



# THE MUSTARD SEED

SERVING THE CATHOLIC PARISHES OF ST. LAWRENCE & HOLY FAMILY

*Once it is sown, it springs up and becomes the largest of plants and puts forth large branches, so that the birds of the sky can dwell in its shade. - Mark 4:32*

## MASS TIMES AND LOCATIONS

Sunday	9 am at HF 11 am at SL
Tuesday	Noon at HF
Wednesday	8 am at HF (when school is in session)
Wednesday	Noon at SL
Thursday	8 am at HF
Friday	8 am at SL
Saturday	4 pm at SL

## CONFESSIONS

Sundays	8 am HF
Tuesdays	11:30am HF
Wednesdays	11:30am SL
Saturdays	3 pm SL

Or by Appointment

## EUCCHARISTIC ADORATION:

Tuesdays	8:30 am - 8:30 pm at SL
Wednesdays	8:30 am - 6:30 pm at HF



## THE SEVENTH SUNDAY IN ORDINARY TIME | FEBRUARY 20, 2022

*Stop judging, and you will not be judged*

### HOLY FAMILY

2430 W 3rd St, Duluth, MN 55806

218-722-4445

Admin. Assistant - Ginny Nelson

Office Hours: M-F 8:30 am - 4 pm

E-mail: holyfamilyduluth@yahoo.com

### ST. LAWRENCE

2410 Morris Thomas Rd, Duluth, MN 55811

218-722-2259

Admin. Assistant - Stephanie Jago

Office Hours: M, W, Th 8:30 am - 4 pm

E-mail: stlawrencechurch@msn.com

Please contact your parish office for baptisms, marriage preparation, funeral planning, to register as a new parishioner, or if you are interested in possibly becoming Catholic.

## Fr. Eli Gieske's Message



Dear Parishioners,

As we approach March, there are a lot of things that are happening once Lent begins. Between now and the end of the February there is still time to sign-up for a small group. The small groups will be starting to meet in March. Several of the groups have filled up already. There may not be a time or group that fits what you are looking for. I would encourage you to keep praying about it, perhaps when we add groups next time, there might be a group that better suits your needs. This is a work of the Holy Spirit. We have asked our group leaders to find a time when they are available. Not all the people we asked to be leaders were able to lead groups, but if this is truly from the Holy Spirit it will continue developing and growing.

The parish mission begins March 3rd and continues through the 5th. There will be events at both parishes, so I'd invite you to come. Bring a friend or a family member. This is an encounter event, but it can also be formative for those who have already encountered the Lord. Fr. Michael has a great amount of experience in helping people come to the Lord. This is a great opportunity for us to start Lent off with a bang, and really dive in. Please RSVP online so that we will have the right numbers for child-care and meals.

The Men's Day of Reflection is coming quickly. It's on Saturday March 19th 10 AM- 3 PM. This is for men, you don't have to be Catholic. It's a great opportunity for us to gather as Men to support one another and grow as brothers in the Lord. Cost is \$15 for Lunch. Bishop Felton will join us for the morning. I'd encourage you to bring a friend, or any man who you think would be open to coming. Please sign-up online or call the parish office.

Saturday March 26th we will be hosting a Theology of the Body Day. This event will feature Fr. Mike Schmitz, Nick Davidson, and Jen Messing... all very good speakers on this topic. The event is for anyone who wants to learn about how we can recover our true dignity as human beings. Theology of the Body is about learning to see our sexuality as a gift and how to rightly share this gift in our vocation. This will function as our Confirmation student's retreat since their retreat was cancelled, but the day will be of interest to high school students, and parents alike.

I would encourage parents to come with their students so they can get the context of the teaching and have further discussions with their child. This will give you the background and teaching you need to enter into the fray of recovering our human dignity as men and women. Cost is \$25, please call the parish office. This event is drawing people from other parts of the diocese, so please sign up soon if you want to attend.

Beginning in Lent, we will be having Stations of the Cross each Friday. There will be a Soup Supper at 5:30, Stations at 6:30 PM and Evening Prayer after stations. This is a great way to enter into Lent. It's simple, just come and take part. Note that the first Friday of March it will look a bit different because it is part of the parish mission (there will be one at each parish). Stations will alternate between Holy Family and St. Lawrence. The schedule is as follows:

Mar. 4th Fr. Eli (11:30 AM HF prior to mission talk at HF, 5:30 PM SL prior to Mission talk at SL)

Mar. 11 Fr. Eli SL

Mar 18 Dcn. Tim HF

Mar 25 Dcn. Tim SL

Apr 1 Dcn. Tim HF

Apr 8 Fr. Eli SL

A note about the St. Lawrence Renovation. The 1st phase is complete. The next phase will happen sometime in April or May once the wood carving is complete. We have enough pledges to complete the work. If anyone is interested in giving a bit more, we could use some new candle sticks as part of the project and we are just shy of what is needed. Talk to me if you want to know more.

At Holy Family we are looking to improve our sound system. This is a project we are currently arranging. We will have a study done, and then probably will need to purchase some new equipment. I'd invite you

Continued on Page 5 ->

## Mass Prayers & Readings

### VOCATIONS PRAYER:

Almighty Father, we beg you for an increase in religious vocations and holy marriages in our diocese. Help us to be generous in our response to Your call. Choose from our homes those who are needed for Your work and strengthen us with the courage to say "yes" and to follow You. Help us as a diocese, as a parish, as families to encourage and foster vocations to the priesthood, permanent diaconate, and consecrated life. We commend our prayers to our Patroness, Mary, Queen of the Rosary, and ask this through Jesus Christ our Lord, Amen.

### FIRST READING: 1Sm 26:2, 7-9, 12-13, 22-23

In those days, Saul went down to the desert of Ziph with three thousand picked men of Israel, to search for David in the desert of Ziph. So David and Abishai went among Saul's soldiers by night and found Saul lying asleep within the barricade, with his spear thrust into the ground at his head and Abner and his men sleeping around him. Abishai whispered to David: "God has delivered your enemy into your grasp this day. Let me nail him to the ground with one thrust of the spear; I will not need a second thrust!" But David said to Abishai, "Do not harm him, for who can lay hands on the LORD's anointed and remain unpunished?"

So David took the spear and the water jug from their place at Saul's head, and they got away without anyone's seeing or knowing or awakening. All remained asleep, because the LORD had put them into a deep slumber.

Going across to an opposite slope, David stood on a remote hilltop at a great distance from Abner, son of Ner, and the troops. He said: "Here is the king's spear. Let an attendant come over to get it.

The LORD will reward each man for his justice and faithfulness. Today, though the LORD delivered you into my grasp, I would not harm the LORD's anointed."

### RESPONSORIAL PSALM: Ps 103

*The Lord is kind and merciful.*

### SECOND READING: 1Cor 15:45-49

Brothers and sisters:

It is written, The first man, Adam, became a living being, the last Adam a life-giving spirit. But the spiritual was not first; rather the natural and then the spiritual. The first man was from the earth, earthly; the second man, from heaven. As was the earthly one, so also are the earthly, and as is the heavenly one, so also are the heavenly. Just as we have borne the image of the earthly one, we shall also bear the image of the heavenly one .

### GOSPEL: Lk 6:27-38

Jesus said to his disciples: "To you who hear I say, love

your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. To the person who strikes you on one cheek, offer the other one as well, and from the person who takes your cloak, do not withhold even your tunic. Give to everyone who asks of you, and from the one who takes what is yours do not demand it back. Do to others as you would have them do to you. For if you love those who love you, what credit is that to you? Even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? Even sinners do the same. If you lend money to those from whom you expect repayment, what credit is that to you? Even sinners lend to sinners, and get back the same amount. But rather, love your enemies and do good to them, and lend expecting nothing back; then your reward will be great and you will be children of the Most High, for he himself is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful. "Stop judging and you will not be judged. Stop condemning and you will not be condemned. Forgive and you will be forgiven. Give, and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you."

### Nicene Creed:

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and our salvation he came down from heaven, (*all bow through "and became man"*) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### Communion Antiphon: Ps 9:2-3

I will recount all your wonders, I will rejoice in you and be glad, and sing psalms to your name, O Most High.

## CLERGY

Pastor: Fr. Elias Gieske  
Deacon John Foucault  
Deacon Timothy Kittelson

## ALTAR LINEN CARE

February

Holy Family ~ Jean Esler  
St. Lawrence ~ Laura Donovan

## ALTAR SERVER GARMENT CARE

February

St. Lawrence ~

## CONTRIBUTION REPORTS

### HOLY FAMILY

#### February 13, 2022

Envelopes & Plate: \$ 2,501.00  
Elect Giving for Jan \$ 2,215.00  
Fiscal Year to Date: \$ 107,869.23

### ST. LAWRENCE

#### February 12 & 13, 2022

Envelopes & Plate \$ 3,845.00  
Elect Giving for Jan \$ 10,321.00  
Fiscal Year to Date \$ 165,660.80

*Please keep your parish in mind  
when estate planning*

## MASS INTENTIONS FOR THE WEEK

Sat	Feb 19	4pm	SL	† Parishioners Intentions
Sun	Feb 20	9am	HF	† Kathleen Perrault
		11am	SL	† Parents of Jim & Marilyn Kroll
Mon	Feb 21	Private Mass		† Poor souls in Purgatory
Tues	Feb 22	Noon	HF	† Howard Gustafson
Wed	Feb 23	8am	NO MASS	
Wed	Feb 23	Noon	SL	† Mike Esler Family
Thurs	Feb 24	8am	HF	† Jack & Carrie Donohue
Fri	Feb 25	8am	SL	† Virginia Boyerl
Sat	Feb 26	4pm	SL	† Jack Welsh
Sun	Feb 27	9am	HF	† Parishioners Intentions
		11am	SL	† Dolly Foucault

Join us for the recitation of the Rosary prayed 1/2 hour before all Masses at both churches.

*To schedule a Mass intention to be said at either of our parishes, please contact Ginny at 218-722-4445.*

## PRAYER SUPPORT MINISTRY

St. Lawrence: Marie Warner 727-1708  
Holy Family: Sue Wick 591-7183  
Email our prayer chain: needofprayers@gmail.com



## DAILY READINGS FOR THE WEEK OF FEBRUARY 20, 2022

Sun:	1 Sm 26:2, 7-9, 12-13, 22-23/Ps 103:1-2, 3-4, 8, 10, 12-13 [8a]/1 Cor 15:45-49/Lk 6:27-38
Mon:	Jas 3:13-18/Ps 19:8, 9, 10, 15/Mk 9:14-29
Tues:	1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6/Mt 16:13-19
Wed:	Jas 4:13-17/Ps 49:2-3, 6-7, 8-10, 11/Mk 9:38-40
Thurs:	Jas 5:1-6/Ps 49:14-15ab, 15cd-16, 17-18, 19-20/Mk 9:41-50
Fri:	Jas 5:9-12/Ps 103:1-2, 3-4, 8-9, 11-12/Mk 10:1-12
Sat:	Jas 5:13-20/Ps 141:1-2, 3 and 8/Mk 10:13-16
Next Sun:	Sir 27:4-7/Ps 92:2-3, 13-14, 15-16 [cf. 2a]/1 Cor 15:54-58/Lk 6:39-4

## LITURGICAL SUPPORT

### SATURDAY FEB. 26, 2022

#### 4PM ST. LAWRENCE

EM's: Jenny Wallner  
Jeanne Tondryk  
Karen Ball

Ushers: Jeanne Tondryk  
Dale Wick  
Jenny Wallner  
Jerry Spehar

Reader: Michele Beeksma

### SUNDAY FEB. 27, 2022

#### 9AM HOLY FAMILY

EM's: Ann Stenstrom  
Frank Gerard

Ushers: Jeff Nelson  
Bruce Lobermeier  
Dave Makowsky  
Jeanine Van Nispen

Reader: Mike & Thomas Orobona

Servers: Matt LaFontaine-Incense  
Niko Carlson-Crucifix,  
Cameron Skrivaneck-Candle, Book  
Arabella Carlson-Candle, Bells

#### 11AM ST. LAWRENCE

Greeter: Laura Donovan

EM's: Kim Lindquist  
Judy Borash  
Janet Stanley

Ushers: Jim & Marilyn Kroll  
Jim Segel  
Roger Morrison

Reader: Matt Gannucci

Servers: Christopher Gannucci  
John Paul Morrison

### Ash Wednesday March 2, 2022

#### 6am ~ Holy Family

Reader: Ginny Nelson

#### 8am ~ Holy Family

Reader: Nick Sloboda

EM:/Ash Distributor Deacon Tim

#### Noon ~ St. Lawrence

Reader: Matt Gannucci

Server: Matt Gannucci

#### EM/Ash Distritutors

Jeanne Tondryk  
Steph Jago  
Judy Spehar

#### 7pm ~ St. Lawrence

Reader: Faith Formation Student

Server: Faith Formation Student

#### EM/Ash Distributors

Karen Ball  
Core Team  
Core Team

## YOUTH FAITH FORMATION

Classes: Feb 21, No Class

Feb 23, No Class

**KETTLE RIVER PIZZAS! GET YOUR KETTLE RIVER PIZZAS!** And support our group of 38 teens and adults heading to South-west Chicago on a Mission Trip with Alive In You! We will be taking orders after the Masses over the next couple of weeks and we would love your support! Thank you in advance for helping us make a difference and encouraging an encounter with Jesus! Pizzas: \$13/each or 2/\$25. Thank you

#### THEOLOGY OF THE BODY DAY RETREAT!

March 26- 9am-7pm @ St. Lawrence!  
Fr. Mike, Nic Davidson, and Jen Messing will lead a day retreat for our 9-12th graders (Parents are welcome, too!) This is the Confirmation Class retreat requirement as the diocesan retreat has been canceled. 9th and 10th graders can earn mission hours towards their Confirmation requirement! Register with Karen by March 20- payment is \$25/attende. Meals, snacks, and materials will be provided. Look at the bulletin board for more info.

MAY 1st: 11 a.m. Mass @ St. Lawrence:  
1st Eucharist Mass. Children will arrive @ 10:30a.m, more to come!

MAY 10: Confirmation @ St. Lawrence @ 7p.m. Teens to arrive @ 6p.m. More details to come

-Karen 722-2259, 218-348-6003

7TH SUNDAY IN ORDINARY TIME



## PARISH ANNOUNCEMENTS

Fr. Eli's message continued from page 2

to donate to Holy Family if you want to assist with this effort.

Let's keep asking the Lord to prepare our hearts to enter into this sacred season coming up.

In Christ,

-Fr. Eli

### CHRISTIAN SEDER DINNER

St. Lawrence KC's would like to invite you to a Christian Seder Dinner after 4 PM mass March 12. Cost is \$15 per person for lamb and pork dinner with Christian Seder. Participate in the origin of our Eucharistic Liturgy. Tickets on sale after Feb 26-27 and March 5-6 masses at St. Lawrence. Limit 36 tickets! If you had tickets for the 2020 dinner, these will be honored. Let us know at signup.

### RCIA/INTRO TO CATHOLICISM

In class Feb 22 we will learn about

"Theology of the Body" Feel free to join us at 6:30pm in the social hall at Holy Family .



### READING SUGGESTIONS FROM SISTER MAGDALENA

Discover the five greatest loves of Saint John Paul II, through remarkable unpublished stories about him from bishops, priests who organized his papal pilgrimages, his students in Poland, Swiss Guards, and others. Mining through a mountain of papal resources, Jason Evert has uncovered the gems and now presents the Church a treasure chest brimming with the jewels of the saint's life.



### LENTEN ADORATION

Please prayerfully consider spending extra time with the Lord this Lent. Starting March 8th, Eucharistic Adoration will be extended at St. Lawrence for the six Tuesdays of lent from 8:30am through the night until 11:30am Wednesdays. Adoration will still be at Holy Family on Wednesdays from 8:30am until 6:30pm. If you desire to invest time in the Lord yet feel that you are unable to commit to a weekly hour, you are invited to be a substitute. Please sign up at the back table or ask the Handmaids. We need at least two people signed up for each hour slot.



### ADORATION



We are in need of regular adorers for Eucharistic Adoration at the 9:30am hour and 1:30pm hour at Holy Family. Contact Sr. Therese Marie at 218-722-4445 if you are interested in spending an hour in the comfort of our Lord.

### MERRY MARY WIDOWS

Meeting at St. Lawrence this Sunday, February 20, at 3pm. New members are always welcome.

### SUMMER FEVER HAVE A HOLD ON YOU??



Holy Family member Jeff Nelson and Stokkes Meats are teaming up to offer a Summer grilling raffle to benefit the upgrades needed to Holy Family's sound system. The GRAND PRIZE is a new propane grill along with a \$250 Stokkes Meats grilling bundle. 1st Prize is \$150 Stokkes Meats grilling bundle, 2nd Prize is \$100 Stokkes Meats grilling bundle, and 3rd Prize is \$50 Stokkes Meats grilling bundle. Tickets are \$5 each, and the drawing will be held during brunch on Sunday, April 24th, at Holy Family Church. There are a limited amount of tickets available, get yours before they are sold out!! Tickets will be available after all masses, or in the church offices. Thank you in advance for your support!

Contact Ginny Nelson at 722-4445 or e-mail [holyfamilyduluth@yahoo.com](mailto:holyfamilyduluth@yahoo.com) with announcements, stories or pictures you would like to share in the Mustard Seed. Articles due by noon Monday.




**PASTY SALE**

Holy Family's pastie sale is in full swing, we welcomed parishioner volunteers from both St. Lawrence & Holy Family. We had a great week, if you would like to join in the fun, our next pastie days start on Feb 22, with peeling and dicing of vegetables from 1-3pm. We will be rolling, filling, telling stories, and laughing on the 23rd & 24th from 9-3. If you would like to join us any of those days, we welcome you!! Orders are being accepted until March 4th for the 3rd and final cooking time, which is March 10th & 11th. Please call Jeanine at 218-624-3456, or Ginny in the parish office with your order. Pasties are \$5 each, made with or without rutabaga.



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