

Queen of Angels Catholic Church

Iglesia Católica Reina de los Angeles

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New Website: www.queenofangels.church



FEBRUARY 7th, 2021 † 5th SUNDAY IN ORDINARY TIME

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Eucharistic Adoration
(Adoración Eucarística)
Wednesday 8am - 9pm



OFFICE HOURS:

Monday - Friday: 9am - 3pm

Saturday: 9am - 1pm

Reconciliation (Confession):

Horario de Confesiones:

Saturday (3 pm – 3:50 pm)

Sunday (10:15 am - 11 am)

Advent and Lent season: 30 minutes before every Mass. Or any time by appointment.

Anointing of the Sick: During 1st Friday morning Mass or anytime by calling the parish.

Unción de los enfermos: Primer viernes del mes o llamar a la parroquia



When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.

Rising very early before dawn, he left and went off to a deserted place, where he prayed. Simon and those who were with him pursued him and on finding him said, "Everyone is looking for you." He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee. (Mk 1:32-39)

Pornography: A Haven of Secrecy Affecting Our Children

By Deacon Marques Silva

No one wants to believe that their children have been exposed to pornography. Everyone wants to believe that if they just find or purchase the right filter, our kids will be protected. Most do not want to admit that we have willingly given our children unfettered access to pornography through unmonitored phones, tablets, iPods, and so on.



The truth is that the primary consumers of pornography are youth between the ages of 12-17.

The Journal of Adolescent Health in an anonymous survey reported in August 2009 that 96 percent of the interviewed teens had Internet access. Furthermore, 55.4 percent also reported that they had visited a sexually explicit website. At the university level, 93 percent of boys and 61 percent of girls reported they had seen Internet pornography during adolescence. If that is not bad enough, 80 percent of 15-17 year-olds have reported having multiple "hard-core" pornography exposures. The concern here is not just that kids have been exposed to pornography. In the aforementioned university study, the researchers reported that the degree of exposure to paraphilic and deviant sexual activity before 18 was of "particular concern". Dr. Gail Dines, professor of Sociology at Wheelock College, Boston, best stated the issue during a 2015 Symposium when she said, "The porn you see within 15 seconds of typing 'porn' into Google is cruel, abusive, violent and free. No credit card is needed to enter this world of sexual abuse..." In a more extensive treatment of the subject, she explained in her book, *Pornland: How Porn has Hijacked our Sexuality*, that porn is no longer about nude women or men in provocative positions or sexual situations. It is about violence, abject humiliation and dehumanization of the human person. The consequences are not inconsequential.

The evidence is pouring in: Since 2011, there have been 26 major studies which reveal that pornography has serious and detrimental impacts on the brain including:

Shrinking brain matter in the areas associated with motivation, decision-making, and impulse control

Hijacking the brain's reward system in the same manner drugs do with an ever-increasing need for a "fix" (i.e. watching more pornography)

Increasing a negative impact on marital (and relationship) satisfaction with a strong use (not necessarily a consistent use) of pornography that used images as a proxy for the spouse and thus high dissatisfaction with sex-life or marital decision-making

The studies and negative impacts are mind boggling. The three just mentioned are but the tip of the iceberg. But what about our kids? Do our kids really have this kind of access? And how does it affect them?

Social media and porn

So, you gave your child a Smartphone to stay in communication with them. We all know that the majority of their use has nothing to do with communication with you. How are they using their phones? It's time to get to know the social media apps that are on your children's digital devices and to whom they are communicating. The truth is that if the device receives a data stream, they are vulnerable. Let me be candid: what I hear from parents all the time is, "It's not my kid."

Not your child? Here are some stats that paint a clearer picture:

91 percent of teens use mobile phones to go online

92 percent of teens age 13-17 go online daily

89 percent of youth admit to receiving sexual solicitation in chat rooms

20 percent of teens have sent or posted nude or seminude photographs or videos of themselves.

Hear me when I say in all sincerity, I hope you are right. But are you willing to take the risk with the child in your care? Research teaches us that 76 percent of victims in internet-initiated sexual exploitation cases were 13-15; 75 percent were girls. Pornography as part of the exploitation and abuse was present 100 percent of the time. And considering something less extreme, youth with significant exposure to sexuality in the media were significantly more likely to have premarital intercourse at ages 14-16.

I recently offered a Teens and Technology presentation to a group of parents. Initially, most were resolute that their teens were not involved with any unhealthy apps, conversations or pornography. Then they took my challenge and went home to "trust but verify." Unfortunately, many of these parents disclosed to me that several of the tweens were knee deep in viewing pornography and even sexting; some even consistently viewed child pornography. Much good is coming out of this painful realization that many of us give our kids electronics but never set, enforce or secure safe boundaries. So what can we do?

Tips for parents and caring adults

One of my favorite Scriptures is from Romans 5:20b, "Where sin abounds, grace all the more." Prayer leads to action and there are practical steps that all parents and caring adults can and should take:

Educate: First yourself, then your family. A great start is The National Center on Sexual Exploitation at www.endsexualexploitation.org

Communicate: Speak to your kids and let them know the dangers and potential impacts of pornography on their health, relationships, potential job opportunities, etc. Always, of course, in an age-appropriate manner. Keep in mind that persons are mysteries that are meant to be revealed-not exposed-and too much information too early is just as detrimental as none at all.

Develop a contract: Work with the youth to manage expectations from the very beginning, and write out exactly what is expected. Remember the second Golden Rule: Whoever has the gold makes the rules. If you are paying for the equipment, data and roaming usage of a smart phone, tablet or laptop, you always have a right to view what is on it. And not just a right, but a responsibility to ensure that the youth in your care are safe!

Trust but verify: For our youngest children, it is very likely that they did not go searching for porn; rather, it found them on websites that may have initially appeared to be tailored for children. Perhaps, for older youth, the expectations about pornography were never communicated. Consequently, that first conversation is so important to keep the doors of communication and healing open.

Model the proper behavior yourself: What's 'good for the goose' is 'good for the gander'. Our brains do not care about our age and/or maturity when it comes to developing an improper fixation. Porn is porn, and its path of destruction does not discriminate.

There are fantastic counselors among us who are assisting with healing the wounds of pornography and thus putting our culture back together—one person at a time. If you suspect that a youth, or even an adult in your life has a fixation with pornography, encourage them to seek help. A helpful website with sage advice is www.integrityrestored.com

That being said, wouldn't it be better to attempt to prevent the wounds before they happen? Porn is a secret illness filled with shame and potentially devastating effects for adults, and especially for children. Let's work together and protect our kids from a future of potential brokenness and heartache by implementing an action plan to interrupt these issues before they can begin.

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Safe Haven Sunday: For the past two years, parishes in the Diocese of Winona-Rochester have participated in Safe Haven Sunday. Inspired by the United States Conference of Catholic Bishops' formal statement *Create in Me a Clean Heart: A Pastoral Response to Pornography*, Safe Haven Sunday is a weekend set aside within the liturgical calendar by dioceses and parishes to directly address the societal harms of pornography. Within the context of the Mass, parishes are able to provide teaching and resources that will support and protect individuals, marriages, and families in making all homes a safe haven. Safe Haven Sunday will take place on the weekend of **February 6-7, 2021**

Connected:

How Strong Family Relationships Lead to Internet-Safe Kids Connected is a proactive resource that explores how a strong family connection can protect children and teens from the dangers of hidden pornography use. It contains real-life stories and practical tips for maintaining or re-establishing connection in your family. Connected will strengthen your relationship with God, your spouse, and your children, so your family can live free of pornography.

Coming Up

Wednesday Feb 17 ASH WEDNESDAY

11:15am Mass and **6:30pm** Religious Ed (prayer service and ashes)

Church in Central and Eastern Europe Collection
And Rice Bowl Collection (Throughout lent).



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- Monday** - Pajama Day
- Tuesday** - College Day
Honor Roll Celebration
- Wednesday** - Sports Day
- Digital Mass with Bishop Quinn
- Thursday** - Tacky Tourist Day
- Friday** - Pacelli School Spirit - Green Day

Important Dates

- Jan 31 - Feb 6** Catholic Schools Week
- Feb. 10** - ½ Day
- Feb 12-15** - No School

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Vatican modifies distribution of ashes for Ash Wednesday

The Congregation for Divine Worship releases a note laying out the procedures priests around the world are to follow for the distribution of ashes at the start of Lent.

By Vatican News

The health situation caused by Covid-19 continues to force changes on daily life, which are also reflected in the Church's sphere.

Ahead of the beginning of Lent, on Wednesday, 17 February, the Congregation for Divine Worship and the Discipline of the Sacraments has published a note detailing how Catholic priests are to distribute ashes.

Instructions

After blessing the ashes and sprinkling them with holy water in silence, the priest addresses those present, reciting once the formula found in the Roman Missal:

***“Repent, and believe in the Gospel” or
“Remember that you are dust, and to dust you shall return”.***

At that point, the note continues, the priest “cleanses his hands, puts on a face mask, and distributes ashes to those who come to him or, if appropriate, he goes to those who are standing in their places.”

He then sprinkles the ashes on each person's head “without saying anything.”

The Light Is On 2021: Confessions will be offered 30 minutes before every Mass during the Lenten Season at Queen of Angels Church. We invite you to get familiar with the website



<https://www.thelightisonsouthernmn.org> This website is being updated for 2021 and we encourage its use throughout Lent as a way to reach out to those who desire sacramental reconciliation with God through his Church. There are witness talks, how-to's, examination of consciences, and more.

If you would like to receive a hard copy of the Courier in the mail are asked to send their name and address to Nick Reller at nreller@dowr.org.



MASS SCHEDULE AND INTENTIONS

February 8 - 14, 2021

Monday, February 8

5:15 pm Queen of Angels: Curtis Krebsbach (d)

Tuesday, February 9

7:30 am St Augustine: Eileen Burkhart (d)

7:30 am Queen of Angels: Souls in Most Need

Wednesday, February 10

11:00 am St Augustine: Betty Vaith (d)

11:15 am Queen's: Jerry & Rita Landherr (d)

Thursday, February 11

7:30 am St Augustine: Michael Leathers (d)

Friday, February 12

7:30 am Queen of Angels: Patricia Hoffman (d)

Saturday, February 13

4:00 pm Queen of Angels: For The People

4:30 pm St Augustine: For The People

Sunday, February 14: **6th SUNDAY, ORDINARY TIME**

8:30 am St Edwards: Don Van Hyfte (d)

9:00 am Queen's: Robert & Colleen Saturn(d)

10:30 am St Augustine: For The People

11:00 am Queen's (Spanish): Edgar Ivan Aguilar (d)

PRAYER REQUESTS

Call the rectory if you would like us to add a name on our prayer list (**507-433-1888**)

Let us pray for those who are ill:

Charlotte Kubicek, Brian P. Elliott, Rowan Ferguson, Beatriz Trejo, Paul Price, Mark Bushaw,, Rita Sheimol,, John Jette, Luz Vaca, Bernice Scholer, Maria G. Rodriguez, Janet Titus, Brother Dominic, Barbara Adams, Norma Derr, Richard Gunderson, Francis Rockers, Leslie Hemann, Dean Lerud and Tim Cochlin

Let us remember in our prayers all people who died recently:
Glendora Kathleen Arens.



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