



CHURCH OF
CHRIST
THE KING

THE HERALD

August 8, 2021 19th Sunday in Ordinary Time

PARISH OFFICE INFORMATION

Hours: 11 am-3 pm / Monday-Thursday
5029 Zenith Avenue South
Minneapolis, MN 55410

Phone: 612-920-5030—FAX: 612-926-0283

Emerg. # 612-710-4911

Website address: www.ckmpls.org

PARISH STAFF LISTINGS

Fr. Bill Murtaugh, Pastor.....Ext. 13
wmurtaugh@ckmpls.org

Paul Zdechlik,Ext. 15
Parish Business Administrator
pjzdechlik@ckmpls.org

Parish OfficeExt. 20
Nadine Reiser, Office Manager
parishoffice@ckmpls.org

Deacon Jim DeShane.....Ext. 19
Director of Pastoral Ministry
jdesane@ckmpls.org

David Gleason, Bldg. Engineer Ext. 18
dgleason@ckmpls.org

Terri HuntExt. 22
Director of Formation & Discipleship
thunt@ckmpls.org

Moya McGinn Mathews.....Ext. 12
Director of Music & Liturgy
mmathews@ckmpls.org

Jane Becker, Parish Organist
Chris Opegard, Nursery Coordinator

CARONDELET CATHOLIC SCHOOL

Paula Lieder— Principal
Lower Campus, PreK-Gr. 2 – 2900 W. 44th St.

Phone #612-920-9075

Upper Campus, Gr. 3-8 – 3210 W. 51st St.

Phone #612-927-8673

Website: www.carondeletcatholicsschool.com

PARISH LITURGICAL CELEBRATIONS

Sunday Eucharist 4:30 pm . Saturday, 9:30 am Sunday.
Weekday Mass 9:15 am, Tuesday—Friday
Reconciliation: Saturday, 3:30 pm or by Appointment



19th Sunday IN ORDINARY TIME

“This is the bread that comes down from heaven so that one may eat it and not die.” - Jn 6:50

Church of Christ the King

Before I Forget



Let's begin by remembering The King. Do you think I mean Christ the King? No, this time I'm writing about – who else? Elvis “The King” Presley. The anniversary of his death is August 16, 1977. He died at the age of 42. Do you know the lyrics to his song “Love me Tender”?

Love me tender,
Love me sweet,
Never let me go.
You have made my life complete,
And I love you so.

Some may put down love songs as simplistic or over-emotional. Too often, we expect God's love and wisdom to be overwhelming – so we can overlook God's gift of love and tenderness that lives in the very ordinariness of our favorite songs and works of art.

St. Paul, ever realistic, gives us the practical tools for recognizing Jesus' love and then being that love to the world around us: “All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ.”

Does sweetness and forgiveness describe present reality in your home, or your place of work? Perhaps we need this as a future “plan of action,” because Paul says all anger and arguing “must be removed from you,” as if he knows our current situations might need changing. That word “compassionate” is the key to all the other changes. But, we've heard that word so often, maybe we've become deaf to what it really means. For example, the Revised Standard Version of the Scriptures translates compassionate as “tenderness.”

“Tenderhearted” means to be easily moved to love, or to be able to feel or show love and affection. To have a tender heart means, first, that you know your own vulnerable spots inside. You have felt your own pain and woundedness, so you are able to feel love and compassion, not anger and criticism, for the vulnerable places in another. You are able to move forward to try to protect others from that deep level.

But, beware. A tenderhearted person is not a crybaby, a whiner, a ‘bleeding heart,’ a sentimental sap or a ‘chick-flick’ fan. (Okay, maybe they do enjoy watching chick-flicks). The point is, when we are tenderhearted, we are acting out of a strong heart – a heart that listens, and loves by doing what is good and right.

Especially among teenagers, it can be chic (‘sheek”) and cool to show an air of criticism or cynical detachment. Kids often want to appear worldly and sophisticated. So to call someone “tenderhearted” might be seen as an insult. When we're nervous or afraid, any of us might show a cool or tough exterior, to seem anything but tender.

But, down deep, when we think of the most many men and most womanly women we know, it is their tender-heartedness that makes us admire them most. Who are the real heroes in life for our children, our adolescents? Aren't they strong people who aren't ashamed to be gentle at times? They might not fit everybody's expectations of a hero – just as Jesus didn't. They can look as mild mannered as Clark Kent (Superman), or resemble a JJ Watt of the Houston Texans. But, it is their tender hearts that give them dignity and power, which they use for justice, never as brute force.

Florence Nightingale was a no-nonsense nurse who had both tenderness and conviction. At the age of 17, in 1837, Florence felt God calling her to make a commitment to nursing, in spite of her wealthy parents' anger; nurses at that time were unskilled women of low reputation who followed the armies.

Florence's tender heart allowed her to see the appalling state of medical care for the homeless and poor. Then it took character to do the next thing. She took one small, uncomfortable step after the other, and became the leading activist to improve sanitation and nursing standards and revise the workhouse laws in England. Her entire life was spent in pioneering nursing reforms, and 32 years after she made her teenage commitment at 17, she and Elizabeth Blackwell opened the first medical college for women.

Florence Nightingale was a real woman, no wimpy bleeding heart. She refused to look away – she allowed her tenderness, her compassion for others, to open her eyes to the unpleasant and difficult real-life needs of others. She then used endurance and strong character when she wanted to meet those needs.

Try this for one week: as you watch your favorite TV shows – count how many arguments, insults, lies, and bitter words people scream at each other, and compare it to how much forgiveness and tenderhearted caring you see. If you say it's only entertainment or the politics of our times, ask yourself whether angry shouting, bitterness, fury, and slander really entertain us. What is our national discourse these days, if we're trying to be more tender and forgiving in our love for each other.

Will tenderness win?

Forward together and no left behind,
Fr. Bill



Augustus Tolton, born into slavery in Missouri in 1854 to Mary Jane and Peter Paul Tolton, was the first man known to be black to be ordained to the priesthood in the United States.

At a very young age his mother, along with his two siblings, stole away from the shackles of slavery in the middle of the night by way of a small row-boat crossing the Mississippi River to freedom in Illinois.

He nurtured his love for the Lord and a calling to serve God's people as a Catholic priest. Despite the prevail-

ing racism in the Church, he remain undaunted. Finally ordained in Rome in 1886, his journey led him to Quincy and then Chicago.

He became the founding pastor of St. Monica's Parish. People knew him as Father Gus, a gifted preacher and man of prayer. He died suddenly in 1897 at the age of 47. His witness serves as an inspiration for young people seeking affirmation and acceptance in the Church.

READINGS FOR WEEK OF AUGUST 8

Sunday: 1 Kgs 19:4-8/Ps 34:2-9 [9a]/ Eph 4:30—5:2/Jn 6:41-51
 Monday: Dt 10:12-22/Ps 147:12-13, 14-15, 19-20 [12a]/Mt 17:22-27
 Tuesday: 2 Cor 9:6-10/Ps 112:1-2, 5-6, 7-8, 9 [5]/Jn 12:24-26
 Wednesday: Dt 34:1-12/Ps 66:1-3a, 5 and 8, 16-17 [Mt 18:15-20
 Thursday: Jos 3:7-10a, 11, 13-17/Ps 114:1-2, 3-4, 5-6/Mt 18:21—19:1
 Friday: Jos 24:1-13/Ps 136:1-3, 16-18, 21-22 and 24/Mt 19:3-12
 Saturday: Jos 24:14-29/Ps 16:1-2a, and 5, 7-8, 11 [cf. 5a]/Mt 19:13-15
 Next Sunday: Rv 11:19a; 12:1-6a, 10ab/ Ps 45:10, 11, 12, 16 [10bc]/ 1 Cor 15:20-27/Lk 1:39-56

CTK Prayer Corner

Anna Bertel, Brent Blackey; Joanne & Walter Dick, Nancy Dornbach; Gretchen Fitzgerald, Mary Forsman, Chuck Gorman, Mary Ann Hansen, Dan Ivory, Steve Kean, Tomi Kean, Anna Kinney, Mary Koby. Mary Lee, Dolores Lutz, Jerry Murtaugh David Podgorak, Ed & Gae Skager, Lydia Spanier, Angie Tucker, Pat Urick, Diane Wielinski



Let us remember the family and friends of parishioners, Marie Kolcun and Laura Preston. Funeral Mass for Laura will be Wednesday, August 11. We celebrate Marie's life on August 17.

May eternal love and light be theirs.

If you would like prayers said for you, a family member ill or in need of prayer, please contact Jim DeShane at 612-920-5030, ext. 19.

HUNGRY NEIGHBORS

HUNGER IN MINNESOTA...1 IN 6 CHILDREN IN MINNESOTA ARE HUNGRY TODAY. 1 in 13 people face hunger.

The food crisis of 2020 may seem long ago to some, but thousands of people right here are still struggling with the effects of the pandemic and longstanding inequities.

Food prices have risen steadily while wages have stagnated. Black and Latino neighborhoods have long suffered from disinvestment which leads to food deserts - the lack of affordable healthy food.

We can make a difference:

- **Ensure provision of free meals to all public school children in high-poverty districts.**
- **Work to expand SNAP eligibility and benefits**
- **Ask that the child tax credit cash payments become permanent.**
- **Donate generously to local food support programs**
- **Work for long-term solutions to hunger.**

Food support groups are distributing more food each month than prior to the pandemic. That means there is a long way to go to a full economic recovery.

MARK YOUR CALENDAR

Tuesday, August 10

9:15 am Mass

Wednesday, August 11

11:00 am Funeral, for Laura Preston

Thursday, August 12

9:15 am Mass

Friday, August 13

9:15 am Mass

Saturday, August 14

3:30 pm Reconciliation

4:30 pm Mass

Sunday, August 15

9:30 am Mass

Faith Formation and Discipleship

FAITH FORMATION REGISTRATION

2021-2022 Faith Formation registration information was mailed to families the first week of August. The registration form is now on the CTK website as well. If you have questions regarding registration, please contact Terri Hunt – thunt@ctkmpls.org.

Here is the registration link:

GOOD NEWS!!

The Church Nursery will open Sunday, September 12. Chris Opegard, the Nursery Coordinator is happy to be back, welcoming children up to the age of 4.

And, Childrens Liturgy of the Word also begins that Sunday. September 12.

Let's talk...

If you ever start a sentence with, "The Church needs to..." then this is for you! Plan to discuss and provide input this fall about the best ways for the local Catholic Church to form:

- Parishes that are in the service of evangelization;
 - Missionary disciples who know Jesus' love and respond to his call; and
- Youth and young adults in and for a Church that is always young.

Join a small group this fall to discuss and give feedback on priorities within each Synod focus area.

Watch for more information regarding specific dates and times for meetings.

Terri Hunt
Director of Faith Formation
Christ the King Parish
thunt@ctkmpls.org
612-920-5030 x22



RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Are you or anyone you know interested in learning more about the Catholic faith or becoming Catholic? Were you baptized, but never confirmed? If so, RCIA is for you!

RCIA Ministry at CTK is designed to fit the needs and background of those participating in the program, wherever you are on your faith journey. Classes will run November through April.

If interested, contact Terri Hunt, Director of Faith Formation, at thunt@ctkmpls.org.



FRANCISCAN ADULT RETREATS

Step aside from all the challenges and uncertainties of this time for a spiritual connection and renewal at the Franciscan Retreat Center in Prior Lake.

September 14-16 Women's Retreat
September 23-26 Men's and Women's Silent Retreat

Register for retreats: call 952-447-2182 or on line at www.FranciscanRetreats.net/register

Liturgical Ministry



CALLING ALL SINGERS!

WHO IS READY FOR IN-PERSON CHOIR EXPERIENCES?

The first rehearsal of the Christ the King choir will be on **Wednesday, September 15, 7-8:30 pm**, followed by a rehearsal on **Sunday, September 19 at 8:30 AM** in preparation for the **9:30 AM Mass that day**.

The ongoing choir schedule will develop according to the interest and availability of singers. During the academic program year, we will probably be rehearsing some Wednesday evenings and most Sunday mornings for one hour prior to the 9:30 AM beginning that middle week of September.

If you want to sing with the ensemble, please contact **Moya** (mmmathews@ctkmpls.org) at least three days prior to a rehearsal or liturgy and she will send you electronic copies of the music needed for the event.

Because of the current situation with Covid cases locally and the spread of the Delta variant, for the sake of the health of all the singers and of the public health, **all participants in the choir must be vaccinated**. Vaccination is on the honor system. We trust that no one would be untruthful about vaccination status to sing in a church choir.

Please contact Moya McGinn Mathews, Director of Liturgy and Music, if you are interested, willing, or have any questions or concerns.

Ushers are needed for both the Saturday 4:30 PM Mass and the 9:30 AM Mass.

Male and female, young and old, can help take up the collection at either weekend liturgy.

Please contact Moya (mmmathews@ctkmpls.org) to volunteer. Thanks



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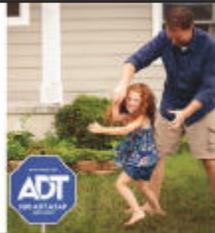
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