



CHURCH OF  
CHRIST  
THE KING

# THE HERALD

January 22/23, 2022—Third Sunday in Ordinary Time

## PARISH OFFICE INFORMATION

Hours: 11 am-3 pm / Monday-Thursday  
5029 Zenith Avenue South  
Minneapolis, MN 55410

Phone: 612-920-5030—FAX: 612-926-0283

Emerg. # 612-710-4911

Website address: [www.ckmpls.org](http://www.ckmpls.org)

## PARISH STAFF LISTINGS

Fr. Bill Murtaugh, Pastor.....Ext. 13  
[wmurtaugh@ckmpls.org](mailto:wmurtaugh@ckmpls.org)

Paul Zdechlik, .....Ext. 15  
Parish Business Administrator  
[pjzdechlik@ckmpls.org](mailto:pjzdechlik@ckmpls.org)

Parish Office .....Ext. 20  
Jenifer Juergens, Office Manager  
[parishoffice@ckmpls.org](mailto:parishoffice@ckmpls.org)

Deacon Jim DeShane.....Ext. 19  
Director of Pastoral Ministry  
[jdesane@ckmpls.org](mailto:jdesane@ckmpls.org)

David Gleason, Bldg. Engineer Ext. 18  
[dgleason@ckmpls.org](mailto:dgleason@ckmpls.org)

Terri Hunt .....Ext. 22  
Director of Formation & Discipleship  
[thunt@ckmpls.org](mailto:thunt@ckmpls.org)

Moya McGinn Mathews.....Ext. 12  
Director of Music & Liturgy  
[mmmathews@ckmpls.org](mailto:mmmathews@ckmpls.org)

Jane Becker, Parish Organist  
Chris Opegard, Nursery Coordinator

## CARONDELET CATHOLIC SCHOOL

Paula Leider— Principal  
Lower Campus, PreK-Gr. 2 – 2900 W. 44th St.

Phone #612-920-9075

Upper Campus, Gr. 3-8 – 3210 W. 51st St.

Phone #612-927-8673

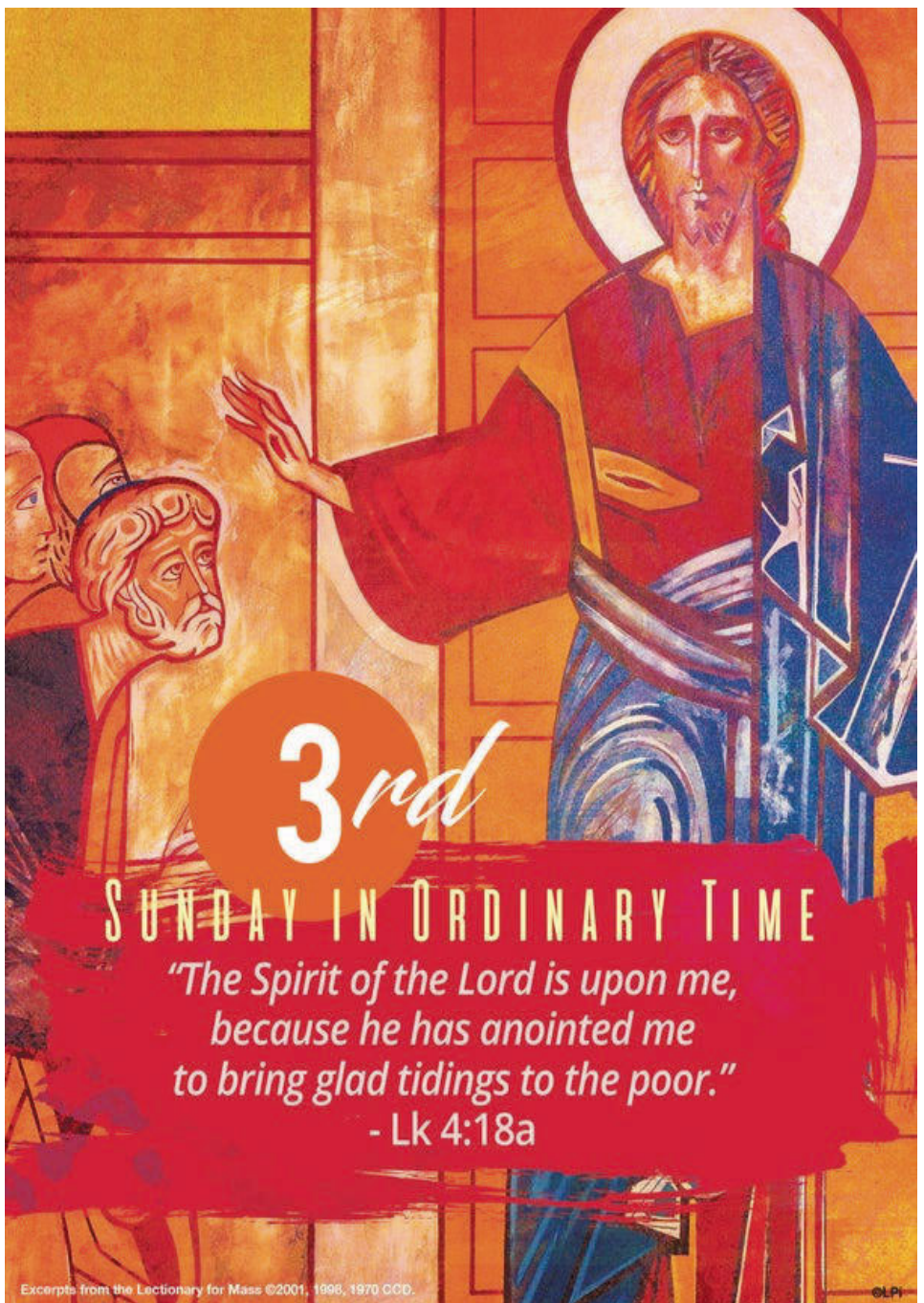
Website: [www.carondeletcatholicsschool.com](http://www.carondeletcatholicsschool.com)

## PARISH LITURGICAL CELEBRATIONS

Sunday Eucharist 4:30 pm Saturday, 9:30 am Sunday

Weekday Mass 9:15 am, Tuesday-Friday

Reconciliation: Saturday, 3:30 pm or by Appointment



3<sup>rd</sup>  
SUNDAY IN ORDINARY TIME

*"The Spirit of the Lord is upon me,  
because he has anointed me  
to bring glad tidings to the poor."*

- Lk 4:18a

# Church of Christ the King

## Before I Forget



"To believe in God is to know that all the rules will be fair, and that there will be wonderful surprises."

*Ugo Betti*

When you hear the word "spirituality," what words come to mind? Try it. What words spontaneously come to mind when you think of Christian spirituality. Did these words pop up: faith, meditation, prayer, Mass, devotion, or some such similar words? There are all words we associate with living the spiritual life. But I wonder if anyone thought of the word "freedom." Yes, freedom is one of the central elements of any Christian spirituality. It only takes a quick reading of Sunday's Gospel, (Luke 1:1-4; 4-21) to discover that freedom is a key element in any authentic Christian spirituality.

Jesus proclaims to those assembled in the synagogue what his purpose in life is. Here are some of the words: The spirit of the Lord...has sent me...proclaim liberty to captives, and to the blind new sight, to set the downtrodden free.

This is why Jesus came – to set us free. Now for some reason many of us think that living the faith means being limited, rather than having limitations taken from us. Rules and regulations, commandments and precepts pop into our heads. We might even wish at times that we weren't burdened with having to live a life in which we needed to be concerned with loving our neighbor. We might think that we'd have a better life if we could just pay attention to ourselves and not bother with anyone else. That is a tempting way to look at life, isn't it? Wouldn't it be so much easier if I didn't have to think about anyone but myself?

Because the word "FREEDOM" is used in so many different ways, it's good, from time to time, to remind ourselves what the deepest meaning of that word really is. Our deepest freedom is the ability to be whom God wants us to be. That might sound rather vague, but it is the farthest thing from vague you could imagine. God wants us to experience peace, joy, love. It's probably true that, in this life, most of us will not be totally at peace, totally joyful, and totally loving, but there are the ideals towards which we are encouraged to move.

Now in order to move towards something ahead of us, we have to leave something behind us. You can't go on a trip to your favorite place without leaving the place where you are right now. That's often how it is with freedom. We must often have to leave something behind if we want to become freer.

There are so many things that hold us back from living the full and free life that Jesus intended for us. At times, these things are so much a natural part of our lives that we hardly even notice them anymore. We get so used to these barriers to freedom that we can't see how large an obstacle to our freedom that they have actually become.

As we go through life, what may be the biggest obstacle most of us will meet is the barrier to freedom that is created by our attachments. In fact, if we ever succeeded in getting rid of all our attachments, we would be totally free. That is a lifelong battle and one in which we must constantly engage. The first step in any battle is recognizing the enemy. If we don't know against whom we are fighting, we will have no chance of winning the contest.

Here are a few clues to look for in recognizing the attachments in our lives that are holding us prisoner. What threatens us or makes us angry. Do we get very upset when we think that we might lose something we own? Are there some parts of our lives that we refuse to discuss with anyone? Do we make blanket statements about whole groups of people and refuse to change our minds, even when the evidence is presented to us? We can become attached to our own ideas, as well as material possessions. We can become attached to the way we pray or think about God. There's almost nothing that is outside the clutches of the evil of attachment.

I think that it's necessary to mention one particular kind of attachment, which causes pain and misery in people's lives. This is the attachment to people. A person can become so attached to another person that he or she becomes a slave to that other person. They are imprisoned by emotional chains. I urge anyone who finds him or herself so attached to another person that they have lost their own freedom, to seek help immediately.

As we think about our personal freedom we must not forget the larger notion of freedom. It's not just my own freedom that is important. Freeing people wherever they are bound or enslaved - this is also an essential element of Christian freedom.

"Millions of our population are bound – by racism, sexism, classism, materialism, poverty, drugs, domestic abuse, and street violence, as well as governmental abuse and abandonment. Although many comfortable Christians do not wish to hear it, the gospel will not be silenced. It issues a persistent case that we must transform culture: that we are to challenge all structures of bondage, to break every yoke and let the oppressed to go free." *Prathia Hall Wynn*

Forward together and no one left behind,

Father Bill

Due to COVID-19 concerns, there will be NO Boy Scout Pancake Breakfast this year.



The Library Committee is sponsoring a **FREE BOOK EXCHANGE** on January 22 & 23, 2022

Bring in your old books and trade them for some that you haven't read or others that you want to reread.

Drop off your unwanted books at any time in the Church Library. The books will be sorted.

**This weekend, January 22 & 23,** grab your coffee and donut and browse through the tables of books inside the Auditorium

Everyone, please take what you want from the tables of books. The rest will be gone through and either added to the library collection or donated.

## Readings for week of January 23

Sunday: Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/1 Cor 12:12-30 or 12:12-14, 27/  
Lk 1:1-4; 4:14-21

Monday: 2 Sm 5:1-7, 10/Ps 89:20, 21-22, 25-26/Mk 3:22-30

Tuesday: Acts 22:3-16 or Acts 9:1-22/Ps 117: 1bc, 2/Mk 16:15-18

Wednesday: 2 Tm 1:1-8 or Ti 1:1-5/Ps 89:4-5, 27-28, 29-30/Mk 4:1-20

Thursday: 2 Sm 7:18-19, 24-29/Ps 132:1-2, 3-5, 11, 12, 13-14/Mk 4:21-25

Friday: 2 Sm 11:1-4a, 5-10a, 13-17/Ps 51:3-4, 5-6a, 6bcd-7, 10-11/Mk 4:26-34

Saturday: 2 Sm 12:1-7a, 10-17/Ps 51:12-13, 14-15, 16-17/Mk 4:35-41

Next Sunday: Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/  
1 Cor 12:31—13:13 or 13:4-13/  
Lk 4:21-30

**MASKS ARE REQUIRED AT ALL LITURGIES AND INDOOR GATHERINGS AT CHRIST THE KING.**



## **MARK YOUR CALENDAR**

### **Monday, January 24**

7:00 pm Troop 89 meeting

### **Tuesday, January 25**

9:15 am Mass

### **Wednesday, January 26**

9:15 am Mass

5:00 pm Faith Formation

### **Thursday, January 27**

9:15 am Mass

### **Friday, January 28**

9:15 am Mass

## **Book Exchange Weekend**

### **Saturday, January 29**

11:00 am First Reconciliation

1:00 pm Bell Choir

3:30 pm Reconciliation

4:30 pm Mass

### **Sunday, January 30**

9:30 am Mass

9:30 am Children Liturgy of the Word

# Faith Formation and Discipleship

## Blessings and Family Prayers

In ways large and small, parents seek what is best for their children. This desire is expressed in a variety of practical ways every day; such as preparing healthy foods, ensuring adequate opportunity for sleep, teaching good manners, and sharing enriching activities as a family.

Incorporating prayers of blessing into your family's daily routine is another way to express this desire for the very best for your children.

When we pray for God's blessing, we acknowledge that God is the source of all that is good. In prayer, we ask God to bless us, to bless others, and to bless our activities. We do so with confidence and trust in God, who also seeks what is best for each of us. To pray in blessing for our children is to join our desires for them with God's own desire for them. Daily life provides parents with many opportunities to offer prayers of blessing with and for their children.

## Tuesday Morning Rosary

Starting Tuesdays, we will be praying the Rosary after daily Mass and will be praying it every Tuesday thereafter.



Our keyboard player, Jane Becker, played piano preludes during the Christmas season from her Christmas carol recordings.

To learn more about her arrangements and original piano music, visit [janiebecker.com](http://janiebecker.com), or search for Janie Becker on either Pandora or Spotify.



## CTK Prayer Corner



Anna Bertel, Dave Biros, Brent Blackey, Charlotte & Patrick Cashin, Joanne & Walter Dick, Nancy Dornbach, Zonie Easton, Mike Evano, Michael Fox, Chuck Gorman, Mark Goodwin, Mary Ann Hansen, Dan Ivory, Steve Kean, Tomi Kean, Anna Kinney, Mary Koby, Mary Lee, Dolores Lutz, Pat Muyres, David Podgorak, Jean Sarrazin, Ed & Gae Skager, Lydia Spanier, Pat Urick, Diane Wielinski

If you would like prayers said for you, a family member ill or in need of prayers, please contact Jim DeShane at 612-920-5030, ext. 19

## Social Justice

Next meeting of the Racial Justice group will be Sunday, February 20 (after 9:30 am mass) when we will take our first look at the 1619 Project. We will read from two chapters of this book and then discuss. If you are unable to purchase this book or borrow it, let us know and we will find one for you.

Contact [maryjanemitchell@msn.com](mailto:maryjanemitchell@msn.com) if you are interested in joining our CTK group us for this event:

**February 20, 2022, 7:00 p.m.**  
**Oh Let Us Build This Place:**  
**St. Joan Of Arc And 75 Years**  
**On The South Side**

*T. Mychael Rambo, Thomasina Petrus, Charmin Michelle and Dan Chouinard present music-filled historical vignettes from the multicultural South Minneapolis neighborhoods that eventually became home to St. Joan of Arc parish in 1946. An embrace of our neighborhood and these stories whose telling is the start of healing. With the SJA Choir and TPT historian Daniel Bergin. Created in collaboration with the SJA Anti-Racism Ministry.*



## 3<sup>RD</sup> SUNDAY *in ordinary time*

"The Spirit of the Lord is upon me, because he has anointed me  
to bring glad tidings to the poor." - Lk 4:18a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

# Washburn - McReavy

washburn-mcreavy.com

Funeral Chapels, Cemeteries and Cremation Services

## EDINA CHAPEL

5000 W 50th Street  
952.920.3996

## Geritom Medical

CREATING WAYS TO BETTER YOUR LIFE

www.gertomedical.com

## ACE HANDYMAN SERVICES

CRAFTSMEN ~ CALL 952-946-0088 FOR  
SPECTACULAR EMPLOYMENT OPPORTUNITY!

AceHandymanServices.com

### Knutson Ventilation Inc.

Gerhard W. Knutson  
(952) 928-0195

Design Consulting of INDUSTRIAL

- Ventilation Systems
- Air Pollution Controls
- Hygiene Evaluations



TAKE-OUT • DELIVERY ONLINE ORDERING/EDINA  
A Slice of the Neighborhood Since 1954  
Sunday-Thursday 11am-9:30pm • Friday-Saturday 11am-10pm

Order Online Here

**\$5 OFF**  
Any Purchase of \$30 or More

**\$3 OFF**  
Extra Large

**\$2 OFF**  
Large

3724 West 50th St., Edina - SW Minneapolis  
612-920-0400 • www.carbonspizzeria.com

### VARSITY PAINTERS



952-938-3886

Kris Perry • Parishioner

## AVAILABLE FOR A LIMITED TIME!

## ADVERTISE HERE NOW!

Contact **Kristee Flynn**  
to place an ad today!  
kflynn@4LPi.com  
or **(800) 950-9952 x2251**

### prestige CLEANING CENTER

your neighborhood GREEN DRY CLEANER

**\$5 OFF YOUR DRY CLEANING ORDER**  
VALID ON INCOMING ORDERS ONLY

3711 W. 44TH ST. | MPLS.  
612.929.2010 | MNGREENCLEAN.COM

### Matt Boockmeier

State Farm

Call/text (952) 928-0455

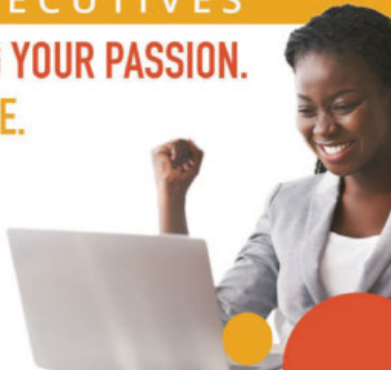
Home • Auto • Life • Business  
matt@mattboockmeier.com

# WE'RE HIRING

## AD SALES EXECUTIVES

### BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.

- Paid Training
- Some Travel
- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community



Contact us at careers@4lpi.com  
www.4lpi.com/careers

### Minneapolis & Suburban Bus Co.

Affiliates of Minnesota Coaches



#### Hiring School Bus Drivers

- Signing Bonus
- Paid Training
- Profit Sharing

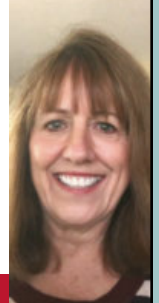


## ACT ready

www.actready.net  
Providing economical, effective ACT test preparation

(952) 322-7722  
Mary Langfeldt, Parishioner

mlangfeldt@actready.net



## THE BIG BLUE BOX

**SIZE. STRENGTH. SECURITY.**  
**Mini storage at your door!**  
Need portable storage for moving?  
Remodeling? NEED EXTRA SPACE?

**CALL US FOR A QUOTE**

**612.920.3540**



For ad info. call 1-800-950-9952 • www.4lpi.com

Christ The King, Minneapolis, MN

A 4C 02-0023