

## Parish Staff

*Parochial Administrator*  
Rev. Michael Daly 729-7344

*Pastor Emeritus*  
Rev. Richard Villano 729-7344

*Director of Pastoral Care*  
Virginia Tschida 729-7344

*Director of Religious Education*  
John Sondag 729-7321

*Religious Education Secretary*  
Nancy Stauner 729-7321

*Director of Music*  
David Bartlett 651-239-6914

*School Principal*  
Ellen Rian 729-9301

*Parish Secretaries*  
Elaine Bruce 729-7344  
Polly Millea 729-7344

*Business Manager*  
Lisa MacKenzie 729-7322

## Sunday Mass

*Saturday* 4:00 P.M.  
*Sunday* 8:30 and 10:00 A.M.

## Daily Mass

*Monday through Saturday* 8:00 A.M.

## Holy Day Mass

*Evening Before* 5:30 P.M.  
*Holy Day* 8:00 and 10:00 A.M.

## Sacrament of Penance

*Saturday* 3:00–3:30 P.M.

## Sacrament of Baptism

A Baptism Preparation Program is required for all registered first-time parents. Please call the Director of Pastoral Care.

## Sacrament of Marriage

The bride or groom must be an active registered parishioner for at least six months prior to scheduling a wedding at St. Helena.

## Nursery

Services available during the 10:00 A.M. Sunday Mass.

## Parish Registration

To register in the parish, please fill out a registration form and return to the Parish Office. Registration forms are available at the entrances of the Church. Return completed form to the Parish Office.

**Email:** [church@sainthelena.us](mailto:church@sainthelena.us)

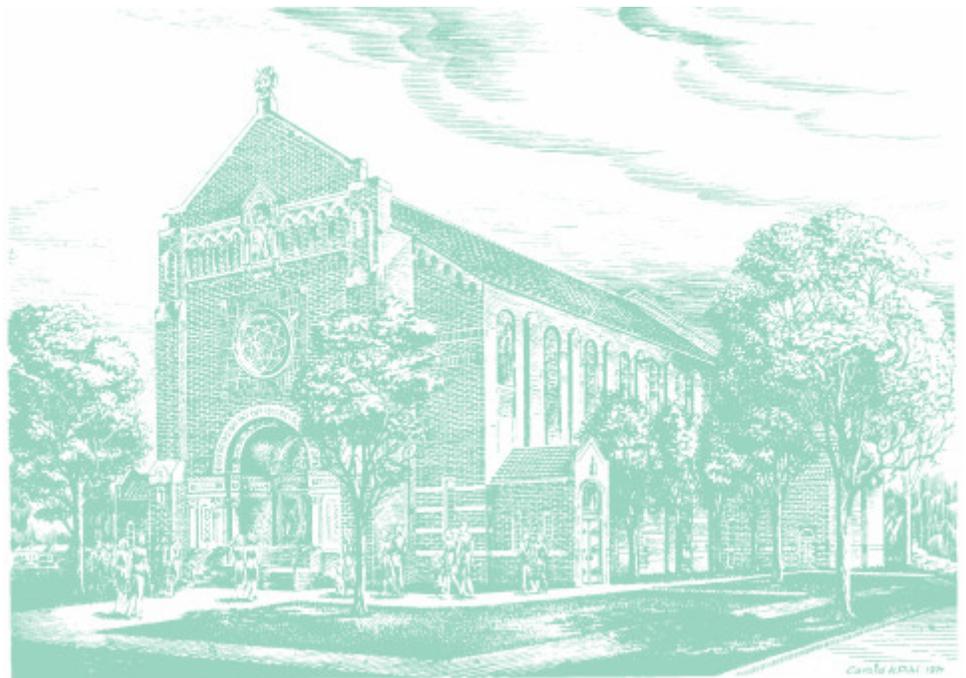
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# The Church of St. Helena

**Twenty-Second Sunday in Ordinary Time**  
**August 29, 2021**

*He summoned the crowd again and said to them,  
“Hear me, all of you, and understand. Nothing that  
enters one from outside can defile that person; but the  
things that come out from within are what defile.”*

-Mk 7:14-15



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## THE WORD

Are you a CINO (a Catholic in Name Only)? There are quite a few of them around. They're proud to be called "Catholic," and they even attend Mass regularly, but their Catholic beliefs are not too deep.

In other words, when it comes to the teaching of the Church, the CINOs don't go along with them. They call themselves "Catholic" but say abortion, or contraception, or homosexual relations, or euthanasia, transgender sex, is okay.

I suppose some of this disbelief is not deliberate and is the result of ignorance or being misled by religious leaders. And, some of this is probably a result of our relativistic culture ("there is no truth and everything is relative"). But some of it, I suspect, is hedonism ("I'm getting too much immediate pleasure to reform my ways").

In any event, the CINO is not living an authentic life—the interior is not corresponding to the interior life. Our Lord talks about a similar problem which took place in his time. We hear our Lord quote the prophet Isaiah in Sunday's Gospel. "This people honors me with their lips, but their hearts are far from me; in vain do they worship me, teaching as doctrine human precepts."

To be Catholic means that one believes the Catholic Church was directly established by Jesus Christ as the organized body to teach and guide His followers. It is through the Holy Spirit that this work is accomplished.

To deliberately embrace teachings which are contrary to the teachings of the Catholic Church is inauthentic, ersatz, and a lie. The person who does such is ultimately fooling himself but cannot stand before our Lord and legitimately profess to be a Catholic.

Could a person be truly ignorant of the Catholic Church's teaching? Yes, but that is precisely why the Church will invoke penalties, such as refusing Holy Communion to wake up the person to Truth of Christ and His Church. Such an action on the Church's part is therapeutic and medicinal.

Just as a mother may have to give her sick child some undesirably bitter medicine to get well, the Church as our mother may at times need to administer her spiritual medicine to a CINO. It's the loving thing to do, because the truth will lead to love.

John Sondag, Director of Religious Education

**CHRISTIAN BURIAL**—The parish community prays that *Francis Giroux, Sandra Relyea, and Richard Bruce* may rejoice in the gift of everlasting life in the full embrace of God our Father, and that family and friends and this community may trust more deeply in the promises of Jesus for eternal life.

**CONGRATULATIONS** to former St. Helena student, Liam Clift, for achieving Cretin-Derham Hall High School's Trimester Three Gold Honor Roll: GPA 3.250-3.910. Liam is our only student presently at Cretin-Derham Hall and just finished his freshman year. Keep up the great work.

**SAFE ENVIRONMENT UPDATE**—All volunteers who have regular interaction with youth and vulnerable adults need to be certified under the Archdiocesan Safe Environment standards. Together we can work to protect God's children and the most vulnerable among us. Thank you for your shared commitment to the achievement of this goal. The Archdiocesan Victim Assistance line is 651-291-4475.

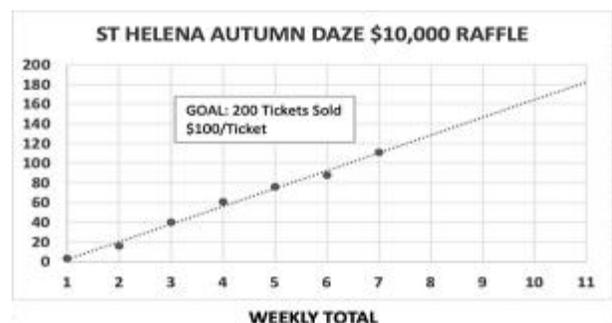
**PILGRIMAGE TO OUR LADY OF GUADALUPE SHRINE IN LACROSSE, WISCONSIN**—The Church of St. Helena will charter a bus for a day-long pilgrimage to the Shrine of Our Lady of Guadalupe in La Crosse, Wisconsin, on Saturday, October 2. Circle your calendar and watch for details in up-coming weeks.

**HELP BAG THE "AUTUMN DAZE EXPRESS" - THIS FRIDAY, SEPTEMBER 3**—Thousands of "Autumn Daze Expresses" will be inserted into plastic bags on this Friday, September 3, in Rowan Hall from 8:30 A.M. to 4:00 P.M. We need many people (of all ages) who can help for all or part of the day. A light breakfast and lunch will be provided.

## FINAL DATE FOR DONATING "ATTIC TREASURE" ITEMS AND FURNITURE—TUESDAY, SEPTEMBER 7

—Because the "Attic Treasures" must be sorted and priced before the "Autumn Daze" Festival, we are asking you to bring these good, used household items and furniture to the Parish Offices no later than Tuesday, September 7. Other items, gifts, and donations can still be brought to Parish Offices after that date.

**2021 AUTUMN DAZE \$10,000 RAFFLE**—Approaching 60% of the goal for the first round, the \$10,000 Raffle sales are brisk, which means there will likely not be tickets left come Festival weekend if you want to participate in the first round. But you still have time, so stop by the Parish Offices or call 612-729-7344, 651-260-5722 or 612-275-0431 to purchase a ticket. We'll arrange for you to purchase one or more tickets to enter the NEW AND IMPROVED \$10,000 RAFFLE. Each ticket is still \$100, but instead of offering 100 tickets for the first session, 200 WILL BE SOLD. The winner of that drawing will receive \$10,000, (or half the amount of the tickets sold).



**DOUGHNUTS AND COFFEE AFTER THE 8:30 AND 10:00 MASSES—EVERY SUNDAY**—You are invited to “Doughnuts and Coffee” downstairs in Rowan Hall after the 8:30 A.M. and 10:00 A.M. Masses on Sunday mornings. It’s a great way to meet and visit with parishioners.

**PUBLIC SCHOOL CHILDREN: ENROLL IN THE RELIGIOUS EDUCATION PROGRAM** —Parents of public school children in grades one through eight can enroll them in the 2021-2022 Wednesday Night Religious Education Program by calling John Sondag at 612-275-0431. The program begins on September 8.

**THE 2021-2022 CONFIRMATION PROGRAM**—Children in St. Helena parish in the eighth grade (and high school, if they have not yet been Confirmed) will receive the sacrament of Confirmation in the Spring of 2022. If you are not in St. Helena grade school, please enroll now in the 2021-2022 Confirmation Program to prepare for the sacrament by calling John Sondag (612-275-0431).

**DO YOU KNOW ANYONE INTERESTED IN BECOMING A CATHOLIC?**—Please let that individual know that the Church of St. Helena offers a program that prepares people to become Catholic. It is held on Tuesdays at 7:30 P.M. in the Parish Office Building. To take the program does not mean that you must become a Catholic. Also, if Tuesday evenings are impossible to make, another time can be arranged. For more information, call John Sondag at 612-275-0431. This year’s program begins on Tuesday, September 28.

**ARE YOU A PARISHIONER WHO NEEDS HELP?**—Parishioners who might be out of work, sick and unable to work, or struggling because of financial difficulties can receive help from the St. Vincent de Paul Conference in the parish which reaches out to individuals and families in the parish who are having difficulties. (Your name will be kept confidential.) If you need more information or help, please call John Sondag at 612-275-0431.

**DO YOU HAVE QUESTIONS ABOUT THE CATHOLIC FAITH?**—The Church of St. Helena has a program that helps people to know more about the Catholic Faith and have their questions answered. For more information, call John Sondag at 612-275-0431.

**VIRTUAL ROSARY—FRIDAY EVENINGS AT 7:00 P.M.**—Pray the Rosary with parishioners on Fridays at 7:00 P.M. Call 612-275-0431 to get the Zoom ID and Password.

**BE PART OF THE ST. VINCENT DE PAUL CONFERENCE**—The St. Vincent de Paul Conference in the parish reaches out to individuals or families who need assistance. Conference members visit their homes to assess how they can be of service and in a very personalized and confidential way give them help. The next meeting is Thursday, September 23, 2021, at 6:30 P.M. in the Parish Offices. For more information, call John Sondag at 612-275-0431.

**IMPORTANT FESTIVAL CAPTAINS MEETING—NEXT THURSDAY, SEPTEMBER 9**—All “Autumn Daze” captains of booths and service areas are asked to attend an important meeting on next Thursday, September 9, at

7:30 P.M. in Rowan Hall. You are also invited to donate a bottle, canned good, or dry good for the “General Store Bonanza.” (The best donation that evening will receive a prize.) If you cannot make this meeting, please call Dennis or Jackie Fischbach (651-214-2757) or John Sondag (612-275-0431).

**FOOD SHELF**—Thank you all for all the donations. The amount collected each week is amazing and heartwarming. It’s hard to believe it is almost back to school time. Here are just a few suggestions for a quick breakfast or school lunches. Oatmeal, peanut butter and jelly, granola bars, fruit snacks, pudding and jello cups, healthy snacks, crackers and juice boxes. Of course all items that are donated are greatly appreciated, these are just suggestions.

**PURCHASE YOUR "AUTUMN DAZE" BUTTONS**—They are such a deal that you’ll want to buy several! The cost is \$1 a button. A button is worth a free pop or water at the festival and a chance to win \$10, plus offers for gifts from businesses.

**WANTED: CASES OF POP FOR “AUTUMN DAZE”**—Please donate cases of cans of pop (Pepsi, Diet Pepsi, Mountain Dew, Sierra Mist, and Minute Maid Lemonade). If a store has a sale on pop, pick up some cases for the “Autumn Daze” Festival. Bring the pop to the Parish Office for “Autumn Daze.”

**DO YOU HAVE GOOD, USED TOYS AND STUFFED ANIMALS?**—We need good, used toys and stuffed animals for "Autumn Daze." You can bring them now to the Parish Offices.

**BE A PART OF THE “AUTUMN DAZE BAND”**—If you know how to play a band instrument, we are looking for people (young and old) to march in the “Autumn Daze” Parade on Saturday morning, September 18, at 10:00 A.M. Practices are Monday, August 30, Tuesday, September 7, and Monday, September 13, at 7:00 P.M. in Rowan Hall. Please call John Sondag (612-275-0431), if you can play with our band.

**WINE FOR THE "AUTUMN DAZE" FESTIVAL**—If you are out shopping, buy several bottles of wine to give to "Autumn Daze." We can use the wine for the Wine Walk, the Wine Toss, Baskets, or other areas for the festival. Bring the wine to the Parish Offices.

**DO YOU HAVE A GIFT CARD FOR A RESTAURANT THAT YOU'RE NOT GOING TO USE?**—The restaurant is a good one, but it’s out of the area or serves food that your diet restricts. Donate that gift card to the “Autumn Daze” Festival. We can use it as a prize or in some other area connected with the festival. Just put it in an envelope labeled “Autumn Daze,” and drop the envelope in the collection or bring it to the Parish Offices.

**EUCCHARISTIC ADORATION**—The Rosary is recited Monday through Saturday before Mass at 7:25 AM. All are welcome to join.

**GOOD, USED BOOKS FOR THE FESTIVAL**—Give your good, used books (fiction or non-fiction) to the "Autumn Daze" Bookstore. No romance novels, please. You can bring them to the Parish Offices, but if you need them picked up, call 612-275-0431.



**SCRIPTURE # 1173**

**Dt 4:1-2, 6-8  
Jas 1:17-18, 21b-22, 27  
Mk 7:1-8, 14-15, 21-23**

**MASS INTENTIONS**

**8:00 AM**

<b>Monday</b>	†	<b>Charles Stoick</b>
<b>Tuesday</b>	†	<b>Leona &amp; †Manus O'Donnell</b>
<b>Wednesday</b>	†	<b>Francis Giroux</b>
<b>Thursday</b>	†	<b>Sandy Relyea</b>
<b>Friday</b>	†	<b>Richard Bruce</b>
<b>Saturday</b>		<b>Carol Shutt</b>

**SACRISTY LINENS—Cheryl Griffith**

**WEEKLY SCRIPTURE READINGS**

- Aug 30:* 1 Thes 4:13-18, Lk 4:16-30
- Aug 31:* 1 Thes 5:1-6, 9-11, Lk 4:31-37
- Sept 1:* Col 1:1-8, Lk 4:38-44
- Sept 2:* Col 1:9-14, Lk 5:1-11
- Sept 3:* Col 1:15-20, Lk 5:33-39
- Sept 4:* Col 1:21-23, Lk 6:1-5
- Sept 5:* Is 35:4-7a, Jas 2:1-5, Mk 7:31-37

**PARISH CALENDAR**

*August 30*—Autumn Daze” Band Practice, Rowan Hall  
7:00 pm

*August 31*

*September 1*

*September 2*

*September 3*

-Bag “Autumn Daze Express,” Rowan Hall,  
8:30 am—4:00 pm

-Women's Prayer Group, Church, 8:30 am

-Adoration, Church, 9:00 am—5:00 pm

-Virtual Rosary, 7:00 pm

*September 4*

-Deliver “Autumn Daze Express,” Rowan Hall,  
8:30 am—12:00 pm

-Confession, Church, 3:00 pm

-Mass, Church, 4:00 pm

*September 5*—Mass, Church, 8:30 am & 10:00 am

*September 6*

**-Labor Day Holiday—Parish Offices Closed**

*Daily Mass, Monday-Saturday, Church, 8:00 am*

*Confessions, Mon.-Sat., Church, 8:30 am - 9:00 am*

**DELIVER "AUTUMN DAZE EXPRESS"**—Plan to take a route to deliver the "Autumn Daze Express" on Saturday, September 4, from 8:30 to 12:00 Noon. You have the whole week to deliver these papers from door-to-door throughout the neighborhood. If you cannot come on this Saturday morning to take a route, call 612-275-0431 to schedule another time.

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## Fr. Daly Bread – Theology of Beauty

Dostoyevsky wrote in *The Brothers Karamazov*, “The awful thing is that Beauty is mysterious as well as terrible. God and the devil are fighting there and the battlefield is the heart of man.” Pope emeritus Benedict XVI “often affirmed [his] conviction that the true apology of Christian faith, the most convincing demonstration of its truth...are the **saints** and the **Beauty** that the faith has generated.” The way of Beauty constitutes a privileged path by which to advance the New Evangelization.

In a de-Christianized society, great art is an antidote to today’s ‘culture of images.’ “Too often,” says Pope Benedict, “the beauty that is thrust upon us is illusory and deceitful, superficial and blinding, leaving the onlooker dazed; instead of bringing him out of himself, and opening him up to horizons of true freedom as it draws him aloft, it imprisons him within himself, and further enslaves him, depriving him of hope and joy.”

The dominant effect of beauty is to give us a healthy “shock” that draws us out of ourselves; Beauty gives us wings, lifting us up so that we may soar to the transcendent and rise to greatness. Pope Benedict tells us that the **epitome of Beauty is God’s love**. Christ’s total gift of self on the Cross is the most beautiful of human actions ever to have been performed.

It is not enough to be confronted with true beauty: we must also offer a “true” or proper response to this beauty. We are rarely, if ever, going to argue someone into believing. One thing we can certainly do is to live beautifully the life of grace within the Church. The beauty of Christian life is even more effective than art and imagery in the communication of the Gospel message. In the end, love alone is worthy of faith, and proves credible, as Pope Benedict emphasized in his first papal homily, “There is nothing more beautiful than to know [Jesus], and to speak to others of our friendship with him.”

Come, let us **adore** Jesus’s beauty in the Eucharist every Friday (9am-5pm) and restore His beauty in the sacrament of **Confession** (Mon.-Sat. 8:30-9:00am).

**WE NEED CROCHETED, EMBROIDERED, OR KNITTED ITEMS**—The Harvest Gift Shoppe at "Autumn Daze" can use items that are crocheted, embroidered, or knitted. Bring your crafted items to the Parish Offices.

**ADORATION**—The Northeast Handicap door of the Church will remain unlocked during Adoration.

**PRAYER CORNER** Lord, teach us goodness, discipline, and wisdom, and these gifts will keep us from becoming hardened by evil, weakened by laziness or ignorant because of foolishness.



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