



CHURCH OF  
CHRIST  
THE KING

# THE HERALD

May 30, 2021 Feast of the Holy Trinity

## PARISH OFFICE INFORMATION

Hours: 11 am-3 pm / Monday-Thursday  
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Minneapolis, MN 55410

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Chris Opegard, Nursery Coordinator

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Mary Yamoah— Principal  
Lower Campus, PreK-Gr. 2 – 2900 W. 44th St.

Phone #612-920-9075

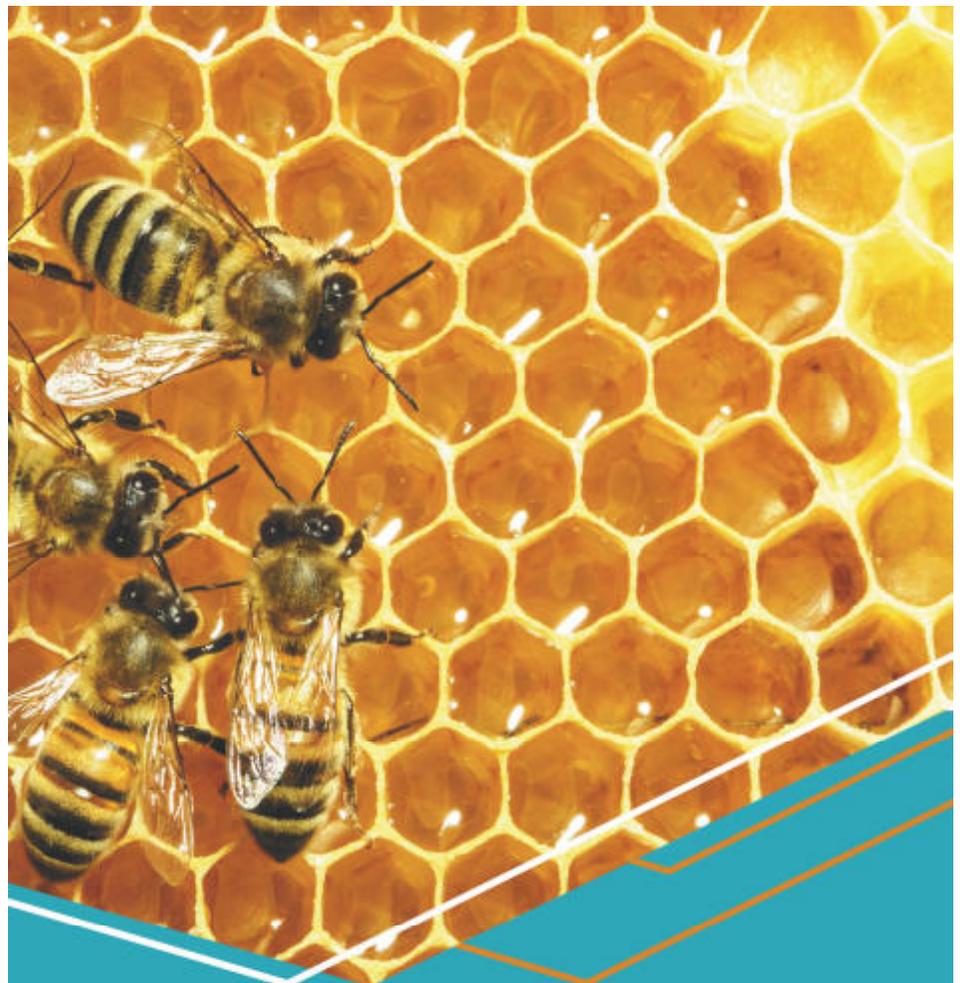
Upper Campus, Gr. 3-8 – 3210 W. 51st St.

Phone #612-927-8673

Website: [www.carondeletcatholicsschool.com](http://www.carondeletcatholicsschool.com)

## PARISH LITURGICAL CELEBRATIONS

Sunday Eucharist 4:30 pm . Saturday, 9:30 am Sunday.  
Weekday Mass 9:15 am, Tuesday, -Friday  
Reconciliation: Saturday, 3:30 pm or by Appointment



## THE MOST HOLY TRINITY

Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit." - Mt 28:18-19

# Church of Christ the King

## BEFORE I FORGET



The Gospel of Matthew ends with that great commission that we read on the Feast of the Most Holy Trinity. The last line of the gospel is a noble and strong promise: "Remember, I am with you always, until the end of the age." Jesus promises that the God we adore: Father, Son, and Spirit, will remain with us forever. There are few passages in Sacred Scripture that are more encouraging or more important than this one. Our Triune God will remain with us always. But how does God remain with us? Where do we look for God's presence? Certainly, we would agree that God is present when we assemble for the Eucharist and Word. We would also recognize that God is present when we work for justice and charity in God's name. But are there other places in which God is present? Yes, many of them. Believe it or not, God can be found in homemade spaghetti sauce. That at least is the testimony given by Sarah Breathnach in her book, *Romancing the Ordinary*.

Sarah's story is well worth repeating. One night she went out with her husband to eat in a restaurant. Unfortunately, one of the heavy ceiling tiles dislodged and fell on her. She was severely injured. All of her senses were affected. She could no longer taste or smell. Even the quietest of music made her dizzy. She was so sensitive to light that she could barely open her eyes. Her ability to put together simple sentences was also eliminated. In short, Sarah became helpless, an invalid. Yet this state in which she found herself was the beginning of a journey.

Here is how she describes it in her book, "My down time was a perfect opportunity for heaven to get my complete attention. Chief among my discoveries was this, divinity is to be found where you least expect to find it. Moses found his God in a burning bush. I found mine in a pot of homemade spaghetti sauce. Months after my accident, the spaghetti sauce was the first thing I was able to smell distinctly. I could scarcely believe my nose. Euphoric, I followed the strange but familiar fragrance of garlic, onions, tomatoes, peppers, and oregano down the stairs and into the kitchen. I was practically beside myself with delight. I felt like I was standing on holy ground in my own house. I had discovered the miracle of the sacred in the ordinary and from that moment, my life would never be the same."

"I was so grateful to inhale the glorious scent of ordinary life that I was off and running. I went up into the bathroom and got a jar of Vicks VapoRub. Yes, eucalyptus! Then I buried my face in some freshly laundered clothes and inhaled the fragrance of a warm shirt. And so it went. For the next few happy weeks, I rediscovered life with the same sense of wonder as a small child. Taste came next. Followed by hearing and sight and touch. Each sensory restoration was accompanied by a feeling of rapture and sudden tears. I was astonished and ashamed at my appalling lack of appreciation for what had been right under my nose."

Sarah's experience was to recognize the sacred in the ordinary, to discover divinity where we do not expect to find it. Why is it that we so often fail to recognize God's presence in the simple things that surround us? Is it because we're too busy or preoccupied? Or, is it perhaps because we approach with the wrong perspective? Most of us give more attention to what is wrong in life than what is right. Rabbi Harold Kushner wrote a best selling book called *"Why Do Bad Things Happen to Good People?"* He sold millions of copies, But, when do we ask ourselves, "Why do good things happen to bad people?"—or at least to ordinary people like you and me? If tragedy were to strike or we were experience heartbreak or failure, we would be quick to say, "I don't deserve this!" But, how often, when we rise to greet a new day or hold a child or grandchild in our arms do we say to ourselves, "I don't deserve this!"

God surrounds us in every time and place. God speaks to us in every time and place. God speaks to us in the gentle rustle of leaves and in the wisdom of a dear friend. We need to be able to listen if we are going to hear what God is saying. God is present in the softness of a baby's skin or the dampness of the air after a summer storm. We must be open to sense God's touch. God's love is present in the aroma of homemade spaghetti sauce or in the favorite cologne of one's spouse. But we must be willing to recognize what is right under our nose.

Where do we find divinity? Where do we discover the Triune God who loves us and promises always to be close to us? Almost anywhere. First, we must open our eyes.

Forward together and no one left behind, Fr. Bill

## LITURGY CHANGES

### STILL REQUIRED—

Masks and physical distancing are still required.  
(Minneapolis requirement)

**The obligation to attend Mass on Sundays and Holy Days of Obligation continues to be suspended.** The bishops of Minnesota will in due time reinstate the obligation, and will communicate this to all the faithful. Accommodations for those with fragile health, as well as those caring them, will also be articulated.

**The Communion Procession** will occur during the Communion Rite beginning on Pentecost. . Those with special needs or who are uncomfortable processing may stay in their pew and a Eucharistic Minister will come to them.

The use of the common cup for communion is still suspended, so congregants will receive the host only.

**Congregational singing is already permitted**, provided congregants wear face masks while singing.

### Ongoing General Safety Protocols

**If you are sick, stay at home.** Please take care of yourself, and do your part to protect others from becoming infected.

**Vulnerable persons and those caring for them should stay safe.** Attend nonobligatory gatherings only to the extent that you and those you care for judge the risk of infection to be low.

**Do what you are comfortable doing.** You may always individually practice more restrictive face mask and social distance standards than are required.

**Sanitization is effective.** Regularly washing hands with soap and water and using hand sanitizer helps avoid both contracting and spreading infection.

**Get vaccinated!** The more who are vaccinated, the sooner herd immunity will be achieved. The vaccine is now available for those as young as 12.

## MARK YOUR CALENDAR

### Monday, May 31

Office Closed—Memorial Day

### Tuesday, June 1

9:15 am Mass

### Wednesday, June 2

9:15 am Word and Communion

### Thursday, June 3

9:15 am Mass with a CCS class

### Friday, June 4

9:15 am Mass  
First Friday

### Saturday, June 5

10 am—Noon Food Shelf Drop-off  
3:30 pm Reconciliation  
4:30 pm Mass in Church

### Sunday, -June 6

9:30 am Mass

### MEALS ON WHEELS DELIVERY

MONDAY, JUNE 3

THURSDAY, JUNE 10



# Ministry

## RENT IS DUE: DAY OF ACTION – 6/1/21

The pandemic and economic crisis are building into an eviction crisis, which could add to the already too large number of people experiencing unsheltered homelessness.

We need to advocate for **Bring It Home, MN**, a rent subsidy program that will allow all low-income Minnesotans the security and reassurance of home.

On Tuesday, June 1, join us along with Beacon Interfaith Hospitality Collaboration at 8:30 a.m. for a thirty-minute meeting, where we will learn more about the growing crisis, and reflect on how to take action together

**Register for Tuesday, June 1 Rent is Due: Day of Action 8:30 – 9 a.m.**

[https://www.beaconinterfaith.org/event/day-of-action-0621/?bbeml=tp-zXGDV6F1i0-yWh4VfQa98g.jwr41npo8vE6sKq7UxbMcyjw.r7FeCLPWbZUq1rnOTpz0OtA.lwD-\\_PLqrN0WFFdHnKHTglg](https://www.beaconinterfaith.org/event/day-of-action-0621/?bbeml=tp-zXGDV6F1i0-yWh4VfQa98g.jwr41npo8vE6sKq7UxbMcyjw.r7FeCLPWbZUq1rnOTpz0OtA.lwD-_PLqrN0WFFdHnKHTglg)

## JUNE 14 : “UNDERSTANDING OUR DULUTH LYNCHINGS: VIRTUAL SYMPOSIUM

**Racial Violence in America & the Road to Justice & Reconciliation**” will be held on June 14 at 9:00 a.m.

This four-hour program will feature keynote speaker **Bryan Stevenson**—the founder and executive director of the Equal Justice Initiative in Montgomery, Alabama, and author of the bestselling *Just Mercy*—and **Jerry Blackwell**, one of the lead prosecuting attorneys in the trial of Derek Chauvin.

## **A PRAYER FOR AN END TO GUN VIOLENCE**

**O God we are tired, tired of the names recited, the lives lost, and the dreams destroyed in the pestilence of gun violence.**

**We are tired of the stories cut short, the households shattered and the inability to act in justice and righteousness.**

**In your tirelessness receive the dead, comfort the grieving, move the mired, inspire the silent, and embolden the just.**

**Move us from thoughts and prayers to action and accountability; that in our day we may see the great day of peace.**

## **CTK Prayer Corner**



Brent Blackey; Fr. Doug Dandurand, Kelley Deshler, Joanne & Walter Dick, Nancy Dornbach; Mary Forsman Chuck Gorman, Mary Ann Hansen, Dolores Harrington, Sylvia Herkenhoff, Dan Ivory, Steve Kean, Tomi Kean, Joan Kelly, Anna Kinney, Mary Koby, Jane Kostik, Mary Lee, Dolores Lutz, Jerry Murtaugh, David Podgorak, Annette Sadler, Ed & Gae Skager, Stefan Skorich, Lydia Spanier, Mary Jane Steinhagen, Angie Tucker, Pat Urick, Diane Wielinski

If you would like prayers said for you, a family member ill or in need of prayer, please contact Jim DeShane at 612-920-5030, ext. 19.

*...find the missing peace.*

**FRANCISCAN**   
RETREATS AND SPIRITUALITY CENTER

**Step aside** from all the challenges and uncertainties of this time for a weekend of spiritual connection and renewal at **Franciscan Retreat and Spirituality Center** in Prior Lake. The theme this year is **“Do Not Be Afraid.”**

Upcoming retreats:  
June 11-13 Women’s Weekend  
June 15-17 Women’s Midweek  
June 24-27 Men & Women Silent Retreat

Register for Retreats:  
Call 952-447-2182  
Online [www.FranciscanRetreats.net/register](http://www.FranciscanRetreats.net/register)

**Food Shelf Drop Off**  
**Saturday, June 5**  
**10 am—Noon**

It’s the beginning of summer,; school is out. Nutritious snacks would be a treat.



# FIRST COMMUNION MAY 16 AND MAY 23



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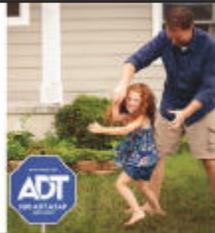
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