

Parish Staff

<i>Parochial Administrator</i>	
Rev. Michael Daly	729-7344
<i>Pastor Emeritus</i>	
Rev. Richard Villano	729-7344
<i>Director of Pastoral Care</i>	
Virginia Tschida	729-7344
<i>Director of Religious Education</i>	
John Sondag	729-7321
<i>Religious Education Secretary</i>	
Nancy Stauner	729-7321
<i>Director of Music</i>	
David Bartlett	651-239-6914
<i>School Principal</i>	
Jane Hileman	729-9301
<i>Parish Secretaries</i>	
Elaine Bruce	729-7344
Polly Millea	729-7344
<i>Business Manager</i>	
Lisa MacKenzie	729-7322

Sunday Mass

<i>Saturday</i>	4:00 P.M.
<i>Sunday</i>	8:30 and 10:00 A.M.

Daily Mass

Monday through Saturday 8:00 A.M.

Sacrament of Penance

<i>Monday—Saturday</i>	8:30–9:00 A.M.
<i>Saturday</i>	3:00–3:30 P.M.

Adoration

Fridays 9:00 A.M.—5:00 P.M.

Sacrament of Baptism

A Baptism Preparation Program is required for all registered first-time parents. Please call the Director of Pastoral Care.

Sacrament of Marriage

The bride or groom must be an active registered parishioner for at least six months prior to scheduling a wedding at St. Helena.

Nursery

Services available during the 10:00 A.M. Sunday Mass.

Parish Registration

To register in the parish, please fill out a registration form and return to the Parish Office. Registration forms are available at the entrances of the Church. Return completed form to the Parish Office.

Email: church@sainthelena.us
Website: www.sainthelena.us

The Church of St. Helena

**Twenty-Eighth Sunday in Ordinary Time
October 10, 2021**

They were exceedingly astonished and said among themselves, "Then who can be saved?" Jesus looked at them and said, "For human beings it is impossible, but not for God. All things are possible for God."

-MK 10:26-27



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THE WORD

Linus, a favorite Peanuts cartoon character, is usually depicted holding a security blanket with one hand and sucking his thumb with the other. He just can't live without that blanket.

We chuckle at the security blanket, but many adults have security blankets, particularly when it comes to the Gospel and following the Lord. We hold on to evil ways or even good things, and we just can't give our "all" to the Lord.

We see this phenomenon in this Sunday's Gospel in which a rich young man asks our Lord what he must do to gain heaven. Jesus tells him to follow the commandments, and the young man replies that he already is doing that. So, then our Lord says that he should sell everything and give the money to the poor; and the young man went away sad.

The young man (just like Linus with the blanket) couldn't give up his money. He was attached, so he couldn't give his all.

Many of us have attachments that keep us from giving our all. It may be money, it could be social prestige, it might be power, and it could possibly be fear. For instance, we may feel called to help some people, like visit people in a

nursing home, but the people are just not in our social status ... their cloths, their education, their work background. "I'm not used to such people."

Or, I'm asked to lead a group at church, and I'm afraid of the time it might take or I'm afraid that I may "goof up" and not fulfill the responsibilities, and then, horrors of horrors, be criticized.

And, let's talk about the security of money. A couple is afraid to have another child because they may not be able to afford that child. Now "afford" to them means they may not be able to take their annual lavish vacations, drive as comfortable a car as they'd like, and have that dream home for which they've been saving. So, they decide to use contraceptives which are intrinsically evil and have that security which keeps them from loving the Lord and trusting in His Providence.

We may not be a rich young man, but we may have worldly securities which keep us from giving our "all" and walking away happy rather than sad. Our Lord created us to be happy and full of joy—He will not renege on His promises.

John Sondag, Director of Religious Education

WOMEN OF ST. HELENA—PRAYER GROUP NOW MEETS ON MONDAYS—On Monday morning a group of women meet at Church after the 8:00 Mass for quiet time, and prayer. We pray in silence for a half hour, then voice our prayer requests for family, friends and special intentions, followed with the rosary. If you would like to join us, please call Barb Kaluza at 612-721-2504 or Shirley Balster at 612-722-8847, as we sometimes cancel due to weather. All are welcome.

TAKE A FOUR-WEEK COURSE ON "TEACH ME HOW TO PRAY"—Kristin Towle, Ph. D., will teach a four-week course on "Teach Me How to Pray" on Thursdays at 7:30 P.M. in Rowan Hall on October 28, November 4, 11, and 18. The cost is \$20 plus \$10 for the textbook, *Fire Within*. Participants must pre-register by calling John Sondag (612-275-0431) or emailing him johnsondag@sainthelena.us.

SAFE ENVIRONMENT UPDATE—All volunteers who have regular interaction with youth and vulnerable adults need to be certified under the Archdiocesan Safe Environment standards. Together we can work to protect God's children and the most vulnerable among us. Thank you for your shared commitment to the achievement of this goal. In addition, the Archdiocesan Victim Assistance line is 651-291-4475.

PRAY THE VIRTUAL ROSARY—FRIDAY EVENINGS AT 7:00 P.M.—You can pray the Rosary with parishioners on Fridays at 7:00 P.M. Call 612-275-0431 to get the Zoom ID and Password.

CALLING ALL SINGERS—It has been 18 months since we last enjoyed a functioning choir at the 10:00 A.M. Mass. We are glad to be starting choir again on October 10, and are looking for new members to compliment those already there. If you like to sing, please consider joining us. For more information call David Bartlett, 651-239-6914, or any choir member.

FOOD SHELF—Thank you all for your generosity to our local food shelf. Autumn is upon us with its ever changing colors and temperature. Here are a few suggestions to keep families warm and nourished: soup, rice, pasta, macaroni & cheese, chili, vegetables, oatmeal, muffin and bread mixes. Personal items such as shampoo, soap, paper products are also in need. "*Share with the saints who are in need. Practice hospitality.*" *Romans 12:13.*

VIEW THE NEW ICON OF THE CONVERSION OF ST. PAUL—Representing the Archdiocese Relationship with Archdiocese of Damascus, Syria, on pilgrimage at local parishes and institutions, now through January 20, at various locations. The new Icon of the Conversion of St. Paul was commissioned to represent this patronal feast of the Archdiocese and witness to our Partnership with the Church in Damascus. It is meant to inspire prayer and meditation. The Icon is beginning a six-month pilgrimage around the Archdiocese stopping in Catholic parishes and institutions. To view the schedule, visit archspm.org/events.

PUBLIC SCHOOL CHILDREN—RELIGIOUS EDUCATION CLASSES—It's not too late to sign up for the Wednesday evening Religious Education Classes at 6:45 P.M. in Rowan Hall and the Parish Office Building. Parents of public school children in grades one through eight are encouraged to register them now. Covid protocols are followed. To register or to receive more information, please call John Sondag at 612-729-7321.

YOU ARE INVITED TO DOUGHNUTS AND COFFEE AFTER THE 8:30 AND 10:00 A.M. MASSES—EVERY SUNDAY—Everyone is invited to “Doughnuts and Coffee” downstairs in Rowan Hall after the 8:30 A.M. and 10:00 A.M. Masses on Sunday mornings. It's a great way to meet and visit with parishioners.

ENROLL IN THE 2021-2022 CONFIRMATION PREPARATION PROGRAM—Children in St. Helena parish in the eighth grade (and high school, if they have not yet been Confirmed) will receive the sacrament on May 5, 2022. If you are not in St. Helena grade school, enroll now in the 2021-2022 Confirmation Program held on Wednesday evenings to prepare for the Sacrament by calling John Sondag (612-275-0431). Covid protocols will be followed. Classes are held at 6:45 P.M. in the Parish Office Building.

ARCHDIOCESAN SYNOD SESSIONS AT ST. HELENA—If you would like to share your thoughts as to how the Archdiocese might spread and teach the Faith, participate in the last three sessions in preparation for the Archdiocesan Synod. These sessions will be held at the Church of St. Helena on Thursday, October 14, 21, and Monday October 25, at 7:30 pm in Rowan Hall. Pre-registration is requested by calling John Sondag at 612-275-0431.

DO YOU HAVE QUESTIONS ABOUT THE CATHOLIC FAITH?—The Church of St. Helena has a program that helps people to know more about the Catholic Faith and have their questions answered. For more information, call John Sondag at 612-275-0431.

ARE YOU INTERESTED IN BECOMING A CATHOLIC? The Church of St. Helena offers a program that prepares people to become Catholic. It is held on Tuesdays at 7:30 P.M. in the Parish Office Building. To take the program does not mean that you must become a Catholic. Also, if Tuesday evenings are impossible to make, another time can be arranged. For more information, call Fr. Daly or John Sondag at 612-729-7344.

ARE YOU A PARISHIONER WHO NEEDS HELP?—Parishioners who might be out of work, sick and unable to work, or struggling because of financial difficulties can receive help from the St. Vincent de Paul Conference in the parish which reaches out to individuals and families in the parish who are having difficulties. (Your name will be kept confidential.) If you need more information or help, please call John Sondag at 612-275-0431.

BE PART OF THE ST. VINCENT DE PAUL CONFERENCE—The St. Vincent de Paul Conference in the parish reaches out to individuals or families who need assistance. Conference members visit their homes to assess how they can be of service and in a very personalized and confidential way give them help. The next meeting is Thursday, October 14, at 6:30 P.M. in the Parish Offices. For more information, call John Sondag at 612-275-0431.

MEN'S BREAKFAST—DOUGLAS BUSHMAN TO SPEAK—Attend the first Men's Breakfast of this season to be held on Saturday, October 30, at 8:30 A.M. Douglas Bushman, S.T.L., will talk on “Without Mercy There's No Answer to Sin.” The cost of the breakfast is \$5 or \$20 for the five breakfasts of the season. Participants are also invited to attend the 8:00 Mass in church before the Breakfast. Registrations should be made before 12:00 Noon on Friday, October 29, by calling 612-729-7321.

ATTEND THE WOMEN'S BREAKFAST—SATURDAY, NOVEMBER 6—The first Women's Breakfast of the season is scheduled for Saturday, November 6, at 8:30 A.M. in Rowan Hall. Rachael Lu, Ph. D., will be the speaker. The cost is \$5 for the breakfast or \$20 for five breakfasts of the season. Participants are invited to come to the Mass at 8:00 A.M. in church before the Breakfast. Registrations should be made before 12:00 Noon on Friday, November 5, by calling 612-729-7321.

IF YOU WANT TO LEARN MORE ABOUT YOUR FAITH, GO TO 'FORMED' —Diving into the beauty of the Faith has never been easier: at home, on the go, or from any internet connected device. Discover thousands of books, audio talks, movies, documentaries, and studies...there is something for every member of the family to help them grow closer to Christ and His Church. Registering on Formed is easier than ever!

- Just go to FORMED.org/signup.
- Enter our parish zip code or name to select your parish.
- Enter you name and email.

ATTEND THE “CALLED AND GIFTED WORKSHOP”—SATURDAY, NOVEMBER 13—Discover God's call for your life. God is calling you to a unique purpose in life, a work of love that only you can do. Discern your charisms (spiritual gifts) and begin to discern God's call. You have received gifts in Baptism and Confirmation through which God intends His love to reach others. Come and discover these charisms in you! Enroll in the “Called and Gifted” Workshop scheduled for Saturday, November 13, from 9:00 A.M. to 3:00 P.M. at the Church of St. Helena. The cost is \$20. To register or to receive more information, call John Sondag (612-275-0431).

SENIOR LUNCH TO START AGAIN—The first Senior Luncheon will be held on Wednesday, October 20 at Noon, followed by bingo. We are looking forward to seeing everyone again. If you would like to help, please call Lucy Koller, (612-729-9445), and let her know. There are lots of jobs to do.



SCRIPTURE # 1191

**Wis 7:7-11
Heb 4:12-13
Mk 10:17-30 or 10:17-27**

MASS INTENTIONS

Monday	8:00	† Julie Elwood
Tuesday	8:00	† Donna Schipansky
Wednesday	8:00	† Mary Boisvert
	9:30	St. Helena School Staff
Thursday	8:00	† Rev. Thomas O'Brien
Friday	8:00	† Eugene Kampa
Saturday	8:00	Brian & Julia Kiel
Saturday	4:00	St. Helena Parish
Sunday	8:30	St. Helena Parish
Sunday	10:00	Joan Korkowski

SACRISTY LINENS— Eloise McDonald

WEEKLY SCRIPTURE READINGS

Oct 11: Rom 1:1-7, Lk 11:29-32
Oct 12: Rom 1:16-25, Lk 11:37-41
Oct 13: Rom 2:1-11, Lk 11:42-46
Oct 14: Rom 3:21-30, Lk 11:47-54
Oct 15: Rom 4:1-8, Lk 12:1-7
Oct 16: Rom 4:13, 16-18, Lk 12:8-12
Oct 17: Is 53:10-11, Heb 4:14-16,
Mk 10:35-45 or 10:42-45

PARISH CALENDAR

October 11-18

October 11

-Women's Prayer Group, Church, 8:30 am

October 12

-Catechumenate Reception Program, Parish Office
Building, 7:30 pm

October 13

-School Mass, Church, 9:30 am
-Rel. Ed. & Conf. Class, Rowan Hall & Parish
Office Building, 6:45 pm

October 14

-St. Vincent de Paul Mtg., Parish Office, 6:30 pm
-Synod Sessions, Church, 7:30 pm

October 15

-Adoration, Church, 9:00 am—5:00 pm
-Virtual Rosary, 7:00 pm

October 16

-Confessions, Church, 3:00 pm
-Mass, Church, 4:00 pm

October 17

-Mass, Church, 8:30 am & 10:00 am
-Doughnuts & Coffee, RH, after 8:30 & 10:00 Masses

October 18

-Women's Prayer Group, Church, 8:30 am

Daily Mass, Monday-Saturday, Church, 8:00 am
Confessions, Mon.-Sat., Church, 8:30 am - 9:00 am

FR. DALY BREAD—
October: Month of the Holy Rosary

“The rosary, though clearly Marian in character”, says Pope St. John Paul II, “is at heart a Christ-centered prayer. It has all the depth of the gospel message in its entirety. It is an echo of the prayer of Mary, her perennial Magnificat for the work of the redemptive Incarnation which began in her virginal womb” (Apostolic letter, *The Rosary of the Virgin Mary*). Many complain that the Mass and Rosary are repetitious. G. K. Chesterton argued that repetition is a characteristic of the vitality of children. They like the same stories, the same words, time and time again, not because they are bored and unimaginative but because they delight in life,

Lastly, we know this world is not our home; we are all on a journey to the Heavenly Jerusalem. St. Helena is considered the first Christian pilgrim, so it was a great grace to follow her example and begin this month of the Holy Rosary (and Respect Life month) with a pilgrimage to the Shrine of Our Lady of Guadalupe. Thank you prayerful pilgrims!



ST. HELENA SCHOOL NEWS



WELCOME BACK

MRS. HILEMAN

It is with great pleasure that we welcome back Mrs. Jane Hileman as the interim principal for St. Helena Grade School. Having served as principal of St. Helena School for 20 years (1998-2018), Mrs. Hileman brings much experience and knowledge of our school, parish, and south Minneapolis community. Welcome back!



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