



CHURCH OF  
CHRIST  
THE KING

# THE HERALD

August 1, 2021 18th Sunday in Ordinary Time

## PARISH OFFICE INFORMATION

Hours: 11 am-3 pm / Monday-Thursday  
5029 Zenith Avenue South  
Minneapolis, MN 55410

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Emerg. # 612-710-4911

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Chris Opegard, Nursery Coordinator

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Paula Lieder— Principal  
Lower Campus, PreK-Gr. 2 – 2900 W. 44th  
St.

Phone #612-920-9075

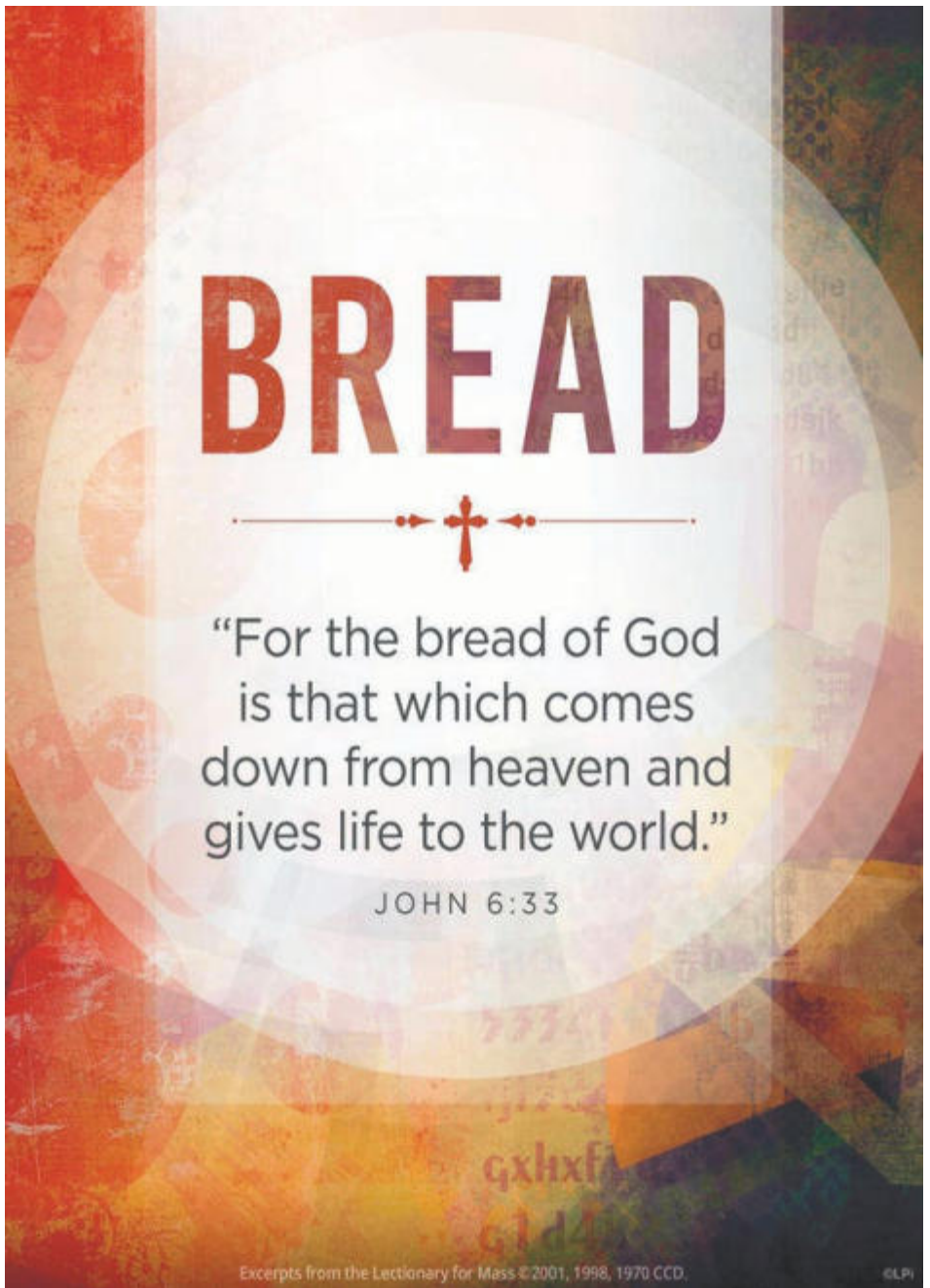
Upper Campus, Gr. 3-8 – 3210 W. 51st St.

Phone #612-927-8673

Website: [www.carondeletcatholicsschool.com](http://www.carondeletcatholicsschool.com)

## PARISH LITURGICAL CELEBRATIONS

Sunday Eucharist 4:30 pm . Saturday, 9:30 am Sunday.  
Weekday Mass 9:15 am, Tuesday—Friday  
Reconciliation: Saturday, 3:30 pm or by Appointment



# Church of Christ the King

## Before I Forget



A few decades ago psychologist Ruth W. Berenda and her associates carried out an interesting experiment with teenagers designed to show how a person handled group pressure. The plan was simple. They brought groups of ten adolescents into a room for a test. Subsequently, each group of ten was instructed to raise their hands when the leader pointed to the longest lines on three separate charts.

What one person in the group did not know was that nine of the others in the room had been instructed ahead of time to vote for the second-longest line. Regardless of the instructions they heard, once they were all together in the group, the nine were not to vote for the longest line, but rather vote for the next to the longest line. The experiment began with nine teenagers voting for the wrong line. The one who was not told what was really going on would typically glance around, frown in confusion, and raise his hand up with the group. The instructions were repeated and the next

chart was raised.

Time after time, the self-conscious student would sit there saying a short line is longer than a long line, simply because he lacked the courage to challenge the group. This remarkable conformity occurred in about seventy-five percent of the cases, and was true of small children and high-school students as well.

In the reading from Ephesians (4:17, 20-24) this weekend, Paul writes: "Now this I affirm and insist on in the Lord: you must no longer live as the Gentiles live, in the futility of their minds." Someone has interpreted those words in this way: "And I insist – and God backs me up on this – that there be no going along with the crowd, the empty-headed, mindless crowd... They can't think straight anymore." (The Message – a modern translation of the Bible, p.407)

As followers of Jesus, we are not supposed to disappear into the crowd. When we do this, we end up conforming to things to which we should not conform. We gradually lose our sense of who we are. When some decision has to be made, or when we are asked to form an opinion about an important topic, we find that our thoughts are just echoes of everyone else's thoughts. We can lose our ability to be a different voice in our world. Empty-headed is not a complimentary description. There is a danger that if we lose touch with God, we also lose touch with reality itself. We begin to see things from only a this-worldly and selfish perspective.

It's not easy to keep testing out the truth of what we think and say. It requires hard work on our part. We have to ask ourselves why we think in a certain way about particular issues. Do we really have a strong foundation for the opinions we hold, or just borrowed someone else's thought without really examining the basis for such opinions. When we stop thinking for ourselves and simply borrow all of our opinions and thoughts from other people, we lose the sense of what is really important. If we never think anything through, then everything becomes the same for us.

We are in great danger of becoming slaves to the trivial. If all of our days are filled with just trivialities then we can also become trivial. This is not to say that there is no room for leisure and recreation. These must be essential parts of everyone's lives. But we can live our lives in such a way that nothing serious or important is allowed into our minds and hearts. Our choices of what we do with our free time will come back to either haunt us or reward us. What we read, what we watch, what we talk about – all of this and more, is very instrumental in forming who we become. Paul was warning the Ephesians not to live in the futility of their minds. The word futility can mean empty, useless or hollow.

In the Gospel, John 6:24-35, Jesus tells the people who were looking for him that they came searching for him, not because they saw signs, but because they ate their fill of the loaves of bread. The person with an empty mind pursues goals that are purely selfish with no thought of giving to others. They are only interested in accumulating more and more things. And they look for satisfaction in places where no real satisfaction can be found. Jesus wants to feed the hungry, but he knows that the people have a deeper hunger and he offers them a better bread – himself.

Jesus is the bread of life. It is Jesus whom we must feed on, not on empty trivialities. When we fill our minds and hearts with the person of Jesus, then we will have no fear of being called empty-headed or empty-hearted. We will have put on the mind of Christ, and become as St. Paul writes, clothed with the new self, created according to the likeness of God.

A London businessman, Lindsay Clegg, told the story of a warehouse property he was selling. The building had been empty for months and needed repairs. Vandals had damaged the doors, smashed the windows, and trashed the interior.

As he showed a prospective buyer the property, Clegg took pains to say he would replace the broken windows, bring a crew to correct any structural damage and clean out the garage. "Forget about the repairs," the buyer said. "When I buy this place, I'm going to build something completely different. I don't want the building, I want the site."

When we completely surrender to God, we open ourselves to be becoming completely new. God is not interested in one or two small changes we think we could make if we really tried hard. God wants to fill us completely with a new way of living. May we allow ourselves to be open to becoming all that the Lord wants us to become.

Forward together and no one left behind,  
Fr. Bill

## HUNGRY NEIGHBORS

**HUNGER IN MINNESOTA...1 IN 6 CHILDREN IN MINNESOTA ARE HUNGRY TODAY. 1 in 13 people face hunger.**

**The food crisis of 2020 may seem long ago to some, but thousands of people right here are still struggling with the effects of the pandemic and longstanding inequities.**

**Food prices have risen steadily while wages have stagnated. Black and Latino neighborhoods have long suffered from disinvestment which leads to food deserts - the lack of affordable healthy food.**

**We can make a difference:**

- **Ensure provision of free meals to all public school children in high-poverty districts.**
- **Work to expand SNAP eligibility and benefits**
- **Ask that the child tax credit cash payments become permanent.**
- **Donate generously to local food support programs**
- **Work for long-term solutions to hunger.**

**Food support groups are distributing more food each month than prior to the pandemic. That means there is a long way to go to a full economic recovery.**

## ASCENSION FOOD SHELF

Starting the week-end of July 31/August 1, we will return to our pre-pandemic schedule of receiving food contributions for the Ascension Food Shelf at the Saturday and Sunday Masses. We will no longer be receiving contributions in the parking lot on Saturday morning.

Ascension has asked us to make a few changes to what we are donating.

**They would like more of:**

- Small (10-16 oz) packages of ground coffee
- Paper towels
- Toilet paper
- Personal hygiene products (soap, shampoo, deodorant, lotion, etc.)
- They ask that we **reduce contributions of:**
  - Powdered sugar
  - Canned soup
  - Diapers

In the words of the Pastoral Minister at Ascension: **“Muchas gracias for all the efforts of you and your community that help people of the north side of Minneapolis. Blessings!!!!”**

## MARK YOUR CALENDAR

**Tuesday, August 3**

9:15 am Mass

**Wednesday, August 4**

9:15 am Mass

**Thursday, August 5**

9:15 am Mass

**Friday, August 6**

9:15 am Mass

First Friday

**Saturday, August 7**

3:30 pm Reconciliation

4:30 pm Mass

**Sunday, August 8**

9:30 am Mass

=====

**Ushers** are needed for both the Saturday 4:30 PM Mass and the 9:30 AM Mass.

Male and female, young and old, can help take up the collection at either weekend liturgy.

Please contact Moya ([mmmathews@ctkmpls.org](mailto:mmmathews@ctkmpls.org)) to volunteer. Thanks!



Jesus said to them, “I am the bread of life; whoever comes to me shall never hunger, and whoever believes in me will never thirst.



**Children's Liturgy of the Word**  
will resume on **Sunday, September 12, 2021** at the 9:30 am Mass.



**RCIA**  
**A STRONG START TO THE FAITH**

## **RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)**

Are you or anyone you know interested in learning more about the Catholic faith or becoming Catholic? Were you baptized, but never confirmed? If so, RCIA is for you!

RCIA Ministry at CTK is designed to fit the needs and background of those participating in the program, wherever you are on your faith journey. Classes will run November through April.

If interested, contact Terri Hunt, Director of Faith Formation, at [thunt@ctkmppls.org](mailto:thunt@ctkmppls.org).

## **CTK Prayer Corner**



Anna Bertel, Brent Blackey; Joanne & Walter Dick, Nancy Dornbach; Mary Forsman Chuck Gorman, Mary Ann Hansen, Dan Ivory, Steve Kean, Tomi Kean, Anna Kinney, Mary Koby. Marie Kolcun Mary Lee, Dolores Lutz, Jerry Murtaugh David Podgorak, Ed & Gae Skager, Lydia Spanier, Angie Tucker, Pat Urick, Diane Wielinski

If you would like prayers said for you, a family member ill or in need of prayer, please contact Jim DeShane at 612-920-5030, ext. 19.

## **Readings for the week of August 1, 2021**

Sunday: Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 [24b] /Eph 4:17, 20-24/Jn 6:24-35  
Monday: Nm 11:4b-15/Ps 81:12-13, 14-15, 16-17 [2a]/ Mt 14:13-21  
Tuesday: Nm 12:1-13/Ps 51:3-4, 5-6ab, 6cd-7, 12-13 [cf. 3a] /Mt 14:22-36 or Mt 15:1-2, 10-14  
Wednesday: Nm 13:1-2, 25—14:1, 26-29a, 34-35/Ps 106:6-7ab, 13-14, 21-22, 23 [4a]/Mt 15:21-28  
Thursday: Nm 20:1-13/Ps 95:1-2, 6-7, 8-9 [8]/Mt 16:13-23  
Friday: Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9 [1a and 9a]/ 2 Pt 1:16-19/Mk 9:2-10  
Saturday: Dn 6:4-13/Ps 18: 28, 3-4, 47 and 51/Mk 17:14-20  
Next Sunday: 1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 [9a]/ Eph 4:30—5:2/Jn 6:41-51

## **Observances for the week of August 1, 2021**

Sunday: 18th Sunday in Ordinary Time  
Monday: St. Eusebius of Vercelli, Bishop; St. Peter Julian Eymard, Priest  
Tuesday:  
Wednesday: St. John Vianney, Priest  
Thursday: The Dedication of the Basilica of St. Mary Major  
Friday: The Transfiguration of the Lord  
Saturday: St. Sixtus II, Pope, and Companions, Martyrs; St. Cajetan, Priest; BVM  
Next Sunday: 19th Sunday in Ordinary Time

# Take the Survey

– Please help us learn what is important to you. Social justice a key part of our mission here at Christ the King. Because of this, the CTK Racial Justice and Social Justice groups think it crucial that all parishioners have an opportunity to give input into the direction these teams are taking.



We are interested in hearing from you about what areas of social and racial justice you think our parish should be focusing our time and talents on in the next year. Please check your July 23 emails or go to the CTK website ([CTKmpls.org](http://CTKmpls.org)) or Facebook for the link to the five minute online survey.

Or you can use this link: <https://www.surveymonkey.com/r/CTKsocialjustice>. Your response is critical to our future planning. **Deadline for response is August 2.**

Questions? Contact Meg Barrett at [barrettmego48@gmail.com](mailto:barrettmego48@gmail.com) or 952-484-3841. If you know of someone without access to a computer, we can mail one to them.



The Archdiocesan Synod kicks into high gear this fall and your input is needed to help Archbishop Hebda chart the course for this local Church.

Join a small group to discuss and give feedback on how to best form:

- • Parishes that are in the service of evangelization
- • Missionary disciples who know Jesus's love and respond to his call;
- • Youth and young adults in and for a Church that is always young.

Watch for more information regarding specific dates and times for meetings.

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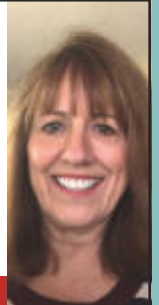
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