

Parish Staff

Parochial Administrator
Rev. Michael Daly 729-7344

Director of Pastoral Care

Director of Religious Education
John Sondag 729-7321

Religious Education Secretary
Nancy Stauner 729-7321

Director of Music
David Bartlett 651-239-6914

School Principal
Jane Hileman 729-9301

Parish Secretaries
Elaine Bruce 729-7344
Polly Millea 729-7344

Business Manager
Lisa MacKenzie 729-7322

Sunday Mass

Saturday 4:00 P.M.
Sunday 8:30 and 10:00 A.M.

Daily Mass

Monday through Saturday 8:00 A.M.

Sacrament of Penance

Monday—Saturday 8:30–9:00 A.M.
Saturday 3:00–3:30 P.M.

Adoration

Fridays 9:00 A.M.–9:00 P.M.

Sacrament of Baptism

A Baptism Preparation Program is required for all registered first-time parents. Please call the Director of Pastoral Care.

Sacrament of Marriage

The bride or groom must be an active registered parishioner for at least six months prior to scheduling a wedding at St. Helena.

Nursery

Services available during the 10:00 A.M. Sunday Mass.

Parish Registration

To register in the parish, please fill out a registration form and return to the Parish Office. Registration forms are available at the entrances of the Church. Return completed form to the Parish Office.

Email: church@sainthelena.us
Website: www.sainthelena.us

The Church of St. Helena

Second Sunday in Ordinary Time
January 16, 2022

There was a wedding at Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to the wedding. When the wine ran short, the mother of Jesus said to him,

“They have no wine.”

-Jn 2:1-3



3204 E 43rd St • Minneapolis, MN 55406-3858 • (612) 729-7344

THE WORD

“The Miracle of Secondary Causality” is what we celebrate this Sunday. Yes, yes. I know. It’s really the Miracle of the Wedding Feast at Cana when our Lord (the First Cause) changes water into wine at the request of His mother, Mary. However, Mary is a secondary cause. Our Lord only worked this miraculous event at His mother’s asking.

But, that’s the stumbling of many Protestants. They have problems with not only Mary, but also with the saints, the sacraments, and the Church – all of them secondary causes of God’s grace. In other words, God (the First Cause) uses these agents and material things (secondary causes) to make Himself present and give us His grace.

Actually, it makes so much sense. In the natural order of things, who’s the better math teacher? The one who imparts knowledge or the one who imparts knowledge and excites the students to want to share their knowledge of adding, subtracting, multiplying or dividing with their friends. It’s the math teacher who produces future teachers.

Who’s the better coach? The one who teaches his team players to swing a bat, catch a ball, and slide into home, or the coach who excites his players to teach their friends about how to play baseball. Clearly it’s the coach creates players and junior coaches.

So also on the supernatural level the Lord not only redeems us, but He allows His creation to become a part of His plan of redemption. He in a sense dignifies these agents—they are not merely recipients of His grace, but they are also active agents. Plus this plan of salvation shows forth His wisdom.

So, it is reasonable for our Lord to have us ask His mother for favors. It certainly gives honor to His mother and reminds us of the way things are mapped out in the order of salvation which utilizes secondary agents.

The saints are secondary agents, the sacraments are secondary causes, and the Church is filled with people who are weak human agents, but nonetheless secondary causes. Yet, the Lord is the Primary or First Cause. Our Lord took on Human flesh to redeem that which is created material. It’s the mystery of the Incarnation: the Lord becoming flesh, and that order of creation (or the flesh) continues to be respected and followed in the supernatural level. We can rejoice in this truth and thank God for this continual reminder, plus have confidence as we go to Mary and ask her for favors from her Son.

John Sondag
Director of Religious Education

FR. DALY BREAD – Pond Hockey & IGS

In today’s second reading from 1 Corinthians 12, Saint Paul speaks about *One and the same Spirit distributing [gifts] individually to each person as he wishes*. How we organize and align our gifts is very important for the fruitfulness of our parish. After participating this past Fall in the *Called & Gifted* Spiritual Inventory, we have a wonderful opportunity at Saint Helena to be one of three parishes chosen by the founder of **Integrated Governance Solutions** (IGS), Bill Bojan, for a parish governance pilot initiative.

Since it is an Archdiocesan requirement to have three councils (Pastoral Council, Finance Council, and School Advisory Council), we have expanded from two to three councils. Therefore, we will be discerning where our leaders can best serve to benefit our community most effectively. This past Tuesday, January 11, our Saint Helena council members attended IGS’ initial orientation, which presents three key benefits of this parish governance initiative: focusing on our mission to save souls, engagement in unity (both within our parish and broader community), and strengthening the stewardship of authority (modeled by the perfect governing structure of the Holy Trinity).

On a different note – Come cheer on our *Saint Helena Hockey Squad* at the **US Pond Hockey Tournament: Lake Nokomis** (Friday-Sunday, January 21-23) to support and fundraise for the renovation of our Bethlehem Adoration Chapel.



Please contact the parish office for the game schedule and/or donations to the chapel.

I’ll see you on the Pond,
Fr. Michael

MEN’S EXODUS90 (begins *this* Monday, January 17)—Research shows that habits can be dramatically transformed in a span of 90 days. And, when put in the context of Biblical stories, a routine prayer life, and a fraternity of brothers to support you, men experience FREEDOM. Please contact **Brian Deeney** at 612-296-6797 or the parish office to sign up!

DOUGHNUTS AND COFFEE ON SUNDAY MORNINGS—Come to Doughnuts and Coffee on Sunday mornings downstairs in Rowan Hall after the 8:30 and 10:00 A.M. Masses. Everyone is welcome.

MEN'S BREAKFAST—SATURDAY, JANUARY 29—Attend the next men's Breakfast scheduled for Saturday, January 29, 2022, at 8:30 A.M. The speaker will be Deacon Daniel Gannon who will be talking about "Our Transformation in Christ: Opening our Hearts to God". The cost of the breakfast is \$5. Participants are also invited to attend the 8:00 Mass in church before the breakfast. Registration should be made before 12:00 Noon on Friday, January 28, by calling 612-729-7321.

THE NEXT WOMEN'S BREAKFAST—SATURDAY, FEBRUARY 5—The Women's Breakfast is scheduled for Saturday, February 5, at 8:30 A.M. in Rowan Hall. The cost is \$5 for the breakfast. Complimentary tickets are available for those who have difficulty paying. Participants are invited to come to the Mass at 8:00 A.M. in church before the Breakfast. Registrations should be made before 12:00 Noon on Friday, January 14, by calling 612-729-7321.

PUBLIC SCHOOL CHILDREN RELIGIOUS EDUCATION CLASSES CONTINUE ON WEDNESDAY EVENINGS—In-person religious education classes for elementary and junior high students are held on Wednesday evenings at 6:45 P.M. in the downstairs of the church and Parish Office Building. If you would like to enroll your child, please call John Sondag at 612-275-0431.

ARE YOU INTERESTED IN BECOMING A CATHOLIC? The Church of St. Helena offers a program that prepares people to become Catholic. It is held on Tuesdays at 7:30 P.M. in the Parish Office Building. To take the program does not mean that you must become a Catholic. Also, if Tuesday evenings are impossible to make, another time can be arranged. For more information, call Fr. Daly or John Sondag at 612-729-7344.

ENRICH YOUR FAITH ON THE INTERNET. GO TO 'FORMED'—Deepening and enriching the Catholic Faith has never been easier: at home, on the go, or from any internet connected device. Discover thousands of books, audio talks, movies, documentaries, and studies...there is something for every member of the family to help them grow closer to Christ and His Church. Registering on Formed is easier than ever! Just go to [FORMED.org/signup](https://www.formed.org/signup) Enter our parish zip code or name to select your parish. Enter your name and email.

CHILDREN'S SACRED ART WORKSHOP

(February 1-4)—*after school* 3:30-5:30PM in Rowan Hall, for grade school & high school students. Mandy Hain is the artist who will be painting the triptych icon for the new Saint Helena Bethlehem Adoration Chapel. This will be a wonderful introduction to iconography, as well as a beautiful meditation on the Christmas Season (which can extend to February 2)! Please contact the parish office to sign up your children.

SENIOR LUNCH—Join us for Senior Lunch on January 19, the third Wednesday of January. We are looking forward to seeing you at noon for good food followed by bingo in Rowan Hall. The cost is \$6 and no reservations are required.

ARE YOU A PARISHIONER WHO NEEDS HELP?—Parishioners who might be out of work, sick and unable to work, or struggling because of financial difficulties can receive help from the St. Vincent de Paul Conference in the parish which reaches out to individuals and families in the parish who are having difficulties. (Your name will be kept confidential.) If you need more information or help, please call John Sondag at 612-275-0431.

BE PART OF THE ST. VINCENT DE PAUL CONFERENCE—The St. Vincent de Paul Conference in the parish reaches out to individuals or families who need assistance. Conference members visit their homes to assess how they can be of service and in a very personalized and confidential way give them help. The next meeting this Thursday, January 27, at 6:30 P.M. in the Parish Offices. For more information, call John Sondag at 612-275-0431.

PRAY THE VIRTUAL ROSARY—FRIDAY EVENINGS AT 7:00 P.M.—You can pray the Rosary with parishioners on Fridays at 7:00 P.M. Call 612-275-0431 to get the Zoom ID and Password.

SAFE ENVIRONMENT UPDATE—All volunteers who have regular interaction with youth and vulnerable adults need to be certified under the Archdiocesan Safe Environment standards. Together we can work to protect God's children and the most vulnerable among us. Thank you for your shared commitment to the achievement of this goal. In addition, the phone number for the Archdiocesan Victim Assistance line is 651-291-4475.

WOMEN OF ST. HELENA—Every Monday morning a group of women meet at Church after the 8:00 Mass for quiet time, and prayer. We pray in silence for a half hour, then voice our prayer requests for family, friends and special intentions, followed with the rosary. If you would like to join us, please call Barb Kaluza at 612-721-2504 or Shirley Balster at 612-722-8847, as we sometimes cancel due to weather. All are welcome and encouraged to come and share the blessings of praying with women of varied ages.

WEEKLY SCRIPTURE READINGS

Jan 17: 1 Sm 15:16-23, Mk the blessings of praying with women of varied ages.
2:18-22
Jan 18: 1 Sm 16:1-13, Mk 2:23-28
Jan 19: 1 Sm 17:32-33, 37, 40-51, Mk 3:1-6
Jan 20: 1 Sm 18:6-9; 19:1-7, Mk 3:7-12
Jan 21: 1 Sm 24:3-21, Mk 3:13-19
Jan 22: 2 Sm 1:1-4, 11-12, 19, 23-27, Mk 3:20-21
Jan 23: Neh 8:2-4a, 5-6, 8-10, 1 Cor 12:12-30
or 12:12-14, 27/Lk 1:1-4; 4:14-21



SCRIPTURE # 1114

**Is 62:1-5
1 Cor 12:4-11
Jn 2:1-11**

MASS INTENTIONS

Monday	8:00	† Joyce Anderson
Tuesday	8:00	† Richard Bruce
Wednesday	8:00	† Peter Heinen, Sr.
Wednesday	9:30	† Donna Bell
Thursday	8:00	† Mike Zachman
Friday	8:00	† Rev. Richard Villano
Saturday	8:00	Luella McInerny
Saturday	4:00	† Harlen & † Shirley Anderson
Sunday	8:30	St. Helena Parish
Sunday	10:00	† Donna Bell

SACRISTY LINENS—Cheryl Griffith

PARISH CALENDAR
January 18—January 25

January 17

-No School

- Women's Prayer Group, Church, 8:30 am
- Quilting, Parish Office Building, 9:00-11:30 am

January 18

- Catechumenate Reception Program, Parish Office Building, 7:30 pm

January 19

- School Mass, Church, 9:30 am
- Senior Lunch, Rowan Hall, Noon
- Quilting, Parish Office Building, 6:15-9:00 pm
- Rel. Ed. & Conf. Class, Rowan Hall & Parish Office Building, 6:45 pm

January 20

January 21

- Adoration, Church, 9:00 am—9:00 pm
- Virtual Rosary, 7:00 pm

January 22

- Confessions, Church, 3:00 pm
- Mass, Church, 4:00 pm

January 23

- Mass, Church, 8:30 am & 10:00 am
- Doughnuts & Coffee, RH, after 8:30 & 10:00 Masses

January 24

- Women's Prayer Group, Church, 8:30 am
- Quilting, Parish Office Building, 9:00-11:30 am

Daily Mass, Monday-Saturday, Church, 8:00 am
Confessions, Mon.-Sat., Church, 8:30 am - 9:00 am

PRAYER CORNER

Father, you revealed your Son to the nations by the guidance of a star. Lead us to your glory in heaven by the light of faith.

ST. HELENA SCHOOL NEWS

First Grade News

The first graders are back from Winter Break and ready to learn! In our Believe & Read phonics program, the students have been learning about how we can use -s and -es suffixes to modify nouns and verbs. In our *myView* language arts curriculum, the students have been learning about informational texts. They are improving daily with their reading.

In Math, the first graders have been practicing addition and subtraction skills. We have been using change diagrams to solve number stories. We are also continuing our Calendar Math routine, in which we practice identifying the days of the week, creating and analyzing a weather graph, using multiple strategies to count our days of school, and counting and exchanging coins to represent our days of school.

We are wrapping up the Holidays Around the World Social Studies unit that we began before Winter Break. Students are learning about the ways in which countries around the world celebrate various holidays. We have had a great time learning about the world around us!

Prior to Winter Break in Religion, the students learned about Advent and the many ways that we can prepare for the birth of Jesus. We are now discussing Christmas and the Epiphany.

Laura Blackman, First Grade

Principal Update

The new year is off to a fast start at St. Helena. We launched our Catholic United Financial Catholic School's Raffle this past week. This is the first time that I have participated in this fundraiser and only the second time for our school. We are grateful to Catholic United Financial for this opportunity. The top prize is a brand new SUV or \$20,000 in cash. Stay tuned for more details to follow and for our young students in uniforms selling raffle tickets at church.

The school year is going quickly. We have our winter round of NWEA Map Testing beginning soon. This testing session helps teachers to see the growth of our students in Math and Reading since the beginning of the school year and also helps pinpoint areas in which students need more help. It is a great way for our teachers to individualize instruction for our children. Second quarter ends on January 27 marking the half way point of the year. Hard to believe!

Jane Hileman, Principal



Creating Meaningful Events That Celebrate Life®

Proud to be family owned and operated
Our Proud Heritage • McDivitt-Hauge

Bradshaw Funeral & Cremation Services

Funerals • Cremation • PrePlansSM • Grief Resource Service

3131 Minnehaha Avenue South, Minneapolis, MN 55406 (612) 724-3621

Visit our website: www.bradshawfuneral.com

**AVAILABLE FOR
A LIMITED TIME!**

ADVERTISE HERE NOW!

Contact **Gina Shaughnessy**
to place an ad today!
gshaughnessy@4LPi.com
or **(800) 950-9952 x2487**

NOW HIRING!



- Flexible Hours
- Starting at \$17.67/hour
- Great Benefits
- College Tuition Assistance

Apply now: careers.fedex.com/express/jobs

**EAST LAKE
LIQUOR**

**3916 E. Lake St.
612-724-5467**

YOUR REALTY

Frank Bielinski
(612) 782-9168
Julie Bielinski
Janssen
(651) 491-1384
www.yourrealty.org



Edina Realty

BUYING OR SELLING

Bruce A. Hendrickson, CRS, CBR
Professional Real Estate Services
Minneapolis Parkway Office
5318 Lyndale Ave. So.
Dir: 612.821.4215 • Bus: 612.750.2136
brucehendrickson@edinarealty.com
BruceHendrickson.com



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



Authorized
Provider

SafeStreets

1-855-225-4251

**SOUTH SIDE
ELECTRIC, INC.**
Commercial & Residential
Free Estimates
952-888-5500

MINNEHAHA SENIOR LIVING **PROVIDENCE PLACE SENIOR LIVING**
Assisted Living | Memory Care | Enhanced Care
3733 23rd Avenue South, Minneapolis, MN 55407
www.minnehahaseniorliving.com • 612-238-2702

WE'RE HIRING

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.

- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community
- Paid Training
- Some Travel



Contact us at: careers@4lpi.com | www.4lpi.com/careers

**SUPPORT OUR
ADVERTISERS!**



**FLANERY'S
AUTOMOTIVE**

General Auto Repair
Napa Auto Care Center

2720 E. 42nd St. Mpls. 55406



722-9829

**HENRY W. ANDERSON
MORTUARY**

FUNERAL & CREMATION SERVICES
ADVANCED PLANNING

612-729-2331

3640 23RD AVE. SO. - MINNEAPOLIS
FAMILY OWNED & OPERATED

We've Missed You!
Welcome Back to Mass



Stay connected to our faith community no matter where you are
by signing up to get our bulletin delivered straight to your email!

www.ParishesOnline.com

Washburn - McReavy
washburn-mcreavy.com

Funeral Chapels, Cemeteries and Cremation Services

DAVIES CHAPEL

2301 Dupont Avenue S 612.377.2203

EDINA CHAPEL

5000 W 50th Street 952.920.3996

NOKOMIS PARK CHAPEL

1838 E Minnehaha Parkway 612.721.1651

MIKE ST. AUBIN - FUNERAL DIRECTOR



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Helena, Minneapolis, MN

A 4C 02-0042