

## Parish Staff

### Pastor

Rev. Richard Villano 729-7344

### Director of Pastoral Care

Virginia Tschida 729-7344

### Director of Religious Education

John Sondag 729-7321

### Religious Education Secretary

Nancy Stauner 729-7321

### Director of Music

David Bartlett 651-239-6914

### School Principal

Ellen Rian 729-9301

### Parish Secretary

Elaine Bruce 729-7344

### Business Manager

Joel Swanson 729-7322

## Sunday Mass

Saturday 4:00 P.M.

Sunday 8:30 and 10:00 A.M.

## Daily Mass

Monday through Saturday 8:00 A.M.

## Holy Day Mass

Evening Before 5:30 P.M.

Holy Day 8:00 and 10:00 A.M.

## Sacrament of Penance

Saturday 3:00–3:30 P.M.

## Sacrament of Baptism

A Baptism Preparation Program is required for all registered first-time parents. Please call the Director of Pastoral Care.

## Sacrament of Marriage

The bride or groom must be an active registered parishioner for at least six months prior to scheduling a wedding at St. Helena.

## Nursery

Services available during the 10:00 A.M. Sunday Mass.

## Parish Registration

To register in the parish, please fill out a registration form and return to the Parish Office. Registration forms are available at the entrances of the Church. Return completed form to the Parish Office.

**Email:** [church@sainthelena.us](mailto:church@sainthelena.us)

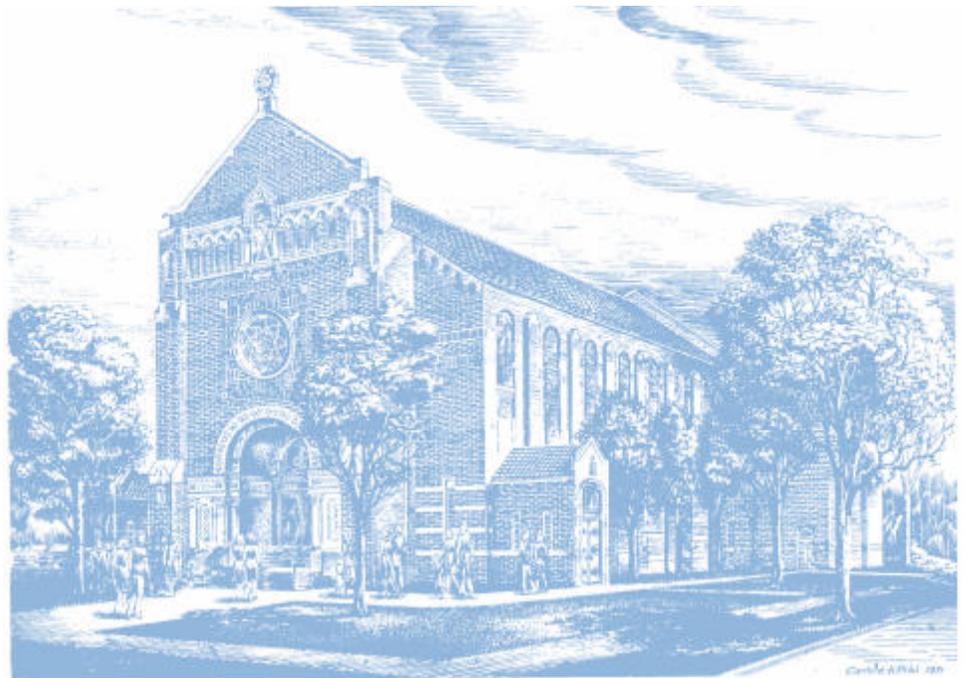
**Website:** [www.sainthelena.us](http://www.sainthelena.us)

# The Church of St. Helena

Third Sunday of Easter  
April 18, 2021

*Then he opened their minds to understand the  
Scriptures. And he said to them, "Thus it is written  
that the Christ would suffer and rise from the dead  
on the third day."*

Lk 24:45-46



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## THE WORD

The Holy Mass can mean many things to different people, both believers and non-believers. It is certainly something very Catholic that Catholics do every Sunday and sometimes even on a daily basis. It is certainly the heart of Church life and parish life, and becomes the source of our fidelity to Jesus, who comes to us in word and sacrament.

The first thing that the Risen Jesus does after his resurrection is to establish the Holy Mass with a structure that is still with us. He meets the two disciples on the road to Emmaus, unrecognized by them at first, but recognized by them when they sit down to eat, and Jesus breaks the bread. On the way Jesus explains to them the words of scripture, written and spoken about him before he came and now fulfilled in him. They are amazed and then recognize him in the breaking of the bread.

And it seems that the Risen Jesus did the same thing when he visited the eleven who were at table. In the gospel today, he opened their minds to understand the Scriptures, and again he ate with them, and told them that they “are

witnesses of these things.” They recognize him as the Risen Jesus.

The Risen Jesus gives us the basic structure of Holy Mass. The first part is the unfolding of the Scriptures in our presence, all that was said about him before he came, all that he said and taught in his lifetime (the gospels), and all that would be said about him as witnesses to his word and presence. All scripture is about Jesus and it is the Risen Jesus who gives us the ability to understand and proclaim to others the Word of Life.

The second part of Holy Mass is, of course, the gift of the Risen Jesus himself, who reveals himself in the breaking of the bread. The bread and wine become the body and blood of the Risen Jesus, who comes to us in a communion of body, mind, and heart. The Holy Mass is about the Risen Jesus who comes to us in word and sacrament, as the way, the truth, and the life.

Father Villano

## PASTOR'S REMARKS

1) Thank you for your great generosity for the new Sound System in our church. It will take some adjustment, but hopefully the balance will be there. Should you notice any area that might need attention, please feel free to speak with Kip Overbo, Paul Rivers, one of the ushers or the priest. I think most of us have some limitations in hearing (or listening) and it can be a great help to many. Certainly the Sacred Scriptures are meant to be heard by all of us, and your attention is very noticeable, remarkable, and reverent. It is our connection with God's word and his call to holiness.

2) Thank you for your great support of the Catholic Services Appeal this year. We went over our parish goal and again, we did it in record time! Our parish goal was \$23,317. Our parish has a real sense of the work of the Church in this Archdiocese, and it is a real tribute to your generosity and dedication. The work is on-going, and our support for one another is a gentle reminder that we are all brothers and sisters in the Lord. Our gifts are never impersonal.

3) The parish community congratulates *Jim and Dolores Ramerth* in celebration of their 70th Wedding Anniversary. As the Lord is always faithful and loving to us may they always be faithful and loving to each other and to the Lord.

4) Next weekend, April 24-25, we will have a second collection after Holy Communion to help support the **Catholic Home Missions** in our nation. It's an annual collection sponsored by our Bishops to support the mission churches throughout our country. Thank you for your generosity and love for the poor.

5) *He is risen, as He said.*

Matthew 28:6

**CHRISTIAN BURIAL**—The parish community prays that *Geraldine Ryan* may rejoice in the gift of everlasting life in the full embrace of God our Father, and that her family and friends and this community may trust more deeply in the promises of Jesus for eternal life.

**EASTER FLOWERS**—Those who offered a memorial gift for the Easter flowers may pick up a plant after April 18th. The flowers will be at the East and West exits on tables. Thanks to those of you who contributed to the Easter flowers in memory of your loved ones. It was your generosity that made our church look so beautiful during this Easter Season. **DO NOT TAKE THEM FROM THE ALTAR.**

**ACADEMY OF HOLY ANGELS SUMMER CAMPS**—AHA is excited to be hosting our annual Summer Experience Camps again this June for students entering grades 3-9. The camps cost \$90 and each student will receive their own Summer Experience t-shirt. Space is limited so register today. Visit [www.ahastars.org](http://www.ahastars.org) to register and view camp descriptions. We can't wait to see you this summer!

**SAFE ENVIRONMENT UPDATE**—All volunteers who have regular interaction with youth and vulnerable adults need to be certified under the Archdiocesan Safe Environment standards. Together we can work to protect God's children and the most vulnerable among us. Thank you for your shared commitment to the achievement of this goal. In addition, the Archdiocesan Victim Assistance line is 651-291-4475.

**COR JESU**—Join us on Friday, May 7, 8:00 P.M., for a virtual event at [facebook.com/ASPMVocations](https://www.facebook.com/ASPMVocations). Send prayer requests to: [stpaulvoctions@10000vocations.org](mailto:stpaulvoctions@10000vocations.org) or call 651-962-6890. The Cor Team will pray for your intentions.

**SPIRITUAL COMMUNION PRAYER—FOR THOSE WHO ARE UNABLE TO RECEIVE HOLY COMMUNION DURING THIS TIME OF THE CORONAVIRUS:**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

**SPIRITUALLY ADOPT SOMEONE WHO'S DYING ALONE FROM THE CORONAVIRUS OR WHO'S DYING WITHOUT THE SACRAMENTS**

—There are some people who are dying alone from the Coronavirus. Through your prayer, spiritually adopt someone in the world who may have no family or friends to be with that person at the moment of death or perhaps who is unable to have the sacraments of the Church.

**INTERESTED IN BECOMING A CATHOLIC?**—The Church of St. Helena has a program that prepares people to become Catholic. It's held on Tuesday evenings, at 7:30 P.M. in the Parish Offices. If Tuesdays are impossible for any individual, another time can be negotiated. For more information, call John Sondag at 612-275-0431.

**WE'RE PLANNING A FULL-SCALE "AUTUMN DAZE" FESTIVAL—SEPTEMBER 17, 18, & 19**—Full speed ahead for the Autumn Daze Festival on September 17, 18, and 19. We're planning a full-scale festival with rides, entertainment, food, games, parade, auction, quilt bingo,—the whole grand "shebang." We figure it's easier to scale back at the last minute because of restrictions than to ramp up in a week. So, volunteer, sign-up, and plan to have one of the greatest festivals ever. Can't you just taste those malted milks—we have the milk wagon ordered.

**DRAW A DESIGN FOR THE BUTTON LOGO CONTEST**—You can win prizes in the Button Logo Contest for the 2021 "Autumn Daze." Call 612-275-0431 for a set of rules or drop by the Parish Offices for a Contest form. Adults and children can enter.

**DO YOU KNOW OF ANY PARISHIONERS WHO ARE IN NEED OF HELP?**—Are you aware of parishioners who might be out of work, sick and unable to work, or struggling because of financial difficulties or other problems? They can receive help from the parish St. Vincent de Paul Conference which reaches out to individuals and families in the parish who are having difficulties. (If you let the conference know of the needy person or family, your name and the designated families or individuals will be kept confidential.) For more information or to give the conference the names of the needy persons, please call John Sondag at 612-275-0431.

**QUESTIONS ABOUT THE CATHOLIC FAITH?**—The Church of St. Helena offers a program that helps people to know more about the Catholic Faith and have their questions answered. For more information, call John Sondag at 612-275-0431.

**VIRTUAL ROSARY—FRIDAY EVENINGS AT 7:00 P.M.**—Pray the Rosary with parishioners on Fridays at 7:00 P.M. rather than Tuesday nights. Call 612-275-0431 to get the Zoom ID and Password.

**BE PART OF THE ST. VINCENT DE PAUL CONFERENCE**—The St. Vincent de Paul Conference in the parish reaches out to individuals or families who need assistance. Conference members visit their homes to assess how they can be of service and in a very personalized and confidential way give them help. The next meeting is Thursday, April 22, 2021, at 6:30 P.M. in the Parish Offices. For more information, call John Sondag at 612-275-0431.

**LEARN MORE ABOUT YOUR CATHOLIC FAITH**—You can enrich your faith by purchasing and listening to some CDs displayed at the handicap entrance to the church.

**FAMILY ROSARY PROCESSION**—Sunday, May 2, 1:15 P.M., from the State Capitol to the Cathedral of Saint Paul. Please join Archbishop Bernard A. Hebda for the May Family Rosary Procession. The gathering at the Capitol will begin at 1:15 P.M. and the procession will begin at 2:00 P.M. For more information visit: [minnesotarosaryprocessions.org](http://minnesotarosaryprocessions.org).

**ARCHDIOCESAN MARRIAGE DAY**—Saturday, June 5, 10:00 A.M., at the Cathedral of Saint Paul. This celebration includes Mass, renewal of vows, and a short reception. Couples celebrating their silver and golden anniversaries will be honored in a special way. Families and friends of all couples are welcome! In-Person Registration is required by contacting 651-291-4488. Social Distancing will be observed. Couples married one year or more may request a commemorative certificate signed by Archbishop Hebda. To request a certificate, please contact the Office of Marriage, Family & Life by May 30 at 651-291-4488 or visit: [mfl@archspm.org](mailto:mfl@archspm.org).

**NATURAL FAMILY PLANNING (NFP)**—Classes teach couples the Church approved methods on how to achieve or postpone pregnancy while embracing the beauty of God's gift of sexuality. For a complete list of classes offered throughout the Archdiocese, please visit: [archspm.org/family](http://archspm.org/family) or call 651-291-4489.

**LOOKING AHEAD:**

- First Holy Communion will be celebrated on Sunday, May 2, at the 10:00 Mass.
- Confirmation will be celebrated on Sunday, May 16, at the 10:00 Mass.
- Mother's Day is Sunday, May 9
- The Ascension of the Lord, May 16
- Pentecost Sunday is May 23
- Memorial Day Observed is May 31



**SCRIPTURE # 1083**

**Acts 3:13-15, 17-19  
1 Jn 2:1-5a  
Lk 24:35-48**

**MASS INTENTIONS**

**8:00 AM**

<b>Monday</b>	† <b>Bernice Schouviller</b>
<b>Tuesday</b>	† <b>Joyce Anderson &amp; Ochs Family</b>
<b>Wednesday</b>	† <b>Tom Lessard</b>
<b>Thursday</b>	† <b>Andrew &amp; † Donna Pukay</b>
<b>Friday</b>	† <b>Emil Bitzan</b>
<b>Saturday</b>	† <b>Amie Fogarty</b>

**SACRISTY LINENS—Mary DeLuney**

**WEEKLY SCRIPTURE READINGS**

*April 19:* Acts 6:8-15, Jn 6:22-29  
*April 20:* Acts 7:51—8:1a, Jn 6:30-35  
*April 21:* Acts 8:1b-8, Jn 6:35-40  
*April 22:* Acts 8:26-40, Jn 6:44-51  
*April 23:* Acts 9:1-20, Jn 6:52-59  
*April 24:* Acts 9:31-42, Jn 6:60-69  
*April 25:* Acts 4:8-12, 1 Jn 3:1-2, Jn 10:11-18

**PARISH CALENDAR**

*April 19—April 26*

***April 19***

-Quilters, Parish Offices, 9:00 am

***April 20***

-School Mass, Church, 10:00 am

***April 21***

-Religious Education Program, Rowan Hall, 6:45 pm

-Confirmation Program, Parish Offices, 6:45 pm

-Quilters, Parish Offices, 6:15 pm

***April 22***

-St. Vincent de Paul Mtg., Parish Offices, 6:30 pm

***April 23***

-Women's Prayer Group, Church, 8:30 am

-Virtual Rosary, 7:00 pm

***April 24***

-Confession, Church, 3:00 pm

-Mass, Church, 4:00 pm

***April 25***

-Mass, Church, 8:30 am & 10:00 am

***April 26***

-Quilters, Parish Offices, 9:00 am

***Daily Mass, Monday-Saturday, Church, 8:00 am***

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## ST. HELENA SCHOOL NEWS

### CONGRATULATIONS TO FORMER ST. HELENA STUDENTS:

\*History Day is an annual project in the 11th grade Social Studies curriculum at DeLaSalle High School. The event gives juniors an opportunity to become expert historians by selecting and researching a topic of their choice around a national theme. Six of this year's qualifiers for the Minnesota State competition are former St. Helena students. Congratulations to Ashantti Lino Altamirano, Cheryl & Michael Fuentes Palma, Kate Thibault, and Dylan Kist.

\*Congratulations to former St. Helena students for their achievements at the Academy of Holy Angels. High Honors for the second trimester were earned by Connor Niznick, Tyler Niznick, and Madeline Korogi with Sara Cooney achieving the Honor Roll. Well done! We are proud of you.

**A MESSAGE FROM THE DIRECTOR OF PASTORAL CARE**—If you or a loved one is hospitalized or have moved to an Assisted Living/LTC facility, please call the office at 612-729-7344 and ask for Virginia. At this time we are unable to make visits but the Anointing of the Sick can be arranged through the Archdiocese if it is allowed at the facility. Home visits can be discussed when you call Virginia. Your health, well being and spiritual care are important to us.

**WAYS TO WATCH/LISTEN TO MASS**—For ways to watch or listen to Mass, visit: [archspm.org/live](http://archspm.org/live)

**FOOD SHELF**—Thank you all for your care and generosity for those in need. It's heart warming to see all the donations coming in weekly. Please continue to bring rice, pasta, oatmeal, canned goods, cereal, peanut butter and jelly. Cake mixes and cans of frosting can be fun items for families wanting to celebrate their loved ones, along with muffin and cookie mixes. “*Each of you should give what you have decided in your heart to give, for God loves a cheerful giver.*” 2 Cor. 9:7.

**BAPTISM**—A Baptism Preparation Program is required for all registered first-time parents. To register for the class, please call Virginia, the Director of Pastoral Care, at 612-729-7344.

**“AUTUMN DAZE” FESTIVAL  
SEPTEMBER 17, 18 & 19, 2021**

### PRAYER CORNER

Lord God, you love mercy and tenderness; you give life and overcame death. Look upon the many wounds of your Church; restore it to health by your risen Son so that it may sing a new song in your praise.



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