

Parish Staff

Parochial Administrator
Rev. Michael Daly 729-7344

Director of Pastoral Care

Director of Religious Education
John Sondag 729-7321

Religious Education Secretary
Nancy Stauner 729-7321

Director of Music
David Bartlett 651-239-6914

School Principal
Jane Hileman 729-9301

Parish Secretaries
Elaine Bruce 729-7344
Polly Millea 729-7344

Business Manager
Lisa MacKenzie 729-7322

Sunday Mass

Saturday 4:00 P.M.
Sunday 8:30 and 10:00 A.M.

Daily Mass

Monday through Saturday 8:00 A.M.

Sacrament of Penance

Monday—Saturday 8:30–9:00 A.M.
Saturday 3:00–3:30 P.M.

Adoration

Fridays 9:00 A.M.–9:00 P.M.

Sacrament of Baptism

A Baptism Preparation Program is required for all registered first-time parents. Please call the Director of Pastoral Care.

Sacrament of Marriage

The bride or groom must be an active registered parishioner for at least six months prior to scheduling a wedding at St. Helena.

Nursery

Services available during the 10:00 A.M. Sunday Mass.

Parish Registration

To register in the parish, please fill out a registration form and return to the Parish Office. Registration forms are available at the entrances of the Church. Return completed form to the Parish Office.

Email: church@sainthelena.us
Website: www.sainthelena.us

The Church of St. Helena

Third Sunday in Ordinary Time
January 23, 2022

The Spirit of the Lord is upon me . . .

He has sent me to proclaim liberty to

captives and recovery of sight

to the blind, to let the oppressed go free.

-Lk 4:18



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FR. DALY BREAD – **Building a Culture of Life**

The Lord sent me to bring glad tidings to the poor, and to proclaim liberty to captives. The right to life is a human right. Our defense of that right is a joyful witness to the beauty and dignity of every human person. **The March for Life** is an inspiring, peaceful, vibrant, and joy-filled rally of women, men, young people, and children from all across the country. Every year, tens of thousands of pro-lifers converge on the National Mall and march on Capitol Hill on the anniversary of the Supreme Court's 1973 *Roe v. Wade* ruling (January 22) which legalized abortion in all 50 states. Even in our state, thousands march annually at the Minnesota Capital on January 22.

The president of March for Life, Jeanne Mancini, said, "Americans everywhere know that unborn children deserve equal rights and protection under the law... We are hopeful that, with *Dobbs v. Jackson Women's Health Organization* before the Supreme Court, 2022 will bring us much closer to building the culture of life we have all marched for since *Roe v. Wade* was tragically imposed on our nation nearly 50 years ago." The March for Life is the largest annual human rights demonstration in the world. But this is not just a protest... **TOGETHER, WE GATHER TO CELEBRATE LIFE.** We celebrate each and every life, from the moment of conception. We envision a world where every life is celebrated, valued, and protected.

We begin creating this culture of life in *our* corner of the Kingdom, Saint Helena, where the natural and spiritual life are celebrated! Moreover, some practical business is necessary to facilitate the health and growth of our parish. As I wrote about IGS last weekend, we are proactively striving to enhance our parish efficiency by realigning our councils to focus on spiritual growth and invite the faithful into a deeper commitment and greater fruitfulness for the Kingdom.

Additionally, hopefully the Saint Helena Crusaders crushed the US Pond Hockey Tournament this weekend — not only



winning but also raising funds for the renovation of our Bethlehem Adoration Chapel. Please look for a letter from me to formalize our fundraising efforts; We are just over half way to our goal of \$115,000, so please prayerfully consider helping us enhance our prayer experience at Saint Helena.

Lastly, a great gift from Fr. Villano is that the parish has no debt. However, some significant yet standard aspects of our facilities have not been updated for decades (School windows, Rectory, Church West A/C (air conditioner) unit, Parish Offices roof, etc.) and will need immediate attention. Our parish leadership is anticipating a capital campaign in the near future to address some of these concerns. Nothing will be frivolous, so please pray for our discernment to strive to build (literally and spiritually) the culture of life at Saint Helena!

In Christ, our Life,
Fr. Michael

MIRIAM DINNER—Please join us on Tuesday, February 1, 6:00-8:00 P.M., Archdiocesan Catholic Center, Saint Paul. Archbishop Bernard Hebda invites women, ages 16-35, who are discerning consecrated life to join him for dinner and conversation. The evening will include consecrated women sharing their vocation testimonies, stories of consecrated life and discernment tips. Please visit 10000vocations.org to complete the required registration.

VIANNEY VISIT—February 17-19, Saint John Vianney College Seminary, Saint Paul. Vianney Visit provides high school and college men (ages 16-24) the opportunity to take a closer look and experience college seminary. Attend Mass, class at the University of Saint Thomas, prayer and spiritual conferences with Saint John Vianney college seminary priests and hear testimonies from SJV seminarians. There is no charge for the event. All meals are provided. Please com-

plete the required registration at semssp.org/registration-sjv

ROSARY BEFORE DAILY MASS—The Rosary is recited Monday through Saturday before Mass at 7:25 AM. All are welcome to join.

U.S. POND HOCKEY TOURNAMENT—Cheer on St. Helena Crusaders this weekend at the U.S. Pond Hockey Tournament at Lake Nokomis. Games are scheduled for 10:15 A.M. and 3:15 P.M. Friday, January 21 and 12:15 P.M. and 3:15 P.M. on Saturday, January 22. If we are in the finals, another game will be scheduled for Sunday, January 23. Donations (sponsoring our team) for the new Adoration Chapel can be made by calling the Parish Offices (612-729-7344), or dropping them in the collection basket in an envelope marked "Pond Hockey Tournament."

YOU ARE INVITED TO DOUGHNUTS AND COFFEE AFTER THE 8:30 AND 10:00 A.M. MASSES—EVERY SUNDAY—Everyone is welcome to come to “Doughnuts and Coffee” downstairs in Rowan Hall after the 8:30 A.M. and 10:00 A.M. Masses on Sunday mornings. It’s a great time to meet and visit with parishioners.

YOU CAN STILL CONTRIBUTE TO THE SANCTUARY ITEMS AND THE NEW BETHLEHEM ADORATION CHAPEL—It’s not too late to give a donation to the sanctuary items and the new Bethlehem Adoration Chapel. Bring your gift to the Parish Offices or put it in an envelope specifying the donation choice and put it in the Sunday collection.

MEN’S BREAKFAST—THIS SATURDAY, JANUARY 29—The next men’s Breakfast is scheduled for Saturday, January 29, 2022, at 8:30 A.M. The speaker will be Deacon Daniel Gannon who will be talking about “Our Transformation in Christ: Opening our Hearts to God”. The cost of the breakfast is \$5. Complimentary tickets are available for those who have difficulty paying. Participants are also invited to attend the 8:00 Mass in church before the breakfast. Registration should be made before 12:00 Noon on Friday, January 28, by calling 612-729-7321.

THE NEXT WOMEN’S BREAKFAST—SATURDAY, FEBRUARY 5—The Women’s Breakfast is scheduled for Saturday, February 5, at 8:30 A.M. in Rowan Hall. The cost is \$5 for the breakfast. Complimentary tickets are available for those who have difficulty paying. Participants are invited to come to the Mass at 8:00 A.M. in church before the Breakfast. Registrations should be made before 12:00 Noon on Friday, February 4, by calling 612-729-7321.

RELIGIOUS EDUCATION CLASSES ON WEDNESDAY EVENINGS—In-person religious education classes for elementary and junior high students are held on Wednesday evenings at 6:45 P.M. in the downstairs of the church and Parish Office Building. If you would like to enroll your child, please call John Sondag at 612-275-0431.

DO YOU KNOW ANYONE INTERESTED IN BECOMING A CATHOLIC?—Please let that individual know that the Church of St. Helena is again offering a program that prepares people to become Catholic. To take the program does not mean that you must become a Catholic. It is held on Tuesday evenings at 7:30 pm in the Parish Office Building. Also, if Tuesday evenings are impossible to make, another time can be arranged. For more information, call Fr. Daly or John Sondag at 612-729-7344.

DEEPEN YOUR UNDERSTANDING OF THE FAITH ON THE INTERNET. GO TO ‘FORMED’—Explore the beauty of the Faith at home, on the go, or from any internet connected device. Discover thousands of books, audio talks, movies, documentaries, and studies...there is something for every member of the family to help them grow closer to Christ and His Church. Registering on Formed is easier than ever! Just go to [FORMED.org/signup](https://www.formed.org/signup) Enter our parish zip code or name to select your parish. Enter your name and email.

DO YOU KNOW ANY PARISHIONER WHO NEEDS HELP?—If you know parishioners who might be out of work, sick and unable to work, or struggling because of financial difficulties, please let the St. Vincent de Paul Conference in the parish know about those individuals. The Conference reaches out to individuals and families in the parish who are having difficulties. (Your name and the referral’s name will be kept confidential.) Please call John Sondag at 612-275-0431 to give the Conference information.

HELP THE NEEDY OF THE PARISH—PARTICIPATE IN THE ST. VINCENT DE PAUL CONFERENCE—The St. Vincent de Paul Conference in the parish reaches out to individuals or families who need assistance. Conference members visit their homes to assess how they can be of service and in a very personalized and confidential way give them help. The next meeting is this Thursday, January 27, at 6:30 P.M. in the Parish Offices. For more information, call John Sondag at 612-275-0431.

PRAY THE VIRTUAL ROSARY ON FRIDAY EVENINGS AT 7:00 P.M.—You can pray the Rosary with parishioners on Fridays at 7:00 P.M. Call 612-275-0431 to get the Zoom ID and Password.

FOOD SHELF—The Church of St. Helena continues to collect items for the food shelf. Non perishable food and personal items, (shampoo, toothpaste, paper products) may be dropped off by the elevator on the Church level. *“The King will reply, “Truly I tell you, whatever you did for one of the least of these brothers, you did for me.” Matt 25:40*

SAFE ENVIRONMENT UPDATE—All volunteers who have regular interaction with youth and vulnerable adults need to be certified under the Archdiocesan Safe Environment standards. Together we can work to protect God’s children and the most vulnerable among us. Thank you for your shared commitment to the achievement of this goal. In addition, the phone number for the Archdiocesan Victim Assistance line is 651-291-4475.

BRILLANTE CHILDREN’S ART WORKSHOP—(February 1-4)—*after school* 3:30-5:30 PM in Rowan Hall, for grade school & high school students. Mandy Hain is the artist who will be painting the triptych icon for the new Saint Helena Bethlehem Adoration Chapel. This will be a wonderful introduction to iconography, as well as a beautiful meditation on the Christmas Season (which can extend to February 2)! Please contact the parish office to sign up your children.

WEEKLY SCRIPTURE READINGS

January 24: 2 Sm 5:1-7, 10, Mk 3:22-30

January 25: Acts 22:3-16 or Acts 9:1-22,
Mk 16:15-18

January 26: 2 Tm 1:1-8 or Ti 1:1-5, Mk 4:1-20

January 27: 2 Sm 7:18-19, 24-29, Mk 4:21-25

January 28: 2 Sm 11:1-4a, 5-10a, 13-17, Mk 4:26-34

January 29: 2 Sm 12:1-7a, 10-17, Mk 4:35-41

January 30: Jer 1:4-5, 17-19, 1 Cor 12:31—13:13
or 13:4-13, Lk 4:21-30



SCRIPTURE #1117

**Neh 8:2-4a, 5-6, 8-10
 1 Cor 12:12-30 or
 12:12-14, 27
 Lk 1:1-4; 4:14-21**

MASS INTENTIONS

Monday	8:00	† Jean Pease
Tuesday	8:00	† David Novitske
Wednesday	8:00	Merlita Buenafior
Wednesday	9:30	St. Helena Students
Thursday	8:00	† Rev. Richard Villano
Friday	8:00	Dolores Koller
Saturday	8:00	† Dale Steichen
Saturday	4:00	St. Helena Parish
Sunday	8:30	Paul Schaff
Sunday	10:00	Ned Chandler

SACRISTY LINENS—Cheryl Griffith

PARISH CALENDAR
January 24—January 31

January 24

- Women's Prayer Group, Church, 8:30 am
- Quilting, Parish Office Building, 9:00-11:30 am

January 25

- Catechumenate Reception Program, Parish Office Building, 7:30 pm

January 26

- School Mass, Church, 9:30 am
- Quilting, Parish Office Building, 6:15-9:00 pm
- Rel. Ed. & Conf. Class, Rowan Hall & Parish Office Building, 6:45 pm

January 27

- St. Vincent de Paul Mtg, Parish Offices, 6:30 pm
- Festival Exec. Comm. Mtg., Parish Offices, 7:30 pm

January 28

-No School

- Adoration, Church, 9:00 am—9:00 pm
- Virtual Rosary, 7:00 pm

January 29

- Men's Breakfast, Rowan Hall, 8:30 am
- Confessions, Church, 3:00 pm
- Mass, Church, 4:00 pm

January 30

- Mass, Church, 8:30 am & 10:00 am
- Doughnuts & Coffee, RH, after 8:30 & 10:00 Masses

January 31

- Women's Prayer Group, Church, 8:30 am
- Quilting, Parish Office Building, 9:00-11:30 am

Daily Mass, Monday-Saturday, Church, 8:00 am
Confessions, Mon.-Sat., Church, 8:30 am - 9:00 am

ST. HELENA SCHOOL NEWS

Navigation History and Geography

Here is what middle school students are doing in social studies classes as we near the end of second quarter! Eighth graders are studying world geography. They just started their journey through Africa. They are learning about its geography, environment, economics and the struggles it faces.

The fifth and seventh graders have embarked upon their biggest project of the year: History Day. This is social studies version of the science fair. Every student picks a topic of their interest, does research, writes a paper, creates a backboard, and presents the project. The project has to relate to the overall theme chosen by the National History Day Committee. This year's theme is "Debate & Diplomacy in History: Successes, Failures, Consequences." History Day is March 1.

The sixth graders are studying Minnesota history. Presently they are studying all about the immigrants who came to Minnesota and how Minnesota became part of the United States.

Sam Hyberger, Middle School Social Studies

Principal Update

All across the nation Catholic schools will celebrate Catholic Schools Week, January 30 to February 5. This is a special week to be thankful for Catholic education and recognize the importance, value, and contributions of Catholic education to the Church and the world.

This year, Fr. Daly will be celebrating a special kickoff on Sunday, January 30. Our students will be helping with the Mass at 10 a.m. by doing the readings, serving Mass, taking up the collection, and singing in the choir. Afterwards the children and their parents will be hosting doughnuts. We hope that all of you will join us! Educating children spiritually is cornerstone to our mission.

Jane Hileman, Principal

NATURAL FAMILY PLANNING (NFP)—Classes teach couples the Church approved methods on how to achieve or postpone pregnancy while embracing the beauty of God's gift of sexuality. For a complete list of classes offered throughout the Archdiocese, please visit: archspm.org/family or call 651-291-4489.

PRAYER CORNER

Let your word, Father, be a lamp for our feet and a light to our path, so that we may understand what you wish to teach us and follow the path your light marks out for us.



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