians! We are beginning the YCW (Youth Called to Worship) choir as we transition from Summer into the school year. This is a wonderful opportunity to sing and/or play an instrument as we praise God as a church family! To begin the year, we will sing at the 10 am Mass on August 15. If you are a student entering 2nd through 12th grade and would love to be part of Sacred Heart's music ministry, please plan to join us for the rehearsal on August 11 (time TBD) and for the Mass on August 15 at 10 am (we will also meet for rehearsal at 9 am that morning before the Mass)! If you have any questions, please contact Ray Bissen at 507-686-0905 or Amy Smith at 507-440-2418. Thank you and God bless!



July 24-25, 2021

Sacristans

Lead: JoAnn Eichten
5:00 pm Dennis Kelm, Becky Kelm
8:00 am Curt Supalla, Margaret Supalla
10:00 am Ted Leon

Altar Servers

5:00 pm Matthew Larson, Kaelyn Smith
8:00 am Nathan Kubicek, VOLUNTEER
10:00 am Reid Olinger, VOLUNTEER

Readers

5:00 pm Maggie Newhouse, VOLUNTEER
8:00 am Ron Kubicek, Margaret Supalla
10:00 am Stephen Nelson, Joe Stiles

Eucharistic Ministers

5:00 pm Bob Hoen, Tami Seykora
8:00 am Jennye Savoie, Curt Supalla
10:00 am Dan Deml, Joe Stiles

Greeters

5:00 pm Ray Bissen, Amy Bissen
8:00 am Tom Jirele, VOLUNTEER
10:00 am Joan Sweeney, Kay Wagner

Rosary Leaders

5:00 pm Cynthia Wesely
8:00 am Margaret Supalla
10:00 am Peggy Keller

July Ushers

5:00 pm Randy Dettmann, Theresa Dettmann,
Tom Schmitt, VOLUNTEER
8:00 am Tom Docksey, Mike Schaffner,
Dan Wacek, VOLUNTEER
10:00 am Gene Simon, Dan Glaser,
Lauren Borgerding, VOLUNTEER

Church Dusters

Week of July 18: Julie Valento
Week of July 25: Margaret Supalla

NOTICIAS DE LA COMUNIDAD EN ESPAÑOL

La Apelación de los Ministerios Católicos de 2021 ¡Gracias por su generosidad! Nuestra meta parroquial es \$45,750. Hemos recibido \$37,037 de 140 personas. Hasta la fecha, 18% de nuestros personas han contribuido. Si aún no ha contribuido, devuelva hoy su tarjeta de compromiso de CMA o en línea en www.catholicismn.org. Recordatorio: el 100% de todos los fondos recaudados para alcanzar nuestra meta se devuelven a nuestra parroquia.

Pláticas para Bautizos

Pláticas para Bautizos serán el segundo sábado de cada mes de 10 am a 12 pm, se tendrá que avisar con 1 mes de anticipación si es posible. Los bautizos se llevarán a cabo los sábados a la 1 pm o el Domingo durante o después de la misa en español. Informes con el diácono Placido 507-319-0031.

PARISH INFORMATION SECTION



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Readings for the Week of July 18, 2021

Monday: Ex 14:5-18/Ex 15:1bc,-2, 3-4, 5-6 [1b]/Mt 12:38-42

Tuesday: Ex 14:21—15:1/Ex 15:8-9, 10 and 12, 17 [1b]/Mt 12:46-50

Wednesday: Ex 16:1-5, 9-15/Ps 78:18-19, 23-24, 25-26, 27-28 [24b]/Mt 13:1-9

Thursday: Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9 [2]/Jn 20:1-2, 11-18

Friday: Ex 20:1-17/Ps 19:8, 9, 10, 11 [cf. Jn 6:68c]/Mt 13:18-23

Saturday: Ex 24:3-8/Ps 50:1b-2, 5-6, 14-15 [14a]/Mt 13:24-30

Next Sunday: 2 Kgs 4:42-44/Ps 145:10-11, 15-16, 17-18 [cf. 16]/Eph 4:1-6/Jn 6:1-15

Las lecturas de la semana del 18 de Julio de 2021

Lunes: Ex 14, 5-18/Ex 15, 1-2. 3-4. 5-6 [1]/Mt 12, 38-42

Martes: Ex 14, 21—15, 1/Ex 15, 8-9. 10 y 12. 17 [1]/Mt 12, 46-50

Miércoles: Ex 16, 1-5. 9-15/Sal 77, 18-19. 23-24. 25-26. 27-28 [24]/Mt 13, 1-9

Jueves: Cant 3, 1-4 o 2 Cor 5, 14-17/Sal 62, 2. 3-4. 5-6. 8-9 [2]/Jn 20, 1-2. 11-18

Viernes: Ex 20, 1-17/Sal 18, 8. 9. 10. 11 [cfr. Jn 6, 68]/Mt 13, 18-23

Sábado: Ex 24, 3-8/Sal 49, 1-2. 5-6. 14-15 [14]/Mt 13, 24-30

Domingo siguiente: 2 Re 4, 42-44/Sal 144, 10-11. 15-16. 17-18 [cfr. 16]/Ef 4, 1-6/Jn 6, 1-15

PARISH DIRECTORY

Sacred Heart Office Hours

8 am-3 pm Monday-Thursday

8 am-12 pm Friday

Closed Saturday-Sunday

810 S Cedar Ave., Owatonna, MN 55060

Phone (507) 451-1588

Website www.sacredheartowatonna.org

Bulletin Deadline: Tuesdays by noon

Holidays may affect deadline. We may edit articles for content and length.

Send articles to: Office@sacredheartowatonna.org

Parish Staff

Pastor: Fr. Swaminatha Pothireddy

Deacons: Dcn. Placido Zavala and Dcn. Scot Berkley

Parish Administrator: Sandy Strand

Parish Admin. Assistant: Jordan Gutierrez

Music/Pastoral Ministries: Garrick Comeaux

Custodian: Dennis Paulson

Religious Education: Brittany Boubin

St. Mary's School: 507-446-2300

St. Mary's School Principal: Jennifer Swanson

An Alternative to Envelopes

Sacred Heart has electronic giving, known as EFTs. What're the benefits of using EFTs? We're able to record donations and give you a contribution statement at the end of the year for tax purposes as we do for envelope users. EFTs are also a nice alternative for those who forget their envelopes or misplace them. If you want to sign up, contact the Parish Office. They'll send you a form to fill out. Electronic giving is customizable—you can set it up as weekly, monthly, bi-monthly, or even quarterly! You can donate to other causes, known as "Specials," such as St. Vincent de Paul, Social Justice, and much more. Sacred Heart greatly appreciates all donations. Thanks for your generosity!

Upcoming Mass Intentions

Wednesday, July 21●St. Lawrence of Brindisi

7:15 am Fr. Edward Mountain †

Thursday, July 22●St. Mary Magdalene

7:15 am Kathy R. Meier †

Friday, July 23●St. Bridget of Sweden

7:15 am Nenita Baliong †

Saturday, July 24●St. Sharbel Makhluh

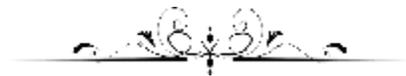
5:00 pm Ninfa Benedicto

Sunday, July 25●17th Sunday in Ordinary Time

8:00 am Wayne and Janet Starman

10:00 am James Deetz †

12:00 pm Parishioners



Need Help?

Financial Assistance:

St. Vincent de Paul Society: 507-676-5508 (Gas, Rent, Utilities)

Repair Assistance:

Repairs for the Poor Ministry: 507-390-4785

Suicide Prevention:

Crisis Response Team: 844-CRISIS2 (844-274-7472)

South Central Mobile Crisis Team: 877-399-3040

National Suicide Prevention/Veterans Crisis Line: 800-273-8255

Crisis Text Hotline: Text MN to the number 741741

Farmer's Suicide Line: 1-800-600-2670

Spanish: 1-888-628-9454

Family Violence:

Crisis Resource Center, Steele County: 507-451-1202

Minnesota Coalition for Battered Women: 866-223-1111

National Domestic Violence Hotline: 1-800-799-7233

Substance Abuse:

Substance Abuse & Mental Health Services: 800-662-HELP (4357)

Church Social Services:

Catholic Charities, Owatonna: 507-455-2008

Catholic Charities, Diocese of Winona: 507-454-2270

Lutheran Social Service, Owatonna: 507-451-4520

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